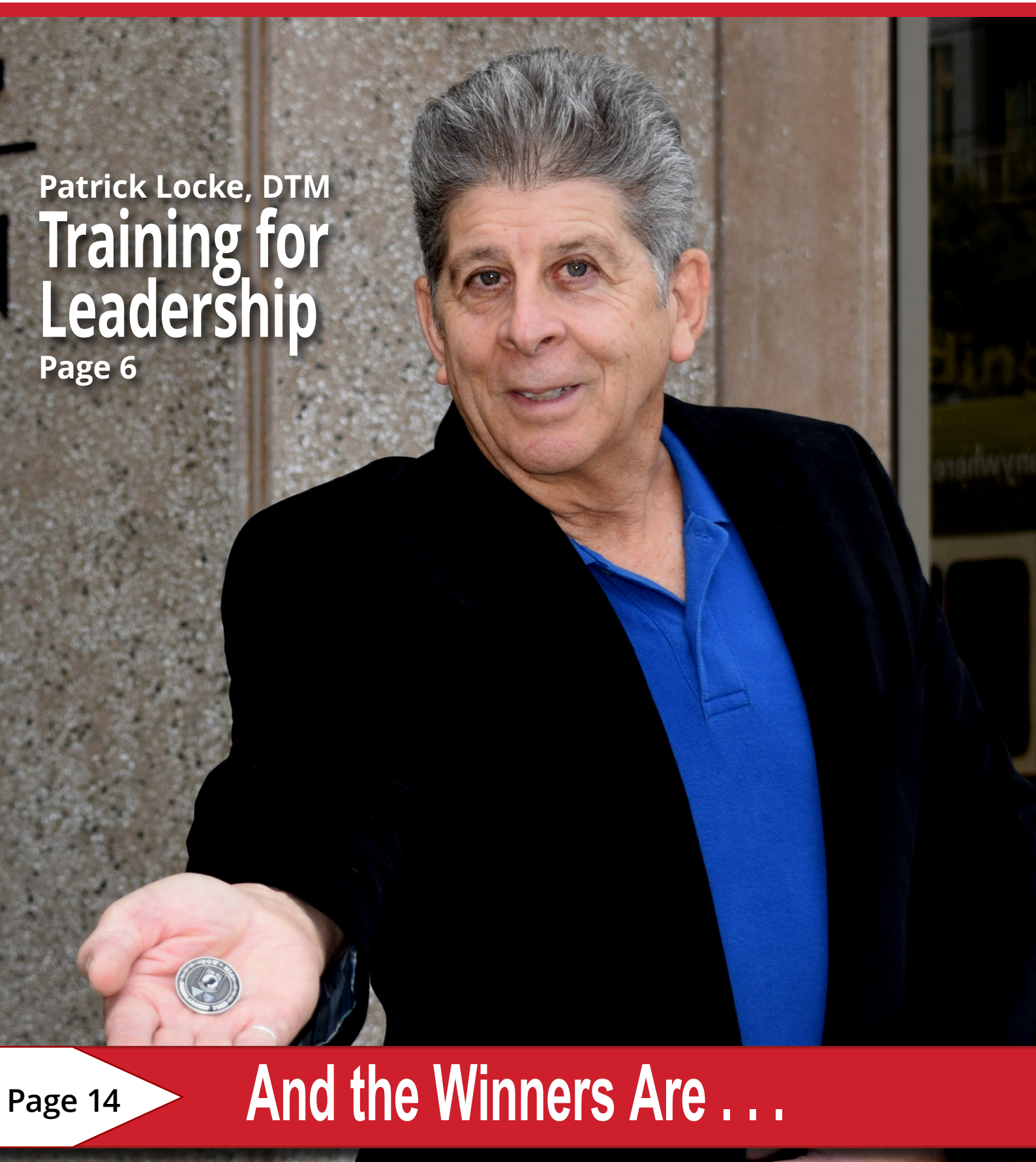
Voices!

One Community
Many Voices

District 7 Toastmasters
MAY 2020



Patrick Locke, DTM

Training for Leadership

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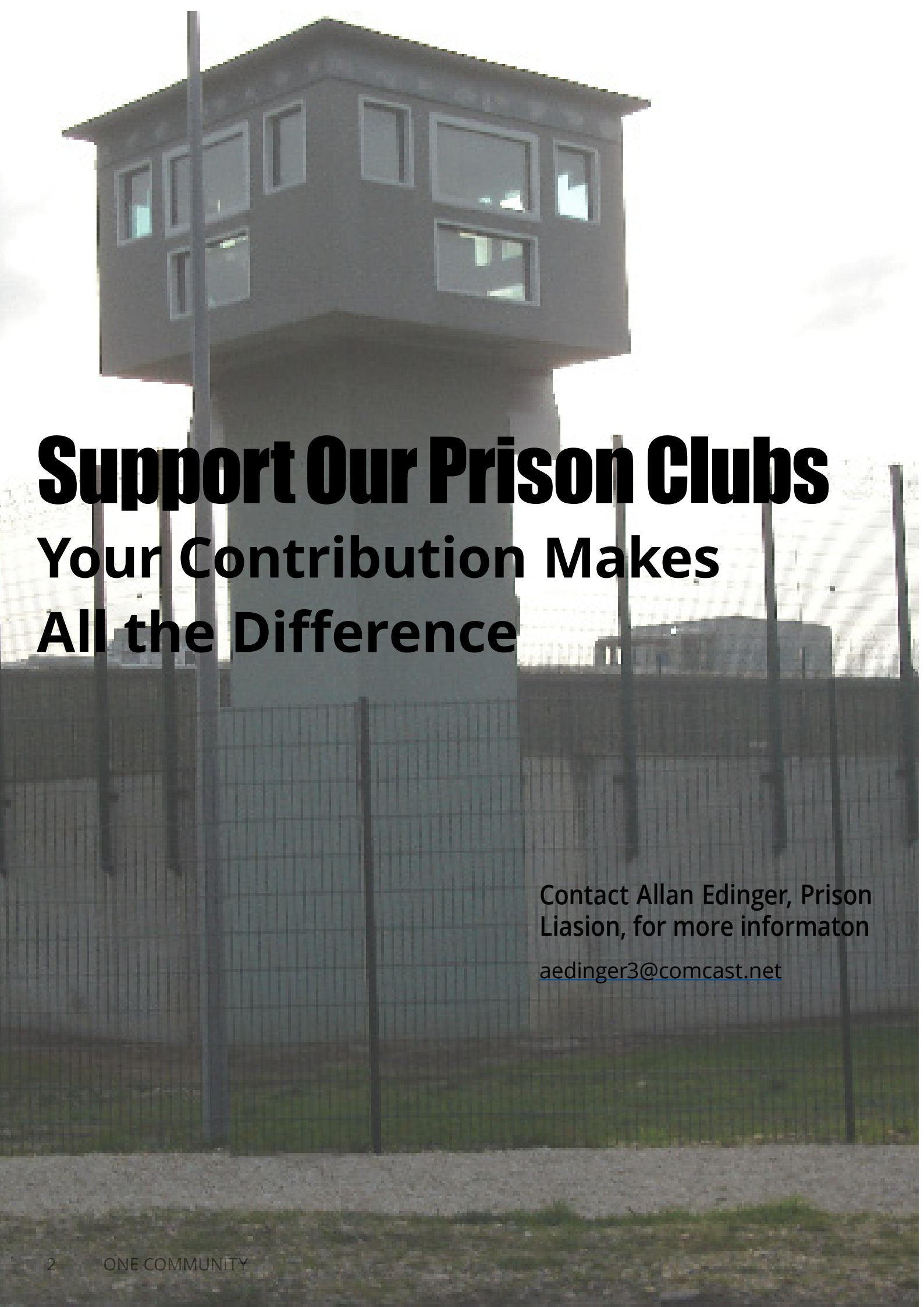
And the Winners Are . . .



Support Our Prison Clubs

Your Contribution Makes All the Difference

Contact Allan Edinger, Prison Liasion, for more informaton

aedinger3@comcast.net

Sorry . . .I'm in A Meeting

Phyllis Harmon, DTM

It seems to me that I am attending more meetings now that I have to stay home. There is no excuse, other than "I'm in a meeting," to not join all the great events happening online. I never thought I would spend the day jumping from meeting to meeting without traveling beyond the comfort of my computer chair.

Sequestering has been the proverbial silver lining to the craziness of wearing a facemask while shopping (have you tried to breath in those things?) or having my food tossed my direction at the drive thru. There are people out there (perhaps even some of you) who are making it a game to see how many clubs—in every District—across the world—they can join for a meeting. Recently, I met Clinton from Trinidad who was a speaker at a club with 500 attendees. Apparently he speaks regularly beyond his District by Googling the clubs and asking for a speaking slot.

I was thrilled when we had over 50 visitors at the Feedbackers open house last week. The club is a great place to learn the art of evaluations but who would have thought people from around the world would want to hear our message and experience our evaluation methods.

I've heard that Districts are holding online conferences with a plethora of speakers. I would love to be involved in the logistics for such an event. Two days, great speakers, and lessons to learn. Just picture it—speakers from many different disciplines right there on your computer screen! And no airfare, hotels, or food expenses. I'm loving it!

Of course, with so many choices enticing me to visit, the day is gone before I have a chance to get out of my pajamas, make the bed, or cook (hence the drive thru experience). I keep promising to put down my mouse, step away from the keyboard, and actually talk to my significant other (what's his name again?).

I am learning some valuable skills though: selective hearing, audio/visual best practices, and most importantly how to prepare 5-minute meals so I can join the next scheduled meeting.

When we return to face-to-face encounters, I am going to miss all of the variety and opportunities this pandemic has laid at my doorstep. Of course, I could always fake a dry cough, fever, and . , ,

EDITORIAL

Volume 6 Issue 11 May 2020
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Voices! is published monthly by District 7 Toastmasters. First issue published August 2014. Submit articles or contact us at voices@d7toastmasters.org

VOICES!

COVER STORY

EDITORIAL

FIELD NOTES

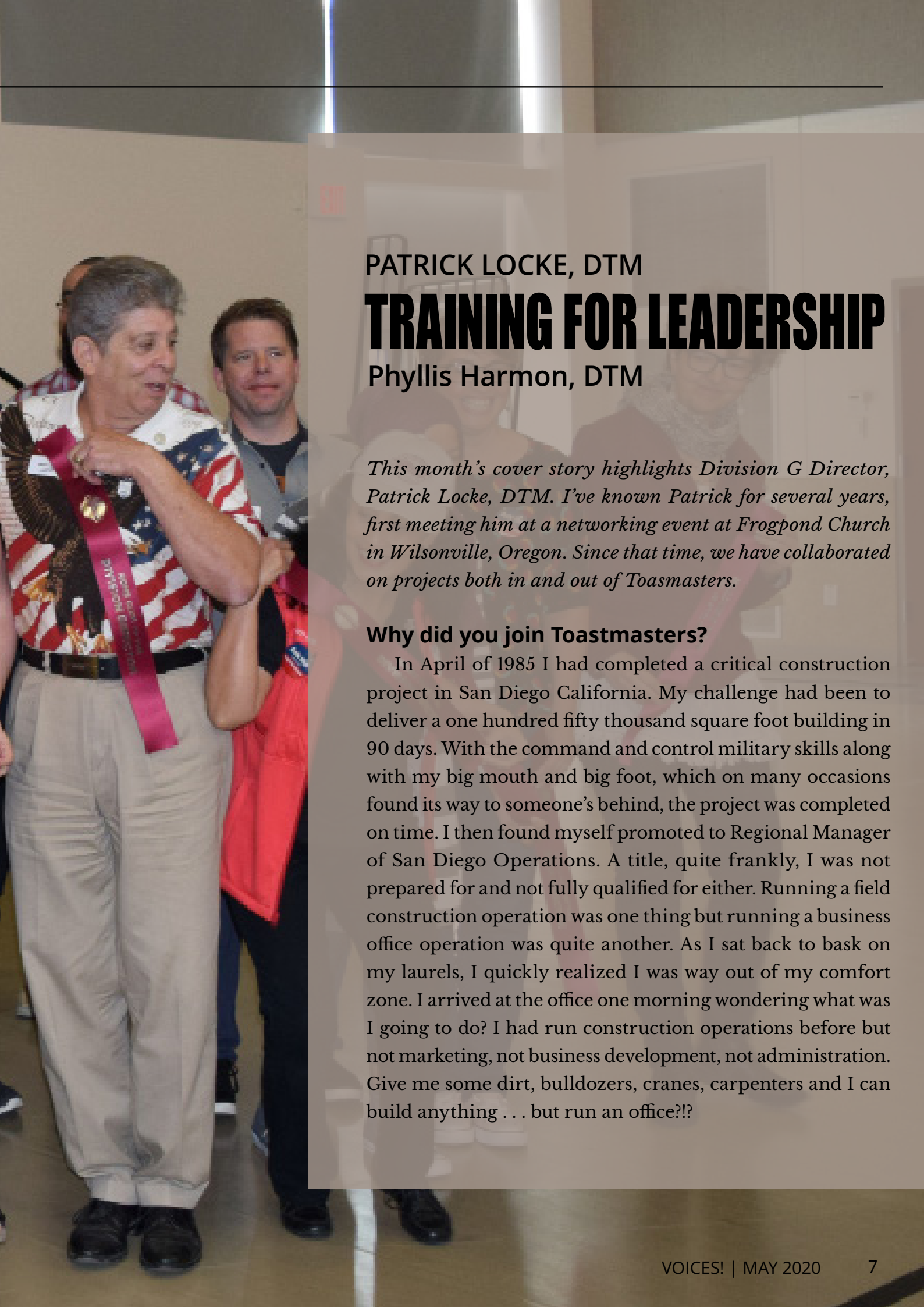
FIELD NOTES

COLUMNS

COLUMNS

PROMOTIONS


TOASTMASTERS
INTERNATIONAL
DISTRICT 7



PATRICK LOCKE, DTM

TRAINING FOR LEADERSHIP

Phyllis Harmon, DTM

This month's cover story highlights Division G Director, Patrick Locke, DTM. I've known Patrick for several years, first meeting him at a networking event at Frogpond Church in Wilsonville, Oregon. Since that time, we have collaborated on projects both in and out of Toasmasters.

Why did you join Toastmasters?

In April of 1985 I had completed a critical construction project in San Diego California. My challenge had been to deliver a one hundred fifty thousand square foot building in 90 days. With the command and control military skills along with my big mouth and big foot, which on many occasions found its way to someone's behind, the project was completed on time. I then found myself promoted to Regional Manager of San Diego Operations. A title, quite frankly, I was not prepared for and not fully qualified for either. Running a field construction operation was one thing but running a business office operation was quite another. As I sat back to bask on my laurels, I quickly realized I was way out of my comfort zone. I arrived at the office one morning wondering what was I going to do? I had run construction operations before but not marketing, not business development, not administration. Give me some dirt, bulldozers, cranes, carpenters and I can build anything . . . but run an office?!?

I called my Administrative Assistant, and said, "Leslie I have to do something, I don't know how to talk to these people!" Her reply, "What about Toastmasters?" She shared a bit of what she thought Toastmasters was and I asked her to find me a club somewhere around the office. She did and I went.

I remember that Wednesday, seven o'clock in the morning. I was greeted at the door by this lady with a big smile, a hand shake, and "Welcome to Fireside Toastmasters, is this your first time attending a meeting?"

"Yes," I said a bit reluctantly. She proceeded to introduce me to a few other members who helped me to overcome the considerable amount of nervousness I was feeling. I had no idea what to expect. I was encouraged to have some coffee and breakfast all arranged on side tables in the room. I wasn't the first to arrive but soon after many more members filled the room. In total there were over twenty-five people present that day. The meeting opened with an invocation, a pledge of allegiance, and what they called a "waker upper" (which was fun). Through the course of the next hour and a half, the meeting was a balanced mix of professionalism, learning, and fun. I was very impressed with the group. I made a decision right then to become part of the organization.

What has been your greatest Aha! Moment in your Toastmasters journey so far? Why?

My greatest "aha" moment by far came in October of 2014 when Darren LaCroix, one of the Champions of Public Speaking, was the keynote speaker for our District 7 Fall Conference. He talked about what he called "Face Time." His concept centered around getting up in front of people and talking. It was very simple he said, "Always, always have a talk ready to go no matter what." At that moment I told myself that I was never going to be without a talk ready to go at a moments notice. From that time onward I developed the mindset that I would always be prepared with a talk. That if I was in attendance at a Toastmasters meeting and there was an open slot for a speaker I would fill that slot. I can say that I have upheld that mantra ever since October of 2014. As I took on that mindset and prepared myself to be accountable to what Darren talked about, I found that my skills began to increase. Self confidence jumped by leaps and bounds. I was completing manual projects at an

2019 Early Words Executive Board

unbelievable rate. Those of you who know me can surely attest to the fact that I will never turn away from an opportunity to stand up and speak to an audience. Darren LaCroix has a message of great importance to everyone who desires to increase their skills. That message is simply "Get up and talk."

What do you do outside of Toastmasters -hobbies, interests, etc.

Over the years I have had many hobbies and interests. When I was young it was cars. I have had some exceptional cars years ago. One of the most memorable was the 1959 Chrysler 300E convertible. A few years ago I was on the internet and found that there were only 150 of those cars built, and I had one! Little did I know when I was 17 years old that car would be worth close to $200,000 today.

My interest today has turned to people. I enjoy helping people develop their abilities to communicate at higher levels. These past five years in Toastmasters I've become interested in what makes people want to increase their ability to connect with other people. This experience has caused me to explore leadership in a new way. I have come to believe every person has leadership capability no matter who they are, where they come from, or what they believe about themselves. The difference is whether they can see their potential and believe they can elevate to that level. If a person cannot see their ability, how can I help them see? If a person does not believe they can, how can I show them they have the substance?

How does Toastmasters enhance your volunteer and work lives?

Volunteering has been most rewarding in many ways. Being a military veteran has opened the door to helping others who have served our country in uniform. There is a huge need for veterans to help other veterans navigate the process of reintegration into society after experiencing a combat environment in any form. It took me many years before I even recognized the need to deal with the remnants of my combat experience. The veterans who helped me through the reintegration gauntlet will always hold a special place in my heart and surely I in theirs as well. Volunteering is about helping humanity without any expectation or desire for any type of compensation, although our personal growth is surely compensated in ways we may never know.

You've been in District 7 Toastmasters since 2011. What are some of the highlights of your career so far?

Toastmasters has been my passion for some time. I couldn't begin to count the hours spent going to meetings and events. The miles driven to meet with members in hopes of offering some word that may make a difference. Toastmasters

has been an extraordinary experience of growth. For the past few years, I have actively worked through the process of transitioning my leadership style from command and control to a more collaborative style. A style that supports high performance teams to collectively learn from each other and build quality organizations.

I have enjoyed meeting people here in District 7, across the country, and from around the world. Having attended three International Conventions in recent years, I have had the opportunity to communicate with other like-minded people who are actively working on the development of personal communication and leadership skills.

When Karen and I decided to reunite and move to Washington, my intention was to show her how Toastmasters could help her regain the ability to recite her poetry. After a few months, I felt that I wanted to rejoin the program and work on my skills again. In January of 2011, I signed up. I found a Competent Communicator manual I had completed but never submitted. Toastmasers Itnernational told me I could submit the manual as long as it had been verified. I had a CC done!

I began working on Advanced manuals to complete Advanced Bronze and Silver awards. These were completed by early November of 2012. I began to see a bigger picture when I completed four educational awards in 2013-14 and received a Triple Crown, WOW!

Then a few months later when Darren LaCroix came to town everything began to really click. I ended the 2014-15 year with eleven educational awards, Darren's theory was working. 2015-16 year ended with fifteen educational awards. Most notable was that I had received the Distinguished Toastmaster Award. I remember going across the stage and shaking hands with all the DTMs who welcomed me into their ranks. In August of 2016 Karen and I went to the International Convention in Washington DC, which was our second International Convention. I felt the Toastmaster program was truly increasing my ability to communicate with people in a very positive way. While Karen and I were at a motel in Durham North Carolina, someone broke into the truck and stole my bag with all my Toastmasters manuals. I had twenty manuals at various levels of completion with some being complete. Those manuals were gone, never to be seen again. I

2012 Advanced Communicator Silver Award

was devastated not knowing how I was going to recreate them or even if I could. Finally over several months, I did recreate some of them and by April of that year put enough together to receive a Triple Crown but I had lost some that I could not recreate. I decided what was lost was lost and decided to move on. The important thing was that I had made my goal of four consecutive years as a Triple Crown recipient.

As Division G Director, what is your vision for the Division this year?

Increasing the training of members and officers has been a focus for this year. We produced two substantial training events which were designed to increase member awareness of the educational program as well as leadership development.

Please tell us how the clubs in Division G are weathering the imposed social distancing protocols?

Ten of the nineteen clubs in Division G are currently meeting online. The others are slowly moving toward changing the decision to suspend meetings. I see this time as an opportunity to gain exposure to new ways of coming together. A time to learn new protocols and develop new skills. All in all the sphere of communication is expanding which moves Toastmasters into expanding the educational program into new platforms that have potential to increase membership in new disciplines.

What are your personal plans and goals for Division G for next year?

We are in the process of building a full operating Division Council which will identify, plan, and implement member program training, leader training, as well as individual marketing training. Toastmasters has always focused on word of mouth marketing which requires training members on concepts and techniques of attracting guests to clubs.

What would you share with those who are interested in taking on a leadership role?

Training for leadership progression is essential to a learning organization. Take every opportunity to participate in a quality training program. Develop your personal training program. There are thousands of books on leadership, search them out and read. Develop conversations with other leaders and discuss ideas and concepts and above all "Take Action."

I have come to believe every person has leadership capability no matter who they are, where they come from, or what they believe about themselves.

Reflections on a Great Year

Six Weeks

Emilie Taylor, DTM - District Director

There are less than six weeks before my term ends as District 7 Director. I have mixed feelings. I have been on the District Director rollercoaster with all of the demands and with all of the feelings of accomplishment. There were visions of becoming a Distinguished District and going to Paris. Then there was the fear of losing clubs because of the pandemic, and the challenge of adopting the Zoom Meeting platform!

I am buoyantly happy that as a District we made big strides and made things happen despite COVID-19. I am so proud of all of you for stepping out, stepping forward, and stepping in front of your screens to make it all happen!

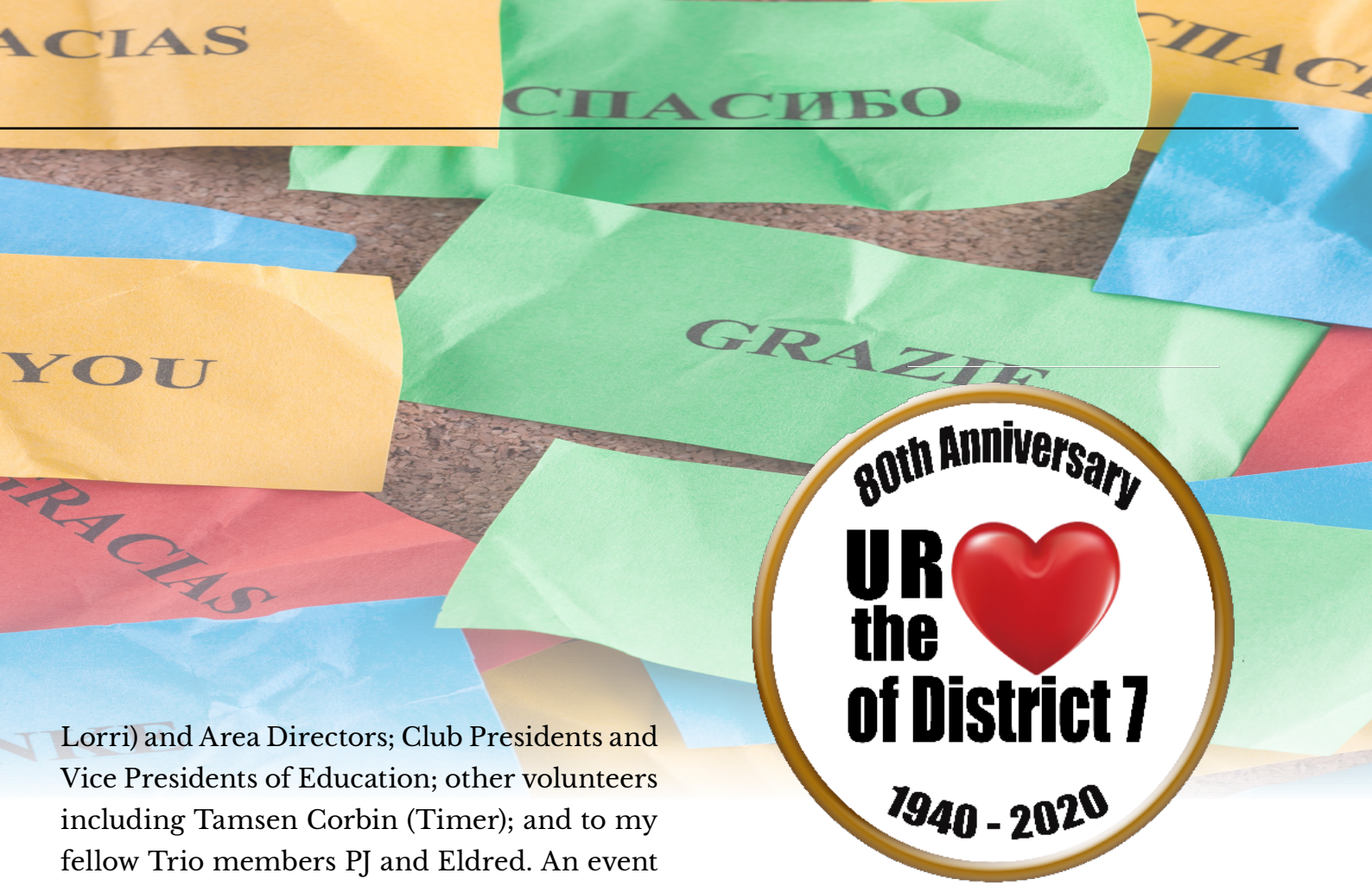
Online Candidates Forum

We have successfully navigated online, unchartered waters! Consider the successful Candidates Forum—the first of its kind in our District! I am so happy and PROUD that we made it happen!

A huge thank you to our District Leadership Committee Chair Adele O'Neal and our 11 Candidates, now duly elected members of the 2020-2021 Leadership Team. I found myself teary-eyed while listening to our new leaders answer questions as to why they wanted to run for their position. It was inspiring to see table topics questions being addressed so concisely and with confidence. Watching each candidate give personal statements with conviction was heartfelt. Hearing their visions and hopes made me even more optimistic about the future of our District.

Online Business Meeting

I have said it many times—it takes a village of Toastmasters to raise a Toastmaster. Well, it took a village of District 7 Toastmasters to make the Business Meeting happen on May 9, 2020. My thanks and gratitude to everyone with special mention to the following: Past International President Gary Schmidt who gave an inspirational opening; Parliamentarian David Shehorn; Realignment Chair Phyllis Harmon and committee members; members of the DLC committee; members of the Audit Committee; Finance Manager Karen Semprevivo; Administration Manager Paul Fanning; Public Relations Manager Kathleen Tully; Division Directors (Michelle, Abraham, Debbie, Dawnette, Carmil, Hillarie, Patrick and



Lorri) and Area Directors; Club Presidents and Vice Presidents of Education; other volunteers including Tamsen Corbin (Timer); and to my fellow Trio members PJ and Eldred. An event of this magnitude doesn't happen in a vacuum. We ran the business meeting and had fun in the process! I received many feedback notes from attendees saying they learned a lot and now wanted to get involved at the District level. We need Area Directors—please contact PJ Kleffner, District Director-Elect directly.

Where are we heading from here?

I am so proud of what our Division and Area Directors have done this year. They have taken an unprecedented event and made changes with how we do business. The online meetings are going well. However, the work is not yet done. We have 6 weeks to get new clubs chartered. We have six weeks for our Coaches to get those Clubs Distinguished. Yes, and six weeks to finish strong by having Open Houses and sharing the benefits of Toastmasters.

I have a box full of buttons to celebrate the 80th anniversary. 80 years, many lives touched, transformed and elevated! Our District has stood the times even with the current environment, we continue to thrive! May the momentum continue and accelerate!

What about that box full of buttons? We were supposed to give them out at our celebration. Well, with the Stay at Home order, the buttons stay at home. Once we are freed up a bit more, we can get out the sanitizer, put on the rubber gloves, don our masks, and share them!

My love to all of you! You've done the District proud! I soon leave my post and know that you will be in good hands! Thank you so much for changing my life in so many good ways. Thank you all for making new friendships that will last a life time. It will be great to be able to speak and be in contests down the road. I will have fond memories for years to come! You all made it possible.

Wait a minute....didn't I say we still have six more weeks? I guess you are not quite done with me. Let's finish strong! Back to you, fellow

And the Winner Is . . .

PJ Kleffner, DTM - Program Quality Director

Did you hear what sounded like a sonic boom last Saturday, May 16? It was actually a huge sigh of relief from your PQD when the District speech contests were finished. I am so thankful that we didn't have any technical glitches with Zoom, and a nice clean video file of our winner has been sent to Toastmasters International for the Region quarterfinals.

Speaking of winners, the results of the District 7 2020 contests are displayed on the opposite page.

I also want to give a huge shout out to all the people working behind the scenes to make both contests successful. Past District Governor Alexis Mason was our Toastmaster for the Evaluation Contest while last year's Division Director of the Year, Jenny Thomas, ran the International Speech Contest. Past District Director Michelle Alba-Lim was our Chief Judge for both contests.

In addition to all these "visible" faces, there were judges, timers, ballot counters, and sergeant-at-arms who all flawlessly executed their duties. Of course, there were a couple of other roles we haven't had in previous contests, the Zoom Master and the Chat Master, who helped maintain some semblance of order in the cyberspace universe of our contests. In case it wasn't obvious to the casual observer, we all spent many hours in pre-contest briefings and practice sessions to make Saturday look like just another routine day in the life of District 7 Toastmasters.

The day began with the D7 Evaluation Contest. The eight Division champions gave their feedback to Model Speaker, Arlene Cogen from Toastmasters for Speaking Professionals. We took a break for lunch, and then launched into the International Speech Contest.

The competition continued to be fierce, and each Division Champion gave the judges and audience their best performances. In the end, the winners were chosen by the secret panel of judges.

Congratulations to everyone for a job well done!

Model Speaker
Arlene Cogen
Toastmasters
for Speaking
Professionals

Evaluation Speech Contest

1st Place

James Wantz
Capital Toastmasters
Division C

2nd Place

Mike Gantenbein
Jefferson State Toastmasters in
Division A

3rd Place

Colin McKechnie
Tale Spinners
Division B

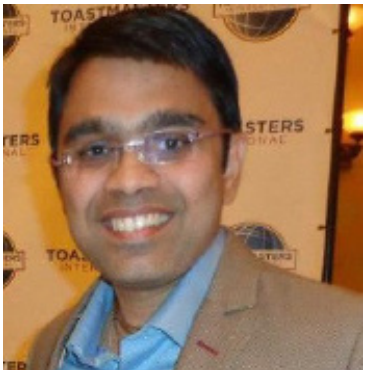
Their formidable competitors included:

- Lachlan Croteau—Babble-On Toastmasters
- Norman Wolfe—Vancouver Toastmasters
- Erik Bergman —WE Toasted
- Adrianne Everton—At the River's Edge
- Matthew Douglass—PMI Portland

International Speech Contest

1st Place

Nikhil Badwaik
Sporty Speakers Club
Division H



2nd Place

Kaushik Balasubramanian
New Horizons
Division E

3rd Place

Quynh Nguyen
Toasting Excellence
Division C

Their fellow competitors, who also put a lot of effort into their outstanding speeches:

- Jim Rutledge—Lebanon Toastmasters
- Arne Bostrom—Essayons
- Alan Schwartz—Professionally Speaking
- Audrey Isbell—Rogue Valley Networking Toastmasters
- Lakeitha Ruffin—Blue Ox Toastmasters

Toastmasters and Unemployment

Eldred Brown, DTM - Club Growth Director

Are you one of the millions of people in this country who lost their jobs to the COVID-19 outbreak? Are you living on an unemployment income and wondering how you can afford to continue your Toastmasters membership? Are you considering membership in Toastmasters but don't know if you can squeeze it into your tight budget? I've been there! I know what you're going through! I joined Toastmasters after I lost my job in the last economic crash of 2008. Let me share the story of how.

In February of 2009, my boss pulled me aside at the start of work one morning to inform me that our business was struggling because of the economic downturn and that he needed to downsize his team by letting me go. I suddenly found myself unemployed. Knowing that I needed help and support and that networking is THE best way to find new employment, I looked for job seeker groups in Portland and found the Job Finders Support Group led by Cleon Cox. (Does this sound familiar? I know quite a few people in our District who joined Toastmasters through this Friday afternoon group and Cleon's prodding.) Cleon suggested I join Toastmasters. Cleon shared that Toastmasters could help me polish my speaking skills for the job interview.

Hearing Cleon tell the story, you may think it took me a few years of his prodding for me to finally try a club and join. It actually took me only two months. I tried three different Monday night clubs, WRIP City Toastmasters, Portland Toastmasters (Club 31), and the At the River's Edge Club. Because two of these clubs ran their spring speech contests the nights I visited, I visited them twice so I could get a feel for a normal meeting. I finally settled on the At the River's Edge Club. The rest, as they say, is history.

What did I find in Toastmasters that job seekers like you will find valuable?

- I found that Toastmasters really is an excellent place to acquire successful job interviewing skills. I gained the confidence to look my interviewer in the eyes and answer questions succinctly and completely. I learned the value of listening, even if it means asking my interviewer to repeat a question to make sure I heard it correctly. I acquired the ability to let my personality shine so I don't come across

as stiff, but that I instead have the sense of humor to make working with me a pleasant experience.

- I've also learned how to use the job interview as a way to market Toastmasters and how it prepares me for success on the job. Some of the lessons I've learned in Toastmasters and some of the ways I've exercised good leadership skills as a district leader have impressed hiring managers and software teams enough to make them want to hire me. The titles "Distinguished Toastmaster" and "Club Growth Director" do look good on a resume, as well. Who knows? It's even possible that my interviewer may be a Toastmaster and, knowing of my success in Toastmasters, will want me on his team even more.
- Networking is the best way to find career opportunities, and Toastmasters is a great way to network. Toastmasters has even devoted a path on the Pathways program to networking. I'm working that Strategic Relationships path and recently earned Level 3 on that path en route to a Pathways DTM. Not only does Toastmasters give you a great opportunity to network with other professionals; Toastmasters will even teach you how.

I'm sure by now you're probably asking whether you can afford to pay for these benefits. Think about this: How much is $45 every six months, really? That's only $7.50 per month. Let's say you buy a $5.00 Annihilator every day at Dutch Brothers. All you need to do is cut out one of those cups of coffee each week and you'll save more than enough money to pay for your Toastmasters membership. You can't afford to be in Toastmasters while unemployed? I can't afford to NOT be in Toastmasters while unemployed.

District 7 Incentives

Earn Rewards for You and Your Club!
Check out the fabulous District incentives
Take advantage of one or all of them
Earn $$, food, and apparel
Visit the District 7 website for more information

INCENTIVES

Area Director Club Visit Incentive Through May 31

The first ten (10) Area Directors to submit reports for 100% of their clubs will receive $50 credit on any purchase through the Toastmasters Store

New Club Banner Incentive Through June 30

Every new club that charters will receive a club banner (value of $100).

PEP 25 – Pathways Enrollment Project Through June 1

The first 100 Clubs with 100% of their members enrolled in Pathways will receive a $25 gift card from your choice of Office Depot or Fred Meyer.

Open House Incentive Through June 30

Every club that runs an open house qualifies for reimbursement of up to $50 of all expenses incurred by the event.

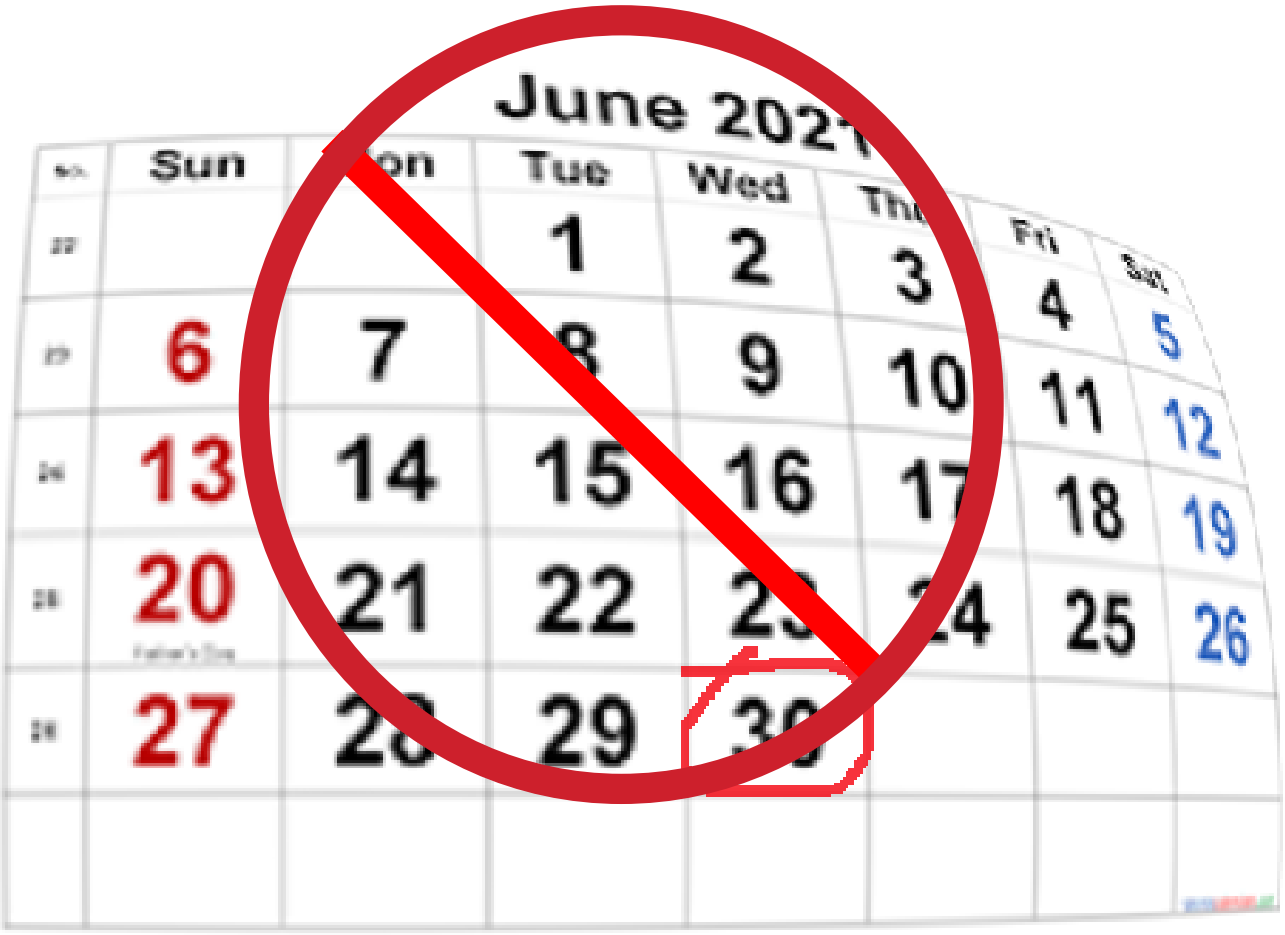
The deadline has been extended due to the Covid-19 virus outbreak

New Club Leads Incentive Through June 30

Everyone who submits a new club lead that results in a demo meeting will receive $50 credit on any apparel purchase through the Toastmasters Store.

Contact us at: trio@d7toastmasters.org

WHY WAIT?
INCENTIVE



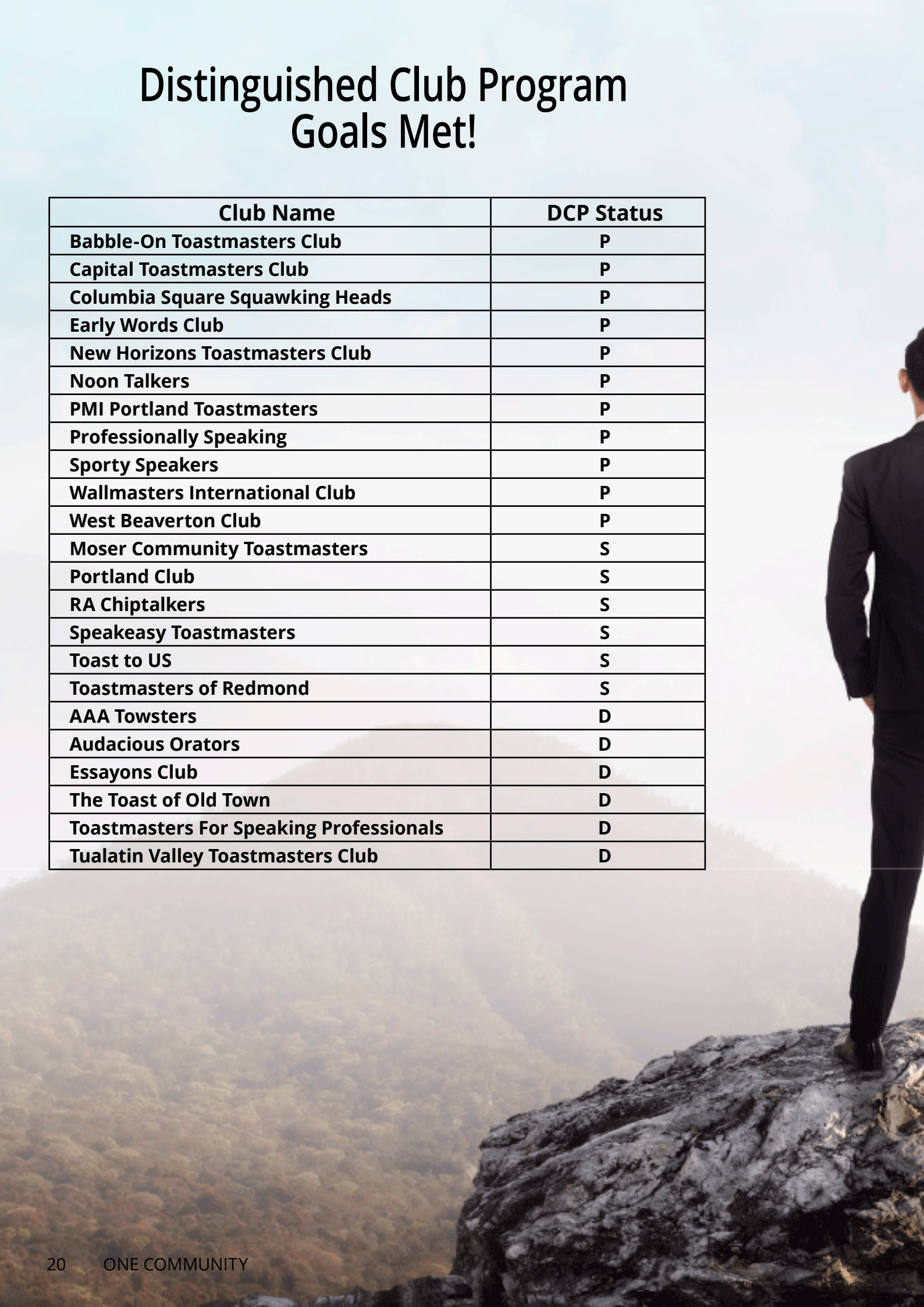
Why wait ‘til 2021 to get your DTM?

- Coach a Club to Distinguished or better by June 30, 2020, and District 7 will give you Toastmasters core jacket (value of $65).
- Sponsor and charter a club by June 15, 2020, and District 7 will give you a prepaid ticket for next year’s conference (value of up to $135).

What are you waiting for?

Distinguished Club Program Goals Met!

Club Name	DCP Status
Babble-On Toastmasters Club	P
Capital Toastmasters Club	P
Columbia Square Squawking Heads	P
Early Words Club	P
New Horizons Toastmasters Club	P
Noon Talkers	P
PMI Portland Toastmasters	P
Professionally Speaking	P
Sporty Speakers	P
Wallmasters International Club	P
West Beaverton Club	P
Moser Community Toastmasters	S
Portland Club	S
RA Chiptalkers	S
Speakeasy Toastmasters	S
Toast to US	S
Toastmasters of Redmond	S
AAA Towsters	D
Audacious Orators	D
Essayons Club	D
The Toast of Old Town	D
Toastmasters For Speaking Professionals	D
Tualatin Valley Toastmasters Club	D



2019-2020
Distinguished Toastmasters

Member	Club Name
Bergman, Erik	WE Toasted Toastmasters
Carson, Paul	CareOregon
Conarton, Joel	Buckaroo Toastmasters
Fanning, Paul C.	Feedbackers Toastmasters Club
Gupta, Bhushan B.	Silicon Forest Club
Hendricks, Lisa Sylvia	Coastal Toastmasters Club
Hennick, Sharon D.	Myrtlewood Hootowlers Club
Johnson, David R.	Moser Community Toastmasters
Johnson, Janis M.	Walker Talkers Toastmasters Club
Kelley, Patricia A.	PMI Portland Toastmasters
Kelley, Todd D.	Downtown Lunchbunch Toastmasters
Locke, Julius Patrick	Professionally Speaking
Parsons, Richard B.	Rogue Communicators Club
Pugh, Robert S.	Wallmasters International Club
Ritchey, Carmil W.	Clackamas Stepping Stones Tm Club
Serhan, Marvin T.	Professionally Speaking
Standeven, Ernest J.	Toast of Corvallis Toastmasters Club
Ward, Jill M.	Wallmasters International Club

Feedbackers
The Choice of Champions

Leanna Lindquist, DTM

Fifty attendees from across District 7 and the world attended Feedbackers Virtual Open House on Wednesday, May 13, 2020 . "Awesome Information," "Your club is so inspiring," and "I really learned a lot" were some of the comments made by the guests.

We offered three short education sessions on evaluating. Phyllis Harmon presented *How to Identify What Was More Effective*. Joe Harper presented *How to Identify What Was Less Effective*. Michael Lindquist presented *How to Organize Your Evaluation for the Greatest Impact*. Guests Kumar Rethnasamy and James Wantz each delivered a speech and received multiple evaluations.

Every club is unique. Feedbackers is a specialty or niche club. We don't do Table Topics and we don't have a Grammarian. We specialize in evaluations. The format for a meeting is one speaker with four focused evaluations. A General Evaluator provides feedback to each evaluator. We do this three times during the 90-minute meeting. This is why our meetings are often referred to as workshops.

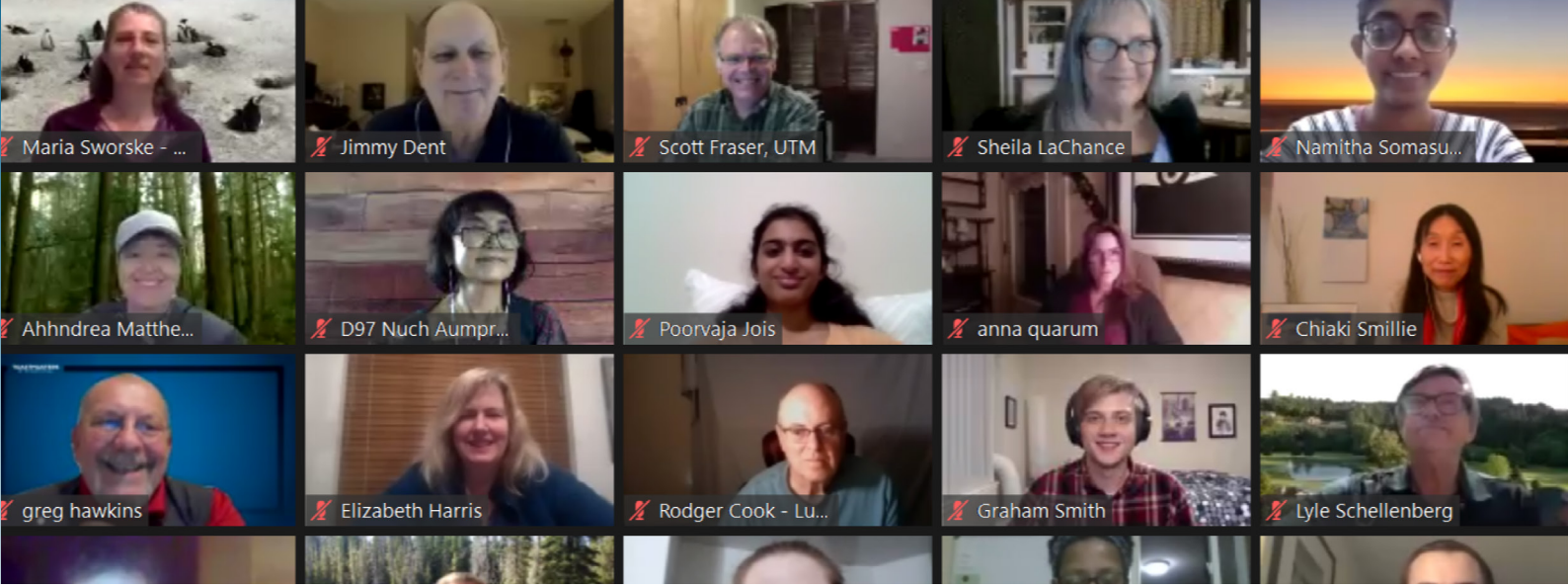
Why do people seek out Feedbackers? They want to take their Toastmasters skills to the next level. They want more than the average club can deliver. We have a history of helping our members and other Toastmasters win speech and evaluation contests. The most recent winners, James Wantz - District 7 Evaluation Contest and Nikhil Badwaik - International Speech Contest were both members of the club. They are but two of the many contest winners who have benefitted from being a Feedbacker.

An advantage of being a Feedbacker is taking what you learn back to your home club and practicing every week. You can utilize your evaluation skills at work. You can even use them at home. Our members have a wealth of Toastmasters experience. Seven are Distinguished Toastmasters. Two are Past District Directors. Two others are current Trio members and a third is the District Administrative Manager. Members have over 120 years of combined Toastmasters experience. We offer the experience, knowledge, and support that few clubs can.

Feedbackers meets the second Wednesday of every month from 7:30 – 9:00 pm. We meet at St. Vincent Hospital in Portland. Since Covid-19, we have been meeting successfully on Zoom. We see a blended club in our future. Guests are always welcome. Once you do we're sure you will want to join. Here is the link to our June 10th meeting. https://us02web.zoom.us/j/941916617

Questions? Contact Leanna Lindquist leanna.lindquist@gmail.com.

Leanna Lindquist joined Toastmasters in 2009. She is a member of three clubs, a club officer in each club, a club coach, 2019-20 New Club Mentor Coordinator, past District Director, and a Voices! *contributor. Next year she will serve the District as Education Coordinator.*



Toastmasters Leadership Institute

June 27, 2020
7:00 am - 3:30 pm

ONLINE EVENT!
MARK YOUR CALENDAR

Don't Need No Stinkin' FEAR

Paul Fanning, DTM

I am reminded every time I turn on my computer to surf the internet or watch TV that we are in the middle of a worldwide pandemic that no one has faced before in our lifetime. There are those who cry out "It's the end of the world," and want us to live in fear and panic. Others decry this as a false, man-made disease to allow "them" to better take control over the world.

It appears to me that many people seem to heed the instructions and methods of well being declared by the various health organizations and governments. Thank goodness!

Yet, that "little voice in my head" continues to play repeatedly the ominous strains of the 12th century, Gregorian chant *Dies Irae* (Day of Wrath). The chant describes the Last Judgment, with trumpets summoning souls before the throne of God, where the saved will be delivered and the unsaved cast into eternal flames. (I suspect that continually facing plagues, pestilence, and warfare would color one's perspective.)

I am sure you have heard that deep, sonorous, and disturbing rhythm of the *Dies* before on a multitude of horror and apocalyptic movies. Even today, every time I hear the chant, I begin to remember at least three times in my life when visions of my end of life flashed before my eyes.

You have heard the adage "fight or flight" at least once before now. Usually that means you can control your circumstances or act to alleviate the danger. All is well and good if you can determine your course of action. Not all of us get that opportunity!

I spent two years teaching and other duties as assigned at a small private college in Southern California. I held a private post-secondary

instructor's certificate and taught all the "fun" classes no one else wanted: remedial math, remedial English, physical education, and history introductory classes. I also lived in an apartment on-site in a penthouse that overlooked the Pacific Ocean and served as the dorm "father" 24/7. However, it was the "and other duties as assigned" that brought me to the "help, I'm going to die" moment.

The special duty was to assist those who did not have a commercial license permit to drive the college's vans or other vehicles in California to obtain one through the Department of Motor Vehicles. While I could not administer the actual behind-the-wheel test, I was officially allowed to give them practice written tests and be their instructor for the final license exam.

Most of the students had prior driving experience or a license. Thus, this was not too a horrific or taxing duty. Twice a week I took them on the road in a van or smaller vehicle to practice their parking, lane changing, and freeway skills. For my first year, I had 100% success rate, and the students had zero accidents. A great time was had by all. That was until September of the following year.

Oh, what a fateful day that was! I had two male students with no prior driving experience or license. One was from Pendleton, Oregon and the other from an Alaskan Native village. "Cowboy" Tom "drove" his horse (the family tractor) and seemed to be able to adjust to us "city folk" and more than three cars on the road at any time. Within two months Tom was done. License in hand,he became a good, cautious, and sensible driver.

Sam, on the other hand, was an older student from nothing more than a roadless native village of 200 people where the method of transportation was by foot or boat. The fast-paced life and vehicles of California were a novelty.

After his first day at the college where he had removed his bed and dresser from his room—he said he did not need them—I knew that he would need a little special attention. Having never driven a car before, I started him out in the parking lot in a sedan. That went well enough. His confidence grew to the point it was off to the DMV for a permit. More weeks passed. I was elated that he seemed to enjoy driving and managed to drive up and down our local roads.

And then "it" happened. Leading up to our turn-off to this small college was a long boulevard with a median populated with trees, flower beds, and an occasional turn lane. The average was about one mile between left- or right-hand turns. Off we tootled on a bright, sunny day. He did fine merging onto traffic with great speed awareness as well as managing mirrors and signals. I was confident that we had a winner, a soon-to-be-licensed driver.

I wanted him to practice parking. I asked him to make a left-hand turn to go down a residential side street. Signal on, merge into turn lane, make turn, and . . . my life flashed before my eyes. He turned right . . . into the oncoming traffic! Remember I said it was about a mile between turn lanes? Do you know how much panic, thoughts of instant death you can produce in your mind in a mile? Somehow, I remained calm enough to tell him not to worry but turn left as soon as he could and park—pronto.

I drove back to the college, parked, let him out, and somehow made it back to my office. The secretary at the front desk called the college health nurse immediately since in her words "I was white as a ghost and trembling".

Thus, ended my 100% success rate and almost my life. The college changed their policy and no longer required everyone to have a drivers license. I was relieved of that assignment, the last of my kind. And just to let you know, Sam left the college within two weeks and returned to rural Alaska.

Years later I was in Alaska serving on a disaster staff. The Mat-Su Valley out of Wasilla (home of Sarah Palin) was the scene of a massive brush fire that burned for almost two weeks. My job was to manage the volunteer groups that were feeding and providing comfort to the fire crews. (The firefighters really appreciated the new, clean pair of socks we provided.)

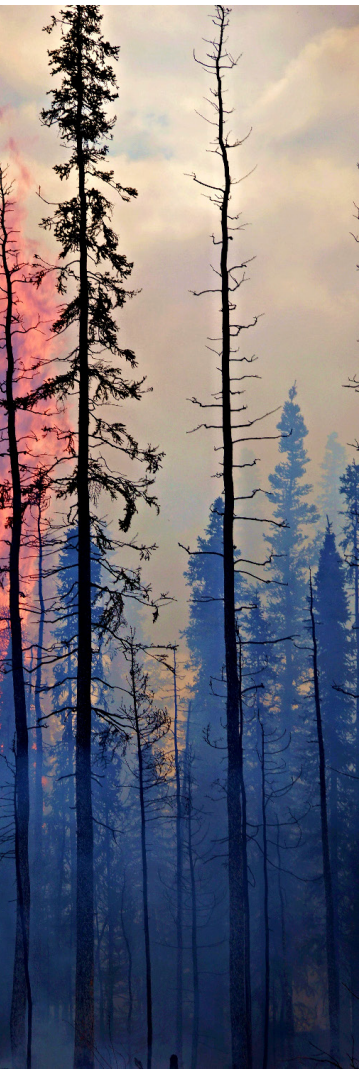
Almost six days into this massive fire control effort, the winds came up, and the fire shifted. Our base of operations would soon be smoked out and threatened by the flames. We had to evacuate everyone—the field kitchen, tents with supplies, fire suppression vehicles, and other equipment—all of it within an hour. This was during the summer. The sun set around 2-3 am and rose at 4-5 am.

But not this day. The

smoke clouds darkened the skies to almost blackout conditions by 6 pm. We managed to get everyone out, moving to a safer and new location. There were just two vehicles left—a pumper with crew from Anchorage City Fire and my vehicle with a driver and me.

The captain is the last to leave the sinking ship, right? This is when I faced once again that moment of "what am I doing" and with an actual physical and painful demise. With flames all around us, the pumper took off first, punching a small tunnel through the smoke and flames with spraying water.

My poor driver panicked, afraid we would not get out before the fire consumed the surrounding trees and brush as well as ourselves. He kept right on the pumper's tail pipe as we watched the flames crown in the trees over us. By some miracle, we managed to get out with just a singed paint job on the back of the van.



My third and final moment was in the Eastern Desert of Oregon. I was instructing ESL, ABE, and GED programs with Blue Mountain Community College in Pendleton, Oregon. We were on Winter Term break in December when I started feeling sluggish, achy, and generally not running on all cylinders. When another symptom manifested, I went to my medical provider. The PA told me I had a touch of the flu and not to worry.

Within three days I took to my bed. The most colorful symptom began—I was turning yellow! By day six my neighbor rushed me to the clinic in a wheelchair. I could barely move or stay awake. They recommended that I go to the hospital in Hermiston at once. I remember telling myself over and over again that I would not die!

I awoke in Richland, Washington when a face appeared, very scary looking with long scraggy grey hair saying, "I want your blood!"

I was told later that there were no beds available in Herminston. I did not remember the ambulance ride over the border to the Tri-cities at all. For me, it was "Goodbye gall bladder, hello Chiquita banana." The surgeon later told me that they lost me once during the radical operation as my gall bladder crumbled away. Ten days later I left the hospital and underwent three months of rehab and therapy. (That didn't stop me from giving my #10 speech for my Competent Communicator Award from a wheelchair!)

Once again, a brush with death, life flashing before my eyes, and the feeling of it not yet being my time.

Yes, I am following the current pandemic recommendations—social distancing, masking, gloving up, and staying home 99.9% of the time. But I am not letting it control me nor am I becoming fearful of impending fatal doom. If anything, Covid-19 has given me plenty of stories and potential speech topics for the future. Personally, I am planning to stick around a little while longer and see how it all plays out.

Dies Irae? Nope. Carpe Diem!

SHOULD DISTRICT 7 BECOME A BLENDED CLUB DISTRICT

DISCUSSION PANELISTS

Michelle Alba Lim, DTM

Patrick Locke, DTM

Brian Dodd, DTM

Jennifer Thomas, VC2

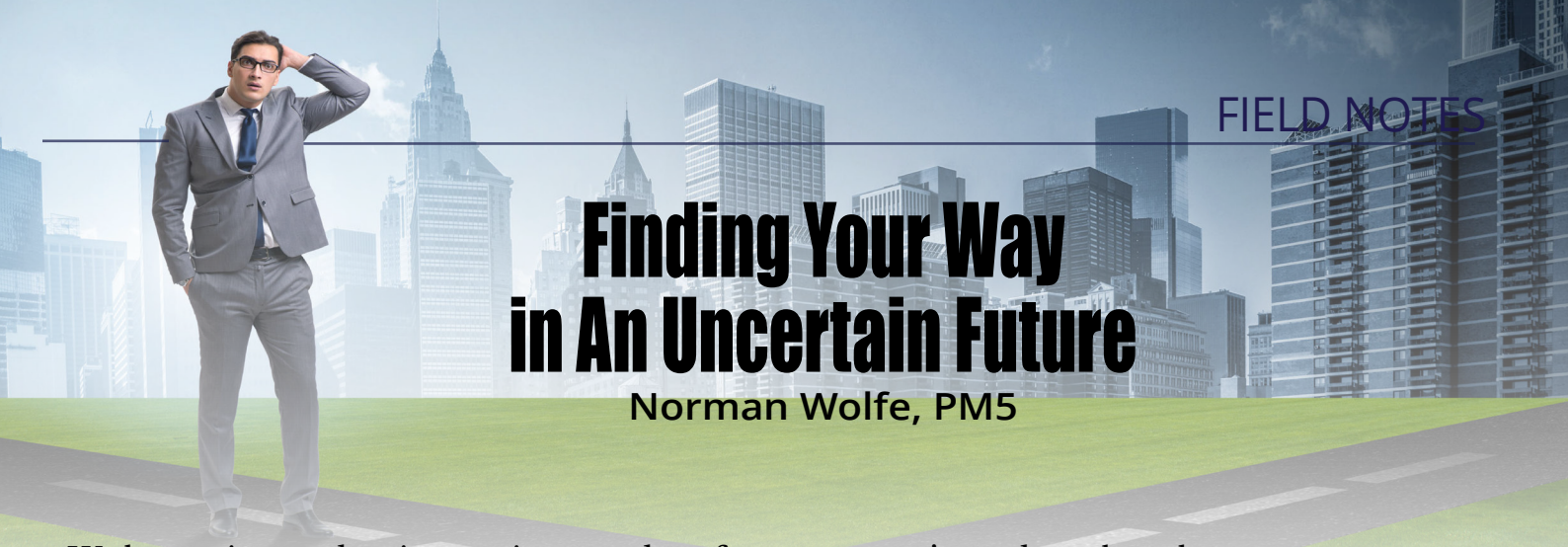
Join us online for a timely discussion hosted by District 7 Toastmasters. The lively discussion focuses on the pros and cons of blended clubs* followed by audience Q & A with the panelists.

In this discussion you will learn:

- **Toastmasters International blended club protocols**
- **Are blended clubs worth the effort?**
- **Tools needed to hold a blended meeting**
- **Anecdotal experiences from the panelists**

May 24, 2020: 11 AM - 12:30PM
Online Zoom Meeting
Free event
Register at: d7toastmasters.org/calendar

**Blended club: A club that meets in-person as well as allows members to join the meeting online*



Finding Your Way in An Uncertain Future

Norman Wolfe, PM5

We have witnessed an interesting paradox after speaking to many companies during these challenging times. The simultaneous need to hunker down to preserve what exists and also plan for an almost completely uncertain future.

All of the companies are clearly responding to the need to preserve, but not all are recognizing the opportunity to prepare for the future. Are you preparing yourself to respond quickly to the needs of your customers, whatever that may be?

We are used to planning our future with a certain amount of predictability based on what we have seen in the past. Many leaders will assume that once the crisis subsides, we will return to business as usual. Yet, the future is not likely to be the same as the past.

There is another way. Improvisation is the art of responding in complete uncertainty. Planning with an Improv-Mindset is the ability to respond to whatever shows up in a way that aligns with and enhances your organization's purpose.

Like people, companies have the opportunity to stop and reflect on how they've been operating and who they want to be going forward. We have worked with a number of companies helping them understand the story they are operating from, gaining clarity about their core purpose, and how they might serve their customers in a new way. We call this Context Mapping.

With this as a foundation, the leaders and the company overall can tap into a deeper sense of knowing, allowing them to pivot quickly to their customer's needs as they show up.

- Are you preparing for the future?
- Are you able to create a path forward in these uncertain times, empowering your company to make choices and respond to whatever might show up?
- Are you getting ahead of your competition, getting your company ready for what is to come?

Don't let yourself be stopped by an uncertain future. Start by knowing your reason for existing and who you serve. Accept the world as it shows up, don't try to force it back to the world you used to know. See how the current situation is affecting those you serve. Then open to the creative impulses of how your organization can move into the future that is emerging. You will end up right where you need to be without the need to know, plan, or control.

Norman Wolfe, founder and CEO of Quantum Leaders, is a leading voice in bringing about a transformation of the core paradigm of business. He is a 15-year veteran of Hewlett Packard, has led companies large and small, been a public company director, and has over 30 years consulting and mentoring leaders in a wide range of industries.

Wolfe is the author of The Living Organization, *an application of the core principles of how the world works to how organizations (including families) and indivdiuals can create extraordinary impact.*

Contact Norman at nwolfe@quantumleaders.com to set up a free 30 minute consultation.

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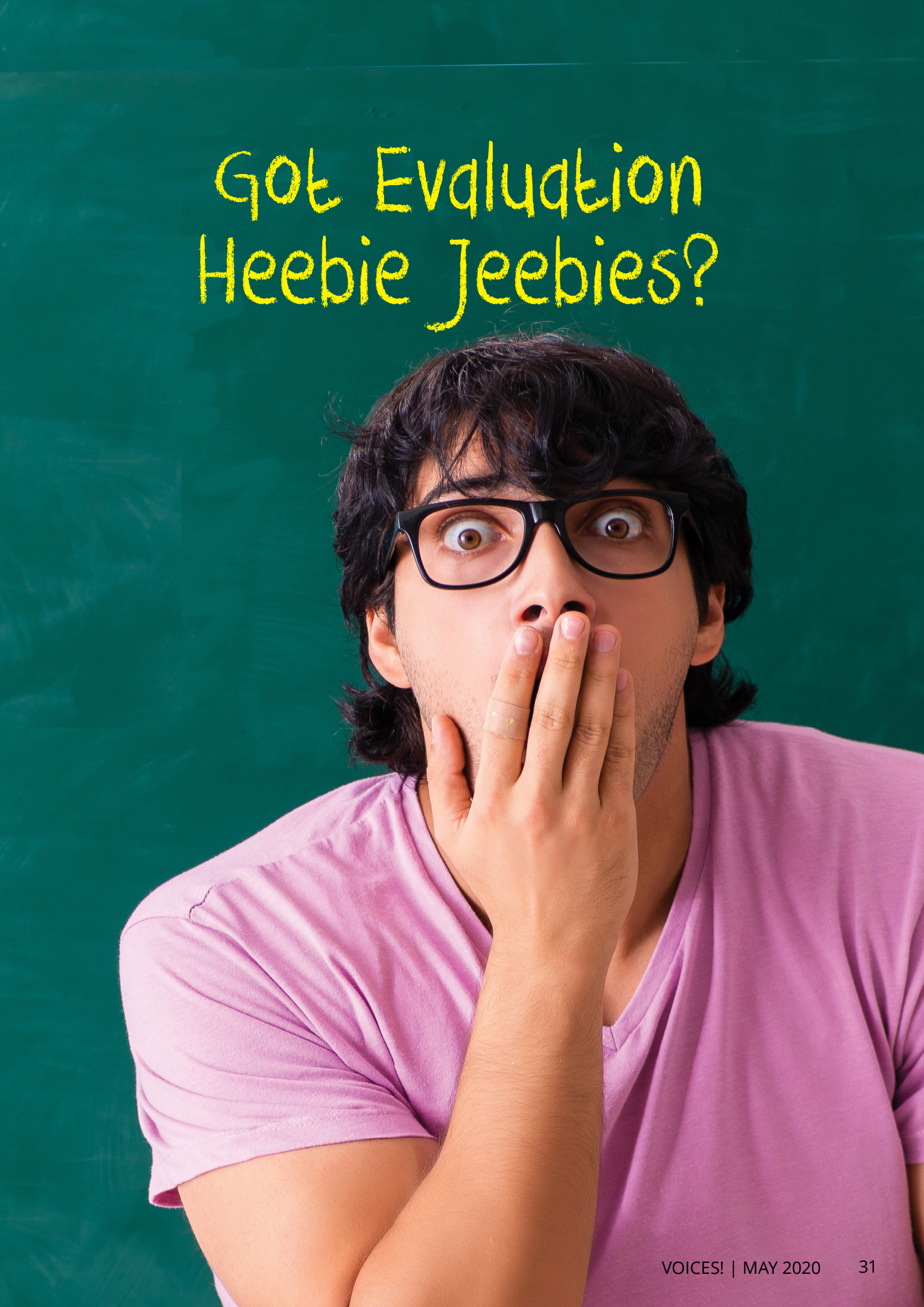
Feedbackers

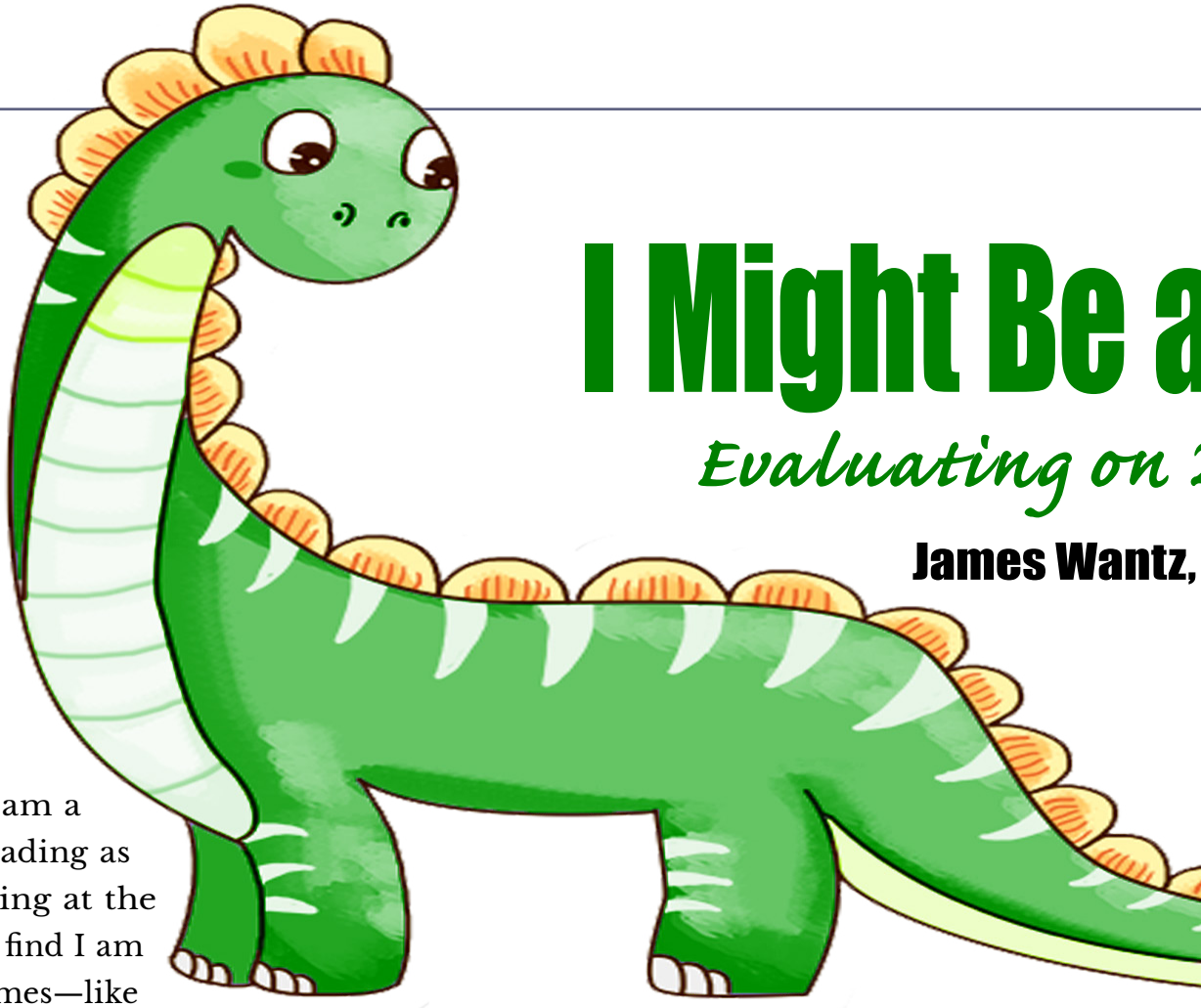
The Evaluation Workshop Club

Second Wednesdays

7:30-9:00 pm
Providence St Vincent
9205 SW Barnes Road, Conf Room 20
Portland, Oregon

Join us online during the Covid-19 social distancing protocols - check our web page for details
Line opens at 7:00 pm for a/v checks and socializing


Got Evaluation
Heebie Jeebies?



I Might Be a

Evaluating on

James Wantz,

I am afraid that I am a dinosaur masquerading as a mammal. Looking at the world around me I find I am pining for better times—like three months ago when I could go to a restaurant for a sit down dinner!—and harrumphing about our reliance on technology. I am a creature of habit (some good and some bad) that does not change quickly with the times (long live Betamax!!). You see, last month I waxed eloquent about the differences between dinosaurs and mammals when it came to the Toastmasters world shift to online meetings instead of our regular (germ swapping) face-to-face meetings.

Now I am longing to attend a Toastmasters meeting that is face-to-face instead of face-to-screen. Oh, don't misunderstand, I am tickled that we have this technology to continue meetings and connect digitally. However . . . some of the online meetings I attend don't leave me feeling completely connected or really refreshed. Rarely would I regret going to a Toastmasters meeting—now I can't always say that. I do realize how absolutely essential Zoom is to our continued existence (as a club . . .and as the human species!) but it is not my preferred meeting format.

I am not completely a dinosaur (resistant to change, opposed to technology, cold-blooded) nor am I completely a mammal (embracing change, tech adept, hot-blooded). My mammal side has fun with the shiny new technology, participates in Toastmaster Zoom meetings, contests, and forums as well as looks for ways presenters can be more effective in their online speeches. My dinosaur side longs for "actual" meetings where body language matters (instead of being offscreen or too small to be seen), where social contact isn't virtual, and where I have a morning shower and am fully dressed (as opposed to a nice top half and jammies on the bottom).

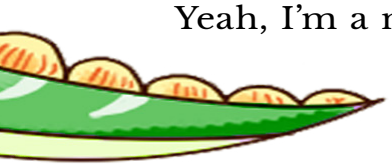
I think I am a hybrid (yeah, hybrids are all the rage right now!): a bit of the old and a bit of the new (change neutral, tech accepting but

n Dinosaur

Zoom - Part 2

DTM

not dependent, warm-blooded). Maybe more of a dino-mal or a mam-osaur (actually I think that makes me a platypus . . . one of only a few confused, egg-laying mammals [thanks Google]).



Yeah, I'm a mam-osaur! Dino-mal sounds too much like a PowerRanger villain or a crusty shopping center. And this mam-osaur has a few bones to pick with (my own) Zoom presentations while offering a few suggestions about how to make Zoom more effective.

Embrace the warm-fuzzy mammal side of you and adjust your presentation to fit the platform. I no longer have an audience - what I have is a pinned Timer and a small camera to look into so that everyone watching thinks I am looking right at them. That's it. No. One. Else. Get used to talking to inanimate objects (Come on, Timer! A few lively expressions or a nod of the head, please!)

How do you get prepared for this? Well . . . I practice my speeches outside my front door (or wherever there is a Ring device). This is probably the easiest way to get a (admittedly, unflattering fisheye lens perspective) view of yourself (with audio, too!). The house I just moved into has a Ring by the front door. It wasn't until a couple weeks ago that I realized the previous owners still had the device registered on their account. Whenever I went in or out, they could log in and watch me. So...instead of taking it down, I started practicing my speeches outside my front door (I'd just found a new audience!!) and asked for their feedback. They quickly removed the device from their account . . . so I put it on mine! Now I have a bunch of videos of myself speaking to my front door . . . which is about as expressive as a blank computer screen. [Pro tip: if you don't have a Ring device—then use your neighbor's! It will get posted on the Ring network and you will gain notoriety with the tag: "Who is this bozo who keeps giving speeches on my porch?!"]

Ride the crusty dinosaur and let your inner curmudgeon out! Yes, distractions are to be avoided when giving speeches. Yes, my glasses do reflect the computer screen I sit in front of. I was recently told to take them off so my audience wouldn't be distracted! PUH-leeeze!!! This does not work for me on multiple levels (I've tried it and failed...so this is personal experience). First, I can't see when I take them off. Second, the Timer becomes an unrecognizable multi-hued blur. Third, I mistake my stapler for the camera (it's shiny and sits right beside my computer). And fourth, I cannot see any of the visual cues about going over time - like people waving their hands frantically or turning off their video feed.

If removing glasses becomes the expectation, then I suggest that everyone that doesn't have to use glasses to see their computer put on a blindfold - to make things fair. Right? I thought the whole point of a Zoom meeting was to be able to SEE everyone!

Distractions happen all the time. How many pets have you seen sashay & preen in front of the camera during a Toastmasters meeting? Or maybe that damn mute button!! Or how about the chat window? I have to decide how I'm going to deal with distractions. Am I going to focus on the distraction to the exclusion of all else? Or can I be a little gracious and note the distractions... but dismiss them from my mind to focus on the presentation? When it comes to Zoom meetings, I practice mind over what-doesn't-matter. Give it a try!

Be a slightly flexible mam-osaur. The old ways are behind us—do not continue to insist that speeches and presentations fit the mold of a face-to-face meeting. I modify my speeches and evaluations to fit the Zoom platform. I tailor my evaluations to how effective the presenter is at getting their message across. The same speech in a face-to-face meeting would not get the same evaluation from me—because the circumstances are different!!!

I know that I have pet peeves (who doesn't). Whether it's the ongoing failure to mute when not speaking or verbal interruptions ("uh-huh," "yeah," "mmm") when others are speaking—I have a long list. My current peeve is when the speaker stands up and moves away from their camera so we can "see" their entire body. Two problems usually occur: they get really small on my screen and they are further away from the microphone and I have trouble hearing them.

I am not enamored with Zoom as a Toastmasters platform, but it is the platform we have! I can still learn to be a more effective communicator over the computer. I look forward to returning to some of the routines of yester-months. I am the mam-osaur (coo-coo-ca-chu) that is slow to embrace change (and still complains about it) but ultimately sees the value in adaptation.

We are in this together . . . while sitting separately in front of our screens. Long live the mam-osaurs!

Ben Medofsky: Toastmaster & Civic Leader 1956 to 1967 (Part 5)

Harvey Schowe, DTM

According to Glenn Meek, Past District 7 Historian, documents show Ben Medofsky was a member of High Dawn Toastmasters Club that chartered June 13, 1949. Ben helped organize Beyond Basic Club #1360 and Morning Glories Toastmasters Club. The Beyond Basics Toastmasters Club, now named New Horizons Toastmasters Club, held its charter celebration on October 12, 1953. Membership required a Toastmaster to complete 12 speeches in the basic manual or a two-year basics course at another Toastmasters club. This was the first club of its type that Toastmasters International chartered.

As a Beyond Basics member, Medofsky served as vice president and treasurer. Ben visited on average four to eight Toastmasters clubs a week because he met good people in the clubs. Blue Ox Toastmasters club #1235 was one of the clubs he visited frequently. The club met in the Bonneville Power Administration cafeteria small dining room on Mondays during the lunch hour. Ben participated in club meetings as an evaluator and speaker. He signed in with Happy Day or Smile in the Blue Ox guest book.

The idea for a humorous speech contest began with District Governor John Case in 1963. He encouraged clubs to use humor and suggested a Humorous Area Speak Off. David Tribel, District Governor 1963 to 1964, tried to start a contest. Everyone thought this was a good idea but no one was interested in giving a humorous speech. A few clubs competed in a successful Humorous Speak-Off in 1964. The humorous speech contest idea was implemented in the fall of 1967 by District Governor Andy Anders. Andy appointed a committee of five to come up with a name for the contest and obtain a trophy. Three members of this committee were Ben Medofsky, Glenn Meek, and Past District 7 Governor George Loney. A contest name had not yet been chosen when on October 4, 1967, while dining at the Multnomah Hotel, Ben Medofsky suffered a heart attack and died at the hospital.

The remaining committee members met October 10, 1967. George Loney suggested naming the humorous speech contest after Ben Medofsky. The Ben Medofsky Contest name was retained until 2007. The contest name was changed to Humorous Speech Contest. District 7 Toastmasters held its last humorous speech contest November 2017.

Ben Medofsky's Quotations

"Every day is a new life to a wise person. This is the first day of my life for every day is a new life to a wise person. I feel good Happy Day to you all. I do not feel old. I do not have old thoughts. I feel young. I have young thoughts."

" Happiness is within me, I am the master of my fate."

"Freedom of Speech: When you can say anything with out thinking about it"

Sometimes Losing is Still Winnin

Alan Schwartz, DL3

I hadn't planned to compete in the International Speech Contest.

Tuesday, January 7th - I drove to Kafiex Roasters - Coffee Lab in downtown Vancouver, WA for my early morning mastermind group, Goal Getters Network. It's a networking group I started as a support group for high achievers.

One of our guests that day was Patrick Locke, a Distinguished Toastmaster. He asked me if I would compete in the International Speech contest the next morning as they needed another contestant at my Toastmasters club #3091 Professionally Speaking. I told him that I didn't have a prepared speech. He suggested I just throw one together. I agreed, thinking, 'Why not? It was just one speech, not too much of a commitment.'

Wednesday, January 8th - I had been knee deep in a lot of recent research about my family history for the purpose of helping my 11 year old son, Avery, with one of his 5th grade assignments. I had been spending weeks climbing several generations up our family tree by interviewing a few of my relatives and investigating leads and documents on Ancestry.com.

It was the morning of the contest and I was driving to my Toastmasters meeting while speaking with my father on the phone. He told me a riveting story about an encounter my Grandpa Lee had in one of his many missions during WWII. I felt compelled to add that story to my speech at the very last minute.

I spoke about some of the trials of three of my ancestors. I shared what I thought were touching stories about my Great Grandma Fannie Sheweloff, and her son, my Grandpa Lee, both of whom are on my mothers' side of the family tree. I also shared about my Great Grandfather Bernard Schwartz who is on my father's side. Both great grandparents had fled their oppressive home countries to come across the ocean to America over 100 years ago with next

to nothing to their names. I passed around the prayer book that was one of my Great Grandmother's only possessions when she left her homeland.

I also shared a story about my Grandfather in WWII and I started to tear up mid-speech because he meant a lot to me. I also passed around an old framed photograph of my Grandfather's US Air Force Unit. The yellowed photo of these brave young pilots, gunners and bombardiers was an impactful visual aid. Grandfather Leon Sheweloff (pictured bottom right) was clearly proud of his squadron!

My first speech was a success! I came in 2nd place . . . out of two contestants.

First place winner, Jeff Carr wasn't able to commit due to his schedule as a Pastor, and so I went on from the club level to the Area level contest.

Saturday, February 22nd - My younger son, WyLee, came with me to check out my speech at the Area level contest. On the drive there, he sweetly expressed that he didn't want me to win because he didn't want me to leave the country. I said not to worry, just to take things as they come. If I won and we flew to Paris, it'd be quite a memorable family vacation. That seemed to calm his nerves.

This time I arrived feeling ready, rehearsed and well prepared! I gave my speech on the subject of loyalty, shared a funny story of my proposal to my wife, and a story about a client whose loyalty I earned after she lost her home in a tornado. I shared my proven loyalty earning mindset.

My second speech was a success, and I came in 2nd place again . . . out of two contestants—again.

My son was impressed and felt I should have won. I explained that the other speaker was more enthusiastic than I, so she won fair and square. Second place still got to advance to the Division level contest.

Saturday, April 18th - Since the last speech contest, the world had completely changed due to the Coronavirus Pandemic. People everywhere were sheltering in place, and public gatherings were shut down. Toastmasters meetings and contests had gone 100% digital.

I shared a speech about one of my personal heroes, my Grandpa Lee. I talked about several traits of his that I admire: creativity, self-sacrifice, and compassion. I told brief but impactful personal stories that exemplified each positive quality. I spoke about his gifts that he had crafted out of wood, and what they meant to me as an example of creativity. I shared about when he fell and broke his hip but still let my Grandmother sleep as an example of self-sacrifice. I iterated the story about when my Grandfather was a Gunner in a B-17 during WWII, and he came face to face with an enemy but he just couldn't shoot as an example of his compassion. I ended with a call to action to be heroes during these troubling times.

My third speech was a great success! I came in 1st place out of six talented contestants.

Now things were getting real! Patrick Locke, Marv Serhan and Bob Hall—all three Distinguished Toastmasters—reached out to me to provide an incredible level of support. Apparently, I was the first member of Professionally Speaking to ever make it that far in the International Speech contest. They rallied the other Toastmasters groups in my area, and arranged for me to perform my speech on a circuit.

I lost track of all the meetings where I spoke and received evaluations. Each time I spoke I received amazing feedback. I practiced daily and tried to apply the recommended improvements in my many rehearsals. I printed out an evaluation that was emailed to me by Marv Serhan and this incredibly detailed analysis was a 12-page report! I felt like Rocky Balboa in a training montage, except I had many experienced coaches in my corner, not just one. I was developing my public speaking skills every single day.

Saturday May 16th - The District 7 contest was run amazingly well. We have all gotten really good at using Zoom video conferencing by now. The 7 other speakers were highly skilled, and I was genuinely impressed by several of the performances.

I undoubtedly gave my best version of my speech yet. I retitled the speech *Portrait of a Hero* and showcased a painting that I had made

of my Grandpa Lee when I was a teenager. I made many revisions based upon all of the incredible feedback from the dozen or more evaluations I received. I spent the most time strengthening the opening, found a great and applicable quote by Maya Angelou, smiled more, and committed my speech to memory. Still, after all of that work it wasn't perfect, but it was by far the best speech I've ever given!

My fourth speech was my biggest success, yet this time I did not place. How exactly was it a success then, you ask? Three simple reasons:

- I believe I properly honored the memory of my beloved Grandpa Lee.
- I transformed into a better public speaker over this last 5 months due to a great deal of hard work and an immense amount of support from my friends, family, and fellow Toastmasters.
- I made several new friends and connections along the way.

Depending upon your attitude, sometimes losing is still winning.

When someone reaches out to you and asks you for help, as Patrick did with me, I urge you to say "Yes!" or "No problem" to their request if you can. What often first seems like an inconvenient addition to your already busy schedule may surprisingly turn into an opportunity to experience the benefits of quantum growth in your life!

About Alan: *I am a husband and a proud father of two boys, our two puppies, a cat and a fish. I'm the VP of Membership at Professionally Speaking Toastmasters 3091. I'm also the founder of a local Meetup group called Goal Getters Network. For fun, I love to draw, paint, write, orate, photograph and play unique hand drums.*

My career is as a Senior Account Manager at Coast to Coast Computer Products and I have 16 years experience selling technology, printer supplies and office products to businesses and government agencies nationwide. My long term loyal customers include 20th Century Fox TV and the Federal Reserve Board. Please reach out to me for help saving your business time, money and headaches on a wide range of products, from IT hardware and software to printers and their supplies. Tell me you're a Toastmaster and I'll give you extra discounts. I promise we'll be your organizations next favorite vendor!

Article reprinted with permission. Originally published on May 17, 2020 on LinkedIn

Bereavement Cannot be Abbreviated

Lee Coyne, ATMS

To each and every Toastmaster on this planet, death marks the final curtain of communication with our loved ones. Memorial Day 2020 thus bears reflection on dealing with death.

Amid this global pandemic the subject is even more relevant. In the year 2000 I was asked by the New Mexico Counseling Association to do a workshop at their annual meeting in Albuquerque. My Toastmasters skills were being summoned. The topic was creative grief.

Here is the essence of that very poignant memory, with several Toastmasters friendly additions:

- Birthday in Memoriam. Here's our chance to recall everyday passions as well as pastimes of that individual. Cook their favorite dish to share. Play music in tune wuth with their karma of life. Take a pause to discuss hobbies, vocation. and vacations.
- Unwind the Past. Play a tape of their voice if available. Or else take out old TM speech manuals and reminisce the talks of yesteryear. Drag out an old evaluation of how it might play out in retrospect.
- Create a Legacy Log. Pick a special quality that the loved one displayed. Keep faith by replicating that human trait in daily interaction. By so doing, we can hold forth an eternal light in their memory.

In times of darkness, that magic lantern is needed more than ever. Be that emissary.

Note. Lee Coyne was once on the staff of Douglas Home Care and Hospice.

We are a traveling club and meet at different venues each month. Please check our Facebook page or contact us for more information, or if you are not in the vicinity of this month's meeting join us Online at Zoom Meeting 82202875017. Visiting from around the world? Check your Local Time here

Join Us!

Next Meeting - Friday, June 5

In keeping with its focus on FUN, Friday Night Fun Masters will choose club MENTORS by holding a fun "mentor campaign" at our June 5 meeting. Do you want to be a founding member of a FUN club? Earn your club MENTOR credit while having fun? Join Friday Night Fun Masters! Charter fee is only $57.77. Click here to join

For questions, email fridaynightfunmasters@gmail.com , text 714-273-0743, or join us on Facebook

BurnsMasters Toastmasters: 90

Marv Serh

When Marv Serhan was asked to serve as the sponsor for a new corporate club in Vancouver, Washington take place. Parts I, II, and III outlined the first series of key tasks in the project plan. Part IV will present the efforts and this club-charter initiative was certainly that with Patrick Locke, DTM, Bob Hall, EH5, and Greg

Here is a continuation of the task/deliverable listing from Part 3 of the BurnsMasters new-club project plan:

- **Coordinate with the club and Toastmasters International (TMI)** to monitor the progress of the application process. Anticipate when charter designation may be forthcoming and plan a celebration meeting to acknowledge that milestone.

Keep District 7 leadership apprised of progress and extend an invitation for them to be present for the celebratory meeting. In this case the District 7 Trio agreed to be present. In addition, the D7 team presented a club banner to BurnsMasters which was a terrific and generous gesture by D7's leadership.

- **Post-Charter actions**: Once chartered, the club is still in need of support. In order to ensure the sustainability of club quality, energy, and commitment, sponsors and mentors are still needed to offer guidance and quality assurance to the club's operation. Specifically:
  - Project plan retrospective: "A retrospective is a methodology that analyzes a past project event to determine what worked and what didn't, develops lessons learned, and creates an action plan that ensures lessons learned are used to improve management of future projects." The Sponsor/Mentor team and the club's officers will help to review the successes and the areas where improvements can be made as it relates to the club implementation process. Note the project plan should incorporate a look back at what worked and what tasks could be improved. In the military and project management world, retrospectives are an imperative. The retrospective for BurnsMasters has been planned and will take place in the coming weeks. It is anticipated that the primary participants in this meeting will be the sponsors, mentors, and all seven club officers.
  - Continue to coordinate with TMI: At the end of sponsor and mentor activities

0 days to Charter Status (Part 4)

han, DTM

n, he elected to apply a project management approach on how that club establishment and charter would final key steps that helped to keep this project moving forward toward charter status. All projects are team Hawkins, MS3 coming aboard as co-sponsor and mentors to support this project implementation plan.

supporting the club, the club president should notify TMI of that result. A simple message to newclubs@toastmasters.org listing the sponsors and mentors will suffice.

- Schedule the final 2-hour officer training session: When convenient, work with the club president to arrange this final training.
- *Voices!* article: This article was the last item on the project plan and is designed to share the relevant information that may be useful to others planning to sponsor/charter a new club within D7.
- Lead Sponsor courtesy call: The lead sponsor should meet with the local decision maker at least one more time to discuss club sustainability considerations as outlined below.

Lead Sponsor schedules a courtesy call with the company decision maker to discuss club sustainability.

Note that the club's charter status does not guarantee continued success. As such, the lead sponsor should arrange a courtesy visit with the local decision maker to discuss club sustainability. Some discussion topics might include but are not limited to:

- Potential challenges that a new club might face,
- Professional development considerations
- Training and education opportunities
- Support with Pathways implementation
- Speech contest involvement/support
- Mentoring/protégé program implementation
- Distinguished Club Program significance: the key performance indicators (KPIs) that document progress.
- Ongoing support from the Sponsor/Mentor team as required
- Emphasis that ongoing support will be available through District, Division, and Area leadership.
- Et al

Essentially, it makes good sense to assure the decision maker that the Toastmaster community will be here to support this new

club as they charge forward to grow and mature professionally in the months and years to come.

In closing, many of the ideas and activities noted in this 4-part article were crafted to address the establishment of a District 7 corporate club. However, please note that the same project-management approach, using tasks, milestones, and deliverables, can be applied to any new club initiative - community clubs as well. Again, not all clubs require or may have an interest in this level of detail as they strive to make improvements in club functioning. Nonetheless, knowledge is power, and as such, the BurnsMasters' success story offers a real-world example of how an organization with virtually no experience in Toastmasters was able to integrate people, process and technology to reach charter designation in a 90-day period. The BurnsMasters Toastmasters club is well on their way to greatness. Their professionalism, attention to detail, quality leadership, and motivation to pursue excellence in all that they do will surely sustain their success long into the future.

On behalf of my teammates: Patrick Locke, DTM, Bob Hall, EH5, and Greg Hawkins, MS3, well done, BurnsMasters! Thank you for the opportunity!

Marv Serhan, Captain, U.S. Navy (Retired) has been a member of Toastmasters since 1999. He earned DTMs in 2007 and in 2020. He is the founder and past-president of Professionally Speaking TM-3091 in Vancouver, WA. As Area 81 Director within Division G, Marv was selected as the District 7 Area Director of the Year for the 2018-2019 cycle. If you have questions, Marv can be reached at marv@marvserhan.com. His website is www.marvserhan.com

L to R: Emilie Taylor, DTM, District Director, Jeff Bourgeois, President BurnsMasters. PJ Kleffner, DTM, Program Quality Director, Eldred Brown, DTM, Club Growth Director

It was a fun meeting on Thursday and an honor to have all the area leadership at our office. I'm glad we were able to put on another solid meeting for them. Hearing their remarks and compliments for our club was a proud moment for all of us and will motivate us to continue learning and improving as a club. I'm glad we can serve as that outlier that smaller offices can establish a strong Toastmasters club. It's a real testament to the quality employee-owners in our office and the overall culture of Burns & McDonnell. —Jeff Bourgeois, PE - BurnsMasters Club President

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Daniel Flood, DTM

Helping Others Grow

Leanna Lindquist, DTM

I have known Daniel Flood many years through Toastmasters. We have collaborated on marketing Toastmasters in the Southern Division. Daniel belongs to Jefferson State, University, and VA SORCC Toastmasters Clubs.

Tell us about Daniel

I'm probably one of the few people on the planet who can say they owe their life to Toastmasters. I didn't understand this growing up, but became aware of it later in life. You see, my father needed Toastmaster skills in order to attain the career appointment he wanted. Toastmasters helped him do that. After he attained the position, the family was financially secure enough to expand and I was conceived. Had it not been for Toastmasters training, fate certainly would not have smiled on me.

What brought you to Toastmasters?

My Toastmasters journey had a rocky start. My first foray was back in 1983 in Alaska. I leveraged my contacts in Toastmasters to get a better job . . . so I thought. It turned out to be one of the worst career moves ever! When the job ended, so did the Toastmasters club. Then, in the early 2000s, I visited many other clubs in the Bay Area, not finding any that had a good fit. Finally, in 2010, I found University Toastmasters in Ashland and everything clicked. I wanted to get into stand-up comedy. Everything I tried was for

laughs (I was awful). My mentor suggested I try the Competent Leader manual (which I couldn't find). Once I tried the Leadership manual it was hard to go back to speaking. I love both now, but really found my niche in helping others grow.

How do you use Toastmasters outside your meetings?

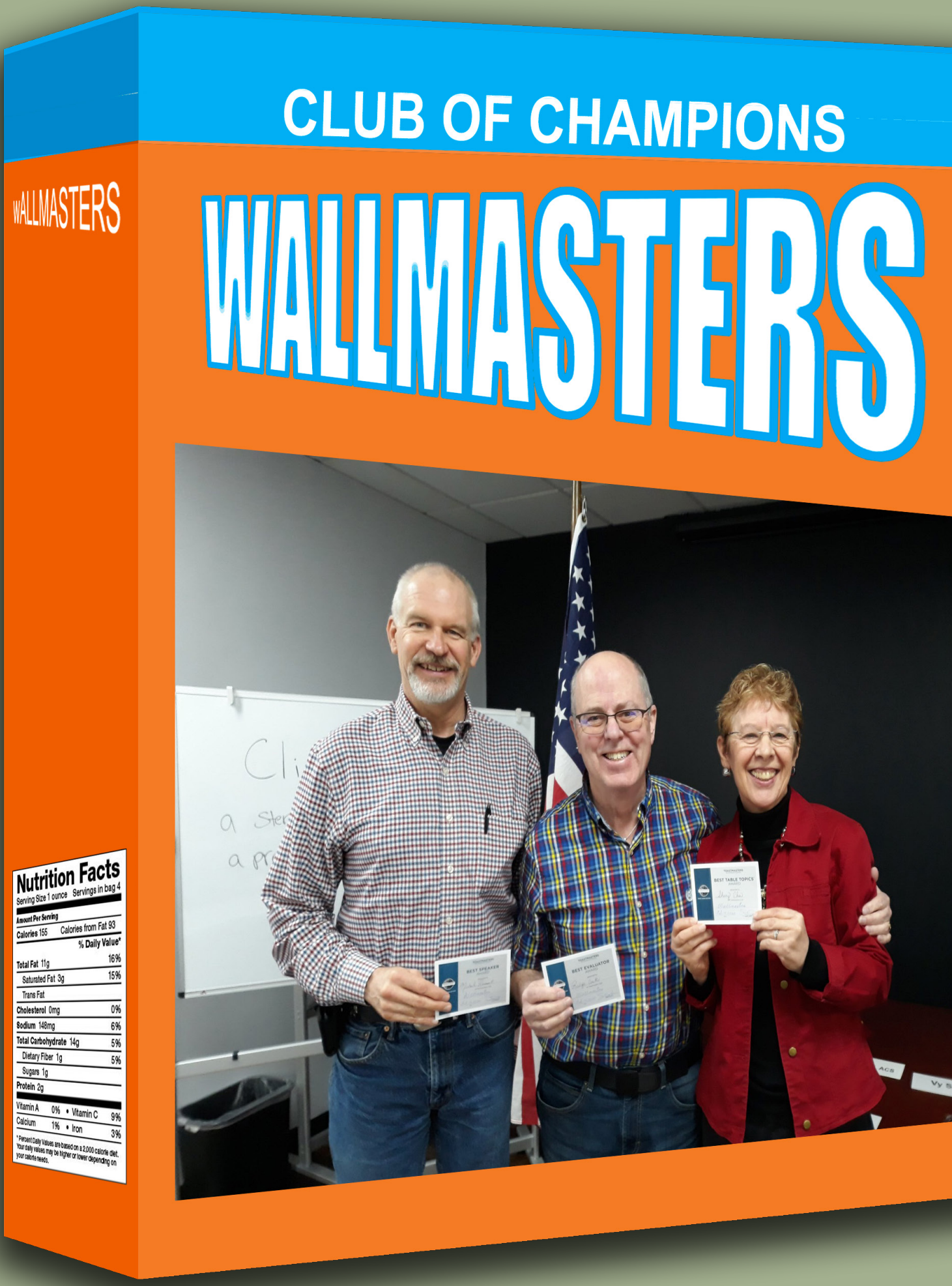
I don't use it as much as I'd like. I was active in Chamber Greeters for many years, promoting Toastmasters. I've made Toastmasters presentations to many organizations, workshops, and entrepreneur forums.

I see you belong to three clubs. Why so many?

Glad you asked. First, my home club, University Toastmasters, because I'm the last holdout from the 2010 group. Next is Jefferson State Toastmasters where I was a founding member after re-chartering the Ashland Morning Toastmastes club. I also helped start the VASORCC (VA Domiciliary) Toastmasters club in White City. In each case, there are new challenges, new adventures, and new friends. I was also a member of Rogue Valley Toastmasters, until it ended.

What is your greatest achievement as a Toastmaster?

Being able to mentor so many members over the years! I think it's officially around a dozen now, but there are many more unaccounted for. Helping others achieve their speaking and leadership goals is a great honor. Achieving my DTM felt good. I never expected to ever get that far in the program. It just slowly happened. Achieving my second DTM this June will be even better. For those of you who think your DTM is a pipe dream, hang in there. This dream can become your reality.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WALLMASTERS
WALLMASTERS
Nutrition Facts
Serving Size 1 ounce Servings in bag 4
Amount Per Serving
Calories 155 Calories from Fat 93
% Daily Value*
Total Fat 11g 16%
Saturated Fat 3g 15%
Trans Fat
Cholesterol 0mg 0%
Sodium 148mg 6%
Total Carbohydrate 14g 5%
Dietary Fiber 1g 5%
Sugars 1g
Protein 2g
Vitamin A 0% • Vitamin C 9%
Calcium 1% • Iron 3%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

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During social distancing, we are meeting online. Contact us for the Zoom link to join the meeting.

Join Us Any Friday

The Silver Lining Behi

Michelle Alba-Lim, DTM

In mid-March, Toastmasters International issued a directive suspending all in-person Toastmasters meetings and events, from club level all the way to District level.

Most of the 16,500+ Toastmasters clubs around the world were caught unprepared. Some clubs decided not to meet until after the Covid-19 social distancing. Sadly, some clubs even decided to close down. Similarly, some districts canceled their contests and conferences. Some planned to hold only their annual business meetings (required by Toastmasters International) and nothing else.

For a while, it seemed like Covid-19 had vanquished Toastmasters spirit. Then an interesting phenomenon started happening. Clubs began to test the waters with online attendance.

As more went online, members of clubs that did not meet online started checking around for those that did. Toastmasters were Zooming all over the world. A guest at one of my clubs shared that in the last month, she's been to nearly 80 clubs in 30 countries!

After participating in a mock online Evaluation Contest hosted by Global Trainers Online, District 7 leadership voted to carry on with the Evaluation and International Speech contests. The online contests went well, prompting Daniel Flood (a Division A member) to comment that the online format made it so much easier for members to attend meetings and contests. Daniel used to drive for nearly five hours to attend events in person.

Prior to the District contests, all D7 Divisions but Division A held their contests online. Unlike in-person contests, it was relatively easy to find judges, ballot counters, and other support team members. I served as Chief Judge at one Division contest in the morning, then at another Division an hour later. This would have been close to

nd the Covid-19 Cloud

impossible with in-person contests, where one would have to factor in travel and parking time.

Because of online attendance, many clubs that might have been suspended due to low membership have recovered through the infusion of remote members and guests.

As a shining example of resilience, resourcefulness, and results, District 91 hosted a first-rate, online conference featuring two days of powerful keynote speakers, nearly a dozen educational speakers, impressive contestants competing in four contests, and an annual business meeting that proceeded like clockwork. The registrations exceeded 850. At 10 pounds per person (10 pounds sterling = $12.2635 as of 5/20/2020), that earned the district well over 7000 pounds ($8,584 usd)! !

A plethora of webinars have been organized and conducted since Covid-19 restrictions. It is so much easier to organize online events, not having to find a venue, logistics, and so on.

District 79 outgoing District Director Samer Kamal completed a High Performance Leadership (HPL) project on best practices in online attendance. You can view the document by clicking here.

I could go on writing about the silver lining that Covid-19 has unintentionally created, but won't. Suffice to say that numerous clubs that are now meeting online would never have considered doing so had it not been for the pandemic. And District 7 might finally, three years after I posed the challenge, have at least 77 blended clubs after this pandemic is over. If you're thinking that your club could be among these blended clubs, join our panel discussion on May 24th, 11:00-12:30pm. We ask that you register by clicking here.

For questions about online attendance for your club, contact toastmaster.michelle@gmail.com

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Wallmasters International Club	Allred	Lee
Talking Heads	Ball	Bailey
CareOregon	Ballard	Melissa
Portland Club	Bartu	Sandy
Audacious Orators	Bliven	Audrey
Arlington Toastmasters Club	Bradley	Maureen
Wallmasters International Club	Briggs	Tom
PMI Portland Toastmasters	Bullard	Al
High Noon Club	Burnap	Diane
RA Chiptalkers	Carmolinga	Veronica
Downtown Public Speakers Club	Conley	Debora
Tell Me A Story	DaSilva	Stephanie
Capital Toastmasters Club	Delucia	Alexander
PMI Portland Toastmasters	DeVassie	Robert
RA Chiptalkers	East	Flora
Yammertime	Elliott	Richard
Hopemasters	Escatel	Rodolfo
Hopemasters	Ferreira	Geavany
Speak To Lead Toastmasters	Figueroa	Ellie
Nano-Mated Speakers	Golfman	Adam
Toasting Excellence Club	Goltz	Katie
RA Chiptalkers	Gomez	Issac
Smooth Talkers Club	Green-Thompson	Pham
Hopemasters	Heward	Tim
Arlington Toastmasters Club	Hoffman	Janet
Vancouver Toastmasters Club	Jakovac	Matilda
Hopemasters	James	Corey
Salmon Speakers	Jasper	Coty
Essayons Club	Johnson	Griffin
PMI Portland Toastmasters	Lajeunesse	Monique
Smooth Talkers Club	Laub	Joshua
Nano-Mated Speakers	Lenox	Diane

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Capital Toastmasters Club	Lewis-Davis	Charles
Gateway Toastmasters	Loper	Amy
Tower Toastmasters	Lucus	Erik
Portlandia Club	Mcmillian	Lise
Capital Toastmasters Club	McThrow	Anthony
Essayons Club	Migenes	Alex
Columbia Square Squawking Heads	Miller	Israel
Capital Toastmasters Club	Moon	Medero
Cedar Hills Club	Moon	Se-Jung
RA Chiptalkers	Moore	Sara
Tell Me A Story	Mousavi	Hidemi
RA Chiptalkers	Peltonen	Peter
The Toast of Old Town	Simpson	Mary Ann
University of Oregon Club	Smigley	Mychal
Portland Club	Snow	Robert
WE Toasted Toastmasters	Sura	Krishna
Politically Incorrect Toastmasters Club	Sytsma	Tim
Capital Toastmasters Club	White	Frankie
Capital Toastmasters Club	Wiggins	Jonathan
Capital Toastmasters Club	Williams	Imani
Pearl District Toastmasters Club	Wilson	Wendy
Toastmasters of Redmond	Windom	Lisa
Portland Club	Wing	Erin
Clean Water Toastmasters	Yeager	Amelia
Noon Talkers	Zink	Katie
Capital Toastmasters Club	Zoller	Aaron

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
PM3	4/5/2020	Alba-Lim, Michelle	Roseburg Spkrs and Storytellers
LDREXC	4/9/2020	Andersen, Lorri	Daylighters Club
LD2	4/29/2020	Averyanova, Alena M.	Columbia Sq Sqwking Heads
LD1	4/27/2020	Averyanova, Alena M.	Columbia Sq Sqwking Heads
EC3	4/7/2020	Beste, Nathan	Nano-Mated Speakers
EH3	4/9/2020	Bird, Summer Thomas	Toasting Excellence Club
MS1	4/28/2020	Brenner, Susan	Clackamas Stepping Stones
ACS	4/30/2020	Brown-Gratcheva, Julia Vladimirovna	Speakeasy Toastmasters
ACG	4/18/2020	Canfield, Robert	Moser Community
DL1	4/30/2020	Canney, Laurie Ann	Downtown Lunchbunch
EC1	4/21/2020	Carr, Jeffrey E.	Professionally Speaking
PM1	4/14/2020	Carstensen, Julie	VA SORCC Toastmasters
EH2	4/14/2020	Cismar, Bill	Banfield Barkers
EH1	4/14/2020	Cismar, Bill	Banfield Barkers
CC	4/24/2020	Cox, Cleon M.	Wallmasters International
IP1	4/27/2020	Davies, Morgan McQuistan	Columbia Sq Sqwking Heads
DL2	4/16/2020	Davis, Cornelius	Capital Toastmasters Club
IP4	4/21/2020	Davis, Steve	Sherwood Town Criers Club
PM1	4/29/2020	Deierling, David	Toast to US
LD4	4/13/2020	Diamantine, Janice	Lebanon Toastmasters
PM3	4/22/2020	Finch, Susan Marie	Silicon Forest Club
PM2	4/22/2020	Finch, Susan Marie	Silicon Forest Club
PM1	4/8/2020	Fitch, DeeDee	Coachmasters Toastmasters
PM1	4/14/2020	Fontanilla, Julia	Beachtown Toastmasters
VC3	4/30/2020	Frankland, Constance E.	Rogue Valley Networking
LDREXC	4/17/2020	Fraser, Scott A.	University Toastmasters Club
IP2	4/21/2020	Gallardo, Jesus	Downtown Lunchbunch
ACG	4/10/2020	Gupta, Bhushan B.	Silicon Forest Club
ALB	4/6/2020	Hall, Robert B.	Professionally Speaking
PI4	4/20/2020	Helland, Terry	Cedar Hills Club
ALS	4/9/2020	Hennick, Sharon D.	Myrtlewood Hootowlers

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
DTM	4/9/2020	Hennick, Sharon D.	Myrtlewood Hootowlers
MS1	4/27/2020	Holt, Celita	Columbia Sq Sqwking Heads
PI1	4/21/2020	Hopkins, Myfanwy H	Banfield Barkers
PI4	4/28/2020	Hunt, Hillarie	The Toast of Old Town
PI3	4/28/2020	Hunt, Hillarie	The Toast of Old Town
LD3	4/28/2020	Jamieson, David H.	Beachtown Toastmasters
LD2	4/28/2020	Jamieson, David H.	Beachtown Toastmasters
LD1	4/28/2020	Jamieson, David H.	Beachtown Toastmasters
DL2	4/28/2020	Jois, Poorvaja	Speak To Lead Toastmasters
LDREXC	4/6/2020	Kelley, Patricia A.	PMI Portland Toastmasters
ALS	4/6/2020	Kelley, Patricia A.	PMI Portland Toastmasters
DTM	4/6/2020	Kelley, Patricia A.	PMI Portland Toastmasters
DL1	4/21/2020	Khurana, Jasvinder S	Sporty Speakers
EH1	4/5/2020	Kleffner, PJ	Babble-On Toastmasters Club
ACB	4/21/2020	Kuhnhausen, Todd E.	Wafermasters Club
VC1	4/13/2020	LaBier, Daryn Lee	Sporty Speakers
LD1	4/15/2020	Lewis, Connor G	The Dalles Toastmasters Club
ALB	4/22/2020	Locke, Julius Patrick	Speakers With Spirit Club
CL	4/22/2020	Locke, Julius Patrick	Speakers With Spirit Club
EC4	4/27/2020	Marksthaler, Jeffrey Robert	Portland Club
CC	4/16/2020	McCarty, Jeffrey	Capital Toastmasters Club
PM1	4/14/2020	McClean, Norma	Early Words Club
CL	4/28/2020	McKennie, Angela	Columbia Sq Sqwking Heads
IP3	4/20/2020	McLellan, Joseph Q	Toastmasters of Redmond
VC2	4/26/2020	Miller, Aurora J.	Babble-On Toastmasters Club
VC1	4/26/2020	Miller, Aurora J.	Babble-On Toastmasters Club
LD1	4/26/2020	Morgan, Ryan	At The River's Edge Club
EC1	4/22/2020	Myers, Emily Jane	Sporty Speakers
PI1	4/14/2020	O'Lynn, Chad	Beachtown Toastmasters
EC1	4/30/2020	O'Neal, Adele J.	Toasting Excellence Club
DL1	4/28/2020	Pathak, Aayush	Speak To Lead Toastmasters
SR1	4/16/2020	Peralta, Diane Dugay	Sage Beaverton Toastmasters

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
DTM	4/8/2020	Pugh, Robert S.	Wallmasters International
ACG	4/3/2020	Pugh, Robert S.	Wallmasters International
SR1	4/27/2020	Rawnsley, Emma	Columbia Sq Sqwking Heads
CC	4/22/2020	Retcher, Brian	Columbia Sq Sqwking Heads
DL4	4/28/2020	Schellenberg, Lyle W.	Bootstrappers Club
CC	4/29/2020	Seed, Patrick	Portland Progressives
CC	4/2/2020	Semprevivo, Karen Ann	Portland Progressives
IP1	4/28/2020	Sharma, Mansi	Speak To Lead Toastmasters
EC1	4/21/2020	Shortt, Judith L.	Downtown Lunchbunch
TC2	4/27/2020	Smith, Oliver B	Columbia Sq Sqwking Heads
TC1	4/27/2020	Smith, Oliver B	Columbia Sq Sqwking Heads
SR2	4/1/2020	Sorenson, Shannon	The Standard Speakeasy
ALB	4/7/2020	Steele, James P.	Toast of Corvallis Toastmasters
IP4	4/19/2020	Talley, Kamili	New Horizons Toastmasters
IP2	4/21/2020	Tanaka, Wanqi Angela	Sporty Speakers
CC	4/17/2020	Taylor, Emilie	Feedbackers Toastmasters
ALB	4/25/2020	Taylor, Emilie	Oregon City Toastmasters
ACB	4/21/2020	Taylor, Emilie	Wagon Tongues
CL	4/17/2020	Taylor, Emilie	Wagon Tongues
PM2	4/9/2020	Theobald, Kevin	Silicon Forest Club
LD1	4/27/2020	Thorup, Matthew	Columbia Sq Sqwking Heads
SR4	4/4/2020	Tucker, Daniel	Toasting Excellence Club
CL	4/16/2020	Tully, Kathleen	WE Toasted Toastmasters
PM2	4/13/2020	Tully, Kathleen	WE Toasted Toastmasters
IP2	4/28/2020	Waller, Cris	The Toast of Old Town
EH2	4/22/2020	Wilson, Michael A	So Oregon Speechmasters

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Abbott, Nichole Danae	3	EC1 , EC2 , EC3
Adams, Becky	6	IP5 , IP1 , IP2 , IP3 , IP4 , CL
Akers, Traci	4	DL1 , DL2 , DL3 , DL4
Al-Wadud, AbdurRashid	3	MS3 , MS4 , MS2
Andersen, Lorri	3	LDREXC , ACB , ACS
Arnold, Cate Ann	7	ACS , ACB , CL , CC , ACG , ALB , LDREXC
Baker, Jean Margaret	3	PM3 , PM4 , PM5
Baker, Jennifer L.	3	IP1 , IP2 , IP3
Bergman, Erik	7	EH1 , PM5 , LDREXC , CC , ALS , EH2 , DTM
Beste, Nathan	3	EC3 , EC1 , EC2
Bird, Summer Thomas	4	EH2 , VC5 , EH1 , EH3
Booth, Jonathan	3	IP2 , IP3 , IP4
Caloca, Paul	4	DL1 , DL2 , DL3 , DL4
Carson, Paul	3	LDREXC , ALS , DTM
Chambers, John	3	LD2 , LD3 , LD4
Chen, Karen	3	PM3 , PM1 , PM2
Christensen, Kim	3	PM1 , PM2 , PM3
Cook, Rodger	3	LDREXC , ACS , ALS
Corbin, Tamsen Miller	7	PM3 , EC5 , PM4 , LD1 , LD3 , LD2 , PM5
Cottingham, Dorothy	3	MS3 , MS4 , MS5
Culp, Jason M	3	CC , CL , PM1
Davis, Eric Samuel	3	CC , ACB , ACS
Davis, Steve	3	IP3 , IP2 , IP4
De Graff, Peter B.	3	VC2 , VC3 , VC4
Defibaugh, Alyssa	3	IP1 , IP2 , IP3
Dent, James A.	4	VC2 , TC2 , TC3 , VC1
Derridinger, Olivia	4	MS2 , MS3 , MS5 , MS4

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Dickson, Steven M.	4	TC1 , TC2 , TC3 , CL
Douglass, Matthew	4	ACS , ACG , CL , ALB
Fanning, Paul C.	10	CL , DTM , ACG , LD4 , LDREXC , ALS , LD5 , CC , ALB , ACB
Fasone, Hollie Lynn	3	VC1 , VC2 , VC3
Finch, Susan Marie	3	PM1 , PM3 , PM2
Frankland, Constance E.	3	VC3 , VC1 , VC2
Grace, Martin	3	DL2 , LD2 , LD1
Gupta, Bhushan B.	4	ACG , LDREXC , ALS , DTM
Hall, Robert B.	6	EH2 , ALB , EH1 , EH4 , EH3 , EH5
Harmon, Phyllis A.	4	EC1 , EC3 , EC4 , EC2
Harvey, Joshua David	3	DL1 , DL2 , DL3
Heitz, Nena	3	EC2 , EC3 , EH1
Helland, Terry	3	PI2 , PI3 , PI4
Hennick, Sharon D.	4	CC , LDREXC , ALS , DTM
Hunt, Hillarie	4	PI1 , PI2 , PI3 , PI4
Jamieson, David H.	3	LD1 , LD2 , LD3
Johnson, David R.	4	PM1 , PM2 , ACG , DTM
Kelley, Patricia A.	4	LDREXC , ALS , DTM , ACG
Kelley, Todd D.	4	LDREXC , ALS , ACG , DTM
Kemp, Susan K.	4	IP1 , CL , ALB , IP2
Kleffner, PJ	3	VC3 , CC , EH1
Knapp, Thomas K.	4	DL3 , DL4 , DL5 , PWMENTORPGM
Kumar, Anil	3	IP4 , DL3 , IP5
Lee, Rusty	3	VC3 , VC4 , VC5
Lemense, Todd	3	MS2 , MS3 , MS1
Lewis, Tim A.	5	PM1 , PM2 , PM3 , PM4 , PM5

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Lindquist, Leanna	4	PM3 , CL , CC , CC
Locke, Patrick	16	CC , LD2 , PI4 , ALB , LDREXC , ALS , DTM , CC , ACS , ACG , CC , ACS , CL , ACG , CL , ALB
Marksthaler, Jeffrey Robert	3	EC2 , EC3 , EC4
Marsh, Brandon D.	5	LD1 , LD2 , LD3 , LD4 , LD5
Mathis, Steve Nathaniel	3	TC1 , TC3 , TC2
McCollum, Bernice	3	LDREXC , ACS , CL
McCollum, Bryce	4	LDREXC , ALB , CL , ALS
McKinney, Brad A	4	EC3 , EC4 , EC1 , EC2
McLellan, Joseph Q	3	IP1 , IP3 , IP2
Midghall, Michael J.	3	EH1 , MS3 , EH2
Miller, Joan	3	LD1 , LD2 , LD3
Nayak, Chinmayee	3	LD1 , LD2 , LD3
Nixon, Scott	3	VC3 , VC1 , VC2
Norris, Lauralee K.	3	IP4 , IP5 , ACG
Parsons, Richard B.	3	ACG , ACS , DTM
Pence, Brian Eric	3	ACS , CL , ACG
Peralta, Diane Dugay	4	LD1 , SR1 , LD2 , LD3
Pinchot, Beth	3	CL , ALB , VC3
Pugh, Crystal	4	DL1 , MS4 , EC5 , MS5
Pugh, Robert S.	4	ALS , CC , DTM , ACG
Redgrave, Cheri A.	5	IP2 , IP3 , SR5 , IP4 , EH1
Ritchey, Carmil W.	3	MS1 , ALS , DTM
Rodke, John Russell	5	ALB , EC1 , EC2 , EC3 , EC4
Rosenberg, Michael Kenyon	3	EH2 , EH3 , EH4
Sandwick, Jean K.	3	VC1 , ALS , ACG
Sarkkinen, Bert Wilfred	3	PM1 , PM2 , PM3

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Schellenberg, Lyle W.	5	DL1 , DL2 , VC5 , DL3 , DL4
Schowe, Harvey L.	4	CC , CL , PM1 , PM2
Schupp, Lisa S.	5	VC1 , PI4 , VC2 , CL , ACG
Schwartz, Alan Matthew	3	DL2 , DL3 , DL1
Semprevivo, Karen Ann	9	LD4 , ALB , LD3 , EC4 , LDREXC , ALB , CC , CC , CC
Serhan, Marvin T.	3	ALS , DTM , PM1
Solomon, Andrew G.	4	ALB , CL , CC , ACB
Stampflee, Tiffany A	4	LD2 , LD3 , LD4 , LD5
Standeven, Ernest J.	4	ACG , LDREXC , ALS , DTM
Stark, Katherine	4	LDREXC , SR2 , SR3 , ACG
Steele, James P.	4	IP1 , CL , ALB , IP2
Strickland, Scott	3	CC , EC1 , EC2
Takamura, Ted J.	3	MS1 , MS2 , MS3
Taylor, Emilie	8	MS3 , ALB , CL , IP4 , MS2 , CL , CC , ACB
Topping, Sean Phillip	6	MS4 , MS5 , MS1 , MS2 , MS3 , ACB
Tully, Kathleen	4	PM2 , ACG , PM1 , CL
Walker, Linda Lucille	3	CC , CL , PM1
Walker, Marvin Lynn	3	EC2 , PM4 , CL
Wantz, James	3	VC3 , EH1 , EH2
Ward, Jill M.	4	ACG , LDREXC , ALS , DTM
Wilson, Michael A	3	IP5 , EH1 , EH2
Wolfe, Jane	3	EH1 , EH2 , EH3
Wolfe, Norman	4	LDREXC , PM3 , PM4 , PM5
Ying, Amy	3	IP1 , IP2 , IP3

HAPPY ANNIVERSARY TO MAY CLUBS

The following clubs are celebrating their charter anniversary this month. Congratulations to all!

CHARTER DATE	YEARS	CLUB	CITY
5/1/1948	72	Roseburg	Roseburg
5/1/1964	56	High Noon	Salem
5/1/1996	24	Timber Talkers	Beaverton
5/1/1979	41	Electric Toasters	Portland
5/1/1946	74	Oregon City	Oregon City
5/1/1956	64	Chanticleers	Portland
5/13/2015	5	Storymasters	Portland
5/14/2009	11	Spirit Trackers	Madras
5/28/2003	17	Creative Communicators	Online
5/29/2007	13	WE Toasted	Lake Oswego

Alan Schwartz, DL3

Eldred Brown, DTM

Emilie Taylor, DTM

James Wantz, DTM

Leanna Lindquist, DTM

Lee Coyne, ATMS

Marv Serhan, DTM

Michelle Alba-Lim, DTM

Paul Fanning, DTM

Phyllis Harmon, DTM

PJ Kleffner, DTM

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Eastside - Portland, Oregon
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