

A woman with long dark hair, wearing a black blazer over a white button-down shirt and a blue necklace, stands outdoors. She is smiling and holding a white paper in her left hand. The background features a rocky area with green plants and a waterfall on the right.

The Contestant Diaries: Confessions and Lessons Learned

**Jennifer Schmidt, EH1
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Great Expectations

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June 5, 2021 - 8:30 am - 12:30 pm**

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The SS District 7 Toastmasters

Phyllis Harmon, DTM, PDG - Publisher/Editor



The annual conference is behind us and the newly elected District leaders are waiting in the wings to begin their year of service on July 1st. Well, perhaps “waiting in the wings” isn’t exactly what’s going on. Actually, they are busily recruiting for Area Directors, filling committee roles, and planning for an exciting and member-focused 2021-22.

It takes a village (or a committed crew) to keep the behemoth, *SS District 7 Toastmasters*, afloat and headed in the right direction. Our incoming leaders are experienced and know the route to success. If they find themselves in treacherous waters, there is a cadre of past District leaders willing to guide, coach, and mentor them back to the middle of the stream. We watch from the ship’s stern willing to lend a hand when needed. Most of us won’t step forward unless asked. After all, growth happens when logjams, hidden boulders, and other obstructions appear out of no where.

The *SS District 7 Toastmasters* is nearing port after a year-long journey. Its holds are filled with sweet memories, challenges conquered, and lessons learned. When the ship reaches port on June 30th, a new captain and crew will take the helm. A course will be set, and the ship will once more head out into the stream on another journey to the land of opportunity and success.

There is just over a month left in this year’s travels. As we head back towards port, complete the projects needed to help your club reach its goals. Don’t forget to reflect on all you’ve accomplished, the new friends you’ve made around the world, and the lessons you’ve learned. It has been an unusual and exciting 12 months filled with unexpected adventures. One destined to go down in the travel journals as a year to remember.

EDITORIAL

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VOICES!



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The Contestant Diaries: Confessions and Lessons Learned

Jennifer Schmidt, EH1

January 23, 2021 - New Horizons Toastmasters Club Contest: Starting the Journey

It's New Horizons club contest day! I feel a combination of anticipation and nervousness, with butterflies doing aerial maneuvers in my stomach. But how's this possible? After all, I'm safely in my home staring into a tablet with multiple zoom boxes showing little snippets of people's lives. Greeted by all the smiling faces who are either getting ready to compete, volunteer, or be part of the cheering section.

It was our first doubleheader virtual Evaluation and International Speech Contest. I was preparing to do both and found this experience vastly different from last January when I competed in person. How I missed that three-dimensional feeling when I could see the facial expressions of everyone sitting in the audience. I enjoy that personal connection. Now, I wished I would have savored that experience a little more. With fingers crossed, I waited and hoped the internet gremlins wouldn't attack.

First up, the Evaluation Contest. I listened to the target speaker, got my turn to evaluate, but then a gremlin attacked! I had a glitch with my sound! I got thrown off, wa-a-a-ay off, like a spooked horse running in all directions. I was stammering. Ugh! The entire time I knew this evaluation was an epic fail. Relief only came when the green light appeared and I could stop the torture. I placed fourth out of



four contestants. I was surprised I did that well.

Next up—the International Speech Contest. As the first speaker, I was excited and ready! My speech was about my first Evaluation Contest after I had contracted non-contagious walking pneumonia. I shared the challenges I faced in competing in spite of said pneumonia. I felt good talking about that contest during this contest which I thought was a unique concept. It earned me a second-place finish with no technical glitches.

Hooray! In this case, there were only two people competing and I didn't get disqualified, so I was guaranteed to get either first or second place. Perhaps not a huge level of competition but a good go for the effort I made.

Lessons Learned

Life Happens

The notorious mute button is not your friend! Seriously, I learned having a bad experience didn't mean I was doomed forever. Sometimes things don't go as planned. Perhaps it's not

your day. If you literally don't die of embarrassment, you'll get another try. I also plan on utilizing the soundcheck and embracing the phrase "testing 1-2-3" in the future.

Get Over Yourself

I was in love with the concept of my first speech more than the message it provided. When delivering any speech I try to remember the audience is

giving me 5-7 minutes of their life! That's time they'll never get back and it's not helpful for them to hear an opera of mi mi mi.

After my second-place finish and discovering that both winners would go on to compete in the Area Contest, I assessed my options and deployed the next lesson immediately.

Change Strategies

If something doesn't work, change it! Coming in second place told me my speech had to change before the Area Contest. I assessed the speeches I had given in the past year and "Drop Shot" kept coming to mind. I could use it in this year's Area Contest because I had only presented it within my club. What I liked best was its message of how trying different things and failing will eventually lead to your victory. It was also fun to perform the corresponding running, swimming, and badminton gestures.

Practice, Practice, Practice

Though I gave this speech the year before, I was rusty. Changing the entire speech meant

practicing it as much as possible both at home and in front of friendly Toastmasters. I was invited to be a guest speaker at Flying Toasters! and practiced in my own club New Horizons. I used the repetition method to memorize my speech, which has the potential to sound flat, but I was careful. As I walked on my treadmill, watching the timer, I knew how long each section would be. Once I had the speech down, many miles later, the words were ingrained and committed to memory.

February 27, 2021 - Area 63 & 65 Contest: Road of Second Chances

The previous year when I first saw all those smiling faces at the in person Club Contest, the reactions were wonderful and the energy boosted me up. Since I was doing the same speech this year I could recall exactly how that felt. Even though I was disappointed that I didn't go to the Area level previously, the memory of that Club Contest success was useful now. Psychologically this helped me. In the Zoom environment, everyone is muted and screens are dark to save bandwidth. Even though I practiced on my own and with my mentor on Zoom, I was doing a whole "new" speech. I wasn't sure if five weeks was enough time. To keep my mood light, I hung a big smiley face under my tablet as a reminder to have fun.

Competitive Fun

Everyone who competes in these contests is attempting to win the top spot. Competition

can be friendly, and I like it when everyone does their best. The judges will decide who wins each prize. Letting the competitiveness take charge makes the experience more like a job versus a joyful journey of discovery.

This time I was the third and last contestant which is a good speaking position. It did mean the entire contest would take place before I would give my speech, which felt like an extremely long wait. I did get a chance to relax and enjoy watching everyone else including fellow International Speech contestant Ann Kroetch and Evaluation contestants Ralph Galantine and Penny Jahraus. It was wonderful to have members from our club support us in the audience, including Maren Zieba, Leela Seeber, Jordan Burnett-Rainey, Marianne McIntosh, and Joe Harper. They may have been only names on a black screen, but I knew they were there.

The first sentence of my speech was crucial, "Did you ever have a moment in your life when the world seemed to stop?" Once I said those 15 words correctly, I knew the rest would flow. At one point I said another phrase too fast and jumbled the word order but kept going. I was surprised by the mistake as it was a new one. All that adrenaline pumping through my system did funny things including twisting my tongue. A new gremlin afoot.

When I finished, realizing no major mistakes were made, the time qualified, and my internet didn't fail, I felt great! I was also physically shaking and it took a while for my heart to leave my throat. When my name was announced for

first place and I got my second chance at winning the Area Contest, I was humbled and thrilled. I was off to my first Division Contest with my clubmate Penny Jahraus who won the Area Evaluation Contest for Area 63. Hooray! Our Club would be fully represented at the Division Contest.

Audience Practice and Feedback

I visited every club I could attend. Six in the morning, noon, or later. I was there to practice. Every time, I wore my contest outfit, arranged my space, positioned the camera, and asked to be introduced like a contestant. I wanted to be completely comfortable with everything and duplicate it later. All the Clubs I visited, Wake Up Beaverton!, Wallmasters, and Timber Talkers, provided helpful feedback. They either used a single evaluator or round-robin evaluation for suggesting improvements. Each Club was supportive and wished me luck.

April 3, 2021 - Division H Contest: Completing the Journey

The Division Contest took forever to arrive! It was my first time reaching a Division-level competition. Several of my Club members attended to fully support Penny and me. Although I was trying to win, putting forth my best effort to represent my Club well was most important to me. I wanted to make them proud.



This time I was the first contestant. I performed my speech with gusto and conviction. I found out later my Club was having a blast in their virtual text cheering section. I was awarded third place at the Division level. I am proud of this first attempt and the joy in giving a speech I love.

Forget the Comfort Zone

It's always easier to do consistent things. I know they will turn out a certain way. Contests are never predictable. By challenging myself I always learn something new and grow closer to the communicator I want to be—confident, relaxed, and at times funny. Contests are a journey. They are a great way to build and stretch my public speaking skills. I encourage everyone to try it at least once, you might be surprised!



Sandpaper
Nuchanath Aumpradithpun,
DTM



**Have Fun, Meet People,
Learn Something**
Cleon Cox, DTM



I Did It, And You Can Too
Joe Milakovic, PM2

Feedbackers Toastmasters

The Evaluation Workshop Club



Join us!

June 9, 2021
7:15–9:00pm

feedbackers.toastmastersclubs.org

Rise to the Challenge

PJ Kleffner, DTM - District Director

Did you rise to the challenge and attend the District 7 Annual Conference May 13-15? If not, you missed some fabulous keynote speeches by Past International President Jana Barnhill on Friday night, and current International President Richard Peck on Saturday morning.

Both speakers strongly reinforced our conference theme, *Rise to the Challenge*, by relating stories of how challenges bring opportunities. Jana gave us many specific examples of how stepping up to challenges resulted in learning new leadership skills. The title of Richard's presentation was *Change your view, change your outcome*. He spoke about perspective, and how you can view challenges as obstacles or opportunities – your choice.

On reflection, two things that motivate me to rise to the challenge of leadership roles are simply seeing something that needs to be done, and the satisfaction of helping others learn and grow. I spent many years of my career teaching and motivating others. I always found it very rewarding to see “the light come on” when they got it. Of course, the student often becomes the teacher, and I learned much from others along the way.

My first memorable foray into leadership happened when I was five years old and in kindergarten. There may have been other examples, but this one was memorable because I got into trouble. I lived seven blocks from school,

and walked there without adult supervision every day—rain or shine. While some may consider that child neglect in this day and age, it was perfectly acceptable back in the 1950s. It wasn't the proverbial five miles, through the snow, uphill both ways. It was actually slightly downhill most of the way going and uphill returning.

It was five blocks to the school crossing on the only busy street on the route, then another two blocks to school. We were instructed to obey the school crossing guards and cross only when they determined that it was safe to do so. One morning I arrived to find two girls that were in my class waiting—no crossing guards in sight. We waited until I said, “We need to go, or we're going to be late for school.” They protested, but followed me when I looked both ways—twice—and determined that it was safe to cross.

As we approached the school, we encountered the two crossing guards who were casually sauntering toward the school crossing. The crossing guards were actually just older students, who were so smug wearing their brightly colored safety vests, badges (Yes, they had badges!), and carrying their flags to stop traffic. They reported us, so we were called to the Principal's office. The two girls started crying as the Principal lectured us about following rules, but I became indignant and explained that I knew how to safely cross the street and made the decision to proceed rather than be late for school. He suddenly had



other matters to deal with when I demanded to know why the crossing guards weren't in trouble for being late. And thus began my journey in leadership.

I must have learned some of my leadership skills from my mother. When I was eight years old, I wanted to be a Cub Scout. We had a Boy Scout Troop at my school, but no Cub Scout Pack. I told my mother I wanted to join Cub Scouts, so she made calls, wrote letters and did what it took to start a Pack at the school. Keep in mind that this was long before the Internet, so it was not a trivial task—kind of like starting a Toastmasters Club. I didn't realize how much effort it took until many years later. I went on to be a Boy Scout and Explorer Scout, which all turned out to be incredible learning experiences for both life and leadership skills.

Throughout school, the military, my career, and more recently, Toastmasters, I often found myself in leadership roles. I never thought about

it in terms of “rising to the challenge.” It was more of that “seeing something that needed to be done” thing that I mentioned earlier. However, don't let me mislead you—I don't have some kind of hidden super power of self-motivation. Many of my leadership roles have happened because I said “Yes” when someone asked me. We just elected our new Trio and Division Directors, who now have the huge task of filling dozens of Area Director and other leadership roles for the coming year. They might even ask you! I urge you to consider the opportunities and say “Yes” when they ask you to rise to the challenge.



PR Masters

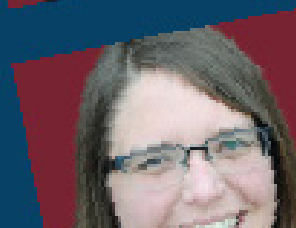
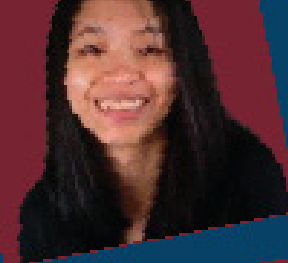
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Friday, June 4, 2021 • 7:00 - 8:00 PM

District Recognition • Meet the 2021-2022 Trio • A Year in Review

PATHWAYS

June 16, 2021
7 - 8pm

facilitated by
Dr. Gwendolyn Avington
Pathways Proponents Committee Chair



Register Here!

We Gotter Done! Next Challenge!

Eldred Brown, DTM - Program Quality Director

WOW! It's done! The first-ever online District 7 Conference is now in the past, and it was a success! A big shout-out to Lyle Schellenberg and his team of volunteer leaders for putting the whole event together and making it the extravaganza it was! What were some of the leadership lessons I learned from the event?

Strong leadership helps.

Our conference chair had many years of leadership experience under his belt, but he had never chaired a committee responsible for planning a big event. He knew how to lead a team, but he wanted the experience of planning a huge event so he could “cross that off his bucket list.” People with such initiative and drive as Lyle consistently showed may not know at first what they're getting themselves into and will stumble a few times to start, but they learn quickly. Give them the opportunity and the direction, and they will thrive. The experience will also help them become better-rounded leaders, which is why so many long-time Toastmasters stay in Toastmasters. There's always a new opportunity to grow.

Trust, but verify.

We had a few discrepancies between published and actual start times that led some people to become quite confused about what

was really going on.

This allowed our audience to see quite the chaotic scene during the ten minutes or so before the International Speech Contest on Saturday as contest staff were all “running around” barking out orders to get all the pieces in place at the last minute. Yes, even the best planned

contests have these moments, but we could have shielded you from a lot of that if I insisted on greater accuracy in our published start time.

Communicate, communicate, communicate!

On Friday evening, the half-hour before Jana's speech was supposed to be a time for networking and conversation. Our Zoom team was not aware of that because I failed to ensure that that detail was communicated to them. Mea culpa! (We fixed that on Saturday morning, though.)

The conference didn't run perfectly—we had a few hiccups—but it was amazing to watch how well it did work. Fortunately, the hiccups of running an online conference (for the first



time ever) were small and gave us plenty of opportunity to learn how we can make our next conference, and our online club and district meetings, even better. I had a lot of fun.

We held elections on Saturday. Our District Council had enough faith to elect me as your next District Director. I recognize that I'm going to be stretched in ways I've not been stretched before. I watched PJ closely this year, I now know how to prepare for next year. We have a lot of opportunity for growth as we emerge from the pandemic. I will work closely with incoming Program Quality Director Lorri Andersen and Club Growth Director Jim Robison. We will identify growth opportunities and maximize them to support you and your club.

It can be a daunting challenge to be your District Director. The two years I've spent in the Trio make me ready to rise to the challenge. I'm looking forward to the opportunity to grow.

How about you? The challenges you face may not be as huge as leading a Toastmasters District, or they may be larger. What are you doing to rise to the challenges in your life? What are you doing to see your challenges as opportunities?

WEBINAR RECAP

Lorri Andersen, DTM
Club Growth Director

Where were you on the night of April 21, 2021? If you said you were attending the *Communicating in Competitive Times* webinar, you gave the right answer! In addition, you were at the right place at the right time! Seriously? Yes!

If you don't have a Toastmasters Club at your workplace have you ever wondered why? In the webinar, Gary Schmidt, DTM (Past International President), Cindy Laatch, DTM (Region 1 Advisor), Jim Kohli, DTM (Past International Director), Adele O'Neal, DTM (past Region advisor), and PJ Kleffner, DTM (District 7 Director) clearly stated the reasons why you should!

Many people ask me how to start a Toastmasters Club, what are the benefits, and what is the return on investment for my corporation? *Communicating in Competitive Times* was developed to answer those questions.

This was the best one-hour discussions I have experienced. There were non-Toastmasters as well as seasoned Toastmasters in the audience. It helped those that had not yet joined to make a better decision by hearing and seeing existing Toastmasters.

In his Keynote speech, Gary Schmidt shared how his Toastmasters experience has helped him as the Administrator for Clackamas County. Cindy Laatsch, an IT professional at Harley Davidson, led the panel of business professionals with Toastmasters in their background. PJ

Communicating in Competitive Times



Kleffner and Eldred Brown concluded the meeting with a question and answer period.

Is it a coincidence that Gary, Cindy, Jim, Adele, and PJ have advanced their careers in both their work lives and Toastmasters? I think not!

The benefits of a Toastmasters program in your corporation are far reaching. There are benefits not just for yourself but for your company.

You learn how to listen and present, and you gain the confidence to do so.

Toastmasters is for those that want to advance their careers, give their best, and continue to be a lifelong learner. Learned Toastmasters skills are transferable to every position a person has and are experiential. Which means these skills are learned by doing them, not by reading and studying.

Do you know someone who wants to learn about this amazing program? Please share the *Communicating in Competitive Times* video with them. [Click here for the link](#). They will be convinced that joining Toastmasters will be one of the best decisions they make.

District 7 Incentives

January - June, 2021

Program Quality Incentives Eldred Brown: pqd@d7toastmasters.org	Club Growth Director Incentives Lorri Andersen: cgd@d7toastmasters.org
Member Incentive <ul style="list-style-type: none"> • Pathways Mentor Program (all year): Complete the Pathways Mentor Program and be entered into a drawing for a chance to win a Toastmasters Core Jacket, Cardigan, or Hero Hoodie. 	Member Incentive <ul style="list-style-type: none"> • New Club Leads: D7 will award a \$100 gift card from Toastmasters International (TI) to any member who submits a new club lead that results in a chartered club by June 30, 2021. Submit leads to cgd@d7toastmasters.org. All leads will be entered into a final drawing for \$25 gift cards. Three winners will be picked. • Club Coaches: Club Coaches who bring a Club to Distinguished status or better by June 30, 2021 will receive \$50 gift card from TI.
Club Incentives <ul style="list-style-type: none"> • Distinguished by June 30: Clubs that achieve Distinguished or better status by June 30 will receive \$50 gift card from TI. 	Club Incentives <ul style="list-style-type: none"> • Source of Visitors/New Members: Clubs submit the name and source of each new visitor or member to be entered in a drawing for \$100. Two winners will be selected each month, February 1-June 1. Submit entries Here. • New Clubs: New Clubs chartered by June 30, 2021 will receive a New Club Kit (\$198 value) consisting of: Custom Club Banner (Item #322) Portable Lectern (Item #382), OR Timing Light (Item # 6931). • New Members: Clubs will receive \$15 gift card from TI for every new member January 1-June 1, 2021. To qualify, the "source" of the new member must be reported Here.

Reflection

Emilie Taylor, DTM - Immediate Past District Director

In less than six weeks, I'll be joining a cadre of Past District Directors/Governors (PDD/PDG).

It has been six years of continued service as a member of the District Executive Committee (DEC)—starting as an Area Director, then heading a Division, three years in Trio service: first as a Club Growth Director, then Program Quality Director, and then District Director. Whew! Currently, I have been serving as the Immediate Past District Director. Soon, this too will come to an end. I'm not sure what to make of it really. I will be a Past, Past District Director. . .

Has Emilie left the building? No, the Ghost of Emilie Past will continue building—building lives. She will continue to serve in many ways, helping lives—enriching and sharing the good that Toastmasters has given her. I want you all to remember something. . . it is not where we are in a position, it is the position we take in helping others that makes a difference! Thus, wherever you are in your journey, you can take others by the hands and lift them up. Know, too, that there are hands ready to lift you higher. That is really the journey in Toastmasters!

We elected a new set of District leaders at the Annual District Council Business Meeting on May 15th. Congratulations and best wishes

to the 2021-2022 leadership team! You have my highest respect and admiration for wanting to serve our District membership.

The District election brought back memories of my own experience when running as Club Growth Director (CGD) in May of 2017. In my three years campaigning for a Trio position, this was the only office that was contested. This meant someone else was running for the same position. By Protocol 9.0, we had to give a two-minute campaign speech before the voting commenced. It is the last song or performance before Council members vote! I remember that I hardly slept the night before. I campaigned even more the morning before the business meeting. I shook as many hands as I could and remember saying "Hello, my name is Emilie Taylor, I am running for the office of Club Growth Director, I need your vote."

While this was happening, I was also flooded with thoughts like: What if I lost this election? What will I do? Where did I put the brown paper bag to put over my head? How will I face people? What does rhubarb pie taste like? Did I turn off the tea pot? It was not a very comfortable place to be. Determined, I forged ahead regardless of the anxiety, the pending outcome, still feeling



like my heart was in my throat!

Now the question is why did I do it? Why did I put myself in that position? Why? Other people believed in me and what I could bring to District leadership. Without other Toastmasters believing in me, lending their hand to help me step up, I would not have done it. Growth happens only when we step out, step forward, and step up without stepping on others. This is the transformational power of Toastmasters. It truly changes people's lives.

What will I do moving forward? I will always be a Toastmaster. I will be a lifer for Toastmasters. Let me tell you something that makes me laugh. These days, my husband Steven often finds me in front of my laptop answering emails and what do you know. . . it's happened all the time or at least 99% of the time. Yes it is Toastmasters related. He goes on to say "I thought you were done with Toastmasters?" I thought you were a Burnt Toastmaster. Darn that Covid thing, I missed the "Frenchtoastmasters" extravaganza in Paris! I guess better to be home, as Covid has been nothing to sneeze at.

Then I explained: "Yes, I am officially done as District Director or in this case almost done as an Immediate Past District Director, but I

will never ever be done with Toastmasters." He then goes on to say. "Ah... welcome to the Hotel California. . . you can check out anytime, but you can never leave." You can, but why?

Yes, fellow Toastmasters, I will be here serving as club officer/s and will be mentoring future leaders. You can bet on that! Why gamble on a sure thing?

We have seen this year how things like life, health and vitality can end suddenly. Remember that throughout life you can enrich your sphere by enriching others or you can judge, debase, and impoverish your sphere. Broadly speaking, your sphere is this here marble called Terra Firma or Earth. There are so many souls that need kindness, uplift, encouragement, and basically, love—your love. This is one of the few commodities that is free! The more you give without strings, the more your life, too, is enriched! Strive for gratitude, see the good in others, and let go of the petty things. Toast Life. Toast the good! That is what Toastmasters makes you!

Back to you Fellow Toastmasters.

Fare ye well!

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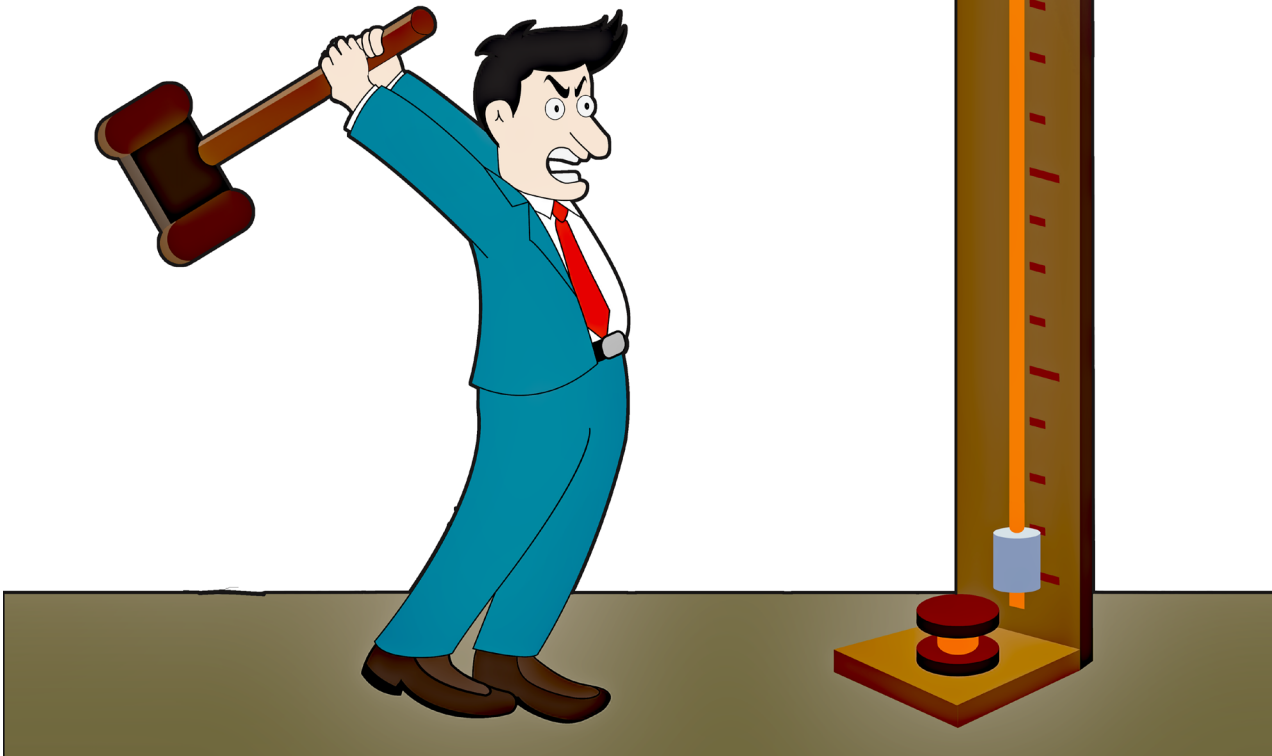
Fridays | 6:35–7:45am PST

bit.ly/wallmasters



Capital Toastmasters Club	President Distinguished
New Beginnings Toastmasters	President Distinguished
NoonTime Club	President Distinguished
Professionally Speaking	President Distinguished
Toast Of Tualatin, Lam Research	President Distinguished
Waffle Toasters	President Distinguished
Babble-On Toastmasters Club	Select Distinguished
CareOregon	Select Distinguished
Portlandia Club	Select Distinguished
Sporty Speakers	Select Distinguished
Tualatin Valley Toastmasters Club	Select Distinguished
Unified Toastmasters Club	Select Distinguished
Wallmasters International Club	Select Distinguished
Yaquina Toastmasters	Select Distinguished
Essayons Club	Distinguished
New Horizons Toastmasters Club	Distinguished
Noon Talkers	Distinguished

Distinguished Club Program



About Pathways

District 7 Video Replays

Pathways for Busy People

OnPoint
Timely Tips for Toastmasters

James Wantz, DTM
Presenter

July 13, 2020 - 7:00-8:00pm

PATHWAYS FUNDAMENTALS

Are you a new member and not sure where to begin?
Does it feel like the learning curve never ends in Pathways?

ONLINE WEDNESDAY, AUGUST 26, 2020
7:00 - 8:00 PM

Dave Bones, ACG, ALB, LD1
Presenter

TOASTMASTERS
PATHWAYS
learning experience

THE UNEXPECTED BENEFITS OF PATHWAYS

Have you been holding back from starting a path in Pathways?
Did you look and tell yourself nothing new there? That was me.
After digging again, I found the unexpected benefits of Pathways.

ONLINE WEDNESDAY, SEPTEMBER 16, 2020
7:00 - 8:00 PM

Suzanne Loeb, EC4
Presenter

TOASTMASTERS
PATHWAYS
learning experience

EXPLORING PATHWAYS ELECTIVES: EXTEND YOUR LEARNING & TRANSFORM YOUR TOASTMASTERS JOURNEY

Explore how you can select specific electives within the Pathways program to reach your personal and professional goals

ONLINE WEDNESDAY, OCTOBER 21, 2020
7:00 - 8:00 PM

Kathleen Tully, DTM
Presenter

TOASTMASTERS
PATHWAYS
learning experience

Presenter
Cheri Redgrave, DTM

January 20, 2021
7:00-8:00 pm

TOASTMASTERS
PATHWAYS
learning experience

Is This the Path(way) for Me?

Phyllis Harmon, DTM
Presenter

THERE'S A PROJECT FOR THAT!

ONLINE WEDNESDAY, MARCH 17, 2021
7:00 - 8:00 PM

TOASTMASTERS
PATHWAYS
learning experience

PATHWAYS MENTOR PROGRAM - RECIPE FOR SUCCESS

ONLINE WEDNESDAY, MARCH 31, 2021
7:00 - 8:00 PM

Dave Bones, DTM
Presenter

TOASTMASTERS
PATHWAYS
learning experience

Mentor Program

Upcoming Pathways Webinars

All Committee Members
June 16, 2021
Pathways Q & A from District Members

Wednesdays Wonderful Webinars

JULY 1	AUGUST 5	SEPTEMBER 2
Start the Year Strong Beth Pinchot, VC3 Video Replay	Create a Club Success Plan That Works Eldred Brown, DTM Video Replay	Hang onto Your Members, Stop the Revolving Door Leanna Lindquist, DTM Video Replay
OCTOBER 7	NOVEMBER 4	DECEMBER 2
Spruce Up Your Website Phyllis Harmon, DTM Video Replay	How to Attract New Members Bill Maher Video Replay	How to Hold a Club Contest Tamsen Corbin Video Replay
JANUARY 6	FEBRUARY 3	MARCH 3
Judges Training Michelle Alba-Lim, DTM Video Replay	WOW Open House Leanna Lindquist, DTM Video Replay	Succession Planning Erik Bergman, DTM Video Replay
APRIL 7	MAY 5	JUNE 2
How Being a Club Officer Makes You Stronger John Rodke, DTM Video Replay	Finish the Year Strong Beth Pinchot, DTM Video Replay	Toastmasters 101 PJ Kleffner, DTM



First Wednesdays

7-8 pm

**Click Here to Register
for the next Zoom Meeting**



Presenter:
PJ Kleffner, DTM
District Director



Toastmasters 101

June 2, 2021 - 7-8 pm



[Register for This Session by Clicking Here](#)

Get all the answers to the questions you were afraid to ask about Toastmasters

About this event:

The Toastmasters experience for many of our members is limited to their weekly Club meeting. Whether you are a new or experienced Toastmaster, this webinar will answer questions you may have about:

- **Overall structure of the Toastmasters organization**
- **Learning opportunities outside the Club**
- **Leadership opportunities**

**DON'T MISS
THIS IMPORTANT
SESSION!**

About PJ Kleffner, DTM:

PJ Kleffner joined Toastmasters in 2001 and never looked back. In addition to the communication program, he quickly became involved in leadership roles in the Club, Area, Division and District levels. He earned his Distinguished Toastmaster (DTM) award in 2009 and is the current District 7 Director. He can probably answer most questions you have about Toastmasters, or knows who can.

BACK TO THE FUTURE

Paul Fanning, DTM

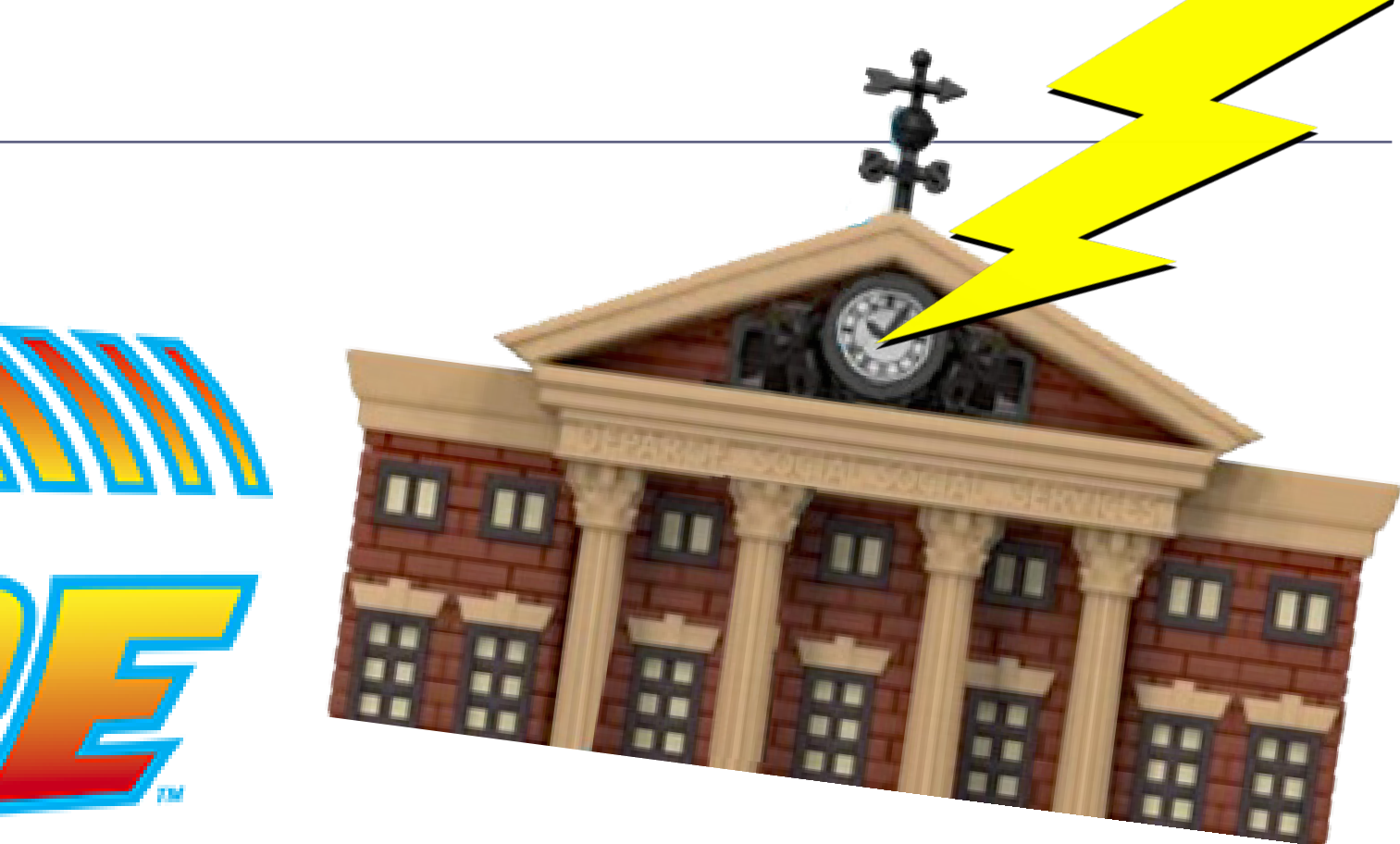
As many of you know, I love a good story. Stories are a way of expressing the mundane and making them vibrant, alive, and influential on our daily lives. There are, of course, many views as well as ways to tell a story. Let me tell you one of my favorites.

I love a good science fiction story that often makes the impossible plausible, the fantasy a reality, and the bizarre a modicum of normalcy. I grew up (some think not!) in an era of rocket ships that barely left the earth's atmosphere, computers the size of buildings, and a communication device called a "telephone" that was attached to a wire screwed into the wall. I read sci fi books and magazines, dreamed about interstellar travel, a computer so small it could fit in your watch, and "mobile" devices without wires. Between "Twilight Zone" and some new television show (gasp! It was in color even!) called "Star Trek," more and more of these dreams, these concepts of communication, travel, and exploration became common place. We now can laugh at

some of the outlandish ideas of fantasy from the 1940's and 1950's that we take for granted today as "normal."

A movie series that I liked and admired for its blend of comedy, history, and reality is "Back to the Future" and the two sequels. The two main characters are "Doc" Brown and Marty McFly. They travel "back in time" or "to the future" in each movie, often with humorous goings on as well as a dose of morality thrown in for good measure. The franchise is special to me as I lived where many of the train scenes and the housing development in part two were filmed. One of my Sunday School kids found a portion of the script left behind when the film crew finished at one of the sites. The movie explored the concept of time travel and how one must be careful not to change the simplest thing without consequence that we now call the "butterfly effect."

Is time travel plausible? Einstein thought so! Thus, I believe in my simple understanding of what that entails. We can indeed travel in time.



We are now poised on the edge of “back to the future” in the coming months, both as a society and as an organization called Toastmasters International. Before you use your cell phone and call the authorities to pick me up as being hopelessly mentally unstable, let me explain.

I want you to think about, but not dwell on, the world pandemic and the responses we have all participated in this past year plus. Modern science was at first not able to deal with the virus. It took months of crash testing and development to get to the place we are in today; able to remove our masks if we are vaccinated, no longer having to hide in our homes, working remotely or whatever form of social distancing you have shared in. Our lives are returning to

Normalcy. Yes, it might be a new normal that embraces some of the lessons learned over the past year and a half. We can see the light at the end of the tunnel, and we are ready for it.

Our lives have been on hold. We in Toastmasters have perhaps gone backwards as

we have not met in a person-to-person meeting for a long time. Our normalcy has been Zoom meetings, a visible part of the “Hollywood Squares” or “Brady Bunch” screen, all of us in our little boxes. What will happen now? Simply my friends, we go “Back to the Future” as we return to our meeting locations and shake hands in our Toastmasters meeting. For people like me, I will get out of the chair and stand and deliver a speech with gestures once again, “work the room,” and physically engage the audience like we were taught to do in the pre-Covid 19 world.

Our clubs will face a challenge, one we did not have to broach prior to this date in time. What kind of meeting do we want our club to participate in? Remain an online only club, be a person-to-person only club, or blend the two into the hybrid club most often talked about today? A club that has some members participating online, and the other members being physically in a room together. The future is knocking at our club doors. What will be the sergeant-at-arms

response to that incessant tapping? We have not just been socially distant but have had some of our personal goals put on hold as well. It is the same with Toastmasters. Educational goals in Pathways, the Distinguished Toastmaster award, even leadership plans, objectives, and goals have all been put on the back burner as we embraced the “new normalcy” of our meeting style and structure. I had a potential new club that scheduled a kick-off meeting in late March 2020. That meeting never came about as the sponsoring body closed its doors due to the pandemic and is only now considering opening some of their classrooms and halls for public gatherings. That may all change soon. That will assist me to achieve another DTM in the near future. As I look at it, the “back to the future” that I was engaged in.

I was privileged to mentor a club pre-2020. Sadly, due to downsizing and office closings, etc., that club has folded. The great and dynamic meetings they held during their weekly lunch-hour club meeting will never be duplicated in the “new normal.” They no longer meet as teams or as a corporate body in the immediate area. Everything is being run out of a small office miles away. They went from 250 employees and staff down to six or seven. I was called two weeks ago and told that a group of former members may be interested in developing a new club, going “back to the future” after this summer.

I am excited about the possibilities of our return. I can envision what could be. I embrace the

need for our clubs back in full operation,

recruiting new members for Toastmasters, and reaching out to those who have fallen by the wayside of Covid-19 regulations. I invite you to join me on that band wagon of possibility, of sustainability, and of durability for a program needed now more than ever.

Yes, I believe in science fiction! For it may not be as fictitious as we think, but instead the search for a working reality. I look to return “back to the future,” taking the lessons of the past, applying what we know of this present, and creating a glorious and successful future in all that we do, especially the Toastmasters program. Dig out your com badge from your youth, get your tricorder ready, and prepare to beam up. Okay, okay. Bring that phaser with you if you must. Let us go boldly where no one has gone before, back...to the future!

MAYBE OPTIONS FOR MAY

Barry Lee Coyne, ATMS

As May flourishes in our midst, let us hone in on sample Table Topics. Practice wordplay as well.

This time we can use this month as a friendly springboard. We will equip May with a wee extender. Let imagination intrude!!!

MAYDAY..means danger ahead. Think of a hazard your family has encountered.

MAYHEM..connotes violence. Mass shootings have made headlines. What would be your remedy to reduce their number?

MAYONNAISE..makes us think of picnics and sandwiches. Take us thru preparation of your favorite and explain why.

MAYPOLE..motivates us to circle around and still be tethered. Describe a job resembling same.

Will those choices be sufficient? Shall we consult with the Mayor? Maybe not!

CREATIVE, EH??

Ken Coomes, DTM

So far this year we've been exploring the four writing resources I mentioned briefly in January. Last, but not the least of these, is a writer's group I discovered last year—[the Creative Academy for Writers, out of Canada](#).

The Creative Academy offers a “pay as much as you wish” approach. I recommend trying them

afterthought, a mechanism to drive your plot and enliven your characters, or as the main element in your writing? However you treat dialogue, are you doing your best? And we haven't even begun to talk about dialogue attribution. All of this is covered, from different perspective, by the Academy.



HOME JOIN US MEMBER AREA

out before you donate, to see how much value they help you. Then donate accordingly.

What do you do when you're done? Your book is finished? Go through and do some blue pencil editing and rewriting, BEFORE you send it to your editor. You won't catch every mistake; you're human, after all, But so is your editor. Every correction you make is one less for your editor to miss. The Academy has already presented several pieces this year on revising and prepping your manuscript for editing.

How do you treat dialogue? As an

Maybe you're familiar with mind mapping, you've at least heard about it, or you're an expert. The Academy allows you to share your knowledge. Other members, all in the business of writing, will share their knowledge of mind mapping; as well as talking about socialmonials, narrating and recording your own book, author voice vs. character voice, and more.

What if you're not interested in hearing what other writers have to say about the craft? Perhaps you feel like you're already an expert in every subject covered by the Academy. (You should

If you're ready to kick your writing and publishing projects up to the next level—

WE ARE THE COMMUNITY OF
AUTHORS TO HELP YOU GET THERE.

doubt this about yourself, unless you have at least sampled what the Academy has to offer for six months or more.) Even if, their March offering blew me away, and made it worth many years of donating and participating.

Academy members were given the chance

available for a lifetime.

Just two of the materials, among those available to me for a lifetime, are worth more than \$50 to me. One of them addresses many ways of honing my craft, and one helps me build my own worlds for fantasy works. I strongly

CONTRIBUTE ABOUT BOOKS RESOURCES EVENTS ▾ 🔍

to purchase the Writer's Craft 2.0 Superstack, over \$3,000 worth of resource materials, for \$50. I took advantage of the offer, receiving 50 different resources for my \$50 remittance.

To be totally transparent here, some of the materials offered in the stack are not of interest to me. I don't plan on writing any memoirs or nonfiction, so a few of the references related to those types of material aren't of interest to me (yet). And some of the resources are only available for a three- or six-month period; although many are

encourage you to at least check out the Academy.

Now that we've explored the four tools I mentioned in January, it's time to get "down and dirty." Starting next month I'll dive in to specific ways to improve your writing, drawing on some of the material I've shared in workshops and conversations with other writers.

Frank Paulding & First Canadian Toastmasters Club #38 (Part Seven)

Harvey Schowe, DTM - District 7 Historian

Victoria Toastmasters Club #38 members officially received their charter on Wednesday, January 15, 1936. Frank Paulding, general secretary of Victoria YMCA introduced Mr. Raymond J. Huff, Toastmasters International President. Mr. Huff presented the charter to James H. Hill, president of the Victoria Toastmasters Club, the first Canadian Toastmasters Club.

According to a Times Colonist newspaper article, Seattle guests at the ceremony were L. Edward Hed, Toastmasters District 2 Governor, J. Huff Jr., and Frank Fretwell. James H. Hill, Victoria Toastmasters Club, introduced the guests. Welcome was extended by J. O. Cameron on behalf of the YMCA.

Program opened with toast to the king, then

a toast to the President of United States and the President of Toastmasters International.

Mr. Hud spoke about speakers' groups activities in the United States, particularly on the Pacific Coast. Huff said every club has an extensive waiting list.

Mrs. J. Rose, president of the Ladies Public Speaking club, R. W. Murdock, president of Friday evening public speaking class, F. Butterfield, chairman of the Education Committee, and Mr. Menzies, president of the Speakers' Club offered their congratulations.

Raymond J. Huff's, President of Toastmasters International report about Victoria Toastmasters chartering was as follows. "On January 15, your President, the District No. 2 L. Edward

WANT TO HAVE FUN?

MEET NEW FRIENDS,
ENGAGE, LEARN, AND GROW!

New Horizons Toastmasters

Saturday Mornings: 8:00 - 9:30 a.m.

Zoom Link

Meeting ID: 868 3000 7672

Passcode: 1360

Website

<https://1360.toastmastersclubs.org/>

Facebook

The New Horizons Toastmasters Club of Oregon (District 7)

Come for the FUN, Stay for the GROWTH!



Hed, and Frank Fretwell, a former Seattle No. 1 Toastmaster arrived in Victoria, British Columbia on a steamer at 1:30 pm in the afternoon. A committee composed of Jim Benell, Frank Paulding, Herbert Butt, and James H. Hill; President of Victoria Toastmasters Club greeted the Toastmasters delegation. They were driven to the Dominion and gave us our choice of entertainment for the afternoon. Mr. Hed, suffering from a cold, stayed in bed. Mr. Fretwell had personal business to attend to. But your President accompanied Mr. Butt on a drive along the shores of the Straits of Juan De Fuca on some of the beautiful highways of Vancouver Island. The drive came to a happy conclusion at 5 o'clock, with tea at Mr. Butt's home at Oak Bay, where Mrs. Butt welcomed us. At 7 o'clock

found us at the YMCA Building, where we were joined by Mr. Hed and Mr. Fretwell in meeting the Toastmasters and their guests at dinner."

"Mr. Paulding had explained to us that it was his suggestion at the Whittier conference in 1930 that our organization be called Toastmasters International, because he felt at that time as he does today, that the movement was destined to become a power in all English-speaking countries and perhaps in others as well. He also explained one of the requirements for membership in Victoria Toastmasters is graduation from one of his public speaking classes at the YMCA. As the picture became clear, Mr. Hed and I realized that we were but children, carrying to adults, a message whose fundamentals they understood even better than we did."

Enjoy a Fun Evening with Toastmasters **Bootstrappers of Salem**



"Find Your Voice" . . . Become a Confident Speaker and Leader!

Keynote Speaker: Barbie Klein

June 14, 2021, 6:30 - 7:45pm (Pacific Time)

[Register now to receive the Zoom link for this event](#)

It's All About You!

Leanna Lindquist, DTM

Heeeere's Johnny!

As brief as it is, it is still an introduction. It prepares the audience for what is to come. For those of you too young to remember, that is how Johnny Carson of the *Tonight Show* was introduced five nights a week for thirty years. Those two words created excitement, enthusiasm, and expectation for his audience. That is what introductions are meant to do.

When you are the speaker

Speakers often overlook writing their own introductions. I consider introductions an important part of every speech I write. I work to craft one that will engage my audience before I speak. One that will keep them in suspense and whet their appetite. I don't want someone to make one up for me. I am the only one who knows the content of my speech. The stage needs to be set and only I can do that.

When I was in the Legacy Program, I facilitated a discussion. My prepared introduction, read by the Toastmaster, let the audience know they needed to role play. They were city council members, and I delivered a proposal for a Walmart to be built in West Linn. I did not take my valuable speaking time to explain this to the audience. I was

able to jump into the discussion.

An introduction provides a smooth transition from the Toastmaster to the speaker. It can give your credentials. Your audience knows what qualifies you to speak on a topic. Think of a realtor speaking about the local housing market. This helps carry weight with the audience.

How to craft an introduction

Keep in mind your introduction is for the Toastmaster to read. Write it from that point of view. Avoid the word I. Ask some questions, "why should someone listen to my speech?" "What benefits will the audience receive?" In other words, "what is in it for them?" When you can answer these questions, you are ready to write your introduction.

Start with "our next speaker" then give a statement so your audience knows your premise. For example: "Our next speaker believes everyone can train to run a marathon."

Add a twist. "Our next speaker believes everyone can train to run a marathon after the age of 60." If appropriate, add humor. "Our next speaker believes everyone can train to run a marathon after the age of 60. She plans to begin her training as soon as she

reaches that age.” Now that you have built up momentum, it is time to unveil your speech title. Speech titles are important and require thought. Make them creative but not too crazy. End with the speaker’s name.

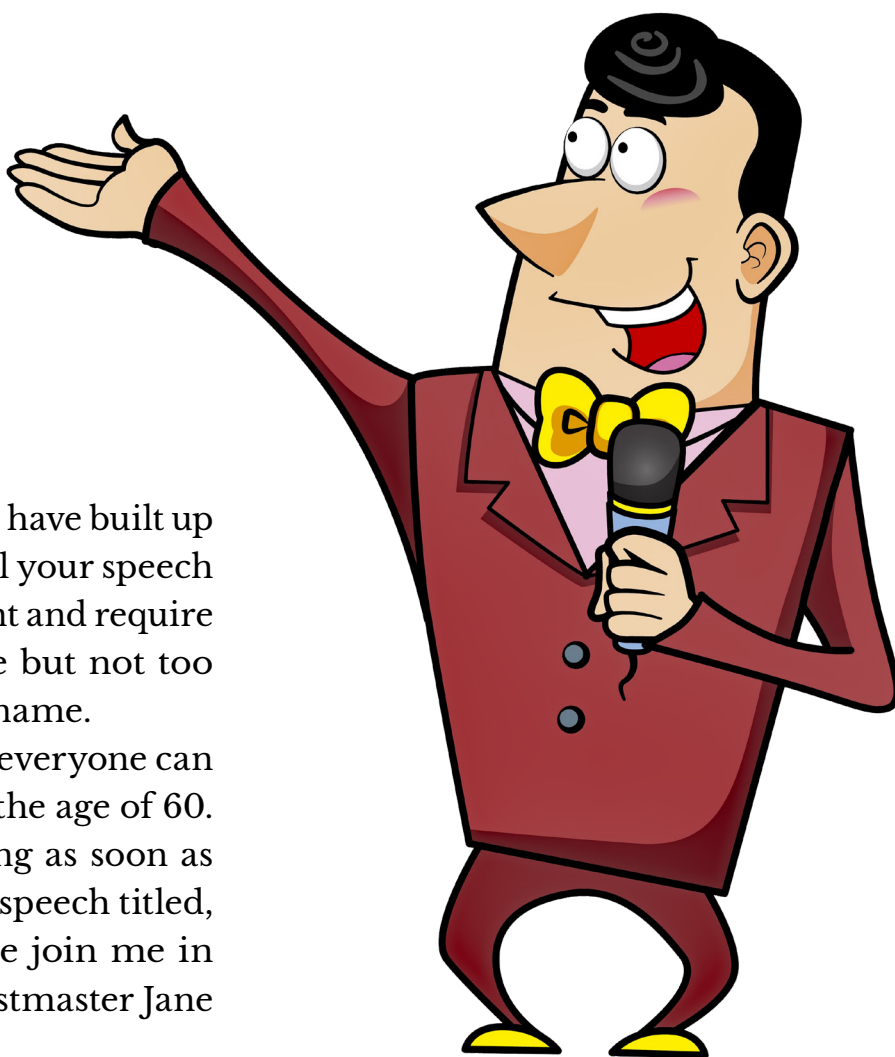
“Our next speaker believes everyone can train to run a marathon after the age of 60. She plans to begin her training as soon as she reaches that age. With her speech titled, Chasing Your Dreams, please join me in welcoming Distinguished Toastmaster Jane Doe.

Read it out loud before you pass it along to the Toastmaster. Make sure it has the tone and information you want your audience to hear.

When you are the Toastmaster

It is your job to read the introduction, not to write it. In a perfect world, the speaker has provided you with their introduction either in your club meeting portal or via email a couple days before the meeting..

Don’t wait until the last minute to read the introduction. It may need grammatical corrections. You may need to confirm pronunciations with the speaker. Ask if there are any special considerations. Will there be a Round Robin Evaluation following the



speech where the audience participates in giving feedback? Are there handouts?

Practice the introduction several times with vocal variety, pauses, and tone that sets the stage for the speaker. Print it out in a large font to make it easy to read.

.....

A well-written introduction sets a positive tone for your speech. Poorly written introductions inspire the audience to look at the agenda and see who is coming up next. You work hard to write and deliver an entertaining speech. Work just as hard on your introduction. And remember, it’s all about YOU!

All Eyes on Me? Really?

David Freedman, IP3

I was taught to be self conscious about my appearance from an early age, but not always in positive ways.

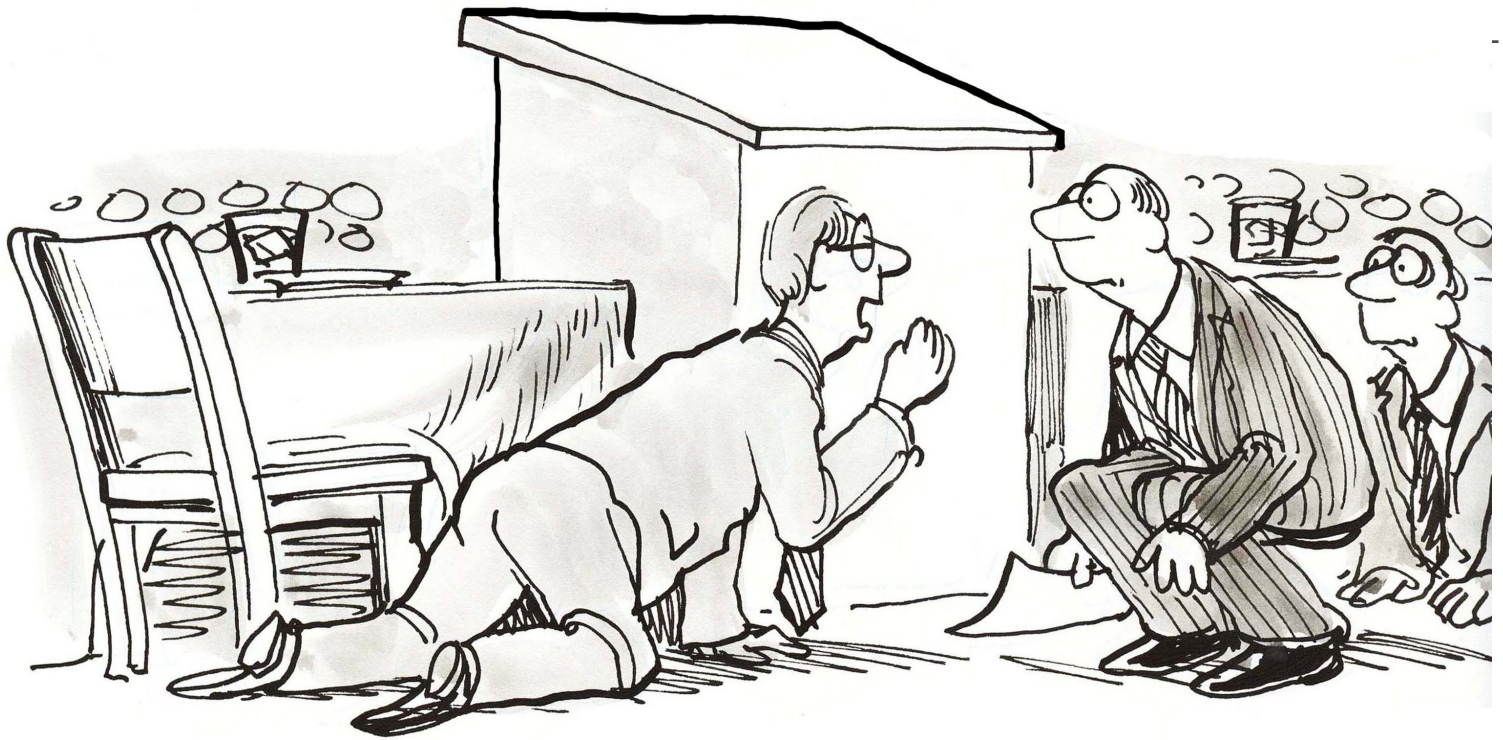
Growing up as I did with an extremely rare neurological disorder called Moebius syndrome, people did look at me, but it was always tinged with a number of different reactions. Curiosity, perhaps, but more often than not there would be the pitiful glance, or those people who would think that my bilateral facial paralysis amounted to nothing more than a form of Downs syndrome or Cerebral Palsy. I would be treated as such by people who were ignorant to my condition. Even if I tried (very patiently) to explain what I had and how it affected me, many times I'd deal with outright ignorance or condescension from them, especially in my younger years. Needless to say, these experiences did not translate well into bolstering my self-confidence.

On the opposite end of the spectrum was my love of performing. From a very young age to the present day, performing has always been in my blood. I simply love being on stage, particularly as a singer, actor, and more recently as a public speaker. Performing as a member of a choir or play emboldened me, but being onstage as a soloist would terrify me for many years until I gained enough perspective to master my fears and realize that nervousness on stage is a perfectly natural part of the performing

experience.

In both cases of being self-conscious, you have to deal with that yawning pit in your stomach that keeps telling you, "What the heck do you think you're doing out here?" Or maybe it's more along the lines of, "How do I deal with these people who are staring at me?" In neither instance is this a comfortable feeling to deal with. Even after nearly five decades of performing and longer than that of living with a physical disability, that feeling of self-consciousness never entirely goes away. Sometimes the best I could hope to strive for was a balance of, okay, I will get through this day by ignoring some of the more negative aspects of my life while focusing on what positive experiences occur throughout the course of the day. And sometimes that worked. More often than not, though, there were days, weeks, or months when it felt like I was undergoing the death of a thousand cuts where I couldn't catch a break from anyone because I was so focused on how people reacted to my facial paralysis.

It wasn't really until my early forties when I realized what should have been obvious when I was younger, but I think it took that length of time before my own wisdom could catch up to my physical age. Namely, I discovered that really, it wasn't always about me. How people perceived me, whether positively or not, was not necessarily a reflection of who I was in that



**“Of course you’re allowed to have stage fright.
As soon as your talk is over.”**

moment. Rather, it was a reflection on them, their prejudices or beliefs. People don’t always empathize well with others or know how to deal with those who are physically or mentally different from them. Learning how to navigate that emotional minefield is a lifelong process and seemingly one that never ends, yet it can be done, sometimes even with a little grace, other times with faltering footsteps until you found your balance.

Fellow Toastmasters, when you get up onstage to give your speeches, remember that this is often the case as well. When you’re seen for the first time, there are very few expectations upon you. Those of us who’ve been around the block as public speakers will recognize that it takes times to develop your craft. Being nervous is part of that process, and yes, failure is an option. Being self-conscious is normal and expected, and no one ever expects you to get it right the first, second, or even the umpteenth time. It’s okay to be scared. Just remember that

you bring your own style and substance to the table. While it’s true that there are times that you can’t teach people what they don’t wish to hear, it’s your priority to decide which of those people or situations you want to keep in your life. What nurtures you best may not be what other people feel is appropriate for them, but if that’s the case, so what? You’re the one who is staking out your claim to greatness, if that’s your goal. At the very least, you’re here because you know these are the skillsets you need to learn in order to be successful elsewhere in your life. While that self-consciousness may never entirely vanish, it will be replaced and nurtured by the experiences you learn by becoming the best public speaker you want to be.

.....

David Freedman joined Toastmasters in 2013. He is currently a member of Babble-On and Moser Community. He is serving as VP Education and Sergeant at Arms for Babble-On.

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Gresham Toastmasters Club	Aguilar	Josue
NWFSC Toastmasters	Andral	Dolores
The Dalles Toastmasters Club	Andrews	Alicia
Toast of Corvallis Toastmasters Club	Askerooth	Risa
Rogue Valley Networking Toastmasters	Aslakson	Bryan
Capital Toastmasters Club	Bautista	Enrique
Capital Toastmasters Club	Benjamin	Anthony
Bootstrappers Club	Carlsdotter	Mori
Hopemasters	Cleaver	Chris
Talk-In-Tel	Colosimo	Michael
Salmon Speakers	Daluz	Lisa
Spirit Trackers	Dayan	William
Talk-In-Tel	Dhana	Kaajol
Will-Sher Club	Edinger, Jr.	Allan
Toast to US	Fernandez	Elisabetta
Capital Toastmasters Club	Freeman	Steven
Toast Of Tualatin, Lam Research	Garcia Martin	Jose
Sherwood Town Criers Club	Garon	Lisa
Capital Toastmasters Club	Gibson	Joshua
Mentors Of Focus Club	Gorman	Brion
Bend Chamber Toastmasters	Hagen	Brook
Oregon City Toastmasters	Halvorson	Betty Jo
Pearl District Toastmasters Club	Hansen	Kathleen
University of Oregon Club	Hawe	Nakai
Roseburg Club	Hite	Angeline
Clark County Toastmasters Club	Jacobson	Gina
Electric Toasters Club	Janardhanreddy	Rajesh
Gateway Toastmasters	Jones	Jeremy

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
3 Stripe Adidas	Kauffman	Emily
Capital Toastmasters Club	Keever-Nyberg	Austin
Clark County Toastmasters Club	Kidder	Amy
Professionally Speaking	Lee	Heather
Early Words Club	Loeb	William
Toast Of Tualatin, Lam Research	Lum	Eric
Talking Heads	Lyu	Tao
Wallmasters International Club	Marshall	Jane
Stevenson Breakfast Club	Midland	Patti
Lake Oswego Toastmasters Club	Molin-Brown	Karen
Swan Island Toastmasters	Montoro	Derek
Advisors Toastmasters Club	Murphy	Evan
AAA Towsters	Mustafa	Mariea
Waffle Toasters	Narahari	Murali
Portlandia Club	Nelson	Brik
AAA Towsters	Nelson	Sabrina
Portlandia Club	Nguyen	Ashley
Nano-Mated Speakers	Noble	Boone
McMinnville Toastmasters	Ojua	Malee
Speakers By Design	Olivier	Mariah
Hopemasters	Pickrell	Shaylie
Capital Toastmasters Club	Pratt	Reggie
Portlandia Club	Pucillo	Jen
NoonTime Club	Radicioni	Susan
Portland Rotary Toastmasters Club	Raynes	Rachel
Coachmasters Toastmasters Club	Ronlund	Isabel
Capital Toastmasters Club	Ryan	Andrew

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
AAA Towsters	Scott	Denise
Tell Me A Story	Sherman	Rebecca
The Toast of Old Town	Skye	Aeryn
Battle Ground Toastmasters	Smith	connie
Capital Toastmasters Club	So	Kosal
Southern Oregon Speechmasters	Solly	John
University of Oregon Club	Steigerwald	Michael
Capital Toastmasters Club	Swanger	Deshawn
Walker Talkers Toastmasters Club	Terrell	Margaret
Toast Of Tualatin, Lam Research	Tong	Rochelle
Professionally Speaking	VanCamp	John
Banfield Barkers	Vanderhoef	JoAnna
Gateway Toastmasters	Vaughan	Janet
Gateway Toastmasters	Vaughan	Timothy
Vancouver Toastmasters Club	Victor	Kayla
Yaquina Toastmasters	Wahlke	Susan
Rogue Communicators Club	Williams	MaryLee
Rogue Valley Networking Toastmasters	Williams	MaryLee
Portland Rotary Toastmasters Club	Wright	Tyler
Toast to US	Zaman	Tariq

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
PI2	4/30/2021	Abramowicz, Peter	Sporty Speakers
IP1	4/27/2021	Barnes, Maggie	CareOregon
EC5	4/6/2021	Beste, Nathan	Nano-Mated Speakers
EH4	4/8/2021	Blankenship, Tim	Encouraging Words Club
VC5	4/7/2021	Bryan, Brenda Rebecca	Tsmsters For Spkg Professionals
VC4	4/7/2021	Bryan, Brenda Rebecca	Tsmsters For Spkg Professionals
VC3	4/7/2021	Bryan, Brenda Rebecca	Tsmsters For Spkg Professionals
VC2	4/7/2021	Bryan, Brenda Rebecca	Tsmsters For Spkg Professionals
VC1	4/7/2021	Bryan, Brenda Rebecca	Tsmsters For Spkg Professionals
EH1	4/23/2021	Bryson, Connor Allan	Sherwood Town Criers Club
IP1	4/8/2021	Byman, Art	Encouraging Words Club
DL2	4/13/2021	Chandrasekaran, Raji	Sporty Speakers
PM2	4/27/2021	Clavijo-Suero, Sebastian	Toast to US
PM1	4/27/2021	Clavijo-Suero, Sebastian	Toast to US
PM2	4/5/2021	Coomes, Ken	Daylighters Club
VC1	4/7/2021	Corbin, Tamsen	Clackamas County Toastmasters
EC2	4/6/2021	Cox, Cleon M.	Wallmasters International Club
IP1	4/30/2021	Crowe, Beth S	Flying Toasters Club
IP2	4/19/2021	CRUMBAKER, LAWRENCE P	Clackamas County Toastmasters
DL1	4/5/2021	Dabney, Markeis Savon	Vancouver Toastmasters Club
DL4	4/6/2021	De Graff, Peter B.	Clark County Toastmasters Club
PM2	4/8/2021	Elbert, Bryce	Encouraging Words Club
PM3	4/24/2021	Fraser, Scott A.	Unified Toastmasters Club
PM1	4/4/2021	Freedman, David E.	Babble-On Toastmasters Club
PM2	4/19/2021	Freeman, Caroline Adair	CareOregon
IP1	4/6/2021	Gable, Michelle	Clark County Toastmasters Club
LD3	4/9/2021	Hansen, Christopher	Portland Progressives
VC2	4/7/2021	Harris, Elizabeth M	Clark County Toastmasters Club

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
PM3	4/11/2021	Hartshorn, Aimee Louise	Roseburg Spkrs and Storytellers
EC3	4/19/2021	Hedgecock, Peter Doyle	CareOregon
TC1	4/5/2021	Horenstein, Dorice	Tsmsters For Spkg Professionals
PM2	4/27/2021	Howard, Eric W.	Toast to US
DL2	4/8/2021	Hudek, Justin	Encouraging Words Club
EC2	4/5/2021	Inman, Naomi Ruth	Daylighters Club
EC1	4/5/2021	Inman, Naomi Ruth	Daylighters Club
VC5	4/27/2021	Jacobsen, Malaia	MIME Speaks
VC4	4/5/2021	Jacobsen, Malaia	MIME Speaks
DL4	4/15/2021	Johnson, Joanna	Flying Toasters Club
PM2	4/5/2021	Khalil, Samuel R	Vancouver Toastmasters Club
DL5	4/27/2021	Kumar, Anil	Toast to US
DL4	4/27/2021	Kumar, Anil	Toast to US
PM2	4/27/2021	Kumar, Anil	Toast to US
TC5	4/8/2021	Lambert, James A.	Blue Ox Club
TC4	4/8/2021	Lambert, James A.	Blue Ox Club
VC1	4/22/2021	Loeb, Suzanne L.	Evergreen Club
PM4	4/8/2021	Loeb, Suzanne L.	Encouraging Words Club
MS3	4/11/2021	martin, Bianca Elena	Wallmasters International Club
VC1	4/19/2021	McCrary, Brian J.	Clackamas County Toastmasters
EH1	4/9/2021	McFadden, Cheryl	Downtown Lunchbunch
EC3	4/9/2021	Melikian, Chuck	Portland Progressives
EC4	4/1/2021	Merge, Catherine	CareOregon
DL4	4/6/2021	Moy, Miranda	Clark County Toastmasters Club
IP3	4/20/2021	Naik, Nupur S.	Talk-In-Tel
DL1	4/18/2021	OConnor, Zaida F.	Unified Toastmasters Club
PM1	4/23/2021	Olson, Ryan K	Speakeasy Toastmasters

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
IP1	4/8/2021	Page, Melissa J	Encouraging Words Club
PM1	4/19/2021	Piotrowski, Stanley	Yaquina Toastmasters
MS1	4/8/2021	Rhodes, Vickie	Encouraging Words Club
PM5	4/9/2021	Ridenour, Angela	Yawn Patrol Club
PM4	4/9/2021	Ridenour, Angela	Yawn Patrol Club
PM3	4/9/2021	Ridenour, Angela	Yawn Patrol Club
PM2	4/7/2021	Ridenour, Angela	Yawn Patrol Club
MS3	4/8/2021	Ritchey, Carmil W.	Clackamas Stepping Stones
MS2	4/7/2021	Ritchey, Carmil W.	Clackamas Stepping Stones
TC5	4/18/2021	Rone, Regina G.	Unified Toastmasters Club
PM3	4/29/2021	Rosenberg, Michael Kenyon	Toast Of Tualatin, Lam Research
PM2	4/1/2021	Rosenberg, Michael Kenyon	Toast Of Tualatin, Lam Research
IP4	4/5/2021	Ruffin, Lakeitha	Blue Ox Club
IP1	4/8/2021	Sarsten, Samuel Christian	Spirit Trackers
PI1	4/22/2021	Schellenberg, Lyle W.	Toasting Excellence Club
SR5	4/22/2021	Schellenberg, Lyle W.	Toasting Excellence Club
PWMENTORPGM	4/1/2021	Schupp, Lisa S.	Toast of Corvallis Toastmasters
PM1	4/23/2021	Semprevivo, Karen Ann	Blue Ox Club
PWMENTORPGM	4/6/2021	Shehorn, David A.	Clark County Toastmasters Club
IP2	4/23/2021	Shieh, Amy	Speakeasy Toastmasters
PM1	4/8/2021	Shinjo, Ricky	Encouraging Words Club
DL3	4/7/2021	Siegel Cogen, Arlene	Tsmsters For Spkg Professionals
DL2	4/7/2021	Siegel Cogen, Arlene	Tsmsters For Spkg Professionals
DL1	4/7/2021	Siegel Cogen, Arlene	Tsmsters For Spkg Professionals
PM1	4/30/2021	Smiley, Charlie	Toast to US
EH2	4/28/2021	Sstringer, Angela	Lebanon Toastmasters
EH1	4/28/2021	Sstringer, Angela	Lebanon Toastmasters

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
MS4	4/14/2021	Stark, Katherine	Timber Talkers
DL1	4/4/2021	Stinemetz, Ellen Michelle	Professionally Speaking
PM1	4/29/2021	Subbaiyan, Navaneetha	Toast Of Tualatin, Lam Research
MS2	4/1/2021	Svehaug, Alan R.	New Beginnings Toastmasters
TC3	4/22/2021	Swan, Kim	CareOregon
SR3	4/23/2021	Taylor, Emilie	Buckaroo Toastmasters
SR2	4/21/2021	Taylor, Emilie	Timber Talkers
SR1	4/7/2021	Taylor, Emilie	Timber Talkers
PM2	4/28/2021	Toye, Douglass Craig	Sherwood Town Criers Club
MS3	4/2/2021	Tuohy, Patrick	West Beaverton Club
PM3	4/29/2021	Uzma, Ahmad	Toast of Corvallis Toastmasters
LD2	4/5/2021	Waiguchu-Jackson, Elizabeth	Vancouver Toastmasters Club
PM1	4/8/2021	Wentworth, Morgan	Encouraging Words Club
IP4	4/23/2021	Yang, Charissa Lois	Yammertime
IP4	4/28/2021	Zangara, Louis William	Toast to US

HAPPY ANNIVERSARY TO MAY CLUBS

CHARTER DATE	YEARS	CLUB	CITY
5/1/1956	65	Chanticleers	Portland
5/28/2003	18	Creative Communicators	Mount Angel
5/1/1979	42	Electric Toasters	Portland
5/1/1964	57	High Noon	Salem
5/1/1946	75	Oregon City	Oregon City
5/1/1948	73	Roseburg	Roseburg
5/14/2009	12	Spirit Trackers	Madras
5/13/2015	6	Storymasters	Portland
5/1/1996	25	Timber Talkers	Beaverton
5/29/2007	14	WE Toasted	Lake Oswego

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Abaunza, Justine Orr	3	EC1 , EC2 , EC3
Ahmad, Uzma	3	PM3 , PM1 , PM2
Al-Wadud, AbdurRashid	7	EH1 , LD1 , LD2 , LD3 , LD4 , LD5 , MS5
Avington, Gwendolyn	3	IP5 , DL1 , IP4
Baker, Janet Kaye	3	EC1 , EC2 , EC3
Bones, Dave	14	LD2 , VC5 , ALS , DTM , LD5 , VC1 , LD4 , DL2 , LD3 , LD1 , VC2 , VC3 , VC4 , DL1
Brenner, Susan	3	MS5 , MS3 , MS4
Briggs, Tom	3	PM3 , PM1 , PM2
Bryan, Brenda Rebecca	5	VC1 , VC2 , VC3 , VC4 , VC5
Buratti, Brenda	3	PM3 , PM1 , PM2
Campbell, Alan L.	5	PM4 , PM1 , PM2 , PM3 , PM5
Cargill, Bryan	3	TC3 , TC5 , TC4
Chan, Judy	3	PM3 , PM1 , PM2
Chilson, Douglas K	5	TC1 , TC5 , TC2 , TC3 , TC4
Clardy, Sirgiorgio	5	DL1 , DL2 , DL3 , DL4 , DL5
Clark, Crystal	5	PM5 , PM3 , PM4 , PM1 , PM2
Corbin, Tamsen	6	TC2 , TC1 , LD4 , MS5 , VC1 , LD5
Cutler, Rodger A.	3	PM1 , PM2 , PM3
Davis, Cornelius	6	IP1 , IP2 , DL3 , DL4 , DL5 , IP3
De Graff, Peter B.	4	DL4 , DL1 , DL2 , DL3
Domogalla, Cyrene A	3	IP1 , IP2 , IP3
Douglass, Matthew	3	DL4 , DL2 , DL3
Dunaway, Nora Jane	3	PI1 , PI2 , PI3
Edson, Ronald A.	3	DL1 , LD1 , DL2
Elbert, Bryce	6	PM2 , PM1 , IP1 , IP2 , IP3 , IP4
Fanning, Paul C.	8	DL1 , DL4 , EH2 , DL5 , DL3 , EH1 , DL2 , DTM
Ferris, Margie	3	EH1 , PM1 , EH2

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Fierro, Herman H.	3	PI1 , PI2 , PI3
Fitch, DeeDee	3	PM3 , PM4 , PM2
Fraser, Scott A.	3	PM3 , PM1 , PM2
Freedman, David E.	4	IP1 , PM1 , IP3 , IP2
GaRey, Daniel J.	6	IP1 , IP2 , IP3 , IP4 , EH2 , EH3
Gutman, Mark	4	EH2 , EH3 , IP1 , IP2
Harmon, Phyllis A.	8	PM1 , TC2 , PM2 , EC5 , PM3 , TC1 , DTM , TC3
Harris, Elizabeth M	4	DL1 , DL2 , VC2 , VC1
Hawkins, Greg	3	PWMENTORPGM , PM1 , PM2
Hedgecock, Peter Doyle	3	EC1 , EC3 , EC2
Hemmingson, Brinn Carla	4	EH1 , PM1 , PM2 , PM3
Hope, Stephanie	4	TC3 , DL1 , DL2 , TC2
Hubb, Cyndi	4	EH1 , EH2 , EH3 , EH4
Jacobsen, Malaia	3	VC5 , VC4 , VC3
Johnson, Janis M.	3	IP1 , IP2 , IP3
Kellermann, Charley	4	MS1 , DL3 , DL2 , MS2
King, Stephen E.	7	PM4 , EH3 , PM1 , PM2 , PM3 , EH1 , EH2
Kosloski, Wendy J.	5	VC1 , EH1 , DL1 , EH2 , VC2
Kumar, Anil	3	PM2 , DL4 , DL5
Landolt-Hoene, Daniel	3	DL1 , DL2 , DL3
Lee, Kathy K	4	DL2 , DL3 , SR1 , DL4
Lee, Maria R.	4	PM2 , PM3 , PM4 , PM5
Lewis, Tim A.	4	VC1 , VC2 , VC3 , VC4
Lindquist, Leanna	4	VC4 , PM4 , VC3 , VC2
Lloyd, Paul	3	DL4 , DL3 , DL5
Loeb, Suzanne L.	7	EC5 , VC1 , PM4 , EC4 , PM1 , PM2 , PM3
Martin, Bianca Elena	3	MS3 , MS2 , MS1

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Matthews, Mary Andrea	3	EH3 , EH1 , EH2
McFadden, Cheryl	3	PM1 , EH1 , PM2
Melikian, Chuck	3	EC1 , EC2 , EC3
Merge, Catherine	4	EC3 , EC1 , EC2 , EC4
Mojica, Cynthia	3	ALS , DTM , LDREXC
Moy, Miranda	4	DL4 , DL2 , DL3 , DL1
Myers, Emily Jane	4	DL5 , EC2 , DL4 , EC3
Norris, Lauralee K.	3	EC1 , ALS , DTM
Palla, Vineel Kiran	3	IP2 , IP3 , IP4
Peaker, Megan N.	3	IP2 , IP1 , IP3
Perry, Cheri S.	4	EC1 , PM1 , PM2 , LD1
Powell, Terry	3	PM2 , PM3 , PM4
Redgrave, Cheri A.	5	EH3 , EC2 , EH2 , EH4 , EC1
Ridenour, Angela	4	PM2 , PM3 , PM4 , PM5
Rodman, Rachel C.	3	PM5 , PM3 , PM4
Rone, Regina G.	4	VC1 , VC2 , VC3 , TC5
Rosenberg, Michael Kenyon	4	EH5 , PM3 , PM1 , PM2
Sarkkinen, Bert Wilfred	3	PM4 , PM5 , PWMENTORPGM
Schellenberg, Lyle W.	10	DL5 , MS3 , SR3 , SR4 , SR5 , PI1 , SR1 , SR2 , MS1 , MS2
Schupp, Lisa S.	3	MS3 , PWMENTORPGM , TC1
Semprevivo, Karen Ann	3	PM1 , EH1 , EH2
Shehorn, David A.	7	PWMENTORPGM , EH4 , LD1 , LD2 , LD3 , LD4 , LD5
Siegel Cogen, Arlene	3	DL1 , DL2 , DL3
Singhal, Shilpa	3	PM2 , PM1 , PM3
Somasundaram, Namitha	3	PM1 , IP5 , PM2
Stark, Katherine	9	SR4 , MS1 , MS2 , MS3 , EH1 , MS4 , EH2 , SR5 , EH3
Stephan, Stephanie	4	PI4 , PI1 , PI2 , PI3

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Stephenson, Karen F.	3	VC5 , VC3 , VC4
Stricker, Michael	3	EH2 , EH4 , EH3
Strickland, Scott R.	4	EC3 , DTM , ALS , EC4
Stringer, Angela	10	LD2 , LD1 , LD3 , LD4 , MS1 , EH1 , EH2 , PM4 , MS3 , MS2
Stuart, Hilary	4	PM1 , IP3 , IP4 , IP5
Svehaug, Alan R.	6	LDREXC , ALS , DTM , MS1 , MS2 , MS3
Swan, Kim	3	TC3 , TC1 , TC2
Takamura, Ted J.	3	EH1 , MS4 , MS5
Taylor, Emilie	9	EH2 , EH3 , SR3 , SR1 , SR2 , IP5 , EH1 , MS4 , MS5
Teagarden, Blair R.	4	PM4 , PM1 , PM2 , PM3
Telwala, Yasmeen	3	DL3 , DL2 , DL1
Tham, Jamie	3	EC1 , EC2 , EC3
Tiernan, Kate	3	LD1 , LD3 , LD2
Wahlstrom, Daniel	4	DL3 , DL2 , LD5 , DL1
Walker, Marvin Lynn	4	PM5 , EC3 , EC4 , EH1
Wanek, DaWane A.	5	EC1 , EC2 , EC3 , EC4 , EC5
Wantz, James	5	SR4 , VC4 , EH3 , SR5 , EH4
Wilson, Michael A	3	EH3 , EH5 , EH4
Yang, Charissa Lois	3	IP4 , IP3 , IP2
Yoshida, Raynette	5	MS1 , MS2 , MS3 , MS4 , MS5



David Freedman, IP3



Eldred Brown, DTM



Emilie Taylor, DTM



Harvey Schowe, DTM



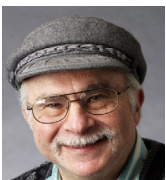
Jennifer Schmidt, EH1



Ken Coomes, DTM



Leanna Lindquist, DTM



Lee Coyne, ATMS



Lorri Andersen, DTM



Paul Fanning, DTM



Phyllis Harmon, DTM



PJ Kleffner, DTM

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