

Voices!

One Community
Many Voices

District 7 Toastmasters
FEBRUARY 2022

Life, Love & Toastmasters

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Right vs Nice

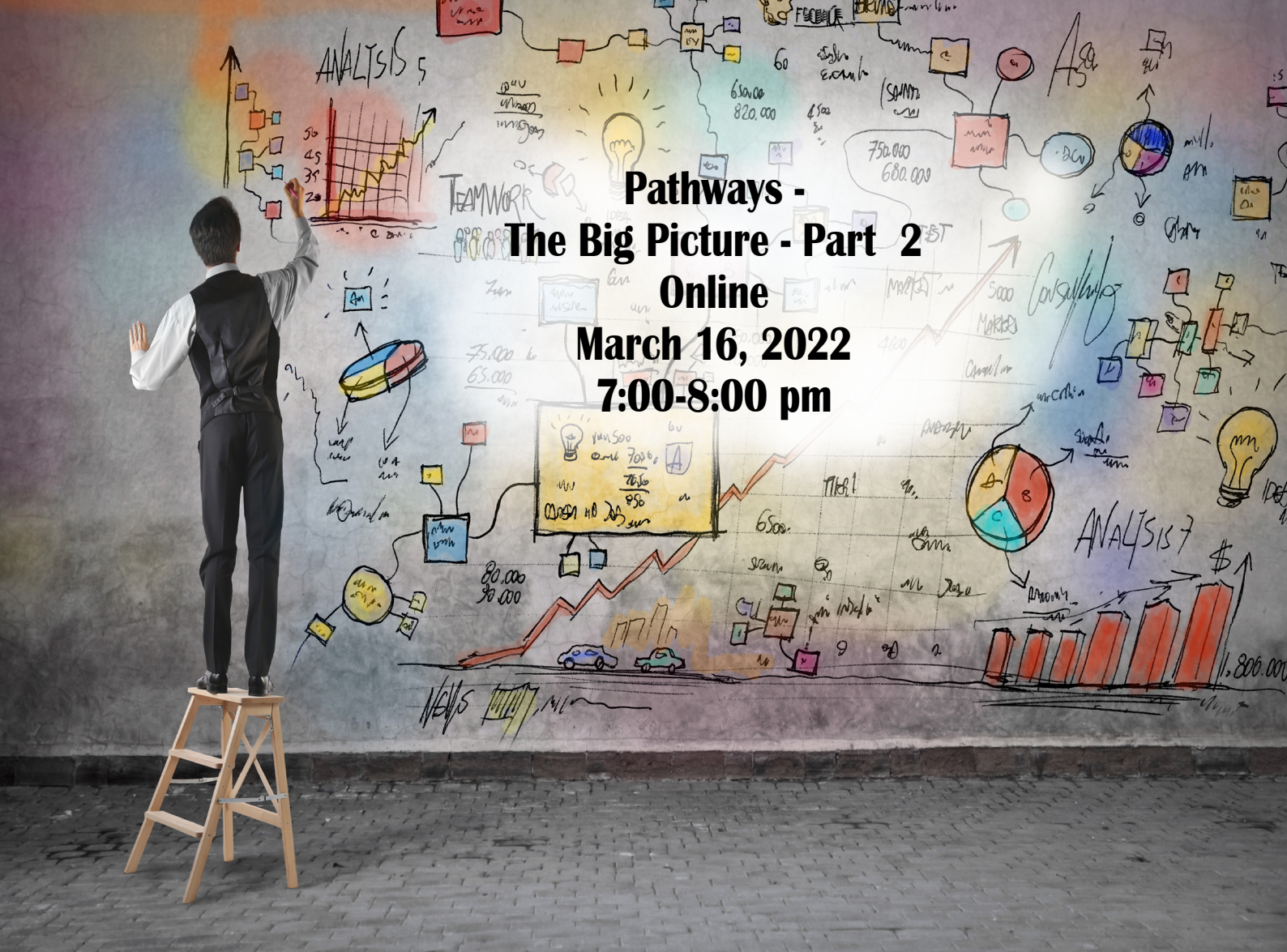
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END OF AN ERA



**Pathways -
The Big Picture - Part 2
Online
March 16, 2022
7:00-8:00 pm**

**Zoom Webinar
March 16, 2022
7:00-8:00 pm**

[Register Here](#)



Presenter: Dave Bones, DTM

[Watch Dave's Pathways Series on Youtube](#)

To Pay or Not to Pay, That is the Question . . .

Phyllis Harmon, DTM, PDG - Publisher/Editor



Toastmasters International is now accepting dues renewals, and the District has some great incentives for renewing early. As I sit down to write my checks (yes, checks are still a “thing”), I ask myself, what has “XYZ” club done for me lately? Have my needs been met? Am I a valued member? Do I want to renew?

As these queries flit through my mind, I hesitate. Perhaps I should take a look at them ala President John F. Kennedy, “Ask not what your country can do for you—ask what you can do for your country.” What have I done for my club(s)? I admit in a couple of them—not much! Both are monthly, specialty clubs with great talent. Being an active member became a challenge due to shifting work schedules and other life impediments.

In my two weekly clubs, I feel like I do contribute to our success. I try to be a good role model, take and fulfill meeting and officer roles to the best of my ability, contribute to the Distinguished Club Program, and help my clubmates when asked. There is no hesitation writing checks for these two clubs!

I think there comes a time when we all must stop and reconsider our choices. Do you have a mutually beneficial relationship with your club? If not, what could you do differently? If you are already doing your best and taking an active role in your club’s success, are you growing? Are you learning new skills you can use in the wider arena? If your answer is a resounding YES! then by all means carry on.

For me, it’s time to seriously consider my options. Will I always be a Toastmaster? Of course! Will I continue to pay dues to four clubs, possibly not. . .but then . . . it’s only February . . .

A handwritten signature in black ink that reads "Phyllis".

EDITORIAL

Volume 8 Issue 08 FEBRUARY 2022
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VOICES!



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Loretta in ceremonial dress and shawl

Love, Life, & Toastmasters

Loretta Schwarz-Reed, DTM

In 1962 Loretta Jean Graves joined Oregon Trail Toastmistress Club in Portland, Oregon. Her devoted interest and long tenure as a Toastmistress/Toastmaster enhanced her personal and business life. She appreciates very much how the personal development programs have enhanced her life.

Loretta was born on July 3, 1932 to Clifton and Minnie Brokeshoulder. She was the first born of 10 children. She became her mother's best "daily helper" in the home and on her parents' 80-acre diversified farm in Shawnee, Oklahoma. She still appreciates the sacrifices her hard-working parents made so that she and her siblings could be educated and enjoy a fulfilled life. What follows is Loretta's story in her own words.

My father inherited 80 acres of land to develop when he married my mother. I was the first born of 10 children, a workforce needed to help with the daily farm chores. The rural life showed me how to help others, value hard work, respect others (especially the elders), support the community, like people, choose friends wisely, and love thy neighbor.

One significant memory of living on the farm was having non-Indian neighbors, John and Jewel Kays. When I was 6 years old, Jewel would pick me up every Sunday to attend Bible School at Shawnee Mission Baptist Church. At age 10, I decided to follow Jesus Christ's teachings. At age 19, I confirmed my faith by water baptism and committing my life to learning how to have a meaningful life

as a follower of Jesus Christ.

In 1945, my parents sold the farm and moved to Ardmore, Oklahoma where I was enrolled in an all-girls, federally-operated boarding school named Carter Seminary. I graduated 8th grade with a goal of becoming a "business woman." I pursued high school education in Kansas. In 1948, I enrolled in Haskell Institute in Lawrence, Kansas. Haskell was a high school, business college, and trade School. Haskell's motto was "*Learn to Earn.*" Haskell offered students an environment for learning and developing a social life. The student body was comprised of many American Indian Tribes, from many states. It was a joy to learn about their cultural practices and

language. Many became lifetime friends and many found their mates.

I worked hard to make good grades and enjoyed roommates in nice dorms, had plenty of good food, church services, and free movies on the weekends. I remember Saturday nights dancing to the jukebox. We worked for our room and board. I worked in the dorm's sewing room working on many kinds of projects. Sewing opened doors for employment and the home.

In 1948 as a Freshman at Haskell, I was hired by Robert and Mary Margaret Cater to care for their 2-year-old son Rob during weekends and summers. I worked for them all through my four years of high school. In 1950 Robert moved his family to Kansas City, Missouri to attend dental school.

I moved with them and graduated from Paseo High School in 1951 with an excellent education in all high school business courses. I had the fortitude to follow my passion of achieving my career goal of becoming a "business woman." Working for the Caters had a profound ending! Dr. Robert E. Cater II (Rob) now provides me with medical advice as needed via email or a phone call. We never know how our life choices will end. In this case, helping the Caters as a teenager and getting medical help in the Golden years of life is a blessing.

In 1949, I met my first love, Gerald Graves, from Redlake, Minnesota who was a member of the Chippawa/Sioux Tribes, and a WWII Navy and Air Force Veteran. Gerald used his GI Bill

funds to attend Haskell's Business College. We dated on campus for three years and planned to marry upon graduation.

After graduation, I took a 5-day train trip to join Gerald in Portland, Oregon. We made a fast trip to Vancouver, Washington and were married by the Justice of the Peace on June 11, 1951. After the first night as a married couple, I woke up with a case of the mumps. At 19 years old, getting the mumps was a complete and painful surprise. What a way to start married life!

During our first 10 years, we were blessed with two daughters, Sharol Annette and Karen Sue. Both have grown into remarkable women. I am very proud to be their mother.



Cheryl Gordon
Charlotte
Cherie P. Gore
Taylors, S. C.
Loretta J. Graves
Cherokee
William M. Gray
Hayesville

In 1964, after working 13 years for the Bureau of Indian Affairs (BIA), we moved to Cherokee, North Carolina. While Gerald worked as a loan officer for the Cherokee Tribe, I attended Western Carolina University and graduated with a Business Administration degree with

a focus on two majors, Accounting and Sociology in 3.5 years. After graduation, in June 1968, I returned to Portland to continue working in the Finance and Forestry Departments of BIA.

Returning to BIA was a blessing. Soon after our return to Portland, Gerald and I divorced. Our failed marriage led me to a Christian Counseling Program as I adjusted to a new life as a single mother with two daughters. I found

peace. humility. forgiveness, and the capacity to love again. We remained on friendly terms for the benefit of Sherol and Karen until his death at age 62.

In October 1971, I met and married George Robert Schwarz (Bob) in Falls Church, Virginia. Bob was serving his Internship in the National Safety Management Program for the Department of Interior. I transferred from BIA Portland Forestry Department to BIA Personnel Department in Washington, DC. After a year, we both returned to Portland and our respective jobs. On August 26, 1972, son Shawn was born. We were now the parents to five children. Bob was father to two daughters, Katherine 13 and Rebecca 8.

Bob retired at age 54 to manage a five-acre Christmas tree farm in Cornelius, Oregon. I commuted to work from the Christmas tree farm. Bob became a full-time dad to 5-year-old Shawn. He drove him every day to Faith Bible



Loretta and Les at a Marylhurst Toastmasters Meeting - pre-Covid 2020

Christian School in Aloha, Oregon. He taught Shawn many ways to enjoy life. For Shawn's spending money, he memorized and stated the Old and New Testaments of the Bible for a dollar. Our belief and practice were: "A family that prayed together stayed together!" Due to our strong Christian values, we enjoyed a loving married life of 45 years. Bob passed away on June 3, 2016 at the age of 91.

Shawn graduated from the University of Oklahoma (OU) in 1999 with dental and accounting majors. He works for Bonneville Power Administration's Accounting Department. He has settled in Roanoke, Virginia with his wife and four children.

In September 1978, an Accountant position opened in the Portland office of the Indian Health Service. I applied and was hired to establish an Accounting Branch under the Department of Health and Human Services Accounting System. I managed a staff of

COVER STORY

24 employees working in the budgeting, accounting, and computer sections. I retired on July 3, 1992 ending my 35-year career as Financial Manager of the Indian Health Service of Portland, Oregon.

My Toastmasters success story began in January 1962. At age 30, I joined Oregon Trail Toastmistress Club to gain self-confidence and enhance leadership skills to achieve my career goal of becoming a “business woman.”

The Toastmasters personal development program made it easy to enjoy public speaking opportunities as an undergraduate at Western Carolina University. My enhanced listening and writing skills assisted in my graduate studies at Lewis and Clark College here in Portland where I earned my MBA.

Several Toastmasters Clubs enhanced my leadership growth to achieve the Distinguished Toastmasters Award. Video Toastmasters Club

(now TV Toastmasters) was most challenging due to live meetings recorded for broadcasting.

In March 2019, Les and I joined Marylhurst Toastmasters Club, a Distinguished Toastmasters Club with four DTMs. We treasure this Club for its inclusion of young and mature, inter-racial men and women as members. The four DTMs focus on fulfilling the needs of all members with challenging programs. My challenge at 89 is current technology and how to do Zoom Meetings. Thanks to all who help me out when needed.

In 2012, I served as Host Mother to Asian/French Students who came to study English at Marylhurst University. They came from Japan, Korea, Taiwan, and France. The students came from high schools and colleges, boys and girls ages 15 to 62 years old. Reiko, 62 was a retired school teacher, who came to enhance her English education.

Nozomi from Japan lived with us for a year.

She never missed going with us for Friday Night Bible Study. It was hard to say goodbye when she left to return to Japan.

Wakana was my last student from Japan. She stayed with me for 6 months and got to meet my friend Leslie Reed. On January 18, 2020, Leslie and I were married at New Hope Community Church on a very cold winter’s day. Wakana travelled back to be my bridesmaid in our wedding. Les and I have adopted her as our daughter. When my long-term



Daughter-in-law Katherine Schwarz-Maynard, Loretta Schwarz Reed, & Wakana Hirata wedding party - January 20, 2020

college students stayed with us, we would visit Marylhurst Toastmasters Club.

I am looking forward to becoming 90 on July 3, 2022. I am living a joyful, peaceful life with my loving husband Les. I live each day to its fullest by serving at the West Linn Senior Center, sewing for others, and doing Bible Study with a Friday Bible Study Group since 1992. For 28 years, I led the Angel Group Ladies in West Linn along with a friend, Patty Hanson. I have a desire to lead a Bible Study Group again after the Covid laws change.

After meditating on Areas of my long life, I want to leave you with a thought or two. My parents lived through a hard life but focused on how best to rear 10 children to become spiritual,

educated citizens. The values they instilled in me through word and action are the same ones I instilled in my children, and they in turn, are instilling in their children.

The Bible reveals a loving God who loves every human being He created in His image. Each person is wonderfully and beautifully made. Learn to appreciate the differences each person brings to the discussion. It is up to us to become loving, caring, honorable, considerate, respectful, forgiving human beings. We must take responsibility for our negative thoughts and actions and learn to love our neighbors as we love ourselves. In this way, each of us can do our part to heal the troubles that beset our nation. May God bless America and all His people.



Marylhurst Toastmasters Club - Summer 2019

Declutter

Eldred Brown, DTI

After I started my new job six weeks ago and realized I had a new flow of income, one of the first things I did was round up several boxes of my personal belongings and move them to a nearby storage facility. Why did I do this? Five years ago, I moved into my current apartment, a home I found too small for even the frugal amounts I had acquired through 25 years of life on my own. I needed to use an 8-foot x 8-foot square of my bedroom floor to store all the items I could not use daily, and I allowed some of the excess to overflow into my office space. Knowing that I was going to have to work my new job from home thru at least June, I knew I needed to set up a professional workspace that would make me feel as if I was working at the office. Too much clutter on the floor would make my mind feel too cluttered, thus reducing my effectiveness at work. I haven't decluttered my home as much as I want, and I still have a bit more work to do, but I already feel better about what I have accomplished.

WHY DECLUTTERING IS IMPORTANT: Have you ever felt as if your home and your life were too much of a cluttered mess? Have you ever



Your Life

M- District Director

felt as if the clutter in your life was holding you back from being more effective at home and at work? Many people have, so you're not alone.

WHY IS REGULAR DECLUTTERING IMPORTANT? Your cognitive resources—your attention, concentration, and focus —can be compromised by exposure to cluttered and disorganized environments. According to *Procrastinators and Clutter: An Ecological View of Living with Excessive “Stuff”* | SpringerLink, excessive clutter even contributes to chronic procrastination. A lot of clutter can make you feel as if you have no control over your environment, which causes stress, anxiety, and even depression. Your clutter can be hazardous to your health and safety if it includes tripping hazards such as power cords or homes for dust, bugs, or rodents. A messy kitchen may also drive you to eat unhealthy snacks because you don't feel like cleaning off the range top so you can cook something healthier.

HOW TO DECLUTTER YOUR HOME: If your home is so cluttered that it's hurting your cognitive and emotional well-being, there are some things you can do about it. One thing I did was identify those items I don't need frequently and get rid of them. That didn't mean giving it all to Goodwill or throwing it in the garbage, though there was a lot of garbage for me to throw away. For me, getting rid of my unneeded belongings included

the work of moving much of it into an external storage space. Maybe this doesn't work for you, and you must sell it or throw it in the trash to get rid of it. What are some of the things you can do?

1. Don't worry about how much you paid for it. If it doesn't have any value for you now, get rid of it.
2. Get rid of duplicates. If you have five can openers, decide which one you want to keep and discard the rest.
3. Identify pieces of clothing you never wear and donate them to Goodwill.
4. Make your bed. It's hard to see reduced clutter when your messy, unmade bed is staring you in the face.

I know this lecture on decluttering may look odd in a magazine devoted to Toastmasters, but I can tell you that decluttering your life can make you more effective as a Toastmaster. You might find the needed evaluation of a speech you gave two years ago. You might find that, by reducing the clutter in your mind, you're able to think more clearly in preparation for your next Pathways project. Who knows? You may even find a long-lost love letter that serves as the inspiration for your next speech. So, if you find your life too full of needless clutter, try getting rid of some of it, and let me know how that works for you.



COMMMIT TO
EXCELLENCE

Lorri Andersen, DTM - Program Quality Director

One of the great things to love about Toastmasters are the transferable skills that can be learned and applied in our work, home, and family lives.

Things that we learn outside of Toastmasters can be related inside our Clubs and Toastmaster projects, as well.

I work in an organization that has a set of shared values which include:

- Walk with the member
- Work well together
- Create the future
- Commit to excellence

When I first came to my company I had not worked with a set of shared values. I had to ask what it meant to Walk with the member? Walk with the member is to advocate for them, to understand the member's sense of urgency, create solutions, and go the extra mile. I could understand "Go the Extra Mile" as I have always seen that in my family...doing one more thing to make a difference. I can create software solutions and programs and understand their urgency when the member is in a hurry to get their business completed. But to Walk with Them? It means to partner with them, journey with them, to put yourself into their situations, and to give them the best service and experience above and beyond normal expectations. It's a privilege to go

to work every day amongst people that not only give the best service and experience to others, but they also strive to work well together, commit to excellence, and create the future by building value and embracing change.

Doesn't that sound like Toastmasters? There are many things in the Shared Values that relate to Toastmasters. Commit to Excellence is one of my favorites. It asks us to communicate openly, honestly, and effectively; to give, receive, and act on feedback; to be inquisitive, learn, and share knowledge; and to give your best and expect the best. When we embrace Toastmasters, committing to excellence is at the heart.

I recently listened to a speech by International President Margaret Page, DTM. She told a story about her grandson who wanted to train for the Olympics. She described Olympians as being driven to achieve, having the attitudes and efforts of a leader, giving it their all while being in a part of a team with determination, and a commitment to excellence. She said that is how she sees all Toastmasters members. Let's decide this year to strive for excellence in any goal or pursuit. Let's work to strengthen and improve our communication and leadership skills, and let's be curious and continue learning. Let's commit to excellence!

DO YOU ANSWER WHEN CALLED?

Jim Robison, DTM - Club Growth Director

I was thinking about what to write for Voices! magazine this month, when I read a story about the rescue of a recently retired Clark County Sheriff Deputy from drowning in the Columbia River. This story involved being prepared, coming up with an alternative solution, responding when called, and getting help from those you can rely on.

Shaun was kayaking on the Columbia River when his kayak overturned. He, being unable to get back in his kayak, was able to grab onto some driftwood stuck to a piling but was quickly becoming hypothermic. Shaun, being prepared, called 911 from his phone and the dispatcher stayed on the line with him during this entire ordeal. Any response from law enforcement or the Coast Guard was too far away to help Shaun quickly enough. Sally at the Clark Regional Emergency Services Agency (CRESA) “had the brilliant idea to call Pekin Ferry boat launch.”

My nephew, Chris Robison, got the call and was instantly concerned and willing to help. He launched his boat with the help of his friends Gregg and Aram and they were on their way. Shaun “is not sure he is going to make it and thinks he has maybe 10 minutes left before he loses consciousness.” Without much time to spare, Chris, Gregg and Aram from Pekin Ferry located Shaun “and pulled him from the cold water into their boat.” Chris said that from the time he got the call to getting Shaun back on shore was 22 minutes. Fast action considering that the boat launch is almost 3 river miles from the Columbia

River.

This rescue required several elements to come together.

1. Shaun was prepared to call for help when he needed it.
2. Sally was quickly able to think beyond the normal response and find an alternative.
3. When Chris got the call, he reacted quickly and recruited help.
4. Gregg and Aram did not hesitate to join and provide the help needed.

This illustrates a good lesson for many of life’s situations. Whether it is in your work, in your daily life, or in your Toastmasters Club, you could at any time be called on to help someone.

Relating this to Toastmasters consider this.

1. Do you know who to call for help in Toastmasters for yourself or for your Club?
2. If you are an officer or a District leader and are called on to help a member or a Club, do you have alternative solutions that you can call on?
3. When your Toastmasters Club or the District call on you to help, are you ready to jump right in and act?
4. Do you know who you can rely on in your team to succeed when called on?

When all these elements come together, amazing things can be accomplished. Remember, people are usually willing to provide help when needed, they just need to be asked. When you are asked, do you answer?



Toastmasters International

now accepting

Membership Renewals

Renewals for

April 1 - September 30, 2022

are due no later than

*April 1, 2022**

Contact your Club Treasurer

*ASAP!**

**Check the District 7 2021-22 Incentives, Page 20, on Timely Renewals*

Right *vs* Nice

PJ Kleffner, DTM - Immediate Past District Director

I like to be right, and I suppose most people feel the same way. However, being right isn't always the best course of action. The tricky part is knowing when to hold onto your position, or let it go. Imagine the following scenario, which should be easy to do, because I see it happen fairly often:

The Toastmaster is introducing the next speaker and you hear that little voice in the back of your head shouting, "Wait, you didn't ask the Evaluator to read the objectives!" Then you realize that it was YOU shouting "Wait, you didn't ask the Evaluator to read the objectives!" The Toastmaster regains his composure, even though it is his first time filling the Toastmaster role. The Speaker is distracted by the interruption but she recovers and delivers her speech. Visitors are now in shock and refuse to speak, afraid they might do something wrong and be verbally attacked.

Unfortunately, I've seen this scenario unfold in a number of meetings, and have even done it myself. One day, I saw a better way to handle this in a Club that has very experienced members. During the evaluation phase of the meeting, the experienced General Evaluator mentioned that the Toastmaster is in charge of running the meeting. With the exception of raising a

point of order when conducting business under parliamentary procedure, the Toastmaster (or any speaker) should not be interrupted.

If part of the normal meeting routine is omitted, it is not the end of the world. It is up to the General Evaluator to provide feedback to the Toastmaster during the overall evaluation of the meeting. In this context, the feedback is totally appropriate, and not perceived as an attack. In the spirit of keeping our meetings a safe and nurturing place to learn, let's tell those inner voices to sit down and be quiet, and let the Toastmaster and General Evaluator do their jobs.

Zoom changed a lot of what we do in Toastmasters, and some of the changes are actually positive. For example, in the above scenario, you can discreetly send a private chat to the Toastmaster so they can circle back to anything they skipped in the meeting. It is also easy to record your speech and go back to review it for a very real, and sometimes uncomfortable learning experience. I also don't miss the one-hour round trip commute to my weekly meeting.

On the flip side, human beings aren't perfect, and neither is technology. Those of us who grew up with in-person meetings never dreamed we'd



hear things like, “You’re still muted,” or “Can you hear me now?” during a Toastmasters meeting. Children and pets occasionally make surprise guest appearances. All we can do is roll with it and let go of our pre-conceived notions of how a meeting is supposed to run. Life happens, but we carry on. Learning to be flexible is not one of the primary skills we focus on learning in Toastmasters, but it certainly is a great side benefit. Being flexible serves us well, because the rest of life is usually even much less structured than a Toastmasters meeting. Being flexible means listening to others and treating everyone

with respect.

In my former life when I worked for a living, a rather arrogant co-worker had a poster in his cubicle that said, “Those of you who think you know everything are annoying those of us who do.” Apparently, he didn’t know everything, or he would have realized what a condescending jerk he was most of the time. Being right isn’t all it’s cracked up to be. Yes, it’s nice to be right, but sometimes it’s better to be nice.

District 7 2021

<p style="text-align: center;">Program Quality Incentives</p> <p>Lorri Andersen: pqd@d7toastmasters.org</p>	<p style="text-align: center;">Club Growth Director Incentives</p> <p>Jim Robison: cgd@d7toastmasters.org</p>
<p>Member Incentive</p> <ul style="list-style-type: none"> • Every Toastmasters Member that completes the Pathways Mentor Program will win a Toastmasters Core Jacket (Item 7078 or Item 7079). 	<p>For Clubs that started the year with fewer than 20 members (Base Membership below 20):</p> <ul style="list-style-type: none"> • The first 40 Clubs who submit dues payments necessary to be eligible for DCP status (20 members or net growth of 5) by Mar 15th, 2022 will receive one Speechcraft Digital Bundle (\$50 Value))
<p>Club Incentives</p> <ul style="list-style-type: none"> • Seven Officers Trained Every Club who has all 7 officers trained during the winter training period ending on February 28, 2022, will win a \$50 Toastmasters International gift certificate payable to the Club. • Distinguished or better by April 1, 2022 Clubs that become Distinguished or better by April 1, 2022, will win a \$50 Toastmaster International gift certificate for their Club. • Distinguished or better by June 30, 2022 Clubs that become Distinguished or better by June 30, 2022, (and did not qualify on April 1) will win a \$25 Toastmaster International gift certificate for their Club. 	<p>For Clubs with a Base Membership below 20:</p> <ul style="list-style-type: none"> • Every Club with a base membership below 20 will win a \$15 gift certificate to the TI store for each dues paid membership at the end of June 2022 above the Club's Base, up to 20 members. <p>Club Special Events: All Clubs who. . .</p> <ul style="list-style-type: none"> • Schedule a Special Event (open house, workshop, etc.) to be held during the current Toastmasters year and have it announced on the District 7 Event Calendar at least 1 month in advance. • District 7 will provide the Club a \$50 Boost of an online ad for the Special Event. • Limited to 1 qualifying Club special event per calendar quarter. <p>New Member Surveys</p> <ul style="list-style-type: none"> • A New Member Survey will be sent to every new member. • Every member who completes the New Member Survey is entered into a monthly drawing for a random prize (various promotional items from TI). The Survey asks new members a little more in depth about what brought them to Toastmasters, how they found the Club, and what they hope to accomplish.

1-22 Incentives

Club Growth Director Incentives

Jim Robison: cgd@d7toastmasters.org

Guest Surveys

- We provide a Guest Survey link to all Clubs and ask them to provide the survey link to all guests who are not current Toastmasters.
- The Guest Survey will ask questions about how they learned about Toastmasters, how they found the Club they visited, what was their guest experience, did they decide to join, why or why not?
- Every guest who completes the survey earns an entry into a monthly drawing for a \$20 TI Gift Certificate (repays their new member fee).
- For the Club visited, the Club will get a drawing entry to win an end of year grand prize: A customized sidewalk sign or other option of similar value.

New Club Leads

- District 7 will award a \$100 gift certificate from Toastmasters International to any member who submits a new Club lead that results in a chartered Club by June 30, 2022.
- All leads* will be entered into a final drawing. Three winners will be awarded a \$25 gift card from Toastmasters International.

**To qualify, a lead must include a specific contact person who is interested in building a new Toastmasters Club.*

New Clubs

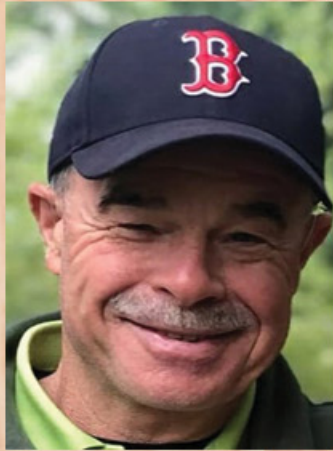
- New Clubs chartered by June 30, 2022, will receive their choice from a selection of Club materials up to a value of \$200.
Examples of items to choose from
 1. Custom Club Banner
 2. Portable Lectern
 3. Timing Light
 4. Lectern Banner
 5. The Writings of Dr. Smedley
 6. HD USB Webcam & Microphone

Upcoming Online Webinars

July 14	August 4	September 1	October 6
Plan for Club Success! Panel Discussion Watch the Replay	Moments of Truth Eldred Brown, DTM Watch the Replay	Club Charters R US! Emilie Taylor, DTM Watch the Replay	Mentorship: Molding Toastmasters Dr. Gwen Avington, IP5, DL5 Watch the Replay
November 3	December 1	January 5	February 2
Road to the Coveted Distinguished Toastmaster Award Cheri Redgrave, DTM Watch the Replay	Judges Training Erik Bergman, DTM Watch the Replay	Build an Open House! Brent Smith, DTM Watch the Replay	Successful Club Series Timber Talkers Watch the Replay
March 2	April 6	May 4	June 1
Make a Point with Storytelling Tiger McAndie, DTM	Getting involved beyond your Club.	Club Officers, make your Club strong!	How our Club achieved Success!



MAKE A POINT WITH STORYTELLING



Join Us Online
March 2, 2022
6:30-7:30pm

Presenter:
Tiger McAndie, DTM

LET ME 
TELL YOU
A STORY



The ancient art of Storytelling has been used for centuries to convey important messages as well as to entertain. Characteristics of a good story are exemplified through Toastmaster's World Champion Speech Contests where we witness powerful examples of meaningful Storytelling. Discover how to incorporate both the art and science of Storytelling to enhance your speeches and create a fun way to both educate and entertain your audience.

In this interactive session you will:

- Learn the 3 ACTS of a good story
- Utilize storytelling to convey your message
- Use humor to relate to the audience

[Register Here](#)

About the Presenter

Tiger McAndie, DTM is currently a member of seven Clubs, serves as the Division A Director, and has been privileged to coach multiple Toastmasters. His passion is Storytelling and he is eager to share with you the art of Storytelling to convey a message.

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Fridays | 6:35-7:45am PST

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End of an Era

Paul C. Fanning, DTM

I moved from Eastern Oregon back to Western Oregon in 2013. Having been a Toastmaster I had earned my Competent Communicator education award, participated in speech contests, and been an active member of my Club. My second act upon moving was to find another Toastmaster Club, hopefully one that was as fun and supportive as my now “old” Club had been. I used the handy tool on the Toastmasters website called “Find A Club” and located one in downtown Hillsboro, which at that time was within walking distance of where I lived.

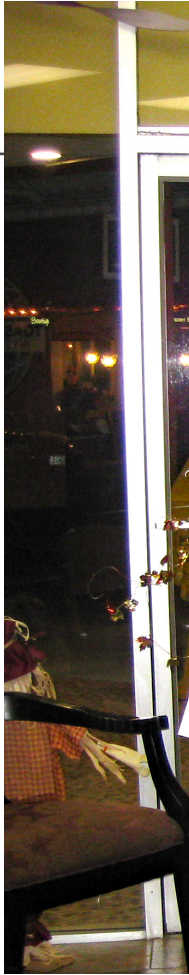
Armed with my workbooks, CC award certificate, and membership card, I trekked to Main Street and walked up to the realty office which hosted the noon-time meeting. I must admit that I was a little nervous. My previous experience in Toastmasters was one thing, as I was familiar with all my now former Toastmasters, knowing their speech styles, humor, and progress, and of course, they knew mine as well. They knew my quirks, my penchant for historical speeches, my sense of humor, and my speech delivery method.

Poised with my hand on the door, I pushed it and. . . it was locked! Frantically looking around the glass doors and looking into the office before me, I finally noticed the little note on the door proclaiming, “We’re meeting at the Chamber of

Commerce today.” Sadly, the chamber office was many miles away, and by the time I would have figured out the bus schedule, it would have been over. All my confidence, sense of joy, and excitement vanished in a brief second. Maybe this was not the Club for me.

Perhaps staying in Toastmasters just was not meant to be. Dejected, I consoled myself with cruising the antique malls nearby and munching on lunch by myself. So much for my introduction to the “Downtown Lunchbunch” Toastmasters.

However, I happily returned the next week and found no darkened office nor locked doors. Inside, I was greeted by the president of the Club, shown the boardroom where the meetings were held, and introduced to the most eclectic bunch of Toastmasters that I had ever met. (Yes, it is true. Eastern Oregon may ring with “Let’er Buck,” but it is a little more sheltered than the Portland Metro Area.) There were nurses, entrepreneurs, real estate agents, and the fire-brand of a president, Bob Rollinger, who all greeted me and the other guest, a police officer from Portland. It turned out that this Club had just chartered with their requisite 20 members, and I would be member number 21 and Dean the policeman would be 22. I was encouraged by a lady who said she was from the “District,” whatever that was. I was not





Charter Party July, 2013 - Prime Rib & a String Quartet

to rest upon the laurels of my CC award, but I could finish my Competent Leader award and eventually earn my DTM—which out east meant “Don’t Time Me” for whoever had those letters after their name. Phyllis Harmon—she edits some document monthly now—became a good friend, mentor, and leadership example to me. The memory of my former Club began to fade away. The “Downtown Lunchbunch” became my home Club for five years where I worked through the education program, became a Club officer, and eventually president. I earned my Distinguished Toastmaster Award, Triple Crown Award, and served as an Area and Division Director. What great fun we had! They knew how to throw a grand charter party, conduct speech contests, serve as Division, and District leadership trainers and conference speakers.

The realty changed names, members moved away or transferred to other Clubs, but we Toastmastered on. I myself began to work in downtown Portland, mentored a new Club there

which led to ending my time with the dynamic, demonstrative, and delightful “Downtown Lunchbunch.” Great memories, many friends made with whom I still am in contact with. And then “it” happened—2020 and the pandemic effectively killed my job with the Portland Timbers and Thorns. No fans so no need for guest services. I was approached to work where I live in 2021.

On January 2, 2022, I received an alert on my computer about a fire in historic downtown Hillsboro that had started at 3:45 am that morning and rapidly turned to a five-alarm fire involving units from Forest Grove, Banks, Cornelius, TV Fire & Rescue, Portland Haz-Mat and Hillsboro. It was still burning as I discovered to my horror that it was at the Weil Arcade—the 100-year-old building that housed several businesses and Weichert Realty—the former happy home of my Toastmasters Club. I watched the videos, saw the devastation, the flames and smoke, the collapsing roof and destroyed interior. Gone was

“my” meeting place where I had weekly banged the Club gavel to begin the Toastmasters meeting, the place where we held our executive committee meetings, planning sessions, training, and speech contests. My favorite lunch hang-out across the alley was also a smoking ruin. I received texts from a former president, who with her husband, had been presidents of the Club. He still worked at Weichert, but his cubicle, desk, chair, awards on the wall, etc. were all now ash or trash.

We were all devastated. Fond memories abounded as it rapidly dawned on me that this was closure of the Downtown Lunchbunch, the end of an era for Toastmasters in downtown Hillsboro. The meeting location was now gone, along with whatever property may have been still stored there as well as the Club’s name itself which changed earlier. No more would I walk down Main Street between Second and Third and see our meeting place and say hello to many people I knew who worked in the Area—many of them former Club presidents or members of Toastmasters. It was over. I would be remiss as an historian to not declare “sic transit gloria mundi,” thus passes the glory of the world.

It was an arson fire to cover the burglary of Weichert Realty. Over a dozen businesses were affected by the devastation that was created. People lost their businesses, their property, and (announced last week) their life as an unknown man’s body was found under the collapsed roof in the gutted remains of the Arcade. Hundreds of people attended events, not only for Toastmasters but a myriad of other community events. It was the site of the Fourth of July Hillsboro Parade headquarters. The monthly community Art Walk and . . .the list could go on.

My original home Club from 2005-2011 is now a distant memory—no Club anymore in the whole Area where we had two thriving at one time. No Division left either. In fact, I believe the Area itself is now in another Division entirely. Now Downtown Lunchbunch has become just a historical name of what was in Hillsboro. The life lost is tragic, making my personal loss a mere inconvenience. Yet Toastmasters will arise from the ashes some day and once again be a thriving, community-based, integral part of the Toastmasters world.

Thank you to all of you who are still committed to the Toastmasters program. You joined the program not to receive a certificate or trophy, not even the coveted DTM medal itself, but to better yourself in public speaking, in leadership development, and to become a better evaluator. Cherish each and every Club meeting you attend. Honor those within your Club for their progress, and do not forget to encourage those who are striving towards the goal to be a better public speaker. You may never know when it all will disappear in a flash of flame and smoke, nor be taken from you by the senseless act of another. Carpe Diem—seize the day and build your memories, your friendships, and your legacy. Then you, too, can say “I am a Toastmaster of the _____ Club.”

Fellow Toastmasters, enjoy your experience, and strive to share it with others as we prepare to begin the next round of open houses and new member recruitment.



CUPID SENDS SELF-LOVE

B. Lee Coyne, ATMS

When we think of target practice on Valentines Day, Cupid immediately comes to mind. We usually think of a romance between two people.

However, we neglect the needed preliminary. I point to SELF-LOVE. You probably raise your brows to ask: What does that mean? My reply is that you require a dose of intellect loving and honoring yourself first before you can love another.

Yes, you must lead by showing the way to others. Demonstrate that you are love worthy. Some of us grew up in families where love did not prevail. The disadvantage of having been among poor role models can make the road more difficult. But that can be overcome!!!

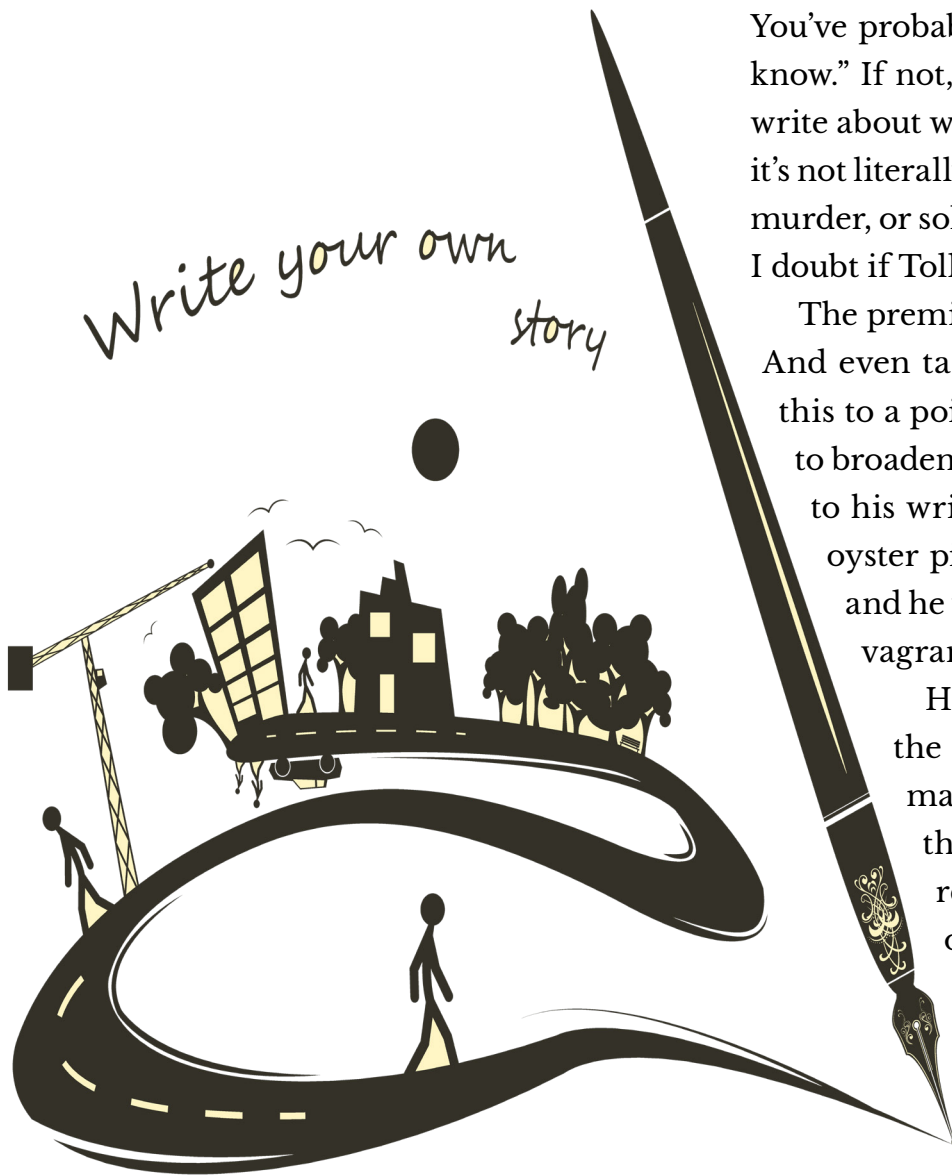
We need to do an imaginary backpack-full-of-rocks exercise. That means viewing each stone inside as a major setback of the past. Every stone adds to our total weight. That slows down our progress in moving forward.

Self-love involves an inventory. After that comes a lineup from the heaviest to the lightest. Then we cast them aside forever!

We cannot run away from ourselves. SELF-LOVE is the appetizer. Loving another is our entrée. Let's keep it in that order.

Write What You Know

Ken Coomes, DTM



You've probably heard it said to "write what you know." If not, take my word for it - many who write about writing share this advice. Of course it's not literally true. Mystery writers don't commit murder, or solve true mysteries (for the most part.) I doubt if Tolkien met an Ent, or visited Mordor.

The premise behind this advice is authenticity. And even tale-spinning fiction writers can take this to a point. Jack London took on many jobs, to broaden his experience and bring credibility to his writing. He worked in a cannery, as an oyster pirate, a sealer, worked in a jute mill, and he was a tramp. He even served time for vagrancy.

He joined his brother-in-law, sailing to the Klondike during the gold rush. You may know him best for his book "Call of the Wild" (I loved it as a child, and as a re-read recently). It seems like much of the authenticity in that book came mainly from that adventure.

In today's world we can "know" a lot more, with a lot less effort and risk. Just ask Siri (or Alexa, Cortana, Google . . .) Using Google Earth (or some other satellite mapping imagery), or simply browsing the web, you can visit (virtually) almost



any place on Earth (and even some in space).

When you write your speeches, you write what you know. So how do we honor this advice and attain authenticity, while exploring worlds, places, and races we've never seen? Or those that don't exist?

Start with what you know and expand the horizon beyond the facts. You don't have to be writing fiction to make use of this technique. Maybe this approach will help you craft a winning Tall Tales speech or add speculation and exaggeration to your next Humorous Speech contest.

Good news! For most of us it's easier to do this than to just think about it. Here are some prompts to get you started. I would love it if some of you sent me what you wrote. If you're willing to do that, please email me at lupusgnome@hotmail.com.

Now for the prompts to help you start with what you know and expand on that knowledge.

- Start (or end) your story with a Toastmaster from another country giving a speech on the International Space Station.

- Talk about your character trying to start a new Toastmasters Club - on another planet.
- Imagine a Toastmasters Club hosting an inter-species panel to discuss relations between Earth and another planet.
- Write about a Toastmaster solving the problem of speaking in an environment where there is no atmosphere.
- Describe two astronauts talking about Toastmasters - through the communications units on their space suits.
- Start your story with a typical Toastmasters meeting in progress. Continue when an alien being enters (walking, oozing, flying . . .) the room.
- Last, but perhaps not least, create your own prompt including Toastmasters and something fantastical (such as a meeting of Hobbits in the Shire, or?)

I look forward to hearing from you. Next month we'll talk a little about serial fiction.



Show Some Love

Jennifer Schmidt, EH2

If you love someone, you should tell them, right? It's not a secret and showing that you care is important. Toastmasters is no exception. You may not shout it from a mountaintop, or produce a Broadway musical number, but you can still demonstrate your sincerity with style.

People want to feel appreciated and happy when they make the effort to attend any meeting. With members and guests strategically choosing how to spend their Zoom time, how you show your true passion for Toastmasters starts with messaging. Personalized promotion is the key that can unlock many hearts and encourage more Club engagement.

THOUGHTFUL PROMOTIONS MAKE YOUR MESSAGE A PERSONALIZED INVITATION

Which would you prefer to receive?		
Toastmasters meeting this Saturday starting at 8:00 a.m. PST (UTC -8)	OR	Looking forward to seeing you at our Toastmasters meeting this Saturday at 8:00 a.m. PST (UTC -8)

Both simple statements have the meeting information along with the day and time. They both would include a Zoom link and be inclusive to people in different time zones. But the first choice doesn't have that warm, fuzzy feeling.

This message says if you decide to go, here's the information, not exactly inviting. The second choice is a welcoming, personal invitation that encourages attendance.

PHOTOS INTRIGUE AND MAKE A REAL IMPACT IN ATTRACTING YOUR AUDIENCE

Adding a compelling approved image of your Club members having fun helps your friends and guests to see what to expect at your meeting. I know this works because when I was looking for a new Club to join on Saturdays, almost three years ago, I found New Horizons. Their photos were the main reason I decided to attend. Members looked happy dressed up for International Talk Like a Pirate Day, Halloween, and their outdoor pool party. Their uniqueness stood out, and I was inspired to find out more.

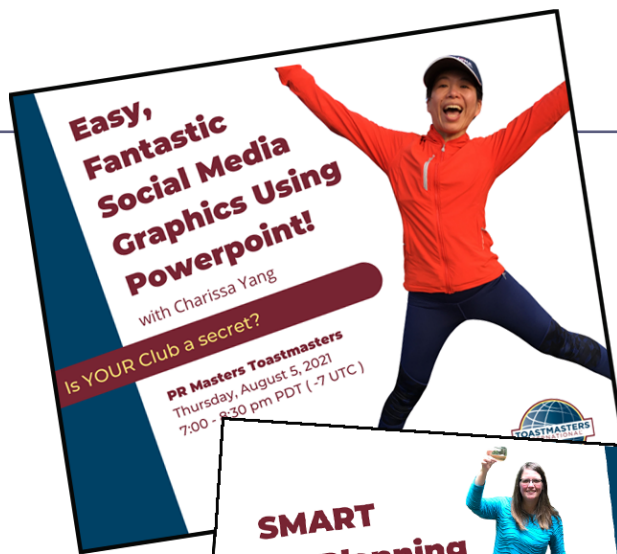
Personalized promotion is something that Maren Zieba does extremely well as the current VPPR for PR Masters. She includes different members in her posts that promote a feeling of fun and energy while also trying to meet most Toastmaster brand standards. Gestures and facial expressions are taken to a new level by actively asking members to submit their photos.

Although she never knows what photos she will get, she makes them work, showing the laughter and joy of Club members in PR Masters. Maren's posts have become identifiable to people

across the world. Partly because members actively show their love, by engaging with her posts and sharing them through their networks by liking and commenting on them. This increases the number of people who see the Club’s posts.

Consider trying these tips for greater attendance:

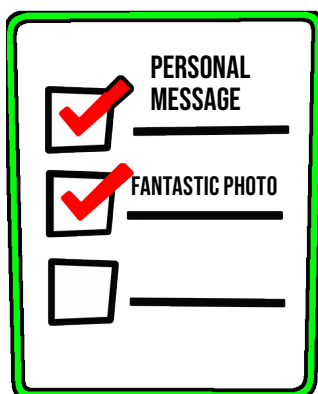
- **USE GOOD PHOTOS**—Consider having a file of member-approved photos to use for your advertising.
- **ACTIVITIES THAT LOOK FUN AND ENGAGING**—Members doing something fun, leaping, cheering, laughing, gesturing, and smiling will make the photos stand out.
- **CURRENT MEMBERS**—Seeing the people you might meet is more authentic to the actual Club experience and provides some familiar faces upon entering an unfamiliar space.



Feature your personal growth. Mention an upcoming presentation, a guest speaker, or other topics about leadership or meeting management. Perhaps you have overcome some public speaking butterflies. Share relatable highlights that will draw your audience to the meeting.

Lastly, ask for emails and follow-up with guests who do attend. Find out how they found your meeting and what compelled them to check it out. Not only will this personal follow-up and second invitation encourage them to attend again, it will also give you real-time feedback on how effective your advertising was for attracting guests.

When you invite with warmth, engaging photos, and a solid takeaway, new members and guests will be excited to attend your next meeting. By showing your love publicly, you'll increase attendance to create successful and sustainable Toastmasters Clubs. Lastly, love is expressed repeatedly. Create a plan to regularly share your love of Toastmasters through your networks to engage with more people.



DON'T FORGET THE “WHY” AND FOLLOW-UP

The last part of your post is a solid takeaway. This is the knowledge gained by members and guests when they attend your meeting. Tell them why you attend. Why is

it worth their time and energy? What will they learn that is useful both inside and outside of Toastmasters?

The Joy of Writing Revisited

David Freedman, PM2


As most of you know, the Grammarian is the arbiter of grammar usage, pointing out extraneous words in our speech patterns and noting the excellent uses of language that speakers practice during a meeting. And of course, we have our Word of the Day which changes each week, oftentimes (though not always) being related to the theme of the meeting.

As a writer, I have a particular fondness for the role of Grammarian since creating outstanding poetry or prose requires knowing the strengths and pitfalls of written and spoken language. The problem I've noticed with this style of learning is that it can lead to a type of perfectionism. It can restrict the flow of your creativity to such an extent that it stymies your efforts to create a proper essay, story, or a great speech. In this regard, both writing and public speaking have at least one thing in common. To create an eloquent piece of work that attracts and holds an audience's attention is a tricky balancing act.

It took me a long time to accept that uncertainty is a major part of the writing process and that it's okay to not know what's coming. Curiously, in planning my speeches I never had this problem as I could create an outline in much the same way I wrote essays: Write an introduction, the body of the speech

to include key points to introduce to the audience, and then end with a strong conclusion and call to action. Short stories and novels don't always follow that same pattern. Even though I love writing fiction, I fell into the trap of thinking I needed to know everything that was going to happen before I told the full story. However, I'm an intuitive writer, and when I start working on the next writing project, I eventually find the connections necessary to create a workable story or speech. It's not something

I can entirely explain; the process is utterly natural, and if I were a bit wiser when I was younger, I would have accepted that exploring the boundaries of your imagination without knowing the full story in advance can be the best form of writing. Yes, there are authors who believe that creating an outline is the better way to go, and there's nothing wrong with that way of thinking. Using an outline when creating speeches can be wonderfully beneficial. However, in my own life as a writer, intuition most often



comes into play more than outlining. I'm always surprised at the answers I come up with when I'm in the zone and not forcing myself to solve a problem or create words that are not yet ready to be expressed.

Writing has been many things for me: Therapy, an act of defiance, finding ways to express myself in several genres. In the case of writing science fiction and fantasy, I construct entire worlds that I can play around in at a moment's notice. I love being able to create something that hasn't been seen or detailed before. Writing is my calling. I wake up with a story or song stuck in my head, and other ideas will flit about willy-nilly throughout the day calling for my attention regardless of the fact that I'm supposed to be looking for a job. I've noticed a pattern in the times of day my ideas take form. In the evening, for example, I'm thinking about superheroes and comic books, even if I'm reading something entirely different or playing a video game. I've also noticed that nighttime is my best time to write, though I'm otherwise very much a morning person. And writing has been an intrinsic part of my Toastmasters experience as well, both in creating this column as well as firming up my speeches in order to create

the best presentations possible. The joy of writing is in the discovery, not necessarily knowing what the finished product will be.

Writing is an essential part to find your way in speechcraft. It can be note taking at first to brainstorm ideas and put them in a specific order. Writing your ideas down creates a foundation for your speech which you will use to the best of your ability. The end product doesn't need to be perfect, and you'll drive yourself crazy if you over edit your speech. But if you can find that middle ground where the ideas you envision match the conditions you set for your speech, you're on your way to creating something that will impress your audience. Leave perfectionism at the door, and your creativity will flourish.



Why Be An Area Director?

Crystal Clark, DTM - Division B Director

There is always a call and time to serve. This is your call, and this is your time to serve. As a Club officer you help your members achieve their objectives and Club goals. If you were elected to a Club officer position, congratulations. If you have served as a Club officer, your District Leaders encourage you to consider stepping up to the next leadership level.

Area Directors are the first line of communication between Club and District leaders. They take what they've learned as Club officers and apply it in a larger arena. They help their assigned clubs meet goals, answer questions, and solve issues when needed. They are available to assist clubs to hold speech contests, install club officers, plan open houses, and keep clubs informed about District incentives and upcoming events.

Each Area is made up of four to six Clubs within a confined geographic location. Twice a year Area Directors conduct official club visits and report their findings back to Toastmasters International and District leaders. They also participate in District Executive Committee meetings, usually held monthly, where Club successes and challenges are shared. Area Directors assist and encourage Clubs by providing feedback and identifying opportunities for

Club growth, retention, and improved member experiences.

Why is it also important to step up to be an Area Director? Leadership development is a crucial aspect of being a Toastmaster. If leadership is outside of your comfort zone, then this is the perfect role for you! As an Area Director, you receive support and training from your Division and District Directors.

What is stopping you from volunteering as an Area Director? Time? The time you put into the role will determine how successful you and your Clubs are at the end of your assignment. With the adoption of online meetings, Club visits are now easier to attend and do not require travel time! Executive meetings with other District leaders give you opportunities to gain additional perspectives and ideas to become a better leader, speaker, and Toastmaster.

Serving as an Area Director is the next logical step in your growth beyond your Club Officer role. Not only will you gain valuable skills and experiences in team building, solving issues, and serving others, you will also gain credit towards earning your Distinguished Toastmaster designation.

To learn more about serving as an Area Director, feel free to contact me at divb@d7toastmasters.org or District Director Eldred Brown, dd@d7toastmasters.org. Take the leap and volunteer to become an Area Director.

Toastmasters Leadership Institute June 3 & 4, 2022



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for assistance



The Tonya Johnson Story

Education Will Set You Free: An Inspiring Journey from Poverty to Purpose

A couple of months ago, Tonya “TJ” Johnson was a guest speaker at Wallmasters International. Her bubbly, vivacious personality made her a welcomed guest at our early Friday morning meeting. TJ’s inspirational story prompted me to ask her if I could share it

with our readers. What follows is her story, published by [Excellerate](#) along with her update after joining Pfizer Pfree Speech Toastmasters Club and serving as the VP Education. Interview published by [Excellerate](#) and reprinted with permission

Tonya Johnson grew up in poverty and went on to become a leader in her field. Now, she’s living her purpose, serving patients and uplifting others through education.

When Tonya Johnson—better known to her friends as TJ—recalls her childhood, she remembers constantly feeling hungry.

As the second oldest of seven children growing up in a low-income neighborhood in Newark, New Jersey, life was not easy. Her mother pieced together a living working in the school cafeteria and cleaning houses, but the family’s cupboards were often bare and bills sometimes went unpaid.

Still, TJ’s mother believed in a better future for her children. An enthusiastic reader herself, she knew that the path to that future started with a good education.

She had a message she would repeat to her kids everyday before school: “Education is the key; Education will set you free!”

TJ and her siblings followed their mother’s advice and pursued education relentlessly. Even

on the nights when the family couldn’t afford to pay the power bill, the kids would study by candlelight instead.

Walking to school, TJ would hide her books and take shortcuts to avoid the bullies who picked on her because she was smart and studied hard. “They thought we were trying to be better than everyone else.”

That could not be farther from the truth. Humility was woven in the fabric of TJ’s being before she even understood what it meant. She did not consider herself better—she simply wanted a better way out of her circumstances.

Her work paid off when, years later, TJ graduated with her PharmD from Rutgers University. Her mother watched from the audience with tears of joy streaming down her face. During that time, her mom and grandmother had also gone back to school to get degrees from Seton Hall and Essex County Community College, respectively.

TJ never forgot her humble beginnings. In her

early pharmacist roles, she took the opportunity to give back to the community that raised her. She spent the first years of her career working part-time in local inner city pharmacies, where she took the extra time to come out from behind the counter, answer questions, and address the health concerns of customers from the neighborhood—her neighborhood.

TJ loved her work as a community pharmacist, but she also wanted to research, discover, and produce new medications for patients. Moving into the world of pharmaceuticals, she had the chance to fulfill that desire.

However, in her early years in big pharma, TJ was an outsider. It was the 80s, and as the only African American woman on the team, she was not initially invited to the ‘good old boy’ clubs or to the golfing and fishing outings where relationships were built and important decisions about promotions and recognition were made.

“This was a different time,” says TJ. “Diversity and Inclusion weren’t talked about the way they are now. It’s also important to note that not all challenges were external. Some of the barriers were those I built in my own mind. I had to learn the power of networking, identifying mentors—both men and women—who connected, encouraged, and supported me. That awareness and mindset changed my path and self-confidence immensely.”

TJ is grateful for leaders and colleagues over the years who became her allies, understanding the barriers she faced and working together to come up with ideas to overcome them. They encouraged her to advocate for herself and took steps to ensure that she received recognition for her achievements. She even learned to golf and

discovered that she loved it.

TJ became even more excited by how much good she could do in pharma and soon found her purpose—education and training. For anyone who knew about TJ’s upbringing, it came as no surprise that her career brought her back to education.

TJ rapidly advanced through a series of varied roles in research and development, eventually finding her home in world of Medical Affairs, where she had the opportunity to do what she loved—teach. She was quick to learn the Medical Science Liaison (MSL) role, even as she started it with no experience. Her passion for education and building strong healthcare professional relationships shone through in everything she did, and as she began to take on leadership positions, her peers admired her authentic and



collaborative management style.

As National MSL Director, Global Medical Excellence Director, and most recently, Director, US Oncology Field Medical Strategic Operations,

TJ is living the purpose that brought her to pharma. In her roles, she has had the chance to support Field Medical Teams providing education and strategic support that ultimately helps healthcare professionals and patients. She has travelled globally to teach in China, India, Italy, Canada, Latin America and other world destinations—experiences that have exceeded even her most lofty childhood dreams. Like most of her career choices, her pursuit of leadership roles is rooted in her love of teaching, training, and education. Education—the simple, yet profound vision her mom instilled so many decades ago—was indeed the key to freedom, power, and purpose.

She is also dedicated to uplifting other women and minorities the way others once helped her in her career—it's her way of 'paying it forward.' She has worked on initiatives to empower women in pharma, and she has mentored young African American students in Pharmacy.

And as a parent now herself, she has passed on her mother's passion for education to her three boys. Her oldest is at Yale University, her twins are looking forward to touring colleges, and her sister's son is at Harvard University.

"What my mother said turned out to be true," says TJ. "Education was the key—and it has set us free."

Next is TJ's update since joining Pfizer and becoming a member of Pfizer Pfizer Speech Toastmasters Club. [editor.]

"What an absolute honor it is to be a team member of the Pfizer Oncology Field Medical family! I joined Pfizer in October 2021 as Director, Oncology Field Medical Strategic Operations. What is my "job" as some would



TJ celebrating her son Sean's first day at Yale with the family

ask? Well, a better question for me is: What is my JOY? You see, it is my JOY to support our US Oncology Field Medical Team by fortifying their Healthcare Professional (HCP) Engagement Soft Skills, Compliance Training, Processes, and Technologies. If I can find a way to help my colleagues, I'm on it. That's right folks; to teach is my passion! Through teaching and learning from my colleagues, I find JOY!

That's exactly why it is so amazing that I was introduced to the Pfizer Toastmasters Club via my Pfizer Onboarding Director, Bathsheba Cohen who was Toastmasters VP of Education. I immediately enjoyed the spirit of comradery, education, leadership development and FUN! Not only did I become a frequent visitor but I enthusiastically took on meeting roles and became Pfizer Pfizer Speech VP Education when Bathsheba retired from Pfizer. As I finish my term as VP Education in June 2022, I will begin my new role as President of Pfizer Pfizer Speech in July 2022. It's been a wonderful journey, and through it all, my mom's message still stands strong: "Education is the Key, Education will set you free!"

LOVE IS IN THE AIR

Memories shared by Wallmasters International members



Contributed by Cleon Cox, DTM—
My Great grandfather drew and wrote this card back in 1898.

"A place in thy memory dearest,
Is all that I claim.
To pause and listen when thou hearest,
The sound of my name.

G.W.G.Jackson 10/21/98(1898)

George William Gresley Jackson was but 18 years old. He subsequently married Lucille W. Daughterman of San Francisco, CA in 1899.

Contributed by Rodger Cook, DTM—

This "Anniversary" ring was a present given to my wife's mother's great grandmother by her husband. They lived in Minnesota. While he was on a business trip, in San Francisco, he wrote his wife a letter that says, "... will bring you back something that will make your eyes shine." The original letter, of August 24, 1906, and the ring has been passed down to the first-born daughter of subsequent generations.



"Forget me not!
I ask of thee
Reserve one spot
In your heart for
me."

**Contributed by
Theresa Roth by
way of her sister-
in-law Nancy
Roth, Cornwall,
England—**

This Valentine card was sent in 1917 by the boy who would become my father to the girl who would (18 1/2 years later) become my mother. I'm now 73. So the Valentine is actually getting on a bit -- 105 years!

The card is a very clear declaration of love. More than a century old now, it speaks of durability, even timelessness. To me, at least, its status as a commercial product in no way diminishes that mystery: it rather implies that love is infinitely durable, infinitely adaptable, perfectly particular, and at the same time, the same for us all.



WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Terpmasters	Afton	Teresa
Communicators Plus	Albertazzi	Bryce
Sherwood Town Criers Club	Brouse	Renee
Communicators Plus	Caisse	Amber
Lebanon Toastmasters	Cooke	Mary
Clark County Toastmasters Club	Cota	Emanuel
Terpmasters	Davila	Gabrielle
Sunrise Toastmasters Club #1492	DeBray	Lauren
Terpmasters	Dullum	Casey
Speakeasy Toastmasters	Emeka-Nweze	Chika
Clack-Orators Toastmasters	Fadenrecht	Christina
Terpmasters	Fitzgerald	Liz
Coachmasters Toastmasters Club	Foster	Michael
Clark County Toastmasters Club	Fournier	Carrie
Fortunate 500 Club	Freund	Katelyn
Clark County Toastmasters Club	GREEN	DEANNA
Terpmasters	Hagell	Missy
CareOregon	Hale	Quryynn
NoonTime Club	Herrle	Joseph
Newberg Toastmasters Club	Higgins	Michael
Tualatin Valley Toastmasters Club	Hitt	Victor
Timber Talkers	Holbrook	Danielle
Terpmasters	Hosseinzadeh Mehdi-khani	Hamid
Terpmasters	Hull	Drew
Speakeasy Toastmasters	Jemilehin	Tosin
Terpmasters	Jensen	Mariah
West Beaverton Club	Kharisova	Anna

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Terpmasters	Kramer	Chelsea
Terpmasters	Ky-Zuccolo	Kim
Waffle Toasters	Labelle	Viviane
Marylhurst Toastmasters	Lammers	Jack
University of Oregon Club	Lee	Miles
Terpmasters	Le-Reiver	Mike
Arlington Toastmasters Club	Levine	Jonathan
Terpmasters	Lira	Jonathan
CareOregon	Miller	Dane
Silicon Forest Club	Murgo	Rudy
Toast of Corvallis Toastmasters Club	Murphy	Kellie
Blue Ox Club	Patrick	Cristina
Terpmasters	Rosecast	Jason
Wallmasters International Club	Roth	Theresa
Terpmasters	Salvador	Dustin
Essayons Club	Samoei	Mary
Terpmasters	Saul	Jana
Terpmasters	Schoppenthau	Alexander Von
Wake Up, Beaverton! Toastmasters	Sears	Paige
Waffle Toasters	Shah	Khanjan
Arlington Toastmasters Club	Shah	Aalok
Terpmasters	Skowron	Hunter
Sherwood Town Criers Club	Stott	Lamont
Terpmasters	Stowe	Sara
Sherwood Town Criers Club	Swanson	Michael
Terpmasters	Trivedi	Vaishnavi
Arlington Toastmasters Club	Turner	Erik

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Terpmasters	Verde-Green	Forrest
Terpmasters	Vreeke	Shawna
Toasting Excellence Club	Warrington	Eliva
Downtown Public Speakers Club	Williams	Helen
Terpmasters	Young	Jasmine
Terpmasters	Young	Tressa

FIND YOUR NEW PATHWAY TO FUN!
MEET NEW FRIENDS, ENGAGE, LEARN, AND GROW

New Horizons Toastmasters #1360

Saturdays: 8 - 9:30 AM PT (-8 UTC)

.....

Zoom Link

Meeting ID: 894 0261 6761 Passcode: 1360

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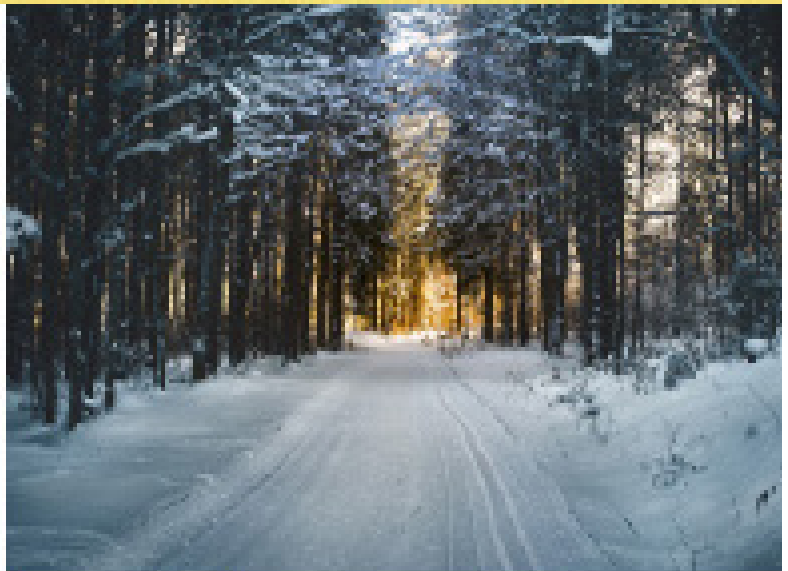
Facebook

The New Horizons Toastmasters Club of Oregon
(District 7)

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Website

<https://1360.toastmastersclubs.org/>



Come for the FUN, Stay for the GROWTH

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	Club NAME
EH2	1/24/2022	Altman, Daniel D	Tualatin Valley Toastmasters Club
IP4	1/13/2022	Baker, Jean Margaret	Noon Talkers
VC2	1/19/2022	Blue, Lisa B.	Wagon Tongues
VC1	1/26/2022	Bonilla, Gabriela Selene	Roseburg Spkrs and Storytellers
EC1	1/13/2022	Buchanan, Ela	Wagon Tongues
VC3	1/15/2022	Chisholm, Mary	Oregon Online Toastmasters
PI4	1/27/2022	Cody, Janna Christine	Banfield Barkers
TC2	1/10/2022	Coleman, Anne D.	Professionally Speaking
MS1	1/24/2022	Coussens, Nathaniel	At The River's Edge Club
SR1	1/28/2022	De Graff, Peter B.	Speakers With Spirit Club
PWMENTORPGM	1/30/2022	Fettig, Chase	Sunrise Toastmasters Club #1492
PI2	1/21/2022	Figueroa, Ellie	Speak To Lead Toastmasters
SR1	1/26/2022	Fitzmaurice, Mark	Silicon Forest Club
PM3	1/22/2022	Garon, Lisa Nicole	Sherwood Town Criers Club
IP5	1/24/2022	Goodrich, Daniel A.	Professionally Speaking
IP4	1/10/2022	Goodrich, Daniel A.	Professionally Speaking
VC5	1/31/2022	Grothe, Helen M.	Early Words Club
VC4	1/31/2022	Grothe, Helen M.	Early Words Club
PI3	1/10/2022	Gullam, Elizabeth	CareOregon
PM3	1/2/2022	Hamilton, Linda Reed	Coachmasters Toastmasters
EC1	1/26/2022	Hanasoge, Ravishankar	Roseburg Spkrs and Storytellers
PM3	1/17/2022	Hubbard, Katrina L	Cedar Hills Club
PM2	1/17/2022	Hubbard, Katrina L	Cedar Hills Club
PM1	1/17/2022	Hubbard, Katrina L	Cedar Hills Club
PI5	1/27/2022	Ino, Ellen Miyo	Portland Progressives
DL1	1/25/2022	Izasmendi, Ixchel	Roseburg Speakers and Storytellers
LD1	1/25/2022	Jahraus, Penny M.	New Horizons Toastmasters Club

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	Club NAME
IP2	1/10/2022	Lavagnino, Teresa	CareOregon
MS1	1/5/2022	Lee, Heather Kristen	Professionally Speaking
EH5	1/4/2022	Lee, Maria R.	Evergreen Club
PM4	1/24/2022	Mathis, Steve Nathaniel	Professionally Speaking
PI2	1/10/2022	Mathis, Steve Nathaniel	Professionally Speaking
PI4	1/24/2022	McDaid-O'Neill, Conor Joseph	Professionally Speaking
PM2	1/22/2022	Miller, Joan	Civil Tongues Club
PM3	1/5/2022	Montejo, Maria Del Pilar	Tell Me A Story
PI2	1/25/2022	motagam, Ruqaiya	Roseburg Spkrs and Storytellers
PI1	1/4/2022	Nissen, Bella	Lake Oswego Toastmasters Club
PM1	1/30/2022	Overcash, Amanda	Sunrise Toastmasters Club #1492
IP2	1/30/2022	Overcash, Amanda	Sunrise Toastmasters Club #1492
PM4	1/10/2022	Patel, Poonam Uresh	New Beginnings Toastmasters
LD5	1/4/2022	Peaker, Megan N.	Evergreen Club
LD4	1/4/2022	Peaker, Megan N.	Evergreen Club
LD3	1/4/2022	Peaker, Megan N.	Evergreen Club
PI5	1/4/2022	Peaker, Megan N.	Evergreen Club
PI4	1/4/2022	Peaker, Megan N.	Evergreen Club
PI3	1/4/2022	Peaker, Megan N.	Evergreen Club
PI2	1/4/2022	Peaker, Megan N.	Evergreen Club
PI1	1/4/2022	Peaker, Megan N.	Evergreen Club
PM4	1/19/2022	Procetto, Geri	Myrtlewood Hootowlers Club
IP2	1/25/2022	Putri, Melva	Roseburg Spkrs and Storytellers
DL4	1/5/2022	Schwartz, Alan Matthew	Professionally Speaking
PM2	1/19/2022	Searcy, Mallory Anne	Storymasters Toastmasters
PM1	1/15/2022	Searcy, Mallory Anne	Storymasters Toastmasters
TC1	1/12/2022	Shehorn, David A.	Bend Toastmasters

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	Club NAME
PM3	1/12/2022	Stark, Katherine	Wagon Tongues
PM2	1/10/2022	Stark, Katherine	Buckaroo Toastmasters
MS3	1/28/2022	Stephan, Stephanie	Waffle Toasters
EH3	1/11/2022	Talley, Kamili	New Horizons Toastmasters Club
EC4	1/8/2022	Taylor, Emilie	Feedbackers Toastmasters Club
DL3	1/18/2022	Taylor, Renee	Myrtlewood Hootowlers Club
MS3	1/18/2022	TAYLOR, RICHARD B	Myrtlewood Hootowlers Club
PM1	1/10/2022	VanCamp, John Allen	Professionally Speaking
PM1	1/3/2022	Vandewettering, Brian M	Liberty Talkers
PM2	1/23/2022	Wentworth, Morgan	Encouraging Words Club
IP5	1/4/2022	Wolf, Brian D	Evergreen Club
IP4	1/4/2022	Wolf, Brian D	Evergreen Club
IP3	1/4/2022	Wolf, Brian D	Evergreen Club
PWMENTORPGM	1/4/2022	Wolf, Brian D	Evergreen Club
PM4	1/26/2022	ZAFIRI, ALICE	Roseburg Spkrs and Storytellers
PM3	1/26/2022	ZAFIRI, ALICE	Roseburg Spkrs and Storytellers
PM2	1/25/2022	ZAFIRI, ALICE	Roseburg Spkrs and Storytellers
PM1	1/25/2022	ZAFIRI, ALICE	Roseburg Spkrs and Storytellers

TRIPLE CROWN AWARD PINS

Name	Number Earned	Awards
Abramowicz, Peter	3	PI5 , PI3 , PI4
Avington, Gwendolyn	4	DL3 , DL4 , DL5 , DL2
Baker, Jean Margaret	4	IP5 , IP2 , IP3 , IP4
Baker, Jennifer L.	3	EC2 , EC3 , EC1
Batchelder, Lindsey	3	EC3 , EC4 , EC2
Beck, Kate Diane	5	PM2 , PM3 , PM4 , PM5 , PWMENTORPGM
Bergman, Erik	4	EH4 , VC1 , VC3 , VC2
Briggs, Tom A	3	PWMENTORPGM , PM5 , VC1
Brozovich, Karen	3	PM5 , TC1 , TC2
Chandra, Sieana Ayu Anantya	6	PM2 , PM3 , PM4 , PWMENTORPGM , PM1 , PM5
Chilson, Douglas K	3	LD1 , LD2 , LD3
Corbin, Tamsen	3	VC3 , VC2 , TC4
Cottingham, Dorothy	4	VC4 , TC1 , TC2 , VC5
Edinger, Allan B.	5	EH3 , EH2 , EH1 , EH5 , EH4
Fanning, Paul C.	3	EH3 , EH4 , EH5
Garon, Lisa Nicole	3	PM3 , PM2 , PM1
Grothe, Helen M.	5	VC3 , VC1 , VC2 , VC4 , VC5
Hall, Robert B.	3	EC3 , EC2 , EC1
Harmon, Phyllis A.	3	EH2 , PM4 , EH1
Harris, Elizabeth M.	4	DL3 , DL4 , PWMENTORPGM , DL5
Horenstein, Dorice	4	PWMENTORPGM , TC3 , TC4 , TC5
Hubbard, Katrina L	3	PM1 , PM2 , PM3
Johnson, Stephana M.	3	DL1 , DL2 , DL3
Kennedy, Vickie D.	7	PM1 , PM2 , PWMENTORPGM , IP5 , PM3 , PM4 , PM5
Kleffner, Jerome T.	3	LD1 , LD2 , LD3
Kleffner, PJ	3	VC4 , PM1 , EH3
Leach, Bob	4	DL3 , PM1 , PM2 , PM3
Lee, Maria R.	6	EH5 , EH1 , PWMENTORPGM , EH2 , EH3 , EH4
Lee, Rusty	10	EH2 , TC1 , PWMENTORPGM , TC2 , TC3 , EH3 , TC4 , TC5 , EH4 , EH5
Lindquist, Leanna	3	EH2 , EH1 , PM5
Locke, Julius Patrick	3	DL3 , LD4 , LD5

TRIPLE CROWN AWARD PINS

Name	Number Earned	Awards
Loeb, Suzanne L.	11	PM5 , DTM , VC3 , VC4 , PWMENTORPGM , PI1 , PI2 , PI3 , PI4 , PI5 , VC5
Maas, Lieve	4	EC1 , EC2 , EC3 , EC4
Marquardt, John	3	IP2 , IP4 , IP3
Marsh, Brandon D.	3	PM1 , PM2 , PM3
Mathis, Steve Nathaniel	4	PM4 , PM2 , PI2 , PM3
McFadden, Cheryl	3	EH2 , EH3 , PM3
Morbitzer, John Steven	3	IP2 , IP1 , IP3
Naylor, Linda	6	PI1 , PI2 , PI3 , PI4 , PI5 , PWMENTORPGM
Obritschkewitsch, Kristine Jean	4	TC5 , PM1 , PM2 , PM3
Peaker, Megan N.	13	PI1 , PI2 , PI3 , PI4 , PI5 , LD3 , LD4 , LD5 , IP4 , IP5 , LD1 , LD2 , PWMENTORPGM
Pettit, Ray Lee	4	SR3 , SR4 , PWMENTORPGM , SR5
Priestley, Mitchell B.	11	DL1 , PM1 , PM2 , DL2 , DL3 , PM3 , PM4 , DL4 , PM5 , DL5 , PWMENTORPGM
Redgrave, Cheri A.	3	PM1 , IP5 , PM2
Rosenberg Brown, Sarah	3	LD1 , LD2 , LD3
Sarsten, Samuel Christian	3	IP2 , IP3 , IP4
Schellenberg, Lyle W.	3	PI3 , MS4 , PI2
Shehorn, David A.	8	EH5 , TC2 , TC3 , PM1 , PM2 , PM3 , PM4 , TC1
Siegel Cogen, Arlene	3	DL4 , PWMENTORPGM , DL5
Smiley, Charlie	3	EH1 , EH2 , EH3
Smith, Joshua D.	3	EH5 , IP3 , IP4
Stark, Katherine	6	PI4 , PM1 , PI3 , MS5 , PM2 , PM3
Stephan, Stephanie	3	MS2 , MS3 , MS1
Strickland, Scott R.	3	PM1 , EC5 , PM2
Svehaug, Alan R.	4	PM1 , MS4 , PM2 , MS5
Takamura, Ted J.	3	EH4 , EH2 , EH3
Taravade, Kunal	6	DL1 , DL2 , DL3 , DL4 , DL5 , PWMENTORPGM
Taylor, Emilie	9	SR4 , EH4 , DL1 , EC4 , DTM , PWMENTORPGM , PM2 , PM1 , EC3
Thomas, Edward	4	SR5 , SR3 , SR4 , PWMENTORPGM
Wolf, Brian D	5	PWMENTORPGM , IP3 , IP4 , IP5 , IP2
ZAFIRI, ALICE	4	PM1 , PM2 , PM3 , PM4

HAPPY ANNIVERSARY TO FEBRUARY CLUBS

CHARTER DATE	YEARS	Club	CITY
2/20/2019	3	3 Stripe Adidas	Portland
2/1/1953	69	Blue Ox	Portland
2/1/1973	49	Bootstrappers	Salem
2/11/2008	14	Buckaroo	Molalla
2/1/1955	67	Cedar Hills	Portland
2/1/1982	40	Encouraging Words	Longview
2/14/2021	1	Friday Night FUN Masters	Sutherlin
2/1/1995	27	Mentors Of Focus	Wilsonville
2/9/2016	6	MIME Speaks	Corvallis
2/12/2013	9	MultCo Toasties	Portland
2/1/1964	58	Oregon State	Corvallis
2/20/2001	21	Unified	Ashland
2/11/2009	13	Wake Up, Beaverton!	Beaverton
2/1/1992	30	Washington Street	Portland



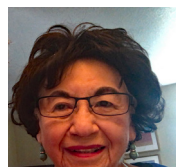
Cleon Cox, DTM



Lee Coyne, ATMS



Crystal Clark, DTM



Loretta Schwarz-Reed, DTM



David Freedman, IP3



Paul Fanning, DTM



Eldred Brown, DTM



Phyllis Harmon, DTM



Jennifer Schmidt, EH2



PJ Kleffner, DTM



Jim Robison, DTM



Rodger Cook, DTM



Ken Coomes, DTM



Theresa Roth



Leanna Lindquist, DTM

Tell Me a Story

Toastmasters

Tuesdays - 7:00-8:15 pm
Currently Meeting Online



Share ideas through story—Learn how at Tell Me A Story Toastmasters
[Click here](#) for more information on joining us for an online meeting