

INTERVIEW WITH THE DISTRICT TRIO

COVER STORY - PAGE 6



Jim Robison, DTM
Club Growth Director



Eldred Brown, DTM
District Director



Lorri Andersen, DTM
Program Quality
Director

**Make Your Images Stand Out
and Hug Your Heart**
Page 36

Find the Fun!
Page 20



The Big Conversation
Nuchanath
Aumpradithpun, DTM



**A Guaranteed Cure For
Global Warming . . . !**
Joe Harper, DTM



Climate Change? Really?
Phyllis Harmon, DTM

Feedbackers Toastmasters

The Evaluation Workshop Club



Join us!

August 12, 2021
7:15–9:00pm

feedbackers.toastmastersclubs.org

New Year - New Opportunities

Phyllis Harmon, DTM, PDG - Publisher/Editor



July! A brand-new, squeaky-clean Toastmasters year! I love when the calendar flips over to a new beginning and a fresh start. We have an opportunity to apply the lessons learned last year to make this year a success!

The best way to do that is to collaborate with each other on what went well and what needs fixin'. Every year I ask my Clubs to undergo a Moments of Truth meeting where every member has the opportunity to have their voices heard. Yes, I know. There are always those who say "we don't need no stinkin' Moments of Truth meeting!" These are the same folk who are taken by surprise when their members vote with their feet and move on.

Your members may not tell you what they are thinking unless you ask. We as an organization seem to tiptoe around the elephants in the room rather than have those difficult conversations. Opportunities are there to turn irritations into successes if we just make a point of addressing them. The same opportunities exist to set Club goals and then work on them so that at year's end your Club is not scrambling to finish the year strong and get your name on the roster of Distinguished Clubs.

On August 4th, District Director Eldred Brown will be presenting a webinar on the Moments of Truth. You can find the details on the [D7 event calendar](#). Check it out and attend if you can. The replay will appear in next month's issue of *Voices!*

EDITORIAL

Volume 8 Issue 01 July 2021
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Voices! is published monthly by District 7 Toastmasters. First issue published August 2014. Submit articles or contact us at voices@d7toastmasters.org

VOICES!



COVER STORY

- 6 Interview with the District Trio
Phyllis Harmon, DTM

EDITORIAL

- 3 New Year - New Opportunities
Phyllis Harmon, DTM, PDG

FIELD NOTES

- 18 Distinguished Club Program
- 28 Got Skills?
Ellen Ino, DTM
- 32 Chartered by Accident
Charissa Yang, IP4

COLUMNS

- 12 THOUGHTS FROM THE DIRECTOR'S STAND
Similarities
Eldred Brown, DTM - District Director
- FROM THE DESK
What is a Program Quality Director?
Lorrie Andersen, DTM
Program Quality Director
- 16 FROM THE DESK
First Impressions Only Happen Once
Jim Robison, DTM
Club Growth Director
- 20 FROM THE WINGS
Find the Fun!
PJ Kleffner, DTM
Immediate Past District Director
- 24 GLEANINGS FROM THE GROVE
Chasing Zzzzz's
Paul Fanning, DTM
- 27 Frank Paulding & First Canadian Toastmasters
Club #38 (Part Nine)
Harvey Schowe, DTM



MOMENTS OF TRUTH

August 4, 2021 • 6:30pm-7:30pm


27



Eldred Brown, DTM
District Director

Join us on Zoom

Visit the
D7 Toastmasters Event Calendar
for more information



COLUMNS

- 34

QUARTER NOTE
Ready...?

David Freedman, IP3
- 36

PLUGGED IN
Make Your Images Stand Out
and Hug Your Heart

Jennifer Schmidt, EH2
- 38

BY THE NUMBERS
Welcome New Members
- 41

BY THE NUMBERS
Honoring Educational Awards
- 47

BY THE NUMBERS
Happy Anniversary to July Clubs
- 48

BY THE NUMBERS
Triple Crown Awards
- 54

CONTRIBUTORS
July Contributors

PROMOTIONS

- 2

Feedbackers
- 22

LEARNING LABS
Upcoming Online Webinars
- 23

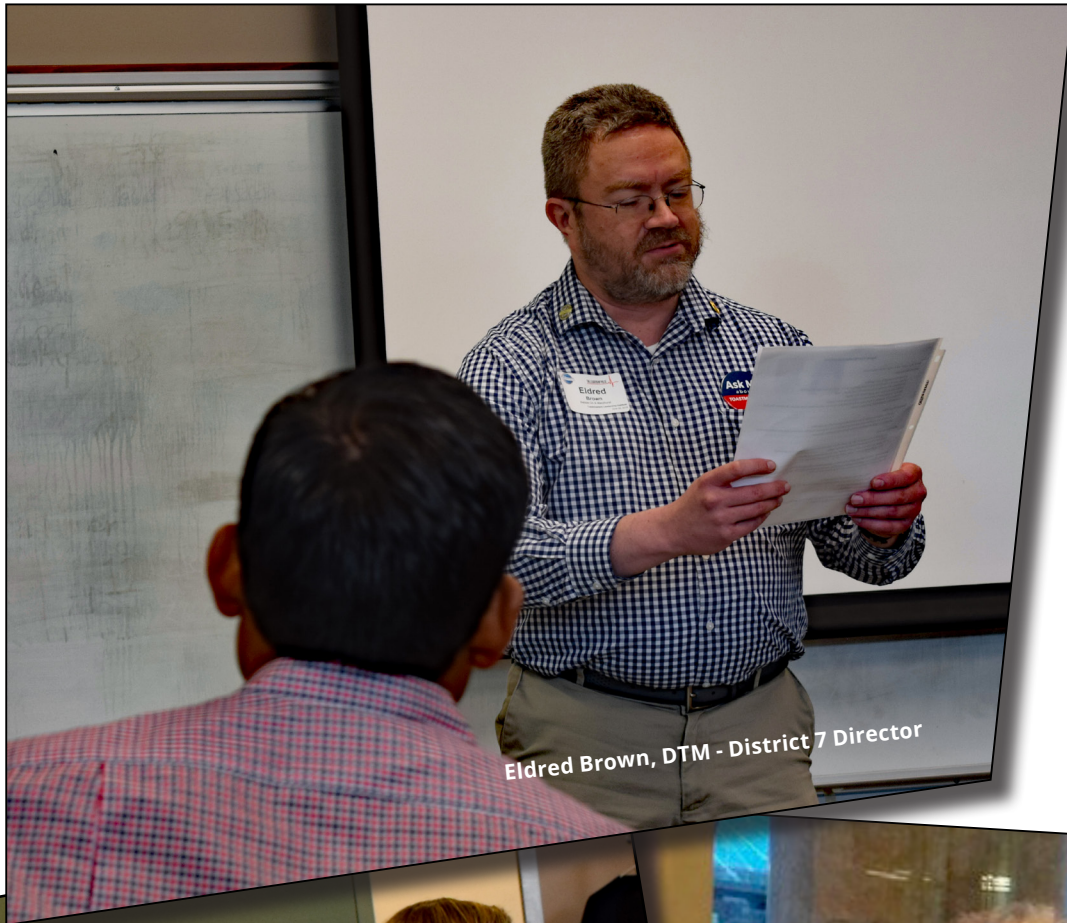
Webinar: Moments of Truth
- 30

Wallmasters
- 33

PR Masters
- 37

New Horizons Toastmasters
- 56

Back Cover: Tell Me a Story



Eldred Brown, DTM - District 7 Director



Lorri Andersen, DTM, Program Quality Director

Jim Robison, DTM - Club Growth Director

INTERVIEW WITH THE DISTRICT TRIO

Phyllis Harmon, DTM

Each year we elect new leaders to manage District 7 affairs. Most members don't know them well. For this issue, each Trio member was given two questions. What follows are their responses.

Eldred Brown, DTM - District 7 Director

As District Director, please share with the members your vision for the coming year

Like all other Districts in the USA, District 7 Toastmasters was hit hard by the COVID-19 pandemic. We lost a lot of members and a lot of clubs. Those members and clubs who stayed in Toastmasters had to learn how to conduct meetings and give speeches online. We District leaders have learned how to present training and run speech contests online.

With three different COVID vaccines now being distributed to the American people our nation has gained control over the novel coronavirus that causes COVID-19. We are experiencing a reopening of many avenues of social interaction that were closed to us for over a year. We in District 7 are now in a prime position to take advantage of this reopening. I don't envision us ever returning to exactly the way things were before the pandemic, nor do I even think this a worthwhile goal. Rather, I envision District 7 incorporating all the lessons we learned about online meetings during the pandemic into the way we did Toastmasters pre-COVID to create a new model of participation in Toastmasters. I will work with our 2021-2022 Trio and District leaders to take

the lead in blazing this trail to a new way of doing Toastmasters. As your District Director, I will work with our Trio to continue to build new clubs and support all clubs in achieving excellence by pursuing the following objectives. I will

- Recognize that online meetings are here to stay. Encourage clubs to explore how they can incorporate online meeting technology into their in-person meetings and become hybrid clubs if they so choose.
- Work with our District 7 leaders to identify best practices for hybrid meetings and communicate them to our clubs.
- Work with our District 7 marketing experts to identify how we can market Toastmasters and build new community clubs and corporate Toastmasters programs in a post-COVID world.

Please share at least two lessons you have learned over the past two years that make you a better leader than when you started the Trio journey

Adjusting to Life in the Trio

Before I started my year as your Club Growth Director, I had a bit of an idea what I was getting into, but I learned after I started my work just how little I knew. The constant work of building new clubs and supporting low-member clubs proved to be much more than I could handle at the time, and I often felt overwhelmed. One of the problems I identified was that my time management skills were not mature enough to handle the additional workload. I thought I had developed some decent time management skills, but the

stress of being the CGD proved otherwise.

With some help from our District Director and Region Advisor, I learned some techniques for managing an increased workload and some tools for working more efficiently. The most important skill was to focus on doing one thing at a time, so I don't get overwhelmed. This requires some analysis of my tasks to rank them by priority, then working through my tasks one at a time in priority order. We hear so much talk about multitasking, but no one can really perform multiple tasks at the same time and do them all well. Just find the one thing that needs to be done first and do it. That's the key. As the Nike slogan says, JUST DO IT! And as our Region Advisor, a longtime Yoda fan, would often remind me: "Do or do not. There is no try." As you perform one task at a time, one task turns into two, which then turns into four. After a day of doing just one thing at a time, you may be surprised that, at the end of the day, you've completed five or six of your most important tasks and gotten much farther than if you had sat overwhelmed and done nothing.

My first month as your District Director I



worked every day through a heavy load. I still focus on doing one thing at a time. The work is even more daunting than at any time during my CGD year. I see that I am working more efficiently and productively than I ever did during my first six months in the Trio. I'm even able to shift my priorities more rapidly. Though the role of the District Director does give me a lot of "busy work" to do, I don't mean to imply that all my work is "busy work." I do have a lot of strategic planning to do to achieve my vision. The time management skills I learned as your CGD have been invaluable. I use them to carry out my daily work as your District Director.

Anticipate District needs earlier

Before my PQD year, I had consistently not anticipated my "customers" needs in a timely fashion. This is important when special supplies must be ordered months in advance. My procrastination often meant that my customers did not receive what they needed on time. It came days to weeks AFTER they needed it.

This snake came back to bite me again last winter. It involved ordering trophies for our Division speech contests. I didn't give the Supply Orders team at WHQ enough lead time. They had to pick the trophies we needed, engrave them, and ship them to us weeks before our Division contests. I gave them barely enough time. Our first Division contest had their trophies within a few days before their contest. I did stress out as I had cut the time a bit close. I wasn't sure they would receive their trophies in time.

Lesson learned: consider customer needs early and incorporate this consideration into my plans. For example, we need division contest trophies in April. I wrote in my plan for the year

to order the trophies sometime in the first half of January and not in February. This allows more time to adjust to stock shortages and possible errors, such as misspelled engravings. I even have this task in my Trello backlog for the year so I don't forget.

Lorri Andersen, DTM - Program Quality Director

As Program Quality Director, please share with the members your vision for the coming year

The current role asks Program Quality Directors to provide the kind of high-quality training and experience that encourages Toastmaster members to be so excited they can't wait to go to training!

The District Education plan needs to be analyzed to see where gaps exist and to fill those gaps with needed training.

I want to develop a Team to develop high quality training and thus a quality program experience.

Please share at least two lessons you have learned over the past year that make you a better leader than when you started the Trio journey

When I was elected Club Growth Director in May of 2020, as a people we were lulled by the worry and nervousness of the pandemic. July and August seemed like two long months of the dog days of summer...slow and sleepy. Before I knew it, it was September and then October. New Club Leads were the last thing on people's minds. The leads seemed good and were going to produce a club. In the end, they did not. What

they did produce was experience and wisdom.

On January 1, it seemed like a new dawn. It was 2021 and time to get busy! Right away new club leads started to come in. Clubs that were in the process of chartering began to make progress and together we really pushed to get them over the finish line! More new club leads evolved to the point where I had more of them than time!

Looking back, I should have seen the telltale



signs of the clubs that would not charter. It's learning how to understand people and situations better. I also think that time goes faster than we think. I learned that I need to develop a stronger plan and ask more people to get involved and help early on. By doing so, I would not have to accomplish a year's worth of work in six months!

May to July seemed like a full year. There was so much uncertainty, no one knew what was going to happen. I was inspired by our Past International President Deepak Menon to set schedules and be an achiever! He recommended setting a strategy for my own success. Master that activity and be better than I was the day before. "I can do this," I said. I had the opportunity to hear a speech by Dr. John Maxwell. He encouraged us to decide early on what we wanted to achieve

and learn during the year. He said, "don't let 2020 go by without taking advantage of what is in front of us."

When Jan 1, 2021 dawned, I reflected on Mr. Menon's and Dr. Maxwell's speech. I felt I had not achieved all that I had wanted to. With further insight and reflection, I asked myself, "was I flexible enough, did I serve enough, did I help enough people?" I may not have achieved many of the things that I wanted. If I helped others with their goals, then I may have accomplished more than I realized.

I learned to take advantage of every opportunity to learn and to serve. By doing so, I will grow as a lifelong learner and servant leader.

If you don't think you have achieved your goals, think on a deeper level. What have you done for others? That, I believe, is what I learned this past year.

Jim Robison, DTM - Club Growth Director

As Club Growth Director, please share with the members your vision for the coming year

There are two things I plan to focus on. First, I want potential guests to find it as easy as possible to find and visit a club that is convenient and fitting for them.

Second, I want to ensure that all potential new club leads get the best information and help possible to build a successful team to charter their club.

Please share at least two lessons you have learned in leadership that you believe will

serve you well this year as CGD.

One of my favorite quotes is by President Harry S. Truman: “It is amazing what you can accomplish if you do not care who gets the credit.” I have found this to be very true. First, by not fighting over who will get credit for something, you can just focus your attention on getting it done.

Second, by giving credit and recognition to others, it rewards them for their hard work and encourages them to do more.

Finally, if you allow others to take ownership of a task and put their creativity into it, they can often accomplish far more than you initially expected. This brings to mind another favorite quote from Dr. Martin Luther King, Jr.: “The art of acceptance is the art of making someone who has just done you a small favor wish that he might have done you a greater one.”

Many years ago when I served as Chair of an organization with about 300 volunteers, I appointed a young man to be chair of a committee that had potential but had not been fully utilized. I gave him a specific objective, and then let him take the lead to accomplish it. I made sure he had the support necessary, and from that point on he took off with a whole project that accomplished far more than I otherwise would have done. It spawned a whole new organization that grew and continues to this day.

That experience underscored my belief that if you give people the support they need, give them ownership of a project, and then let them be creative, they will thrive.

Another lesson I learned is that not everyone can work together. Two powerful women who were tremendously good at completing

individual projects could not work together. I had to serve as a barrier to ensure that each was focused on their own tasks, but that they did not interact with each other. I learned that you need to recognize interpersonal conflicts and understand how best to handle it. Sometimes the best way to handle conflict is to provide a barrier so that they can each complete their own work. They both did extremely well in their tasks.



If you don't think you have achieved your goals, think on a deeper level. What have you done for others?

Similarities

Eldred Brown, DTM - District Director

Recently, Phyllis informed me that, as the new District Director, I would have the option to name my monthly *Voices!* column for the year. My mind started racing. What can I call my column? Let me see. Not only am I your District Director for the year, but I'm also a music director at my church. It would be cool to make a connection between my two director roles in my column title. When I lead the singers at my church, which I do when our chief music director needs to take a break, I lead from a music stand. We call that stand the director's stand. Why not use that in my column title?

For my first article this year, I think it will be fun to identify a few of the ways my role as a Toastmasters District Director is like my role as a church music director.

Vision

As a music director, I need to start with a clear vision of what I want our singers to sound like. What standard of quality do I want to expect? Before each service, I need to envision in my mind what sound I want from our ensemble, knowing the strengths and weaknesses of each of our singers (and of my singing).

Likewise in District leadership, I need to have a vision for what I want our leadership team to achieve for the year. Compared to my role as a second music director, I have more freedom as the District Director to set the standards I want to set for our team. I need to know the situation of our District, what is going well and where we can grow, who we have working with me (as well as my strengths and weaknesses), so I can know best what to lead our team to strive for.

Communication

Leading our ensemble of singers, I need to communicate clearly what I want from them. Some of this I state through words. "My tempo, please." "I need a bit more soprano and less alto." "Jane, would you please read this prayer?" I communicate a lot more of my direction through hand and arm signals: a clear beat, hand movements to indicate volume, smooth gestures to elicit smooth singing, hard gestures to emphasize rhythm and tempo.

Similarly, as a District Director, I need to communicate clearly what I want from the leaders on my team. "Please attend Division and Area



Director training this Saturday.” “Area Directors, I want you to visit your clubs once a month if possible.” I don’t communicate as much through my hands and arms as I do when I’m directing a choir, but my goal is still the same: communicate clearly what I want from my team in a language they understand.

Flexibility

When leading the singers at my church, I need to recognize who’s singing with me. I’ve led the music for services where I was the only singer.

I’ve led services with only male singers, and I’ve led services where I was the only male singer in an ensemble with five females. I never know who’s going to show up to sing, and I seldom have all the right people on all the right voice parts to make everything sound perfect. Whatever unusual voice arrangement I must lead, I must identify it and determine how I’m going to have everyone sing together for the best sound.

District leadership is a bit like this, as well. I know that our team will probably never schedule an event everyone can attend.

Inevitably, someone will find that they cannot attend a training event because of a scheduling conflict. We will have to do something to schedule makeup events to fit our schedule and theirs. This requires some flexibility.

Conclusion

Now that I’ve completed this short exploration of the similarities between leading an ensemble of church singers and leading a Toastmasters District, I hope you will see what insights I bring to my role as a District Director from my ministry as a church music director. My church’s chief music director (coincidentally, the son of a past District 7 Governor) has already seen how my experience in Toastmasters leadership has made me a stronger music leader. The two roles do feed each other. Hence, the title of my *Voices!* column.

What is a Program Quality Director?

Lorri Andersen, DTM - Program Quality Director

In the 'old' days, the title was Lt Governor of Education and Training. Now that is something I can wrap my head around! But what is a Program Quality Director? Is it a fancy name for the same job? It is much more than that. It is establishing a quality experience for your members. Have you done a Moments of Truth and a Club Success Plan? I urge you to complete these modules in your club. Incorporate what you learn into your meetings. Your members will have a quality experience. And your club has a good chance to be Distinguished.

On July 14th, we held our first Learning Lab of the year! The *Plan for Success!* panelists included Erik Bergman, Don McAndie, Suzanne Loeb, and Emilie Taylor. They shared their thoughts and wisdom on how their clubs became Distinguished.

Question: What does your club do to start the new year? Do you have a special plan? A yearly Moments of Truth? A Club Success Plan?

There was a consistent theme in all the answers! The VPE engages with all the members. They invite speakers to put on a great program. They celebrate and focus on their members. The Distinguished Club Plan and Moments of Truth are incorporated into the meetings. They have a buddy and Mentoring program, and they are all in more

than one club! What is helpful about being in multiple clubs? You can take what you learn in one club and share it with the other!

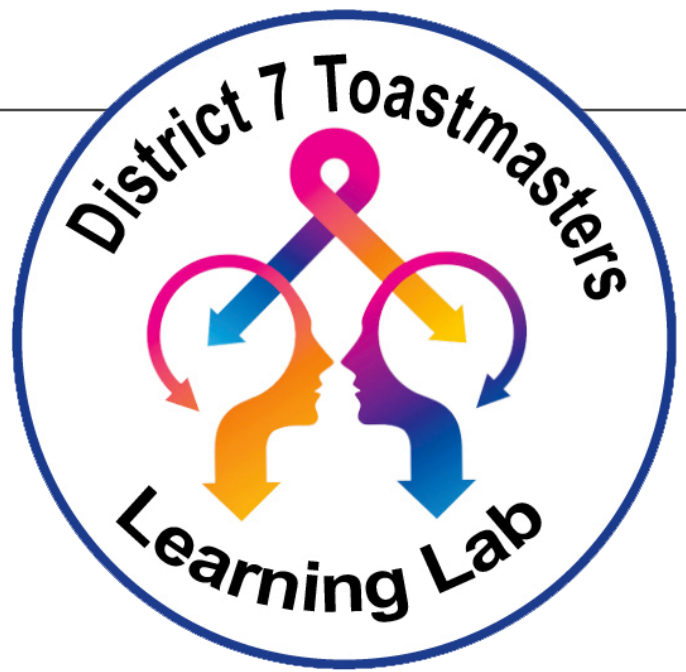
Each has a preference with a scheduling tool, some use Easy Speak and some use Free Host Toast. The main thing they noted is to keep your website updated, current, and refreshed.

Their onboarding process is an important one. Some incorporate the VP Membership role into the Pathways role and mentoring program. They ask members to give their Ice Breaker within a short time after joining. They build a good relationship and from there help the person get incorporated into the club. It's important to have a point person so the new member knows they can get their questions answered.

Mentoring is necessary, especially for new members. Send a survey to all members to make sure the club is meeting their goals! After the onboarding process, it's taking care of the members. Many times, I heard, "we are a family and community!"

Celebrate and appreciate your members.

The VP Public Relations is active. Do you have a tagline for your club? Eric's is: "A fun club with serious goals!" Put your club out to the world. Take advantage of the opportunity to reach people online. Know your message, know what your club is all about, know what



you do well and do it every week. Hold special events and open houses often. Use the multiplication factor: each one, bring one. You will see how fast your club can grow. Use Eventbrite and Instagram to advertise.

There were many good ideas and what a refresher on the basics!

Here are some of their parting words:

- What does a good meeting look like? It is organized, friendly, warm, inviting, and people like each other.
- Be careful and mindful of the member experience. Take good care of your club and members and be proud of your club!

- We have a real opportunity to show how we have evolved and show how far we have come.
- Ask for roles before all the members leave and assign a guest a role. For sure they will be back!
- Success is the little things-doing them day in and day out. This is what is necessary to build a great club and member experience!

Join us on August 4th for the next Learning Lab: Moments of Truth presented by District Director Eldred Brown, DTM.

Plan for Club Success!

PANEL DISCUSSION



Don McAndie, DTM



Emilie Taylor, DTM



Erik Bergman, DTM



Suzanne Loeb, VC1

**July 14, 2021
7 - 8 pm**

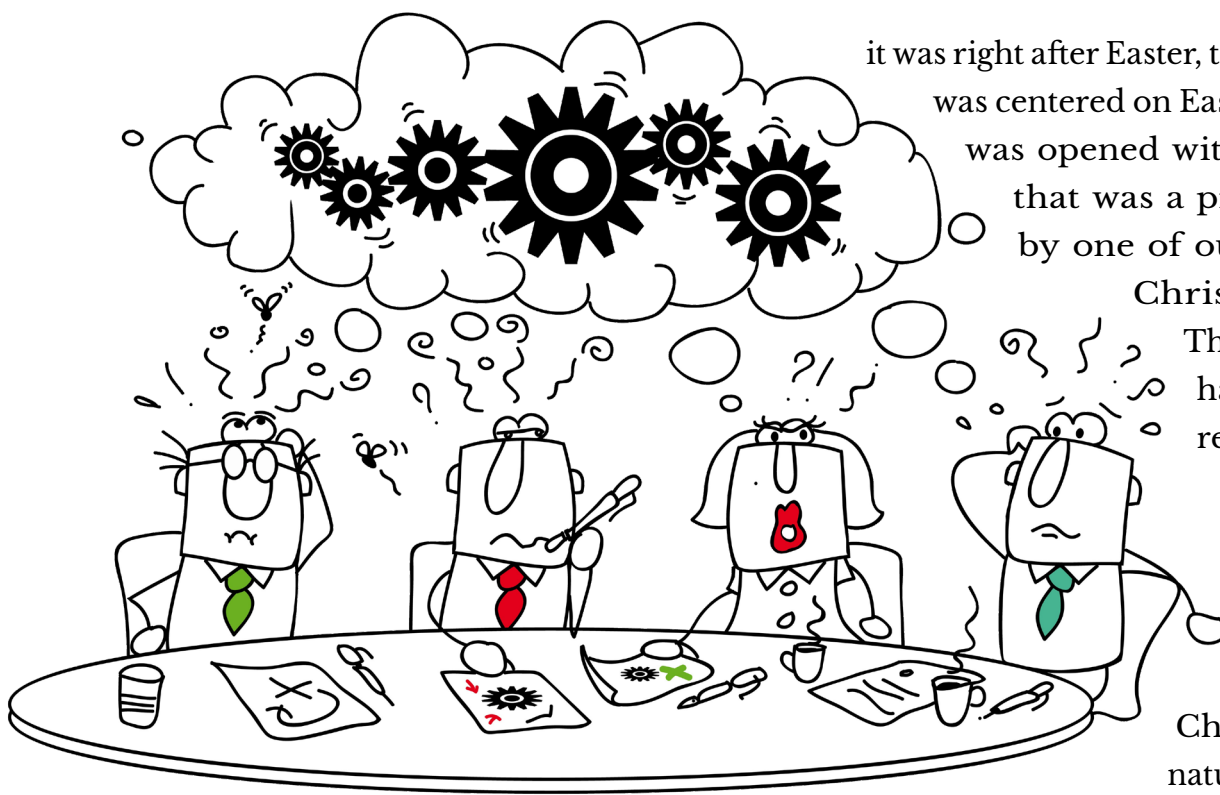
**Visit the
D7 Calendar for
more details**



[Watch the Replay Here](#)

First Impressions Only Happen Once

Jim Robison, DTM
Club Growth Director



it was right after Easter, the meeting theme was centered on Easter. The meeting was opened with an invocation that was a prayer presented by one of our more devout Christian members.

The table topics then had questions that related to Easter.

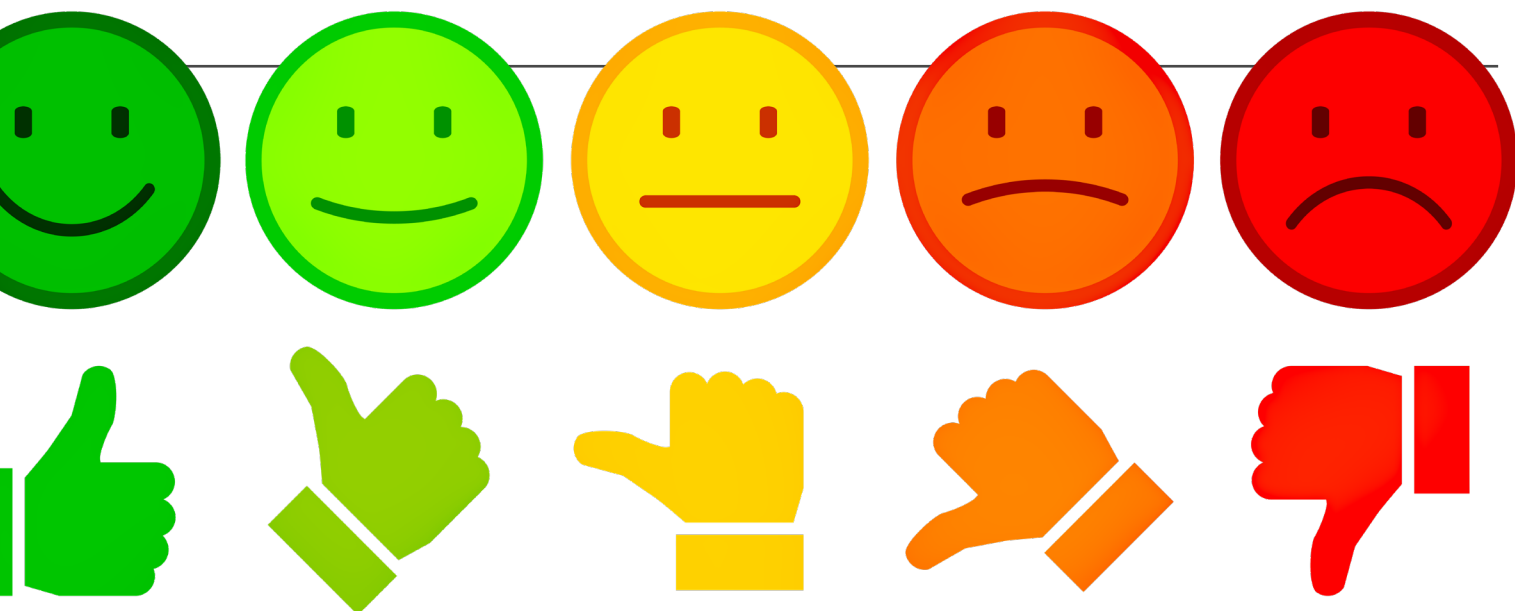
However, our guest was Jewish and took offense at the decidedly Christian-centered nature of the meeting, said so and left. I felt bad

A few years ago we had a guest attend our meeting who got a bad first impression and never returned. It still haunts me because normally our club was much better than the impression she got. This incident occurred at a meeting right after Easter Sunday. Our club has long maintained a tradition of being open to people of all religious beliefs, and of encouraging people to be open about their religion and accepting of all other religions.

However, at this particular meeting, because

about that because normally we have tried very hard in our meetings to make it clear that our club is open to people of all religions.

Immediately after that incident we adopted a standard statement to introduce the invocation or thought of the week: "This may be a religious invocation or non-religious inspirational thought of the week. The decision to make it a religious invocation or non-religious thought is left to the person filling the role and if they make it religious the choice of religion is theirs."



Most members choose to give a non-religious inspirational thought of the week, but many members give a religious invocation. We have had the meeting open with Christian, Jewish, Muslim, Buddhist, Hindu and Wiccan invocations. Our approach is to let people express their own religion while recognizing that others in the club do not share the same religion.

I wish I could have gone back to that guest who left our meeting and corrected the experience for her, but unfortunately the first impression was not what she wanted. In Toastmasters we need to ensure that everyone feels welcomed and accepted. We need to ensure that when a guest comes to the meeting, they experience an environment that encourages them to open up and become part of the group and not make them feel like they do not belong.

In preparing to fill the role of Club Growth Director I have visited at least 75 Toastmaster clubs. In most cases I have a great first impression as a guest. I feel welcomed, I am invited to introduce myself or participate in other ways, I am invited to return. I have learned a lot about the commonalities and differences between clubs. Each club has something that makes it unique. I enjoy the fact that every club I visit is fun to participate in.

I suggest that you take a look at your own club from the perspective of a new guest. Is it easy for a guest to visit? Does the guest feel welcomed and drawn into the meeting? Does the guest enjoy the experience and feel a desire to return? One great way to help review the guest experience is to conduct the “Moments of Truth” module from Toastmasters International (<https://www.toastmasters.org/Resources/Moments-of-Truth>).

I encourage you to review the guest experience in your club and make sure that all guests feel welcome to return.

Distinguished Club Program

Club	Status
Babble-On Toastmasters Club	President
Capital Toastmasters Club	President
CareOregon	President
Clark County Toastmasters Club	President
Communicators Plus	President
Feedbackers Toastmasters Club	President
Marylhurst Toastmasters	President
New Beginnings Toastmasters	President
New Horizons Toastmasters Club	President
NoonTime Club	President
Portlandia Club	President
Professionally Speaking	President
Roseburg Speakers and Storytellers	President
Silicon Forest Club	President
Sporty Speakers	President
Sunrise Toastmasters Club #1492	President
Tell Me A Story	President
Toast Of Tualatin, Lam Research	President
Waffle Toasters	President
Wagon Tongues	President
Wallmasters International Club	President
Yammertime	President
Astoria Toastmasters	Select
Cedar Hills Club	Select
Friday Night FUN Masters	Select
Noon Talkers	Select
Portland Club	Select

CONGRATULATIONS

Distinguished Club Program

Club	Status
Speakeasy Toastmasters	Select
Timber Talkers	Select
Totem Pole Club	Select
Tualatin Valley Toastmasters Club	Select
Unified Toastmasters Club	Select
Wake Up, Beaverton! Toastmasters	Select
West Beaverton Club	Select
Yaquina Toastmasters	Select
Dallas Toastmasters	Distinguished
Essayons Club	Distinguished
McMinnville Toastmasters	Distinguished

ONS! WELL DONE!



Find the Fun!

PJ Kleffner, DTM

Immediate Past District Director

Are you having fun? If not, I highly recommend that you figure out why—life is too short to be miserable or even just dull and boring. One of the favorite jobs I had during my 40+ years in the high-tech industry was training new sales engineers how to operate the equipment we sold. This was so they could demonstrate the equipment to potential customers and provide support as needed after they bought it.

To give you some perspective, this training was 40 hours per week for 13 weeks! Yes, it was intense. Over the decades, our equipment was used in the development and manufacture of color televisions, airplanes, computers, cell phones, lasers, and fiber optic networks.

In addition to the actual equipment operation, we had to teach our sales engineers about these emerging technologies and the various applications for our equipment. I found it very rewarding to know that I was contributing to these technological breakthroughs.

During their orientation on the first day of class, I welcomed all of the new students. I told them that they had the best job in the company, which was interacting directly with our customers and discussing their many fascinating applications. I went on to tell them that when they stopped having fun, get out, because I didn't want them working for "my" company anymore.

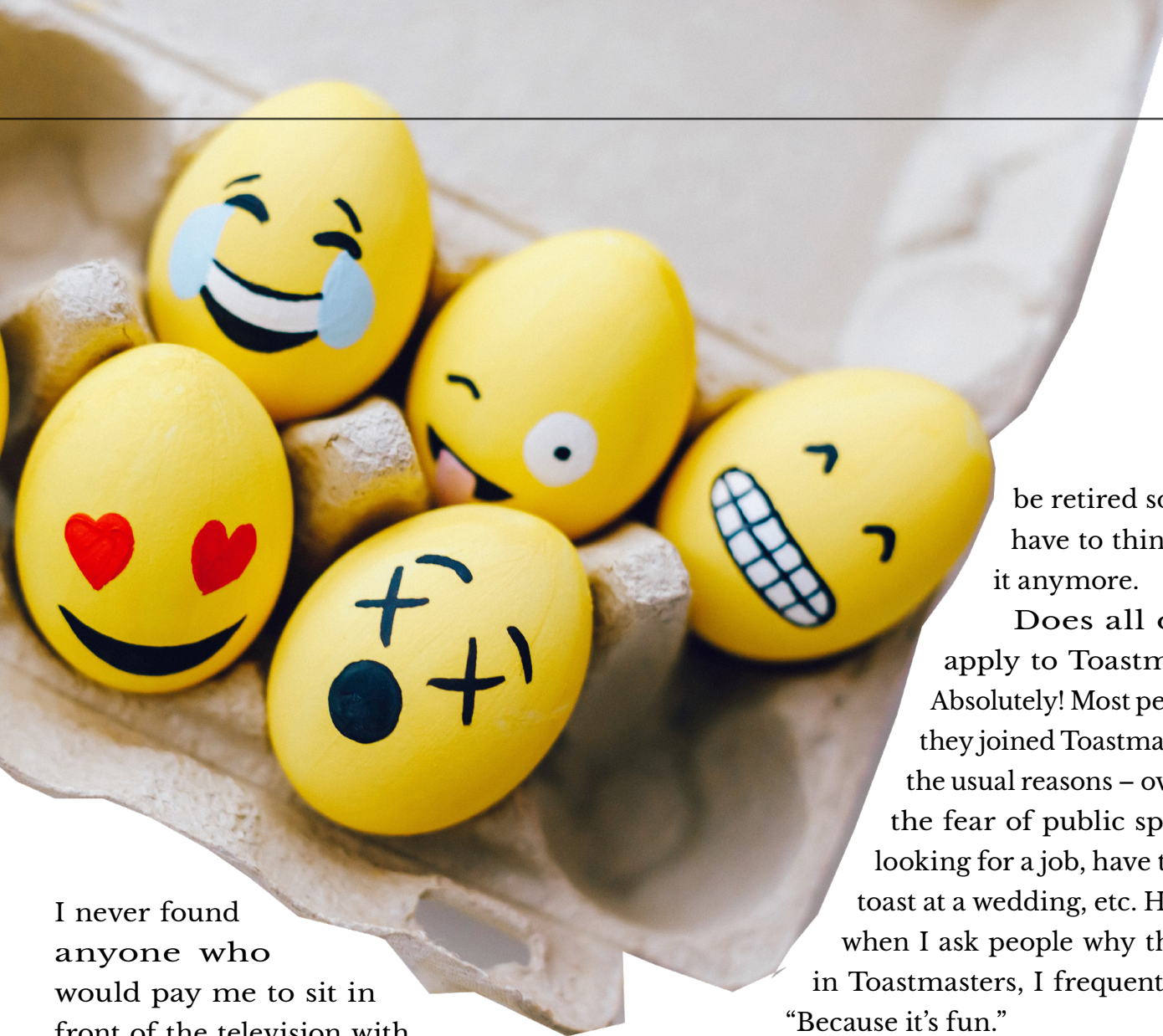
After one of many reorganizations, our training group reported to a new vice president,

who decided to sit in on some of our classes to see what we did. After he heard my welcome speech, he took me aside and really chewed me out. He said it cost us over \$100,000 to train each new sales engineer, so I shouldn't be telling them to quit! I said, "Sorry, sir, I stand by what I said. If they are not enjoying themselves and having fun, they are not doing their best, and our customers will pick up on that attitude." We didn't exactly agree to disagree, but I continued doing what I was doing long after he was gone.

Unfortunately, I didn't always follow my own advice (who does?). I spent nearly 30 years at that company and had many different jobs. Most of them were great, but some, not so much. I finally realized that I was no longer having fun and felt so relieved when I walked out the door on my last day. I went on to work with a former colleague that didn't turn out how I planned. I committed to working "part time for two years", which turned in to full time and stretched over 12 years before I finally retired. I was still having fun, but decided it was time to quit punching the clock.

Some of you may remember a book that was popular in the 1980s, *Do What You Love, the Money Will Follow*, by Marsha Sinetar. Unfortunately,





I never found anyone who would pay me to sit in front of the television with a pint of Häagen-Dazs Chocolate Chocolate Chip ice cream. However, I did have a lot of fun throughout most of my career.

In hindsight, I wasn't always in touch with how I felt about my different jobs. It took a while to figure out what I liked and didn't like. Here is some unsolicited advice that might help you with that—start a diary. At the end of every day, write down something that you really liked about the day, and something that you didn't like. Hopefully, you'll start to see some patterns. It could be as simple as "I really like when I talk with others and work as a team," or "I really prefer the quiet times when I can work alone." Once you figure out what you like, find ways that you can do more of it. Okay, I admit that is a gross over-simplification, and I am glad to

be retired so I don't have to think about it anymore.

Does all of this apply to Toastmasters? Absolutely! Most people say they joined Toastmasters for the usual reasons – overcome the fear of public speaking, looking for a job, have to give a toast at a wedding, etc. However, when I ask people why they stay in Toastmasters, I frequently hear, "Because it's fun."

How about you – are you having fun? If not, maybe you are in a rut. Maybe it's time for a change. Try some different meeting roles, visit some other clubs, or even try something outside your club, like competing in a speech contest, or volunteering to be an Area Director, or serve on one of the many committees that help the District serve our members. There are so many ways to challenge yourself and keep the journey interesting. Remember, life is short, so have fun while you can.

Upcoming Online Webinars

July 14	August 4	September 1	October 6
Plan for Club Success! Panel Discussion Watch the Replay	Moments of Truth Eldred Brown, DTM	New Clubs	Pathways Mentoring Program
November 3	December 1	January 5	February 2
Become a DTM	Contests and Judges Training	Build an Open House!	Successful Club Series
March 2	April 6	May 4	June 1
Storytelling to make a point	Getting involved beyond your club.	Club Officers, make your club strong!	How our club achieved Success!



MOMENTS OF TRUTH

August 4, 2021 • 6:30pm-7:30pm



Eldred Brown, DTM
District Director

Join us on Zoom

*Visit the
D7 Toastmasters Event Calendar
for more information*



In this webinar you will:

- Discover how Moments of Truth can help your Membership Experience
- Set your goal to complete this module and learn from an experienced Toastmaster
- Translate the Moments of Truth into a Distinguished Club

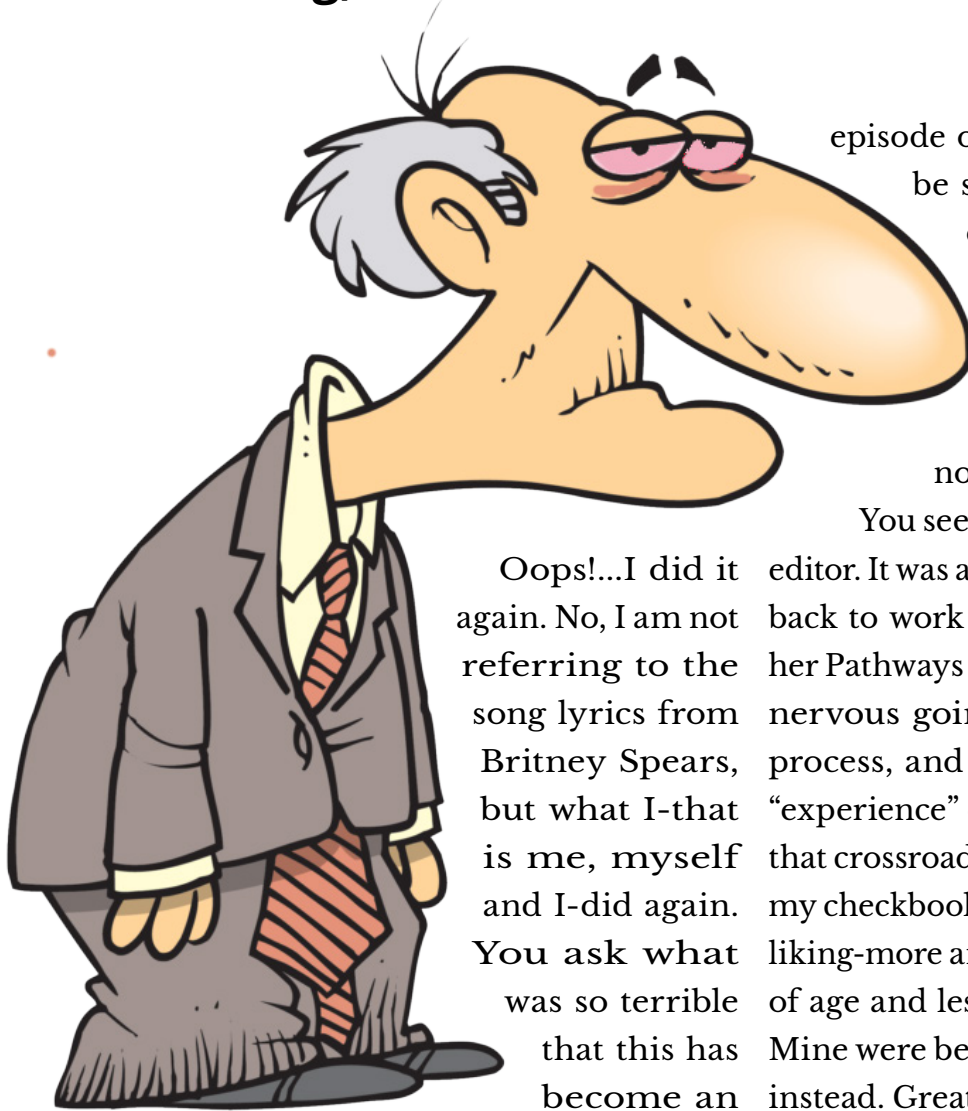
About the presenter:

Eldred joined Toastmasters in May 2009 as a member of the At the River's Edge Toastmasters Club. Eldred has served many terms in most of the club officer roles, including two separate years as President of the At the River's Edge and Babble-On Toastmasters Clubs, each of which finished his term as President's Distinguished. This year he serves as District 7 Director.

Outside of Toastmasters, Eldred earned a Bachelor of Arts in Music from George Fox University and a Bachelor of Science in Software Engineering Technology from the Oregon Institute of Technology. Eldred also enjoys helping lead the music ministry in his church and playing trombone in the Tualatin Valley Symphony Orchestra. Eldred continues his work in Toastmasters leadership because he enjoys serving other Toastmasters and helping them grow as communicators, as leaders, and as people.

Chasing Zzzzz's

Paul Fanning, DTM



episode of the program I was so happy to be seeing. I have resigned myself to do one of two things. Either give up wanting to see that episode or get more sleep. The former lost out, while the latter won and seems to have become my new norm in life.

Oops!...I did it again. No, I am not referring to the song lyrics from Britney Spears, but what I-that is me, myself and I-did again. You ask what was so terrible that this has become an occurrence and

almost a norm for me? Why very simply, I sat down on my couch, iced drink at my fingertips, and the television on ready to watch one of my favorite programs. And then I did it again. Woke up some 65 minutes later, while refreshed, but for the ninth million time, missed that particular

You see I am blaming it all on our beloved editor. It was a great privilege to hear of her going back to work after retirement. She outlined in her Pathways speech about how she had become nervous going back to work, the interview process, and one other obvious concern, her “experience” of a lifetime of working. I came to that crossroads three months ago when I noticed my checkbook figures doing something I was not liking-more and more expenses for post 65-years of age and less and less income. Golden years? Mine were beginning to look like lead or plastic instead. Great plans for sitting back, kicking off my shoes, and watching the world go by went by. Covid. Then the reality of Medicare and the high price of medical expenses and prescriptions, and the rising cost of living. The thick fluffy cushion I had envisioned for my retirement began to look more like a thin reed mat with holes in it.

Thus, I am now into my third month of working. I love the job, or better yet, the service opportunity, and the pay is decent as well. The only issue so far are the hours and work schedule. I am on duty for three days, then three off. I work from 7:00 pm until 7:00 am. I must be awake during those hours. That means I “go to bed” at 7:15 am and hope I can sleep during the day enough to be fresh and ready for another twelve-hour shift. I have now decided that I don’t need sleep at all. At least that is what I have been trying to tell myself.

The first month was the worst so far. Could not for the life of me get into a sleep cycle or rhythm. On my days off, I couldn’t sleep at night, and during my time on, couldn’t adjust to the daylight, noise, etc. By my first paycheck, I had money in the bank, paid off my bills, but looked like a zombie or Beetlejuice with pallid skin and dark circles under my sunken eyes. I think I picked up the “Walking Dead” shuffle as well! Sleep? Sleep? I don’t need no stinkin’ sleep!

The second month was far better. On my workdays, I discovered the right kind of ear plugs-construction grade-which allowed me to ignore most noise around me. (But not the bag pipe practice under my window!) Then I discovered that on my first day off, about five

hours of sleep will do me. Later I have the chance to actually sleep in my bed after 10:00 pm until morning. Wow! What a concept! My mommy always told me I was a smart... fellow. The black circles began to lighten, the shrunk look began to change, but that is when I made decisions that have changed my Toastmasters life. Soon, I began to understand what Dracula went through daily, and embraced my night walker life- style. Hide from the bright sun and listen to the “music of the night” he so loved. I have not bought my cape yet, but it is on the list! Hopefully, we can skip the blood sipping and fangs routine. And I am too claustrophobic for a coffin. Come by sometime and we can step out for a bite!

Sleep-glorious sleep. As you may know, we need sleep to allow our body and mind to recharge, assist in fighting diseases, and to make us alert and energetic. We have a “body clock” that in conjunction with a healthy diet and a positive lifestyle, will enable the essential function of our body to concentrate and our brain to function at its peak.

If we do not “listen” to our sleep-wake homeostasis, then our brain will begin to shut down. Our sleep drive consists of two hormones; melatonin which causes drowsiness and allows

us to sleep, and cortisol which promotes energy and alertness in our waking moments. Without a proper amount of sleep—for me 7-9 hours of sleep daily/nightly, then our abilities will be impaired, our thinking, reacting, and health to begin to fail.

The highest of the four levels of sleep is REM (rapid eye movement) which is necessary to make us 100% refreshed and ready to go. Without it, well come and join the shufflers on any of the walking dead programs. I think of it as a computer core dump process, which allows our brain to sort through our memories and functions and do a fine tune-up job. Sleep disorders only reverse our natural processes. They send us down the road of ill health, poor or impaired judgement, and worse of all, eventual death. I do not want to put myself in harm's way or find myself out of balance and ready to have my own private room with a coat with super long sleeves to wrap myself with!

Aging of course begins to chip away at some of these functions as you know. But as for me, I don't want to rush the process any. If I can take care of myself physically, mentally, and spiritually, then I am all for it.

I have often heard that "sleep is overrated. You get plenty of it when you pass on." Just like our Toastmasters education program Pathways, we need to work on our own health. I have heard from many fellow Toastmasters and clubs in District 7 over the past three years that Pathways "is overrated" and it is useless, unwieldy, and not meeting the needs of clubs or members. Of course not. We actually have to work at the program, know what direction, what skills, what paths and goals we have for our future. Like sleep,

we can begin to ignore it, cut corners, spend less and less time preparing for our projects or even our club meeting roles. And while we may not begin to look hollow eyed, it does begin to show in our daily lives. Thus, don't ignore your Toastmaster cycle as well. Work at it, spend the hours that you need on it, and most especially, make it part of your cycle of life. Insomnia is one thing, but lack of Toastmasters may not be recognizable as missing our positive mental attitude and health rhythm.

Ergo, fellow Toastmasters, get your sleep, find time for quality and quantity rest, with healthy choices and exercise of your mind. Pay the same amount of attention to your avocation, Toastmasters, as you do your sleep. You will indeed be better prepared emotionally, physically, and mentally for the challenges of the day and life.

Now it is time for me to prepare for my day off in a few hours. My tux, boiled shirt, top hat, and walking stick (with the wolf's head and red stones for eyes of course) await me.

Let me bid you a good evening as I lay upon my bed, hands folded upon my chest in the natural repose. Come by sometime and we can step out for a drink, or a bite!



Frank Paulding & First Canadian Toastmasters Club #38 (Part Nine)

Harvey Schowe, DTM - District 7 Historian

Other public speaking clubs and classes were active in Victoria along with Toastmasters. According to a *Times Colonist* article, a Victoria women's oratorical contest was held on Thursday evening, April 2, 1936 at the Y building. Mrs. R. W. McKenzie won the finals of the ladies' division oratorical contest of the Victoria YMCA public speaking class. Her speech title was "The Art of Making Friends." She received the Mallek trophy on the last night of the class at the Green Lantern Cafe. Mrs. Joseph Rose was Toastmistress for the banquet and toast night.

The YMCA Public Speakers met at 8:00 pm on Tuesday evenings. Both men's and women's membership focused on advanced public speaking topics. The Club held speech contests. At the April 9, 1936 contest, G. C. Walsh received the Joseph Rose Challenge Trophy. after winning the oratorical finals with his speech titled "Adult Education." The runner ups were E. E. Penden for his speech titled "Pigs or Men," J. E. Paulding for his speech titled "Lawrence of Arabia," and J. Rowland who spoke about "A Modern Crusader." Contest judges were Dr. A. M. Menzies, James H. Hill and T. Denny.

Dr. Edgar Allen was president of Seattle Toastmasters Club. He invited the Victoria Junior Chamber of Commerce Debaters' Club to debate. Saturday, February 8, 1936 the clubs debated state medicine. The Victoria Chamber of Commerce organized a public speaking group in 1938.

Completion of a YMCA Frank Paulding's 20-week public speaking class was required in order to join Victoria Toastmasters Club. Toastmasters meetings were held at 6:15 pm Wednesday after dinner at the YMCA Center. Clubs closed for the summer starting in May. Club members participated in debates, such as one held on Wednesday, March 25, 1936. W. S. Fraser and G. G. Fraser were affirmative for one side of a subject against D. Bird and M. Davis. O. Johnson, the first club secretary/treasurer, resigned in 1936. It was due to a temporary job assignment. W. S. Fraser was elected secretary/treasurer and Col. DeSalis was appointed sergeant-at-arms."

Frank Paulding was appointed lieutenant-governor for Zone 1 in October 1938.

Got Skills?

Ellen Ino, DTM

Do you know the structure of our organization? Well, members join a club. Four or more clubs are assigned to an Area Director who helps and mentors the clubs. The four or more Areas are assigned to a Division Director who helps and mentors Area Directors. Yep, you guessed it! Four or more Divisions Comprise a District. We are in District 7 which spans from Castle Rock down the I-5 corridor to the Oregon/California border. Then we take in Del Norte and Modoc counties of California. In Oregon the I-5 corridor counties and counties west to the coast. In Eastern Oregon we take in most of the counties except Morrow, Umatilla, Union, Wallowa, Grant, Baker, and Malheur. Wow! Lots of territory.

Just as big businesses, nonprofits, and local governments have departments, decision-making structure, and leadership chain of command, so do we. Club to Area to Division to District to Region to International. Each level of a big business, large nonprofit, local government has staff. So do we at the Area, Division and District. I've worked for the State of Oregon, the Oregon University System, and Metro. I've worked within my unions. I've been a volunteer with several nonprofits at various levels of those organizations. I enjoyed the multi-layers and colleagues working together as a team to achieve common goals.

We could have such a structure and level of

volunteer staff for District 7.

- Are you a beginning Toastmaster or are you in Levels 1-3 in your path?
- Do you have basic skills to advanced Zoom skills? We need Zoom Masters!
- Are you willing to introduce a presenter and help (except zoom) the presenter do a training? We need folks willing to be Room Hosts!
- Do you train people at work or find that you are showing people how to do something? Without giving away trade secrets, how about looking into being a Potential Presenter on a topic that you are already training folks? Great! Send in a training concept and let's see if we can offer it!
- Do you love History? Are you good at research? Does data entry come easily? Are you a bookkeeper at work or as a non-profit volunteer? Do you have a knack for GIS software? Wow! We have Leadership at all levels that would love to hear from you; from Harvey Schowe the District Historian to our Creator of the first D7 database of volunteer skills and interests, to the Zoom Master, to each level of our District's Leadership!

Are you almost done with Level 3 or you are at Level 4 or 5?

- Look ahead at the Level 4 and Level 5

projects

- See if your Area or Division Directors have projects that will satisfy one of those electives
- Do you need a High-Performance Leadership Project? See if the Division or District has one
- We need Zoom Master Team Leaders for events

Perhaps you are looking for a Distinguished Toastmaster project. Well, tell the District Leadership now. After all, you need the District's approval on your DTM project. There are many

ideas that have been on the back burner. Now is the time. Help the District and thereby help yourself!

Ya know what?

We can all help the District if we spend a few hours per month to handle large scale projects which take a lot more time. We can help train and mentor the next generation of leaders.

Contact trio@d7toastmasters.org! Eldred, Lorri and Jim will get your volunteer message to the right person.



**WALLMASTERS
INTERNATIONAL**
#4428 | TIGARD, OREGON



Supportive & Friendly

10 DTM Members

Distinguished Club for 20+ Years

All are Welcome

**Come visit a well-established, high-achieving
club committed to excellence & success.**

JOIN US ON **zoom**

Fridays | 6:35–7:45am PST

bit.ly/wallmasters



A Toastmasters Club PRoduction

CHARTED BY ACCIDENT

Charissa Yang, IP4

Public Relations Support Group

Last January, I met a group of D7 Club VPPRs, who had formed their own support group after meeting at Club Officer Training. They were planning to meet regularly to share, brainstorm, and help each other collectively solve Club Public Relations concerns. My home club Yammertime's VPPR, Chris Baunach, introduced me to the group.

Intrigued by the energy of these Toastmasters peers from different clubs and impressed by their commitment to continue meeting regularly, I was suddenly inspired. Why don't we form our own Toastmasters Club? We were already meeting, were all Toastmasters, and had a purpose. The timing couldn't have been better: Toastmasters International was now allowing online-only clubs to be included in District Club counts, and they were offering a money-savings incentive, which had just been extended through June 30th, to start a new club.

What About A Toastmasters Club?

I didn't know how the idea of chartering a new club would be received by this group. But they were open-minded and willing to advance it. As quickly as questions arose, we developed answers. What will the speeches be about? PR Success stories and lessons learned! What will the Table Topics be about? We could offer round

robin feedback about any PR or media piece, or any PR question! The group felt we could make it fun and useful and still stay true to the purpose of solving club PR challenges.

We held demo meetings in February, March, April, May, and June—during which time our following grew. At first we advertised mainly on Facebook, forming our own Facebook group, and sharing our demo meeting announcements to other groups. Later, we created a new website and started a LinkedIn page. We recorded all the demo meetings and provided them online as a PR resource to share with others. People who came to our meetings told us they found us through our various Facebook posts, and word of mouth. In one case, a visitor wanted to become a charter member based on having watched our meeting recordings!

Our intent to charter as an “advanced” or specialty club came with unique challenges. Wanting a creative focus on PR forced us to carefully consider how we would balance the “familiar” and “novel.” If we got too experimental, the format might feel complicated and strange. Most of all, we wanted to be fun, engaging, informative, and offer valued PR insights and collaboration. Our demo meeting iterations, along with many planning meetings, gave us the opportunity to trial unique tools and agenda variations. For quick engagement, we used

[Mentimeter](#) and 10-second mini-Table Topics, which proved popular. We also developed Table Topics spin offs “Show Your Page” (round robin feedback about any media piece) and “Dear PR Masters” (round robin feedback about any PR question).

Chartered!

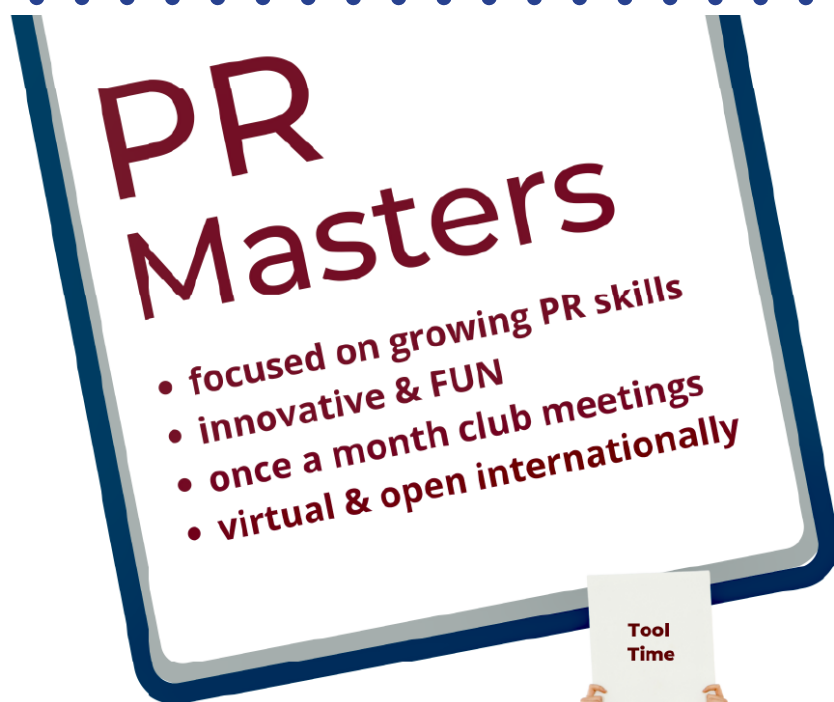
On June 11, 2021, we submitted 23 charter member applications, dues payments, and all the necessary Club charter forms to Toastmasters International.

An excellent product sells itself! People just need to hear about it and they’ll want in because they too see the value. That’s how Public Relations works—support the message by publicizing it to the right audiences. I believe in Toastmasters and in Public Relations, and the intersection of the two resulted in the new PR Masters Toastmasters Club #7898167.

Learn more:

[Visit our website](#)

[Join the FaceBook group](#)



Club Meetings
1st Thursdays
7:00 - 8:30 pm PDT (-7 UTC)

JOIN! [Our Active Facebook Group](#)
[See Our Website](#)



Ready . . . ?

David Freedman, PM2



The masks are nearly off. Oregon and Washington are now completely open to businesses for the first time in over a year. And we've survived a nasty heat wave. On the one hand, I'm enthusiastic that we've managed to hold out this long considering the awful year we've had. Like many people, I look forward to attaining some semblance of normalcy. Do we know what that looks like? I learned to pace myself a lot better. I came to terms with the fact that I'm not ready to settle for anything less than full job satisfaction. Therefore, returning to work fills me with a certain level of dread.

Am I ready to go back to work? No, not really. Not by a long shot.

One of the things that I've noticed is the importance of slowing down. This has never been easy for me for any number of reasons. Persistent financial worries can make you wonder if you'll ever get the work you've always wanted. I've had a year to work through many different issues, both financial and spiritual. I've realized something rather profound about my workplace situation.

I've been doing it all wrong. And this isn't the first time I've come to that conclusion.

I knew in high school that I didn't want to follow a set, predetermined path to "guarantee" me success in the workforce. I didn't want to be a part of that workforce in the first place. I wanted to be a writer, singer, and actor. I recognized that the second and third careers would take a lot more work. Performers with disabilities, then as now, have never had it easy in show business. From a career standpoint, these weren't exactly logical choices for me to take. The writing didn't need people to know about my facial paralysis. I could start there and work my way up. Unfortunately, my confidence in my own abilities was lacking back then. The ability to persevere under tough or unusual circumstances takes time to develop. I had a lot to learn in terms of how to find a job. What occupation do I use to maintain my finances until I prosper as an artist? There were many other choices to make until I succeeded in creating the career I wanted for myself. I followed the



tried-and-true route and went to college. I created a career in medical and general transcription.

Flash forward to November 2013 when I joined Toastmasters. Somewhat ironically, I found my way here as an adjunct to acting. Two friends recommended that I visit a group called Babble-On Toastmasters. (My Home Club to this day.) No other organization has encouraged me to use my talents, skills, and abilities quite like Toastmasters has. Toastmasters has allowed me to discover new passions I'd never thought to explore. It challenged my own assumptions of what I can do as a performer, public speaker, writer, and leader. And yes, those opportunities even led to me writing this column in Voices!

So, in summary, am I ready to go back to work? Only if I can do it on my own terms. I presented two breakout sessions at Toastmasters Leadership Institute. My comfort level with visual aids increased. These two led to a passion for creating PowerPoint presentations. My creativity as a storyteller dovetails with my writing goals.

To become a better professional writer of fiction, essays, and screenplays. It doesn't completely take me away from telling other people's stories. It offers some more opportunities for growth and renewal. Two things I need in abundance right now.

Because the truth is, in this not-quite post-pandemic era, no one knows what to expect anymore. If you are able, take the time for yourself to decide how to reinvent your life. Maybe the tried and true still works for you, but if not, hopefully you can re-examine why that is. At this point, there are no wrong answers. Only old assumptions that might be ready to toss aside in favor of new beginnings. If evaluating those assumptions from a different viewpoint helps you make more informed choices, so much the better.

Make Your Images Stand

Jennifer Sc

Tender love between mother and baby gently swaying in a hammock was the perfect Facebook post for our New Horizons Mother's Day theme meeting. The instant I saw that slice of life it was "the one". The right image grabs my attention, is visually appealing and sparks an emotional connection. It is irresistible and unforgettable. Canva, my favorite design program, has thousands of effects that can enhance photos and videos. But a great social media post starts with a core image that can stand on its own to convey the right message without embellishment.

Grabbing Attention in Three Seconds or Less

A kaleidoscope of images are available on the internet, but not all will hold attention to mesmerize. If someone is entranced in three seconds or less, they'll usually stay long enough to read the entire message. There's high competition for that attention in the river of information flowing across our screens. When I was searching

for my Mother's Day image, I wanted to convey motherly love and there were a hundred plus choices in Canva. I chose a short video knowing the rocking motion of the hammock would catch the eye over a static image. The soothing movement also contrasts with fast-paced internet scrolling. When choosing an image, I always ask myself, "Is this grabbing my attention right away?" If it's dull or uninspiring, I take a pass and find something more compelling.

Visually Appealing Images Keep Your Viewer Engaged

Attractive images of nature or cute animals are always winners. Who wouldn't want to look at something pleasant and happy? Meeting themes make the choice easier to narrow down. Luckily for me, every week New Horizons utilizes a theme. Without a specific theme, I would look for universal Toastmasters images that convey leadership, mentorship, or confidence. This kind of image is a joy to see. In contrast, a disturbing image might get someone's attention but they may move on quickly to escape the unpleasantness, like a horror movie. This may also discourage people from joining our meetings, which is not the goal of public relations. Keeping a potential guest's attention with a cute dog or pretty beach provides a visual resting place and something they'll enjoy looking at for a longer period of time.

Out and Hug the Heart

hm Schmidt, EH2

Emotional Connection Is the Takeaway That Gets Absorbed

Touching the heart, makes a pretty picture that pops off the screen, particularly effective. I wanted our members and guests to feel the warmth and goodness of motherly love when they saw the Mother's Day post. Maybe they'll think about their mom, sister, or friend who is a great mom. The more our mind thinks of people known and liked, the more connected the message is to positive feelings and memories. Also, the better someone feels about my message, the more likely they are to attend a meeting.

Images that grab attention, are visually appealing, and generate an emotional connection is the combination that effectively expresses your

message and engages your audience. Facebook posts that follow these tips will be the ones encouraging smiles and attendance at your next Toastmasters meeting.

St. Patrick's Day Ahead

TM Ann Kroetch



March 13, 2021
8:00 AM PT (-8 GMT)

Join our zoom meeting!
Meeting ID: 868 3000 7672
Passcode: 1360

Come for the FUN, Stay for the Growth!



Special Guest Speaker:
Patricia Radley
directly from Ireland!

FIND YOUR NEW PATHWAY TO FUN! MEET NEW FRIENDS, ENGAGE, LEARN, AND GROW

New Horizons Toastmasters #1360

Saturdays: 8 - 9:30 AM PT (-7 UTC)

Zoom Link

Meeting ID: 868 3000 7672 Passcode: 1360

Facebook

The New Horizons Toastmasters Club of Oregon
(District 7)

Website

<https://1360.toastmastersclubs.org/>



Come for the FUN, Stay for the GROWTH!

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Waffle Toasters	Amanda	Gilchrist
Sunset Talkers	Andersen	Daniel
Sunset Talkers	Andersen	Jason
Sunset Talkers	Anderson	Jeannine
Tell Me A Story	Anich	Zeta
Unitus Toastmasters	Apte	Veena
North Eugene Toastmasters	Arscott	Kimberly
Unitus Toastmasters	Avendano	Angel
North Eugene Toastmasters	Bates	Linda
Unitus Toastmasters	Begay	Amanda
Unitus Toastmasters	Bledy	Aaron
Unitus Toastmasters	Bogart	Chris
Roseburg Speakers and Storytellers	Bonilla	Gabriela
Unitus Toastmasters	Bracamontes	Jodie
Sunset Talkers	Brewer	Ian
Sunset Talkers	Brewer	Mary
Unitus Toastmasters	Bringel	Lisa
Wagon Tongues	Buchanan	Ela
Unitus Toastmasters	Cavasso	Larry
McMinnville Toastmasters	Cazzaro	Roberto
Wagon Tongues	Ciranny	Craig
North Eugene Toastmasters	Collins	Julie
Sunset Talkers	Cook	Elizabeth
Unitus Toastmasters	Cotton	Melissa
Sporty Speakers	Cross	Russell
Sunset Talkers	Crowell	Jesse
Yaquina Toastmasters	Dalton	Dave
TV Toastmasters	Dassise	Alex

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
North Eugene Toastmasters	Dikloo	Fara
Unitus Toastmasters	Disdarevic	Kay
Sunset Talkers	Dominic	Canedy
Dallas Toastmasters	Dressel	Lori
Clark County Toastmasters Club	Ells	Josie
North Eugene Toastmasters	Free	Paula
Clack-Orators Toastmasters	Gates	Akiko
Sunset Talkers	Gumm	Avery
Sunset Talkers	Gumm	Jayden
Sunset Talkers	Gumm	Reagan
Sunset Talkers	Gumm	Scott
Silicon Forest Club	Guo	Xin
Waffle Toasters	Harrington	Patrick
North Eugene Toastmasters	Hazelton	Anna
Cedar Hills Club	Helland	Nelson
Roseburg Speakers and Storytellers	Izasmendi	Ixchel
Portland Club	Justice	Sonya
Sunset Talkers	Kastendick	David
Unitus Toastmasters	Kealoha	Shay
Sunset Talkers	Lineham	Keith
Unitus Toastmasters	Lorelli-Qualls	Liseth
Speakeasy Toastmasters	Makowski	Mary
North Eugene Toastmasters	Mathews	Kelly
North Eugene Toastmasters	McCarl	Matt
McMinnville Toastmasters	McGovern	Jennifer
Sporty Speakers	McIntire	Rochelle
North Eugene Toastmasters	Miller	Karen
North Eugene Toastmasters	Morgan	Shelia

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Unitus Toastmasters	Ott	Dian
North Eugene Toastmasters	Prusz	Chad
North Eugene Toastmasters	Prusz	Kelly
North Eugene Toastmasters	Rasmussen	Susan
Unitus Toastmasters	Rich	Rebecca
Unitus Toastmasters	Ryan	Sara
Toastmasters of Redmond	Sala	Jennifer
Marylhurst Toastmasters	Schirm	Jake
Portland Club	Schubert	Ban
Astoria Toastmasters	Svensson	Cynthia
Astoria Toastmasters	Svensson	John
Timber Talkers	Taylor	Steven
North Eugene Toastmasters	Thompson	Tiffany
Unitus Toastmasters	Underwood	Heath
Sunset Talkers	Van Vlack	Sara
West Beaverton Club	Weddle	Lynn
North Eugene Toastmasters	Wells	Christie
Dallas Toastmasters	Woolard	Brian
Speakeasy Toastmasters	Zamani	Mohammad Reza
Silicon Forest Club	Zhang	Cherie

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
SR2	6/29/2021	Alba-Lim, Michelle	Roseburg Speakers and Storytellers
DL3	6/26/2021	Alba-Lim, Michelle	Friday Night FUN Masters
DL2	6/26/2021	Alba-Lim, Michelle	Friday Night FUN Masters
MS1	6/29/2021	Andersen, Lorri	Andersen, Lorri
DTM	6/11/2021	Andersen, Lorri	Daylighters Club
ALS	6/11/2021	Andersen, Lorri	Daylighters Club
EH1	6/28/2021	Anderson, Jet	West Beaverton Club
IP1	6/16/2021	Baker, Jean Margaret	Noon Talkers
VC5	6/10/2021	Baker, Jean Margaret	Noon Talkers
VC4	6/10/2021	Baker, Jean Margaret	Noon Talkers
VC3	6/10/2021	Baker, Jean Margaret	Noon Talkers
VC2	6/10/2021	Baker, Jean Margaret	Noon Talkers
LD1	6/6/2021	Bauman, Mayuko Sasanuma	Portland Club
PM3	6/17/2021	Bell, Jeneen	Col Square Squawking Heads
DL5	6/1/2021	Bennett, Allison	Tmstrs For Spkg Professionals
DL4	6/1/2021	Bennett, Allison	Tmstrs For Spkg Professionals
DL3	6/1/2021	Bennett, Allison	Tmstrs For Spkg Professionals
DTM	6/1/2021	Birdsell, Kevin	Friday Night FUN Masters
ALS	6/1/2021	Birdsell, Kevin	Friday Night FUN Masters
SR3	6/30/2021	Bones, Dave	Liberty Talkers
SR2	6/30/2021	Bones, Dave	Liberty Talkers
SR1	6/10/2021	Bones, Dave	Liberty Talkers
ALS	6/23/2021	Brewer, Daniel S.	Silicon Forest Club
DTM	6/23/2021	Brewer, Daniel S.	Silicon Forest Club
LDREXC	6/1/2021	Brewer, Daniel S.	Silicon Forest Club
PM4	6/30/2021	Chan, Judy	New Beginnings Toastmasters
DL3	6/17/2021	Chavez, Miguel	Capital Toastmasters Club

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
DL2	6/17/2021	Chavez, Miguel	Capital Toastmasters Club
LDREXC	6/18/2021	Clark, Michael A.	Creative Communicators
PM1	6/10/2021	Cox, Cleon M.	Wallmasters International Club
SR1	6/10/2021	Cox, Cleon M.	Wallmasters International Club
PM1	6/13/2021	Cullen, Aaron	Lake Oswego Toastmasters Club
DTM	6/10/2021	Daily, Michael T.	Buckaroo Toastmasters
ALS	6/9/2021	Daily, Michael T.	Buckaroo Toastmasters
IP5	6/17/2021	Davis, Cornelius	Capital Toastmasters Club
IP4	6/17/2021	Davis, Cornelius	Capital Toastmasters Club
VC3	6/4/2021	Davis, Steve	Sherwood Town Criers Club
PI1	6/2/2021	Dennis, Brenda L.	Flying Toasters Club
MS3	6/18/2021	Dodd, Brian	Friday Night FUN Masters
MS2	6/18/2021	Dodd, Brian	Friday Night FUN Masters
PM1	6/24/2021	Domhan, Susanne B.M.	Tualatin Valley Toastmasters Club
EH1	6/29/2021	Dressel, Edward	Dallas Toastmasters
ALS	6/22/2021	Dudek, Casey	Fortunate 500 Club
DTM	6/22/2021	Dudek, Casey	Fortunate 500 Club
LDREXC	6/9/2021	Dudek, Casey	Fortunate 500 Club
PM3	6/22/2021	Elbert, Bryce	Early Words Club
IP5	6/8/2021	Elbert, Bryce	Early Words Club
DL1	6/19/2021	Erickson, Rachael	Astoria Toastmasters
VC4	6/19/2021	Erickson, Rachael	Astoria Toastmasters
PM2	6/2/2021	Forthuber, Russell G.	West Beaverton Club
PM1	6/16/2021	Frei, Ryan Lynn	Electric Toasters Club
PM2	6/15/2021	Fuller, Lonnie B.	Buckaroo Toastmasters
MS1	6/21/2021	Garcia, Miriam	Corvallis Evening Group
EC3	6/28/2021	Gerlock, Craig M.	Astoria Toastmasters
IP1	6/17/2021	Gibson, Joshua A	Capital Toastmasters Club

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
VC3	6/25/2021	Glade, Syrena M.	Tualatin Valley Toastmasters Club
PI1	6/29/2021	Hernandez, Adam Joseph	Tell Me A Story
IP1	6/17/2021	Hootsmans, James Antony Stewart	Columbia Square Squawking Heads
VC1	6/14/2021	Hoover, Brent	Vancouver Toastmasters Club
TC2	6/1/2021	Horenstein, Dorice	Toastmasters For Speaking Professionals
PM2	6/18/2021	Hupp, Frank E.	Astoria Toastmasters
PM1	6/18/2021	Hupp, Frank E.	Astoria Toastmasters
DTM	6/11/2021	Inman, Naomi Ruth	Daylighters Club
ALS	6/11/2021	Inman, Naomi Ruth	Daylighters Club
TC1	6/4/2021	Johnson, Joanna	Flying Toasters Club
EC2	6/17/2021	Johnston, Jeff	Mentors Of Focus Club
VC1	6/10/2021	Jones, Cynthia L.	Southern Oregon Speechmasters
MS3	6/17/2021	Keever-Nyberg, Austin Cole	Capital Toastmasters Club
MS2	6/17/2021	Keever-Nyberg, Austin Cole	Capital Toastmasters Club
MS1	6/17/2021	Keever-Nyberg, Austin Cole	Capital Toastmasters Club
PM1	6/24/2021	Kinnunen, Jason Michael	Astoria Toastmasters
EH2	6/20/2021	Kleffner, PJ	Babble-On Toastmasters Club
EC2	6/17/2021	Knapp, Thomas K.	Liberty Talkers
LD1	6/7/2021	Konen, Nick	The Standard Speakeasy
EC2	6/7/2021	Konen, Nick	The Standard Speakeasy
IP4	6/12/2021	Kunjummen, Biju	New Horizons Toastmasters Club
IP3	6/12/2021	Kunjummen, Biju	New Horizons Toastmasters Club
IP2	6/12/2021	Kunjummen, Biju	New Horizons Toastmasters Club
IP1	6/12/2021	Kunjummen, Biju	New Horizons Toastmasters Club
DL4	6/24/2021	Landolt-Hoene, Daniel	CareOregon
LDREXC	6/22/2021	Leach, Julianna	Yawn Patrol Club
DTM	6/14/2021	Leach, Julianna	Yawn Patrol Club

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
ALS	6/14/2021	Leach, Julianna	Yawn Patrol Club
PM3	6/28/2021	Locke, Julius Patrick	Astoria Toastmasters
LDREXC	6/25/2021	Locke, Julius Patrick	Speakers With Spirit Club
ALS	6/25/2021	Locke, Julius Patrick	Speakers With Spirit Club
DTM	6/25/2021	Locke, Julius Patrick	Speakers With Spirit Club
PI5	6/4/2021	Locke, Julius Patrick	Speakers With Spirit Club
LD3	6/4/2021	Locke, Julius Patrick	Speakers With Spirit Club
PM2	6/4/2021	Locke, Julius Patrick	Speakers With Spirit Club
PM1	6/4/2021	Locke, Julius Patrick	Speakers With Spirit Club
VC2	6/26/2021	Loeb, Suzanne L.	Encouraging Words Club
TC1	6/17/2021	Longo, Christian M	Capital Toastmasters Club
PI1	6/10/2021	Mathis, Steve Nathaniel	Professionally Speaking
EH4	6/1/2021	Matthews, Mary Andrea	Portlandia Club
MS2	6/30/2021	McAndie, Donald	Friday Night FUN Masters
MS1	6/30/2021	McAndie, Donald	Friday Night FUN Masters
VC1	6/27/2021	Miller, Donovan N	Silicon Forest Club
PM3	6/25/2021	Moore, Christopher	Moser Community Toastmasters
IP1	6/16/2021	Murozono, Etsuko	Electric Toasters Club
VC2	6/4/2021	Myers, Emily Jane	Sporty Speakers
VC1	6/4/2021	Myers, Emily Jane	Sporty Speakers
DL2	6/14/2021	Nichols, Valerie N	Toastmasters of Redmond
DL1	6/14/2021	Nichols, Valerie N	Toastmasters of Redmond
PM2	6/25/2021	Olson, Ryan K	Speakeasy Toastmasters
MS2	6/2/2021	O'Neal, Adele J.	Toasting Excellence Club
EH1	6/2/2021	O'Neal, Adele J.	Toasting Excellence Club
LD5	6/6/2021	Pendergrass, Kimberly Ann	Wake Up, Beaverton!
PM3	6/25/2021	Pitz, Pat John	Silicon Forest Club

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
IP2	6/10/2021	Ponce, Randi J	Noon Talkers
VC1	6/22/2021	Power, Carol Ann Messinger	Early Words Club
PM4	6/1/2021	Powers, Andrew	Portlandia Club
PM5	6/6/2021	Powers, Mark D.	Wake Up, Beaverton!
PM4	6/6/2021	Powers, Mark D.	Wake Up, Beaverton!
PM3	6/6/2021	Powers, Mark D.	Wake Up, Beaverton!
PM2	6/6/2021	Powers, Mark D.	Wake Up, Beaverton!
PM3	6/15/2021	Pratt, Dennis R	Dallas Toastmasters
TC1	6/30/2021	Qiu, Wen	Silicon Forest Club
DL3	6/11/2021	Quan, Tracy Lynn	Yammertime
IP1	6/17/2021	Raheem, Yacoub Tiedje	Col Square Squawking Heads
IP3	6/15/2021	Richardson, Brian C.	At The River's Edge Club
EH1	6/5/2021	Robison, James Craig	Portland Club
DL4	6/17/2021	Rose, Jason	Capital Toastmasters Club
PM2	6/13/2021	Saldain, Dawn	Wagon Tongues
EH1	6/4/2021	Sarkkinen, Bert Wilfred	Professionally Speaking
EH2	6/11/2021	Schmidt, Jennifer	New Horizons Toastmasters Club
PM4	6/19/2021	Schultze, Birgit	McMinnville Toastmasters
EH3	6/9/2021	Semprevivo, Karen Ann	Civil Tongues Club
PM2	6/9/2021	Semprevivo, Karen Ann	Civil Tongues Club
IP5	6/22/2021	Sheikh, Omar	Lake Oswego Toastmasters Club
DL3	6/29/2021	Smith, Brent E.	Dallas Toastmasters
DL2	6/29/2021	Smith, Brent E.	Dallas Toastmasters
DL1	6/29/2021	Smith, Brent E.	Dallas Toastmasters
PM3	6/7/2021	Snell, Gerald T.	Wake Up, Beaverton!
PM2	6/7/2021	Snell, Gerald T.	Wake Up, Beaverton!
PM1	6/7/2021	Snell, Gerald T.	Wake Up, Beaverton!

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
EH2	6/26/2021	Stark, Donna L.	Friday Night FUN Masters
PI2	6/29/2021	Stark, Katherine	Wagon Tongues
PI1	6/29/2021	Stark, Katherine	Wagon Tongues
EH5	6/28/2021	Stark, Katherine	Timber Talkers
ALS	6/21/2021	Stark, Katherine	Buckaroo Toastmasters
DTM	6/21/2021	Stark, Katherine	Buckaroo Toastmasters
EH4	6/18/2021	Stark, Katherine	Timber Talkers
EH5	6/30/2021	Stricker, Michael	Speakers With Spirit Club
EH3	6/1/2021	Stringer, Angela	Lebanon Toastmasters
VC2	6/23/2021	Svensson, Christa	Astoria Toastmasters
VC1	6/21/2021	Svensson, Christa	Astoria Toastmasters
DL5	6/21/2021	Svensson, Christa	Astoria Toastmasters
LD1	6/17/2021	Swanger, Deshawn James	Capital Toastmasters Club
EH2	6/11/2021	Talley, Kamili	New Horizons Toastmasters Club
PWMENTORPGM	6/3/2021	Talley, Kamili	New Horizons Toastmasters Club
PM2	6/24/2021	Tan, Edelfonso R.	Wagon Tongues
SR1	6/7/2021	Tate, Andreea	The Standard Speakeasy
EC2	6/11/2021	Taylor, Emilie	Wagon Tongues
LD5	6/30/2021	Vandewettering, Brian M	Liberty Talkers
EC3	6/14/2021	Weimer, Alayna	Toastmasters of Redmond
DL3	6/7/2021	Wheatley, Jace Dawn	The Standard Speakeasy Toastmasters
DL2	6/7/2021	Wheatley, Jace Dawn	The Standard Speakeasy s
SR1	6/17/2021	White, Frankie	Capital Toastmasters Club
PM1	6/10/2021	Wilson, Michael A	Southern Oregon Speechmasters
LD1	6/8/2021	Woods, Alice	Babble-On Toastmasters Club
DL1	6/7/2021	Yocom, Jennifer	The Standard Speakeasy
PM1	6/12/2021	Yoder, Ernest J.	Newberg Toastmasters Club

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
IP5	6/30/2021	Zangara, Louis William	Toast to US
PI2	6/12/2021	Zieba, Maren L.	New Horizons Toastmasters Club
IP3	6/6/2021	Zink, Katie	Noon Talkers

HAPPY ANNIVERSARY TO JULY CLUBS

CHARTER DATE	YEARS	CLUB	CITY
7/1/1981	40	Advisors	Portland
7/8/2013	8	Find Your Voice	Hillsboro
7/13/2011	10	Oregon Online	La Pine
7/5/2002	19	Speakers By Design	Portland
7/30/2014	7	Sporty Speakers	Beaverton
7/1/2017	4	Yammertime	Portland

Integrity is the basis of trust, which is not as much an ingredient of leadership as it is a product. It is the one quality that cannot be acquired, but must be earned.

—Warren Bennis

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Abaunza, Justine Orr	3	EC1 , EC2 , EC3
Ahmad, Uzma	3	PM3 , PM1 , PM2
Alba-Lim, Michelle	3	SR2 , DL2 , DL3
Al-Wadud, AbdurRashid	7	LD1 , LD2 , LD4 , LD5 , EH1 , MS5 , LD3
Andersen, Lorri	4	DL1 , DTM , ALS , MS1
Avington, Gwendolyn	4	DL1 , IP4 , PWMENTORPGM , IP5
Baker, Janet Kaye	3	EC1 , EC2 , EC3
Baker, Jean Margaret	6	VC1 , IP1 , VC2 , VC3 , VC4 , VC5
Bell, Jeneen	3	PM2 , PM1 , PM3
Bennett, Allison	3	DL3 , DL5 , DL4
Dave Bones	21	LD5 , LD2 , DTM , PWMENTORPGM , LD3 , SR2 , LD4 , DL2 , DL4 , DL5 , VC2 , VC3 , VC4 , LD1 , DL1 , SR1 , ALS , VC5 , SR3 , VC1 , DL3
Brenner, Susan	3	MS3 , MS4 , MS5
Brewer, Daniel S.	3	ALS , DTM , LDREXC
Briggs, Tom A	4	PM3 , PM2 , PM1 , PM4
Bryan, Brenda Rebecca	5	VC2 , VC3 , VC5 , VC1 , VC4
Buratti, Brenda	3	PM1 , PM2 , PM3
Campbell, Alan L.	5	PM4 , PM1 , PM2 , PM5 , PM3
Cargill, Bryan	3	TC3 , TC4 , TC5
Chan, Judy	4	PM4 , PM2 , PM1 , PM3
Chavez, Miguel	3	DL2 , DL3 , DL1
Chilson, Douglas K	5	TC2 , TC4 , TC1 , TC5 , TC3
Clardy, Sirgiorgio	5	DL2 , DL3 , DL4 , DL5 , DL1
Clark, Crystal	5	PM5 , PM3 , PM4 , PM1 , PM2
Cody, Janna Christine	3	PI3 , PI1 , PI2
Corbin, Tamsen	7	TC2 , TC1 , LD4 , MS5 , VC1 , TC3 , LD5
Cottingham, Dorothy	3	VC1 , VC2 , VC3

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Cox, Cleon M.	4	SR1 , PM1 , EC2 , EC1
Cutler, Rodger A.	3	PM1 , PM2 , PM3
Daily, Michael T.	4	ALS , PM1 , DTM , LDREXC
Davis, Cornelius	8	IP1 , DL3 , DL5 , IP3 , IP5 , DL4 , IP2 , IP4
Davis, Steve	3	VC1 , VC2 , VC3
De Graff, Peter B.	4	DL4 , DL2 , DL3 , DL1
Dickson, Yoshi	4	LD4 , LD5 , LD2 , LD3
Dodd, Brian	3	MS3 , DTM , MS2
Domogalla, Cyrene A	3	IP1 , IP2 , IP3
Douglass, Matthew	3	DL3 , DL4 , DL2
Dudek, Casey	3	ALS , DTM , LDREXC
Dunaway, Nora Jane	3	PI1 , PI2 , PI3
Edson, Ronald A.	3	DL1 , DL2 , LD1
Elbert, Bryce	8	PM3 , PM2 , PM1 , IP1 , IP3 , IP4 , IP5 , IP2
Fanning, Paul C.	8	DL4 , DL1 , DL5 , DL3 , DTM , EH1 , EH2 , DL2
Ferris, Margie	3	PM1 , EH1 , EH2
Fierro, Herman H.	3	PI1 , PI2 , PI3
Fitch, DeeDee	4	PM3 , MS1 , PM2 , PM4
Fraser, Scott A.	3	PM1 , PM3 , PM2
Freedman, David E.	5	PM2 , PM1 , IP1 , IP3 , IP2
GaRey, Daniel J.	6	IP1 , IP3 , IP4 , EH3 , IP2 , EH2
Gutman, Mark	4	EH2 , EH3 , IP1 , IP2
Hall, Robert B.	3	PI4 , PI2 , PI3
Harmon, Phyllis A.	8	TC2 , EC5 , PM2 , PM3 , TC1 , DTM , TC3 , PM1
Harris, Elizabeth M	5	DL1 , DL2 , VC2 , VC3 , VC1
Hawkins, Greg	3	PM1 , PM2 , PWMENTORPGM
Hedgecock, Peter Doyle	3	EC1 , EC3 , EC2
Hemmingson, Brinn Carla	5	EH1 , VC1 , PM3 , PM1 , PM2

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Hope, Stephanie	4	DL1 , DL2 , TC2 , TC3
Hubb, Cyndi	4	EH1 , EH2 , EH4 , EH3
Inman, Naomi Ruth	5	EC1 , EC2 , ALS , DTM , LDREXC
Ino, Ellen Miyo	3	PI1 , PI3 , PI2
Jacobsen, Malaia	3	VC5 , VC4 , VC3
Jahraus, Penny M.	3	TC4 , TC3 , TC5
Johnson, Janis M.	3	IP2 , IP3 , IP1
Johnson, Joanna	3	DL3 , TC1 , DL4
Keever-Nyberg, Austin Cole	3	MS3 , MS1 , MS2
Kellermann, Charley	4	MS1 , DL3 , DL2 , MS2
King, Stephen E.	7	EH3 , PM3 , EH2 , PM1 , PM2 , EH1 , PM4
Kosloski, Wendy J.	5	VC1 , EH1 , DL1 , EH2 , VC2
Kumar, Anil	3	PM2 , DL4 , DL5
Kunjummen, Biju	4	IP1 , IP2 , IP3 , IP4
LaBier, Daryn Lee	3	VC4 , VC3 , VC2
Landolt-Hoene, Daniel	4	DL1 , DL2 , DL3 , DL4
Leach, Julianna	3	ALS , LDREXC , DTM
Lee, Kathy K	4	DL2 , SR1 , DL3 , DL4
Lee, Maria R.	4	PM2 , PM4 , PM5 , PM3
Lewis, Tim A.	4	VC1 , VC2 , VC4 , VC3
Lindquist, Leanna	4	PM4 , VC4 , VC3 , VC2
Lloyd, Paul	3	DL4 , DL3 , DL5
Locke, Julius Patrick	8	LDREXC , ALS , DTM , PM3 , PM1 , LD3 , PI5 , PM2
Loeb, Suzanne L.	8	VC2 , PM4 , EC4 , PM1 , PM2 , PM3 , VC1 , EC5
martin, Bianca Elena	3	MS2 , MS3 , MS1
Mathis, Steve Nathaniel	3	TC5 , PM1 , PI1
Matthews, Mary Andrea	4	EH1 , EH2 , EH3 , EH4

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
May, Crista	4	DL4 , DL2 , DL1 , DL3
McAndie, Donald	4	ALS , DTM , MS1 , MS2
McDaid-O'Neill, Conor Joseph	3	PI3 , PI2 , PI1
McFadden, Cheryl	3	EH1 , PM1 , PM2
Melikian, Chuck	3	EC1 , EC2 , EC3
Merge, Catherine	4	EC1 , EC2 , EC4 , EC3
Mojica, Cynthia	3	ALS , DTM , LDREXC
Myers, Emily Jane	6	VC1 , EC3 , DL4 , DL5 , VC2 , EC2
Norris, Lauralee K.	3	EC1 , ALS , DTM
Olson, Ryan K	3	IP4 , PM2 , PM1
O'Neal, Adele J.	3	MS1 , EH1 , MS2
Palla, Vineel Kiran	3	IP2 , IP4 , IP3
Peaker, Megan N.	3	IP2 , IP1 , IP3
Pendergrass, Kimberly Ann	4	LD2 , LD3 , LD4 , LD5
Perry, Cheri S.	4	PM1 , PM2 , LD1 , EC1
Powell, Terry	3	PM2 , PM3 , PM4
Powers, Mark D.	5	MS1 , PM2 , PM3 , PM5 , PM4
Quan, Tracy Lynn	3	DL1 , DL2 , DL3
Redgrave, Cheri A.	5	EH3 , EH2 , EH4 , EC1 , EC2
Ridenour, Angela	4	PM3 , PM4 , PM2 , PM5
Rodman, Rachel C.	3	PM3 , PM4 , PM5
Rone, Regina G.	4	VC1 , VC2 , TC5 , VC3
Rose, Jason	3	DL2 , DL3 , DL4
Rosenberg, Michael Kenyon	4	PM1 , PM2 , EH5 , PM3
Sarkkinen, Bert Wilfred	4	PM4 , PM5 , EH1 , PWMENTORPGM
Schellenberg, Lyle W.	10	DL5 , MS3 , SR5 , SR4 , SR1 , SR2 , MS2 , MS1 , SR3 , PI1
Schupp, Lisa S.	3	MS3 , TC1 , PWMENTORPGM

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Seed, Christine	3	DL1 , DL3 , DL2
Semprevivo, Karen Ann	5	EH1 , PM1 , EH2 , PM2 , EH3
Shehorn, David A.	7	EH4 , LD1 , LD2 , LD4 , LD5 , LD3 , PWMENTORPGM
Sheikh, Omar	3	IP5 , IP3 , IP4
Siegel Cogen, Arlene	3	DL1 , DL2 , DL3
Singhal, Shilpa	3	PM2 , PM3 , PM1
Smith, Brent E.	3	DL1 , DL2 , DL3
Snell, Gerald T.	3	PM1 , PM3 , PM2
Somasundaram, Namitha	3	PM1 , PM2 , IP5
Stark, Donna L.	3	EH1 , PM1 , EH2
Stark, Katherine	15	ALS , PI1 , SR4 , EH5 , MS2 , MS3 , SR5 , MS4 , EH2 , PI2 , EH3 , MS1 , DTM , EH1 , EH4
Stephan, Stephanie	5	PI5 , PI1 , PI2 , PI3 , PI4
Stephenson, Karen F.	3	VC5 , VC3 , VC4
Stricker, Michael	4	EH2 , EH4 , EH3 , EH5
Strickland, Scott R.	4	EC3 , DTM , ALS , EC4
Stringer, Angela	11	LD3 , MS1 , LD4 , EH1 , EH2 , EH3 , PM4 , MS3 , LD2 , LD1 , MS2
Stuart, Hilary	4	PM1 , IP3 , IP4 , IP5
Svehaug, Alan R.	6	LDREXC , ALS , MS1 , MS2 , MS3 , DTM
Svensson, Christa	3	VC1 , DL5 , VC2
Swan, Kim	3	TC3 , TC2 , TC1
Swanson, Chris W.	3	PM3 , EH1 , PM2
Takamura, Ted J.	3	EH1 , MS4 , MS5
Talley, Kamili	4	PWMENTORPGM , IP5 , EH2 , EH1
Taylor, Emilie	11	EC1 , EH3 , SR2 , SR1 , EH1 , MS4 , MS5 , IP5 , EH2 , EC2 , SR3
Teagarden, Blair R.	4	PM4 , PM2 , PM3 , PM1
Telwala, Yasmeen	3	DL1 , DL2 , DL3
Tham, Jamie	3	EC2 , EC3 , EC1
Tiernan, Kate	3	LD3 , LD1 , LD2

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Wahlstrom, Daniel	4	DL3 , LD5 , DL1 , DL2
Walker, Marvin Lynn	4	EC3 , PM5 , EH1 , EC4
Wanek, DaWane A.	5	EC1 , EC2 , EC3 , EC4 , EC5
Wantz, James	5	SR5 , SR4 , EH3 , EH4 , VC4
Weimer, Alayna	3	EC1 , EC2 , EC3
Wheatley, Jace Dawn	3	DL1 , DL3 , DL2
Wilson, Michael A	4	EH3 , PM1 , EH5 , EH4
Yang, Charissa Lois	3	IP3 , IP4 , IP2
Yoshida, Raynette	5	MS1 , MS3 , MS5 , MS2 , MS4
Zink, Katie	3	IP2 , IP1 , IP3

**The first responsibility of a leader is to
define reality. The last is to say thank you.
In between, the leader is a servant.**

—Max DePree



Charissa Yang, IP4



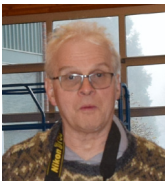
David Freedman, IP3



Eldred Brown, DTM



Ellen Ino, DTM



Harvey Schowe, DTM



Jennifer Schmidt, EH1



Jim Robison, DTM



Lorri Andersen, DTM



Paul Fanning, DTM



Phyllis Harmon, DTM



PJ Kleffner, DTM

Tell Me A Story

Toastmasters

Tuesdays - 7:00 - 8:15 pm

Currently Meeting Online

Share ideas through
story—Learn how
at Tell Me A Story

Toastmasters

Currently Meeting Online

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us for a meeting

