

Dave Bones, DTM

2020-21 District Toastmaster of the Year

For the Love of Learning

Cover Story - Page 6



*Please Join
Two Clubs for*



TALL TALES AND TABLE TOPICS CONTESTS

OCTOBER 28, 2021

6:30-8:00 PM

Clackamas Stepping
Stones
and
Marylhurst
Toastmasters Club

Guests are welcome.
Zoom opens at 6:15.

ZOOM 

Register at [Eventbrite](https://www.eventbrite.com).

Events Galore!

Phyllis Harmon, DTM, PDG - Publisher/Editor

Have you looked at the D7 event calendar recently? There are many opportunities to connect. Contests, webinars, you name it—people are actively seeking your participation in their events!

I love the look of the calendar. It is bright and inviting. The events are there for the choosing. Since all are online, it makes attending them easy and fun. No more trying to find addresses, parking slots, and showing up at the door.

On top of that, our new Public Relations Manager, Stephana Johnson, launched *Saturday Morning Social with PR Manager Stephana*. It looks like it will be a great hit with members. She is posting the videos on the D7 Toastmasters Facebook group as well as the D7 Youtube channel. Check it out!

Several clubs are holding Tall Tales contests in preparation for the International Speech and Speech Evaluation Contests that begin at the Club level in December. Tall Tales are always fun events.

Toastmasters Leadership Institute program planning is underway. Lorri Andersen, Program Quality Director, has added her touch to the semi-annual event by scheduling some sessions on Friday night, with the main event on Saturday. More to come on that in the next issue.

I also see that there are open houses and new club kickoff meetings scheduled. These are also must attend events, don't you think? We have so much to choose from just by opening the District 7 calendar. My challenge is deciding which events to attend. Which ones will I see you at? I think I'll choose that, and that, and . . .



EDITORIAL

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VOICES!



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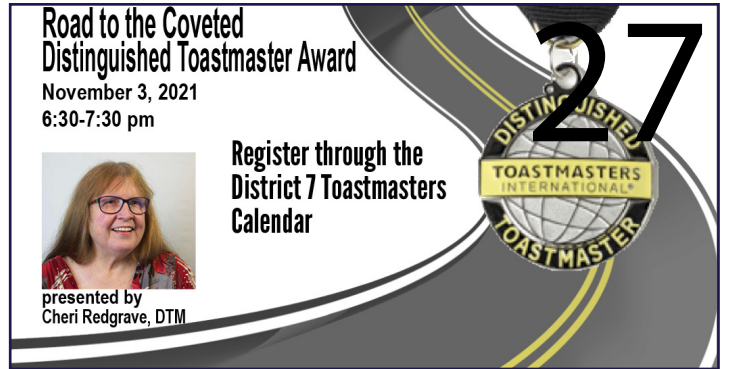
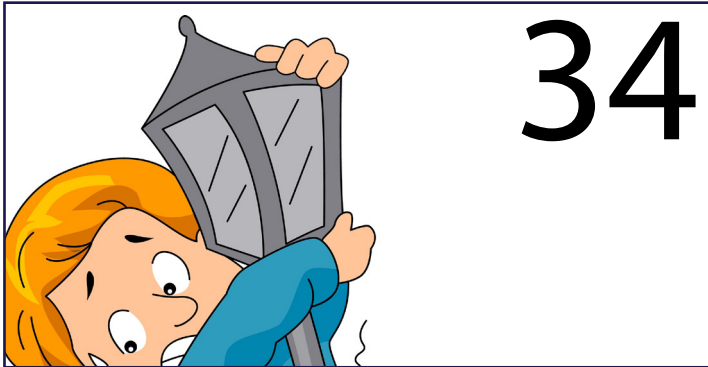
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Dave Bones, DTM FOR THE LOVE OF LEARNING

Phyllis Harmon, DTM

The 2020-21 District Toastmaster of the Year recipient is Dave Bones, DTM. In a recent two-hour Zoom call, Dave shared his love of Toastmasters and music.

Dave joined Toastmasters in 2010 after reading *Rich Dad, Poor Dad* by Robert Kiyosaki. In the book, rich dad recommended joining Toastmasters to overcome speaking before large crowds. Bones said, “I thought if it’s good enough advice for Robert Kiyosaki, it was good enough for me.”

Also, he was so inspired by the book that he flew to Arizona to be trained by Rich Dad Company as a Cash Flow Club Leader. Dave says he was passionate about wanting to improve his own situation and help others if he could.

“I actually was a Cash Flow Club leader for a year plus—we had meaningful interactions. The mission was never that I was going to tell someone what to do with their finances. It was more like people coming together wherever they’re at and share.

I took the structure seriously. I took the structure that they trained me on, which happened to be very solid in terms of helping people. It always comes back to it, I guess, helping people with principles, meeting them where they’re at, and connecting at that level. We had some really meaningful meetings. I don’t look back on that with regret at all. I’ve since gone

a different direction but the training is always with me, you know?”

After being a part of Rich Dad Coaching for a while, Dave decided to go a new direction. Bones, “I thought I have more to share with my music than I did with financial topics. I just, you know, I had much more background in music.”

Dave finds that the training he received has been instrumental in his success in Toastmasters. “I take this quite seriously. I feel like I have something to contribute. I’ve really worked hard on the fundamentals in Toastmasters like the things I’ve tried to share. I think it makes a difference, you know? I like to make that difference. I’ve also studied communication techniques since 2016.”

It wasn’t until 2020, after earning a DTM in the traditional program, that Dave finally took an interest in Pathways. “This literally

came from a conversation that I was having with PJ [PJ Kleffner, 2020-21 District 7 Director] late at night. He was gracious with his time. He’s really been beneficial and helpful for me this past year. He answered questions that I’ve had for 10 years. The way he explained it—not only did he explain the ‘What’ but he explained the ‘Why.’ And with my personality, I needed that—it can’t just be the ‘What.’ Yeah. So that was huge. And I remember asking in earnest, ‘What is the best way that I can contribute this coming year (you know, that was last year).’ And we were both worried about the transition from the traditional program with the CC and CL manuals.

All we now have is Pathways, and let’s face it, it’s primarily digital. Then it hit me—that’s what I need to do.

After emailing within the District seeing how I could collaborate or help with Pathways, Dr.



Gwendolyn Avington gave me the opportunity as the Division H Pathways Proponent. Her infectious commitment and passion as the Pathways Proponent Committee Chair, empowered my dedication in Pathways. We had many long conversations, and she supported me at several club presentations I gave throughout the year (including one with Cedar Hills Club at 6:45 AM!). My growth and passion simply would not have been the same without her challenging and encouraging me.

I dove in headfirst—seven days a week for 365 days. I studied Pathways. I’ve seen every long form video on YouTube. And I checked out other District websites and PDFs, interacted. I went from not being exposed to Pathways to total immersion. Actually, I had a negative beginning in Pathways. I’m not gonna say I was a naysayer, but I was close.

But the thing that got me fired up about this, and just sort of got the whole thing started in addition to PJ’s conversation, was being an Area Director. I had people in other Clubs asking me questions about Pathways, as well as my own Club members.

So I’d figure out their question. I was asked hard questions. I was up all night trying to figure this stuff out. And the big challenge is not figuring out a particular question, but it’s actually figuring out what question are they really asking me? That’s what took me literally all night, many, many nights. Because it’s like, okay, they’re asking me this, but actually, really, they’re asking me like four questions. And I needed to figure all those out. So that’s where it all started.”

Before Pathways and Toastmasters, there has

always been Dave’s love of music. He and his two younger siblings grew up outside of Boston, Massachusetts. His dad loved music, and was a drummer before the kids were born.

“I have to give my dad credit. My relationship to music is very related to his exposure. My dad used to play the drums. He stopped playing around the time that he started having to raise us kids. But he never left the love of it. He didn’t play but he still had a drum set in the basement. His stool was too high even at the lowest setting. So he set up a milk crate for me to just sit and play the drums. He would put on a Count Basie recording. I’d be down there for a couple hours just playing with Basie. I never forgot it.

The way he described seeing the Count Basie Orchestra live, how the dynamics would be so quiet, you could hear a pin drop. Then all of a sudden out of nowhere, just larger than life, scare you out of your seat. Then in another second, they’re back to that pin drop. Silence. Yeah. And he said it was so clean, so swinging—I just never forgot his stories. I didn’t even have to be there. I was just so fascinated by his stories, you know? He would play those recordings for me, and we would just really appreciate the music together.”

Dave was introduced to the trombone in the 4th grade, an instrument he continues to play today.

“I’ve had a constant love affair and it’s never taken a break. I was hooked at nine years old. I just loved the sound and the shape orientation of the music. I’ve just always loved the trombone—always loved music.”

Dave admits that he was not the ideal student. Music was what he cared about, not academics. He joined the school band in the 4th grade. For



the first year, he never remembered his trombone. He borrowed his band instructor's for the whole year. He does share that his memory improved in the 5th grade and he has never forgotten his instrument since. After high school, he attended the Berklee School of Music in Boston. "That was magical. I just feel so fortunate to have had that experience. I dove in absolutely headfirst. You know, with the culture of the music. It was so different.

It certainly wasn't urban where I grew up. But yet, you know, going into Boston, just the fast moving pace. I love the city. I love the multicultural environment. That was one of my favorite things, meeting people from different countries. Even if we didn't speak the same language—I don't speak other languages very well. But whether it's that we're struggling to do English, or I'm trying to do Spanish, or whatever it is, when we picked up our instruments, it's like,

ability to hang. Yeah.

But you know, the ability to contribute in a meaningful way where there's obviously some kind of mutual respect going on. That was something I was really engaged with.

When playing with people, it's like being around great speakers. I'm sure your game rises when you play with people or work with people like that."

Dave's musical career put him in touch with artists and musicians well-known in the industry at the time. He shared, "My dad was a fan of Bob Marley, reggae artist. And my dad was like me—whatever style it is, if it's good music, we like it. Yeah. And I heard something very authentic. I heard a groove that was so deep. Anyway, I was a fan since I was a kid. And when I was in college, I played with a reggae band.

We opened up for the Wailers, which was, you know, Bob Marley and the Wailers. Bob

'Oh, I get it', you know? Yeah. It was a common type of language.

And I've always been fascinated. I just had a chance to meet literally world-class musicians, play, and interact with them. People that were way above where I was at that time were super gracious, spending their time and energy with me. A big part of my goal was not so much to try to be at that level in my own playing, but it was the

Marley had passed but I was fascinated by the bass player in his group.

I didn't know his real name, but I was introduced to him as [Family Man](#). I had a chance to hang out with one of my idols. He even invited me on their tour bus at the time. He was very gracious. I played kind of an obscure song that nobody probably would know, unless you knew about that genre. He knew it instantly. I remember him saying, 'cool trombone man.' That was a real compliment."

I asked Dave if he had any other memorable stories in his musical wanderings. Bones, "it was interesting working on the cruise ships. I think my favorite thing about that was the ability to play with name artists. I was probably right at the tail end when those name artists were still using a show orchestra. So that was super. I have to try and recall. The Fifth Dimension was one. The Platters. Maureen McGovern who sang *The Impossible Dream*. The Fifth Dimension was one. The Platters. Maureen McGovern who sang *The Impossible Dream* or something. She would sing jazz in the style of Annie Ross. Bill Cunliffe, who was a jazz piano player and composer—just a lot of big names. It was magical just being able to do that on the water. It was a little crazy sometimes. But, I certainly am glad I did it. I think the big benefit, again, was the chance to interact with some of the big name artists. It's just like in Toastmasters—getting a chance to meet and connect with different types of people from different backgrounds.

In moving to Portland from Boston, Dave found a city vibe he felt comfortable with. "I knew that I wanted the benefits of an urban environment. I wanted the benefits of both an

urban environment with a small town feel, and nature around it. And maybe a slightly more laid back feel. Boston—I mean—I am an East Coaster! So I understand that attitude, and I can quickly do things—but I also liked the laid back, take your time approach to things. And Portland seemed to be exactly that.

The music community in many ways embraced me very quickly. I was able to start playing right away in jam sessions. I met some wonderful individuals, people very willing to share their knowledge and their talent."

Today Dave is a private music teacher and an artist representative for S.E. Shires Company, a top trombone manufacturer. He finds that Toastmasters has helped tremendously in improving his communication style. When asked to elaborate, he shared "Well, certainly professionally, you know, in my teaching, so one on one, absolutely much better connection on Zoom. And in person for that matter. Like all the gestures and things like that I do all this in person. I'm like, 'how can I connect? How can we connect to accomplish what we're doing together?' So one-on-one clinics all day long."

Dave says that he tutors whole brass sections in addition to his one-on-one sessions. "It's definitely like the whole low brass—that would either include all the trombones, or it could be trombones, baritones, tubas. And sometimes I also do clinics for a jazz band. I'll help them with improvisation. And that would involve 15 people in the band of all instruments, for example.

As a former Feedbackers member, Dave has used his evaluation skills to help struggling clients find their mojo. When I asked for an

example, Dave said, “I had a student when he first started, no matter what position no matter what he did, it was always the same note. He just could not change notes. I’m sure that must have been a little disheartening for him. I used the sandwich method with authenticity in the middle, and met him where he was. So I said, ‘Wow, you have such enthusiasm for the trombone. You have fun doing this, don’t you?’

He’d be like, ‘Yeah, Yeah, I do.’

‘Wow, that’s so great. Boy, what you bring to the trombone is so special. I’m just noticing that this is really an important note to you. You really like this note, don’t you?’

He’s like, ‘Yeah, I guess I do. It’s comfortable. I like it.’

‘You know, as great as that note is, I also get a sense that you might want to try some other notes. Is that correct?’

So then you kind of build on that. It’s not me saying it’s bad that you can only play one note. It’s like, I’m meeting them where they’re at. They’re like, ‘yeah, yeah.’ And now they’re kind of open to how they could improve that particular skill.

So we get them hooked, we get them interested, get some success. Also the eyes light up, and the big smile comes along. And just like any evaluation, then you end with a motivating message.”

As our conversation came to a close, I asked Dave one final question: What would you like the next generation to remember?

His reply, as always, was thought

provoking: “Honor your own thinking process. As a teacher, my mission is not so much to tell them what to think. It’s more to lead by example, to honor their own independent thought, to make their own judgments. I just get so fired up, when I have a student that totally disagrees or agrees with me on a given point. I just I love that. If I could imbue encouragement—so often I think young people, older people, whomever—we are bombarded with people telling us what to think. I think a lost art is helping people to think for themselves. And please be honest, please give evidence when expressing a point of view. If you don’t give evidence, it’s proselytizing. It is not teaching. And don’t take ‘No’ for an answer. I truly see the best of people. In communication, even if it’s going one direction or another, I do my best to direct it so it’s the best in us. “



Introduce **Pathways** into Your Club Culture

**Join
Us!**



Zoom Webinar
November 10, 2021 - 7-8pm

Register on the D7 Calendar

Presenter: Dave Bones, DTM

**Register
Here**

[Watch Dave's Pathways Series on Youtube](#)

It's All About Club Quality!

Eldred Brown, DTM
Director 7 Director

Working through the dashboard reports and seeing how member retention continues to be a huge global challenge in our COVID world prompted me to think about what keeps people active in their clubs and more likely to stay through the storm. The thought that kept returning to my mind, both while alone and in conversations with other District leaders, is that member retention consistently boils down to club quality. High-quality clubs tend to keep their members more successfully and suffer less attrition. What, then, makes a club a high-quality club? Let me share with you from my personal experience what characterizes a high-quality club by talking about why I keep renewing my membership in my home clubs.

I am a member of three clubs: Babble-On Toastmasters, Marylhurst Toastmasters, and Feedbackers Toastmasters Club. Each has been a President's Distinguished Club for the past several years. Each maintains a high-quality program that keeps me engaged. Our meetings are fun and always based on a theme, with the exception of the Feedbackers Club, whose only theme every month is evaluations. Sometimes our themes border on the silly, while other meeting themes can be quite serious. Any way the Toastmaster of the Week likes to do it, the theme

always encourages challenging Table Topics questions. Whether they're silly or serious, the meeting themes are always engaging.

All three clubs participate in the Distinguished Club Program. In doing so, we ensure that every speech fulfills a project requirement in Pathways. We also challenge each other to prepare and complete Pathways projects.

When a member completes a Pathways level or Path, we celebrate the achievement. And we always remember how fun it is to get ribbons for our banners showing we earned President's Distinguished awards.

Another trait common to all three clubs that keeps me on their membership rolls



A graphic of a white sign with a black border, tilted slightly to the right. The sign has the word "Welcome" in a large, bold, black sans-serif font at the top. Below it, the words "Quality Club Inside" are written in a similar bold, black sans-serif font, stacked vertically.

Welcome Quality Club Inside

is their records of achievement beyond the Distinguished Club Program. I'm talking about active participation in District leadership and success at District contests. I am the fourth member of the Marylhurst Toastmasters club to serve District 7 as your District Director Stevenson, Deveny Leanna Lindquist). third member of Club to serve in this Rose Wellman and PJ Heck! Last year, the Babble-On Club even had the rare honor of having two active Trio leaders as members

of the club at the same time. Both

clubs also have a long history of providing the District with Area and Division Directors and other District leaders. This legacy of leadership ensures that each of these two clubs has a deep pool of accumulated experience and wisdom an aspiring leader can dive into for mentorship and advice.

As an advanced club open only to those who are already members of other clubs, I don't exactly count Feedbackers as a pipeline for District leaders so much as they are a magnet for District leaders (members include two past District Directors Leanna Lindquist and Phyllis Harmon and two current District Directors, myself and Nuchanath Aumpradithpun from District 97). They have their own record of success at the District level with a recent string of four or five consecutive D7 Evaluation Champions. We came close again last year with our own Graham Smith placing in the Top 3 for the Evaluation Contest. As you can see, all three of my clubs are highly regarded within District 7 for their visible participation in the District.

To summarize, what club quality traits make clubs the most engaging and best at retaining members? Quality clubs are fun and challenging. Quality clubs encourage participation in the educational program and the pursuit of educational goals. Quality clubs are active in District leadership and other District activities. Clubs that show these characteristics attract guests, convert guests into members, and keep their members for a long time. What does your club need to do to become or remain a high-quality club?

The Pathways Mentoring Program

Lorri Andersen, DTM - Program Quality Director

On October 6th, Dr. Gwen Avington presented the Pathways Mentoring Program. It was an amazing hour of information, discussion, and collaboration. After attending the Learning Lab, I have the answers to “Why should anyone do this program?” “What’s in it for me?” “What’s it all about?”

I love the overall concept of the Mentoring Program. The member is encouraged to stretch toward their goals, try new things, and to reach for excellence in all they do.

If the member says . . . “I cannot do this, the Mentor can say, ‘you already have what it takes inside of you, you need to believe in yourself.’” [Dr Gwen A. 10/06/21]

Oprah Winfrey once said: “A Mentor is someone who allows you to see the hope inside yourself.” Isn’t that what Toastmasters can do for us? I believe it supports our club mission:

To be a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth. I love that we are an organization that helps people grow, learn, and help others to become better than they were yesterday.

A major key point addressed in the Learning Lab was the acronym T.I.M.E.

Mentors Teach, Inspire, Motivate, and Empower. They teach so others can be successful. They inspire their Protege friends to reach toward their goals, motivate when needed, and empower them to see who they really are.

I see a Pathways Mentoring relationship like a high performing team:

High-performing team members

- Trust each other. . .
- Have a team mentality. . .
- Are diverse. . .
- Have clear direction

The skills we learn in Toastmasters are transferable. They are needed in all other areas of our lives. The success of goals and projects hinge on our ability to work well with teams and relationships. Read more what a high performing team is and how you can create and be a part of one. Then equate it to Toastmasters. The Pathways Mentoring Program has these skills built within it

“A mentor is someone who sees more talent and ability within you, than you see in yourself, and helps bring it out of you” [Bob Proctor]

The Pathways Mentoring Program is a start to a lot of good things. Winston Churchill, in all his wisdom and experience, said “We make a living by what you get, we make a life by what we give.”

This is what the Pathways Mentoring Program is all about—giving to help others succeed and grow. When you do, your learning growth as a Mentor may be more than you expected!

Look for more information in Level Two of your Pathways program. Reach out to your Division Director if you need help finding it, and view the [D7 Incentive page](#).



Who is the Big Bad Wolf?
Laurie Canney, DL3



The Gift
Nuchanath
Aumpradithpun, DTM



Undecided!
Cheryl McFadden, ACS, ALB

Feedbackers Toastmasters

The Evaluation Workshop Club



Join us!

November 10, 2021
7:15–9:00pm

feedbackers.toastmastersclubs.org

Secret Sauce of Successful Clubs

Jim Robison, DTM - Club Growth Director

I have visited close to a hundred clubs in the past few months, plus I've been reading the Club Visit reports submitted by our Area Directors. I have seen some commonalities among successful clubs.

Clubs that seem to be most successful at bringing guests and members back to their meetings, are ones where everyone feels welcomed and everyone takes part in the meeting. Three traits stand out with successful clubs. People feel that they participated in a meaningful way, that they had some fun, and that they learned something. Let's consider these.

Participation: If you show up to a group meeting and are ignored, or just sit there watching without participating in the meeting at all, you do not feel that you are part of the group. You might not feel that you are welcome to be there. You certainly feel that your absence would not be noticed. A welcoming club often includes a round of introductions for members and guests to get to know each other, an invitation to guests to participate in Table Topics, and an invitation at the end for

guests to make any final comments about the meeting. In addition, some clubs do a great job of sending information to guests in advance, and following up with guests afterwards. If a guest leaves feeling they would have been missed if they had not been at the meeting, then the club did a good job of welcoming them.

Fun: While Toastmasters is meant to be a place to learn and practice new skills, it is also, for many members, a break from the standard work day. It is a place to learn, a place to socialize with others, and a place to have some enjoyment during the day (whether in the morning, noon or evening). Many clubs will refer to their weekly meeting as the best hour (or more) of the week. If guests have some fun, they will likely return. Many successful clubs will have some fun with a meeting theme and with table topics. Clubs that have a lot of good will among members will enjoy a friendly and fun atmosphere of good natured ribbing mixed with constructive feedback. A fun club will encourage guests to join in and become a part of that fun. A guest leaving with a smile





on their face after enjoying a bit of laughter will likely return.

Learn: The primary goal of Toastmasters is to learn and improve communication and leadership skills. Toastmasters is not meant to be a class that you take, graduate, and then six months later forget what you learned. Toastmasters is designed to encourage continual practice and continuous improvement. Most members will find after a short time in Toastmasters that their confidence has improved, their presentation skills have improved, and that others notice that change within them. If a guest can leave a meeting saying “I learned something today”, they will see value in returning.

There are elements to a Toastmasters meeting that we expect to see at any club: prepared speeches, table topics and evaluations. There are other elements that many clubs have in common, but you will often find some differences in the atmosphere and specific agendas of each club. While the agenda of a meeting is important, the underlying aspects of participation, fun and learning are the keys to a successful club.

At each of your club meetings, consider these three questions: Did everyone, including guests, participate? Did everyone have some fun? Did everyone learn something?

District 7 2021

<p>Program Quality Incentives</p> <p>Lorri Andersen: pqd@d7toastmasters.org</p>	<p>Club Growth Director Incentives</p> <p>Jim Robison: cgd@d7toastmasters.org</p>
<p>Member Incentive</p> <ul style="list-style-type: none"> Every Toastmasters Member that completes the Pathways Mentor Program will win a Toastmasters Core Jacket (Item 7078 or Item 7079). 	<p>For clubs that started the year with fewer than 20 members (Base Membership below 20):</p> <ul style="list-style-type: none"> The first 40 clubs who submit dues payments necessary to be eligible for DCP status (20 members or net growth of 5) by Mar 15th, 2022 will receive one Speechcraft Digital Bundle (\$50 Value))
<p>Club Incentives</p> <ul style="list-style-type: none"> Moments of Truth The first 20 clubs to finish the Moments of Truth by October 31, 2021, will win a \$50.00 Toastmasters International gift certificate payable to the club. Seven Officers Trained Every club who has all 7 officers trained during the winter training period ending on February 28, 2022, will win a \$50 Toastmasters International gift certificate payable to the club. Distinguished or better by April 1, 2022 Clubs that become Distinguished or better by April 1, 2022, will win a \$50 Toastmaster International gift certificate for their club. Distinguished or better by June 30, 2022 Clubs that become Distinguished or better by June 30, 2022, (and did not qualify on April 1) will win a \$25 Toastmaster International gift certificate for their club. 	<p>For Clubs with a Base Membership below 20:</p> <ul style="list-style-type: none"> Every club with a base membership below 20 will win a \$15 gift certificate to the TI store for each dues paid membership at the end of June 2022 above the club's Base, up to 20 members. <p>Club Special Events: All clubs who. . .</p> <ul style="list-style-type: none"> Schedule a Special Event (open house, workshop, etc.) to be held during the current Toastmasters year and have it announced on the District 7 Event Calendar at least 1 month in advance. District 7 will provide the club a \$50 Boost of an online ad for the Special Event. Limited to 1 qualifying club special event per calendar quarter. <p>New Member Surveys</p> <ul style="list-style-type: none"> A New Member Survey will be sent to every new member. Every member who completes the New Member Survey is entered into a monthly drawing for a random prize (various promotional items from TI). The Survey asks new members a little more in depth about what brought them to Toastmasters, how they found the club, and what they hope to accomplish.

1-22 Incentives

Club Growth Director Incentives

Jim Robison: cgd@d7toastmasters.org

Guest Surveys

- We provide a Guest Survey link to all clubs and ask them to provide the survey link to all guests who are not current Toastmasters.
- The Guest Survey will ask questions about how they learned about Toastmasters, how they found the club they visited, what was their guest experience, did they decide to join, why or why not?
- Every guest who completes the survey earns an entry into a monthly drawing for a \$20 TI Gift Certificate (repays their new member fee).
- For the club visited, the club will get a drawing entry to win an end of year grand prize: A customized sidewalk sign or other option of similar value.

New Club Leads

- District 7 will award a \$100 gift certificate from Toastmasters International to any member who submits a new club lead that results in a chartered club by June 30, 2022.
- All leads* will be entered into a final drawing. Three winners will be awarded a \$25 gift card from Toastmasters International.

**To qualify, a lead must include a specific contact person who is interested in building a new Toastmasters Club.*

New Clubs

- New clubs chartered by June 30, 2022, will receive their choice from a selection of club materials up to a value of \$200.
Examples of items to choose from
 1. Custom Club Banner
 2. Portable Lectern
 3. Timing Light
 4. Lectern Banner
 5. The Writings of Dr. Smedley
 6. HD USB Webcam & Microphone

Makin' Music

PJ Kleffner, DTM

Immediate Past District Director

Many of us are in Toastmasters because it is fun and provides a social network for us. However, it is an educational organization, so the goal is that we actually learn something. Even after 20 years, I find that I still learn something new at each meeting, webinar, TLI, or conference that I attend. Toastmasters is the epitome of continuous, life-long learning.

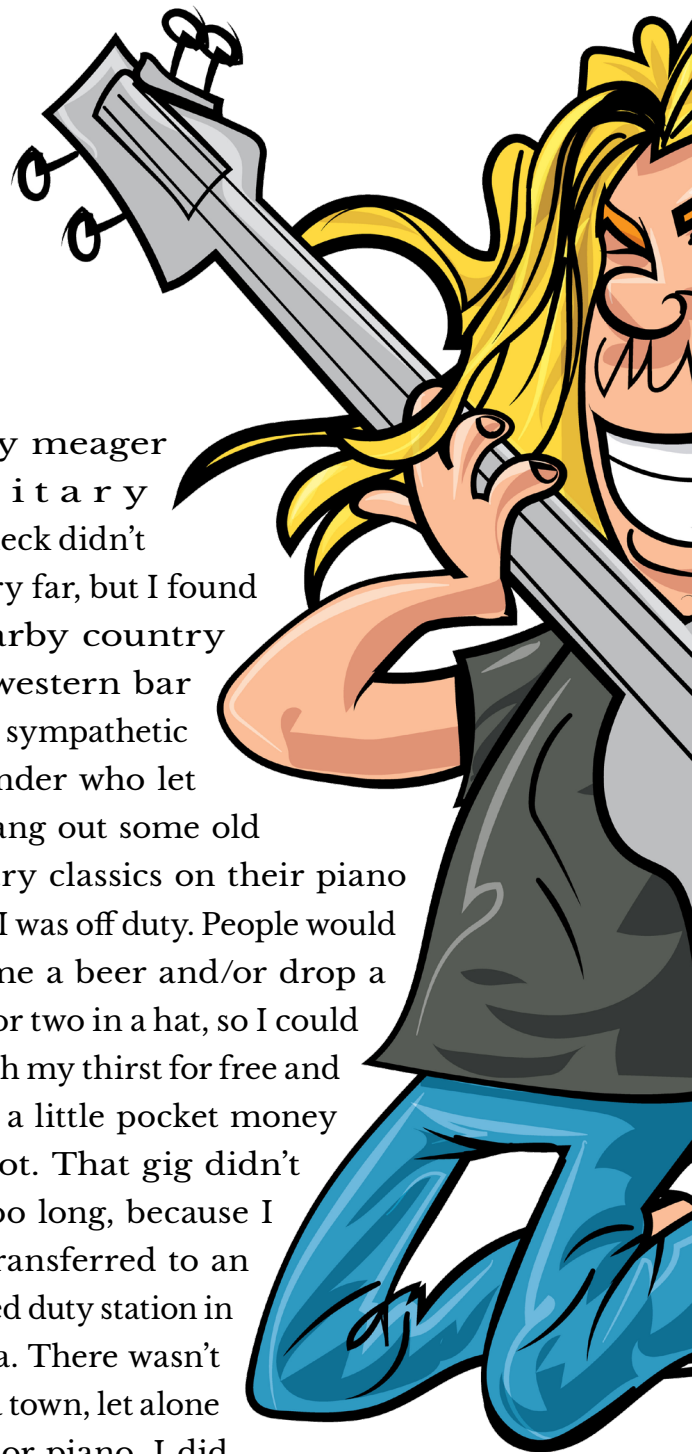
I am a naturally curious person, so I always peruse the Community Education catalog from Portland Community College that appears in my mailbox every quarter. I haven't taken one of their classes for many years, but two classes caught my attention this quarter: Music Theory and the Travis Picking Method for Guitar.

Other than a (fairly unproductive) year of piano lessons in 4th grade, I am mostly self-taught. I could play a melody on the piano by ear from a very young age, but knew nothing about scales, chords, and all the rest. I learned about chords when a friend in the Coast Guard taught me the basics of playing a guitar. I just strummed the chords, but didn't pick, or play individual notes.

However, it occurred to me that I could then apply what I knew about chords to the piano and add them to whatever melody I was playing with the right hand. That took my understanding of music to a whole new level.

My meager military paycheck didn't go very far, but I found a nearby country and western bar with a sympathetic bartender who let me bang out some old country classics on their piano when I was off duty. People would buy me a beer and/or drop a buck or two in a hat, so I could quench my thirst for free and make a little pocket money to boot. That gig didn't last too long, because I was transferred to an isolated duty station in Alaska. There wasn't even a town, let alone a bar or piano. I did take my guitar, though, so it wasn't a total bust.

That new level of musical understanding turned out to be a plateau that lasted for the next 45 years. Being self-taught, I had a lot of practical knowledge, but not the theory or names for the musical concepts. Country music





songwriter Harlan Howard described country music as “three chords and the truth.” I quickly discovered the 1-4-5 relationship between the three chords, meaning whatever chord you start with, you count up the scale to the 4th and 5th notes to get the other two chords. For example, if you play something in the key of C, the other two chords are F and G. That allowed me to quickly transpose a song to a different key where it was easier for me to sing, even if I didn’t know the theory and why that worked.

My classes are now in the second week. It has been both fun and challenging to absorb all this new information. My ability to read music is still very limited, but I can tell at a glance what key a piece is in, simply by looking at the score. In a side conversation that wasn’t part of the course curriculum, I learned about the relationship between the different notes in a scale and how to calculate the

frequency of any note on the piano keyboard. While that might be useless information while playing music, it does delight my uber nerd brain. In the guitar class, I realized that many songs sound so much better (and more like the original artist’s performance) when finger-picked, instead of just strumming the chords. I also discovered that I would have sore fingers until I develop long-lost calluses on my fingertips. I also learned that this is more than just an academic exercise where you learn a bunch of facts. I must practice if I want any of this to stick, which brings me back to Toastmasters.

We don’t learn communication and leadership skills in a vacuum. We must interact with other human beings and practice these skills, or we get rusty. Practicing our Toastmasters skills has the same benefit as practicing music—it is more pleasant to listen to us as we get smoother and gain proficiency in both disciplines. One of my stated goals when I retired several years ago was to get back into music. I am pleased to say that is finally happening. Now, I just need to find time to do both Toastmasters and music.



Division Director of the Year
Wendy Patton, ACG, ALB



District 7 Toastmaster
Dave Borja



Area Director of the Year
Kevin Birdsell, DTM

2020-21 'Of the Year' Recipients



Herb C. Stude Educational Service Award
Crystal Clark, DTM

Spirit Awards - In Recognition of Outstanding

District 7 Director Recipients

- Phyllis Harmon, DTM, PDG
- Chris Angelopoulos, IP1
- Kathleen Tully, DTM
- Tiger McAndie, DTM

Program Quality Directors

- Lyle Schellenberg, DTM
- Tamsen Corbin, TC3, V
- Beth Pinchot, DTM
- Ellen Ino, DTM



Master of the Year
mes, DTM

Dick Moser Award
Ayu Anantya, PM4



Lou Webb Award
Leanna Lindquist, DTM, PDD



Rookie of the Year
Dr. Gwendolyn Avington, DL5

anding Service to the District Trio

Director Recipients

M
C2

Club Growth Director Recipients

- Cleon Cox, DTM
- Rodger Cook, DTM
- Paul Fanning, DTM
- Charissa Yang, IP5

Upcoming Online Webinars

July 14	August 4	September 1	October 6
Plan for Club Success! Panel Discussion Watch the Replay	Moments of Truth Eldred Brown, DTM Watch the Replay	Club Charters R US! Emilie Taylor, DTM Watch the Replay	Pathways Mentoring Program Gwen Avington, DL2 Watch the Replay
November 3	December 1	January 5	February 2
Road to the Coveted Distinguished Toastmaster Award Cheri Redgrave, DTM	Judges Training Erik Bergman	Build an Open House!	Successful Club Series
March 2	April 6	May 4	June 1
Storytelling to make a point	Getting involved beyond your club.	Club Officers, make your club strong!	How our club achieved Success!



Road to the Coveted Distinguished Toastmaster Award

November 3, 2021

6:30-7:30 pm



presented by
Cheri Redgrave, DTM

Register through the District 7 Toastmasters Calendar



Everyone should strive to become a DTM. It's not a quick or easy process, but that's what makes it special. Cheri has completed two DTMs under the old education system and is now in the final stages of a third under Pathways.

In this workshop:

- Learn the requirements of becoming a DTM, and how the requirements have changed under Pathways
- Receive a template that Cheri uses while working on her DTMs to track your progress
- Get answers to your questions regarding the DTM process
- Become inspired

About the presenter:

Cheri has been a member of Communicators Plus in Bend Oregon since 2007. She became a member of Toastmasters of Redmond in 2019. She has held many roles in her clubs and within the District, including Area Director twice, and most recently Division Director. She is currently VP Pathways in both of her clubs.

How to Get 3 New

(By Getting Your Club Meeting

Stephana Johnson, DL3 - Distr

Welcome to District 7s weekly vlog cast for helping you grow your membership and expand your club. I'm your host, District 7 Public Relations Manager Stephana Johnson. I have a special guest joining me today, Mr. David Shehorn.

(DS) David Shehorn: I've been with Clark County Toastmasters for nine years. I have held all the officer roles except for Treasurer, and I'm not interested in being a Treasurer. I like to recruit officers for other roles. I have also been an Area Director and Division Director and I've been Parliamentarian for the District for five years.

(SJ) *Wow that's impressive! So, you know what it takes to build a club from the inside out. I will be honest with the audience. I happen to be partial to Clark County Toastmasters because I am a member there and I'm also President of the Club this year.*

The reason I brought David on is because at our last meeting we had three visitors and two new members who joined after the previous meeting.

Those three guests came as a direct result of David's efforts. I'd like David to share his specific actions and activities that he uses to get the word out. I think it will help your Club too.

(SJ) *David, will you talk about the newspaper and how you use them, from start to finish? How you go about doing it and how you write the copy for the newspaper, etc?*

(DS) The copy for the newspapers, is essentially information that I have stripped from our Clark County Toastmasters Club public

facing page. The idea is to get as much succinct information as possible out there.

(DS) We have three newspapers in Clark County. We also have the *Vancouver Business Journal*. We have a presence in all four of them.

The Colombian is the major newspaper in Clark County. They have a "For Your Information" page which lists local recurring events or special events. For instance, there could be a fair or a food court or something like that.

They also publish an *Annual Resource Guide* and this year, for the first time, we are listed in four different areas.

For the four publications we paid \$5 each. We had to pay \$20. Not a big expense. For Your Information, goes to every newspaper subscriber in Clark County. This booklet is about 80 pages, so people hang onto it throughout the year.

It lists us in four different locations/categories and has a writeup about us. They're also online and that's key. We appear every Tuesday. We're highlighted because we're a regular member of the Resource Guide

We have a weekly listing in the *Vancouver Business Journal*. A couple of members come from there. We get a couple of regular leads.

We started asking people to record where their leads came from. It coincides with the incentives District 7 offers. We are being rewarded.

VP PR/Club Officers: This is super important. Always ask your guests how or where they found

W Visitors a Week

g Listed in Your Local Papers)

ict 7 Public Relations Manager

out about your Club. This is key information to let you know what is working and where you want to invest more time.

Last year we collected, quite a few of those incentives because we asked, “how did you get here?,” “how did you find us?”

There’s also a Camas newspaper called *Camas Post Reporter*. The *Battleground Reflector* distributes to Ridgefield, which is the second fastest growing city in Washington state.

(SJ) *You’ve mentioned a lot of newspapers. How did you find them? If someone is new and has just taken on the PR role, they will want to promote their club. What is the first thing they should do to find out what community newspapers or directories they could get their club listed in?*

(DS)

- Look online for publications in the area
- Reach out to the circulation department - or contact who gets ads listed (some are auto fill online)
- Place an ad, it may be free for nonprofits or community announcements
- List it one time – it may automatically become a recurring event
- Update for open houses, special events, or a guest speaker
- Check out the cut off dates for printed materials, like for the annual directory
- Check your information for accuracy. Have all the contact information; the what, the when, the who, and how. When you have

that information update with all your papers.

(SJ) *How long, would you say it took you to get the Clark County listed in all these newspapers?*

(DS) I invested less than three hours for each one. I wanted to go back and look at history. I subscribed to *The Colombian*, the largest paper in Clark County. I subscribed to the E-paper to be able to go back in history and see what other people have done. To see what other organizations are out there.

The smaller newspapers in the small towns and cities are usually free.

The first time it takes an hour. The next year is fast. Easy.

(SJ) *Okay, so folks, this is a no brainer, this is a doable action. Please don’t hesitate to reach out to me if you need specific help getting this action done for your club!*

Thank you again, David and thank you to everyone for being a part of Toastmasters. We’ll see you next time. Bye for now.

To watch the full interview, click the video below.



WALLMASTERS INTERNATIONAL

#4428 | TIGARD, OREGON



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10 DTM Members

Distinguished Club for 20+ Years

All are Welcome

**Come visit a well-established, high-achieving
club committed to excellence & success.**

JOIN US ON **zoom**

Fridays | 6:35–7:45am PST

bit.ly/wallmasters



Spooktacular Meeting

Paul Fanning, DTM

We Toastmasters believe in inclusiveness.—All who wish to avail themselves of the best hands-on public speaking and leadership training program in the world have the opportunity to do so. But then, what if. . .?

“Good evening, ladies, and gentlemen. Welcome to the ‘Scream and Scare’ Ghostmasters Club of Spooksville. We continue to meet face-to-face in live (well somewhat live) meetings as some of our members are not able to be seen on Zombie link video. You might say they are a shadow of their former selves! Plus, as you know, the current pandemic does not seem to affect those of us who have already passed on.

Before I bring up to the podium our Ghostmaster for the night, can I get one of you to take Wolfe for a walk? He seems to be squirming a little. We do have a full program this eve and I plan to conclude on time for our hirsute members who want to take advantage of the full moon. Join me in welcoming Distinguished Ghostmaster Count Alucard.”

“Thank you, President Frank for that warm welcome. I want to drink—er—I want to introduce our roles for tonight’s meeting with the first being that of grammarian, Dr. Jekyll. Our next role is that of timer—and who knows better when our time is up than Mr. Death?

The role of General Evaluator will be performed by The Undertaker—after all, he is the last one to let you down.

And that, fellow Ghostmasters, concludes our spooktacular meeting for October 31st. Remind your

fiends and family that we will be hosting a special Thanksgiving meeting next month. You might want to have them come for a quick snack or a bite or two. As always, ‘Scream and Scare’ Club has the most alive meetings in town!”

Yes, this was just a brief scenario for a possible thematic meeting for your club, whether in person or online. Thematic meetings break up the “same old, same old” of our weekly meetings and breathe a breath of fresh air into our meeting planning and enjoyment of the fellowship of a Toastmasters club. It is an opportunity for club members to legally go a little crazy, put on a costume (or even use the zoom special effects) as well as recognize a special holiday or event in the life of a club.

As a club leader in Toastmasters and other organizations, breaking up the routine or the litany of the “regular” meetings assist your clubs





to stay fresh and full of fun.

There is no right or wrong way to hold a thematic meeting. When we met in person, many of the clubs would decorate **their meeting**

room for the special event. Can you imagine a room festooned with cobwebs,

spiders, and other creepy crawlies for a Halloween theme?

Members arrived wearing costumes,

or like the program outline I used above, wearing one specific to a role they were fulfilling. Bringing extra

costumes or prop items allows visitors to join in.

One of the most fun meetings I ever attended was a Wizard of Oz theme night. The doors had been covered in paper to look like the great doors into the castle, and we had Glenda the Good, the Wicked Witch, Dorothy, Tin Man, Scarecrow, and the Lion along with the wizard himself. (Toto, alas, was just a stuffed toy, but... it was thematic!)

In Alaska during the week of the Fur Rendezvous, a club hosted a pioneer/sourdoughs/frontiersman event which included speeches delivered in the manner of colloquial dialogue used by the character they chose to portray. I will never forget a certain judicial official showing up and bringing his own spittoon which he frequently (and noisily) used.

He was the hit (literally) of the meeting which allowed everyone to see this prim and proper barrister in his true light. They also coupled their new member campaign with an Iditarod theme as well. It involved awarding points or miles of the Iditarod Trail for guests brought to a meeting, new members signed up, and other such membership functions including first project completed, etc.

Even though we may meet online, there are numerous possibilities of being thematic with the choice of your personal background, frames and the silly glasses, beards, eyebrows, and noses in the Zoom options. Individuals can still use props if they desire. I delivered an old salt sea tale and used a beer (root beer) mug with a pale fruit juice in it. On camera it looked like a foamy beer. One member was shocked that I appeared to be drinking a beer! With proper planning, a rich imagination, and a club officer cadre dedicated to hosting the best show in town, your club can

GLEANINGS FROM THE GROVE

boost your program and meeting up a notch and have fun doing it too.

We have all heard of Zoom fatigue and the current trend of lessening the number of online meetings. Remember when we first started Zooming Toastmasters? We were online night and day—two or three meetings at a time in addition to work-related meetings.

Now that Zoom meetings are considered “old hat,” we need to liven things up a bit. Thus, fellow Toastmasters, I challenge you and your club to consider hosting a quarterly thematic meeting. Break out of the box—color outside the lines. We have the perfect prospect of two to three thematic meetings in the next two months. We have Veterans Day in early November, Thanksgiving in late November, and several festive celebrations in the month of December. While many clubs

take a break for the holidays, perhaps this is the year that you shine and excel with a thematic meeting or two!

Hence, dear readers, I await the day when we can be pirates. We cannot walk the plank online or use our cutlasses with a flourish and a clash of metal but my eyepatches and my favorite Argyle socks are close at hand for my day of glory rich with the treasure of fun and fellowship.

Come to think about it, you still have time to create your own SPOOKTACULAR meeting this month. It may not take a ghost of a chance to put on a thematic meeting, but it would be to die for! Have a heart (or organ of your choice) fellow Toastmasters.

Oh, my. The clock just struck midnight. Got to fly!



DISCOVERY

B. Lee Coyne, ATMS

Columbus Day comes forth in October. It commemorates a day of discovering our so-called New World. Three ships traversed the Atlantic. They knew not their destination.

Let's take a page out of history and turn October into our own adventure of self-discovery. What has life's voyages thus brought into port?

Here are some elements to explore:

CHILDHOOD: What was the most valued lesson that we learned from our parents? Teachers? How did it apply to grownup life?

TEEN TIMES: What was our very first date really like? What turned us on back then?

FIRST JOB: How did we find that employer? What did we pick up as a practical skill?

MARRIAGE: Why did we pick that partner? What would we do different today?

CHILDREN: Which child most resembles our traits? How do they show being independent? in developing their own personalities?

Let your life adventure have a safe landing.

No Shortcuts, Please!

David Freedman, IP3

When I a youngster, I learned the hard way that taking shortcuts can have a painful outcome. On the way to my brother's house, I got off the bus and decided to take a detour through another person's yard, figuring I'd get to my destination more quickly. What I didn't notice until too late was that there was a large St. Bernard in the driveway. I learned later that this dog had been in the garage for several days and was quite ornery as a result. When I ran across his path, he picked me up like a rag doll and shook me for a short time before his owner got him to stop. I was immediately taken to the hospital by my mother where I received butterfly stitches in my back to close the wound. Needless to say, I never tried running across another person's property again.

You might think that I'd learned my lesson! A few years later as a teenager, I was hiking with some friends and our respective families. One friend suggested we take a shortcut to where we would be meeting at the top of a hill. We got lost and barely found our way back to the parking lot. Meanwhile our mothers had called the park rangers and reported us lost. Now I make sure to follow the trail signs and maps when I go hiking.

Often it seems in our society that shortcuts are valued more than hard work. When I watch advertisements of people competing on such shows such as *American Idol* or *The Voice*, I wonder if the contestants ever realize how much hard work actually goes into their craft as performers.

It's too easy for most people to assume that fame and fortune is just around the corner, and all it takes is going to an audition, impressing people with your skill, and BAM! You're on your way to stardom. It's much harder to convince someone that the best results come after years of study and practice. Although there are plenty of people who value hard work and tenacity, there are still others who would rather cut corners. They never learn the harder lessons that instill a sense of purpose—let alone integrity.

I'm not immune to this either. Most recently, when I was working on my high-performance leadership project to put together a new Toastmasters debate club, I made this mistake yet again. I'm used to putting speeches together in a very short amount of time. Throughout much of my Toastmasters experience, I've found most of the exercises in the traditional program and Pathways to be a breeze. I thought that a High Performance Leadership project wouldn't be that much harder.

What I hadn't counted on, however, is that instead of taking charge of an assignment within a structured environment such as a weekly Toastmasters meeting, I would be creating a project from scratch and learning to lead others by establishing goals and mileposts for all of us to reach. Needless to say, I didn't do my homework on the first part of my project, and my initial meeting with my guidance committee could

have gone much better had I focused on what the actual process was for the assignment. Thankfully, I learned from that mistake, went back and learned what I needed to know, and we proceeded onward throughout the rest of the project.

The bottom line is I don't take shortcuts anymore. At least I say that now. I recognize the inclination is there to do just that. It's hard to curb when you want to finish a project that much quicker.

To be fair, some shortcuts can be beneficial. I love using shortcut keys on my keyboard so I'm not always reliant on my mouse. I'll cut through Lloyd Center on a rainy day to get to the light rail so I don't get soaked. And of course I'll microwave food rather than cook something because. . . well, I'm not a great cook. Let's leave it at that. But if I want to create career opportunities for myself, I'm much more willing to go through the process of learning my trade. If I want to get in shape, I work out five days a week rather than rely on a fad diet. In other words: No shortcuts, please! I'd rather take the long way around, make mistakes, and learn from them rather than take the easy way just because it seems like a better option. It's much better than finding out the hard way that the shortcut in question can lead to disastrous results later on.



A Treat to Savor

Jennifer Schmidt, EH2

“Trick or Treat” exclaimed the cutest little 8-year-old pirate, peeking below his eye patch while holding up a giant pillowcase with anticipation on Halloween. I complimented his costume, then happily tossed a handful of candy into the waiting treasure bag. He started stepping away only to spin around to say “Trick or Treat” again along with a mischievous, toothy grin. I couldn’t resist and deposited more sugary gems into the bulging sack. Why did I cave? Because he was a delightful guest.

Since New Horizons Toastmasters club has been meeting via Zoom, I have met delightful guests from many countries including Ireland, England, France, and even Australia! Meeting at 8:00 AM PDT (UTC -7) every Saturday (breakfast time for us) is dinner or even the middle of the night for our international guests. Regardless of the time zone, it’s always interesting to meet new people and hear a little bit about their lives. Guests add unexpected perspectives, and these meetings delight us all. Often, we’ll see them again and sometimes they become members. Why do they return?

This is what they’ve said: “I felt welcomed.”

Visitors have lots of options for how they spend their leisure time. Maybe they’re curious to learn more about Toastmasters or a Facebook post caught their eye. Attracting them is one thing, keeping them is another. Any time a

person takes the action of going to a meeting and entering a new space, they are taking a chance. They don’t necessarily know anyone, aren’t sure how it will go, and it could be an uncomfortable experience. But if that same person gets a friendly hello and is asked “How did you find us?” or “Why have you decided to join us today?” they feel acknowledged and it starts the warm feelings of welcome. Inviting them to join the conversation signals that speaking and joining in is possible. They are no longer an unknown stranger but instead a welcomed friend.

“It Was Fun”—Guests that voluntarily go to a meeting that isn’t work related, want to have FUN, experience connection, and feel camaraderie in a club! Many guests have mentioned how we’re different by supporting a theme while still following a meeting structure without being super formal. They like being asked to participate in Table Topics without the pressure to do so. Many first-time guests decide to speak during Table Topics because they feel safe, supported, and are given an out. At every meeting there is a goal to create sincere connections, an atmosphere of good humor, and a desire for laughter that lightens the mood, making the experience worth their time.

“I Learned Something New”—Our club motto is: “Come for the FUN, Stay for the GROWTH” which means we’re not just joking around but

also working hard on our speaking skills. Many guests have said they want to improve speaking, “off the cuff” for a job interview or “not be as nervous” about public speaking in general. Getting rid of crutch words also tops the list as these words distract from their message and cause embarrassment when pointed out. Hearing inspirational speakers talk about their lives and how they overcame challenges is encouraging for guests and makes their goals more attainable.

A warm welcome, having fun, and learning new skills is a meeting that gives our guests a treat to savor. At the end of every meeting we ask, “How was your experience today?” the feedback

in this article summarizes their responses. If they’re interested in further chats and more information, we have casual chat time after our meetings and can also follow up by email. Regardless, we thank them for attending and their feedback. Without asking, we wouldn’t know how guests see our club, which is our best chance for knowing our value and finding ways to improve. Maybe my cute little pirate was crafty, but I would like to think he came back for a second helping because he was treated well the first time. My hope is that every guest that visits our club feels welcomed every time and comes back asking for more.

FIND YOUR NEW PATHWAY TO FUN!

MEET NEW FRIENDS, ENGAGE, LEARN, AND GROW

New Horizons Toastmasters #1360

Saturdays: 8 - 9:30 AM PT (-7 UTC)

Zoom Link

Meeting ID: 868 3000 7672 Passcode: 1360

Facebook

The New Horizons Toastmasters Club of Oregon
(District 7)

Website

<https://1360.toastmastersclubs.org/>



Come for the FUN, Stay for the GROWTH!

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Babble-On Toastmasters Club	Blyth	Dennis
Southern Oregon Speechmasters	Brady	Alan
Columbia Square Squawking Heads	Campbell	Gray
Tell Me A Story	Furtado	Jocelyn
Clark County Toastmasters Club	Gilstrap	Mary
M A C Toastmasters Club	Glidden	Erika
Yammertime	Guli	Rahul
Sage Beaverton Toastmasters	Humphrey	Aaron
WE Toasted Toastmasters	Laskowski	Laura
Downtown Public Speakers Club	Martens	Dawn
CareOregon	Osibanjo	Oyinda
Chanticleers Toastmasters Club	Perez	Mary
North Eugene Toastmasters	Reilly	Mary
Chanticleers Toastmasters Club	Sibayan	Jerome

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
PI4	10/10/2021	Abramowicz, Peter	Sporty Speakers
DL2	10/11/2021	Adams, Latryska (Trish)	Bootstrappers Club
DL1	10/5/2021	Adams, Latryska (Trish)	Bootstrappers Club
PM1	10/12/2021	Amanda, Gilchrist	Waffle Toasters
LD2	10/17/2021	Anderson, Crystal	Vancouver Toastmasters Club
PI2	10/20/2021	Ard, Michael T.	Sherwood Town Criers Club
PI1	10/19/2021	Ard, Michael T.	Sherwood Town Criers Club
EC3	10/7/2021	Badolato, Denise Marie	Portland Progressives
EC2	10/18/2021	Batchelder, Lindsey	Corvallis Evening Group
SR2	10/20/2021	Bautista, Enrique L	Capital Toastmasters Club
IP3	10/22/2021	Bostrom, Arne	Essayons Club
PWMENTORPGM	10/7/2021	Briggs, Tom A	Wallmasters International Club
EH2	10/19/2021	Burles, Sherry L.	NoonTime Club
DL4	10/20/2021	Chavez, Miguel	Capital Toastmasters Club
LD3	10/22/2021	Chilson, Douglas K	Toast Of Tualatin, Lam Research
LD2	10/22/2021	Chilson, Douglas K	Toast Of Tualatin, Lam Research
PM1	10/8/2021	Ciranny, Craig	Wagon Tongues
DL2	10/10/2021	Clark, Crystal	Siuslaw Tale Spinners Club
DL1	10/6/2021	Clark, Tara Cutler	Sherwood Town Criers Club
DL2	10/18/2021	Faren, Lori	Coachmasters Toastmasters Club
PM5	10/18/2021	Fitch, DeeDee	Coachmasters Toastmasters Club
EC3	10/21/2021	Gandarillas, Pamela Kay	New Beginnings Toastmasters
PM1	10/6/2021	Garon, Lisa Nicole	Sherwood Town Criers Club
PI2	10/5/2021	Gullam, Elizabeth	CareOregon
DL5	10/19/2021	Harris, Elizabeth M	Clark County Toastmasters Club
PM3	10/1/2021	Hawkins, Greg	Professionally Speaking
DL3	10/10/2021	Hennick, Sharon D.	Myrtlewood Hootowlers Club

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
DL2	10/10/2021	Hennick, Sharon D.	Myrtlewood Hootowlers Club
PI3	10/19/2021	Hutterli, Conrad Gerhardt	NoonTime Club
IP1	10/9/2021	Jeans, DTM, Christopher	Sporty Speakers
DL3	10/9/2021	Johnson, Stephana M.	Clark County Toastmasters Club
DL2	10/9/2021	Johnson, Stephana M.	Clark County Toastmasters Club
DL1	10/9/2021	Johnson, Stephana M.	Clark County Toastmasters Club
MS4	10/21/2021	Keever-Nyberg, Austin Cole	Capital Toastmasters Club
LD2	10/15/2021	Kleffner, Jerome T.	At The River's Edge Club
LD1	10/15/2021	Kleffner, Jerome T.	At The River's Edge Club
PM5	10/15/2021	Lindquist, Leanna	Marylhurst Toastmasters
PM1	10/22/2021	Marfise, Cole Joseph	Essayons Club
PM3	10/13/2021	Mathis, Steve Nathaniel	Professionally Speaking
PM2	10/1/2021	Mathis, Steve Nathaniel	Professionally Speaking
LD1	10/18/2021	McLeod, Lauren Elizabeth	Waffle Toasters
PM1	10/16/2021	Medina Saucedo, Heather	Corvallis Evening Group
PM1	10/20/2021	Miller, Joan	Civil Tongues Club
IP2	10/9/2021	Niculita, Alina	NoonTime Club
VC5	10/12/2021	Pinchot, Beth	Waffle Toasters
MS4	10/10/2021	Radkey, Heddy	Myrtlewood Hootowlers Club
LD1	10/18/2021	Ramakrishnan, Shanthi	Waffle Toasters
PM1	10/6/2021	Reilly, Marili M.	Sunrise Toastmasters Club #1492
DL2	10/1/2021	Sessum, David R.	New Beginnings Toastmasters
PM3	10/11/2021	Smith, Graham A.	Marylhurst Toastmasters
IP2	10/4/2021	Speaks, Sheree	Lebanon Toastmasters
PM5	10/22/2021	Stark, Katherine	Buckaroo Toastmasters
PM4	10/22/2021	Stark, Katherine	Buckaroo Toastmasters
PM3	10/22/2021	Stark, Katherine	Buckaroo Toastmasters
PI5	10/22/2021	Stark, Katherine	Buckaroo Toastmasters

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
PM2	10/22/2021	Stark, Katherine	Buckaroo Toastmasters
EH1	10/19/2021	Taylor, David J.	Lebanon Toastmasters
PM1	10/20/2021	Taylor, Emilie	Timber Talkers
LD1	10/18/2021	Taylor, Laura	Sherwood Town Criers Club
DL5	10/18/2021	Telwala, Yasmeen	Roseburg Spkrs and Storytellers
DL4	10/17/2021	Telwala, Yasmeen	Roseburg Spkrs and Storytellers
PM3	10/6/2021	Toye, Douglass Craig	Sherwood Town Criers Club
DL4	10/18/2021	Wahlstrom, Daniel	New Beginnings Toastmasters
PM1	10/14/2021	Wang, Amy	Waffle Toasters
VC2	10/9/2021	Wang, Jessica	NoonTime Club
EH1	10/6/2021	Waters, John E.	Clackamas Stepping Stones
PM2	10/14/2021	Wilson, Michael A	Southern Oregon Speechmasters

HAPPY ANNIVERSARY TO OCTOBER CLUBS

CHARTER DATE	YEARS	CLUB	CITY
10/18/2017	4	CareOregon	Portland
10/20/2014	7	Clean Water	Hillsboro
10/1/1998	23	Marylhurst	West Linn
10/1/1953	68	New Horizons	Tualatin
10/30/2012	9	NuScale Toasters	Corvallis
10/1/1993	28	Speakeasy	Hillsboro
10/1/1990	31	Toast of Corvallis	Corvallis
10/3/2012	9	Wonderful Oregon Wordmasters (WOW)	Roseburg
10/1/1965	56	Yawn Patrol	Eugene
9/6/2017	4	The Toast of Old Town	Portland
9/24/2012	9	Tower	Portland

TRIPLE CROWN AWARD PINS

Name	Number Earned	Awards
Avington, Gwendolyn	4	DL3 , DL4 , DL5 , DL2
Baker, Jennifer L.	3	EC1 , EC2 , EC3
Bergman, Erik	3	VC1 , EH4 , VC2
Chandra, Sieana Ayu Anantya	6	PM2 , PM4 , PM3 , PWMENTORPGM , PM1 , PM5
Chilson, Douglas K	3	LD1 , LD2 , LD3
Edinger, Allan B.	5	EH2 , EH1 , EH5 , EH4 , EH3
Fanning, Paul C.	3	EH3 , EH4 , EH5
Harris, Elizabeth M	3	DL3 , DL4 , DL5
Johnson, Stephana M.	3	DL1 , DL2 , DL3
Kennedy, Vickie D.	7	PM5 , PM1 , PM2 , PWMENTORPGM , IP5 , PM3 , PM4
Sarsten, Samuel Christian	3	IP2 , IP3 , IP4
Stark, Katherine	9	PI4 , PM1 , PI3 , MS5 , PM2 , PI5 , PM3 , PM4 , PM5
Taylor, Emilie	6	EH4 , SR4 , DL1 , DTM , PWMENTORPGM , PM1
Thomas, Edward	4	SR3 , SR4 , PWMENTORPGM , SR5

CONTRIBUTORS



David Freedman, IP3



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Jennifer Schmidt, EH2



Jim Robison, DTM



Lee Coyne, ATMS



Lorri Andersen, DTM



Paul Fanning, DTM



Phyllis Harmon, DTM



PJ Kleffner, DTM



Stefana Johnson, DL3

Tell Me A Story

Toastmasters

Tuesdays - 7:00 - 8:15 pm

Currently Meeting Online



Share ideas through story—Learn how at Tell Me A Story Toastmasters
[Click here](#) for more information on joining us for an online meeting