

## When One Door Closes. . .

Suzanne Loeb, DTM  
Cover Story, Page 6



# D7 Annual Conference May 13-14, 2022



Where Leaders Are Made



**Deepak Menon**  
DTM, PIP



**Nathan Cook**



**Cathey Armillas**  
DTM, PDG

[Register Here](#)

## Keynotes

**Deepak Menon, DTM, PIP**  
*"Leadership Lessons Learned in Toastmasters"*

**Nathan Cook**  
*"Keep Your Growth Fresh"*

**Cathey Armillas, DTM, PDG**  
*"Rock Your Talk"*

# Dues?

Phyllis Harmon, DTM, PDG - Publisher/Editor



# EDITORIAL

March is done. April looms on the horizon. Did you remember to pay your dues? Finish a project or two? Support your Club mates by volunteering for meeting roles? Volunteer to be a judge, a timer, or a Sergeant at Arms for one or more of the speech contests underway? Did you get everything accomplished in March you intended to do?

If not, why not? My entire litany of questions rests on the first one. Did you pay your dues? Apparently many have not. According to stats I was provided a couple days ago, 29 clubs have not met the minimum requirement of 8 active members, 10 Clubs are suspended, and 29 Clubs have not submitted dues at all for this renewal cycle. Only 72 Clubs of our current base of 139 are in good standing. And only members of those 72 Clubs are eligible to compete. If I remember correctly, only officers of active Clubs can vote at the District Annual Business Meeting in May.

Our District is shrinking. The days of 183 viable clubs, when people were eager to improve their communication, social, and leadership skills seem to have dissipated. I acknowledge that the pandemic is a handy excuse. However, significant shrinkage had been occurring prior to March 2020.

It's as if we've lost our mojo. If we don't find it, we will continue to shrink to a precious few. Perhaps too few to remain a viable District. Being the perennial optimist, I don't believe it's too late to turn this shrinking ship around. It's up to us—all of us. It's not someone else's job. It's ours. Yours and mine. As freewill agents, each of us can participate in the demise or growth of our Clubs. So I return to my original question: did you pay your dues?

A handwritten signature in black ink that reads "Phyllis".

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# VOICES!



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Suzanne Loeb, DTM

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Phyllis Harmon, DTM, PDG

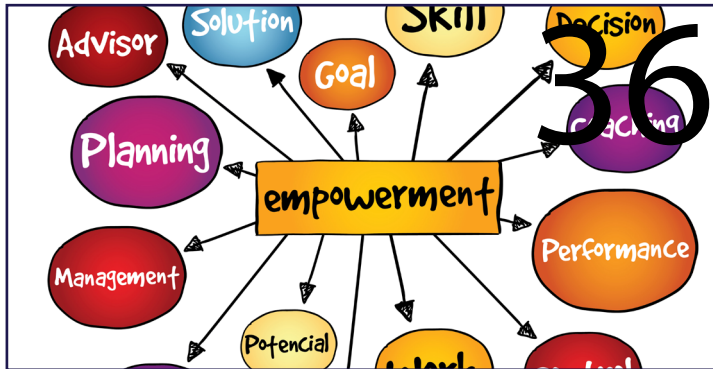
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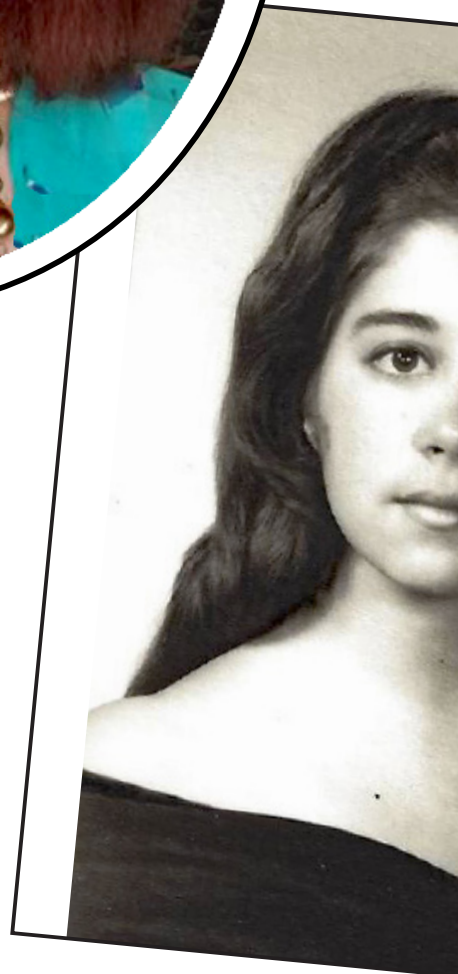
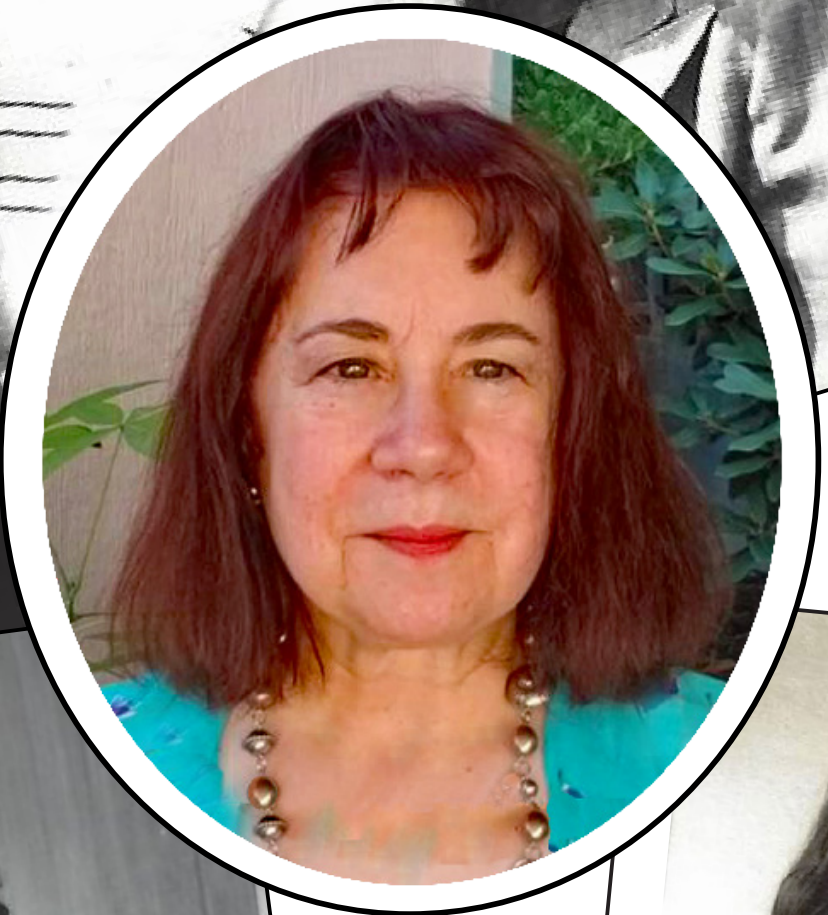
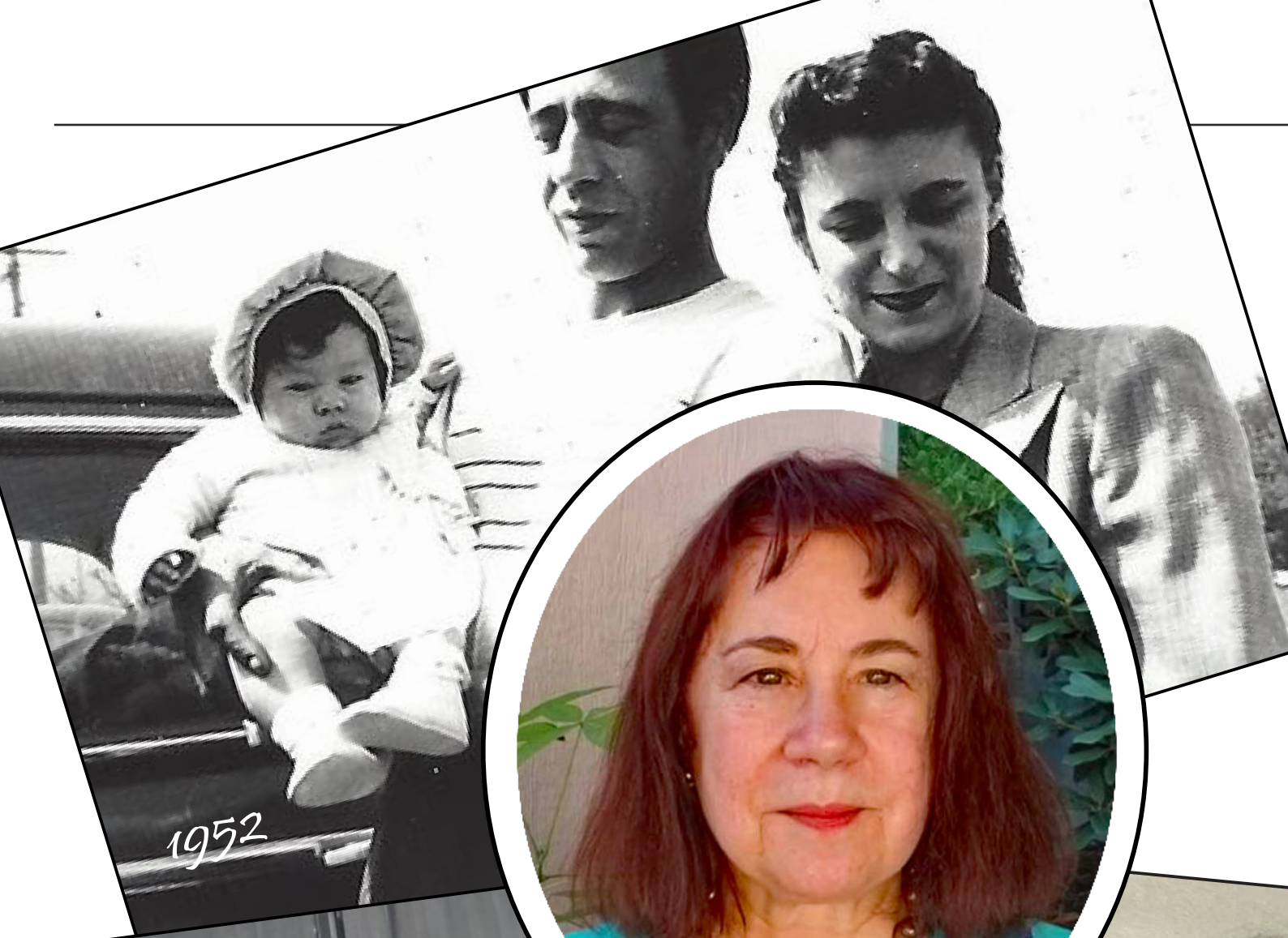


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# When One Door Closes. . .

Suzanne Loeb, DTM

## The Early Years

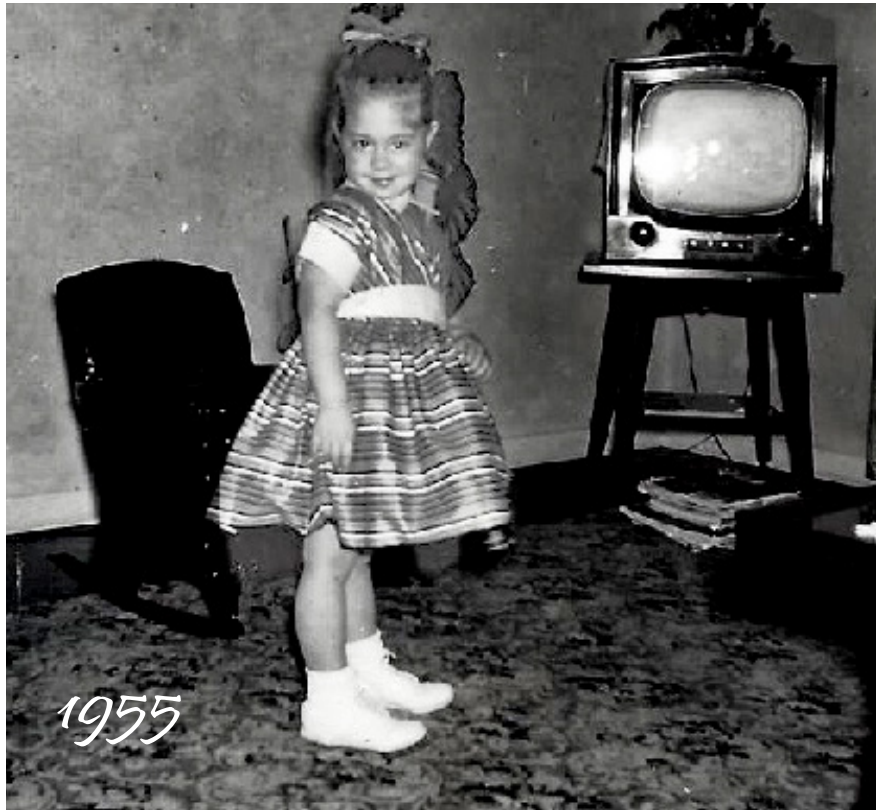
Once upon a time, long, long ago, this weird Italian American girl was born in Omaha, Nebraska. Although her name was Suzanna Mangano, people called her Suzanne, and some called her Susan. She was known for her odd ethnic lunches. Suzanne was unconcerned when unpacking her lunchbox at Fitch Mountain Elementary School, hearing “Ewwwww.” Her classmates always made noises of disgust. She didn’t care. Who would trade roasted pepper on homemade ciabatta bread for peanut butter and Welch’s grape jelly on Wonder Bread? However, every Friday, she said a silent prayer of penance for eating meat and paid 25 cents for a hot dog and a bag of potato chips. On those days, she sat just outside the group of popular children and pretended she was one of them.

You see, her family was from Carlentini, Sicily. In the 1920s, her grandparents boarded a ship in Palermo. Stepping off the boat, as instructed, they got on a train headed to Omaha, Nebraska. There, they joined others from their hometown and settled there. Giuseppe and Sebastiano Salerno were Omaha’s first Sicilian pioneers in the early 1900s. There are stories passed down that told how brave they were, settling in a city with no reliable source of olive oil. They did the best they could, recruited





others from their hometown, and recreated the good life as they knew it. Others called



the area, south of the Durham train station, Omaha's Little Italy. With a shrug and smile of amusement, everyone who lived there accepted the name and went about their business. However, everyone who lived there knew they were Sicilians.

In the early 1950s, her grandparents moved to Healdsburg, California. Their eldest son, Suzanne's father, earlier married a nice Italian girl whose family was also from Carlentini. So that is how little Suzanne found herself in Healdsburg, California.

Her childhood was busy. Her mother believed that children engaged in uplifting activities had no time to get in trouble. A good mother kept her children clean, well-dressed,

and reasonably quiet. Introverted, Suzanne worked diligently in public school, was always predictably picked last for team sports, and was a model student. She attended Catechism classes at St. John's Catholic school on Saturday mornings and Sundays after Mass. In addition, she enrolled in dance lessons, piano lessons, the school band where she played the clarinet, the local library reading program, 4-H, Girl Scouts, Drama Club, and many more activities. Her mother was correct; there was no time to get into trouble.

There was one more odd thing about Suzanne Mangano. She spent a lot of time in libraries. She secretly thought she was Jewish and spent hours in the local library, sitting on the floor in a corner, reading about the European Holocaust and World War II.

Inspired by the story of Anne Frank, Suzanne wanted to be a writer when she grew up, just like Louisa May Alcott. Then, with her hidden flair for the dramatic, she could imagine being an actress and a tap dancer, like Annette Funicello. But, being a doctor and teacher, like Dr. Maria Montessori, would also be rewarding. Finally, since she liked art and impressionism, she thought being an artist would be fun. Maybe she could do it all at the same time.

Of course, you may have guessed—I am Suzanne.

## Education

If there was one word to describe my educational experience, it would be slogging. A slog is an intransitive verb that means (a) to walk or progress with a slow, heavy pace or plod, (b) to work diligently for long hours, and (c) to make one's way with a slow, heavy pace against resistance. That word sums up my educational experience!

The one thing that helped me through school was imagination and my love of games. So much of what I learned through formal education was joyless and practical. Nevertheless, I worked through college alternating between fast food and clerical work, retail sales, and stints as a graveyard shift nursing assistant. I've always done jobs others thought of as practical and versatile, taking on sales positions like recruiting, real estate sales, claims management, and insurance. I worked my way through getting the necessary licenses, certifications, and education needed with elaborate games. Experience translates to transferable skills. Even with the most soul-sapping jobs, the one game I always enjoy playing is my favorite mixing and matching game.

Most of what I learned and continue to use today happened outside the classroom in the activities, clubs, and professional organizations while working as a member or volunteer.

My mother gave me the love of reading, an appreciation of independent learning, the ability to focus on personal accomplishments, and the drive to make drudgery fun.

## Career

Unlike many people, who plan and manage their careers, I fumbled and bumbled my way through life. One door closes, and another door opens. One thing leads to another. It could be destiny, and it could be dumb luck.

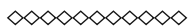
Remember those famous quotes from the Forest Gump novel and movie? Here are my three favorite quotes by Winston Groom, the story's author:

*I may be a idiot, but most of the time, anyway, I tried to do the right thing, an dreams is just dreams, ain't they? So whatever else has happened, I am figgerin this: I can always look back an say, at least I ain't led no hum-drum life.*





*I don't know if mama was right, that we each have a destiny, or if it was Lt Dan, that we are all just floating around, accidental, like on a breeze, but I think . . . I think . . . maybe . . . it's both happening at the same time.*



*Life is like a box of chocolates; you never know what you're gonna get*

Transferable skills are the foundation of my life. Like many people, I learn something then tuck it away until a need comes. Then, when needed, I take the skill or lesson and combine it with what I am learning. Amazingly, it is like that box of chocolates; we never know the outcome or where work will lead us until it happens.

Many of us Baby Boomers can't stay retired! I worked as a safety consultant in healthcare for many years. I keep my safety and emergency management certifications, just in case. The second time I retired was from Puget Sound Educational Service District as their return-to-work manager. In between, I created and conducted training in workplace violence prevention and did other consulting.

There always seems to be a need for something we have learned in the past. As a full-time student at Eastern Washington University and part-time blogger, lessons are learned and used daily. For example, learning how to set up a website for my Early Words Toastmasters Club helped me appreciate my experience as a journalism student in the 1970s and writing for small newspapers—learning how to layout a page online is like setting up a newspaper page.

Although I am one of those off-and-on

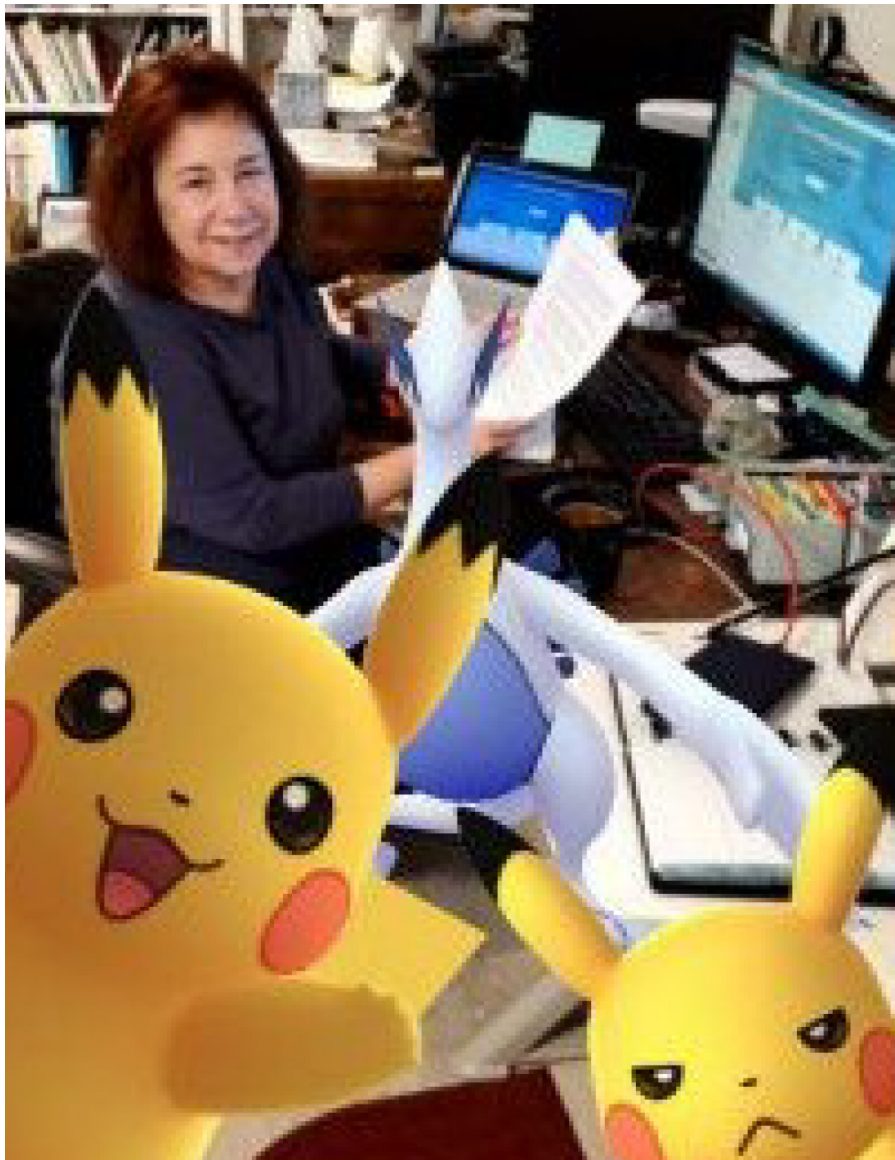
people in Toastmasters, belonging to a club helped me be a more effective presenter and trainer. Currently, I am taking a class in Leadership and Ethics. In addition, having a District 7 leadership position has helped me grasp concepts quickly.

### **Toastmasters**

While working as a safety consultant for Washington critical access and suburban hospitals, I had to step into the spotlight and make presentations or design and conduct employee training. Public speaking is a massive challenge for an introvert. Eventually, practice through Toastmasters helped me drop the 3x5 cards I clutched like a security blanket and finally relax. The most valuable lesson I am still learning is meeting people where they stand and helping them move in the direction they want. I've experienced feeling stuck, unappreciated, and quitting in frustration. Validating, recognizing, and rewarding people are essential in a volunteer organization like Toastmasters. People need to know that what they do has purpose and meaning for themselves and others.

### **Club Coach Experience**

Wake-up Beaverton is a friendly Toastmasters club filled with intelligent people. I joined them via Zoom and observed for several weeks. Members were consistent in giving speeches, taking roles, and putting on a great meeting. The Vice President of Education was doing everything right. However, the Distinguished Club Program



to close the gap and get to the other side of the problem. I've been there myself. Once we understand and desire to change, the rest is easy.

## Looking to the Future

My dream is to live in Sicily, ideally near the water, and spend my time pursuing art and music. But, if that is not possible, I want to go back to Omaha and live in Little Italy.

My mother instilled the need to be productive! So maybe I will use my MBA and do volunteer work, helping small businesses through the Small Business Administration's SCORE program.

## Final Words

Many people believe that Toastmasters is about public speaking, and leadership training is sprinkled here and there for people who may want it. However, taking the course in leadership and ethics

while serving in District leadership opened my eyes to the possibilities of Toastmasters and the importance of influencers. I know people who take a Club-level office but never look beyond their Club.

The next phase of self-development is where all the growth happens. The world needs informed influencers who can lead indirectly. That is how we can make a difference and help make the world better.

numbers were not matching the great work I saw. We reviewed the steps in online record keeping and found they were missing a step in logging the Pathway levels. It was easy to fix. The Vice President of Education did all the hard work. He corrected the process and made the adjustments.

Their story is mine, too. People, or clubs, often get stuck on a process or premise. Maybe it was my experience with consulting and knowing how to trace the wires back and find the issue. Thankfully, they wanted

# Be Distinguished

On Saturday, March 12, Oregon, California, and Washington lifted their mask mandates for most indoor public places. This will allow many of our clubs more opportunities to return to their physical locations either for hybrid or in-person meetings. Knowing how a significant number, maybe even most of our members, long for a return to in-person meetings, this end to most of our mask mandates has the potential to

release a lot of positive energy. An ease on the restrictions will allow for club growth and the building of new clubs. Are we ready to harness that energy and use it to expand Toastmasters opportunities for more members?

What are our goals? Do we want to be a Distinguished District? I know I do. With the continued explosion of new energy, I think it's possible. What do we need to do to be a Distinguished District? What do you need to do to be Distinguished with District 7?

## Club Growth

We currently have 134 clubs in good standing.

- We need to finish the year with 142 clubs to be Distinguished.

To accomplish this. . .

- Every club that's now in good standing needs to pay dues for at least 8 members to remain in good standing.
- The 8 clubs with fewer than 8 members need to pay dues for at least 8 members by April 1 to return to good standing.
- After achieving the above, we still need to build 3 new clubs. For every club that gets suspended from the 8 above, we'll need to build another new one to replace it.



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# d with District 7

## Membership Payments

- We have received 3,068 payments so far this year and expect possibly another 82 this month to bring us to about 3,150 based on numbers from April 13, 2021.
  - We need to finish the year with 4,295 membership payments to be Distinguished.
  - The difference between where we should be on April 1st and where we need to be on June 30th is about 850 membership payments.
  - We need to sign up another 850 members (new, reinstated, or dual) by the end of the Toastmasters year. (Members who join a club in March and renew their memberships on April 1st will count as two membership payments. If you have a guest who's about to join, get them to join in March so they count twice.)
- June 30 is 43 Distinguished Clubs.
- We need to help another 43 clubs finish the Toastmasters year Distinguished or better. (All of the above numbers were as of the time I submitted this article on March 15. They will most likely be even closer to our goal on the day this issue of *Voices!* is published.)
- Knowing our goal of becoming a Distinguished District, and knowing what we need to do to get there, are you with me?
- I know things have been challenging with the pandemic, but we are near the end of the Covid tunnel. Wouldn't it be awesome to blast out of the tunnel and bring the Toastmasters experience to more people and back to the many people who dropped out because of the pandemic? We can do this, but we need you on board to make it a reality. We, your D7 Trio, invite you to be Distinguished with District 7!

## Distinguished Clubs

- We have 13 clubs that will be Distinguished on April 1st if they maintain their current membership numbers.
- We need to finish the year with 56 Distinguished Clubs to be a Distinguished District.
- The difference between where we should be on April 1st and where we need to be on

# CHANGE YOUR APPROACH

Lorri Andersen, DTM

Program Quality Director

Recently, I thought about Chris Hodges who was the instructor for a class I participated in a couple years ago. On the first day, he said, “the approach you take in this class is much more important than the material itself” He encouraged us to build good daily study habits, watch our attitudes when studying the material, and to take the time to build a desire within ourselves to really learn rather than just studying out of a forced, self-made mandate and memorization. I took his encouragement to heart, and began to study as he suggested.

Halfway through the course, I realized I was falling back into a habit I had developed when I was busy and tired, I’d cut corners on studying and wouldn’t give it my best. After some self-reflection and introspection, I got back on track. I ended the course feeling like it was one of the best I had ever taken.

I remember when I first joined Toastmasters, I wanted to finish speeches as fast as I could. Now with my Pathways journey, I have developed a different attitude. I want to experience learning the speech material and lessons as much as I can. My approach and goals are different. My approach is to learn

enjoyably and steadily, and my goal is to give back and pay it forward. I thought about this as I recently reflected on Chris the instructor and that class..

Consider your Club’s Distinguished status along the lines of approach. What is your thought process on the approach to the Distinguished Club Plan? The approach I took in my beginning days of Toastmasters was to finish as many goals as fast as I could. I still think finishing goals in a timely manner is a great and necessary thing to do although my thoughts on the subject have changed. The Distinguished Club Status is more than just a number. It shows that Club officers may be building other skills such as leadership and team dynamics. People may be completing projects for the experience of learning rather than for the numbers. I like the Distinguished Club Plan because it is often a stretch goal, and it helps me improve and keep learning.

A few weeks ago, I listened to a speech on project management presented by Linda Holden. Although I have studied project management, this speech commanded my attention. Interested and inspired, I





**THIS WAY?**



**THAT WAY?**



**WHICH WAY?**



**RIGHT WAY?**

asked for a copy of the presentation slides. The summary reminded me of our speech evaluations. Be positive and use your voice to inspire, compliment honestly, and remain calm. Learn to listen and practice good communication skills.

The skill of learning effective evaluations is something that can help us and others in all facets of our lives. It's the approach we take in evaluations.

Toastmasters has many benefits and its they become more apparent every day. Why do I stay in Toastmasters? I stay to learn, and if what I learn can effectively help others I'll continue to stay and learn. Helen Blanchard Past International President said, "If you get out of Toastmasters all that there is to get out of Toastmasters, you'll never get out of Toastmasters." Let's consider our approach to learning. I'm glad we are on this journey together.

# What Can **You** Do to Help?

Jim Robison, DTM - C

The Toastmasters year is three-quarters done, and many of us are wondering “What can we accomplish in the final quarter?”

As an exercise to consider what is possible, I decided to list out various Toastmaster objectives that can be completed within this time frame and estimated what is the realistic minimum time required. These tasks might take longer, but they certainly can be completed within these times. and often are.

1. A club can plan and host an Open House or special workshop event, and with district support (\$50 boost) publicize the event. (30 to 60 days).
2. A prospective member can contact a club, get a call back from the club Vice-President of Public Relations, learn about the club, decide to join, attend a meeting, and become a new member. (Often, in just a few days, this happens in my home club frquntly).
3. A new member can get some help accessing Toastmasters Pathways (<https://d7toastmasters.org/pathways-learning-center/>), be mentored for their Ice Breaker speech (<https://www.toastmasters.org/pathways-overview/ice-breaker>), schedule, plan. and present their Ice Breaker speech. (1 to 2 weeks.)
4. A new member can complete the projects required for Pathways Level 1 (5 weeks to 3 months).
5. A Toastmaster can complete the projects required for Level 2 (5 weeks to 3 months).
6. A Toastmaster can complete the projects required for Level 3 (5 weeks to 3 months).
7. A Toastmaster can complete the projects required for Level 4 (5 weeks to 3 months).
8. A Toastmaster can complete a High Performance Leadership Project (HPLP) (2 to 3 months).
9. A Toastmaster can complete the projects required for Level 5, including the HPLP (2 to 3 months).
10. A Toastmaster can identify a lead for a new club, work with that lead to plan, schedule,

# Finish the Year Strong?

## Club Growth Director

- publicize, and conduct a kick-off meeting, and get enough Charter members to Charter the club (1 to 3 months). (That Toastmaster would win a \$100 gift certificate to the Toastmasters store and the club would get \$200 in Toastmasters equipment and supplies to get the club off to a good start.)
11. A Toastmaster can review their club's website, and the club listing at [toastmasters.org Find-A-Club](https://toastmasters.org/Find-A-Club) to ensure that all information is accurate so that prospective members find it easy to contact the club and visit a meeting. (20 to 30 minutes).
  12. A Toastmaster can fill out a volunteer form at <https://d7toastmasters.org/beyond-the-club/> to let District leadership know what they are willing to help with beyond their club (5 minutes).
  13. A Toastmaster can fill in a Bingo card entry to indicate the various tasks they have accomplished this year (<https://d7toastmasters.org/incentives/>) and win prizes (2 minutes).
  14. Club officers can follow up with their new club members to confirm they completed the [new member survey](#) and be entered for a prize drawing (3 to 5 minutes per new member).
  15. Club officers can send the guest survey to all [guests who visit their club meetings](#) and be entered for a prize drawing (1 minute at each meeting).
  16. A Toastmaster can write an article about their Toastmasters experiences and submit it for publication in Voices! (2 hours to 2 weeks).
- Much can be completed in the next 3 months. What if these items are repeated by multiple individuals? For example, if each club added one new member every other week, that would be 6 new members per club and 840 new members in the District. If one person in each area found one solid new club lead to work with to plan, publicize, and conduct a club launch, that would be 35 new clubs!
- Consider what on this list you can accomplish.



# Take the Bus

**PJ Kleffner, DTM - Immediate Past District Director**

Salesmen often get a company car as one of their job perks. The best job I ever had didn't include a company car – it came with airplane tickets! For ten years, I was a Sales Engineer for a high-tech company. I worked in the international group that supported our distributors in “developing markets.” These were mostly third-world countries. During that ten years, I racked up nearly a million air miles visiting thirty-three countries on six continents. I quickly discovered that the best way to immerse myself in the local culture was to take the bus. .

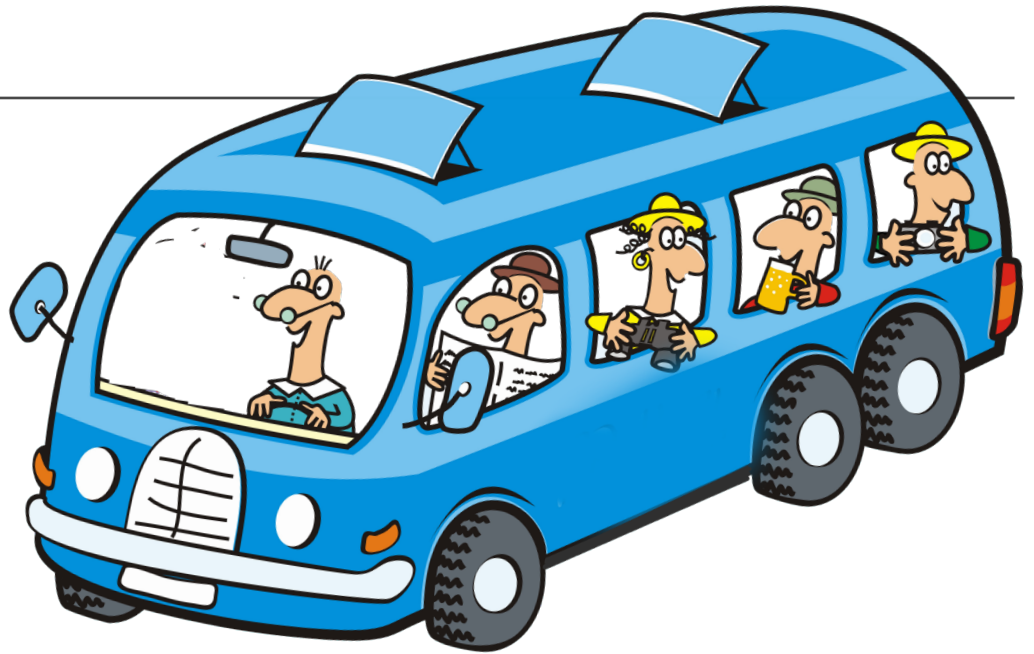
Just a few weeks into my new job in September, 1989, I was sent to cover a trade show in South Korea. We had lavish expense accounts so we usually took a taxi or had a hired driver everywhere we went. I stayed over the weekend and decided to book a sight-seeing tour. It departed from a different hotel, so I took a taxi there to meet the tour bus. The tour guide, Mr. Lee, saw me get out of the taxi and asked where I was staying. When I told him, he said, “You should take the bus when we get back. It will be much cheaper. He told me the bus number to catch and said it would stop directly in front of my hotel.” I wasn't worried about the money, but I thought it would be a good experience.

As we returned to the drop-off point after the tour, Mr. Lee was reminding me about taking the bus back to my hotel. What I didn't know

was several years before, some college students were killed by the police during a protest. Each year, students would march to commemorate that event. As the tour bus turned the corner and stopped in front of the hotel, something didn't seem right. The hotel was on a very busy, major 8-lane street, but there were no cars! A couple of blocks up the street, we saw 10,000 students marching toward us. Coming from the other direction was the Seoul riot squad, decked out in helmets, face masks, shields, and batons. They were marching toward us in a flying wedge formation. We were at ground zero! Mr. Lee looked at this, then turned to me and said, “Maybe better take taxi.”

Fortunately, there was a taxi queue right in front of the bus stop, so I got out of there before the fun began. In spite of my intention, I didn't get to ride the bus during that trip to Seoul.

Then there was the ride on a small, commuter bus in Kuala Lumpur, Malaysia. There was a large open market fairly close to my hotel, and I decided to venture there on a bus. I found out which bus went there, but I didn't know the name of the stop, or exactly how far it was. Our local distributor had taken me there before, so I knew I would recognize it. When I got on the bus, I soon discovered there was a problem. I am six feet tall, which is a foot or more taller than most of the people in Kuala Lumpur. The bus was



absolutely packed, and I wound up standing in the middle of the aisle. My head was way up in the dome of the bus, so I couldn't see out the windows, which were much lower. As I bobbed and weaved, trying to see around their heads out the window, some of the passengers asked me where I was going. When I told them, they said, "Don't worry. We'll tell you where to get off." Everyone was very friendly and asked all the usual questions – "Where are you from?", "How long are you staying here?", and so on.

The bus was so packed, I was a bit concerned about my own personal hygiene, especially because a man's head was literally jammed in my armpit. He was very friendly and kept turning his head to look up and talk to me. Have you ever experienced curry breath that would peel paint? I tried to listen politely, but occasionally turned my head to the side to suck in a breath of fresh air. Fortunately, it was a short trip, and I survived. Overall, it was a very nice trip and I met some wonderful people.

I'll never forget the large, double-decker, inter-city bus in England. The bus that took a couple of us to Stonehenge must have been an express, because it went almost directly there. The return trip was quite a different experience. We boarded the bus, went to the upper deck, and sat in the very front row for the great view.

When the bus got to a small town, it stopped and picked up a bunch of school kids. We soon discovered that this large, inter-city bus had just morphed into a school bus. We turned off the main road and dropped kids off in front of houses on residential streets.

The most interesting part of this ride were the half dozen school girls who came bounding up the stairs and rushed to the front of the bus. They sat in the rows immediately behind us, and talked like we wasn't even there. (It occurred to me later that we were probably in their usual seats.) They talked about homework, clothes, hair, and boys! One of them said, "Boys are so gross." Another one said, "Yeah, they don't use the toilet. They just pee in the bushes." Another girl quickly added, "They pretend they're going to pee in the bushes. I think they just like to look at each others' willies." I often wonder what they might have talked about if there weren't a couple of middle-aged men sitting right in front of them. I have never felt so invisible.

Thirty years later, I have vivid memories of these bus rides, even though the rest of the trips faded long ago. To make your own lasting memories when you visit somewhere, I recommend that you take the bus!



# **2022-2023**

## **District Executive Committee Candidates**

### **District 7 District Leadership Committee**

District Director: Lorri Andersen  
Program Quality Director: Jim Robison  
Club Growth Director: No nominated candidates\*  
Division A Director: Renee Taylor  
Division B Director: Shilpa Singhal  
Division C Director: Mark Thomas  
Division D Director: Liz Spitzer  
Division E Director: Thuy Tran  
Division F Director: Gwendolyn Avington  
Division G Director: Craig Cottle  
Division H Director: Emily Myers

Elections will be held on May 14, 2022 during the District 7 Toastmasters Annual Business Meeting.

Nominations are still open. If you wish to run from the floor for any of the above listed positions, please contact District Leadership Committee chair PJ Kleffner, DTM at [DLC@d7toastmasters.org](mailto:DLC@d7toastmasters.org) no later than May 3, 2022.

*\*Current Toastmasters International policies and protocols require that the District Leadership Committee nominate a minimum of two candidates for the Club Growth Director Trio position. If only one candidate is interviewed then said candidate is required to run from the floor.*

Wendy Fan, PhD

# Journey to the Stars

From country girl to rocket scientist, Wendy Fan, PhD, conquered dream-busting challenges on her journey to the stars. Join us and learn how you can beat the odds and bring your dreams to life.

A chemist turned rocket scientist, Wendy Fan worked at NASA and SpaceX. She joined Toastmasters in 2019 to improve her communication and leadership skills. Wendy believes Pathways and serving as a Club/Area officer are the fastest way to grow.



**JOIN  
US!**

## Marylhurst Toastmasters

April 7, 2022 - 6:30 - 8:00 pm

[marylhursttoastmasters.org](http://marylhursttoastmasters.org)



# District 7 2021

<p><b>Program Quality Incentives</b></p> <p>Lorri Andersen: <a href="mailto:pqd@d7toastmasters.org">pqd@d7toastmasters.org</a></p>	<p><b>Club Growth Director Incentives</b></p> <p>Jim Robison: <a href="mailto:cgd@d7toastmasters.org">cgd@d7toastmasters.org</a></p>
<p><b>Member Incentive</b></p> <ul style="list-style-type: none"> <li>Every Toastmasters Member that completes the Pathways Mentor Program will win a Toastmasters Core Jacket (Item 7078 or Item 7079).</li> </ul>	<p><b>For Clubs that started the year with fewer than 20 members (Base Membership below 20):</b></p> <ul style="list-style-type: none"> <li>The first 40 Clubs who submit dues payments necessary to be eligible for DCP status (20 members or net growth of 5) by Mar 15th, 2022 will receive one Speechcraft Digital Bundle (\$50 Value))</li> </ul>
<p><b>Club Incentives</b></p> <ul style="list-style-type: none"> <li><b>Seven Officers Trained</b> Every Club who has all 7 officers trained during the winter training period ending on February 28, 2022, will win a \$50 Toastmasters International gift certificate payable to the Club.</li> <li><b>Distinguished or better by April 1, 2022</b> Clubs that become Distinguished or better by April 1, 2022, will win a \$50 Toastmaster International gift certificate for their Club.</li> <li><b>Distinguished or better by June 30, 2022</b> Clubs that become Distinguished or better by June 30, 2022, (and did not qualify on April 1) will win a \$25 Toastmaster International gift certificate for their Club.</li> </ul>	<p><b>For Clubs with a Base Membership below 20:</b></p> <ul style="list-style-type: none"> <li>Every Club with a base membership below 20 will win a \$15 gift certificate to the TI store for each dues paid membership at the end of June 2022 above the Club's Base, up to 20 members.</li> </ul> <p><b>Club Special Events: All Clubs who. . .</b></p> <ul style="list-style-type: none"> <li>Schedule a Special Event (open house, workshop, etc.) to be held during the current Toastmasters year and have it announced on the District 7 Event Calendar at least 1 month in advance.</li> <li>District 7 will provide the Club a \$50 Boost of an online ad for the Special Event.</li> <li>Limited to 1 qualifying Club special event per calendar quarter.</li> </ul> <p><b>New Member Surveys</b></p> <ul style="list-style-type: none"> <li>A New Member Survey will be sent to every new member.</li> <li>Every member who completes the New Member Survey is entered into a monthly drawing for a random prize (various promotional items from TI). The Survey asks new members a little more in depth about what brought them to Toastmasters, how they found the Club, and what they hope to accomplish.</li> </ul>

# 1-22 Incentives

## Club Growth Director Incentives

Jim Robison: [cgd@d7toastmasters.org](mailto:cgd@d7toastmasters.org)

### Guest Surveys

- We provide a Guest Survey link to all Clubs and ask them to provide the survey link to all guests who are not current Toastmasters.
- The Guest Survey will ask questions about how they learned about Toastmasters, how they found the Club they visited, what was their guest experience, did they decide to join, why or why not?
- Every guest who completes the survey earns an entry into a monthly drawing for a \$20 TI Gift Certificate (repays their new member fee).
- For the Club visited, the Club will get a drawing entry to win an end of year grand prize: A customized sidewalk sign or other option of similar value.

### New Club Leads

- District 7 will award a \$100 gift certificate from Toastmasters International to any member who submits a new Club lead that results in a chartered Club by June 30, 2022.
- All leads\* will be entered into a final drawing. Three winners will be awarded a \$25 gift card from Toastmasters International.

*\*To qualify, a lead must include a specific contact person who is interested in building a new Toastmasters Club.*

### New Clubs

- New Clubs chartered by June 30, 2022, will receive their choice from a selection of Club materials up to a value of \$200.  
Examples of items to choose from
  1. Custom Club Banner
  2. Portable Lectern
  3. Timing Light
  4. Lectern Banner
  5. The Writings of Dr. Smedley
  6. HD USB Webcam & Microphone

# Upcoming Online Webinars

July 14	August 4	September 1	October 6
Plan for Club Success! Panel Discussion <a href="#">Watch the Replay</a>	Moments of Truth Eldred Brown, DTM <a href="#">Watch the Replay</a>	Club Charters R US! Emilie Taylor, DTM <a href="#">Watch the Replay</a>	Mentorship: Molding Toastmasters Dr. Gwen Avington, IP5, DL5 <a href="#">Watch the Replay</a>
November 3	December 1	January 5	February 2
Road to the Coveted Distinguished Toastmaster Award Cheri Redgrave, DTM <a href="#">Watch the Replay</a>	Judges Training Erik Bergman, DTM <a href="#">Watch the Replay</a>	Build an Open House! Brent Smith, DTM <a href="#">Watch the Replay</a>	Successful Club Series Timber Talkers <a href="#">Watch the Replay</a>
March 2	April 6	May 4	June 1
Make a Point with Storytelling Tiger McAndie, DTM	Getting involved beyond your Club.	Club Officers, make your Club strong!	How our Club achieved Success!





# Harness The Power Within Your Club

April 6, 2022

6:30 - 7:30 pm



## Join Us Online!

Presenter:  
Beth Pinchot, DTM



Presenter:  
Theo Kersjes, DTM, PMP



[Register Here](#)

Leverage connections in your Club and unlock massive potential in your life.

In this session you will:

- Gain new perspective on networking in Toastmasters
- Think big about ways that Toastmasters connections could impact you
- Ideate and make a plan to change your life from the inside out

### About the presenters

Beth has built a career through adaptability and fun. She's worked across a variety of fields including construction, healthcare, technology, and sports apparel. She brings her whole self into everything she does. She discovered her superpower in life; authenticity practiced with integrity. She's excited to help people connect with their true selves - the "you" that's been hiding inside all along.

Theo is a technology and business leader who is providing expertise and direction for cutting-edge technology initiatives, and he likes to talk about it. Ask him what cutting-edge tech he is working on, and how it makes an impact on society. Obviously, he found his passion. Theo advocates for everyone to find their professional passion, it will lead to your days being more fulfilling, productive and results in more happiness and well-being. Theo is a member of PMI Portland Toastmasters in Portland, Oregon.

**WALLMASTERS  
INTERNATIONAL**  
#4428 | TIGARD, OREGON



**Supportive & Friendly**

**10 DTM Members**

**Distinguished Club for 20+ Years**

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**Come visit a well-established, high-achieving  
club committed to excellence & success.**

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**Fridays | 6:35-7:45am PST**

**[bit.ly/wallmasters](https://bit.ly/wallmasters)**





# Wearin' of the Green

**Paul C. Fanning, DTM**

Ah, faith and begorrah. It is that time of year when ye who claim the green from the Irish Isles celebrate-whether ye be a native born of the auld sod, or a descendent, adopted or adapted, everyone is Irish the 17th on Saint Patrick's Day-Saint Paddy's Day to us blessed by the Blarney Stone and anointed with the luck of Finnegan himself. Green ale and potatoes aside, the wearing of the green has influenced my life



from a young age, but not the emerald or Kelly green, instead it was the olive green of the Boy Scouts that had a profound impact.

Two volunteer organizations have indeed

shaped my life, one from age eight and the other in the past fifteen years. The first was the Boy Scouts, and to use the proper term of the day, the Boy Scouts of America. That was my first introduction to the wearing of the green.

There was a book published in the early twentieth century entitled "Scouting on Two Continents" by Frederick R. Burnham, who had learned to "scout" in the United States and Canada in the late nineteenth century before becoming a military scout under Lt. Colonel Robert S.S. Baden Powell during the Boer War 1899-1902. I was a Scouting legacy from two continents. My mother's father had been a British Scout and Rover Scout and remembered meeting the founder of the Scouts, Baden Powell, at a rally in London in 1920. Grandfather had very fond memories of his Scouting days and was a constant encourager for me to join the "programme" when I was of age. My mother had been a Brownie and Girl Guide in London until Mr. Hitler interfered with her meetings during WW2. My father and his father participated in the program here in the United States. Grandfather was a camp ranger while my father went from Cub Scout to Life Scout before high school



and the war ended his youth Scouting career.

Thus, what chance did I have to avoid becoming a member as well? None. September of 1962 found me with mother and father in the school auditorium for the great rally and sign-up night. Before the end of the evening, I was a member of Pack 607, Den 3 (Who are we? Den 3, yessiree!)

With Mrs. Elmer (Esther) Jorgensen, Den Mother and Jimmie Houghton, Den Chief as our leaders. Our lively den of eight members earned our Bobcat badge and six of us lasted until we became Webelos under Mr. Jorgensen in 1965. Four of the six made Eagle Scout, thus 50% of the original den by our high school years, although by then in different parts of the state and troops.

In the old, old program, one could not become a Boy Scout until you were 11 years old. I was the last of the den to cross over from Cubs to Scouts in August 1965, just in time to begin the new Scouting year in Troop 604, Mustang Patrol, Gary Harris Patrol Leader, Jimmie Houghton as our Senior Patrol Leader, and Mr. Harris as Scoutmaster. My father, then a Chief Hospital Corpsman in the Navy, was given so much Scout equipment and uniform parts by fellow medical staff that I did not need to purchase anything. My first uniform, “experienced” by another Scout, with older red piped pants pockets and metal buttons with the Scout sign and BSA on

them took me through my first year. I proudly wore my green uniform, shouldered my 1950’s Scout backpack and ate out of the aluminum mess kit and cup on my first camp out. But it was the snazzy greens, with my Tenderfoot badge, my Arrow-of-Light badge, and my three-year service pin of which I was proud. I had a “winter” and a “summer” uniform shirt as well as long pants and shorts with the knee-high socks and



the garters with the green flashes. However, the weekly recitation of the Scout Oath and Law and their significance (required to say from memory and explain their meaning for Second Class Scout rank) was what took hold in my daily life. I was reminded by the knot on the scroll badge to not only Be Prepared but to Do a Good Turn Daily. It was a code of life for those who took it seriously. We would close each weekly troop meeting with the Scout Vespers song with our fake campfire (wood, tinfoil and red-painted light bulbs) in the center of the auditorium floor singing “Softly falls the light of day as our campfire fades away. Silently, each Scout should ask, have I done my daily task? Have I kept my honor bright? Can I guiltlessly sleep tonight? Have I done and have I dared, everything to Be Prepared?” As hokey as it sounds in today’s society, then we were in a war overseas, knowing that as we sang that song, some young man in the military may have given his life that day for our freedom. It was beholding to us to prepare ourselves and keep ourselves alert and attentive to our surroundings, the expectations requisite to being a Scout, and to keep our heads high and proud of our association with the Scouting program. There were many other rituals and thought-provoking times in my Scout career; becoming an Eagle Scout, being elected to the Order of the Arrow, the Scout Honor Camping Society, our other awards, and achievements which for me included the Gold Quill Award for Journalism that I have written about before. Each level, each rank, each leadership position,

strengthened the ideals, aims and authenticity of the Scouting program and its impact on self and society.

Today, I am still “bound” by the code of honor and that which the Scouting program taught me. Many of those values are considered passe as well as not even acceptable in today’s society. Scouting has changed drastically since 1965 with boys and girls being Scouts, the digital age, and the loss of so many of the outdoorsman, agricultural, and farming merit badges being replaced by business and computer skills. I wanted my Totin’ Chip card which allowed me to carry a pocketknife at age 12. Today we would think that was unconscionable, and God forbid, to use an axe! But that was the program I grew up with and how it has influenced my life.

Of course, the other volunteer program that has impacted my life has been Toastmasters. Next month I will explore that influence as part of my Gleanings. But in the meantime, just think of me wearing my green, not the standard Irish paddy hat, vest, and curled shoes, but my 1960’s green Boy Scout uniform. Rain or shine, spring, summer or fall, and know that I still can sleep the sleep of one who has done their best, have done and dared, to be prepared in the 21st century.





# Let That Brain Blossom

**B. Lee Coyne, ATMS**

From deep beneath the soil, the signs of Spring are awakening. Subterranean hibernation has ended. Plant life resumes.

Just as horticulture has its renewal so too does our human mind. Let's allow new ideas and practices to also start to sprout. There shall be no excuse for stagnation, whether young or old.

I pen this column as a retired therapist who has worked in five states. The result has been diverse people and problems. Covid has derailed those normal routines and made coping far more difficult. Hence, we all need greater courage to face our future.

I therefore introduce you to a Positives Plus project I have created. Some counselors choose to immediately focus on your devastating problems. I find that counterproductive. It saps self-confidence!

In our garden of worries, we seek out more fertile ground. Instead we explore success stories where we met up with major obstacles.

At the beginning the outlook was dim. We felt ourselves involved in a losing battle. Yet we refused to surrender and run away.

Gradually a new day dawned. The clouds lifted away. Our new strategies began to bear fruit. We ultimately came out on top.

Let that pivot point be our lesson in life. Permit that to become our inspiration when facing a serious challenge of today. We can grow within once the brain blossoms. Sprinkle in self-love.

# Becoming a Serial Killer 101

Ken Coomes, DTM

Of course, I'm not talking about murder! This is a column about writing, speaking, and (I hope) thinking. Mainly about writing. So I'm talking about something old that is becoming new again —writing serial fiction. And hopefully helping you “kill it” as a serial author.

Why do I suggest serial fiction is old? Partly because one of the earliest examples of serial fiction often cited is Charles Dickens. Add my childhood to that (see below), throw in today's television (well, not just today's television, but yesterday's as well) and you probably “get it” by now—why I'm writing about serial fiction, and why I'm calling it something old.

Serials are ongoing stories, published in installments. Novels, such as *A Christmas Carol*, were published serially in Charles Dickens' day. Perhaps because more people could afford a “penny paper” than a hard-bound novel in those days. Or maybe because there were fewer “big publishing houses” then.

Speaking of “the good old days,” when I was a child (no, this did not precede Dickens' days) I remember going to the theater almost

every week with my parents. Admission was a quarter, and for that, we saw a movie, a newsreel, a cartoon, and an episode of Tarzan (a serial episode), all in black and white. Before you start figuring out how old I am, color movies came along while I was still a child.

Today's serial fiction is frequently published in episodes about 30-40 minutes long—enough time for many commutes both ways (for some, one way of their commute). Or long enough for a short jog or a walk in the park. I suspect many of you often listen to an audiobook when driving, jogging, or walking, as so many of us do in today's world. Another beautiful thing about serial fiction, for authors and readers alike, is that many serial fiction novels (the finished “season” of a piece of serial fiction) consist of one full “season” (13-18 episodes).

From the perspective of an author or publisher, this can mean writing a piece that is 15,000-25,000 words long, rather than forestalling completion until you have somewhere between 50,000-100,000 words. For readers, it can mean spending less to



purchase a completed “season,” as well as taking along a smaller book on your trip to the beach or the park (although so many readers use a Kindle, Kobo, Nook, or other digital readers, that this probably doesn’t matter as much).



Streaming services and networks offer serial fiction by way of episodic shows. While most of them remain visual medium offerings only, “Castle” (used to air on ABC) led to some hardbound novels. Including *Heat Rises*, *Heat Wave*, and *Naked Heat*, written by Richard Castle (undoubtedly a nom de plume). If memory serves, each of these books was referenced in the television show, as well. Ah, the synergy of cross-platform promotion!

Serial fiction, whether you consider it old or new, is experiencing explosive growth. I’m aware of nine platforms that offer serial fiction

today, including one of the latest, Kindle Vella (not to be confused with Kindle). Let us not forget Podcasts, either. Especially with the establishment of a Podcast as an elective choice in each Toastmasters Path.

Over the next few months, in this column, we’ll take a look at some of the various platforms for serial publishing, tips and techniques for succeeding at writing serial fiction, and more. And don’t be surprised if I toss in a challenge or a contest or two—maybe even in serial fashion!

# Boldly Going Where Toastmasters Have

Jennifer Schmidt, EH2

As if using the transporter from Star Trek, I materialized into the Area 63 Speech and Evaluation contest by Zooming from home. I felt like a technology pro in this second year competing virtually in an Area contest.

This is a huge contrast from March of 2020, when I drove to the Tualatin Library to physically sit in the audience. That day I cheered on Kaushik Balasubramanian who won the competition. By April of 2020, New Horizons catapulted into our first zoom meeting where, “you’re on mute” became its own catchphrase. As a club we pushed forward learning and laughing together. Technology was both a friend and a foe that we begrudgingly invited into our lives due to necessity.

At that time, admittedly zooming was way out of my comfort zone, but I enjoyed seeing the smiling faces of New Horizons club members. FOMO (fear of missing out) was stronger than my reluctance to learn how to use zoom effectively. It wasn’t as bad as I thought it would be, once I gave it time and figured it out. My horizons, in fact, have expanded in this new virtual world and include:

- Competing in two virtual Club Contests
- Competing in two virtual Area Contests
- Becoming the first virtual VPPR of New Horizons (2020 - 2021)
- Becoming a virtual charter member of PR Masters in 2021

- Learning CANVA and co-presenting in the virtual PR Masters CANVA seminars in 2021 and 2022
- Visiting several clubs virtually in 2021 and 2022 and meeting a ton of Toastmasters
- Attended virtual seminars held by fellow Toastmasters

As you can tell the key word is virtual. As I write this list, it’s hard for me to believe I actually did all these activities virtually. Through each experience, I learned something new, while meeting fantastic people along the way.

This journey was quite the change from driving an hour to Tualatin, Oregon from Vancouver, Washington early every Saturday morning in order to arrive at 8:00 a.m. I would eagerly participate in the Toastmasters meetings, but not really do anything Toastmasters related until the next Saturday when I would drive south again.

Ironically, Toastmasters became a larger part of my life when I wasn’t there physically. Zoom was my Scotty and I materialized here, there and everywhere. I learned how to not just tolerate technology but embrace the many golden opportunities of doing more. No driving, traffic, parking, and more chances to explore, learn, and grow—yes, please!

Along the way I was challenged, such as when I created my first meeting post for Facebook.

# Never Gone Before!



I remember wavering between hesitation and curiosity until I actually tried CANVA and discovered I liked it, I mean REALLY liked it!

I also met lots of interesting people from different parts of the globe, who, without Zoom, I wouldn't have met. I'm not flying to England, Australia or even Disney World anytime soon. Hearing the different perspectives and the fun stories was and is still extremely cool.

Since it's renewal time, you may be thinking about the benefits of Toastmasters. District 7 also has many virtual opportunities which can boldly lead you to new learning while also having fun. I encourage you to consider the following events:

**Conferences**—Toastmasters Leadership Institute (TLI) gives new officers training for their roles. Often overlooked, these conferences offer everyone the opportunity to learn more about topics related to leadership and public speaking. Past topics included: "How to RECEIVE Feedback Well!" presented by Kaushik Balasubramanian; "Have You Considered Networking?" with Cleon Cox III; and the team presentation "How Toastmasters INSPIRES" by Joe Harper and Bill Maher.

**Contests**—Want ideas for your next speech? Contests are a great way to see what speech topics people are choosing and how they're presenting them. The District calendar lists all the Area, Division, and District contests. All of these contests are scheduled on different days and times giving you lots of chances to watch them at your convenience. Watching how contestants evaluate after observing a model speaker can also be helpful information when you give your next club evaluation.

**Education Opportunities**—Want to know how to use programs like Canva™ or other technical subjects? Check out educational programs including the District 7 Learning Lab or Tech Tuesday. There are also special club events that focus on specific topics such as interviewing and debating skills.

As you send in your renewal, consider all the golden opportunities you can grasp from the comfort of your home. This really is the Star Trek age as we explore new topics, seek out new Toastmasters, and boldly go where we've never gone before!



# Call and Response

David Freedman, PM2

Learning to give permission to yourself to create your own projects takes time. Sometimes you need a good kick in the rear in order for you to find your focus. In this case, that kick came in the form of two requests made from different people in my life.

Almost exactly one year ago, I was surprised and delighted to receive an invitation to write a column for *Voices!* by our very own Phyllis Harmon. Phyllis had known I was a writer and asked if I would be willing to write articles on a monthly basis. After a moment's hesitation, I said yes.

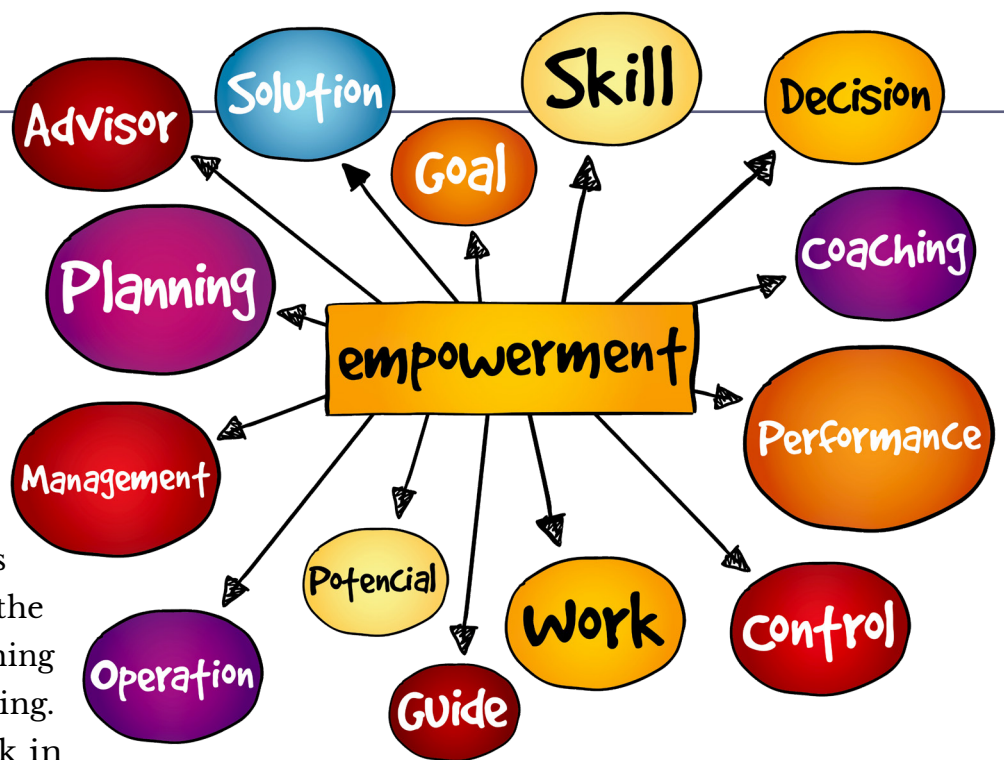
Why the hesitation? For a long time, it seems like I've always needed other people's permission to sit down and write. In one sense, this was no different; I'd be writing for a deadline and with a set word count. However, it also gave me a chance to focus on my skills as an essayist as well as work on my blog, "Freedman on the Go." In short, it gave me some opportunities to further my own creativity. But again, I was doing so at someone else's behest. Perhaps writing for other people helps in some regards because it keeps me on task and allows me to put myself out there in ways I might not have otherwise thought about.

In this case, I'm able to share my own stories and experience with Toastmasters, which I'm delighted to do. However, I'm still working on finding ways to bolster my creativity without a metaphorical whip lashing me from behind, forcing me onward.

Also last year, my mother asked me if I'd be willing to take a screenwriting class by a teacher she admired. My mother had created a short film online that went viral several years ago, and she'd found her own love of screenwriting in the process. I'd been a writer from a very young age, but when she asked me about taking the screenwriting class, I still hesitated before saying yes. I was trying to find work in the middle of the pandemic when jobs were scarce, and going out to find employment in these crazy times seemed almost absurd. What good would it do me to take a class when I needed to be working? Nonetheless, I stifled my feelings of inadequacy and guilt over not working and ended up taking three courses of the screenwriting class. I have no regrets over this, yet I still noted the same pattern of needing someone else's permission to put myself out there.

In music, we have what's known as call and response where one motif from a song is repeated or answered in the next portion of the piece. In real life we respond to stimuli in the same way, though there are times when we may simply ignore someone trying to communicate with us. Likewise, we may stifle our creative impulses in favor of trying to accomplish what others consider to be the right way of doing things, such as taking a job that may allow us to make money but brings little personal satisfaction otherwise. In many respects, we are taught that being





creative isn't lucrative or has no practical value, despite the fact that it may be the one thing that gets us up in the morning.

A song might be stuck in your head that you dreamt about the night before, or a story might inspire you to play a role-playing game with your friends. Think about how you respond to your own stimuli. How often do your creative urges get pushed to the side because of needing to be responsible for yourself or others? And what would happen if you allowed that creativity free reign?

Giving yourself permission to respond to things that bring you joy, let alone enhance your creativity, has often been seen as counterproductive in a culture that emphasizes long hours at work with the end goal of being better off financially. In Toastmasters, while we encourage public speaking as a professional outlet, we also recognize that being creative is its own reward. In our educational program, there are quite a few options on how to proceed with an assignment, from the Icebreaker speech all the way up to creating a successful leadership project. You're not stuck in one mold, and thus you can create your own journey to greater professional and personal fulfillment in the process. You need only give yourself permission to do so. Start with small creative steps – writing in a journal or drawing doodles in a sketch pad, for example

– and then watch as those steps add up to larger ventures. You won't be disappointed.

Since this is my first-year anniversary for writing "Quarter Note," I'd like to give a big thank you to Phyllis Harmon for allowing me to share my own wit and wisdom in this column which I will continue writing for the foreseeable future. Among other things, it has allowed me greater reign in figuring out how best to create professional essays which I hope to eventually submit to other nationally recognized periodicals such as *The New York Times*, *The Atlantic*, and more. Another round of thanks goes out to all of you who read this column. Since this month's essay is entitled "Call and Response," I'd love to hear back from my audience on what essays or subjects you'd like me to cover for the next year. *Voices!* exists because of the participation of everyone in District 7 Toastmasters, and I look forward to providing continuing professional and creative support to our community through my column.

See you next month!

# WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Portland Club	Agarwal	Maya
Waffle Toasters	Amarga-Lee	Sheila
Babble-On Toastmasters Club	Andersen	Sarah
Terpmasters	Crisp	Treena
Waffle Toasters	Douglas	Melvin
Salmon Speakers	Ehlers	Benjamin
West Beaverton Club	Freisher	Emily
Liberty Talkers	Handley	Iva
The Dalles Toastmasters Club	Hartman	Jenessa
CareOregon	Hill	Caitlin
Yammertime	Hohendorf	Hannah
Essayons Club	Hom	Ryder
Clark County Toastmasters Club	Kremer	Ann
Speakers By Design	Lin	Bria
Essayons Club	Lunstrum	Anson
CareOregon	Muoto	Ifeoma
Pearl District Toastmasters Club	Njoroge	Sarah
Coachmasters Toastmasters Club	Pratap	Vinson
CareOregon	Pratt	Jenny
CareOregon	Rabold	Helen
Wagon Tongues	Revenagh	Chris
Toast Of Tualatin, Lam Research	Roberson	Shawn
Spirit Trackers	Robles	Rafael
Essayons Club	Rutherford	Robert
Mentors Of Focus Club	Salah	Mona
Wallmasters International Club	Severino	Stephen
Electric Toasters Club	Thompson	Gregory

# WELCOME NEW MEMBERS

Club Name	Last Name	First Name
The Standard Speakeasy Toastmasters	Varma	Anita
WE Toasted Toastmasters	Williamson	Chad
Advisors Toastmasters Club	Wilson-Traisman	Nate

**FIND YOUR NEW PATHWAY TO FUN!**  
MEET NEW FRIENDS, ENGAGE, LEARN, AND GROW

## New Horizons Toastmasters #1360

Saturdays: 8 - 9:30 AM PT (-8 UTC)

### Zoom Link

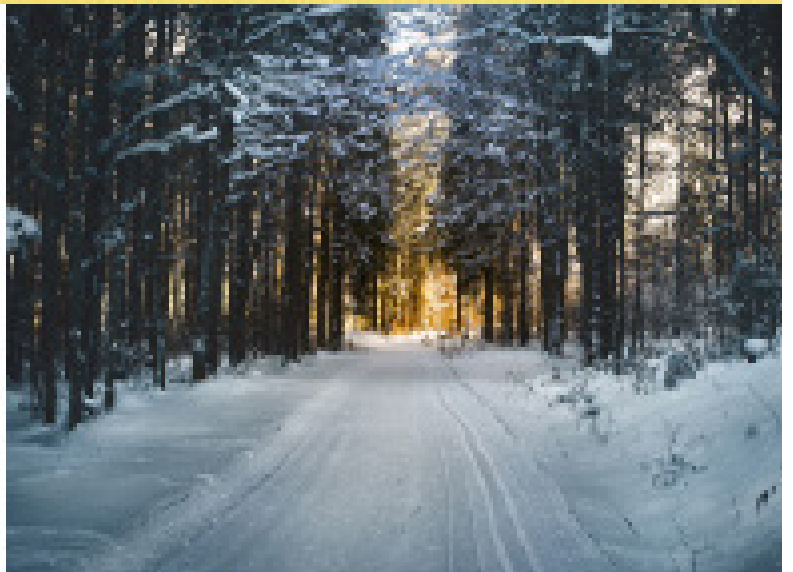
Meeting ID: 894 0261 6761 Passcode: 1360

### Facebook

The New Horizons Toastmasters Club of Oregon  
(District 7)

### Website

<https://1360.toastmastersclubs.org/>



**Come for the FUN, Stay for the GROWTH**

# HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	Club NAME
PM1	2/9/2022	Andrews, Alicia G	The Dalles Toastmasters Club
PM1	2/16/2022	Arbow, David Nathaniel	Speakeasy Toastmasters
DL1	2/2/2022	Aumpradithpun, Nuchanath Maria	Feedbackers Toastmasters Club
IP5	2/2/2022	Baker, Jean Margaret	Noon Talkers
EC4	2/5/2022	Batchelder, Lindsey	Corvallis Evening Group
PWMENTORPGM	2/3/2022	Beck, Kate Diane	Toastmasters For Spkg Profs
PM5	2/3/2022	Beck, Kate Diane	Toastmasters For Spkg Prof
PM4	2/3/2022	Beck, Kate Diane	Toastmasters For Spkg Prof
PM3	2/3/2022	Beck, Kate Diane	Toastmasters For Spkg Prof
PM2	2/3/2022	Beck, Kate Diane	Toastmasters For Spkg Prof
VC4	2/3/2022	Bender Phelps, Susan A.	Toastmasters For Spkg Prof
VC3	2/3/2022	Bender Phelps, Susan A.	Toastmasters For Spkg Prof
TC2	2/10/2022	Brozovich, Karen	Bend Toastmasters
TC1	2/10/2022	Brozovich, Karen	Bend Toastmasters
EC2	2/5/2022	Buchanan, Ela	Wagon Tongues
TC1	2/22/2022	Burge, Derek	Speak To Lead Club
DL1	2/17/2022	Cekovsky, John Jared	Sporty Speakers
EH2	2/24/2022	Chan, Judy	New Beginnings Toastmasters
DL3	2/20/2022	Clark, Crystal	Siuslaw Tale Spinners Club
VC5	2/21/2022	Cottingham, Dorothy	Cedar Hills Club
TC2	2/21/2022	Cottingham, Dorothy	Cedar Hills Club
TC1	2/21/2022	Cottingham, Dorothy	Cedar Hills Club
EC2	2/28/2022	Darnell, Erick Ka'imi	Cedar Hills Club
DL4	2/28/2022	Darnell, Erick Ka'imi	Cedar Hills Club
VC1	2/8/2022	Dugan, Judy	Communicators Plus
PM1	2/22/2022	Englund, Deanne M	Tell Me A Story
EC3	2/2/2022	Hall, Robert B.	Professionally Speaking



# HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	Club NAME
EH2	2/9/2022	Harmon, Phyllis A.	Tell Me A Story
MS4	2/1/2022	Hawkins, Greg	Professionally Speaking
PM4	2/28/2022	Helland, Terry	Cedar Hills Club
PM3	2/28/2022	Helland, Terry	Cedar Hills Club
PM2	2/28/2022	Helland, Terry	Cedar Hills Club
PM1	2/28/2022	Helland, Terry	Cedar Hills Club
VC1	2/2/2022	Holley, Kathy A.	Banfield Barkers
TC5	2/3/2022	Horenstein, Dorice	Toastmasters For Spkg Prof
TC4	2/3/2022	Horenstein, Dorice	Toastmasters For Spkg Prof
TC3	2/3/2022	Horenstein, Dorice	Toastmasters For Spkg Prof
PWMENTORPGM	2/3/2022	Horenstein, Dorice	Toastmasters For Spkg Prof
IP2	2/21/2022	Jeans, DTM, Christopher	Sporty Speakers
TC2	2/24/2022	Johnson, Joanna	Flying Toasters Club
DL5	2/28/2022	Johnson, Stephana M.	Clark County Toastmasters Club
DL4	2/28/2022	Johnson, Stephana M.	Clark County Toastmasters Club
PWMENTORPGM	2/14/2022	King, Stephen E.	Totem Pole Club
EH4	2/14/2022	King, Stephen E.	Totem Pole Club
PM1	2/6/2022	Kleffner, PJ	Babble-On Toastmasters Club
EC2	2/8/2022	Kryzanek, Lorelei P.	Communicators Plus
EC1	2/8/2022	Kryzanek, Lorelei P.	Communicators Plus
DL3	2/13/2022	Leach, Bob	Babble-On Toastmasters Club
PM2	2/12/2022	Leach, Bob	Babble-On Toastmasters Club
DL5	2/21/2022	Lee, Kathy K	Cedar Hills Club
DL3	2/17/2022	Locke, Julius Patrick	Early Words Club
EC4	2/14/2022	Maas, Lieve	Bend Toastmasters
EC3	2/14/2022	Maas, Lieve	Bend Toastmasters
EC2	2/14/2022	Maas, Lieve	Bend Toastmasters

# HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	Club NAME
EC1	2/14/2022	Maas, Lieve	Bend Toastmasters
EC2	2/8/2022	Maley, David	3 Stripe Adidas
IP4	2/6/2022	Marquardt, John	Vancouver Toastmasters Club
PM3	2/21/2022	Marsh, Brandon D.	Cedar Hills Club
PM2	2/21/2022	Marsh, Brandon D.	Cedar Hills Club
PM1	2/21/2022	Marsh, Brandon D.	Cedar Hills Club
IP1	2/18/2022	Merrifield, Heather Justine	Wallmasters International Club
DL3	2/8/2022	Miller, Katharine Simmons	Communicators Plus
IP4	2/25/2022	Morbitzer, John Steven	3 Stripe Adidas
TC2	2/27/2022	Murphy, Daniel R.	Silicon Forest Club
PWMENTORPGM	2/3/2022	Naylor, Linda	Toastmasters For Spkg Prof
PI5	2/3/2022	Naylor, Linda	Toastmasters For Spkg Profs
PI4	2/3/2022	Naylor, Linda	Toastmasters For Spkg Profs
PI3	2/3/2022	Naylor, Linda	Toastmasters For Spkg Profs
PI2	2/3/2022	Naylor, Linda	Toastmasters For Spkg Profs
PI1	2/3/2022	Naylor, Linda	Toastmasters For Spkg Profs
LD2	2/17/2022	Nelson, Sabrina Brianne	AAA Towsters
LD1	2/17/2022	Nelson, Sabrina Brianne	AAA Towsters
EH4	2/9/2022	Osmukhina, Anna	Noon Talkers
IP1	2/27/2022	Phillips, Kathy Lynn	Sunrise Toastmasters Club #1492
PWMENTORPGM	2/3/2022	Priestley, Mitchell B.	Toastmasters For Spkg Profs
DL5	2/3/2022	Priestley, Mitchell B.	Toastmasters For Spkg Profs
PM5	2/3/2022	Priestley, Mitchell B.	Toastmasters For Spkg Profs
DL4	2/3/2022	Priestley, Mitchell B.	Toastmasters For Spkg Profs
PM4	2/3/2022	Priestley, Mitchell B.	Toastmasters For Spkg Profs
PM3	2/3/2022	Priestley, Mitchell B.	Toastmasters For Spkg Profs
DL3	2/3/2022	Priestley, Mitchell B.	Toastmasters For Spkg Profs
DL2	2/3/2022	Priestley, Mitchell B.	Toastmasters For Spkg Profs

# HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	Club NAME
PM2	2/3/2022	Priestley, Mitchell B.	Toastmasters For Spkg Profs
PM1	2/3/2022	Priestley, Mitchell B.	Toastmasters For Spkg Profs
DL1	2/3/2022	Priestley, Mitchell B.	Toastmasters For Spkg Profs
PM2	2/11/2022	Redgrave, Cheri A.	Communicators Plus
PM1	2/8/2022	Redgrave, Cheri A.	Communicators Plus
MS4	2/4/2022	Ritchey, Carmil W.	Clackamas Stepping Stones Tm Club
LD3	2/3/2022	Rosenberg Brown, Sarah	Toastmasters For Spkg Profs
LD2	2/3/2022	Rosenberg Brown, Sarah	Toastmasters For Spkg Profs
LD1	2/3/2022	Rosenberg Brown, Sarah	Toastmasters For Spkg Profs
PM2	2/15/2022	Sands, Sharon Marjorie	CareOregon
EC1	2/24/2022	Savage, Rocky Shane	WE Toasted Toastmasters
EC1	2/5/2022	Seeber, Leela Angelina	New Horizons Toastmasters Club
TC3	2/17/2022	Shehorn, David A.	Bend Toastmasters
TC2	2/17/2022	Shehorn, David A.	Bend Toastmasters
DL5	2/3/2022	Siegel Cogen, Arlene	Toastmasters For Spkg Profs
PWMENTORPGM	2/3/2022	Siegel Cogen, Arlene	Toastmasters For Spkg Profs
DL4	2/3/2022	Siegel Cogen, Arlene	Toastmasters For Spkg Profs
VC2	2/24/2022	Smith, Joshua D.	Oregon Online Toastmasters
SR1	2/24/2022	Smith, Joshua D.	Oregon Online Toastmasters
DL3	2/13/2022	Speaks-Mahi, Sheree	Lebanon Toastmasters
PI3	2/16/2022	Standeven, Ernest J.	Toast of Corvallis Toastmasters Club
EH4	2/1/2022	Takamura, Ted J.	Marylhurst Toastmasters
PWMENTORPGM	2/3/2022	Taravade, Kunal N.	Toastmasters For Spkg Profs
DL5	2/3/2022	Taravade, Kunal N.	Toastmasters For Spkg Profs
DL4	2/3/2022	Taravade, Kunal N.	Toastmasters For Spkg Profs
DL3	2/3/2022	Taravade, Kunal N.	Toastmasters For Spkg Profs
DL2	2/3/2022	Taravade, Kunal N.	Toastmasters For Spkg Profs



# HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	Club NAME
DL1	2/3/2022	Taravade, Kunal N.	Toastmasters For Spkg Profs
LD4	2/8/2022	Tiernan, Kate	Communicators Plus
EC1	2/18/2022	Tuohy, Bryce Patrick	Sporty Speakers
EH2	2/25/2022	Walker, Marvin Lynn	Newberg Toastmasters Club
DL5	2/24/2022	Wheatley, Jace Dawn	The Standard Speakeasy Toastmasters
DL4	2/6/2022	Wheatley, Jace Dawn	The Standard Speakeasy Toastmasters
MS1	2/15/2022	Witten, Shay Lyn	Talking Heads

## “Train the Pathways Teachers”

Saturday, April 2, 2022 from 2 – 3 PM  
D7 Pathways Learning Center Curriculum Webinar



Join us on Zoom!

*Presenter, Dave Bones, DTM*

[Register Here](#)

[Watch Dave's Pathways Series on Youtube](#)

# TRIPLE CROWN AWARD PINS

Name	Number Earned	Awards
Abramowicz, Peter	3	PI5 , PI3 , PI4
Avington, Gwendolyn	4	DL3 , DL4 , DL5 , DL2
Baker, Jean Margaret	4	IP5 , IP2 , IP3 , IP4
Baker, Jennifer L.	3	EC1 , EC2 , EC3
Batchelder, Lindsey	3	EC3 , EC4 , EC2
Beck, Kate Diane	5	PWMENTORPGM , PM2 , PM3 , PM4 , PM5
Bergman, Erik	4	EH4 , VC1 , VC3 , VC2
Briggs, Tom A	3	PWMENTORPGM , PM5 , VC1
Brookins, David Joseph	3	VC3 , VC4 , VC5
Brozovich, Karen	3	PM5 , TC1 , TC2
Chan, Judy	3	EH2 , EH1 , PM5
Chandra, Sieana Ayu Anantya	6	PM4 , PM3 , PWMENTORPGM , PM2 , PM1 , PM5
Chilson, Douglas K	3	LD1 , LD2 , LD3
Corbin, Tamsen	3	VC3 , VC2 , TC4
Cottingham, Dorothy	4	VC4 , TC1 , TC2 , VC5
Edinger, Allan B.	5	EH3 , EH2 , EH1 , EH5 , EH4
Fanning, Paul C.	3	EH3 , EH4 , EH5
Garon, Lisa Nicole	3	PM3 , PM1 , PM2
Grothe, Helen M.	5	VC4 , VC5 , VC1 , VC2 , VC3
Hall, Robert B.	3	EC3 , EC2 , EC1
Harmon, Phyllis A.	3	EH2 , PM4 , EH1
Harris, Elizabeth M.	4	DL3 , DL4 , PWMENTORPGM , DL5
Helland, Terry	4	PM1 , PM2 , PM3 , PM4
Horenstein, Dorice	4	PWMENTORPGM , TC3 , TC4 , TC5
Hubbard, Katrina L	3	PM1 , PM2 , PM3
Johnson, Stephana M.	5	DL5 , DL4 , DL1 , DL2 , DL3
Kennedy, Vickie D.	7	PM5 , PM1 , PM2 , PWMENTORPGM , IP5 , PM3 , PM4
Kleffner, Jerome T.	3	LD1 , LD2 , LD3
Kleffner, PJ	3	VC4 , PM1 , EH3
Leach, Bob	3	DL3 , PM1 , PM2
Lee, Maria R.	6	EH5 , EH1 , PWMENTORPGM , EH2 , EH3 , EH4

# TRIPLE CROWN AWARD PINS

Name	Number Earned	Awards
Lee, Rusty	10	EH2 , TC1 , PWMENTORPGM , TC2 , TC3 , EH3 , TC4 , TC5 , EH4 , EH5
Lindquist, Leanna	3	EH2 , EH1 , PM5
Locke, Julius Patrick	3	DL3 , LD4 , LD5
Loeb, Suzanne L.	11	PM5 , DTM , VC3 , VC4 , PWMENTORPGM , PI1 , PI2 , PI3 , PI4 , PI5 , VC5
Maas, Lieve	4	EC1 , EC2 , EC3 , EC4
Marquardt, John	3	IP4 , IP3 , IP2
Marsh, Brandon D.	3	PM1 , PM2 , PM3
Mathis, Steve Nathaniel	4	PM4 , PM2 , PI2 , PM3
McFadden, Cheryl	3	EH2 , EH3 , PM3
Morbitzer, John Steven	4	IP2 , IP1 , IP3 , IP4
Naylor, Linda	6	PI1 , PI2 , PI3 , PI4 , PI5 , PWMENTORPGM
Neiryndck, Yahong	3	SR1 , DL2 , DL1
Obritschkewitsch, Kristine Jean	4	TC5 , PM1 , PM2 , PM3
Peaker, Megan N.	13	PI1 , PI2 , PI3 , PI4 , PI5 , LD3 , LD4 , LD5 , IP4 , IP5 , LD1 , LD2 , PWMENTORPGM
Pettit, Ray Lee	4	SR3 , SR4 , PWMENTORPGM , SR5
Priestley, Mitchell B.	11	DL1 , PM1 , PM2 , DL2 , DL3 , PM3 , PM4 , DL4 , PM5 , DL5 , PWMENTORPGM
Redgrave, Cheri A.	3	PM2 , IP5 , PM1
Rosenberg Brown, Sarah	11	LD1 , LD2 , LD3 , LD4 , LD5 , EC1 , EC2 , EC3 , EC4 , EC5 , PWMENTORPGM
Sarsten, Samuel Christian	3	IP2 , IP3 , IP4
Savage, Rocky Shane	3	PM3 , PM4 , EC1
Schellenberg, Lyle W.	3	MS4 , PI3 , PI2
Shehorn, David A.	8	EH5 , TC2 , TC3 , PM1 , PM2 , PM3 , PM4 , TC1
Siegel Cogen, Arlene	3	DL4 , PWMENTORPGM , DL5
Smiley, Charlie	3	EH1 , EH2 , EH3
Smith, Joshua D.	6	SR1 , VC2 , VC4 , EH5 , IP3 , IP4
Stark, Katherine	7	PI3 , MS5 , PI4 , PM1 , PM4 , PM3 , PM2
Stephan, Stephanie	3	MS3 , MS2 , MS1
Strickland, Scott R.	3	PM1 , EC5 , PM2
Svehaug, Alan R.	4	PM1 , MS4 , PM2 , MS5
Takamura, Ted J.	3	EH4 , EH2 , EH3
Taravade, Kunal	6	DL1 , DL2 , DL3 , DL4 , DL5 , PWMENTORPGM

# TRIPLE CROWN AWARD PINS

Name	Number Earned	Awards
Taylor, Emilie	9	EH4 , SR4 , DL1 , DTM , PWMENTORPGM , EC4 , PM2 , PM1 , EC3
Thomas, Edward	4	SR5 , SR3 , SR4 , PWMENTORPGM
Wolf, Brian D	5	PWMENTORPGM , IP3 , IP4 , IP5 , IP2
ZAFIRI, ALICE	4	PM1 , PM2 , PM3 , PM4

## **“Pathways Mentor Program: *Getting Started & Beyond*”**

Wednesday, April 13, 2022 from 7 – 8 PM  
D7 Pathways Learning Lab Webinar



**Join us on Zoom!**

*Presenter, Dave Bones, DTM*

[Register Here](#)

**Presenter: Dave Bones, DTM**

[Watch Dave's Pathways Series on Youtube](#)



# HAPPY ANNIVERSARY TO MARCH CLUBS

CHARTER DATE	YEARS	Club	CITY
3/25/2013	9	Audacious Orators	Wilsonville
3/31/2004	18	Babble-On	Portland
3/29/2001	21	Battle Ground	Battle Ground
3/17/2003	19	Bend	Bend
3/5/2017	5	Cascade Micro-Toasters	Beaverton
3/1/1999	23	Clark County	Vancouver
3/30/2010	12	Coastmasters	Crescent City
3/31/2010	12	Liberty Talkers	Beaverton
3/1/1980	42	Lunch Bunch	Eugene
3/4/2011	11	Milwaukie Talkies	Milwaukie
3/1/1993	29	New Beginnings	Vancouver
3/14/2017	5	Politically Incorrect	Vancouver
3/3/2014	8	Salmon Speakers	Vancouver
3/27/2006	16	Smooth Talkers	Lakeview
3/1/1991	31	Southern Oregon Speechmasters	Medford
3/1/1954	68	Sunrise Toastmasters Club #1492	Portland
3/8/2019	3	Talking Heads	Portland
3/1/1988	34	Tell Me A Story	Portland
3/1/1999	23	The Dalles	The Dalles,
3/30/2015	7	Toast to US	Tigard
3/7/2006	16	Walker Talkers	Beaverton
3/1/1986	36	West Beaverton	Beaverton



*David Freedman, IP3*



*Lorri Andersen, DTM*



*Eldred Brown, DTM*



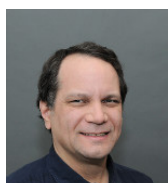
*Paul Fanning, DTM*



*Jennifer Schmidt, EH2*



*Phyllis Harmon, DTM*



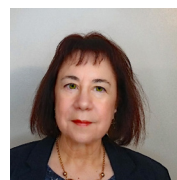
*Jim Robison, DTM*



*PJ Kleffner, DTM*



*Ken Coomes, DTM*



*Suzanne Loeb, DTM*



*Lee Coyne, ATMS*

# Toastmasters Leadership Institute June 3 & 4, 2022



**Your Talent is Needed!**

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the Best Ever!**

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for assistance**