

# Voices!

One Community  
Many Voices

District 7 Toastmasters  
September 2022



## In Service to Others

Mark Thomas, PM1

Cover Story, Page 6



# Stories to Tell in the Dark

**Online**  
**October 12, 2022**  
**7:15-9:00 PM PDT**

## Feedbackers Toastmasters

*[feedbackers.toastmastersClubs.org](https://feedbackers.toastmastersClubs.org)*

**Click Here to Register**

### **Join Us at Feedbackers Where Evaluations Are the Stars**

Our October session invites us to share stories that are best reserved for after dark. Let's expand the Halloween spirit to share our spooky stories. Three Toastmasters are invited to each deliver a speech around the theme. Each speaker will receive four evaluations of their choice. All evaluators receive a general evaluation.

You can expect to

- Hear some spooky stories
- Learn to dissect specific elements of speechcraft in feedback
- Meet a group of fellow toastmasters who are nuts about evaluations

Interested in being one of the 3 speakers? Email: [leanna.lindquist@gmail.com](mailto:leanna.lindquist@gmail.com). As a guest, you can volunteer to evaluate on the spot, or simply observe. Feedbackers Toastmasters Club, an evaluation specialty club of 20 years, meets online once a month. We apply the power of practice, technique, and feedback to elevate our evaluations. Then we take our learnings back to our home clubs to raise the evaluation level, and most importantly our own speaking level.

We welcome all Toastmasters to our meetings, as guests or members. If you are a Toastmaster curious to take your evaluations to the next level, this one's for you.

**Join Us!**

# The Road Most Travelled

Phyllis Harmon, DTM, PDG - Publisher/Editor

For the past several weeks, since Google changed their algorithm (again), I have been searching for an email program to replace the one my homebound spouse has used for years. Google no longer wants to be the conduit between Gmail and his beloved Thunderbird email program.

I have discovered that grieving doesn't just apply to our loved ones leaving us behind or transitioning to a different educational platform. It applies to something as mundane as an email program! Going through the research, testing, and adoption phase has been a lesson in patience. Which leads me to the ongoing process of transitioning members from the legacy educational platform to Pathways. It was a surprise to me that some of us have difficulties moving from the familiar (or operating on a rote basis) to learning to look at the world through a new lens. While I consider Pathways to be an "old body in a new dress," the updated delivery system has left many formerly happy Toastmasters disgruntled and ready to toss their memberships aside. .

At some point, their reluctance will reflect in their Club's achieving their yearly Distinguished Club Program goals. I believe it is up to the rest of us to spend additional time helping them overcome their grief. In one of my Clubs, there were several members who were not working their Levels, and the Club missed their DCP goals by one Level 1. It was a wake-up call, causing us to realize that Pathways adoption was not optional.

Our members, while still Pathways-reluctant, have decided to help the Club meet our goals this year by opting into the program. I believe that by helping the Club achieve its goals, our members will continue to grow in skill and knowledge too.

I may have found an email program, similar to Thunderbird, that will allow my spouse to maintain his contact with the outside world. To me, it's just another "old body in a new dress." To him, it's navigating in a new, terrifying world without familiar landmarks. So too with your reluctant members. Will you be their guides helping them navigate the unknown by establishing landmarks of familiarity until Pathways becomes their road most travelled ? I anticipate you will.



# EDITORIAL

Volume 9 Issue 1 July 2022  
Publisher  
Phyllis Harmon, DTM

Senior Editor  
Phyllis Harmon, DTM

Associate Editor  
Leanna Lindquist, DTM

Monthly Columnists  
Dave Bones, DTM  
David Freedman, IP3  
Eldred Brown, DTM  
Harvey Schowe, DTM  
Jennifer Schmidt, EH2  
Jim Robison, DTM  
Ken Coomes, DTM  
Lee Coyne, ATMS  
Lorri Andersen, DTM  
Paul Fanning, DTM

2022-23 Officers  
District Director  
Lorri Andersen, DTM  
Program Quality Director  
Jim Robison, DTM  
Club Growth Director  
Dave Bones, DTM  
Finance Manager  
Karen Semprevivo, DTM

Administrative Manager  
Janet Cerasin, DTM  
Public Relations Manager  
Stephana Johnson, DL3

*Voices!* is published monthly by District 7  
Toastmasters. First issue published August  
2014. Submit articles or contact us at  
[voices@d7toastmasters.org](mailto:voices@d7toastmasters.org)



# VOICES!



## COVER STORY

- 6 In Service to Others  
Mark Thomas, PM1

## EDITORIAL

- 3 The Road Most Travelled  
Phyllis Harmon, DTM, PDG

## FIELD NOTES

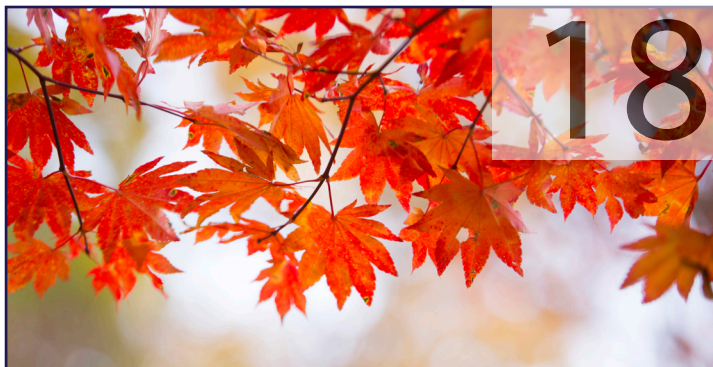
- 21 The Thrill of the QuillSend  
B. Lee Coyne, ATMS



## COLUMNS

- 12 LET'S TALK  
Second Quarter Opportunities  
Lorri Andersen, DTM - District Director
- FROM THE DESK  
Contests  
14 Jim Robison, DTM  
Program Quality Director
- FROM THE DESK  
18 Helping Toastmasters Clubs, One at a Time  
Dave Bones, DTM  
Club Growth Director
- THOUGHTS FROM THE SIDELINE  
22 Trombone Lessons and Toastmasters  
Mentorship  
Eldred Brown, DTM  
Immediate Past District Director
- A SEASON OF STORIES  
24 Peabody Mansion Mysteries:  
And So It Begins . . .  
Leanna Lindquist, DTM
- GLEANINGS FROM THE GROVE  
30 "God Save the King"  
Paul Fanning, DTM
- PLUGGED IN  
34 Banking On Relationships  
Jennifer Schmidt, EH2





## COLUMNS

- 36 **QUARTER NOTE**  
Autumn Ruminations (and Goals)  
David Freedman, IP3
- 38 **BY THE NUMBERS**  
Welcome New Members
- 39 **BY THE NUMBERS**  
Honoring Educational Awards
- 42 **Triple Crown Award Pins**
- 43 **BY THE NUMBERS**  
Happy Anniversary
- 44 **CONTRIBUTORS**  
September Contributors

*Supercharge*  
**Your Storytelling**

Rich Hopkins is a 23-year Toastmaster, 2x World Championship of Public Speaking Finalist (placing 3rd in 2006), husband, and father of six. He has been a student of storytelling most of his life, and, as a Presentations Coach, teaches his clients to supercharge their messages with supercharged storytelling.

**October 11, 2022**  
**7:00-8:15 PM**

TELL ME A STORY  
TOASTMASTERS

**17**



SPEAKER  
**RICH HOPKINS, DTM**

## PROMOTIONS

- 2 Feedbackers
- 10 TLI Call for Speakers
- 17 Supercharge Your Storytelling
- 20 Zoom Masters Needed
- 27 Club Zoom Tips and Tricks
- 28 Wallmasters
- 33 New Horizons Anniversary Meeting
- 45 Conference: Call for Speakers
- 46 Back Cover: Tell Me A Story Toastmasters







# In Service to Others

Mark Thomas, PM1

*This month's spotlight is on Mark Thomas, PM1, Division C Director.*

I enjoy my life, especially here in the Northwest. I am a native Oregonian and continue to enjoy much of what the outdoors has to offer. I love hiking, camping, kayaking, river rafting, and watching the sun setting on the ocean. I like to bicycle with my wife Jane and explore the wilderness with my son who still lives with us. We also bird watch because he is into nature photography. I love to read (mysteries especially), watch movies, play board games, go on ocean and river cruises and spend time with family when we return. We have four grown children and eleven grandchildren. At 68 years of age, every day I wake up above ground is a good day.

In 1996, upon leaving active duty with the Navy, my family and I moved to Salem where we have made life-long friends. We attend the Church of Jesus Christ of Latter-day Saints on Lone Oak Rd in South Salem and my



grandchildren attend Faye Wright Elementary school, Judson Middle School and Sprague High School. We have a garden in our yard and like to walk in nearby Woodmansee Park. We enjoy watching live theater and are season ticket holders at the Pentacle Theater in West Salem. We watch school choir and orchestra concerts and dance recitals that include our grandchildren.



*Mark Thomas - Off to the great outdoors*

I joined Toastmasters in June of 2015 at the invitation of my good friend Brent Smith. The Club, Toasting Excellence, met in the Labor and Industries Building in downtown Salem, among the other State government buildings.

The Club members were friendly and

inviting, and I was happy to join. I learned a lot from the evaluations of mine and others' speeches. I could tell that my communication skills were improving within a few short months.

After nearly a year of participating in Club meetings, taking on different roles and giving speeches, I felt I had grown as a person, speaker and leader. Then I was asked to mentor a new Club member. That was when I understood that Toastmasters was not just about me and my goals, but about helping others with their goals as well. What I learned by being a mentor in Toastmasters has carried over into my work as a dentist; being better able to help both patients and employees with their needs and aspirations. I am more patient, a better listener and I give positive encouragement at every opportunity.

About three years ago I was asked to get out of my comfort zone and serve in Toastmasters beyond being a Club officer and I accepted the responsibilities of an Area Director. It was a big challenge, but also a great learning experience. I discovered what Club leaders needed most was a good listener to bounce ideas off of and to be reassured that their problems were not unique and that there were solutions available.

The following year I could see where I had been helpful to some Clubs and maybe not so much in others. Then I was asked to serve as the Division C Director. I thought, "why ask me? I was only somewhat successful with a few Clubs and failed in my attempt to help other Clubs." With continued encouragement and without any contenders I became the new Division C Director in July of this year.

My major goal is that I want to be as helpful



*Jane and Mark Thomas*

as I can be to my four Area Directors and the Clubs they serve. My vision is one of growth in Clubs and their individual members. I am also realistic. From my Area Director experience, I know that I will probably not succeed in every Club or even in every Area, but I also know that I CAN help because Toastmasters has prepared me with the knowledge and skills to do so. If there is some problem that I am unfamiliar with, I have the resources and District 7 officers to help.

One goal I have this year is to seek out and encourage others to share their knowledge and enthusiasm for Toastmasters by serving beyond the Club level. I have met many individuals who have skills and experience far beyond mine that don't see themselves as Area or Division Director material. I want them to know that any level of success is still success and maybe, just maybe, I can convince them to share their unique attributes and experience in the service of others in Toastmasters. Everyone has something they have knowledge of or become proficient in that can improve and enrich the lives of others.

While Toastmasters focuses on communication and leadership skills, there are an unlimited

number of other personal endeavors and social skills that can be learned and shared through the association and interaction with Club members themselves. Some examples I have seen from Clubs I am familiar with include: learning to share Tall Tales for the entertainment of others, learning to prepare award winning bakery items, how to overcome grief from personal loss, what to do and where to go if you want to try snowshoeing, and many others. I now have an interest in cave exploring and want to be a part of efforts to save the bat population from disease caused by poor caving practices. All this and more from speeches and contests shared at Toastmasters.

Sometimes what is shared through speeches, friendships and mentoring is more esoteric and expands a person's creativity and imagination. After all, everything man-made that you see around you started out as a thought in someone's mind. The only limits to what can be shared and learned are those placed there by yourself. Make a difference in someone else's life and you will also have made a difference in your own.





# THE CULTURE OF COMMUNICATION

# WE WILL MOVE YOU

## TLI 2022

**December 2 & 3**

Mark Your Calendars.

Register at

**[d7toastmasters.org](https://d7toastmasters.org)**



**Click Here to  
Volunteer**



# Toastmasters Leadership Institute

**December 2 & 3, 2022**  
*(Friday Evening & Saturday Morning)*

## **WHY TOASTMASTERS LEADERSHIP INSTITUTE?**

- Leadership Development
- Club Operational Efficiency
- Innovative ways to promote Club and increase membership
- Build Community
- Learn new skills
- Distinguished Club Credit
- Many more...

## **WANTED:**

... 30 speakers! ... Room Hosts! ... Zoom Masters! ... Tech  
Precheckers! ... Promoters! ... Registration Officials!  
... Survey Analysts! ...Event Planners!

**Many hands make light work!**



# Second Quarter Opportunities

Lorri Andersen, DTM - District 7 Director

It's hard to believe it's already October. The first quarter of our Toastmaster year is almost complete. As a recap, the District Success Plan and Budget were passed, and our new Area Directors were installed.

Included in the District Budget is contracting with an outside marketing platform. In January '23, Toastmasters International will set up a marketing campaign that will promote our District's LinkedIn social media account. I feel this will help our District's membership. Jim Robison, our Program Quality Director, will have a Website Contest so you can take steps to make your Club website shine and stand out when viewed by potential new members. With the LinkedIn marketing plan and increased traffic to our websites, our Club's membership numbers can't help but grow.

Our approved budget allows us to launch our Incentive programs. Look for a new version of Bingo and a District Scavenger Hunt which focuses on our educational journeys and

provides fun along the way.

We will use a new version of Zoom which will help us manage our large events such as TLI and our Spring Conference. We upgraded our Zoom cloud storage to allow us to save on expenses and keep our recordings safe until they are converted to a YouTube video.

Have you thought about building a new Club? If you send in a lead that converts to a Club, you will receive a generous gift certificate. It can be that simple!

Building a new Club is one of the most exciting things you can do. It's an experience you won't forget. Here are the steps

- Come up with an idea for the Club
- Send the lead to Dave Bones, our Club Growth Director

If it results in a new Club, you receive the gift certificate and credit for being a Club sponsor which fulfills a Distinguished Toastmaster, DTM requirement





The idea can come from anywhere, where you work or a nearby store or company.

Our Club Growth Director will hold how-to trainings and assemble new Club demo meeting teams. We have members with passion and experience in our District who can help you start a new Club. You don't have to do it alone.

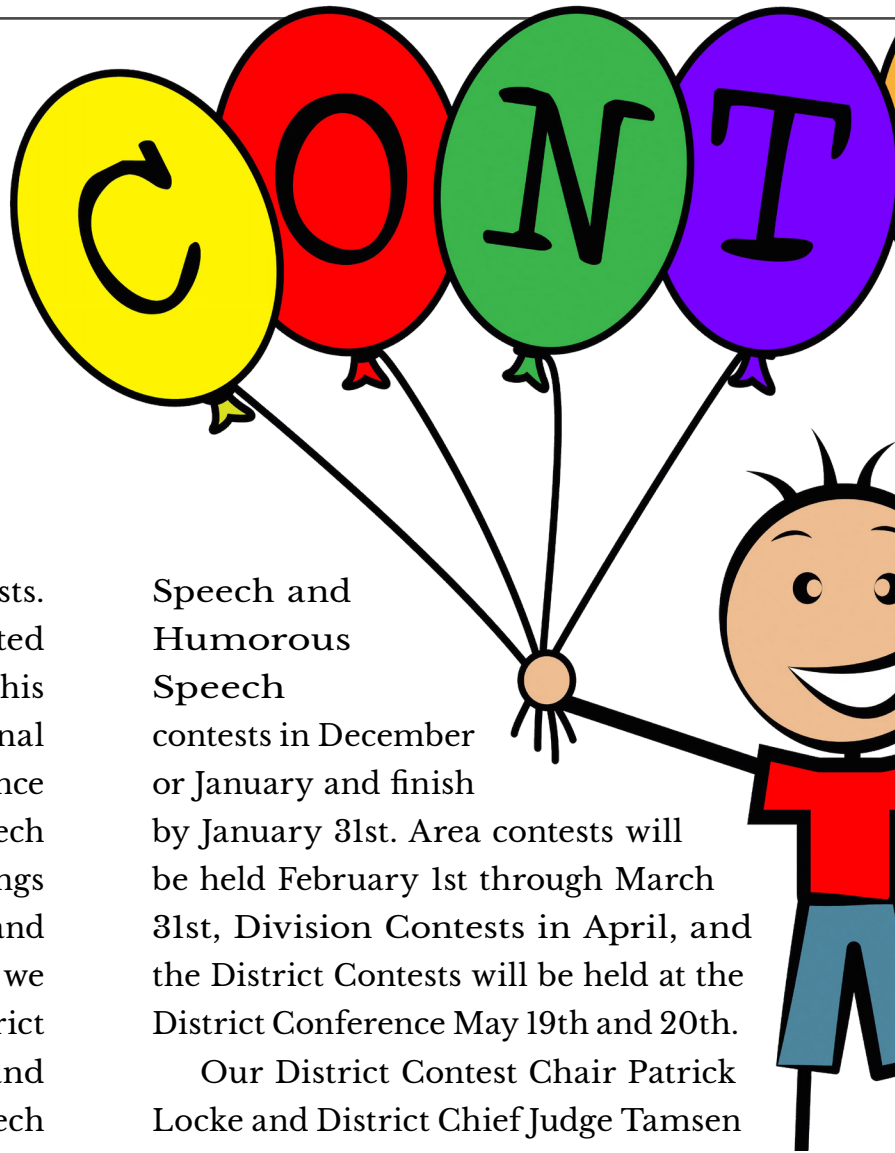
As the first 12 weeks of the Toastmaster year end, I encourage you to take a few minutes to revisit both your personal and Club goals. Were all your Club officers trained, did you complete and submit your Club Success Plan and Moments of Truth? What else was on your list? What is the next goal you wish to accomplish?

Your Area Director will send you information about upcoming events and schedule a visit to your Club. Please take advantage of this valuable resource.

There are many ways to become involved outside your Club. To grow your skills and expand your network. Do you have video editing skills? We need you. Have you thought about training and leading discussions? TLI and the Conference have room for you. Do you want to increase your skills in leadership? You can become an assistant Area Director or assist their team.

I am excited to work together to achieve our District Mission! We Build new Clubs and support all Clubs in achieving Excellence! Thank you for joining me on this journey. Please feel free to email, call, or text me so we can continue our conversation.





We have big news about District 7 contests. First, the District Executive Council voted to conduct a Humorous Speech Contest this year, in conjunction with the International Speech Contest. It has been several years since District 7 last held a District Humorous Speech Contest, so we have decided to change things up this year. So as not to overburden Area and Division Directors with multiple contests, we will have two contests running to the District level. Instead of International Speech and Evaluation they will be International Speech and Humorous Speech.

All Areas and Divisions will host International Speech and Humorous Speech Contests to move contestants forward to the District Contest. Clubs are free to hold other contests if they wish, but only the International

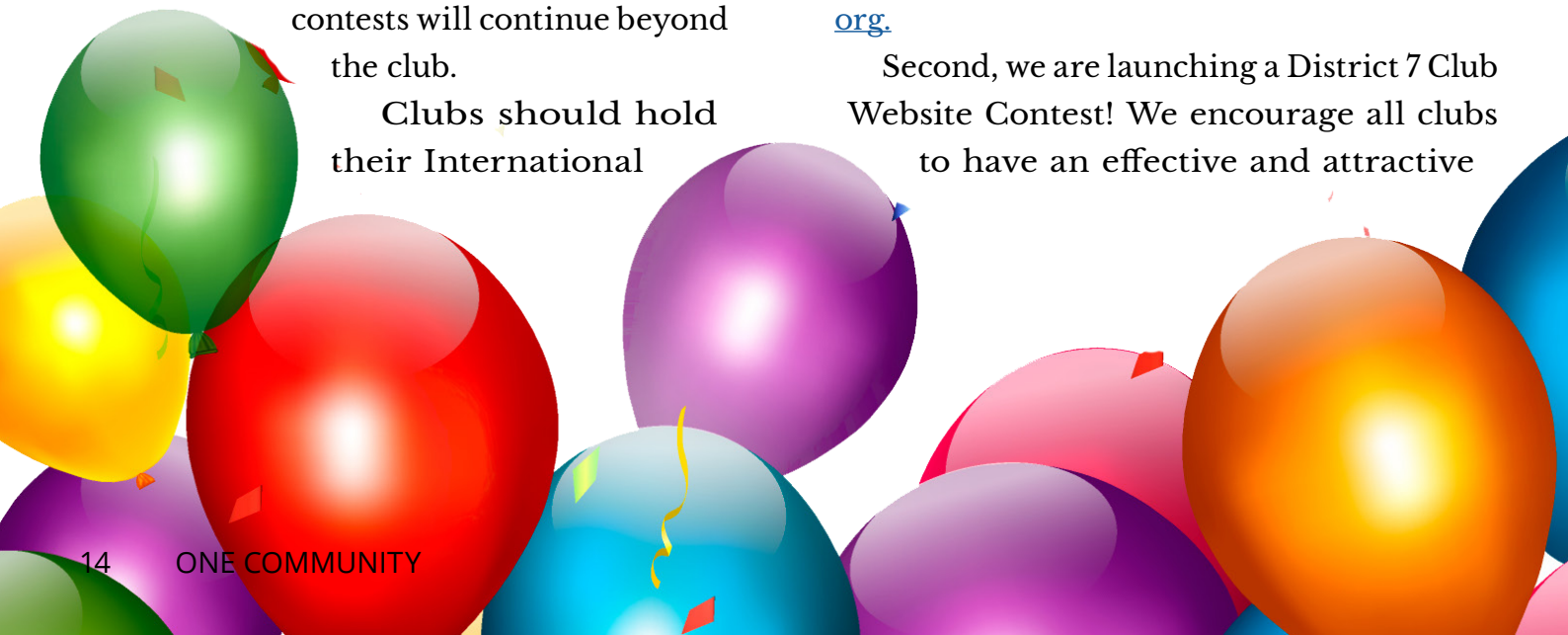
Speech and Humorous Speech contests will continue beyond the club.

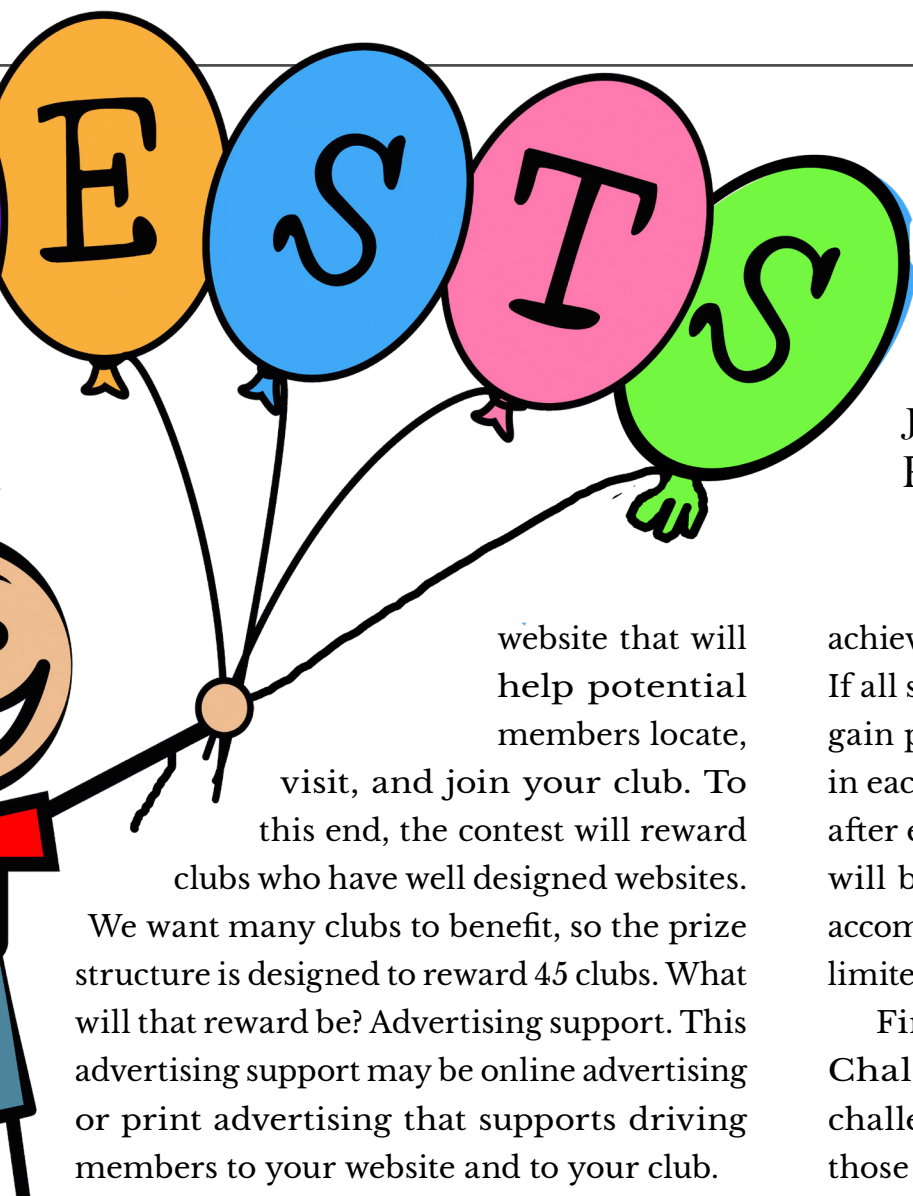
Clubs should hold their International

Speech and Humorous Speech contests in December or January and finish by January 31st. Area contests will be held February 1st through March 31st, Division Contests in April, and the District Contests will be held at the District Conference May 19th and 20th.

Our District Contest Chair Patrick Locke and District Chief Judge Tamsen Corbin will provide training sessions on how to conduct and judge contests leading up to contest season. Events will be posted on the District 7 Events Calendar. If you have any questions about the speech contests you may email Patrick at [contestchair@d7toastmasters.org](mailto:contestchair@d7toastmasters.org) or Tamsen at [chiefjudge@d7toastmasters.org](mailto:chiefjudge@d7toastmasters.org).

Second, we are launching a District 7 Club Website Contest! We encourage all clubs to have an effective and attractive





Jim Robison, DTM  
Program Quality Director

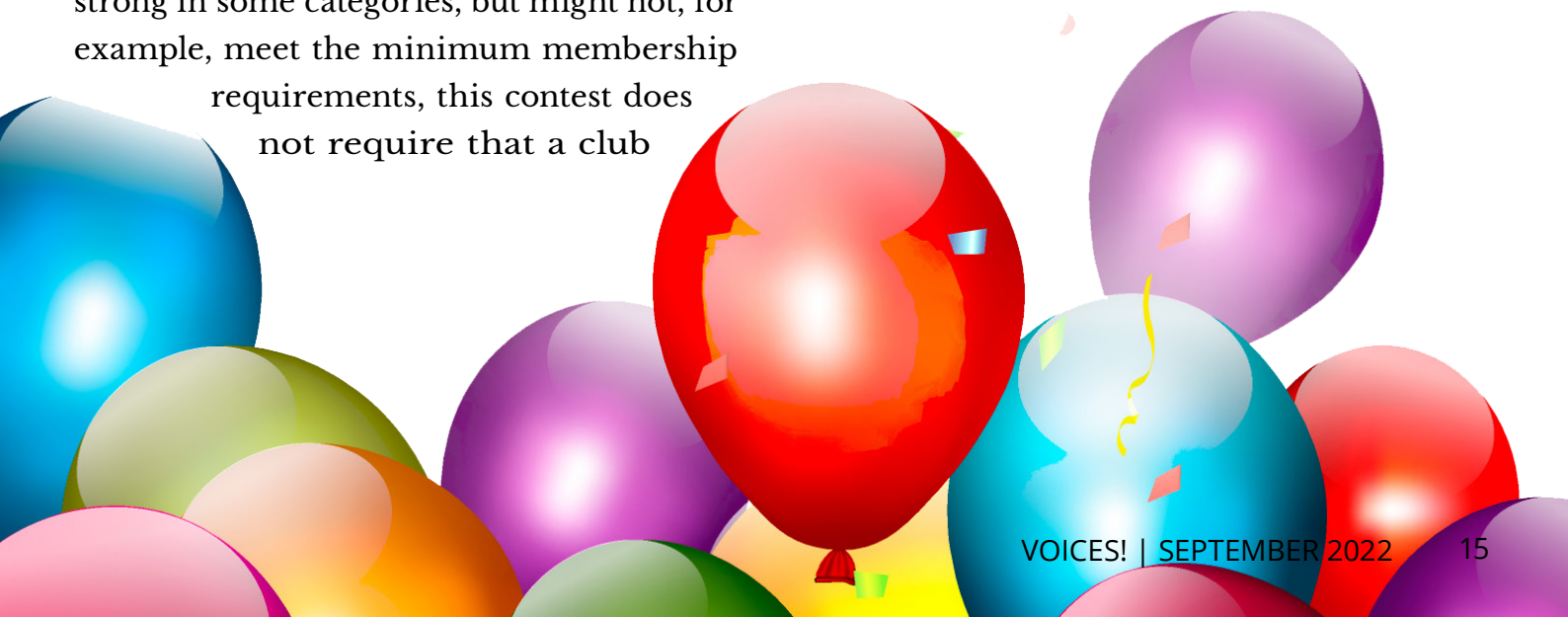
website that will help potential members locate, visit, and join your club. To this end, the contest will reward clubs who have well designed websites.

We want many clubs to benefit, so the prize structure is designed to reward 45 clubs. What will that reward be? Advertising support. This advertising support may be online advertising or print advertising that supports driving members to your website and to your club.

Third, we are rewarding clubs that go Beyond the Minimum. There are 10 Goals in the Distinguished Club Program (DCP), plus the membership requirement. We will reward clubs that succeed beyond the minimum requirements of the DCP in any category. We recognize that some clubs are active and strong in some categories, but might not, for example, meet the minimum membership requirements, this contest does not require that a club

achieve Distinguished Status to be considered. If all seven club officers trained, the club will gain points for going beyond the 4 required in each training period. Points will be tallied after each quarter during the year, and clubs will be recognized and rewarded for their accomplishments up to that point. Each club is limited to winning in no more than 2 quarters.

Finally, we have a member Activities Challenge. This will be a checklist of challenges for members to complete, and those who complete the most challenges by December 15th and by May 20th will win prizes. The challenge information is now on the [District 7 incentive page](#).







**“There is no  
challenge more  
challenging than  
the challenge to  
improve yourself.”**

**Anonymous**



*Supercharge*

## Your Storytelling

Rich Hopkins is a 23-year Toastmaster, 2x World Championship of Public Speaking Finalist (placing 3rd in 2006), husband, and father of six. He has been a student of storytelling most of his life, and, as a Presentations Coach, teaches his clients to supercharge their messages with supercharged storytelling.

**October 11, 2022**  
**7:00-8:15 PM**

SPEAKER  
**RICH HOPKINS, DTM**

**[tellmeastorytoastmasters.org](https://tellmeastorytoastmasters.org)**

TELL ME A STORY  
TOASTMASTERS



### In this storytelling workshop you will learn

- How to find the right stories for any speech, on any occasion
- What are the forgotten tools that bring your stories, and your audience, to life
- What story-based marketing strategies to put yourself in high-demand

**Join  
Us!**

**REGISTER HERE**



## Club Coach Program

# Helping Toastmasters Clubs, One at a Time

Dave Bones, DTM - Club Growth Director

Several years ago, my club was really struggling. We were down to three paid members. Many supportive Toastmasters outside my club shared advice, ranging from marketing ideas to letting it close if we could not get commitment from current members. The advice and support was appreciated, but in the end we had to make a decision.

Thank goodness, the club turned around positively using two strategic elements. The first was commitment to our positive vision. The second was in requesting a Club Coach.

Many clubs are currently experiencing similar membership challenges, particularly in this online environment we are all adapting to. I want to offer hope, encouragement, and direction to these clubs. A critical component for success is working with a Club Coach. There has never been a better time to do this, with the advent of the newly improved Club Coach Program.

### The Benefits of Working with a Club Coach

Before working with a Club Coach, we struggled with motivation, commitment, communication, and filling meeting roles with our smaller numbers. Our Club Coach provided encouragement, helped us with conflict resolution, and was clearly committed to helping us form and attain a positive vision. The immediate benefit was that our Coach helped to fill roles. This was beneficial for two

reasons. First, even one more member at the meeting makes a big difference for energy and less doubling up. Second, we learned through his excellent example whether in speeches or other skills demonstrated at the meetings.

Third, as President at the time, it made a huge difference knowing that I could depend on our Coach to be a sounding board when needed. As a result, we still benefit from the best practices he shared with us those many years ago.

### The Benefits of Becoming a Club Coach

First, any Coach that helps their Club attain Distinguished status within the Distinguished Club Program (DCP) receives credit toward their Distinguished Toastmaster (DTM) award. *To learn more about the Pathways DTM requirements, [click here](#).*

Second, Club Coaches gain far more through the relationships formed, contributions made, as well as the opportunities to practice communication and leadership skills. I see all of these as beneficial both professionally and personally.

### The New Club Coach Program and How to Get Started

The first component is the aligned commitment between the Coach and Club to attain Distinguished status. Improved meeting quality through regular Pathways speeches and increased membership numbers are important

# WE HELP YOU SUCCEED



factors the Coach assists the Club in attaining. Regular Pathways speeches contribute toward making sure there are prepared speeches at every meeting and assist the Club in meeting their goals. This then provides a better value proposition for guest conversions to members.

Other membership building activities facilitated with the Club Coach can include open houses, as well as marketing messages.

The second component is the structured communication built into the Club Coach Program—a brand new element this year.

In Stage 1, the commitment and “buy in” are assessed. First, at least one officer and the prospective Coach takes the Pathways Club Coach Program module located in [Base Camp Tutorials and Resources](#). This module will take 60–90 minutes to complete and can be done in multiple sessions. It outlines every aspect of this new program. The module is very informative and fulfills one of the Club eligibility requirements.

Next, a Club conducts a vote to determine if a Club Coach is desired.

Finally, the Coach meets with the Club officers to mutually sign the Club Coach Agreement.

In Stage 2, a Preliminary Report and Progress report must be submitted within the first 30 days, and then Progress Reports must also be submitted every 60 days.

In the final stage, the Final report and a

360 Evaluation

are completed.

This provides

an opportunity for

reflection, acknowledgment of accomplishments, and closure.

## Notes of Gratitude

Thank you to Patrick Tuohy, D7 Club Coach Coordinator. We are currently determining which Clubs and Coaches choose to continue their relationship from last year, as well as coordinating new Coaches. Our plan is to support Club Coaches through monthly meetings to share best practices and develop solutions to common issues. I also want to express my gratitude for Club Coaches who are contributing their skills and leadership along with the Clubs who join the Club Coach Program as we work towards mutual growth and member satisfaction.

## Concluding Thoughts

Whether you are a Club looking for help or a potential Coach, I truly empathize with your challenges and goals. This is not an easy task, but can be both rewarding and fulfilling. Together, using the new Club Coach Program, we can help Toastmasters Clubs be successful, one at a time.





# ZOOM MASTERS NEEDED

Provide support at District Virtual events (Contests, TLI, Educational Seminars and more)

Opportunity to learn and develop your technical support skills.

Zoom masters needed at all skill levels. Training is provided.

To serve as a D7 Zoom Master or request additional information, send an email to [zoom@d7toastmasters.org](mailto:zoom@d7toastmasters.org), 'Zoommaster Inquiry' in subject line.

In certain minds, ideas flow copiously. Mine confesses to have this quaint affliction. Ever since my late mother taught me the magic of prefixes and suffixes, I have suffered the malady of the internal smile.



## *The Thrill of the Quill* Lee Coyne, ATMS

Reading newspapers was my brain's daily diet as a teenager. Little did I imagine that karma would involve me in joining a newspaper staff one day. Yet I became a journalist by default.

What happened was a hope to attend a top law school that simply didn't pan out. Thus reluctantly, Plan B was my new route.

New York (then my hometown) is the epicenter of publishing. The rivalry was fierce. Fresh out of college, I met up with dead ends. Then a good friend advised an obscure resource: Go to the Yellow Pages under "newspapers." Also mail out one college paper feature as my preview.

That strategy proved an effective lure.

The first fish to bite, so to speak, was a NYC Black weekly called *The Queens Voice*.

Publisher Ken Drew had never previously hired a white reporter. However my credible recall of the famous Brown vs Board of Education case that spurred the civil rights movement forward won the day. I got the job on a trial basis. And soon was assigned covering the issue of mass picketing of a restaurant chain that refused to hire Black employees.

That article found its way to the NYC Police Commissioner who responded with a letter of commendation.

That was my launch pad in 1963. Over a dozen lively newspaper opportunities followed literally from coast to coast. The big bug had bitten. The thrill of the quill was now mine. It then gripped me forevermore!



# Trombone Lessons and Toastmasters

Eldred Brown, DTM, IPDD

Earlier this month, I started taking private trombone lessons again after almost 30 years since my last lesson in 1993. I am now studying with a young music teacher who moonlights as the bass trombonist for my community orchestra. I realize that I'd been doing little more with my practice routine than maintaining the skills I developed as a college trombone major. I wanted to take advantage of my new opportunity to grow again as a symphonic trombonist. I see a lot of connections between this pursuit of a mentor and the pursuit of the mentorship that Toastmasters offers us.

As a trombonist, I need to meet regularly with another trombonist who can hear me play, identify what I'm doing well, and offer guidance on how I can improve my playing. The same is true of Toastmasters mentorship. When I was in the Trio, I needed frequent meetings with my Trio mentor, Leanna Lindquist, to identify what I was doing well and what I could do to improve my service to the District. This regular guidance helped me identify holes in my plans and strategies as well as give me ideas I could implement for such things as incentives.

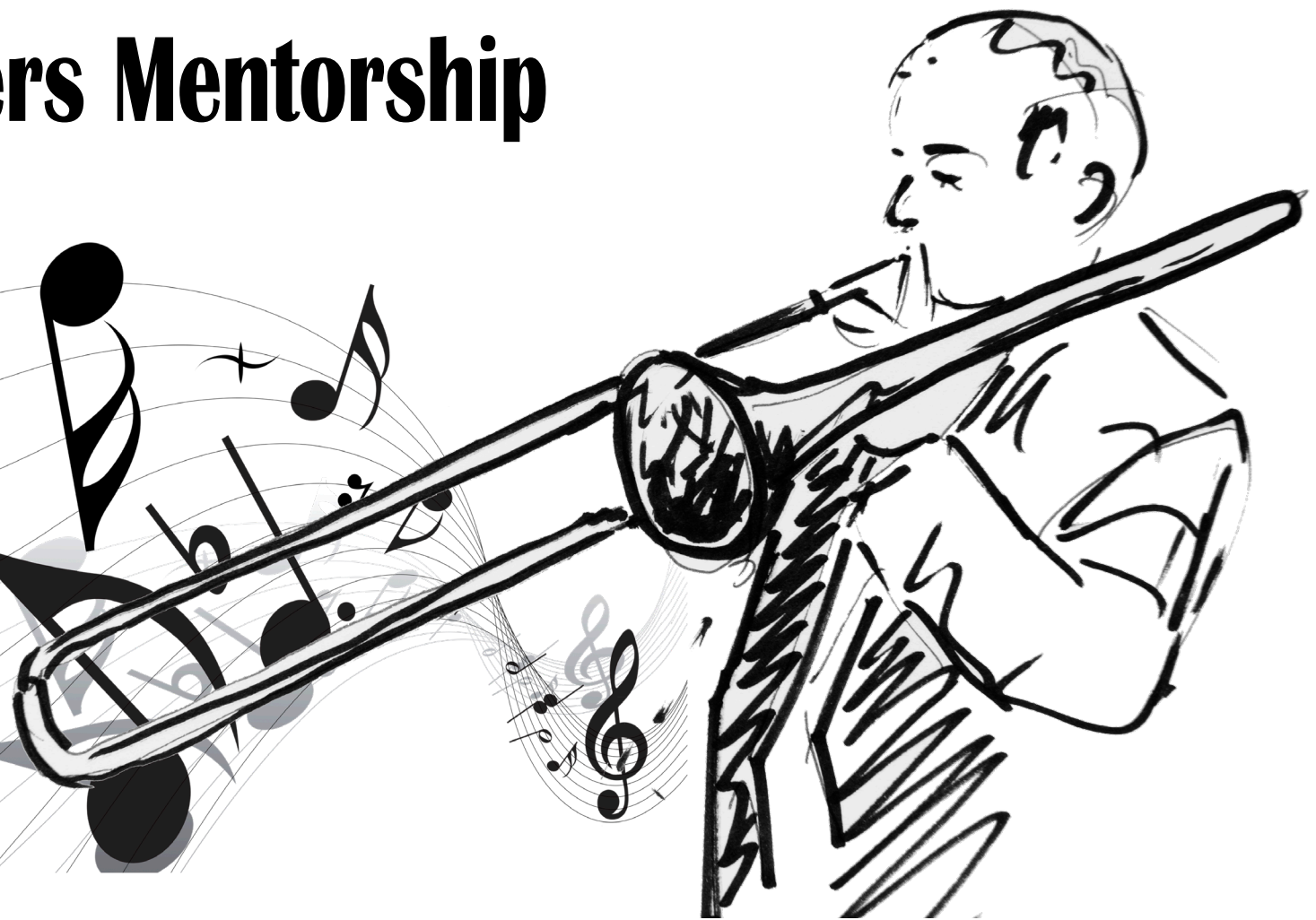
How can a mentor help you identify your strengths and opportunities for you to grow as a leader and communicator? Do you have regular meetings with someone to help you

envision your future growth? Do you seek the guidance of an experienced Toastmaster to help you develop strategies for your growth? Is there someone helping you choose your Pathways paths, the projects you want to complete to progress on your chosen paths, and the subjects you want to cover in your projects?

As a trombonist, I need to practice at least one hour every day to maintain and cultivate my skills. In my practice, I focus on such rudimentary skills as breath support, tone quality, scales, strength and endurance on the high notes, and musical interpretation. I will also use my practice time to master the music I've been assigned to rehearse and perform with my orchestra for our next concert. Private trombone lessons provide invaluable guidance on how I can make my practice sessions more effective by showing me what skills I need to work on most.

How does that translate to Toastmasters mentorship? Maybe you don't need to practice your speaking skills an hour a day, but you should at least practice for a few hours in the days leading up to your next Pathways speech. In your practice sessions, you can focus on such rudimentary skills as breath support, speech organization, vocal variety, gestures, humor, the use of visual aids, etc. Meeting with a mentor before your speech can help you identify what

# ers Mentorship



you need to practice most in your preparation. Your mentor's feedback after your speech, even if she isn't your evaluator, can offer you even more insight on what you did well and what you could do to improve.

In choosing my personal trombone instructor, I chose someone I already play regularly with in my orchestra. Though I could have chosen anyone, I chose the instructor I chose because we're already familiar with each other and because working with him could have the additional benefit of tightening up the sound of our trombone section. If your mentor is also a member of your Club, maybe you can work together on projects that encourage you to develop a stronger relationship with your

mentor. I did this with Leanna through all three of my years in the Trio by appointing her to a key position on each of my teams (Club Mentor Coordinator, Education & Training Chair, Area 96 Director). Having her as a member of my team allowed us to work together and gave me opportunities to see how she handled challenges so I could learn from her example. Our collaboration even gave me more time to pick her brain on more general District leadership topics.

Earlier this month, I started taking trombone lessons so I can be mentored again by a more accomplished trombonist and teacher. What are you doing to pursue the mentorship of a more experienced Toastmaster?



PEABODY MANSION MYSTERIES

# And So It Begins . . .

Leanna Lindquist, DTM

*To develop my mystery writing skills, and hopefully entertain you, I will write one installment of a serial novel beginning with this issue and bringing the story to its conclusion in June. A serial novel is a work of fiction that is published in sequential pieces called installments. A Tale of Two Cities was originally a serialized novel. My writing is a work in progress. Your constructive feedback is welcome. [leanna.lindquist@gmail.com](mailto:leanna.lindquist@gmail.com)*

Penny Harris and Laura Lewis turned off Mockingbird Lane onto a barely visible road covered with downed limbs and frosty leaves. Ahead of them between two old concrete pillars was an ornate iron gate covered in moss. “There it is,” Laura declared. Penny stopped the car in front of the gate.

“Now what do we do?” blurted Penny.

She opened the car door and walked over to the imposing gate; inhaling the brisk fall air as she tossed limbs out of her way. With great flourish Laura pulled a large skeleton key from her purse. “This better work,” she thought as she inserted the key into the rusty lock. The sun was already going down and it would be dark soon. There were no streetlights this far out of town. She fumbled with the key for a few moments until she heard a click and felt the bolt give way.

With effort she pushed the creaky gates open.

Laura returned to the car, glad to be back in its warmth as she rubbed her cold hands together. Penny drove at a snail’s pace, gripping the steering wheel so hard her knuckles turned white. The driveway led through a canopy of trees that block most of the sky. Dappled daylight cast long shadows everywhere. After what seemed like an eternity, but was likely only a minute, they pulled into a clearing. There stood the imposing Peabody Mansion. Penny stopped the car when it came into full view and they both stared in astonishment.

“You have got to be kidding me. This looks like Disney’s Haunted House. Laura Lewis, is this another one of your hair brained ideas? How can our Club meet here?”

“Penny don’t get your panties in a twist. You



know free meeting space is hard to come by. The house will be renovated soon. Besides, it will add a little spice to our meetings.”

“That’s what Table Topics are for. Is there electricity or heat?” grumbled Penny.

“Of course, there’s electricity,” she snapped. “Park your car over there.” Laura pointed to a spot in the large circular drive in front of the mansion. “We need to get set up for the meeting, everyone will be here soon.” Penny parked the car, got out, and opened the trunk. As Sergeant at Arms, Laura hauled the meeting equipment back and forth every week. She pulled out the bags with the banner and banner stand. Penny helped her lift the rolling crate out and set it on the ground. It was filled with everything they needed to conduct a Toastmasters meeting.

Armed with their supplies, they stared again at the imposing structure. Despite its state of disrepair, Laura could see through the peeling paint, hanging shutters, and dirty windows that it had been a place of grandeur. And it would be

again. Penny on the other hand saw it for what it was in its current state. A big, old, dilapidated haunted house.

“Well, let’s go in,” declared Laura. Penny grabbed the bags and Laura took the rolling crate by the handle and began dragging it up the stairs, one step at a time.

“Be careful,” cautioned Penny, “it looks like you could fall through this porch at any minute.”

“Don’t be such a worry wart.” Laura reached into her purse and pulled out a smaller skeleton key, the kind you don’t see anymore, hanging from a red satin ribbon. She pushed it into the keyhole, turned it back and forth several times then jiggled it a bit until the bolt finally moved and the door opened.

“Isn’t this exciting?” Laura was grinning from ear to ear as she stepped across the threshold. Before them stood a sweeping staircase. “It’s magnificent, just like in a castle.”

“How can you tell, it’s so dark in here?” grumbled Penny. “It smells musty, and I think I’m going to sneeze. Where’s the light switch?”

“Oh, I’m sure it’s here somewhere.” Laura ran her hands along the wall in search of a switch. “Here it is.” She flipped it but nothing happened. She tried it again, flipping it up and down several times, but still nothing. “I guess we need to find the breaker box.”

“And where might that be?” Penny hissed.

“Most likely in the basement.”



“You don’t think that I’m going in the dark basement of a haunted house, do you?”

“Penny, for goodness sake this house is not haunted.”

“Don’t you know what happened here?”

“No, I don’t. I haven’t lived here as long as you have.”

“Halloween night 1971 the owners, Oliver, and Martha Peabody, had a costume party. There were at least 75 people here, caterers, wait staff, and young men from the local college who were parking cars. They did all those things people do at Halloween parties and consumed a lot of food and alcohol. The party went late into the night. The next morning a body was found at the bottom of the basement stairs, it was the Peabody’s oldest son William, and his neck was broken. He was still wearing his devil costume. Two other identical costumes were worn that night. Police thought it

could be murder and maybe the wrong devil was pushed down the stairs. Or maybe it was just a bad accident. There have been lots of rumors over the years, but nothing was ever proven. Every year at Halloween it is said that William walks through the house wearing his devil costume.”

“You should tell that story at our Halloween meeting.” She shined the flashlight on her phone down the hallway. “The basement door should be at the back of the house.” She batted away cobwebs as she opened doors. The third door she tried was a staircase leading down into blackness. “Penny, I found it. I’m going down,” she yelled.

“Laura, don’t you dare go down there by yourself. Wait for the others to get here.”

The crash bounced off the walls and ended with a thud that echoed from the bottom of the stairs.

“Laura!” screamed Penny.

*To be continued. . .*



If your Club holds online or hybrid meetings, this one-hour Training is for you where you will learn Tips & Tricks that will make your Zoom experiences a breeze. If you want to have this training for your Club members, contact the Zoom Team at [zoom@d7toastmasters.org](mailto:zoom@d7toastmasters.org)

**CLUB ZOOM TIPS AND TRICKS**

Trainer: A Member of D7 Zoom Masters Team

Oct 11, 2022 at 7pm PDT  
Oct 13, 2022 at Noon PDT  
Oct 18, 2022 at Noon PDT  
Oct 27, 2022 at 7pm PDT

Register at: [d7toastmasters.org/calendar/](https://d7toastmasters.org/calendar/)

## CLUB ZOOM TIPS AND TRICKS

Tuesday, October 11th, 2022 at 7pm PDT - [Register Here](#)

Thursday, October 13th, 2022 at Noon PDT - [Register Here](#)

Tuesday, October 18th, 2022 at Noon PDT - [Register Here](#)

Thursday, October 27th, 2022 at 7pm PDT - [Register Here](#)

In these sessions you will learn:

- How to claim Host
- Fastest way to answer “What’s the meeting ID# and passcode?”
- How do I rename myself?
- Someone’s microphone is set louder than others, but when the person turns down the microphone the person can’t hear us. How do you fix it?
- Where’d everyone go? You might wonder while sharing your slides. What to do?
- What about defending against Zoom Bombers?
- Latest Zoom Updates

Register in advance by clicking on the links above or go to the [District 7 calendar](#) and click on the applicable training date and time. You will be directed to the event registration.



# **WALLMASTERS INTERNATIONAL**

**#4428 | TIGARD, OREGON**



**Supportive & Friendly**

**10 DTM Members**

**Distinguished Club for 20+ Years**

**All are Welcome**

**Come visit a well-established, high-achieving  
club committed to excellence & success.**

**JOIN US ON **zoom****

**Fridays | 6:35-7:45am PST**

**[bit.ly/wallmasters](https://bit.ly/wallmasters)**





# “God Save The King”

Paul C. Fanning, DTM

I was so pleased with myself in early August. As many of you know, I have been collecting British medals and insignia all my life. I was attending the 2022 Orders and Medals Society of America convention in Dallas, Texas, and I had found

and purchased a couple of

medals that I had been looking for to complete sets in my collection. It may not sound like a “big deal” to you but I was happy to add a Queen Victoria Royal Naval Long Service and Good Conduct Medal from 1875 and a more modern Queen Elizabeth II medal with her 2013 portrait die struck on the silver planchet. After all, I had been born outside of London during the third year of her reign, as my birth certificate proclaims, along with the (then) new Inland Revenue stamp with her young profile on it.

Yes, I was pleased. I now had from

Queen Victoria “young head” to the latest Queen Elizabeth version of several long service groups of medals. They are (to me) a “finished” set. It's time to sit back and relax, enjoy my miniature portrait gallery, and rest upon my laurels. But it was not to be so.

At 6:50 a.m. on Thursday, September 8th, I was waiting for my relief so that I could go home and get my 7-8 hours sleep for the day. As she came into the office, she mentioned that the Royal Family had been called to Balmoral, the Scottish “home” of Elizabeth as she was in ill health. Alas, it was too late when I woke later that afternoon, echoing in my head was the old phrase used at the passing of a monarch, “The Queen is Dead. Long Live the King.” For all but two of her seventy years, as the Queen of the United Kingdom and Northern Ireland and head of the Commonwealth, I was Her most loyal subject. She being the only monarch I have ever known, the only Queen I had ever seen in person. For me, it was the end of an era.

That night, I awoke with a disconcerting thought. Or, perhaps upon reflection, one of renewed purpose. Every single medal, badge, uniform button and embroidered patch or uniform with the classic E II R on it will have to be changed! Not only will this boost the economy of the UK as hundreds of firms and manufacturing



companies will be working night and day to produce the new C III R insignia, but the fraternity known as collectors will have a heyday acquiring pieces of the old regime and awaiting with bated breath the new.

I remember both my grandfather (a British Army veteran) and my mother talking one day about the reigns they had lived through, and the multitude of changes wrought by them. For my grandfather, he was born in the reign of Edward VII, son of the then longest serving monarch Queen Victoria, was in school during that of George V, his son's brief 1936 reign, Edward VIII, then that of George VI the "for King and Country" he served, and that of Elizabeth II. My mother was born at the end of George V's reign, went through the "year of the three kings" of 1936 to George VI for whom she too served as a Girl Guide and a corporal of the Girl's Training Corps during the Second World War, to again Elizabeth II during which I joined the family. And of course, my only experience was under one ruler-Elizabeth until now.

Thus, what does the death of the monarch and the coronation of the new mean in the scheme of the regalia and glittering uniforms of who serve the crown? Let me just mention a few areas that might be of interest to you. I have a very small collection of uniform buttons worn by the



members (working staff) of the Royal Household, whether it be at Buckingham Palace, Windsor Castle, Sandringham, St. James' Palace, or Balmoral Castle. I have a vest button worn during the reign of Queen Victoria. It bears her royal crest and crown, distinctive to her reign. There are perhaps three forms of crowns used on insignia, seals, and postage stamps to name a few. Primarily the Imperial State Crown is a round shape and is normally used by the kings. I am assuming that Charles III will use this crown on all his official crests. Victoria used an angular arched crown and Elizabeth St. Edward's Crown with two rounded arches. All well and good, you say, but in the realm of uniform buttons, an individual may wear up to ten on his (or her) uniform in two or three sizes. The average footman's scarlet coat and vest has a staggering 36 gilt buttons on it! Each successive reign has had its crown/crest differences. In spite of Charles' "cutting back" campaign, they will still have to replace the royal cypher of E II R with C III R on many of the state and royal uniforms, buildings, vehicles, and coins and postage stamps. Do not forget that Canada, Australia, and most of the commonwealth countries use her portrait



on their insignia and crests as well.

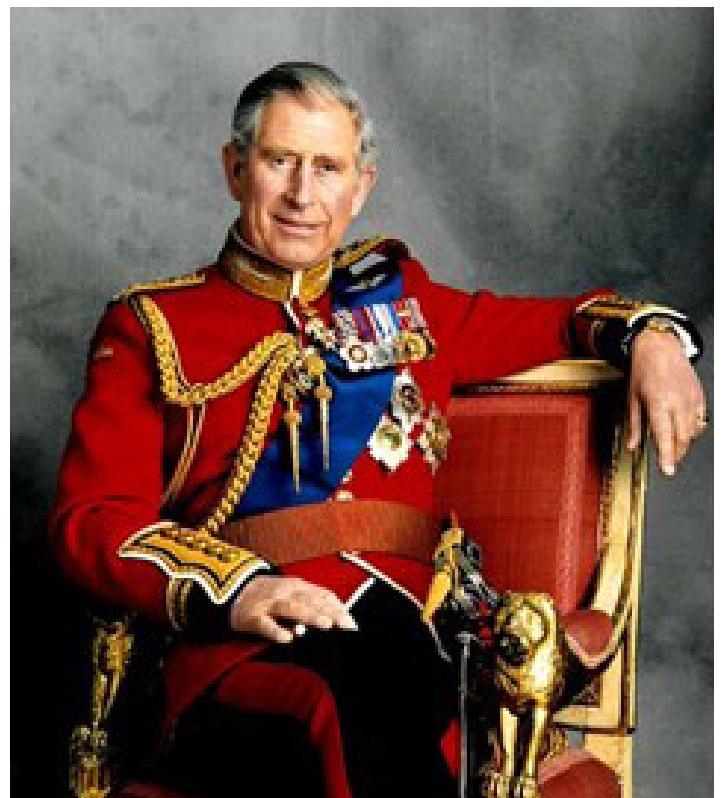
I have heard and read that when Elizabeth became queen, many of the Royal Canadian Mounted Police “took their time” making the physical transition of their badges from the imperial crown that they had been wearing since 1920 to the new St. Edward’s crown worn after 1952. I am sure there will be a few diehards somehow managing to keep the “old” Lizzie badges or buttons on, at least during the first year or two! Of course, if you had received any of the civil or military orders, decorations and medals issued during her reign, they will always be worn during her successor’s reign—perhaps adding a Charlie on the ribbon bar as well. Personally, the only medal I received during her time was a Canadian Royal Lifesaving Bronze Medal which did not have Elizabeth on it as it was not a crown-issued award.

I thought I had them all or most of the varieties I collected. Some reflect the beginning of a ruler’s reign, or honor those in imperial service, or even echo the last hurrahs of the British Empire “where the sun never sets.”

But now before me is a horrible dilemma, a reality that I must face as well as the fact that I, too, am getting old (but not as old as King Charles III). Do I now patiently wait for the first Charles III medal to be struck and promulgated throughout the empire? It will be his Coronation Medal, date not set, but like his mother’s Platinum Jubilee Medal of 2022, will be on the market the day they are distributed.

Ergo, in the months and years ahead, there will be millions of obsolete uniform buttons, thousands of military and police badges—all emblazoned with the E II R cypher, and I am sure that other items such as drum major’s

maces, swagger sticks, and regalia, will be up for sale in addition to blankets and other trinkets of the realm. Yes, we will miss our most gracious and noble Queen, the face I have been seeing on stamps and coins for all my life but the future is now endless before us. It is time to proclaim once more, “The Queen is Dead. Long Live the King!”—and pass me the latest medal list or military surplus catalog. I have to add the Charles III versions of the medals I collect to my mini-museum of the British Empire. And yes, I have met Prince Charles along with my British boss at the British Consulate in 1994 when the Prince of Wales was making one of his royal visits on behalf of the Queen. I, like many Brits, am waiting to see what he will do to continue to restore Britain and the Commonwealth and fill some very big shoes previously earned and worn by his mother.



**LONG LIVE THE KING!**

*Happy* **70<sup>th</sup>** *Anniversary*

**New Horizons  
Toastmasters**

Come celebrate with us!

---

**Saturday October 15, 2022**

8:00 to 9:30 am (PDT, UTC-7)

[RSVP HERE for 10/15 Open House](#)

**1952 - 2022**

[Click HERE for Club Historic photos!](#)



Contact & Club Info:

<https://newhorizonstm.toastmastersclubs.org>





# Banking on Re

Jennifer Schm

How would you feel if the automated teller machine (ATM) spit out a receipt showing a zero balance when you just wanted to withdraw a mere \$20? Mad? Upset? Shocked?

According to the machine, your account is empty. You know it's not true. But, at that moment it's clear you're not going to get your \$20. I'd immediately call Customer Service and demand they fix my account and imagine you would too!

As we renew our Toastmasters memberships this month, it is also a good opportunity to replenish our accounts with each other. Good relationships tend to be more balanced with the exchange of deposits and withdrawals. An example of a deposit would be a compliment, saying thank you, or giving encouragement. A withdrawal would be the opposite, being uncomplimentary, ungrateful and perhaps even silent.

Of course, it's possible to go in a negative direction, when you withdraw more than you deposit from your relationship account. While this is bound to happen from time to time, being aware that if it's done too much—becoming overdrawn—can really damage your relationship.

Build up some credit and strengthen your Toastmaster friendships by trying the following ideas:

## ACCENTUATE THE POSITIVE

When your Toastmaster buddy gives a fantastic speech that sparkled with memorable points, tell them how it made a positive impact for you. Specifics will make them feel really good and help them craft their next speech using similar techniques. While members



# Relationships

idit, EH2

want to know how to improve their speech, they also want to know their hard work and preparation made a difference too. Once I gave a speech about recycling and was told by a member how they decided to embrace recycling even more. That was nice to hear.

## APPRECIATION GOES A LONG WAY

Recognition can be overlooked when someone consistently takes the lead. Even though it might look effortless, volunteering requires their time and dedication. So when a member is willing to become an officer, lead a committee, or do a speech, appreciate their efforts and thank them. No one wants to feel taken for granted or ignored when they work hard on the Club's behalf. When I receive this type of feedback, I'm inclined to volunteer

again because my effort has been seen and acknowledged.

## ENCOURAGE GROWTH IN THE FUTURE

People who join Toastmasters are striving to grow and stretch their public speaking skills. It can be scary to get through an icebreaker speech. Once you do, then it's a matter of moving onto the next speech and the one after that. From the beginning I felt New Horizons was behind me with their words of encouragement, especially as my top cheerleaders for three contest seasons. Their motivating words made me want to practice more. Any time you encourage someone, you are telling them they can strive to succeed.

Take the opportunity to be positive, show appreciation, and encourage other Toastmasters. You might be surprised by the generous gains in your account too!



# Autumn Ruminations (and C

David Freedman, PM2

When change comes, are you ready to embrace it? At my last Toastmasters meeting, during our Table Topics session, I admitted that when the summer slowly bleeds into autumn, I go through a period of mourning. Yes, the colors are lovely, and we have all the upcoming holidays to celebrate, but knowing that the warm weather is transitioning into colder days is not something I look forward to. Nonetheless, even before the summer ends, I've started singing with the Portland Gay Men's Chorus and rehearsing holiday music well before the department stores start repeating it incessantly the month before Christmas.

Before the advent of streaming, I'd look forward to the fall lineup on television, but with such a glut of new and old material yet unwatched on my various queues, the upcoming thrills mean less precisely because of their overabundance. I'm more likely to peruse the gaming magazines or websites in order to remind myself which video games I'll purchase for my consoles (and yes, I'm still itching to get my hands on a Playstation 5 so I can be up to date on my hardware and software). Even my physical activities change somewhat

since I won't be able to walk as much in the colder weather, which bothers me to no end since the dreaded holiday weight gain will creep up on me. I go to the gym five times a week and can make up some of the aerobic time I'll miss by working out on the treadmill, but it's not quite the same as going on a power walk in the warmer weather.

And as the physical activities change, so too do the social and professional ones. I'm happy to report that I will start a third Path, *Engaging Humor*, even though I haven't finished my first two Paths for my Distinguished Toastmaster Award, as I know these comedic skills will be useful to add to my experience as an actor.

Likewise, our Club is already in the planning stages of putting together our speech contest and we continue to work on our Club Success Plan. We've been fortunate to keep our Distinguished Club status even throughout the chaos of the pandemic, and it's something that we're both proud of and determined to maintain into the next year. We've embraced the changes as best we could even when there was considerable doubt about maintaining our membership throughout



# Goals)

the worst of the isolation period. Hybridizing our meetings helped bring more people in as well as reassure current members that we could thrive in this new environment, but to say that we're still in a period of adjustment is a bit of an understatement.

The truth of the matter is that change, while being a constant, isn't always a comfortable experience even under the best of circumstances. I was an Area Director before the pandemic started, and thank goodness for that since I'd gained the necessary skill sets on Zoom before the isolation began. Isolating through the pandemic meant counting the seasons as we waited for a creditable vaccine. The warmer periods meant I wasn't completely confined to my home. Granted, I could still go to the gym when it was open, and I socialized as much as I dared with people outside even during some of the winter months. Zoom was a lifeline as much as it was a painful reminder of reality shifting sideways. During my year of isolation, I lived alone, and touch became such a rarity that the warm weather was probably the best substitute I could get. When I view the

seasons now over a year after that isolation, I'm extremely thankful that the social situation has changed to where we can be together again. I no longer take for granted any social gathering as I'm aware it could be taken away at any time. Conversely, many of us have embraced the advantages that Zoom has brought such as visiting people and Clubs in other countries or attending one's Club from home. It's an interesting mix of circumstances that I'm still getting used to.

The bottom line is, I've done the best I can under the most bizarre of circumstances to embrace change as it comes. The autumn season holds just as much promise as springtime, but I'll acknowledge it has its challenges, too. I'm not looking forward to the increasing hunger that I experience as the weather gets colder, and yet the holiday feasts sound all the more enticing because of it. Perhaps embracing change isn't just finding that silver lining so much as recognizing that, no matter what the season, there's always a fresh start around the corner. And for that I'll be forever grateful.



# WELCOME NEW MEMBERS

Club Name	Name	
Timber Talkers	Baker	Tamzyn
Toasting Excellence Club	Blakey	Xlaoqin
AAA Towsters	Bonilla	Kristin
High Noon Club	Butsch	Monika
Speakeasy Toastmasters	Chittireddy	Kyle
Gresham Toastmasters Club	Dolan	Robert
Fortunate 500 Club	Gebrehiwot	Maya
AAA Towsters	Grijalva Nowa	Annette
Essayons Club	Hegeberg	Christopher
Waffle Toasters	Hundenski	Ron
Top DOTs	Irby	Garrett
Noon Talkers	Jackson	Thomas
AAA Towsters	Lovingier	Ann
Gresham Toastmasters Club	Martinez	Tammy
Toastmasters of Redmond	Odell	Madeleine
Liberty Talkers	Pawar	Dylan
Essayons Club	Pham	Natalia
Essayons Club	Ratti	Anika
Oregon State Toastmasters	Tematelewo	Dwayne
Portland Club	Wheeler	Cain

# HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	Club NAME
EC1	8/19/2022	Allan B. Edinger, DTM	McMinnville Toastmasters
EC2	8/19/2022	Allan B. Edinger, DTM	McMinnville Toastmasters
EC3	8/19/2022	Allan B. Edinger, DTM	McMinnville Toastmasters
EC4	8/19/2022	Allan B. Edinger, DTM	McMinnville Toastmasters
EC5	8/19/2022	Allan B. Edinger, DTM	McMinnville Toastmasters
EH1	8/16/2022	Amberlynn N. McLaws, EH1	Toast of Corvallis Toastmasters
MS2	8/3/2022	Anna Osmukhina, DTM	Noon Talkers
EH3	8/30/2022	Bert Sarkkinen, EH4	Professionally Speaking
IP5	8/9/2022	Bettina K. Schempf, DTM	Corvallis Evening Group
IP3	8/25/2022	Brandon Marsh, IP5	Cedar Hills Club
IP4	8/25/2022	Brandon Marsh, IP5	Cedar Hills Club
IP5	8/25/2022	Brandon Marsh, IP5	Cedar Hills Club
DL5	8/14/2022	Casey Devine, DL5	Wallmasters International Club
PM3	8/3/2022	Cheri Redgrave, DTM	Communicators Plus
PI5	8/30/2022	Conor J. McDaid-O'Neill, PI5	Professionally Speaking
PM1	8/11/2022	Cristina Patrick, PM1	Blue Ox Club
EH4	8/5/2022	Crystal Clark, DTM	Siuslaw Tale Spinners Club
IP3	8/10/2022	Dallas Jannett, IP3	Corvallis Evening Group
IP2	8/9/2022	Dallas Jannett, IP3	Corvallis Evening Group
EH2	8/12/2022	David J. Taylor, EH2	Lebanon Toastmasters
PM4	8/24/2022	David Johnson, DTM	Moser Community Toastmasters
PM1	8/9/2022	David M Johnson, PM1	Corvallis Evening Group
EC4	8/6/2022	David Parker, EC4	Tabor Toastmasters Club
TC4	8/24/2022	David Shehorn, TC5	Bend Toastmasters
TC5	8/24/2022	David Shehorn, TC5	Bend Toastmasters
DL5	8/17/2022	Erick Darnell, DTM	Cedar Hills Club
LD2	8/10/2022	Giovanni D Beccaria, LD2	Rose City Toasters Club
SR4	8/20/2022	Gwendolyn Avington, SR4	New Horizons Toastmasters Club



# HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	Club NAME
IP3	8/9/2022	Heather Medina Saucedo, PM2	Corvallis Evening Group
PM2	8/22/2022	Heather Medina Saucedo, PM2	Corvallis Evening Group
PM5	8/8/2022	Helen M. Grothe, DTM	Early Words Club
EH4	8/8/2022	Helen M. Grothe, DTM	Early Words Club
EH5	8/8/2022	Helen M. Grothe, DTM	Early Words Club
EH1	8/10/2022	Isaiah R. Guzman, EH1	Rose City Toasters Club
EC3	8/22/2022	Jeff Spitzer, EC3	Tell Me A Story
PM1	8/9/2022	Jessica McDonald, PM1	Corvallis Evening Group
EH4	8/2/2022	Jet Anderson, EH4	West Beaverton Club
PWMENTORPGM	8/9/2022	John E. Anderson, DTM	Early Words Club
PM1	8/8/2022	John E. Anderson, DTM	Early Words Club
PM2	8/8/2022	John E. Anderson, DTM	Early Words Club
PM3	8/8/2022	John E. Anderson, DTM	Early Words Club
EC2	8/8/2022	John E. Anderson, DTM	Early Words Club
EC3	8/8/2022	John E. Anderson, DTM	Early Words Club
DL2	8/9/2022	John H Cochran, DL2	Corvallis Evening Group
IP1	8/13/2022	John Hooley, IP2	Moser Community Toastmasters
IP1	8/20/2022	Joseph Harper, IP1	New Horizons Toastmasters Club
VC1	8/8/2022	Julius P. Locke, DTM	Early Words Club
VC2	8/8/2022	Julius P. Locke, DTM	Early Words Club
VC3	8/8/2022	Julius P. Locke, DTM	Early Words Club
PM4	8/8/2022	Julius P. Locke, DTM	Early Words Club
PM5	8/8/2022	Julius P. Locke, DTM	Early Words Club
DL5	8/8/2022	Julius P. Locke, DTM	Early Words Club
EC1	8/8/2022	Julius P. Locke, DTM	Early Words Club
EC2	8/8/2022	Julius P. Locke, DTM	Early Words Club
EC3	8/8/2022	Julius P. Locke, DTM	Early Words Club
EC4	8/8/2022	Julius P. Locke, DTM	Early Words Club

# HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	Club NAME
EC5	8/8/2022	Julius P. Locke, DTM	Early Words Club
TC4	8/29/2022	Karen Brozovich, TC4	Bend Toastmasters
PWMENTORPGM	8/3/2022	Katie Zink, IP5	Noon Talkers
DL5	8/28/2022	Latryska (Trish) Adams, DL5	Salem Speak and Lead Club
PM2	8/31/2022	Mark Gutman, PM2	Professionally Speaking
PM1	8/31/2022	Mark Gutman, PM2	Professionally Speaking
EH5	8/19/2022	Marvin Walker, DTM	Newberg Toastmasters Club
VC1	8/8/2022	Michael T. Daily, DTM	Buckaroo Toastmasters
MS3	8/22/2022	Miriam Garcia, MS3	Corvallis Evening Group
PM2	8/11/2022	Patrick H. Little, PM2	Speakers With Spirit Club
PM1	8/1/2022	Patrick H. Little, PM2	Speakers With Spirit Club
MS4	8/2/2022	Patrick Tuohy, DTM	West Beaverton Club
DL5	8/11/2022	Peter De Graff, SR2	Speakers With Spirit Club
PM5	8/30/2022	Phyllis A. Harmon, DTM	Wallmasters International Club
EH4	8/3/2022	Phyllis A. Harmon, DTM	Tell Me A Story
PM1	8/8/2022	Retha Porter, PM1	Early Words Club
EC5	8/3/2022	Robert B. Hall, DTM	Professionally Speaking
EC2	8/31/2022	Rudy Erbrich, LD2	Gresham Toastmasters Club
LD1	8/31/2022	Rudy Erbrich, LD2	Gresham Toastmasters Club
LD2	8/31/2022	Rudy Erbrich, LD2	Gresham Toastmasters Club
PM2	8/8/2022	Ryan Frei, PM2	Electric Toasters Club
PM4	8/15/2022	Ryan K. Olson, PM4	Speakeasy Toastmasters
PM3	8/24/2022	Sarah Fox, PM4	Professionally Speaking
PM4	8/24/2022	Sarah Fox, PM4	Professionally Speaking
IP2	8/9/2022	Sean Jaqua, IP3	Electric Toasters Club
IP3	8/9/2022	Sean Jaqua, IP3	Electric Toasters Club
PI3	8/3/2022	Steve Mathis, PI3	Professionally Speaking



# HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	Club NAME
EH3	8/17/2022	Susan Brenner, EH3	Clackamas Stepping Stones Toastmasters Club
VC5	8/24/2022	Syrena M. Glade, DTM	Tualatin Valley Toastmasters Club
PI3	8/15/2022	Wadi Yakhour, PI3	Professionally Speaking
DL2	8/8/2022	Wendy J. Kosloski, DL2	Early Words Club

# TRIPLE CROWN AWARD PINS

Name	Number Earned	Awards
Allan B. Edinger, DTM	5	EC1 , EC2 , EC3 , EC4 , EC5
Bettina K. Schempf, DTM	3	IP4 , IP5 , SR1
Brandon Marsh, IP5	5	IP3 , IP4 , IP5 , PM4 , PM5
Brent E. Smith, DL5	3	DL4 , DL5 , MS1
Cate A. Arnold, DTM	5	EH3 , EH1 , EH2 , PM4 , PM5
Dallas Jannett, IP3	3	IP1 , IP2 , IP3
David R. Sessum, PM4	3	PM2 , PM3 , PM4
Donna L. Stark, DTM	9	EC5 , EH3 , EH4 , EH5 , PM2 , PM3 , PM4 , PM5 , PMENTORPGM
Gwendolyn Avington, SR4	4	SR1 , SR2 , SR3 , SR4
Helen M. Grothe, DTM	3	EH4 , EH5 , PM5
James R Kennedy, MS3	3	MS1 , MS2 , MS3
Joan Miller, PM4	4	LD5 , PM3 , PM4 , PMENTORPGM
John E. Anderson, DTM	6	EC2 , EC3 , PM1 , PM2 , PM3 , PMENTORPGM
Julius P. Locke, DTM	11	DL5 , EC1 , EC2 , EC3 , EC4 , EC5 , PM4 , PM5 , VC1 , VC2 , VC3
Michael K. Rosenberg, SR3	3	PM5 , SR2 , SR3
Patrick H Little, PM3	3	PM3 , PM1 , PM2
Rudy Erbrich, LD2	3	EC2 , LD1 , LD2
Sarah Rosenberg Brown, LD3	3	EC1 , LD2 , LD3
Sean D. Tobin, LD5	5	LD1 , LD2 , LD3 , LD4 , LD5

# HAPPY ANNIVERSARY TO SEPTEMBER CLUBS

CHARTER DATE	YEARS	Club	CITY
9/29/2006	16	Banfield Barkers	Vancouver
9/1/1981	41	Daylighters	Portland
9/17/2002	*20*	Feedbackers	Portland
9/1/1952	*70*	Lake Oswego	Lake Oswego
9/1/1952	*70*	Newberg	Newberg
9/1/1978	44	Portlandia	Portland
9/29/2006	16	Rose City Toasters	Portland
9/19/2005	17	Roseburg Speakers and Storytellers	online
9/17/2002	*20*	Sage Beaverton	Portland
9/1/1991	31	Siuslaw Tale Spinners	Florence
9/6/2017	*5*	The Toast of Old Town	Portland



# CONTRIBUTORS

---



*B. Lee Coyne, ATMS*



*Leanna Lindquist DTM*



*Dave Bones, TM*



*Lorri Andersen, DTM*



*David Freedman, IP3*



*Mark Thomas, PM1*



*Eldred Brown, DTM*



*Paul Fanning, DTM*



*Jennifer Schmidt, EH2*



*Phyllis Harmon, DTM*



*Jim Robison, DTM*



# Call for Speakers

Seeds of Change ~

## Growing New Leaders


May 19 - 20, 2023

**Do you have a passion for inspiring your audience to take action? If so, we want you as a speaker at District 7's 2023 Annual Conference!**

**CLICK HERE & TELL US ABOUT  
YOUR PRESENTATION**

**Submission Deadline October 30, 2022**





# **Tell Me a Story**

**Toastmasters**

**Tuesdays - 7:00-8:15 pm**

**Meeting Online**

**S**hare ideas through story—Learn how at Tell Me A Story Toastmasters  
[Click here](#) for more information on joining us for an online meeting