

Voices!

One Community
Many Voices

District 7 Toastmasters
SEPTEMBER 2021



Brinn Hemmingson, ACG
**For the Love
of Community**
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Run at Your Own Pace

Broaden your digital horizons



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www.letsgetdigitaltm.club

And Because of That . . .

Phyllis Harmon, DTM, PDG - Publisher/Editor

Having been in District leadership eons ago, I am taken aback when I hear members talk about themselves as “we” and District leaders as “they.” I am not sure when I began to notice that trend, but it seems to have become more prevalent during the past couple of Covid years.

I think we are experiencing a breach in our connectedness with each other. Instead of breathing the same air at Club meetings and larger events, connecting through touch and proximity, we have become animated postage stamps—siloed. . .alone. . .shuttered in our own spaces.

And because of that, we no longer take the time or effort to get to know each other at a more meaningful level. And because of that, we have lost patience with others who don’t rise to meet our expectations.

It seems to me that we need to develop an attitude of seeking to understand rather than making assumptions about others that may be way off the mark. There is no “we” and “they.” There is only “us.” Each member is part of what makes up the whole. In ever widening circles, we coalesce into this artificial entity known as “District.”

Each year we identify and elevate members to lead us through another year. They step forward taking on roles for which they are unprepared. I guarantee you that being a Club President does not prepare you for being a Director or member of the Trio. Leadership is an on-the-job training program supported by those who went before. And because of that, our leaders muddle through—sometimes spectacularly, other times not so much. But at the end of the year, each will have learned valuable management lessons. Which once again proves that Toastmasters is the place to fall flat, get up, and try again.

So the next time you decide that “they” are not performing to your expectations, reach out and give them some help. After all, isn’t that what you would want when you become a “they?”



EDITORIAL

Volume 8 Issue 03 September 2021
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Paul Fanning, DTM
PJ Kleffner, DTM

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Eldred Brown, DTM
Program Quality Director
Lorri Andersen, DTM
Club Growth Director
Jim Robison, DTM
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Voices! is published monthly by District 7
Toastmasters. First issue published August
2014. Submit articles or contact us at
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VOICES!



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Phyllis Harmon, DTM

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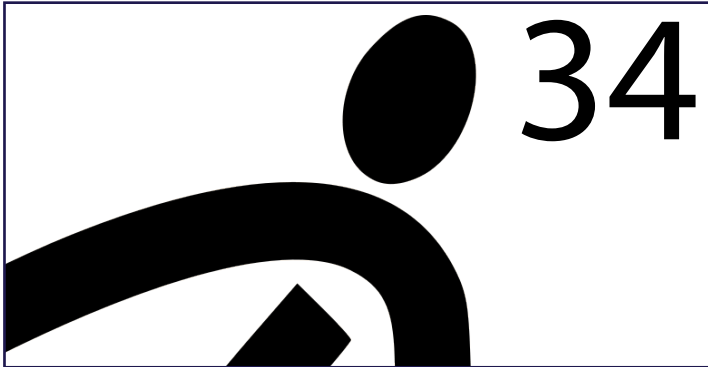
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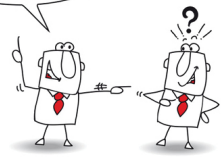
YES YOU CAN!

**October 6, 2021
6:30 - 7:30 pm**


Presenter:
Dr. Gwendolyn Avington, DLS

Join Us OnLine





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Brinn Hemmingson, ACG FOR THE LOVE OF COMMUNITY

Phyllis Harmon, DTM

In this month's article, Brinn Hemmingson, DTM, a member of Portland Progressives and Tell Me a Story Toastmasters, shares personal stories about life beyond Toastmasters.

Who is Brinn Hemmingson?

I am the daughter of a farmer and am an activist. Both my parents were activists. My mother was an immigrant and active in protection of the foreign born. Her father suffered under the [McCarran Act](#). Dad was a farmer and a carpenter. He built his own house, all the barns,—everything on the farm, and he raised sheep.

When I was about four, we moved to the farm in northern Minnesota. That's where I grew up. I was active in 4-H. I discovered that I liked speaking in high school. I started competing in Declamation which was competitive speaking through English class. We had poetry reading, interpretation of stories, original stories, folk stories, and news.

In my Senior year, I won Alternate to State in creative storytelling, which was my original story. Had it been any other year, I would have gone to Minneapolis to compete in the statewide competition. That was the year the school decided to spend more money on our hockey team. The

Alternates didn't get to go. My mother raised Cain.

I think my love for contribution to society really came from my parents because I saw that a lot. One of my earliest memories was my mother packing a box full of food for a neighbor who was unemployed. I was under the age of three. I remember that.

Do you think your parents activism shaped your mindset and the causes that you eventually got involved in? Did they stem from what you learned from your parents?

Yes, a lot of it did. I remember my mother carried me door to door because the milk that came into Minneapolis made Geiger counters click. And she was protesting the nuclear tests.

My father was active in the unions, both for the Carpenters Union and the

Farming Union. My oldest brother was 21 when I was born. He worked for the highway department. So he and later his daughter, my niece, were involved in the Highway Union in Minneapolis. We come from a long-time union family. And they were also active against racism. It wasn't easy. We were one of the few families in the whole county who had friends of color. And sometimes that really caused friction in school.

My parents were open minded and inclusive. I saw this willingness to put themselves out for people. My father was involved in a Native American issue that happened on the farm, and he actually put up the bond money for a young woman and ensured that she got to continue seeing her child, even though she later was imprisoned. They were that kind of people, you know, the ones who would actually go out and step



up and sometimes put themselves at risk. Later on I did the same.

So talk a little bit about that. What causes have you been involved in where you thought that you were able to make a difference?

There were some skinheads who were running around physically hurting people waiting to go into a movie theater. And as the last person ran past us, I tripped him. He got up and came up to me. Thirty or forty people stepped forward. He took one look at them and ran with his tail between his legs. I mean, you just don't walk up and start elbowing and shoving people indiscriminately, that does not work for me at all.

I have also physically gotten involved. I saw a woman being carjacked and a man trying to help her. I just nodded to him, and then I came up behind the carjacker. I grabbed his arms, the man helping grabbed the car key, and the woman was able to escape. We held him until the cops came.

I've been involved with elder causes for quite some time. I worked for a time in an upscale retirement center and I really loved the people I worked for. They were all like walking stories. You know, there was one of them. I used to see her e month for almost four years before she died. I held a memorial service for her because her children wouldn't and she knew that. I made a promise to her that I would so I did. In the 1980s, I was a VISTA volunteer and Service to America. I worked on accessibility issues, personal care issues, hospice issues, all those were really coming to bear? So that was something I loved working on.

Where did you grow up? Go to college?

I grew up in Roseau, Minnesota—way up north of the border. I went to the University of Minnesota in Minneapolis—the big campus. Talk about culture shock! My hometown was 2500 people. My freshman English class was over 5000.

Originally, I wanted to major in biological research. I especially love genetics, and I still understand a lot about it. I have the medical books. However, college math and I took one look at each other and decided we couldn't become friends. Years later, when I went back to college, I got an A in math. Go figure.

I changed my major to communications. I should have chosen English. If I had, I would have been teaching—but instead I chose communications. I studied a lot about public speaking, rhetoric and appreciation of poetry. You name it. I have a Bachelor of Science in BS.

So what did you do with your degree? What happened next?

One of my first post-graduate gigs was a community job that took me to Texas and then Iowa as a community organizer. I was a VISTA volunteer for awhile. I had several jobs. But I found that I gravitated towards the ones where I was doing a lot of work for community. I worked in a church in Minnesota and worked in a church out here. It was the kind of work I liked the most. It doesn't pay much, but you get a lot of internal reward. And that's been my driving force.

As a community organizer, what did you do?

I worked in neighborhoods. I was a neighborhood organizer. We found out what

the neighbors were really concerned about. For example, in Dallas, Texas, the number one concern was rats. In Iowa, dogs were a problem. Dogs bit people and they chased people. There were issues with housing. There were a lot of issues. It wasn't that we solved all of them. But we began empowering neighborhood groups to take on some of the causes that were important to them.

What do you feel was your greatest contribution during that period in your life?

I guess there were a number of successes. One of my favorite happened in Dallas. The Martin Luther King Health Center served low income women and children—many, many thousands—e year. The decision was to close it because it wasn't making enough money. We got the governor and a lot of press there—we had a big organization. While the press was there, rats started running around the hallways. We kept that health center. That was fun. It was in 1982. I can tell you there were some screams when those rats came down the hallway. That was a major win. That really was good.

Later back in Minneapolis, I worked as a VISTA volunteer for the United Handicapped Federation. I was a liaison to the St. Paul Board of Nursing. The contribution I made there had to do with a big convention we were holding. We needed money.

I became the project leader for fundraising based on an idea I had. My idea was that we should have a program and sell advertising space in it. Governor Rudy Perpich bought the back page, the whole back cover. We sold pages to our oxygen suppliers, wheelchair suppliers, and van

drivers. We raised enough money for a sit down dinner for around 400 and a jukebox. We had 25 or 30 organizations represented there that night.

Let's jump to more recent history. Has your communications degree been useful in your current role?

Yes. And I'd also say Toastmasters added a huge part to what I'm doing right now. What really nailed this job more than anything else was Toastmasters.

I work for a consortium called Community Works program. Our members are referred to us by the DHS. I'm the life skills development specialist. A large part of what I do is active listening. When I started working for the company, they had just five workshops. I was told they needed a lot more development. And I thought, "Okay, what are some of the things that make life skills? Well, how about learning to



handle emotions? like anger? or fear? How about just understanding emotions in general? How about learning active listening? Affirmations?" In the first year, I increased the workshops to 25. We're now over 108. Last week alone, I completed three more. I'm working on one right now called Opinions. I'm really pleased with the way it's shaping up. I realized we give so much of our power away. The opinions of others matter so much. And they matter on everything, you know? Is your dog a pedigree? What kind of house do you have? What kind of car do you have? What kind of TV do you have? Is your furniture labelled? What's your wardrobe? What's your weight? What's your hairstyle? If you don't have a solid sense of self, they can just steal your joy?

I absolutely love my current job. It fulfills that creative need. I have people corresponding daily who tell me "this helped; that helped; this was brilliant; I got a job."



It's the feedback, which for the most part, is positive. The job is more of a mentor than a coach. Sometimes I'm working with people for a whole year. I get to know them and their kids, their parents, and their pets. It's rewarding.

Why Toastmasters?

I worked at Kindercare seven years as a receptionist. One day in the lobby. Two people started talking about Toastmasters. Apparently, a group met down in the basement at noon on Tuesdays. I asked, "can I come too?" "Sure."

I went down, checked it out, and joined that day. I think one of the first things that drew me when I went down just to see what it was all about, was the camaraderie. And I loved Table Topics. I immediately saw opportunities for growth. And here was a way of creative expression. There was no other venue I had which offered so much opportunity for creative expression. And I absolutely loved that. I loved that you could read stories, you could do interpretive stuff, poetry readings, there was more. Some ways there were more artistic opportunities than in Pathways. I did one of my favorite, which was story interpretation. I was their secretary. I worked on their newsletter. Later, I was their president. And then one day, the owners of the building changed and they said, "We don't really want to have classes here anymore." That was the end of that. I currently am a member of Portland Progressives and Tell Me A Story Toastmasters. I am also part of the new debate club that is forming.

You're a veteran District 7 International Speech champion and Speech Evaluation champion. What motivates you to compete?

I am proud enough to think that maybe when I speak, someone will be inspired and motivated. Most of my speeches, I try to have a call to action. I really want people to see that there's good in humanity. Sometimes it's not always easy to see that. And my championship speech about my mother coming to America. It's a true story. I didn't learn all of it until that same year from one of my mother's last living relatives. She never got to hear the whole story, but she knew I was working on Long before she died in 1994, there was a desire to share because

I know that there's a generation that's dying now and their stories should be told.

And . . . I like having the trophies. One of the first things that got me involved was the realization that I could win trophies. I'd never heard of that. I'm as athletic as a one-armed snail, okay? I'm never, ever gonna win a trophy. And I didn't think there were trophies for any other sports, right? That was it. And when someone told me you could win a trophy for talking, I'm like, I'm all in! I like the decorations, okay?

Final question. For the next generation, what advice would you like to leave them with?

I know that a lot of young people (I was one of them) feel really helpless to impact the world. I want them to look at Greta Thunberg, you know, the goddess of climate change. And think that if you had the ability to speak like her—which could be from Toastmasters—if you had the ability to address people, as well as she does, you could motivate the world to a much better place as well. .



Celebration of Leadership

September 25, 2021
10:00am - 1:00pm

Humorous Speakers



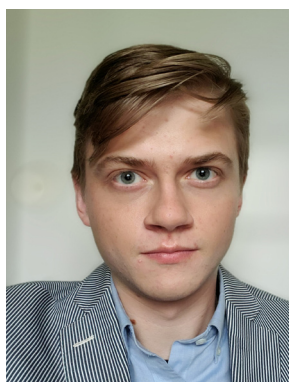
Laurie Canney, DL3



Michael Rosenberg, PM4



Mitra Shahri



Graham Smith, PM2

Star Power

Keynote



Gary Schmidt, DTM, PIP

The festivities will include:

- Gary Schmidt, DTM, PIP, as our keynote speaker
- Recognition of Distinguished Clubs
- Humorous Speeches
- Presentation of Spirit awards by the District Director, PQD and CGD
- Presentation of the D7 Rookie of the Year, plus the Lou Webb, Herb C. Stude, and Dick Moser service awards
- Presentation of the Area Director, Division Director and D7 Toastmaster of the Year awards (You can find descriptions of all these awards and a list of previous winners on the D7 website)

9:00 am - 10:00 am - Social Hour

Program - 10:00-Noon

Noon-1:00 pm - Social Hour

[Click Here to Register](#)

Are You Listening?

Eldred Brown, DTM - District Director

As I was preparing to serve as the Toastmaster for the September 16th meeting of Marylhurst Toastmasters, I discovered that it was the 6th annual observance of the International Day of Listening. This event was started in 2016 by the International Listening Association (ILA) and is observed every year on the third Thursday of September. Their goal is to promote a variety of events from one-on-one conversations with friends and family, to business or community meetings, to governments and their citizens talking about mutual concerns. We are encouraged to engage in listening activities that create and strengthen our connections to other people. What better way could there be to participate in the day's activities than to make the International Day of Listening the meeting theme and talk about how important listening is to our growth as speakers and leaders?

While browsing the [ILA website](#), I discovered a page of TEDx Talks I thought were particularly enlightening. Probably the most important tip I took away from Dr. Avraham (Avi) N. Kluger's *Listening and Its Enemies*, is that when you listen to another person, you encourage that person to speak. This helps the person become a better

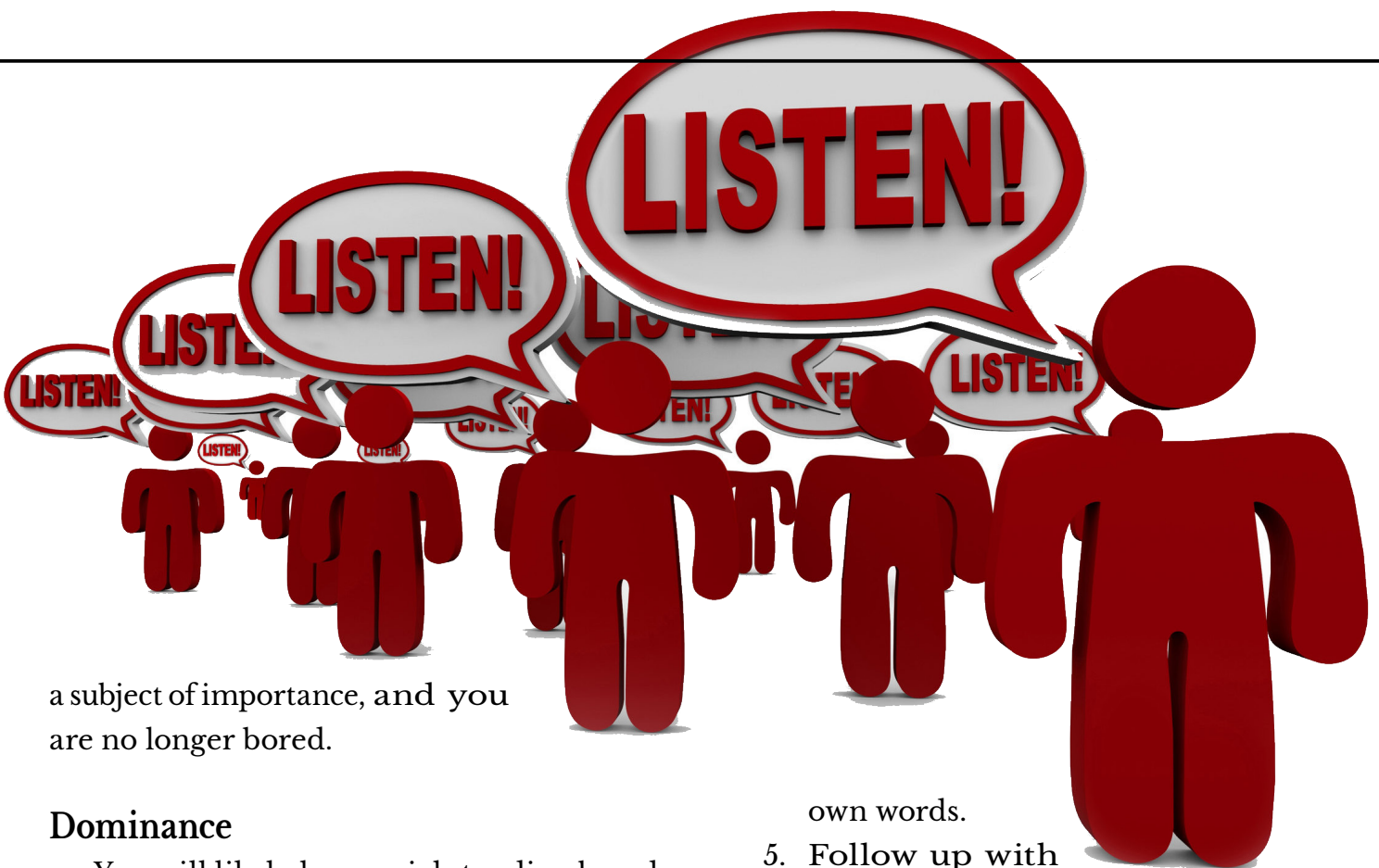
speaker. By speaking, that person will commit more of the subject to memory. We can help each other become better speakers merely by listening to them!

Another awesome benefit of listening is that better listeners tend to perform better in their jobs. Physicians who listen well are less often sued for malpractice. Detectives who listen well often pick up information on a case that less skilled detectives miss—information that could lead to the prosecution of a tough case. Even high school students will perform better when their principals listen to their teachers. Is it any surprise then that better listeners also make more effective leaders? Just by listening?

Seeing that the title of his talk alludes to the enemies of listening, what does Professor Kluger identify as the enemies of listening? A few, but not all of them, are boredom, dominance, and cost.

Boredom

Have you ever encountered that person who would talk your ear off and bore you to sleep? Ask the speaker to tell you stories, and lead the speaker with the question, "And what else?" You may find that the speaker eventually touches on



a subject of importance, and you are no longer bored.

Dominance

You will likely lose social standing based on dominance, but good listening will increase your social standing through prestige.

Cost

Listening will take a lot out of you though the cost is worth it. Know your limits. Stretch them, but honor them, as well. Feel free to withdraw when you feel the need to recharge, and don't forget to find someone who will listen to you, as well.

I was also quite intrigued by the ILA's [*Ten Listening Tips*](#). Here are a few of the tips I think most important.

Value listening. Make a conscience choice to listen more and better.

1. Prepare to listen. Put aside everything that could distract you from listening.
2. Listen with an open mind.
3. Let the speaker finish before you respond. Don't interrupt.
4. Reflect back what you hear, and in your

own words.

5. Follow up with future actions that show you listened.

Reviewing what I learned in preparation for September 16th club meeting, I now have to ask myself: how well am I listening? I want to be an effective leader, and I can be more effective as a leader by listening better. I am committed to listening to each of you, and I want to continue my growth as a listener.

Please feel free to let me know how effectively I'm listening to you and how I can continue to improve. I look forward to your feedback.

Plans, Plans, and More Plans

Lorri Andersen, DTM - Program Quality Director

What a great three months we've had this year! We started the year strong with officer training, Learning Labs, and Club Success Plans.

In August, I attended a two-day training with other District leaders. I shared our plans for Learning Labs. I told them about "Plan for Club Success," followed by "Moments of Truth," and "Nut's and Bolt's" Club Charters R Us."

The following day I met over Zoom and shared the Learning Labs details with a new Toastmaster friend. She couldn't wait to set up Learning Labs in her District. District 7 is leading the way.

Good things are happening all over Toastmasters and D7. Check our D7 calendar for the next Learning Lab. Mark your calendar for the first Wednesday of every month. Pathways Labs. conducted by Dave Bones, are midmonth.

Thank you to our Division Directors for the outstanding Officers Training they conducted in July and August. Pre Covid, Division Directors only trained locally. Now with Zoom, they can train Toastmasters all over the world. What's so great about training? You get to collaborate with Toastmasters that you would never meet.

I trained with Toastmasters in Australia last year. I found out they deal with the same issues we do. Often, they had different ways to handle them. I learned a lot through our discussions. Relationships grow through training, friendships form, and clubs strengthened.

Would you like the opportunity to learn more about training? Please email [Lorri Andersen](#) to

find out more details.

Submit a Club Success Plan and earn a reward. What is a Club Success Plan? It is a high-level look at your club and it's a tool to help build your clubs success.

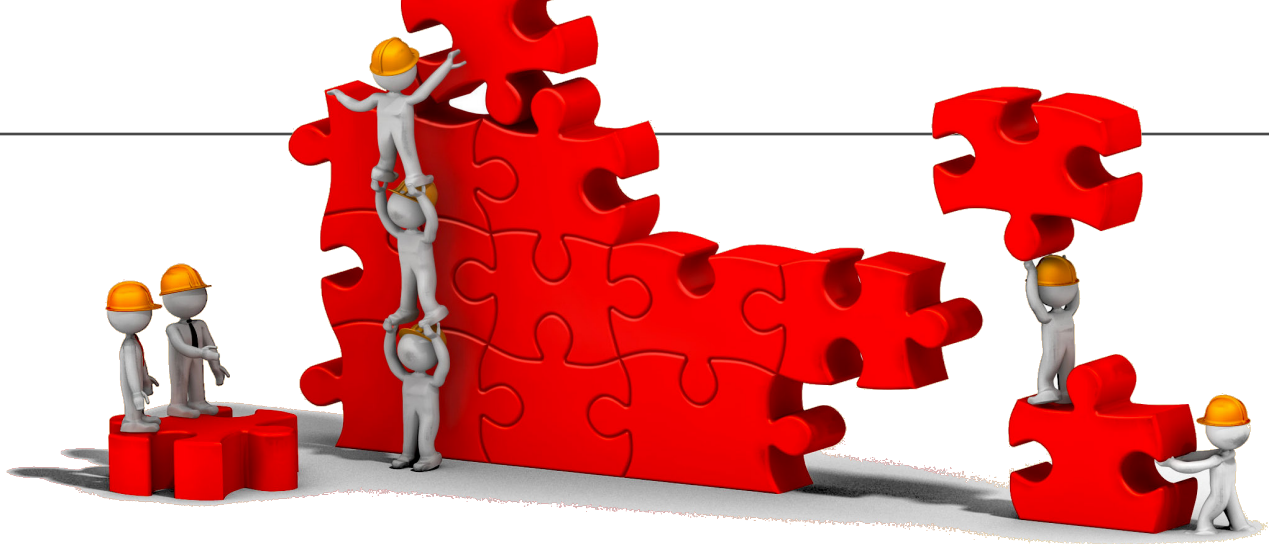
- It asks for examples of your club values, how you work with and support your Officers, and build your Club team.
- It walks you through a situational analysis and then helps you chart a road map toward a successful club. How do we know where we are going if we don't have a road map? Each section has a situational analysis.
- And, it is divided into an educational plan, membership goals, training, and administration.

The first 20 clubs to submit a completed Club Success Plan win a \$50 Toastmasters International gift card. Every Club that submits a Plan is a winner. The process is a good learning experience as you build a plan for a successful Club.

Take part in the journey. [Download this form](#) and start today

In the next three months look for Pathways Learning labs and Toastmaster Learning Institute, December 3 and 4.

I look forward to our educational journey together.



Area Directors are visiting Toastmasters Clubs. I know this because when an Area Director submits a Club Visit Report, I get a copy. I have enjoyed seeing these reports for a few reasons:

- It shows me that the Clubs are meeting. There can't be a Club Visit Report without a Club to visit.
- It shows me that the Area Director getting to know the Clubs in their Area. They want to be a resource to the Club, to help them be successful in helping the members of the Club be successful. Getting to know the Club is the first step in that process.
- I figured out that I actually have helpful information I can provide to the Area Director they can use to help support the Club. There have been a few times when the Area Director raised a question and I had a helpful answer.

This is how the Toastmasters works. The member relies on the Club to help them. The Club has officers who help make that happen. The Club officers call on the Area Director for help when needed. The Area Director gets guidance and support from the Division Director. Area and Division Directors get help from the District officers (like me). We District officers get support and advice from a Regional Advisor, Regional Directors, past

Building Blocks of Success

Jim Robison, DTM - Club Growth Director

District officers, and staff at Toastmasters International.

I often mention to Area Directors that when I served as an Area Governor (yes, we were called Governors) my Division Governor became my best friend. I regularly asked him questions and got his advice. The Division Director is the one who most directly works with the Area Directors to ensure that they have the information they need to support the Clubs.

What surprised me was that after my term as Area Governor, a Club President who served during my term, said I was the most helpful Area Governor. I did not realize that it was his first time serving as a Club President, and that the support I provided was crucial to his success. Plus I made a good friend from that connection. It seems that while I felt like the Division Governor became my best friend, the Club President felt the same way about me.

This entire organization, Toastmasters International staff, Regional Advisors, District Officers, Division Directors, Area Directors, and Club officers are focussed on supporting Club members so they can achieve their goals. This is a structure of support that builds a solid foundation for members to achieve their goals.

Amazing.

District 7 2021

Program Quality Incentives Lorri Andersen: pqd@d7toastmasters.org	Club Growth Director Incentives Jim Robison: cgd@d7toastmasters.org
Member Incentive <ul style="list-style-type: none"> Every Toastmasters Member that completes the Pathways Mentor Program will win a Toastmasters Core Jacket (Item 7078 or Item 7079). 	For clubs that started the year with fewer than 20 members (Base Membership below 20): <ul style="list-style-type: none"> The first 40 clubs who submit dues payments necessary to be eligible for DCP status (20 members or net growth of 5) by Mar 15th, 2022 will receive one Speechcraft Digital Bundle (\$50 Value))
Club Incentives <ul style="list-style-type: none"> Club Success Plan The first 20 clubs to finish and submit their Club Success Plan by September 30, 2021, will win a \$50.00 Toastmasters International gift certificate payable to the club. Moments of Truth The first 20 clubs to finish the Moments of Truth by October 31, 2021, will win a \$50.00 Toastmasters International gift certificate payable to the club. Seven Officers Trained Every club who has all 7 officers trained during the winter training period ending on February 28, 2022, will win a \$50 Toastmasters International gift certificate payable to the club. Distinguished or better by April 1, 2022 Clubs that become Distinguished or better by April 1, 2022, will win a \$50 Toastmaster International gift certificate for their club. Distinguished or better by June 30, 2022 Clubs that become Distinguished or better by June 30, 2022, (and did not qualify on April 1) will win a \$25 Toastmaster International gift certificate for their club. 	For Clubs with a Base Membership below 20: <ul style="list-style-type: none"> Every club with a base membership below 20 will win a \$15 gift certificate to the TI store for each dues paid membership at the end of June 2022 above the club's Base, up to 20 members. Club Special Events: All clubs who. . . <ul style="list-style-type: none"> Schedule a Special Event (open house, workshop, etc.) to be held during the current Toastmasters year and have it announced on the District 7 Event Calendar at least 1 month in advance. District 7 will provide the club a \$50 Boost of an online ad for the Special Event. Limited to 1 qualifying club special event per calendar quarter. New Member Surveys <ul style="list-style-type: none"> A New Member Survey will be sent to every new member. Every member who completes the New Member Survey is entered into a monthly drawing for a random prize (various promotional items from TI). The Survey asks new members a little more in depth about what brought them to Toastmasters, how they found the club, and what they hope to accomplish.

1-22 Incentives

Club Growth Director Incentives

Jim Robison: cgd@d7toastmasters.org

Guest Surveys

- We provide a Guest Survey link to all clubs and ask them to provide the survey link to all guests who are not current Toastmasters.
- The Guest Survey will ask questions about how they learned about Toastmasters, how they found the club they visited, what was their guest experience, did they decide to join, why or why not?
- Every guest who completes the survey earns an entry into a monthly drawing for a \$20 TI Gift Certificate (repays their new member fee).
- For the club visited, the club will get a drawing entry to win an end of year grand prize: A customized sidewalk sign or other option of similar value.

New Club Leads

- District 7 will award a \$100 gift certificate from Toastmasters International to any member who submits a new club lead that results in a chartered club by June 30, 2022.
- All leads* will be entered into a final drawing. Three winners will be awarded a \$25 gift card from Toastmasters International.

**To qualify, a lead must include a specific contact person who is interested in building a new Toastmasters Club.*

New Clubs

- New clubs chartered by June 30, 2022, will receive their choice from a selection of club materials up to a value of \$200.

Examples of items to choose from

1. Custom Club Banner
2. Portable Lectern
3. Timing Light
4. Lectern Banner
5. The Writings of Dr. Smedley
6. HD USB Webcam & Microphone

Why I'm Like This

PJ Kleffner, DTM

Immediate Past District Director

My column this month is based on a speech I gave at my Club last year when I started the Engaging Humor Path. I wanted to share a bit of my background with my Club members to help them understand the basis for my sense of humor. Growing up in a large family and attending Catholic school, I had plenty of challenges and opportunities to develop my sense of humor.

We lived in southeast Portland in an old, Victorian house that was built in 1901. My German father and German-Irish mother had twelve children, which was not uncommon for Catholic families during this post-World War II era. There were six boys and six girls, but one girl died from a birth defect when she was two months old. That left only thirteen of us – two adults and eleven children – to share one and a half bathrooms.

Actually, it was more like one and a quarter bathrooms, because the second one was in a small closet on the side porch. Standing in the doorway, the toilet bowl was directly ahead of you against the back wall, and the water tank was mounted way up on the wall. You had to reach up and pull a chain to flush it. One feature of this arrangement was that gravity REALLY enhanced the flushing action. If something like a stuffed teddy bear happened to find its way

into the toilet and plugged it up, serious flooding ensued. The sink was mounted on the wall in the corner, but the room was so small that part of it actually extended over the toilet. If you were there for a “number two”, you had to rotate as you sat down to slide in under the sink.

It turns out that this wasn't always a bad thing. If you got a really nasty stomach bug that caused both diarrhea AND vomiting, you could easily manage both at the same time. (I'm sorry if you can't “unhear” that.)

Another memorable part of growing up Catholic was attending Catholic School where most of the teachers were nuns. My eighth-grade teacher was Sister Gerard, who was also the school Principal. I was convinced that she hated children, and was not cut out to be a teacher, let alone a nun. Ironically, I heard many years later that she left the nunnery and married an ex-priest, so my instincts were spot on.

On the first day of class, Sister Gerard informed us that she planned to treat us like the young adults that we were becoming in order to prepare us for going off to high school the following year. That meant when we arrived in the morning, or returned after breaks, we were free to mingle and chat with friends, UNTIL she came in and rang a small bell that she kept on her desk. When she rang the bell, we were

to immediately stop talking and take our seats. No one ever dared to test her authority on this matter.

I developed an interest in electronics and all things technical at a very young age. By 8th grade, I kept a stash of small tools and a roll of black electrical tape in my desk. One day, I decided to play a practical joke on Sister Gerard. I slipped back into the classroom early, and taped the bell clapper to one side of the bell. Many of us were already seated when she came in, picked up the bell and gave it a shake – silence. She looked angrily around the room to find the guilty party who had tampered with her bell. She turned the bell over, and when she saw the electrical tape, she immediately locked eyes with me. I could no longer maintain a poker face and broke into a faint smile. I thought I was going to be in big trouble, but she realized that it was a pretty good, harmless prank, and burst out laughing. Unfortunately, this moment of levity passed, and she returned to her usual draconian personality.

I think I can blame at least part of my sense of humor on my father. As a teenager, I worked with him in the retail meat market that he managed. It's an understatement to say that he didn't subscribe to "The customer is always right" philosophy. One day he got into an argument with a customer, and the customer told him to shove something "where the sun doesn't shine." My father calmly replied, "Earlier today, a woman told me to shove a pot roast up there,



so I'm afraid there's no more room."

He also liked to play pranks and practical jokes. The meat market was one of those old-fashioned, open front places on SW Yamhill Street before all the urban renewal. The street was lined with meat, fish and fresh produce shops all the way from the Willamette River up to SW 4th Avenue. There was a tavern right next door to us, and we could see and hear people going in and out because of the open nature of our shop. One day, we were amused to hear the gasps, followed by laughter, as people opened the tavern door and were confronted by a very large pig head sitting on the end of the bar. It had big, gnarly teeth and was decked out with a pair of sun glasses and a glass of beer sitting in front of its snout. I'm sure the health department would frown on that sort of thing these days.

There you have just a few examples of what shaped my sense of humor. These rich experiences from my childhood provide many speech topics for my Toastmasters meetings. However, I try to remember my audience, and sometimes have to tone it down, or leave out a few details, to avoid offending or grossing people out. Some stories are best left for close friends over a beer in the pub.



Worth the Struggle

Tamsen Corbin, VC2

Is something missing in your life? That spark? A reason to get out of bed? Well, I was sure missing something! I needed slobbery kisses, rolling tufts of dog hair, furniture with love bites, and only one small edge of a king size bed to sleep on. Yep! I rescued two dogs. Though, to think about it, they rescued me.

I remember the day well. Lots of eyes twitching with excitement, moist noses jutting through holes in their wire crates, and tails enthusiastically wagging. I searched and searched for just the right dog(s) to rescue me. . . uh, I mean, to rescue. I surveyed the room. Some were energetic and enthusiastic, while others stayed hidden in the corner, eyes lowered, not sure what horrors I might bring.

As my excitement bubbled over, I reminded myself that a Bernese Mountain puppy, although very cute, would grow to half my body weight, and Huskies were serial escape artists when confined to a small yard. It took lots of searching, but I finally found the right pair: a German Shepherd and a Black Lab.

My journey to find a rescue dog is similar to the journey of a Club Coach—finding that perfectly imperfect choice. Some Clubs may have their faces pressed to the glass anxious for you to adopt them, while others will hang back waiting to see what you have to offer. Some Clubs

will embrace you; other Clubs need a treat for motivation.

Every Club is worth saving—we believe everyone deserves to succeed. Club Coaches help revitalize struggling Clubs with new ideas and bountiful energy. The benefits are hard-fought but worth the struggle—very similar to owning two very energetic dogs!

Do you want to perform a rescue? Keep reading.

10 Reasons to Consider Rescuing a Dog (oops, Club):

1. You could save a life by providing a struggling Club with a path to a brighter future.
2. You can skip the ‘puppy stage’. You aren’t starting a new Club; these are experienced Toastmasters with history.
3. You get to decide your Club. Like adopting a dog, you can choose your Club. Look up meeting times, days, and locations before you decide. Find one that is best for you! Right now, there are many options.
4. You can ‘try before you buy’. Visit the Club, meet with the officers, and talk to the members. Make sure it is a good fit for both you and the Club.
5. You will be needed. They’ll be intensely loyal once trust has been reached, the bond between coach and members is truly special.
6. You can stay active. Nothing fills the void in your schedule like helping to save a Club,

- inspire members, and help the district.
7. You get to watch them grow. How beautiful the day is when they become completely self-sustaining.
 8. You get to teach them new tricks. Your new perspective could be the key to the Club blossoming back to full strength.
 9. You become a beacon in the district. Your experience will inspire others to rescue their own Club. Your success will be contagious.
 10. You will be appreciated. Not only will you get credit towards your DTM, but you will also

have the sincere appreciation and thanks of the Club members you helped coach.

Please consider being a Club Coach and rescuing a Club.

This might come as a surprise to you, but our District is in trouble. Our Clubs were hit hard in the last two years. Member retention and new enrollments are way down. Many Clubs are no longer exist. As your Club Coach Chair, I am recruiting members willing to bring that life, that spark, that energy into a struggle Club.

Will you be a hero and rescue a Club? Contact me, Tamsen Corbin, clubcoach@d7toastmasters.org.



CLUB COACH PROGRAM

Turn struggle into success!

Club Coaches wanted!

If you've stepped outside your club to visit another, you know there's so much you can learn, even from a single visit. Some clubs need that outside spark brought to them. Will you be that spark? District 7 invites you to accept this challenge!

Become a Toastmasters Club Coach

Contact Tamsen Corbin, clubcoach@d7toastmasters.org

Must be a paid member in good standing with Toastmasters International and not be an existing member of the club at the time of appointment. Training available. Ask us about credit toward your DTM.

Learn more from Toastmasters International:
<https://tinyurl.com/club-coach-faq>

Tamsen Corbin, Club Coach Coordinator
clubcoach@d7toastmasters.org



Upcoming Online Webinars

July 14	August 4	September 1	October 6
Plan for Club Success! Panel Discussion Watch the Replay	Moments of Truth Eldred Brown, DTM Watch the Replay	Club Charters R US! Emilie Taylor, DTM Watch the Replay	Pathways Mentoring Program Gwen Avington, DL2
November 3	December 1	January 5	February 2
Become a DTM Cheri Redgrave, DTM	Contests and Judges Training	Build an Open House!	Successful Club Series
March 2	April 6	May 4	June 1
Storytelling to make a point	Getting involved beyond your club.	Club Officers, make your club strong!	How our club achieved Success!



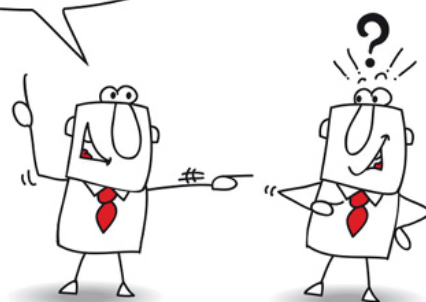
Mentorship: Molding Toastmasters for the Future!



Presenter:

Dr. Gwendolyn Avington, DL5

**October 6, 2021
6:30 - 7:30 pm**



Join Us OnLine

**Register
Here**

This session is for members who want to know more about mentorship. Club mentors are valuable keys in unlocking a new members potential as an effective communicator and leader. Are you curious about what it means to be an effective mentor? Do you understand what the Pathways Mentor Program is and how to sign up for it? This and many other questions will be answered in this interactive session.

In this interactive session you will learn

- What it means to be a Pathways Mentor
- How a mentor helps new members
- How to sign up for the Pathways Mentors Program
- How a mentor can help mold Toastmasters of the future

Dr. Gwendolyn Avington is the Owner/CEO of CLATAK Consulting. A teambuilding/conflict resolution consulting company. She is a member of New Horizons Toastmasters (D7) and Platform Speakers (DI). Gwendolyn is the District 7 Area 73 Director. She is Co-mentor for North Eugene Toastmasters Club and Unitus Toastmasters Club. She has completed the Innovative Planning and Dynamic Leadership Paths. She is a designated Pathways Mentor. Gwendolyn had the privilege to serve as the first D7 Pathways Chair for the 2020-2021 Toastmasters year. She coordinate the first Trio-pardy game show at the May 2021 Annual Conference.

The Zoom link will be emailed two days prior to the event.

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I See No Ships But Hardships

Paul Fanning, DTM

Confession is good for the soul, or I am told. Thus, I must confess that I have always had a love for the sea. Being born on an island nation might be a wee part of it, or perhaps it is the various ancestors who were seafaring men of one sort or another. No, argh matey, nary one was pirates, but one was a Royal Marine officer who left his mark—literally—upon this nation's capital in 1814. (Here, Dolly, hold this torch for me!) The circumstances of my own birth were due to the influence of the sea as my father, being a corpsman in the U.S. Navy, was attached to the U.S. Embassy in London, met a lovely English secretary there which all resulted in a voyage from England to New York by steamship after I was born. On that fateful voyage I was officially declared a subject of King Neptune's Atlantic Realm and received the Royal Order of Atlantic Voyagers.

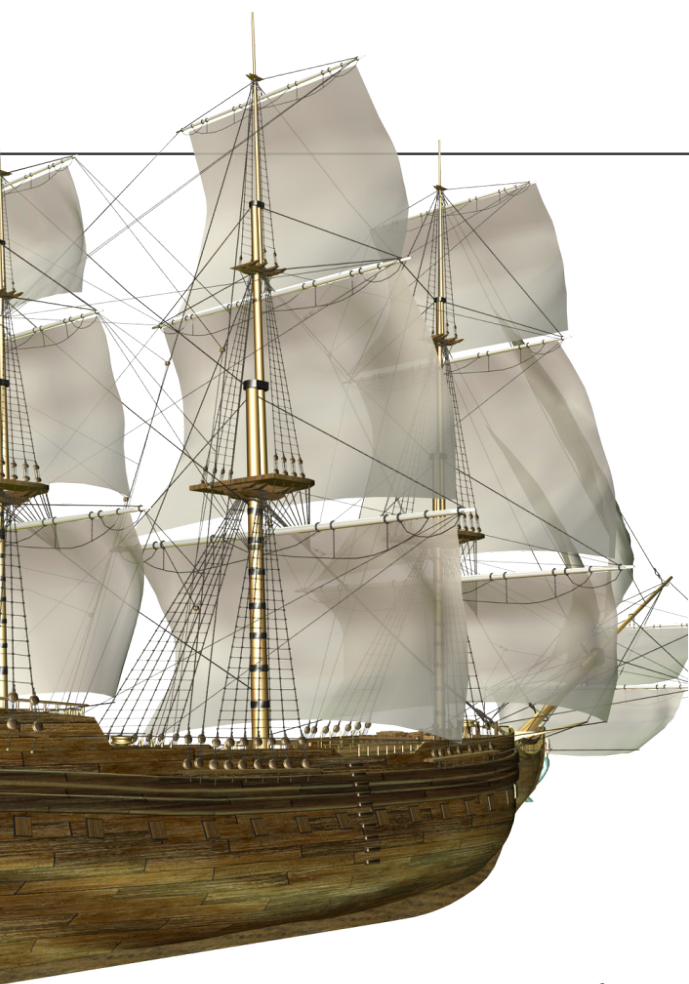
And again, I must confess that I have tried to live near the ocean in my adult life including working on Catalina Island off the coast of California. I still have on my "bucket list" to sail on a fully rigged tall ship. I have added to my list of aquatic vessels sailboats, war canoes, motorboats, and ferry boats through the years, but a tall ship with canvas spread and the fair winds blowing was and still is a thrill to be yet achieved. I love the salt spray, the blue or grey

waters (depending on what ocean we are on) and the occasional dip into the brine myself. I learned how to use a marlin spike; tie knots and managed the twice weekly trip from San Pedro to Catalina Island by "cattle boat" without being seasick.

I've decided that storytelling is my niche in Toastmasters. I always have my weather eye peeled and looking for a good story to relate regarding something from my collection to share in a "show and tell" situation. I have been doing research on gallantry awards to seaman and officers of the British Merchant Navy, which at one time was the largest fleet of ships in the world. One such gallantry award is a favorite of mine—the Board of Trade's Medal for Saving Life at Sea commonly called the Sea Gallantry Medal.

Sadly, it is no longer awarded. For 100 years, it was a highly prized medal given for exceptional and meritorious gallantry at sea. The medals were silver for the most gallant deeds and bronze for a lesser display of courage and pluck, all by either a seaman or officer. One example of this award was given to Bosun Robert Jones of the White Star Lines S.S. Cymric, a posh passenger ship in 1908. Jones, a ship's officer and six seamen





rowed over to a blazing cargo ship amid an Atlantic snowstorm in February and gallantry rescued most of the injured and dazed crew and officers. It was a grueling seven-hour ordeal of rowing back and forth until the ship burned down to the waterline, was declared a hulk and slid under the waves. Not only were the rescuers cheered by the passengers of the Cymric, but when the ship arrived in New York, they were feted by the press, humane societies, and their own line. “Bosun Bob’s” career was further sweetened when in 1912 he was on the S.S. Carpathia that answered the S-O-S from the RMS Titanic. Someone broke up his set of medals about twelve years ago and I only have his Sea Gallantry Medal.

Then I am able to relate the story of a career Cunard Lines man who was a Third-Class waiter on board the RMS Lusitania. He had made well over 100 voyages on various ships between Liverpool and New York. Leaving a wife and children behind, he vanished on the fateful day

when a U-Boat torpedoed the Lusitania in 1915 within sight of land. His body was not recovered, and his poor wife was given his wages up to the sinking plus one day’s pay. His medals, never worn by the man whose name is engraved upon them, are now part of history I have the pleasure of being custodian of. The mere hunks of metal and ribbons have a story behind them and the feats for which the recipient received them. Thus, I share what I know about the men, the ships they sailed on and the circumstances of the deeds, acts and in the case of the waiter, the ultimate sacrifice.

I then move on to the next medals in the display case. I come to the Lloyd’s of London’s Meritorious Service medals. The first is from an Atlantic voyage in 1899.

The medal had been established to be given to those who were instrumental in the saving of ship’s cargo, the ship itself, or the crew—all insured by the enigmatic Lloyd’s.

The first medal was to an officer of the Hamburg-Amerika Line’s S.S. Bulgaria. The Bulgaria was a fairly new combined passenger/cargo ship built to bring immigrants to the United States from Hamburg to New York. The return trip would be mostly crew and cargo, which the Bulgaria lade on and left for Germany. The cargo included 120 horses on-deck along with 41 passengers. She was hit by a severe hurricane

on February 1st which not only damaged the bridge, but the rudder and water poured into her cargo holds. The ship was thus dead in the water, no steering capability and for three weeks she was feared sunk, a total loss of all hands and cargo. Two medals were awarded for the actions of the captain, first engineer and first officer who assisted the passengers, controlled the horses, and salvaged the cargo. They eventually were towed into the Azores. Even the Kaiser himself congratulated them for the gallantry, awarding the captain with an order of knighthood. The way the ribbon was mounted on this un-named medal was a fancy Prussian style, and I wonder, was this the captain's worn before the emperor himself?

The other medal is a later version of the 1899 medals earned heroically in 1972 by an oil tanker captain. At 3:00 pm on the 25th of January, the S.S. Kymo which had left Indonesia earlier for Yokohama, was rocked by one, then another explosion in the cargo hold. Carrying a load of flammable cooking oil, she was soon ablaze, and the captain ordered all stop and the crew to abandon ship except for himself. Assessing the situation, he managed to convince the chief engineer and three crewmen to reboard the ship and over night they fought the blaze, saving the ship and most of the cargo. At one point the captain Christophoros Kakkaris jumped overboard with a rope tied around himself to free an anchor chain which had fouled one of the screws. Helicopters and other ships rescued the crew in their lifeboats, and the huge tanker was towed into Singapore the next day. As the loss was minimal (in comparison to losing the ship and all the cargo,) Lloyd's voted the captain their personal thanks and awarded him the

Meritorious Service Medal in Silver, rare in those days. He did not receive his medal until 1975 for some unknown (to me) reason. He was then invited to London, and with his wife at his side, was feted by the Deputy Chairman of Lloyd's (a distant relative of mine) and in a special ceremony given his medal in a nice case with the Lloyd's crest emblazoned on the lid. His medal was the last silver medal given in the 1970's, and very few have been awarded since that time. The courage and personal effort by him to save the ship was in my mind the ultimate sea adventure. There were so many details of this rescue recorded in the daily newspapers in Singapore and London that I have not mentioned.

There you have it, dear readers and fellow Toastmasters—blazing ships, weather damaged ships, injured crewmen, and ordinary men giving their all for their fellow seafarers up to and including life's sacrifice. What stories could be told in your Pathways journey? What possible examples can be gleaned from these seemingly plain looking medallic awards can be used in other speeches or competitive speeches? That is one of the plusses of our Toastmasters program. We can take these facts, spin a yarn or two, and entertain, educate, and elucidate each other by simply taking what is around us.

My challenge to you is this; what do you have to offer your club? What incident in your life, or family history, or object you have can you write a speech about and share it with your club? Try it on for size. You will look, sound, and be great at it. That's being a Toastmaster!

Now, let us talk about that 1814 "incident" with a match, a torch and a certain white building in Washington, DC. It all started with a . . .

Autumn Arrival

B. Lee Coyne, ATMS

For many of us, Autumn is an awesome season. And with good reason: it is truly colorful. The green leaves blush and glow crimson.

In their next phase they turn orange. Can that perhaps be hinting at pumpkins to come?

Their ultimate fate is brown as they drop down toward kindred soil. Is that really death or a transformation into mulch? Resurrection lies upon the horizon with springtime.

Also the sun sets earlier as dusk beckons. The temps cool down. Indoor activity picks up. The TV remote gets greater attention. Books probably gain more consumers.

In the process we can harvest more in terms of empowerment and insight. Public speaking polemics can prosper. Life may not quite be utopia. But a cornucopia shall suffice.

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October 7, 2021



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Run at Your

David Freedman, IP3

I learned as an actor. The main reason I joined Toastmasters was to further hone those skills that would aid me in my craft. I jumped right into the Club culture and rapidly started working on all of those lessons related to preparing your speech: getting to the point, vocal variety, improving body language, and more. I also took part in learning the various meeting roles—Timer, Evaluator, Grammarian, and so on. I was fearless about being on stage, particularly when giving speeches—always wanting to do more.

I joined Toastmasters after two friends suggested I might gain a lot of worthwhile experiences by checking out the organization. After briefly hesitating, I wound up attending several meetings at Babble-On Toastmasters before joining the Club in November 2013.

Then things really picked up. Although I'd been given a mentor, I rarely relied on him at first. Reading through the *Competent Communicator* manual, I noted that many of the first exercises came easily to me. In fact, quite a few of the lessons mimicked those I'd

Then I got to the eighth project, "Get Comfortable with Visual Aids." Suddenly, my confidence took a nosedive. Although I'd taken a PowerPoint class in college, I hadn't used the software since then. I certainly hadn't utilized a computer or projector for a presentation. I don't recall panicking outright but I certainly was nervous about moving forward and giving the presentation. Long story short, I asked for help and received it from my mentor and several other people. I gave the presentation. To the best of my knowledge, it went just fine. But in order to give the presentation properly, I had to learn to slow down and ask questions in the first place.

Own Pace

A similar incident happened more recently when I started working on my High Performance Leadership project. I was working to charter a new Toastmasters debate club. Up until that point, I'd been coasting on giving speeches and doing well on various exercises. I hadn't fully grasped the enormity of becoming a leader on a major project that weren't Club presentations.

This time I really did panic. I was so used to being in charge of my own projects that my planning committee had to remind me to take a chill pill. I needed to focus on what the duties of the leader were, recognize when to delegate authority, and how to create milestones to guide the group towards completing the project. I've gotten better with these responsibilities. I'm constantly reminded that there's a great deal more to learn and that it's okay not to know all the answers.

A large part of my journey in Toastmasters is recognizing that it takes time and effort to teach people how to become more comfortable giving speeches or taking on additional leadership responsibilities. As a mentor to several Club members or working as a Club Coach, I've found it best to let people work through their lessons at their own pace. While I personally love being on stage as a performer, I know I'm the exception. The vast majority of people who join Toastmasters are scared to death the first time they give an Icebreaker. It's always thrilling to

watch as they progress from being terrified to becoming skilled orators within a few months. The longer they stay, the more confident they become. Some people will run at their own pace. Most would rather stop, take in the scenery, or just take a deep breath before moving ahead on their next project. Which, frankly, is as it should be. No one needs to feel pressured into becoming an outstanding public speaker overnight, let alone a Distinguished Toastmaster when one can't even stand upright on stage for their first speech.

Perhaps most importantly, we need to permit people to make their own mistakes. No one should ever be penalized for not knowing the answer to a problem. Yet too often we've learned that mistakes aren't to be tolerated. This is often a toxic viewpoint, and thankfully I've found the antithesis to that in my own Club where several members have explicitly stated that we are there to fail.

Indeed, it's perfectly fine to fail and learn from our mistakes. As one of my mentors noted, if we were perfect speakers to begin with, we wouldn't be in Toastmasters. By learning at our own pace and allowing ourselves to walk before we run, we make things easier on ourselves as well as the people we hope to mentor in the future.

Fate Made Me Do It!

Jennifer Schmidt, EH2

Last February, I was thrust into learning Canva® in order to post my first Facebook promotion to celebrate the upcoming meeting, *Cherished Toys of Childhood*. Until then, I had avoided designing Facebook promotions because they seemed daunting. New Horizons Toastmasters was fortunate to have talented Club President Maren Zieba creating them, as I got my VPPR wings under me and developed my *Voices!* skills. All her ads looked fantastic. I couldn't wait to see what she would do for my meeting.

Then disappointment struck! Maren told me she wouldn't be able to create the promotion because of other projects she had due that week. My heart sank. Promos are a treat that we can offer our members, and I was looking forward to mine. Though it was not the end of the world, I was sad. Maren did have a lot on her plate, and her saying she couldn't do something was destiny's way of daring me to do it myself.

That meant I had a choice to make: Do nothing and let fear win or do it scared!

Fear did not win, and while still apprehensive, I became a doer. I figured something was better than nothing. Promotions serve to build excitement for our meetings not just for guests but members too. My first promo was far from perfect, nothing close to Maren's quality but I didn't give up. I made myself do it!

Surprise! I actually enjoyed the process. I even wanted to learn more about messaging, images, and branding. It was fun having access to my

own mini-advertising agency and discovering new skills. I was hooked!

But isn't that the point of Toastmasters? Speaking publicly in front of a group of people is often cited as the number one fear (even higher than death). Toastmasters gives us the opportunity to face that fear in a supportive environment. We are encouraged to reach beyond our comfort zone, overcome our insecurities, and thrive.

When guests are asked, "Why have you joined our Toastmasters meeting today?" The responses vary. Some say they don't want to be nervous during a job interview, others want to be more confident presenting at work, or be able to give a wedding toast without fainting. It's all about facing these fears, pushing ourselves to do the work to reach our goals, and then seeking the next challenge.

I have used Canva for making posts, work samples, and presentations. Something I feared and wouldn't have tried at the beginning of this year. The cherry on top was sharing my new skills as a co-presenter for a Canva seminar last month with Maren and Andrea Matthews. What a change in six months! I went from not touching Facebook promotions to praising my journey and newfound skills.

In retrospect, the steps I took were easy, but like walking or Zooming into a Toastmasters meeting for the first time, just starting was a huge challenge.

STEP 1: DECIDING TO FACE THE FEAR—I asked myself, “What’s the worst that could happen?” If I did something wrong, no physical harm would come to anyone, but would I be embarrassed? It was possible, but not probable. Fear loves playing the “what if,” worst-case-scenario mind game to remind me of what “could” go wrong in high-definition detail. A huge asteroid could plummet to earth as well, but will it? Likely not. Fear gets its power from the unknown, possibly disastrous outcome that we build in our heads that rarely comes true.

STEP 2: PROGRESS OVER PERFECTION —During the PR Masters Canva seminar, Maren shared a memorable phrase, “progress over perfection,” in discussing her own journey to learn Canva. It’s absolutely true! Perfection is effective at slowing me down—but only if I let it. In this case, my

Facebook promotion had to be posted in a couple of days as the meeting was imminent. It would be ineffective afterwards, even if it was absolutely perfect. I wanted it to look good but perfection wasn’t the goal. Getting the information to members was a top priority.

STEP 3: PRESS THE SCARY BUTTON —I worked on my Facebook promotion until my eyes started crossing. In the lifespan of any project, there’s a time when I have to accept it’s finished and actually share it. Often it’s a nerve-wracking and painful process to make that decision. But endless limbo doesn’t help anyone. Once I commit to pressing that ominous “post” button, it’s done! It’s torturous in the moment but the feeling soon transitions to relief. Then I shift my thinking to: “Will people like it?” and “How will they react?”

Doing something new is not easy but it’s also not impossible. With numerous Facebook promotions and presentations now created, it’s astounding to realize that none of them would exist if Maren hadn’t said, “no.” Sometimes fate gives me a nudge or even a hearty push into a direction I never expected to go. Once I get there, the fear turns into adventure and doubt becomes confidence that surprises and delights my imagination. I am grateful Maren was honest about being overloaded. It gave me the opportunity to explore a new path and learn not only how to face my fears but also conquer them.



WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Tualatin Valley Toastmasters Club	Babbitt Davis	Nicole
Bootstrappers Club	Burge	Derek
Portland Club	Carlson	James
Tabor Toastmasters Club	Chaloupka	Vicki
Marylhurst Toastmasters	Crisp	Ashlynn
Creative Communicators	Henckel	Charisa
Bootstrappers Club	Lindsay	Alexandra
Fortunate 500 Club	Mounier	Elizabeth
Sage Beaverton Toastmasters	Nakanishi	Mie
Bootstrappers Club	Richardson	William
Silicon Forest Club	Song	Grace
Vancouver Toastmasters Club	Tolbert	Antjuan
Creative Communicators	Uribe	Jonathan
Dallas Toastmasters	Winters	Stephen
Professionally Speaking	Yakhour	Wadi

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**New Horizons
Toastmasters #1360**
Saturdays: 8 - 9:30 AM PT (-7 UTC)

Zoom Link
Meeting ID: 868 3000 7672 Passcode: 1360

Facebook
The New Horizons Toastmasters Club of Oregon
(District 7)

Website
<https://1360.toastmastersclubs.org/>



Come for the FUN, Stay for the GROWTH!

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
LD5	8/11/2021	Bakke, Jacqueline E.	Noon Talkers
IP2	8/29/2021	Bell, Jill	Corvallis Evening Group
VC1	8/22/2021	Bergman, Erik	WE Toasted Toastmasters
EH2	8/18/2021	Bryson, Connor Allan	Sherwood Town Criers Club
PM4	8/12/2021	Buratti, Brenda	NoonTime Club
PI2	8/30/2021	Caloca, Paul	Mentors Of Focus Club
PM5	8/10/2021	Chan, Judy	New Beginnings Toastmasters
PM2	8/26/2021	Chandra, Sieana Ayu Anantya	McMinnville Toastmasters
PM1	8/19/2021	Chandra, Sieana Ayu Anantya	Myrtlewood Hootowlers Club
VC2	8/9/2021	Corbin, Tamsen	WE Toasted Toastmasters
VC4	8/24/2021	Cottingham, Dorothy	Cedar Hills Club
VC1	8/2/2021	Elbe, Marylill	Southern Oregon Speechmasters
VC3	8/23/2021	Galantine, Ralph A.	New Horizons Toastmasters Club
LD2	8/27/2021	Garcia Martin, Jose L	Toast Of Tualatin, Lam Research
LD1	8/27/2021	Garcia Martin, Jose L	Toast Of Tualatin, Lam Research
VC4	8/8/2021	Glade, Syrena M.	Tualatin Valley Toastmasters Club
DL4	8/5/2021	Harris, Elizabeth M	Clark County Toastmasters Club
DL3	8/5/2021	Harris, Elizabeth M	Clark County Toastmasters Club
EH2	8/7/2021	Hernandez, William Daniel	Sporty Speakers
EH1	8/31/2021	Innes, Kat	Mentors Of Focus Club
PI4	8/5/2021	Ino, Ellen Miyo	Portland Progressives
EC3	8/18/2021	Johnston, Jeff	Mentors Of Focus Club
PM5	8/22/2021	Kennedy, Vickie D.	Siuslaw Tale Spinners Club
TC1	8/25/2021	Kham, Khunnang	Roseburg Speakers and Storytellers
EC2	8/7/2021	Kolesar, Jaclyn M	Babble-On Toastmasters Club
LD4	8/16/2021	Locke, Julius Patrick	Speakers With Spirit Club
VC2	8/19/2021	McNes, Virginia	Marylhurst Toastmasters

HONORING EDUCATIONAL AWARDS

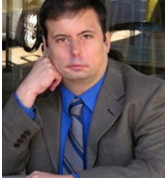
AWARD	DATE	MEMBER	CLUB NAME
VC4	8/15/2021	Miller, Aurora J.	Babble-On Toastmasters Club
VC1	8/20/2021	Miller, Jess	Banfield Barkers
MS4	8/2/2021	Mulligan, Annette Marie	Coachmasters Toastmasters Club
PM5	8/31/2021	Powers, Andrew	Portlandia Club
DL2	8/27/2021	Preligera, Felizardo Gonzaga	Marylhurst Toastmasters
PM3	8/3/2021	Procetto, Geri	Myrtlewood Hootowlers Club
IP1	8/26/2021	Putri, Melva	Roseburg Speakers and Storytellers
MS3	8/1/2021	Radkey, Heddy	Myrtlewood Hootowlers Club
VC2	8/19/2021	Rodman, Rachel C.	Downtown Public Speakers Club
VC1	8/19/2021	Rodman, Rachel C.	Downtown Public Speakers Club
PM4	8/12/2021	Savage, Rocky Shane	WE Toasted Toastmasters
PM3	8/12/2021	Savage, Rocky Shane	WE Toasted Toastmasters
EH1	8/31/2021	Shinomiya, Sue	Tell Me A Story
PI1	8/9/2021	Sibi Mark, Joel	Wallmasters International Club
PM1	8/18/2021	Strickland, Scott R.	Babble-On Toastmasters Club
EC5	8/8/2021	Strickland, Scott R.	Babble-On Toastmasters Club
IP5	8/7/2021	Tanaka, Wanqi Angela	Sporty Speakers
PM3	8/24/2021	Thammavong, Keiko Hattori	Cedar Hills Club
PM2	8/24/2021	Thammavong, Keiko Hattori	Cedar Hills Club
MS2	8/13/2021	Tully, Kathleen	WE Toasted Toastmasters
DL3	8/22/2021	Welch, Jonathan	At The River's Edge Club
IP5	8/23/2021	Yang, Charissa Lois	Yammertime

HAPPY ANNIVERSARY TO SEPTEMBER CLUBS

CHARTER DATE	YEARS	CLUB	CITY
9/29/2006	15	Banfield Barkers	Vancouver
9/1/1981	40	Daylighters	Portland
9/17/2002	19	Feedbackers	Portland
9/1/1952	69	Lake Oswego	Lake Oswego
9/1/1978	43	Portlandia	Portland
9/29/2006	15	Rose City Toasters	Portland
9/19/2005	16	Roseburg Speakers and Storytellers	online
9/17/2002	19	Sage Beaverton	Portland
9/22/2018	3	SpeakUp!	Hillsboro
9/6/2017	4	The Toast of Old Town	Portland
9/24/2012	9	Tower	Portland

TRIPLE CROWN AWARD PINS

Name	Number Earned	Awards
Edinger, Allan B.	5	EH2 , EH3 , EH5 , EH1 , EH4
Fanning, Paul C.	3	EH3 , EH4 , EH5
Kennedy, Vickie D.	7	PM5 , PM1 , PM2 , PWMENTORPGM , IP5 , PM3 , PM4
Sarsten, Samuel Christian	3	IP2 , IP3 , IP4
Stark, Katherine	4	PI4 , PM1 , PI3 , MS5
Taylor, Emilie	3	DL1 , SR4 , EH4
Thomas, Edward	4	SR3 , SR4 , PWMENTORPGM , SR5



David Freedman, IP3



Eldred Brown, DTM



Jennifer Schmidt, EH2



Jim Robison, DTM



Lee Coyne, ATMS

*The task of the leader is to get
people to where they have not been*



Lorri Andersen, DTM



Paul Fanning, DTM



Phyllis Harmon, DTM



PJ Kleffner, DTM



Tamsen Corbin, VC2

*et his people from where they
a.*

Henry Kissinger

Tell Me A Story

Toastmasters

Tuesdays - 7:00 - 8:15 pm

Currently Meeting Online

Share ideas through
story—Learn how
at Tell Me A Story
Toastmasters
Currently Meeting Online
[Click here](#) for more
information on joining
us for a meeting

