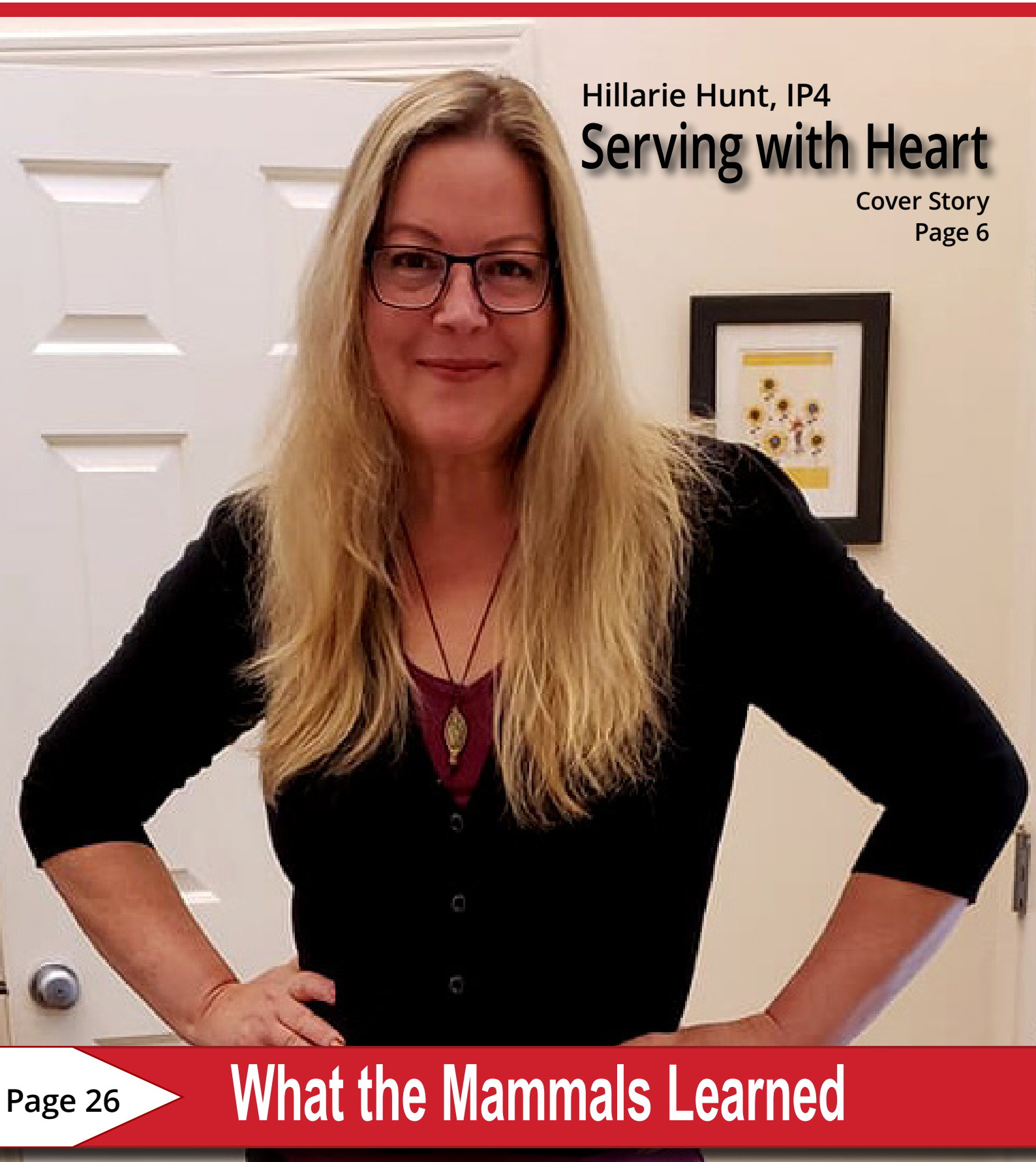
Voices!

One Community
Many Voices

District 7 Toastmasters
APRIL 2020



Hillarie Hunt, IP4

Serving with Heart

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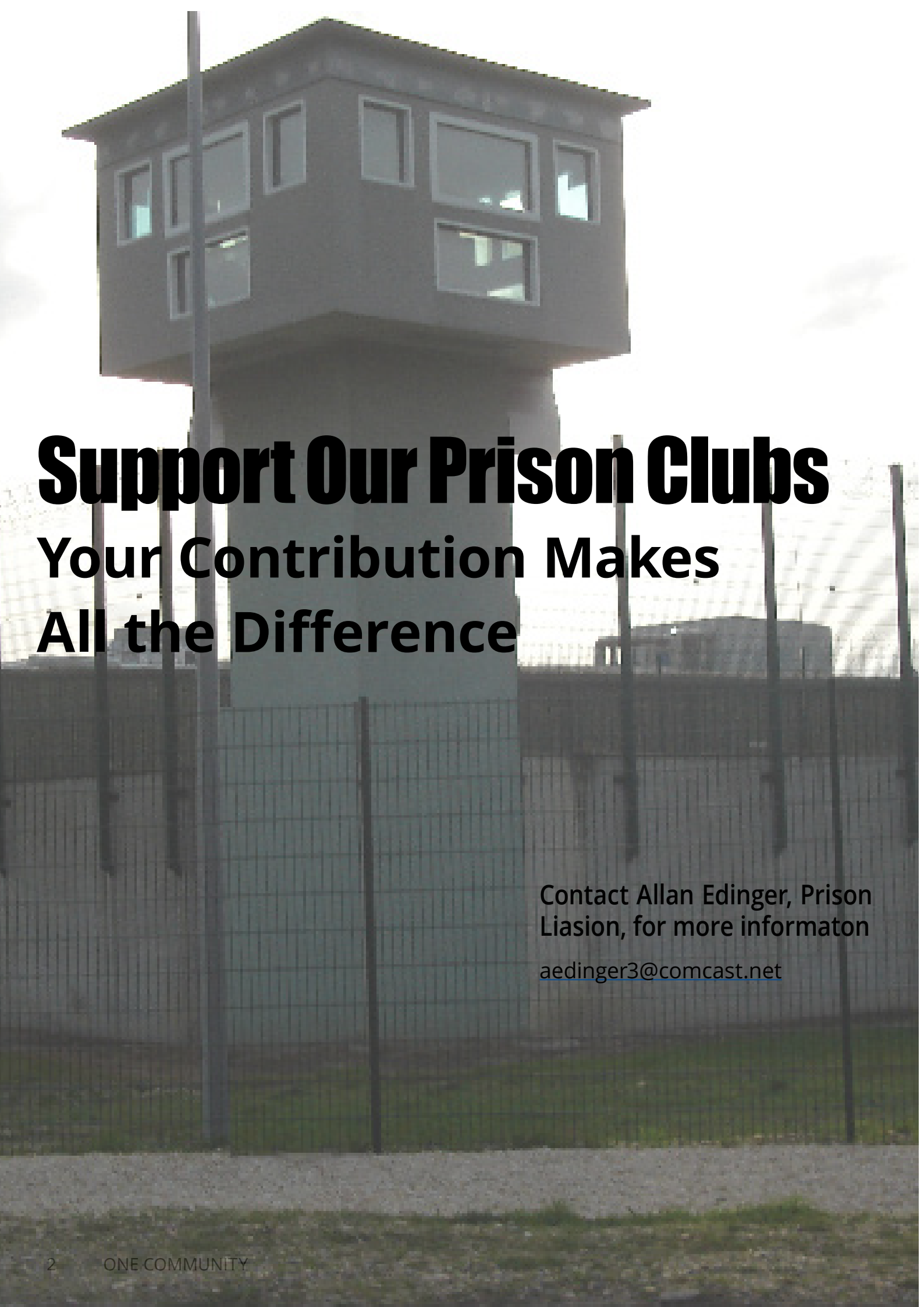
What the Mammals Learned



Support Our Prison Clubs

Your Contribution Makes All the Difference

Contact Allan Edinger, Prison Liasion, for more informaton

aedinger3@comcast.net

Stir Crazy

Phyllis Harmon, DTM

EDITORIAL

I confess, I am tired of staying home! I find I'm more available to 'do' Toastmasters now that club meetings have moved online. Then there are the speech contests—I've participated in at least five of them so far. Thanks to the Trio providing Zoom Meeting, we can stay more connected than ever. (Which reminds me–are you joining the call on May 24th for the panel discussion *Should District 7 Become a Blended Club District?* You can register to attend this free event by clicking here. The panel will discuss and answer questions about what it means to be a blended club.)

It seems to me that while sequestered, I should be making the most of my time. I'm not. The house could use a bit of tidying, but that doesn't interest me. The garden? Not happening. Creating scrumptious meals? Give me a break!

Instead of all the tasks I should do, I've turned my attention to the husband for entertainment. He takes his responsibility seriously. Yesterday, he added "Pick up bat hooves from the Wuhan Market" to the grocery list. He is writing jokes and posting them on the web, then bringing them to me for laughs. Here is his latest posting:

I will sure be glad when this Coronavirus 'House Arrest' ends. We finally ran out of food and went to the grocery store to buy more. When we tried to enter the door a Security Officer stopped us. He told us that we couldn't enter without wearing a mask. We told him,"There are none to be purchased anywhere." He told us to leave. We did.

I then had an idea. We drove to a toy store, purchased two masks and returned trying to enter the store. The Officer yelled, "Hey, those aren't Surgical Masks, they are 'Lone Ranger' masks." "But, they ARE masks," I said.

We had to leave anyway, but as we returned to our car we heard shouts from other shoppers saying things like, "Hi-ho Silver, Awaaay!" and "Who was that masked man?" We laughed and laughed. Good Times.

How are you spending your 'alone' time? Hope to see you soon at another online club meeting or contest!

Volume 6 Issue 10 Apr 2020
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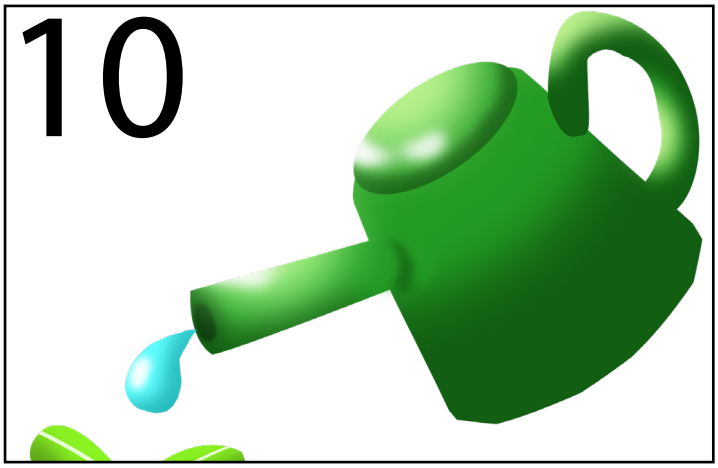
Voices! is published monthly by District 7 Toastmasters. First issue published August 2014. Submit articles or contact us at voices@d7toastmasters.org

VOICES!



COVER STORY

EDITORIAL

FIELD NOTES

FIELD NOTES

COLUMNS

COLUMNS

PROMOTIONS

Big Brothers Big Sisters.

BIGS OF THE

L to R - Hillarie Hunt, CEO Beach Pace, Curt Kimba

YEAR

Hillarie Hunt, PI4

SERVING WITH HEART

Phyllis Harmon, DTM

This month's cover story highlights Division F Director, Hillarie Hunt, PI4. I first met Hillarie in the pages of Voices! as a member of NWEA's club, The Toast of Old Town. Since that beginning, HIllarie and I have crossed paths both in and out of Toastmasters. She is a warm, giving person who has touched many lives. It is a priviledge to share her story with you.

Why did you join Toastmasters?

I joined Toastmasters only when I sponsored a new club—until then, I knew virtually nothing about it! I think I had visited one Toastmasters meeting about 10 years ago, and that was it.

But as the Director of Learning and Development of NWEA, I was frequently approached by colleagues over the years, asking me about how to develop their public speaking and presentation skills, or ask me if we had a Toastmasters club. As it happens, many years ago NWEA did have a Toastmasters club (L'Audibles) and there were just enough inquiries

about it that in 2015 I began talking with my leadership about possibly sponsoring a new corporate club. There was a lot going on in our organization, however, so creating a new club took a back seat for awhile.

Because the inquiries into speaking skills kept coming in, in 2016 I started doing informational interviews with colleagues, including some of the members of the former Toastmasters club, to gauge their interest in possibly forming a new club. I kept plugging away and generating enthusiasm for Toastmasters across the organization, until the requisite 20 people said they might want to join a club if we formed one.

Once I knew I had enough interested people, I met with then District Director, Leanna Lindquist, and we held an Open House in 2017. During that event, I did my first Toastmasters speech ever! And 24 people signed up to join our Toastmasters Club at the end. We finally were able to charter The Toast of Old Town Club, and I served as the Charter President of the club.

Because about 40% of our organization works from remote locations, we knew from the beginning that we wanted to be a blended club: half of our members would join our meetings in person, and half of our members would connect to the meetings via Zoom. It was a huge learning curve for all of us as new Toastmasters, but it's been fantastic to get to know and connect with colleagues from all over the nation.

What has been your greatest Aha! Moment in your Toastmasters journey so far? Why?

Since I've been singing, acting, and dancing on one kind of stage or another since I was 10 years old, I've always been a "performer" —perfecting a rehearsed performance is part of my DNA. The a-ha for me in Toastmasters is focusing less on perfection of execution, but getting to the genuine kernel of a topic. Vulnerability, honesty, and an authentic voice are what I focus on now, more than presentation.

What do you do outside of Toastmasters?

My husband, Daniel, and I went to Eastern Europe on the trip of a lifetime last October to meet a whole branch of my family I never knew existed (and oh yeah, we saw Vienna,

Croatia, Budapest, etc.). I enjoy spending time with my husband, Daniel, and herding our two cats, Dax and Bart. I love hiking, bird watching, painting, camping in the great outdoors, and spending quality time with my Little Sister from Big Brothers Big Sisters (I was honored to be chosen as the 2019 Big Sister of the Year). I regularly participate in fundraising for the American Lung Association, Big Brothers Big Sisters, and National Transplant Fund through annual benefit concerts. I'm an avid but complete amateur home chef, a local professional musical theater performer, and a children's theater director—which is ALSO a bit like herding cats.

How does Toastmasters enhance your work at NWEA?

I'd like to think that I'm now a more effective communicator in my Learning & Development role. It's helped me to show up in a more relatable and authentic way, and has increased my courage and confidence to step up to leadership in multiple ways.

You've been in Toastmasters since 2017. What are some of the highlights of your career so far?

I've been honored to be the Charter President of my club, the Sergeant at Arms, and Treasurer. As a representative of my club, I won the Area 76 International Speech Contest, the Division F contest, and competed in the District 7 contest in Salem, OR.

Last year I was the Area 76 Director, and this year I am serving as the Division F Director.

As Division F Director, what is your vision for the Division this year?

My Area Directors and I have been focused on three things: membership, mentorship, and Pathways. Our Division is challenging because we have so many closed clubs who are social organizations unto themselves, and are not particularly motivated to align with Toastmasters goals and processes. But the Area Directors have done a wonderful job in teaching, guiding, and encouraging our clubs toward these three goals.

In Division F, please tell us how the clubs in your division are weathering the imposed social distancing protocols?

The pleasant surprise is that so many are so easily moving to online meetings. On April 9th, Division F held the first online speech contest in the history of the division, and it was really fun! We ALL can do more than we think we can.

What are your personal plans and goals for next year?

I'm looking forward in the coming year to trying my hand again at speech competitions.

What would you share with those who are interested in taking on a leadership role next year?

Say YES!! You have nothing to lose and LEARNING to gain!

THE POWER OF SPRING

The power of positivity and focus

Emilie Taylor, DTM - District Director

The past three days have been so beautiful here in the Pacific Northwest. The sun was out, the skies were blue, and the trees around my house and garden have been blooming. There is the soft melodic drone of the wind chimes. You can hear the birds chirping. These are ambitious little birds. They are on task, busily looking for twigs and such to build a nest. If I didn't know any better, if I were watching only what was going on in my yard, it would have been easy to forget a worldwide pandemic is unfolding. Give yourself some quiet time to stop and smell the roses, well maybe later, but for now the cherry and apple blossoms. After all, it is a state mandate.

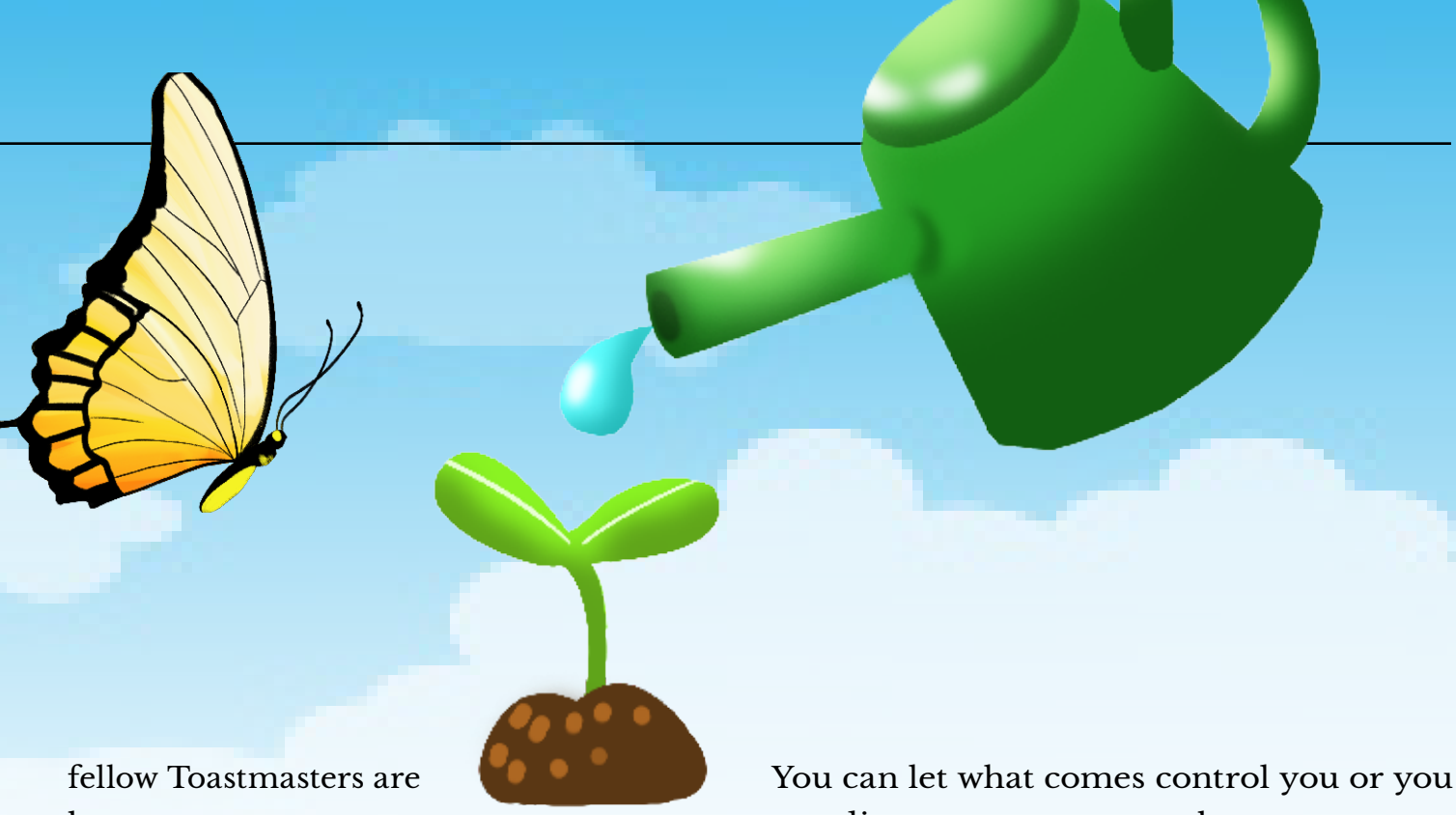
During this time, I'm thinking of you. I hope you are doing well in this Covid-19 environment. It's a very challenging time we face! I believe we will get through it and be better for it.

On the subject of Spring . . . when I think of Spring, I think of three things:

First, I think about new growth. For us in Toastmasters and the rest of the world, change has been abrupt. We are forced to grow and adapt in new ways. June 30, 2020 is the end of the old Educational Program. Starting July 1st, Pathways is it! Many of you have embraced the change and I know many more will. Toastmasters embrace the new growth that comes with change.

Second, I think about Spring pruning the unwanted so you can direct growth. Are we pruning out the 'I can'ts' to the 'I cans'? Are we pruning away unwanted and unnecessary self-talk? None of us are without doubts and fears. Facing them brings to us the revelation that fears are veils attempting to block our view of the beauty of spring. We remember a tree well pruned promotes growth, directs energy and, in the end, we have bigger and better fruit. Time to get out the pruning shears and reshape our Toastmasters journey.

Third, there is the metamorphosis of a caterpillar. The only way for metamorphosis to happen is to go through the process. Like the process of the caterpillar to a butterfly, there a bit of a struggle. Know that the process or metamorphosis is just one step. Each of us has to go through it. We, just like the cocooned butterfly, must work our way through the process. If someone opens up the cocoon for the butterfly, it will not pump up its wings and will not be able to fly. Our



fellow Toastmasters are here to encourage our butterfly experience. We applaud our emergence into the butterfly we are meant to be.

The last month was a time of transition from our regular Toastmasters in-person meetings to attending meetings in a new way—ONLINE. I've received positive feedback from many of you about the online sessions. I am thrilled you are embracing this opportunity and challenge to grow in a new direction. It is a new paradigm! As they say, "Shift Happens." We have had a lot of unexpected "Shift" thrown at us to adapt to. There has been "Shift" before us that would try to make us slip and fall. We are making the best of the "Shift" that has been dealt to us. I know good is coming out of it. My best advice when giving a speech online is to a) be prepared; b) dress up with pride (at least from the waist up—little bunny slippers and pajamas are optional); c) make sure the video is on; d) unmute yourself; and, e) take off the face mask (you are safe) so we can better evaluate your speech.

You have the power to shape your future. You can let what comes control you or you can direct your own growth.

Tend to your own growth. Water your growth in a refreshing way. Let the sunshine of your radiance be seen. Fertilize and nurture yourself with positivity. Remember that you make a difference. Being contagious with positive energy will boost your immune system and the immune systems of others that you share in our new paradigm. Out of adversity comes ingenuity, inventiveness, and new purpose. Or in other words: Out of the manure of life comes the Shitake Mushrooms that we seek and enjoy!

PJ, Eldred, and I are here for you. If you need anything or have questions, please reach out. Remember we are here for each other. We, Toastmasters, are a vital antidote to "Social Isolation." Please share the antidote and make a difference.

Virtual hugs and love to you all!

Keep On Keeping On

PJ Kleffner, DTM - Program Quality Director

How are you doing with that "Keep calm and carry on" strategy that I recommended last month? Being retired, I am quite accustomed to spending a lot of time at home. However, I'm not exactly a recluse or hermit. My typical weekly schedule included a Babble-On Toastmasters meeting, Tai Chi class, board games with some friends, a trip or two to the grocery store, and Friday night dinners with the in-laws. The shelter in place order turned all that upside down.

For the past several weeks, I have spent 4-5 hours on Zoom meetings—every day! Much of the initial time was setting up additional Zoom accounts and helping Clubs get online, then planning and holding Division speech contests. As of this writing, we have completed three Division contests – one in-person and two online – only five more to go. The first two online contests went okay, and we are learning new tricks each contest. We should be getting pretty good at this by the time we hold the District contests on May 16th.

Following our annual District 7 business meeting on May 9th and the contests on May 16th, the next major event on our horizon is Toastmasters Leadership Institute (TLI), currently scheduled for Saturday, June 27th. Assuming the shelter in place orders have been lifted by then, it will be at Camp Withycombe in Clackamas. The tentative plan is to have fifteen breakout sessions (three rounds of five sessions), which will allow us to repeat some of the key officer roles for members who fill more than one role. We will also have sessions on Pathways for both members and Base Camp Managers, plus topics of general interest on communication and leadership skills.

June 30th marks an important time in the history of Toastmasters. With a few exceptions for Advanced Leader Silver and Distinguished Toastmaster award requirements, what we know as the "legacy program" will end, and all members will transition to Pathways. It is critical that our incoming Club officers are well-versed on the subject, so they can help their Clubs be

successful in the coming year. It all starts now with forming a nominating committee, and electing your new Club officers at your first meeting in May. After the election, be sure to submit the new officer list online at Club Central, so the new officers will have access to online tools and resources to conduct Club business when they take office on July 1st.

I am currently seeking presenters for TLI. If you have a strong interest or passion for one of the officer roles or other suitable topic, and would like to be a session presenter, please contact me at PQD@d7toastmasters.org, no later than May 15, 2020. Please include the following information:

- Your name
- Your home club
- Email address
- How long you have been a Toastmaster
- What level of educational awards you have achieved in Toastmasters
- The topic or session you would like to present, AND a BRIEF description of your vision for the session.

If you know someone else who you think would be a good presenter, please encourage them to submit their information. Or, maybe you have an idea for a topic, but don't want to be the presenter – I would like to hear your ideas. TLI could be one of the first major events you get to attend in person, so let's make it a great one!

We are living in interesting times, and we'll get through it together. As Toastmasters, we are constantly learning new skills and supporting each other on our individual journeys. A microscopic critter may prevent us from meeting in person, but we're learning to cope and becoming experts at holding online meetings. Those of you who have not yet retired, can take those skills back to work with you, just like all the other things you learn in Toastmasters. Meanwhile, remember to "Keep calm and carry on".

The Value of Online Meetings

Eldred Brown, DTM - Club Growth Director

In this coronavirus world of social distancing and staying home to save lives, many Toastmasters and clubs have discovered the joy of meeting online. If you haven't started meeting online, you need to. Here are a few reasons why.

BENEFITS OF MEETING ONLINE

- You can reconnect with people who are no longer members of your club. Some people leave because life happens. Scheduling conflicts. Work. Relocation. Family. Staying at home, these people can now come back to your club via online meetings. I heard of one club in our district that lost one member who chose not to meet online but signed up three members who, after having been gone from the club for many years, returned via online meetings. My Babble-On Club recently signed up a DTM who left our club years ago for family reasons.
- You learn how to present yourself online. This is great training for the newest practice in job interviews: the online interview. I've interviewed for positions via Skype and Zoom and have even recorded video of myself for a recorded interview.
- You can connect with people around the world. For instance, my Feedbackers Club recently had a guest attend via Zoom from Brisbane, Australia.
- With so many companies using Zoom, Microsoft Teams, and Skype to conduct work meetings, online Toastmasters meetings give you great preparation for that kind of meeting.
- This lockdown has made life truly abnormal. Continuing to meet online at your club's usual meeting time will help you maintain a semblance of normalcy in your routine, even as you're staying at home.
- You don't have to fight with traffic to attend an online meeting.
- Meeting online keeps your members actively engaged with the Toastmasters program, which improves member retention.

Two of the biggest psychological depressants of staying at home are loneliness and boredom. Like my neighbor said a couple days ago: if you can't go out of your house, you'll go out of your mind. Online meetings keep you connected with others so you feel like part of a community of friends. The knowledge that you have a Toastmasters meeting this week gives you something for which to prepare and something exciting to do. With something like that, you're less likely to get bored by the same old, same old.

Now that so many of us have grown

accustomed to meeting online, I doubt that we'll ever see online meetings as the bugaboo we once did. Many of our clubs will probably even want to remain open to online participation. Here are some things to think about as you decide whether to continue permitting online attendance at your meetings as a blended club or even form an online-only club.

BLENDED AND ONLINE-ONLY CLUBS

Definitions:

- An online-only club is a club that meets entirely online.
- A blended club is a club that meets in person at a physical location but allows online participation.
- An in-person-only club is a club that meets in person at a physical location and does not allow online participation.

Rules:

- An online-only club must form and charter as an online-only club. Once chartered, an in-person-only or blended club cannot become online-only, and an online-only club cannot become in-person-only or blended. Online-only clubs are also not assigned to districts.
- An in-person-only club can become blended, and a blended club can become in-person-only. A club can even switch back and forth multiple times. The decision to switch must be made by a vote of a quorum of the club's active members.
- More than half of the members of a blended club must still meet in person at a physical location.

WHAT TO DO IF YOU WANT TO MEET ONLINE

(either during or after the Coronavirus crisis)

District 7 has made ten Zoom accounts available for club meetings. If you haven't scheduled your weekly meeting on any one of these ten channels, please contact Emilie, PJ, or me via email so we can share the account names and passwords with you. My email addresses are eldred.brown.tm@gmail.com and cgd@d7toastmasters.org. I look forward to hearing from you soon.

You are invited to join the online panel discussion, *Should District 7 Become a Blended Club District*, hosted by District 7 Toastmasters on May 24, 2020 at 11:00AM - 12:30PM. Register here to obtain the link to the meeting. The link will be sent out closer to the event.

District 7 Incentives

Earn Rewards for You and Your Club!
Check out the fabulous District incentives
Take advantage of one or all of them
Earn $$, food, and apparel
Visit the District 7 website for more information

Membership Renewal Pizza Challenge WINNERS!

AAA Towsters
Babble-On Toastmasters
Beachtown Toastmasters
Blue Ox Club
Buckaroo Toastmasters
BurnsMasters
Intel Speakeasy
Lebanon Toastmasters
Marylhurst Toastmasters
Professionally Speaking

1-Page Club Success Plan 12 CLUBS QUALIFIED!

Babble-On
Columbia Square
Squawking Heads
Downtown Public Speakers
Electric Toasters
Feedbackers
Lebanon Toastmasters
Professionally Speaking
RA Chiptalkers
Smooth Talkers
Toast of Corvallis
WE Toasted
Yammertime

Area Director Club Visit Incentive Through May 31

The first ten (10) Area Directors to submit reports for 100% of their clubs will receive $50 credit on any purchase through the Toastmasters Store

PEP 25 – Pathways Enrollment Project Through June 1

The first 100 Clubs with 100% of their members enrolled in Pathways will receive a $25 gift card from your choice of Office Depot or Fred Meyer.

New Club Leads Incentive Through June 30

Everyone who submits a new club lead that results in a demo meeting will receive $50 credit on any apparel purchase through the Toastmasters Store.

New Club Banner Incentive Through June 30

Every new club that charters will receive a club banner (value of $100).

Open House Incentive Through June 30

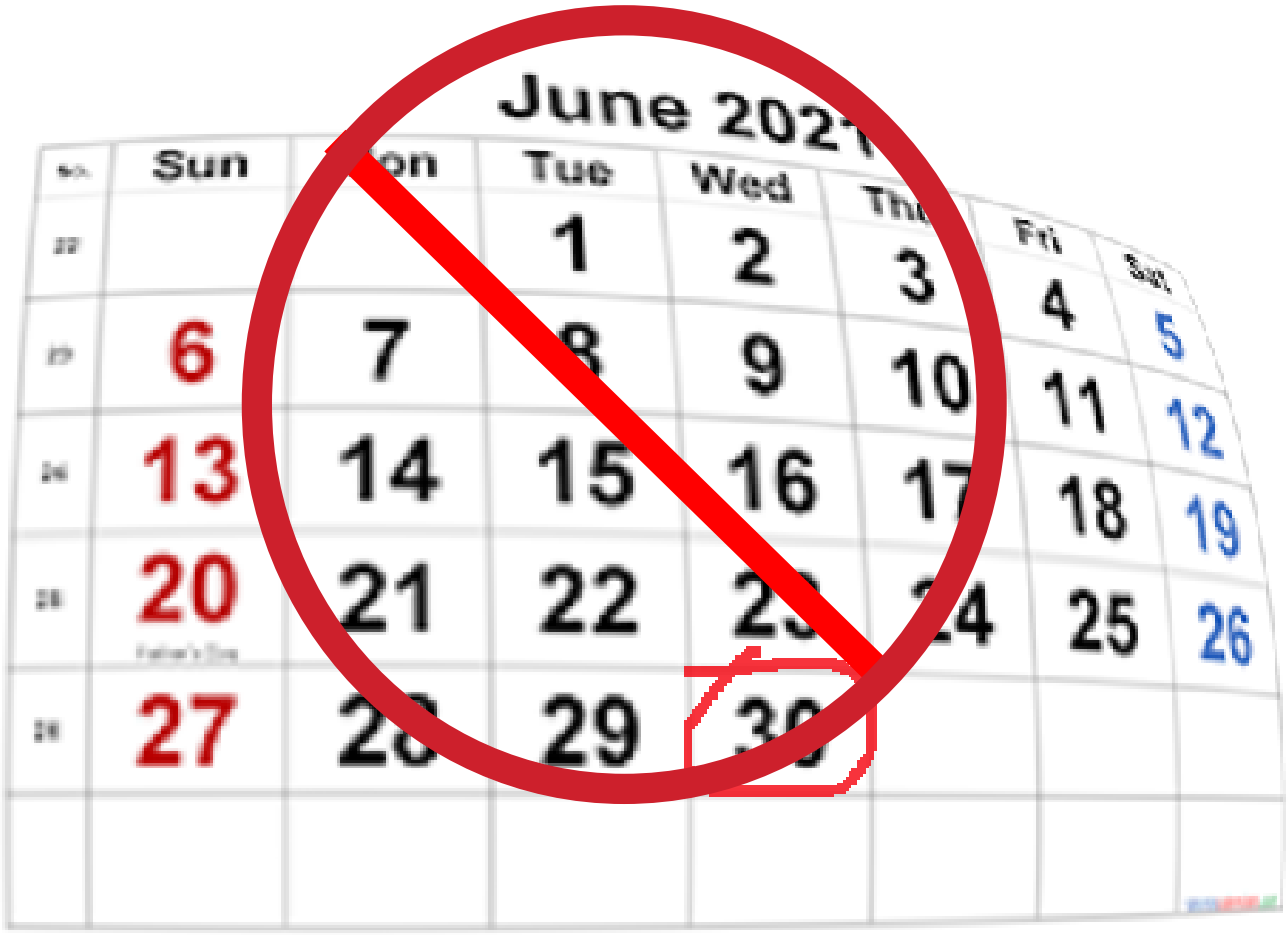
Every club that runs an open house qualifies for reimbursement of up to $50 of all expenses incurred by the event.

The deadline has been extended due to the Covid-19 virus outbreak

Contact us at: trio@d7toastmasters.org

WHY WAIT?

INCENTIVE



Why wait ‘til 2021 to get your DTM?

- Coach a Club to Distinguished or better by June 30, 2020, and District 7 will give you Toastmasters core jacket (value of $65).
- Sponsor and charter a club by June 15, 2020, and District 7 will give you a prepaid ticket for next year’s conference (value of up to $135).

What are you waiting for?

District 7 Toastmasters
2020-2021
District Officer Candidates

District 7 Director	PJ Kleffner, DTM
Program Quality Director	Eldred Brown, DTM
Club Growth Director Floor Candidate	Lorrie Andersen, DTM
Division A	Cheri Redgrave, DTM
Division B	Crystal Pugh, MS5
Division C	No Nominated Candidates
Division D	Rudy Erbrich, ACB, CL
Division E	Paul Caloca, DL3
Division F	No Nominated Candidates
Division G	No Nominated Candidates
Division H	Anil Kumar, DL3

Learn more about the candidates by visiting the District 7 website and clicking on About D7 → Candidates Corner 2020-2021

There is still time to run for a D7 leadership role!

If you are interested in running as a floor candidate for one of the District 7 offices listed above for 2020-2021, please contact DLC Chair, Adele O'Neal, at dlc@d7toastmasters.org no later than May 2.

Feedbackers presents

Put Your Best Words Forward

Winning the District Contest

7:00-7:30 PM	WELCOME & AUDIO/VISUAL CHECK
7:30-7:40 PM	HOW TO IDENTIFY WHAT WAS MORE EFFECTIVE PHYLLIS HARMON, DTM
7:40-7:50 PM	HOW TO IDENTIFY WHAT WAS LESS EFFECTIVE JOE HARPER, ACB
7:50-8:00 PM	HOW TO ORGANIZE YOUR EVALUATION FOR THE GREATEST IMPACT MICHAEL LINDQUIST, ACB
8:00 - 9:00 PM	SPEAKER EVALUATIONS

JOIN US ONLINE!

May 13, 2020 - 7:00 - 9:00 pm

Join Zoom Meeting

https://zoom.us/j/941916617

Meeting ID: 941 916 617

Questions or RSVP: leanna.lindquist@gmail.com

A Place In History

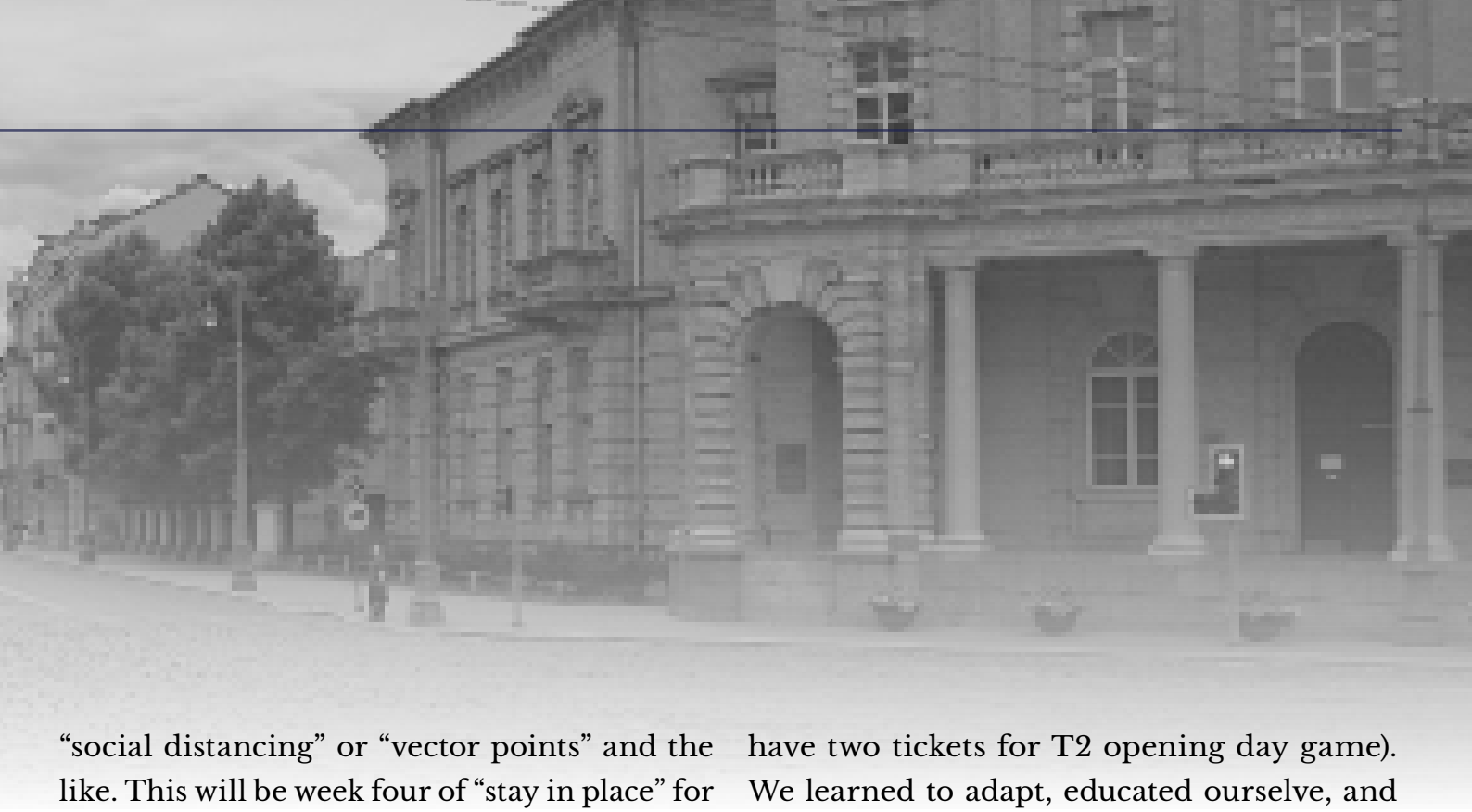
Paul C. Fanning, DTM

I don't have a crystal ball to peer into the future and divine what historians will say about the year 2020 and the impact of the Covid-19 pandemic. Will we be remembered for our response to the disease? Our compassion, our ability to "keep calm and carry on"? Or be laughed at as saying we are the greatest nation in the world and historically significant—but can't supply enough toilet paper for our daily consumption? (What if they don't even use TP 200-300 years from now and have no idea what bearing that had on us?) And in the same light, what effect did coronavirus have on our method of education for young and the old, learning new training delivery styles and social life? I would predict that Toastmasters will still be extant in the future, vibrant, alive, and influential as it is now. You are now part of that history in the making!

We believe just by our renewing that membership every six months that we are in one of the greatest education programs available to modern man—one whereby we get out of it what we put into it. I am the Vice President Education in my home club. I served over three years as VPE in another club. I have seen the value, the blood, the sweat and tears, as well as the triumph and achievement of those Toastmasters. It is they who want to learn, set their goals, and often succeed and over-achieve their goals through the Toastmasters Education Program whether they be the soon to-be-bid farewell "traditional" tract or as the "new" Pathways learning program.

I was looking forward to all the upcoming contests and activities leading us to the end of this program year of 2019-2020. But alas, our world changed. For some it appeared to have ended while some wonder whether it will ever "jumpstart" itself again.

Me? Normally I would be working on this article in my "office" at a coffee shop a block or two away, calmly sipping my mocha frappe (addiction confession) and blissfully ignoring the hustle and bustle of the Pacific University students, faculty, and local residents as they come and go. Instead, all are closed now. Forest Grove resembles one of the small towns you see in the horror or sci-fi films with the blinking traffic light on an empty street, the newspaper blowing in the wind, and the eerie sound of silence roaring around you. Even the bakery has closed, not due to lack of customers, but by decree in order not to encourage people gathering. We've acquired new words in our vocabulary such as



"social distancing" or "vector points" and the like. This will be week four of "stay in place" for me as our building is locked down—the new "Hotel California" where we have checked in and nobody can leave. Masks and gloves to be worn outside the complex. No guests, family members or friends allowed inside. We can meet in the parking lot briefly, or sit in the solarium leading into the building, but all the rest is slowly becoming a fading memory.

And now for our new education as Toastmasters! New lessons are being learned in how to deliver the program, to continue meeting, and still have fun and fellowship from the comfort of our own home. We aren't dead-we're still alive is my mantra for now. Take for example "social distancing". If you had asked what that meant six month ago, I would have said no bathing for a month, brushing your teeth, using deodorant or perhaps not even changing your clothes-all would force social distancing! Instead, we responded quickly to the call for keeping our distance in our live club meetings. We ceased shaking hands. Instead, we instituted fist, elbow, and work boot heel bumps. Cities, counties, and states put a halt to physical meetings, school events, and sports venues (still have two tickets for T2 opening day game). We learned to adapt, educated ourselve, and alternative and innovative methods for meeting occurred. Some tried parking lot meetings or gathering in parks until even that was prohibited.

The online meeting was my second lesson learned. Online meetings are not new. I remember how my one club did a phone-in meeting four or five years ago when the roads were closed after a storm. It worked. I've attended meetings with participants from all over the world. Now with online meetings being encouraged by Toastmasters International during this time of crisis, it appears that Zoom meetings, where you can see everyone from the confines of your living room, are the way to go. District 7 responded by providing temporary meeting "spots" on Zoom. By the way, some choose to show their avatar instead of being "live" while they sit there in their pjs. We have the new "norm" for club meetings, speech contests, and socialization.

This now brings me the third lesson I learned. I call it the take-time-to-smell-the- roses initiative. Always in a hurry was I—catching the bus or the train to go to a meeting, scarfing down a quick meal between meetings, and . . .

well you get the picture. I now have the luxury of time. It may take me two minutes to get to a meeting online.. Now I can leisurely take my time to prepare meals, clean the house, etc. It's the same in Toastmasters. I have been able to sit down and take the time to write a speech, review material in my files, and prepare for my online role. (Wow! What a concept!) I have even finished unpacking the last box from my most recent move—now four years ago. Files have been perused and evaluated. I just completed recycling all the old material, speeches, workbooks, and ephemera one collects over their Toastmasters career—turning two files drawers into half of one. (Goodbye to my 2005 first speech evaluation) I feel productive—not pressured—and ready for whatever may be the next level of this 2020 adventure.

Each generation seems to have had a milestone that they called their defining moment. For my generation, it was where you were when John F. Kennedy was shot. For others like my parents, it was the Depression or World War II. For the younger members, perhaps Y2K or 9/11. This year will be that for all who are alive today—we've not faced a world-wide pandemic like this in our lifetime. For this Toastmasters moment in history, what are you doing to keep yourself educated? Are you keeping in social contact with the club members, reaching out to somebody outside your walls even if only by online technology? How about your club? Are you involved still with online meetings or in the dark waiting for this all to end? We can either become an ostrich and ignore what's going on, seclude ourselves, or continue to use the already in place online tools in Pathways. We can embrace the "new" norm of online club meetings, and still strive to achieve our goals while practicing social distancing and stay-in-place protocols.

The choice is yours. Become part of history, and not just let it pass you by. Embrace the new Toastmasters methodology of communication and activity, or let your skills fade away and become stagnant as we wait out the pandemic. As for me, I want life, fellowship, and continuing to learn.

The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.

~ Martin Luther King, Jr.

ROLLING WITH THE PROVERBIAL PUNCHES

JIM ROBISON, DTM - CLUB COACH COORDINATOR

This Toastmasters year has taken a strange turn. Clubs around the world have had to suspend regular meetings, and many have moved their clubs online. Even though Toastmasters International and District 7 have made many resources available to clubs to support them in moving to online meetings, I am certain that some clubs and members will find it difficult to gain what they want in their educational goals during this time.

Toastmasters International has extended the deadline for Clubs that are working with a Club Coach to achieve Distinguished Club Status from June 30, 2020 to June 30, 2021 so that the Club Coach may still gain credit for their service and apply that credit to the legacy education and leadership program. This relieves some stress that many club coaches were feeling at this time, and opens up the opportunity to help the club thrive as we move forward.

If your club has not already started holding online meetings, you should contact your Area Director for support in doing that. One advantage of moving meetings online is that you can invite past members back to your club. Some common reasons members leave a club:

- Other obligations conflict with the meeting time
- Moved away
- Need more time with family

All three of these reasons for leaving a club have changed for most people in recent weeks. This is a great opportunity to reconnect with those past members and invite them to participate in your online club meetings.

In my home club, Portland Toastmasters, we have continued to have guests attend our now online meetings every week. Since moving to online meetings, we did lose one member who could not successfully participate in online meetings, but we also added three new members, one of whom has only ever visited our club in the online format, and one member returned who had left the club because of scheduling conflicts.

We cannot wait to get back to our in-person meetings, but we are also not letting this difficult time interfere with our success.

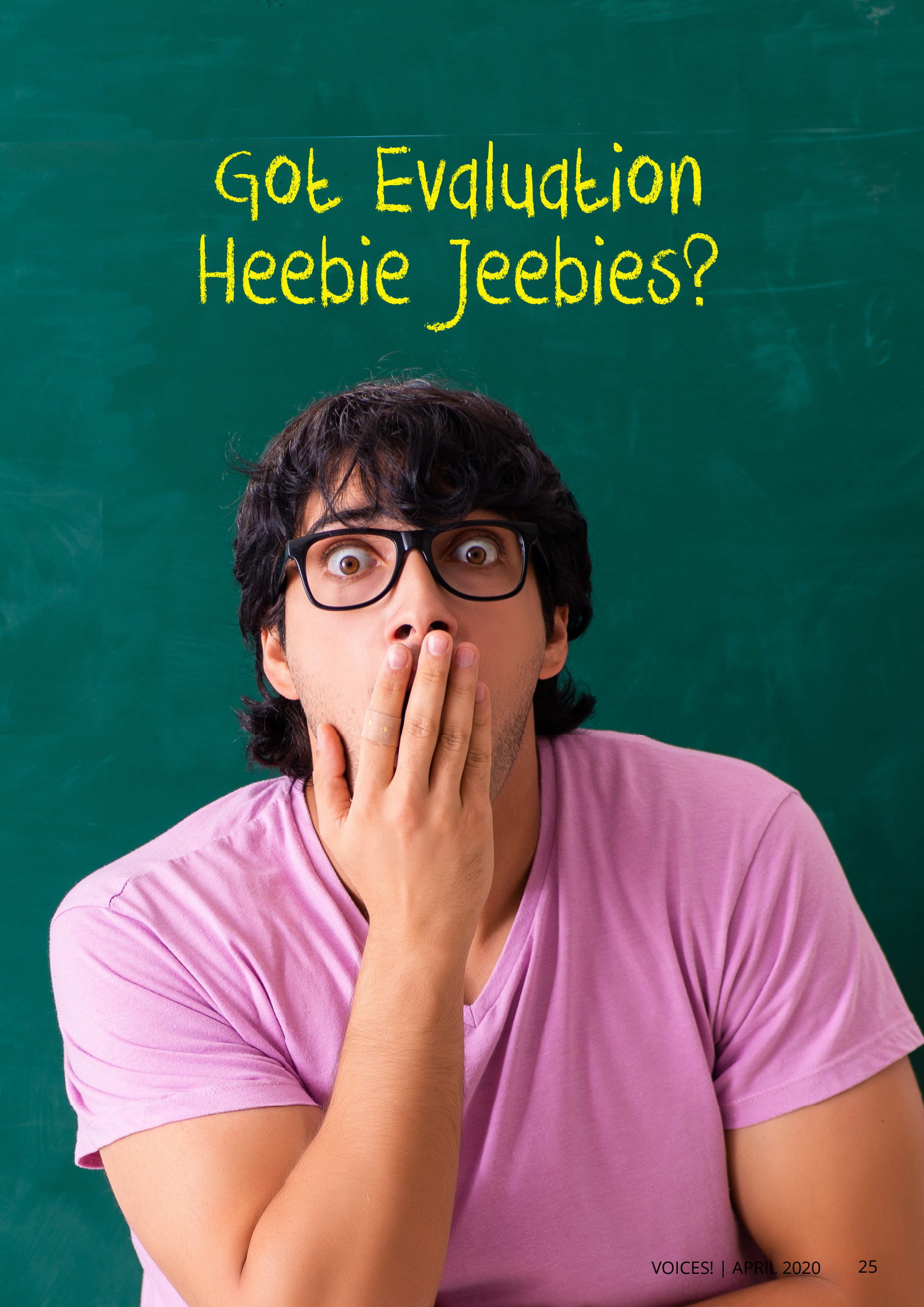
Feedbackers

The Evaluation Workshop Club

Second Wednesdays

7:30-9:00 pm
Providence St Vincent
9205 SW Barnes Road, Conf Room 20
Portland, Oregon

Join us online during the Covid-19 social distancing protocols - check our web page for details
Line opens at 7:00 pm for a/v checks and socializing


Got Evaluation
Heebie Jeebies?

What the Man

Or how to evaluate

Some life events shove us out of our comfort zones and head first into change . . . like when a meteor killed all the dinosaurs and pushed puny little mammals to the top of the food chain. This current pandemic is just such an event ("Well, I'm stuck at home. Guess I'd better figure out video conferencing if I ever want to see anyone other than myself in the mirror.")

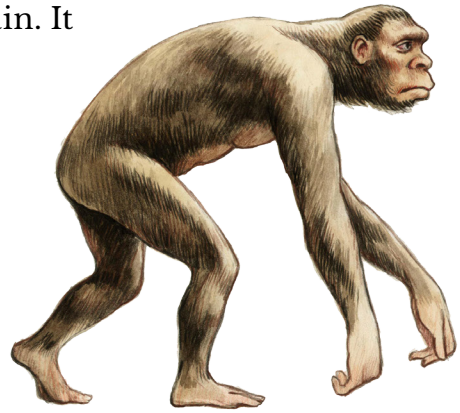
Let's use a handy metaphor—dinosaurs and mammals. So . . . a long time ago (in a time of fairy tales . . . or millions of years before that) mammals caught a break and got a leg up on the dinosaurs. See, there was this global extinction level event that pummeled those poor thunder lizards into cold-blooded pate. The mammals, being agile and warm-blooded, managed to survive the nuclear winter when billions upon billions of metric tons of airborne sun-blocking dust arrived. When the dinosaurs got wind of the impending change, they put on their ruby slippers, clicked their scaled heels together, and mumbled, "there's no place like home, there's no place like home . . . " over and over again. It didn't do any good—their Toastmasters club no longer met in person.

Many years later, those pesky and adaptable mammals developed the wheel, sliced bread, and the Internet (video conferencing soon followed—and cat videos). They also revived the concept of a Toastmasters meeting: where other mammals, who wanted to be better at communicating, could come together and talk (granted, the dinosaurs first invented Toastmasters, but mammals were never tolerated in their clubs—dinosaurs can be so cold-blooded).

Jump to the present day, you are tooling along about your everyday life earlier this year (yeah, remember the good times?). You were attending club meetings, giving excellent speeches, and sharing phenomenal feedback with each other. Life was good!

Then another meteor hit . . . figuratively.

Now we are all stuck at home



mmals Learned

e someone on Zoom

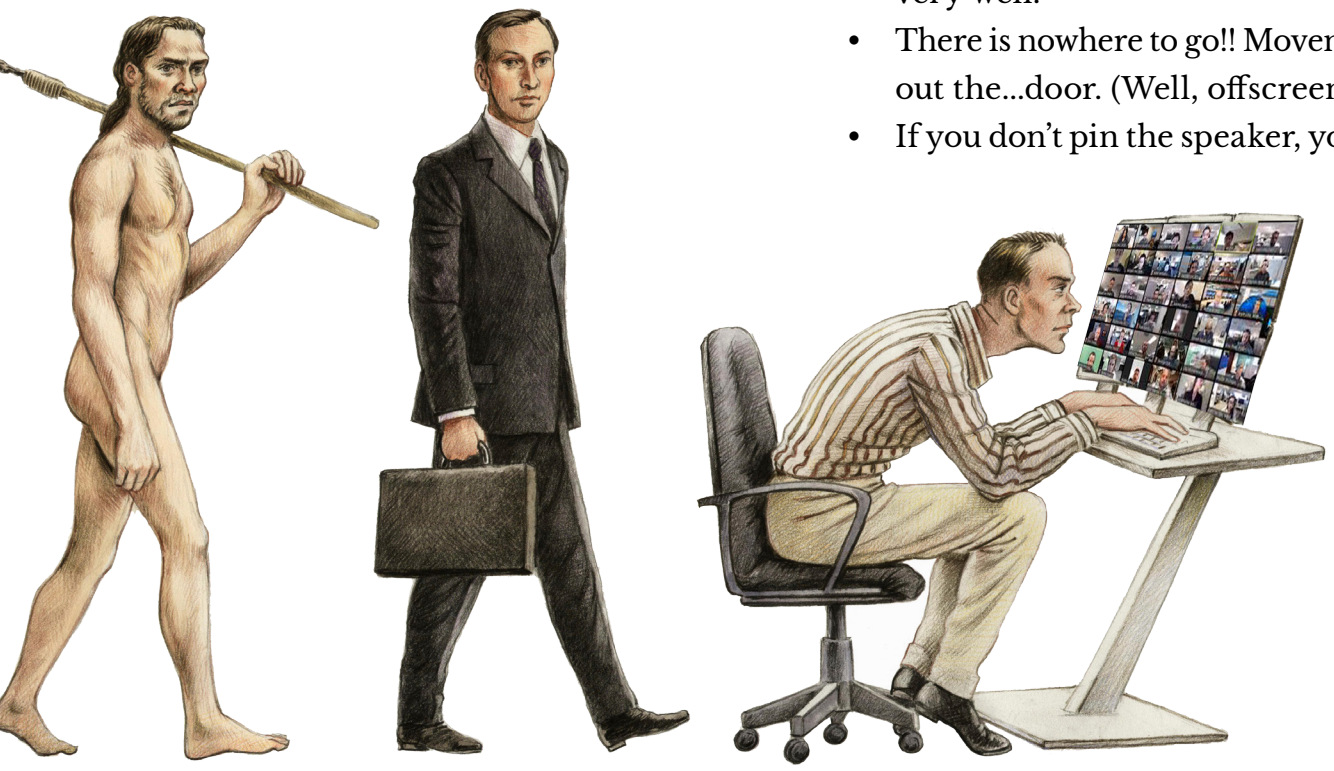
James Wantz, DTM

with absolutely no social life to speak of (finally, you are all just like me!!). Your face-to-face club meeting was cancelled. By now you've either spent a lot of time on Zoom or completely avoided it. Let's assume, for the sake of this article, that you are spending time on Zoom, or Facetime, or any other video conferencing platform to attend your Toastmasters club meeting. (If you haven't checked out a Zoom Toastmasters meeting, now is the time!!). If you don't 'do' Zoom—well, you can stop reading here. You won't like the rest of the article.

Personally, I'm doing Zoom. I sit in front of the camera, make sure my background is palatable, and participate as I am able (moving into a new house during a pandemic is a singular experience. Everyone should do it!) I watch speeches and think to myself how would someone evaluate a speaker on a Zoom platform?

Well . . . mammals did a great job of inventing our current technologically advanced meeting format, but video teleconferencing presents a whole new set of skills that some mammals aren't so good at (including me!!). Here is what I've learned from watching Zoom speeches:

- Non-verbal communication is kaput.
- Voices sound dead and lifeless.
- Normal vocal inflections don't translate very well.
- There is nowhere to go!! Movement is right out the...door. (Well, offscreen anyway.)
- If you don't pin the speaker, you are liable



to lose them when someone's mic is no longer muted.

- Network connection speeds matter (after all these years of disliking networking...)
- Background noise is more disruptive than in a regular meeting.
- Pin the Timekeeper! (if you are the speaker)
- And much more.

So . . . thought experiment time. Let's say you are supposed to evaluate someone who is giving a speech on Zoom, a video conferencing platform. What do you evaluate?

Good question, I've spent some time thinking this one over. I'd love to hear what you think. Send me an email at wantzjames@gmail.com)

Here are three suggestions—this is not a definitive list—there are other points to make in future articles:

VISUAL PRESENTATION IS EVERYTHING!!

1 What I see or don't see is crucial. If I cannot see the speaker (too dim foreground or too bright background), I need to tell them. Suggest a strong front light so their face can be seen and a contrasting background. Also, if their background is more interesting than their talk—I would suggest a less fancy background (especially if they are using a virtual background that is vibrant and interesting—or accidentally click on the button that turns their face into Mr. Potato Head).

ARE THEY NETWORKING WELL?

2 Does their image freeze or lag? If yes, then a good suggestion might be "Check your network settings or wifi strength because there was lag in the video" (caveat emptor: be aware that your signal strength could be downgrading the image for you alone). The house I just moved into has wifi dead spots. If I tried to do Zoom from those spots then my signal would probably lag and become matrix chatter (that's what I call video / audio stuttering over networks). If their video is fine but their audio lags, then suggest they call in to the meeting on their cell phone and pin it to their video feed. This usually eliminates audio chop.

GO BIG OR GO HOME!

3 (Though you are probably already at home.) If the speaker's affect and tone sound flat to you, it is because they are!! No, that is not a rude thing to say —video flattens affect and tone. Normal speaking tones don't have the dynamic highs and lows of face-to-face conversation or listening to a speaker in person. Digital signal transmission flattens for packet efficiency— so yes, people don't sound as dynamic as in person. The feedback to all speakers is to boost their natural tonal range—exaggerate it for the sake of video. To sound interesting and command the audience, I push for higher highs and lower lows. Make it BIG.

If you don't believe, record yourself in front of your computer on a webcam, then play it back. You will sound a bit more flat than normal (and maybe a bit less . . . uh . . . interesting). TV and radio personalities know and use this often—sometimes it is referred to as 'gravitas' or 'presence.' All speakers would be advised to exaggerate their vocal range and affect more than they are used to. I turn my presentation up a few notches so listeners won't switch to a more interesting app on their phones or tablets. (Check out my videos on Pathways on the District 7 website for an example of going big with a personality. My Pathways Guide persona is purposely larger than life in order to be engaging.)

The dinosaurs didn't understand that video meetings need to be different than in-person meetings (another reason they are extinct). They could not adapt when their environment changed. Be the mammal that I know you are (since only mammals read my articles) and adapt to the (potentially) new normal of online Toastmasters meetings in the pandemic era! Do this and you will have dodged a meteor!

James Wantz, DTM, came to Toastmasters after many years in theatre. He is currently a member of two clubs and was an early adopter (and cheerleader) of Pathways. He can be reached at wantzjames@gmail.com

James Wantz, DTM - The intrepid Pathways Guide

Ben Medofsky Toastmaster & Civic Leader 1942 to 1955 (Part 4)

Harvey Schowe, DTM

BEN F. MEDOFSKY MARCH 1944
Source: Oregonian Newspaper
reproduced with permission

On February 17, 1946 the *Oregonian* published an article about the life of Ben Medofsky. Ben was a member and held leadership positions in many civic groups because people admired and enjoyed working with him.

Ben's memberships included The Psychology Club, Lincoln Club, Oregon Apartment House Association, Republican Club, Portland Chamber of Commerce, Path Finders' Mountain Climbing Club, Health Education League, American Pioneer's Association, and Zionist Organization of America. During the war he donated $50 a month to the US Government for the war effort. He was a sector warden for the air defense of South Portland, and worked on war bond drives.

During the late 1940s and early 1951, Ben managed Israel bond drives. He wrote articles in the *Oregonian* editorial section. One such article was in 1942 protesting the internment of Japanese Americans. He frequently walked 10 miles a day in the west hills of Portland. In July 1943 he rode his bicycle from Portland to Seaside in two days. He also danced, ice skated, roller skated, and skied.

Medofsky's apartment business grew during and after World War II. His brother Morris was his business partner during the War. He purchased the Benson Apartments in February 1942 and organized Verigon Investments Company around 1944. This company acquired Morlee Apartments, Bran Mar, Crescent Orchards, and View Villa for one million dollars in 1951.

Ben continued his membership with the YMCA Lincoln Club, a public speaking and discussion group, through 1954.

During the Friday March 3, 1944, meeting at the Winter Garden restaurant, Ben was elected president of the club. He continued as a member at least until April 1954.

Ben Medofsky probably joined Toastmasters between 1952 and September 1955. On October 5, 1955, he was elected as vice president of the Beyond Basic Toastmasters Club #1360 during a joint induction meeting with Hi Dawn Toastmasters club #730. Past District 7 governor George Lonely was Toastmaster. The installation was held at Webb's Hollywood Club, a restaurant on NE Sandy Blvd and NE 48th street, Portland. William Dudley, Lieutenant Governor of District 7 inducted the officers.

Are your meetings a *waste* of time?

LEARN HOW TO CONDUCT PRODUCTIVE MEETINGS

TUESDAY, MAY 12, 2020

ZOOM OPENS AT 12:30 P.M. ENDS AT 2:30 P.M.

MEETING PROGRAM BEGINS AT 1:00 P.M.

MEETING ID: 898-007-2810

DOWNLOAD THE WORKBOOK HERE

VIABILITY AMID THE VIRUS

Lee Coyne, ATMS

Like a lightning bolt it struck suddenly. None among us was amply prepared. I refer to the advent of the Coronavirus.

Most of us were living in a cocoon of daily routine. We had built in predictability. Then our structure came utterly apart.

Today we face the ultimate challenge of flexibility. Yet we can assuredly respond..with finding new meaning in our internal toolboxes. Let's look for buried treasure.

RETROSPECTIVE

Our prior lives inevitably had several surprises. What were those episodes? How did we manage to cope?

Here's the chance to pull together those patterns of the past and then decide which are obsolete and which still manage to function.

Weave those into speeches ready to go post pandemic.

NARRATIVE FOR KIDS

Ah yes . . . let's regress a tad. We can become overnight storytellers by telephone as we keep social distance. Let's do a conference call to four kids of fellow Toastmasters. Have a pre-teen adventure book set to awaken the imagination.

Here's your path to new skills. Voice variety needed. Take full note of the grammar. View the story's organization. Ad lib as necessary. With young ones out of school you'll find a very different audience.

You'll confirm you won't go stale. We term it Flex Appeal.

SHOULD DISTRICT 7 BECOME A BLENDED CLUB DISTRICT

DISCUSSION PANELISTS

Michelle Alba Lim, DTM

Patrick Locke, DTM

Hillarie Hunt, PI4

Jennifer Thomas, VC2

Join us online for a timely discussion hosted by District 7 Toastmasters. The lively discussion focuses on the pros and cons of blended clubs* followed by audience Q & A with the panelists.

In this discussion you will learn:

- **Toastmasters International blended club protocols**
- **Are blended clubs worth the effort?**
- **Tools needed to hold a blended meeting**
- **Anecdotal experiences from the panelists**

REGISTER HERE

May 24, 2020: 11 AM - 12:30PM
Online Zoom Meeting
Free event

**Blended club: A club that meets in-person as well as allows members to join the meeting online*

BurnsMasters Toastmasters: 90

Marv Serh

When Marv Serhan was asked to serve as the sponsor for a new corporate club in Vancouver, Washington, h place. Parts I and II outlined the first series of key tasks in the project plan. Part III will present five additio efforts and this club-charter initiative was certainly that with Patrick Locke, DTM, Bob Hall, EH5, and Greg

Here is a continuation of the task/deliverable listing from Part II of the BurnsMasters new-club project plan:

The Champion selects and forms his interim officer team.

- President
- VP Education
- VP Membership
- VP Public Relations
- Secretary
- Treasurer
- Sergeant at Arms

A champion is often defined as "[A] person who voluntarily takes extraordinary interest in the adoption, implementation, and success of a cause, policy, program, project, or product. He or she will typically try to force the idea through entrenched internal resistance to change and will evangelize it throughout the organization."

Sponsors and Mentors are encouraged to use the champion as the primary point of contact within an organization through which all communications must flow. If the champion is destined to be the interim president or president, this approach also tends to reinforce that person's influence, managerial skills development, and leadership of his/her executive team when formed. These principles held true for BurnsMasters.

It's time for the champion to select his/her team of 'interim' officers. BurnsMasters had 7 highly motivated individuals (including Jeff Bourgeois) step forward to assume the various Toastmaster officer positions. Certainly, without any previous TM experience, these interim officers had many questions regarding their specific duties and responsibilities. To avoid the intimidation of accepting additional duties on top of their day jobs, the lead sponsor's project plan called for sponsor/mentor-to-officer cross-functional orientation training. This effort is not meant to replace formal officer training; officer training will take place in the final phase of the project plan. An example of the interim officer cross-functional training is noted in the following matrix. (A generic format is provided without contact information.)

) days to Charter Status (Part 3)

nan, DTM

e elected to apply a project management approach on how that club establishment and charter would take nal key steps that helped to keep this project moving forward toward charter status. All projects are team Hawkins, MS3 coming aboard as co-sponsor and mentors to support this project.

Sponsor/Mentor/Interim Officer Cross Functionary Orientation Training							
Name		**Interim Officers**	**Email**	**Phone #**	**TM Advisor**	**Email**	**Phone Number**
Jeff	Smith	President	Add Email	Add Phone#	Marv Smith, DTM	Add Email	Add Phone#
Katie	Smith	Secretary	Add Email	Add Phone#	Greg Smith, MS2	Add Email	Add Phone#
Paul	Smith	VP Education	Add Email	Add Phone#	Bob Smith, DL5	Add Email	Add Phone#
Mike	Smith	Treasurer	Add Email	Add Phone#	Greg Smith, MS2	Add Email	Add Phone#
Matt	Smith	VP Public Relations	Add Email	Add Phone#	Patrick Smith, DTM	Add Email	Add Phone#
Joe	Smith	Sgt @ Arms	Add Email	Add Phone#	Marv Smith, DTM	Add Email	Add Phone#
Laurie	Smith	VP Membership	Add Email	Add Phone#	Marv Smith, DTM	Add Email	Add Phone#
Name		**Interim Officers**	**Mentoring Activity/Interaction**		**TM Advisor**	**Email**	**Phone Number**
Rick	Smith	Department Mgr	Provide overview of TM program implementation Pla		Marv Smith, DTM	Add Email	Add Phone#
Jeff	Smith	President	Overview of the President's role		Marv Smith, DTM	Add Email	Add Phone#
			Confirm the name of the club (?)				
			Complete TMI Form 1-6 processing				
			Support agenda preparation for 10/17/19				
			DCP program overview/importance				
			Coordinate officer training session (when able)				
			Address cross-functional officer interactions				
			Cover SOP significance to club performance				
			Audit TMI Forms Establishing a new club			Add Email	Add Phone#
			1. Application to Organize a Toastmaster Club		Start a Club	In review by Patrick	
			2. Charter Payments		Form #2	In review by Patrick	
			3. Charter Membership App Payment Information		Form #3	In review by Patrick	
			4. Charter Club Officer Information		Form #4	In review by Patrick	
			5. Club Information		Form #5	In review by Patrick	
			6. Club Constitution for TMI		Form #6A	In review by Patrick	
			6B. Addendum of Standard Club Options		Form #6B	In review by Patrick	
Katie	Smith	Secretary	Overview of the Scretary role		Bob Smith, DL5	Add Email	Add Phone#
			Administrative activity: Application processing				
			Overview of Club Constitution & Bylaws				
			Sumit Officer List to TMI (When appropriate)				
Mike	Smith	Treasurer	Overview of the Treasurer role		Bob Smith, DL5	Add Email	Add Phone#
			Admin: Assist in Bank account establishment				
			Admin: Advise on funds collection/processing				
			Admin: Advise on records retention				
			Maintain Club Tax ID number				
Paul	Smith	VP Education	Overview of the VP Education role		Bob Smith, DL5	Add Email	Add Phone#
			Assist in monthly schedule preparation				
			Review Functionary Roles & Responsibilities				
			Provide overview of the Pathways training				
			Emphasize Coaching/Mentoring program				
			Introduce FreeToastHost website FREE service				
Joe	Smith	Sgt @ Arms	Overview of the Sgt @ Arms role		Marv Smith, DTM	Add Email	Add Phone#
			Review club equipment requirements				
			Emphasize "First Impressions" concept				
			Guest-to -Member protocol and importance				
Laurie	Smith	VP Membership	Overview of VP Membership role		Marv Smith, DTM	Add Email	Add Phone#
			Guest-to-membership protocol				
			Membership retention				
Matt	Smith	VP Public Relations	Overview of the VP PR role		Patrick Smith, DTM	Add Email	Add Phone#
			Internal company outreach and marketing				
			Emphasize Awards and Recognition				

- Plan and conduct a Toastmasters demonstration meeting

After laying the foundation for the new club by earning leadership's support, marketing the value of Toastmasters to internal staff, preparing for a meeting location, time/date, identifying key interim officers, and starting the cross-functional role training, the staff is now ready for a Toastmaster demonstration meeting. The lead sponsor is responsible for this event.

Besides his mentors and sponsors, the lead sponsor must select current Toastmasters to join the demo team who will provide the best possible representation of the learning value that is generated through a well-managed TM meeting agenda. The graphic depicts the functionary role assignments used to support the BurnsMasters demonstration meeting.

Demo Meeting Agenda - Roles & Responsibilities for 09/19/19		
Demo Role	**Participant**	**Comments**
Lead Sponsor	Marv, DTM	
Pledge	Marv, DTM	Optional
Thought of the Day	Jeanne, PM3	
Toastmaster	Marv, DTM	A teaching role
Greeter	Jeff (Interim President)	Very important to welcome guests
Timer	Greg, MS2	Stresses importance of time management
Grammarian	Bob, CC, CL, DL5, EH5	
Ah Counter	Jeanne, PM3	
Vote Counter	Marv, DTM	Addressed but no vote was taken.
Videographer	N/A	Recording speeches is optional but effective
Table Topic Master	**Marv, DTM**	100% participation was the goal
Speaker #1	Anita	New Toastmaster
Speaker #2	Daniel, DTM	30-year Toastmaster, Electrical Engineer
General Evaluator	Bob, CC, CL, DL5, EH5	Mentor, club president, Area Director
Evaluator #1	Jeanne, PM3	Experienced TM, nice job demonstration role
Evaluator #2	Patrick, DTM	Co-Sonsor, Experienced TM, Division Director

Notes & resonsibilities:
1. Please review your functionary role in advance of the meeting.
2. Speakers, coordinate with your evaluators to ensure they understand the speech objectives. Provide them with a Pathways evaluation form.
3. Speakers, provide the Duty Toastmaster with your speech: Title, Time requirements, and a brief introduction tailored to your speech theme.
4. If unable to attend the meeting, it is your responsibility to find a replacement and advise the Duty Toastmaster of status.
5. If you have any questions, please don't hesitate to ask for support.

- Demonstration meeting considerations and priorities
  - Table Topics—The Toastmaster demonstrated the process and then an effort was made to include every meeting attendee in the activity. They thoroughly enjoyed the experience.
  - Speakers—The speakers selected for this meeting provided an excellent juxtaposition between a new Toastmaster and a 30+ year DTM. The first speaker had been with another TM club for less than four months. She did an incredible job, on short notice, to prepare and deliver an excellent 5-7-minute speech. Daniel, the second speaker is a DTM and an Electrical Engineer. He did a great job addressing the importance of communication skills directly relevant to the engineering profession which is the primary focus of the Burns & McDonnell organization. Daniel's presentation stressed the significance that Toastmasters has had on his own career and professional development as an electrical engineer.
  - Evaluators—The TM evaluators were exceptional in demonstrating the approach to and importance of the evaluation process.
  - Functionary Role Performance—All Toastmasters on the demo team took their time to fully explain the purpose of and approach to their respective functionary meeting roles. The emphasis was on the 'team' approach to meeting execution.
  - Agenda and Time Management: Since corporations' place great significance on professionalism including agendas and time management, the demo team did not fail to emphasize these considerations not merely in words, but by their actions in executing the demo meeting.

A significant amount of effort went into laying the foundation to prepare for the demonstration meeting. As such, the demo meeting rose to meet the expectations that had been established by the sponsor/mentor team, the club champion, and his interim-officer staff. If the meeting had fallen short of these expectations, member recruitment could be affected. That was not the case at BurnsMasters. The champion had 20 members committed to join within a short period of time.

- Lead Sponsor delegation of project task fulfilment

After the demo meeting, many items on the

project plan can be pursued by the Sponsor/Mentor team while simultaneously attending, monitoring, and providing feedback to regularly scheduled BurnsMasters meetings. Some task examples included:

- Support the club in the equipment acquisition process by identifying the priority items.
- Provide administrative audit support of all charter forms to be submitted to TMI. The Co-sponsor, Patrick Locke, did a super job here. Specifically, he audited every form and coordinated with TMI in advance of any of the New-Club application forms being submitted by BurnsMasters. Any error or omission on such forms would delay TMI's charter approval potentially by weeks. This was avoided completely through Patrick's pre-auditing procedure.
    - Form #1 Application to Organize a Toastmaster Club
    - Form #2 Charter Payments submission to TMI
    - Form #3 Charter Membership Application and Payment Information
    - Form #4 Charter Club Officer information
    - Form #5 Club Information (Club name is added to this form)
    - Form #6A Club Constitution for Clubs of Toastmasters International
    - Form #6B Addendum of Standard Club Options
- Introduce the club to Standard Operating Procedures (SOP) that can be studied and modified to align with the focus and culture of BurnsMasters
- Introduce a written summary of the Functionary Roles and Responsibilities that can be studied and aligned with the needs of BurnsMasters.
- Provide a series of training modules focused on Club Improvement, Leadership, the Moments of Truth series, etc.
- Emphasize the significance of the DCP program as a key performance measurement of club progress/success.
- Encourage club involvement in the Pathways Mentoring/Protégé training program.
- Focus on Pathways and ensure all club members thoroughly understand how to access, select a Path, and take full advantage of their Pathways curriculum.

- Schedule and deliver a formal officer training program.

Throughout this project plan, intermittent officer training and knowledge sharing has taken place. However, in order to receive DCP credit and to offer further benefit to the club, the Sponsor/Mentor team will schedule a formal training session – at least 2-hours in length.

Marv Serhan, Captain, U.S. Navy (Retired) has been a member of Toastmasters since 1999. He earned DTMs in 2007 and in 2020. He is the founder and past-president of Professionally Speaking TM-3091 in Vancouver, WA. If you have questions, Marv can be reached at marv@marvserhan.com. His website is marvserhan.com

Grow Your Members wit

Dave Bones

A member has just given a speech to their home club. They offered their trust in the audience through sharing a vulnerable and personal topic. Now, it is up to the evaluator to provide feedback to enhance and support the speaker in their growth.

Does this sound familiar? I believe this scenario is what can make or break the longevity of a club. Why do many of us come back, year after year (even for decades) to regular meetings? I genuinely believe that evaluation is the heart and soul of the Toastmasters brand.

What is it about evaluation that is so important in a Toastmasters club? It provides the means for growth which is our common bond as members. When club members grow together, they stay together! I truly believe this applies to ongoing members, as well as prospective guests.

The empathic evaluation (showing an ability to understand and share the feelings of another) lends itself very strongly to growth. There are three characteristics that significantly enhance this:

- **VISIBILITY**—A speaker receiving an tevaluation wants to know they were "seen" for their goals and personal context. For example, if you noticed that the speaker had done a lot of preparation or if you were moved by something they said, let them know! This establishes authentic rappor.

- **DIRECTION**—How can we both support and offer ways to improve? Without this component, there is no growth. Two problems often occur:
  - The "whitewash" evaluation - an evaluator only offers the positive attributes of the speaker with no suggestions for improvement. They may say something like, "I really could not find any points to improve upon, but . . ."
  - The negative evaluation - this is where the evaluator primarily tells the speaker what they didn't like about the presentation. For example, the evaluator might comment that the speaker was too quiet, or their eye contact wasn't

h Empathic Evaluations

s, ACS, CL

very good. The speaker could be left demoralized and not clear how to take action to improve.

Instead, describe the positive value that you are looking for. In the example above, an evaluator might offer the following wording. "I was noticing that you had a quieter quality to your voice during that one section of your speech. I was wondering if some additional volume might help to drive your message home, where the audience could even more clearly hear your words." Or, "I noticed that you were wanting to be very precise with your wording, looking down at your notes. I was wondering if adding more eye contact, perhaps pausing between paragraphs periodically during sections of your speech, might add more connection with your audience."

- **SUPPORT**—The third characteristic is perhaps the most important - an evaluation offered with supportive intent. This is what fosters and elevates the growth of the speaker. This is where the magic happens! The evaluator becomes a collaborator with the speaker to help them enhance their presentation, with the shared value of personal growth. It is this empathic evaluation style that enables a club culture to be based on supportive growth. It is also what fosters a virtuous cycle of current member satisfaction and personal success.

Evaluation has been the single most important skill I have learned in Toastmasters. Not only have I noticed this auspicious effect in my Toastmasters clubs, but also professionally and personally. I have seen the same repeatedly from fellow Toastmasters, in their own stories.

Empathic evaluation is the most important characteristic of a flourishing Toastmasters club. Together, each meeting, we can set the climate for continued growth.

Syrene Glade, DTM

Beyond My Comfort Zone

Leanna Lindquist, DTM

I met Syrena years ago at a Toastmasters event. She has a history of District involvement. You may have seen her compete in speech contests. She has served as a District Governor and volunteered at TLI. Last year she generously donated one of her paintings to benefit the Prison Foundation. Her home club is Tualatin Valley Toastmasters.

Tell us about Syrena

I grew up in a small town in the central coast range of Oregon. My school was a single building from K-12 that housed approximately 250 students at the time. When I wasn't studying I was probably creating art on my bedroom walls or riding my horse. I was lucky to graduate in the 80s and have a full scholarship to a local school provided by a grant to all graduates of two small Oregon logging towns by a philanthropist logging family.

I started college with intentions to be a maths major, but I ended up majoring in Spanish with nearly enough credits for a maths minor. I continued to graduate school where I taught beginning Spanish and completed my Master of Arts in Spanish. I've also studied French, Russian, German, and some Japanese. The only languages I still speak from time to time are Spanish and French.

I've done some translation work, but most of my professional experience has been in technical support and customer service. I'd like to do something different, but this seems to be where my skills lie. If I could survive creating or teaching art, that's what I would be doing.

What brought you to Toastmasters?

While I'm good at helping people, I haven't always been an effective communicator or team player. I had a boss who essentially told me that I needed to become a more effective communicator or find a new job. I joined Toastmasters, and the rest, as they say, is history. I've been in Toastmasters now for over 11 years, and I still enjoy it immensely.

How do you use your Toastmaster skills outside your meetings?

I used it more when I was a team lead then manager at my previous position, but now

I just use it to marshal my thoughts before speaking. I also use what I've learned about effective feedback when working with fellow artists in my (now virtual) art groups.

Your Facebook friends enjoy posting of your art work. How did you get started?

I've loved doing art since I was a kid. Whether it was drawing, sculpting, crafting, or writing, I've always been creating something. My mom was influential and always encouraging my sister and me to be creative.

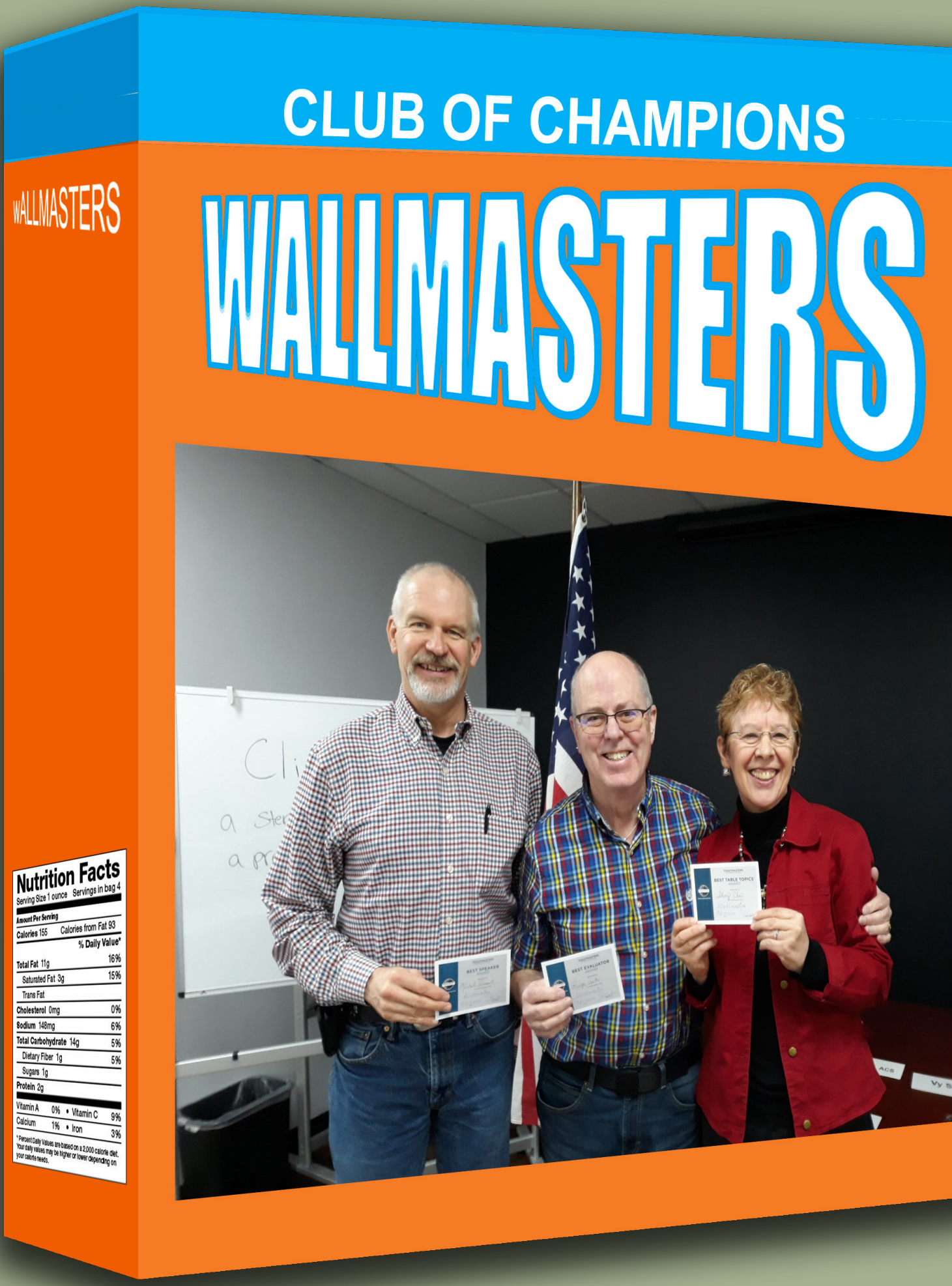
These days I find that I'm always trying to learn new things and step outside my comfort zone artistically, something else I took from Toastmasters. I enjoy creating and helping others to create. So many people say they "can't draw," but think about how many people say they "can't give a speech." We all start at the beginning, and stepping outside our comfort zones with the understanding that we won't be polished the first (or 50th) time out is what makes us better.

What is your favorite medium?

I love watercolor the most, but now that I'm stuck at home with no real place to spread out and paint I find myself gravitating back to graphite and pen/ink. An artist friend of mine gave me a set of colored pencils (150 colors!), so I've been playing a little with how to effectively use colored pencils. I hope to have the opportunity to show my work again, but the gallery I belong to is currently closed due to the pandemic so I don't know when that will happen.

In the meantime, you can find my art on my Instagram , Twitter, and Facebook (amongst many other) posts. Most of my pieces are available as prints, and some originals are available. I'm also open to commissions on a case-by-case basis. Message me for specific details.

Autumn Leaves by Syrena Glade


CLUB OF CHAMPIONS
WALLMASTERS
WALLMASTERS
Nutrition Facts
Serving Size 1 ounce Servings in bag 4
Amount Per Serving
Calories 155 Calories from Fat 93
% Daily Value*
Total Fat 11g 16%
Saturated Fat 3g 15%
Trans Fat
Cholesterol 0mg 0%
Sodium 148mg 6%
Total Carbohydrate 14g 5%
Dietary Fiber 1g 5%
Sugars 1g
Protein 2g
Vitamin A 0% • Vitamin C 9%
Calcium 1% • Iron 3%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

WALLMASTERS INTERNATIONAL

Toastmasters for High Achievers

6:35 - 7:45 am - Fridays

CoLab

11481 SW Hall Blvd Ste 201

Tigard, Oregon 97223

cleon.cox@frontier.com

During social distancing, we are meeting online. Contact us for the Zoom link to join the meeting.

Join Us Any Friday

FUN FEST on First Fridays

Michelle Alba-Lim, DTM

A few months ago, I wrote about my vision of starting a blended Toastmasters club that would be the first of its kind in District 7 (and perhaps the Toastmasters world). A traveling, advanced, blended community club.

Friday Night Fun Masters would meet on the FIRST FRIDAY of each month, at DIFFERENT physical locations. The common factor would be that the location would be conducive to people getting together to have fun, would have a function room, and provide WIFI so that members and guests could zoom in from anywhere in the state, the country, or the world.

The club focus would be on having FUN and FELLOWSHIP while FULFILLING personal and professional goals. Although based on the Toastmasters meeting format, Friday Night Fun Masters (or FNFM for short) meeting agenda would be different in some respects. Instead of a Toastmaster of the Meeting, we would have a Fun Master of the Meeting. Instead of Table Topics, we would have Tickle Topics. And instead of an Ah-counter, we would have a Ha-ha counter.

On the first Friday of March, we held our first meeting at Elmer's Restaurant in Roseburg. Due to inclement weather, we had a number of cancellations. Despite the small in-person turnout, we had great fun and fellowship thanks to friends who participated from various parts of the world.

For the first Friday of April, we had planned to meet at the same venue, hopefully with better

in-person attendance. All that changed with Covid-19 social distancing. Unlike many other clubs, our transition to one hundred percent online attendance was smooth and hiccup-free. In fact, meeting fully online is so much easier to manage than blended meetings. There is a silver lining behind the Covid-19 cloud.

We had four humorists (speakers) regaling us with humorous personal stories. And several entertaining Tickle Topics responses. Thankfully we had muted our audio, otherwise loud laughter and chuckles would have disrupted the speeches. On second thought, perhaps we should leave our audio on next time. All the better to hear the laughter and merriment!

How about joining us on the first Friday of May? May 1st, from 6:30 to 8:30 p.m.

We are a few short of the MAGIC 20 to charter. If you're looking for a FUN club on FIRST FRIDAYS of the month, look no further. Click here and become a founding member of Friday Night Fun Masters. Let's target May 1 as our Charter Party!

If you want to be part of history-in-the-making, but have a few questions, email fridaynightfunmasters@gmail.com, text 714-273-0743, or join us on Facebook or Zoom on May 1st.

For questions about online attendance for your club, contact toastmaster.michelle@gmail.com

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Eco Voices Toastmasters	Anderson	Tamara
Marylhurst Toastmasters	Aschenbrenner	Amy
Smooth Talkers Club	Autele	Tasi
Sherwood Town Criers Club	Calamar	Adam
Pearl District Toastmasters Club	Cecil	Morgan
The Dalles Toastmasters Club	Cecil	Neita
University Toastmasters Club	Circiello	Alex
Columbian Club	Conway	Jody
Toastmasters For Speaking Professionals	Cooley	Katie
WE Toasted Toastmasters	Craig	Kristi
Early Words Club	Elbert	Bryce
Encouraging Words Club	Elbert	Bryce
Transtoasters	Evans	Svetlana
Tualatin Valley Toastmasters Club	Fieland	ISaac
Wallmasters International Club	Fogel	Paul
Pearl District Toastmasters Club	Graves	Megan
Eco Voices Toastmasters	Hayes	Yamilka
Roseburg Club	Henneman	Whitney
WE Toasted Toastmasters	Hough	Sean
Smooth Talkers Club	Huber	Justyn
Roseburg Club	Johnson	Cindi
Creative Communicators	Kartal	Peter
Toastmasters For Speaking Professionals	Lee	Leslie
Toast of Corvallis Toastmasters Club	Lloyd	Timothy
Marylhurst Toastmasters	Love	David
Swan Island Toastmasters	McMillian	Jeremy
Eco Voices Toastmasters	Michael	Rex
3 Stripe Adidas	Morbitzer	John
Jefferson State Toastmasters	Nix	Kevin
Swan Island Toastmasters	Padon	Jack
Speakers With Spirit Club	Polit	Zenaida
Gresham Toastmasters Club	Preston	April

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Babble-On Toastmasters Club	Quarum	Anna
Professionally Speaking	Roberts	Jodie
Silicon Forest Club	Rosa	Mark
Electric Toasters Club	Shapiro	Zach
CareOregon	Simshauser	Alicia
Milwaukie Talkies	Stewart	Brian
MIME Speaks	Tadimeti	Vijay Vardhan
Talk-In-Tel	Tzun	Rony
Smooth Talkers Club	Valdez	Gary
Walker Talkers Toastmasters Club	Vandehey	Jolee
Coachmasters Toastmasters Club	Warford	Gary
Sporty Speakers	Wilkes	Chris
Portland Club	Wilutis	Erik
University Toastmasters Club	Winfield	Turner
I.R. Speaking Toastmasters Club	Wojcik	Brian
Creative Communicators	Zarkoff	Nestor

No matter where you are, no matter what you did, no matter where you've come from, you can always change, become a better version of yourself.

— Madonna

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
EC3	3/3/2020	Abbott, Nichole Danae	Rogue Valley Networking
EC2	3/3/2020	Abbott, Nichole Danae	Rogue Valley Networking
EC1	3/3/2020	Abbott, Nichole Danae	Rogue Valley Networking
MS1	3/9/2020	Allen, Stefyni	Bootstrappers Club
ACB	3/2/2020	Andersen, Lorri	Daylighters Club
VC1	3/25/2020	Baker, Deirdre	Noon Talkers
PM5	3/25/2020	Baker, Jean Margaret	Noon Talkers
IP3	3/1/2020	Baker, Jennifer L.	New Horizons Toastmasters Club
EH2	3/27/2020	Bergman, Erik	WE Toasted Toastmasters
CL	3/5/2020	Blaylock, Dylan	Clack-Orators Toastmasters
EC1	3/6/2020	Cantwell, Bruce	Portland Club
VC1	3/3/2020	Carpenter, Pamela Mary	Yaquina Toastmasters
LD4	3/2/2020	Chambers, James	Rogue Valley Networking
LD3	3/2/2020	Chambers, James	Rogue Valley Networking
LD2	3/2/2020	Chambers, James	Rogue Valley Networking
VC3	3/11/2020	Corbet-Owen, Carina	Vancouver Toastmasters Club
LD3	3/30/2020	Corbin, Tamsen Miller	New Horizons Toastmasters Club
LD2	3/30/2020	Corbin, Tamsen Miller	WE Toasted Toastmasters
EC2	3/1/2020	Cort, Danette L.	Toastmasters of Redmond
DL1	3/19/2020	Cort, Jennifer C	Toastmasters of Redmond
CC	3/31/2020	Curnow, Judy Joanna	Astoria Toastmasters
ACS	3/8/2020	Davis, Eric Samuel	Rose City Toasters Club
PM2	3/11/2020	Filburn, Kari	Vancouver Toastmasters Club
PM2	3/20/2020	Fleck, Larry	Spirit Trackers
PM1	3/20/2020	Fleck, Larry	Spirit Trackers
VC2	3/2/2020	Frankland, Constance E.	Rogue Valley Networking
VC1	3/2/2020	Frankland, Constance E.	Rogue Valley Networking
LDREXC	3/11/2020	Gupta, Bhushan B.	Silicon Forest Club
PM2	3/19/2020	Gutierrez, Orestes	Yawn Patrol Club
EH1	3/7/2020	Hancock, Cara	Liberty Toastmasters
CC	3/31/2020	Hills, Ronda Marie	Columbian Club
ALS	3/18/2020	Jeans, Christopher	Sporty Speakers

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
LDREXC	3/13/2020	Jeans, Christopher	Sporty Speakers
ACS	3/29/2020	John, Alan B.	PMI Portland Toastmasters
LD2	3/18/2020	Joseph, Amanda	Yawn Patrol Club
LD1	3/18/2020	Joseph, Amanda	Yawn Patrol Club
IP5	3/4/2020	Kumar, Anil	Toast to US
DL1	3/22/2020	Leach, Bob	Babble-On Toastmasters Club
ACG	3/20/2020	Leach, Julianna	Yawn Patrol Club
DL3	3/7/2020	Leis, Linda K.	Will-Sher Club
DL2	3/7/2020	Leis, Linda K.	Will-Sher Club
IP1	3/3/2020	Lemieux, James	Tell Me A Story
PM5	3/20/2020	Lewis, Tim A.	Yawn Patrol Club
PM4	3/20/2020	Lewis, Tim A.	Yawn Patrol Club
PM3	3/20/2020	Lewis, Tim A.	Yawn Patrol Club
PM2	3/20/2020	Lewis, Tim A.	Yawn Patrol Club
PM1	3/20/2020	Lewis, Tim A.	Yawn Patrol Club
IP3	3/9/2020	Lin, Amy	Silicon Forest Club
IP2	3/9/2020	Lin, Amy	Silicon Forest Club
IP1	3/9/2020	Lin, Amy	Silicon Forest Club
DL2	3/11/2020	Lloyd, Paul	Nano-Mated Speakers
EH1	3/2/2020	Malinowski, Lindsay	Transtoasters
ACS	3/9/2020	McFadden, Cheryl	Downtown Lunchbunch
EC4	3/19/2020	McKinney, Brad A	Yawn Patrol Club
EC3	3/19/2020	McKinney, Brad A	Yawn Patrol Club
EC2	3/18/2020	McKinney, Brad A	Yawn Patrol Club
EC1	3/18/2020	McKinney, Brad A	Yawn Patrol Club
VC2	3/4/2020	Miller, Nathan	Toast to US
VC1	3/3/2020	Miller, Nathan	Toast to US
IP1	3/19/2020	Munguia, Chelsea	Toastmasters of Redmond
TC1	3/6/2020	Parker, Tom R.	Southern Oregon Speechmasters
ALB	3/11/2020	Patton, Wendy	Gresham Toastmasters Club
ACG	3/11/2020	Patton, Wendy	Gresham Toastmasters Club
ACB	3/9/2020	Prasad, Sharna	Corvallis Evening Group

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
ALS	3/30/2020	Pugh, Robert S.	Wallmasters International Club
CC	3/23/2020	Pugh, Robert S.	Wallmasters International Club
ACB	3/6/2020	Radkey, Heddy	Myrtlewood Hootowlers Club
EC2	3/1/2020	Ruiz, Piper Anne	Downtown Public Speakers Club
DL1	3/27/2020	Russell, Christina Merise	WE Toasted Toastmasters
PM3	3/23/2020	Sarkkinen, Bert Wilfred	Professionally Speaking
ACG	3/18/2020	Schupp, Lisa S.	Toast of Corvallis
CC	3/2/2020	Semprevivo, Karen Ann	Blue Ox Club
ALB	3/1/2020	Semprevivo, Karen Ann	Portland Progressives
PM1	3/23/2020	Serhan, Marvin T.	Professionally Speaking
LD1	3/6/2020	Stockdale, Erica L	McMinnville Toastmasters
PM1	3/1/2020	Walker, Linda Lucille	Newberg Toastmasters Club
SR1	3/3/2020	Wallace, Bryan L.	Mentors Of Focus Club
IP1	3/18/2020	Witters, Cheryl Marie	Transtoasters
MS1	2/19/2020	Mulligan, Annette Marie	Coachmasters Toastmasters
CL	2/18/2020	Murozono, Etsuko	Electric Toasters Club
EC3	2/22/2020	Nikula, Joyce	Newberg Toastmasters Club
VC3	2/27/2020	Nixon, Scott	Bend Chamber Toastmasters
IP5	2/5/2020	Norris, Lauralee K.	Yaquina Toastmasters
IP4	2/5/2020	Norris, Lauralee K.	Yaquina Toastmasters
VC3	2/19/2020	Ochsner, Terry	Professionally Speaking
IP1	2/20/2020	Parker, Kellie Laree	NuScale Toasters
DL3	2/13/2020	Parker, Traci	Swan Island Toastmasters
PM2	2/21/2020	Parra, Sanae	3 Stripe Adidas
PM1	2/21/2020	Parra, Sanae	3 Stripe Adidas
LD4	2/28/2020	Pashia, Eric	Bend Chamber Toastmasters
ACG	2/19/2020	Pence, Brian Eric	Smooth Talkers Club
LD3	2/21/2020	Peralta, Diane Dugay	Feedbackers Toastmasters Club
VC2	2/28/2020	Peterson, Mike G.	Creative Communicators
EH1	2/11/2020	Redgrave, Cheri A.	Communicators Plus
IP4	2/11/2020	Redgrave, Cheri A.	Communicators Plus
SR1	2/18/2020	Remsburg, Brian Thomas	Coachmasters Toastmasters

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
LD2	2/28/2020	Rivoli, Barb	Creative Communicators
DL5	2/20/2020	Robison, James Craig	Portland Progressives
EH4	2/25/2020	Rosenberg, Michael Kenyon	Toast Of Tualatin, Lam Research
EH3	2/25/2020	Rosenberg, Michael Kenyon	Toast Of Tualatin, Lam Research
EH2	2/25/2020	Rosenberg, Michael Kenyon	Toast Of Tualatin, Lam Research
IP3	2/19/2020	Rydlun, Fredrik	Bend Chamber Toastmasters
IP2	2/6/2020	Rydlun, Fredrik	Bend Chamber Toastmasters
ALS	2/26/2020	Sandwick, Jean K.	Wallmasters International Club
DL3	2/19/2020	Schellenberg, Lyle W.	Bootstrappers Club
PM2	2/10/2020	Schowe, Harvey L.	Blue Ox Club
CL	2/24/2020	Schupp, Lisa S.	Lebanon Toastmasters
VC2	2/24/2020	Schupp, Lisa S.	Lebanon Toastmasters
PM2	2/3/2020	Schweitzer, Teresa L	Toastmasters of Redmond
EC4	2/20/2020	Semprevivo, Karen Ann	Portland Progressives
LDREXC	2/10/2020	Semprevivo, Karen Ann	Blue Ox Club
IP5	2/13/2020	Shehorn, David A.	Clark County Toastmasters Club
PM2	2/6/2020	Silver, David M	Essayons Club
PM1	2/6/2020	Silver, David M	Essayons Club
VC1	2/13/2020	Simmons, Shannon Michelle	Swan Island Toastmasters
MS1	2/6/2020	Smith, Tiffani R	Barnhart Toastmasters
EC1	2/6/2020	Smith, Tiffani R	Barnhart Toastmasters
IP3	2/1/2020	Somasundaram, Namitha	Speakeasy Toastmasters
ACG	2/11/2020	Sparks, Michael D.	Spirit Trackers
PM1	2/7/2020	St John, Petra	Milwaukie Talkies
CL	2/4/2020	Steele, James P.	Toast of Corvallis Toastmasters
ACS	2/14/2020	Stein, Bill	Toast of the Region Club
CC	2/8/2020	Stoddard, Anderson J	Ilwaco Toastmasters
LD1	2/6/2020	Strawn, Darin J.	RA Chiptalkers
VC5	2/11/2020	Stricker, Michael	Speakers With Spirit Club
PM5	2/12/2020	Sullivan, Brian	Smooth Talkers Club
MS3	2/28/2020	Takamura, Ted J.	Marylhurst Toastmasters
CC	2/27/2020	Test, Cindy S.	High Noon Club

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
ACS	2/12/2020	Tham, Jamie	Silicon Forest Club
MS4	2/27/2020	Topping, Sean Phillip	Nano-Mated Speakers
LD4	2/26/2020	Toye, Douglass Craig	Sherwood Town Criers Club
DL2	2/18/2020	Turull, Albert	Gateway Toastmasters
VC1	2/7/2020	Tuttle, Debbie A.	Milwaukie Talkies
CL	2/7/2020	Walker, Linda Lucille	Newberg Toastmasters Club
DL3	2/7/2020	Wang, Sigi	MIME Speaks
ALS	2/13/2020	Ward, Jill M.	Wallmasters International Club
DTM	2/13/2020	Ward, Jill M.	Wallmasters International Club
LDREXC	2/12/2020	Ward, Jill M.	Wallmasters International Club
IP4	2/26/2020	Waters, John E.	Buckaroo Toastmasters
SR3	2/25/2020	Wilkinson, Neal	MIME Speaks

The secret of getting ahead is getting started. The secret of getting started is breaking your complex overwhelming tasks into small manageable tasks, and then starting on the first one.

—Mark Twain

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Abbott, Nichole Danae	3	EC1 , EC2 , EC3
Adams, Becky	6	IP4 , IP5 , IP1 , IP2 , IP3 , CL
Akers, Traci	4	DL1 , DL2 , DL3 , DL4
Al-Wadud, AbdurRashid	3	MS3 , MS2 , MS4
Arnold, Cate Ann	7	ACS , ACG , ALB , LDREXC , ACB , CL , CC
Baker, Jean Margaret	3	PM3 , PM4 , PM5
Baker, Jennifer L.	3	IP1 , IP2 , IP3
Bergman, Erik	7	PM5 , EH1 , LDREXC , CC , EH2 , ALS , DTM
Beste, Nathan	3	EC3 , EC1 , EC2
Bird, Summer Thomas	3	EH2 , VC5 , EH1
Booth, Jonathan	3	IP2 , IP3 , IP4
Caloca, Paul	3	DL1 , DL2 , DL3
Carson, Paul	3	LDREXC , ALS , DTM
Chambers, John	3	LD2 , LD3 , LD4
Chen, Karen	3	PM1 , PM2 , PM3
Christensen, Kim	3	PM1 , PM2 , PM3
Cook, Rodger	3	LDREXC , ACS , ALS
Corbin, Tamsen Miller	6	EC5 , PM3 , PM4 , LD1 , LD2 , LD3
Cottingham, Dorothy	3	MS3 , MS4 , MS5
Culp, Jason M	3	PM1 , CC , CL
Davis, Eric Samuel	3	CC , ACB , ACS
De Graff, Peter B.	3	VC2 , VC3 , VC4
Dent, James A.	4	VC2 , TC2 , TC3 , VC1
Derridinger, Olivia	4	MS2 , MS3 , MS4 , MS5
Dickson, Steven M.	4	TC1 , TC2 , TC3 , CL
Douglass, Matthew	4	ACS , ACG , CL , ALB
Fanning, Paul C.	10	DTM , CL , LDREXC , LD4 , ACG , ALS , LD5 , CC , ALB , ACB

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Fasone, Hollie Lynn	3	VC1 , VC2 , VC3
Grace, Martin	3	DL2 , LD2 , LD1
Hall, Robert B.	5	EH2 , EH1 , EH3 , EH4 , EH5
Harmon, Phyllis A.	4	EC1 , EC3 , EC4 , EC2
Harvey, Joshua David	3	DL1 , DL2 , DL3
Heitz, Nena	3	EC2 , EC3 , EH1
Johnson, David R.	4	PM2 , PM1 , ACG , DTM
Kelley, Todd D.	4	LDREXC , ALS , ACG , DTM
Kemp, Susan K.	3	IP1 , CL , ALB
Kleffner, PJ	3	VC3 , CC , EH1
Knapp, Thomas K.	4	DL3 , DL4 , DL5 , PWMENTORPGM
Kumar, Anil	3	IP4 , DL3 , IP5
Lee, Rusty	3	VC3 , VC4 , VC5
Lemense, Todd	3	MS2 , MS3 , MS1
Lewis, Tim A.	5	PM1 , PM2 , PM3 , PM4 , PM5
Lin, Amy	3	IP1 , IP2 , IP3
Lindquist, Leanna	4	PM3 , CL , CC , CC
Locke, Julius Patrick	14	CC , LD2 , CC , PI4 , LDREXC , ALS , DTM , ALB , ACS , CC , ACG , ACG , ACS , CL
Marsh, Brandon D.	5	LD1 , LD2 , LD3 , LD4 , LD5
Mathis, Steve Nathaniel	3	TC1 , TC3 , TC2
McKinney, Brad A	4	EC1 , EC2 , EC3 , EC4
Midghall, Michael J.	3	EH1 , MS3 , EH2
Miller, Joan	3	LD1 , LD2 , LD3
Nayak, Chinmayee	3	LD1 , LD2 , LD3
Nixon, Scott	3	VC3 , VC1 , VC2
Parsons, Richard B.	3	ACG , ACS , DTM

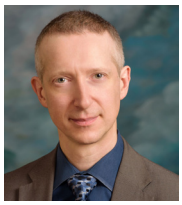
TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Pence, Brian Eric	3	ACS , CL , ACG
Peralta, Diane Dugay	3	LD1 , LD2 , LD3
Pinchot, Beth	3	CL , ALB , VC3
Pugh, Crystal D.	3	EC5 , MS4 , MS5
Pugh, Robert S.	3	ALS , ACG , CC
Redgrave, Cheri A.	5	IP2 , IP3 , SR5 , IP4 , EH1
Rosenberg, Michael Kenyon	3	EH3 , EH4 , EH2
Sarkkinen, Bert Wilfred	3	PM1 , PM2 , PM3
Schellenberg, Lyle W.	4	DL1 , DL2 , VC5 , DL3
Schowe, Harvey L.	4	PM1 , CC , CL , PM2
Schupp, Lisa S.	5	VC1 , PI4 , VC2 , CL , ACG
Semprevivo, Karen Ann	7	LD3 , ALB , ALB , LDREXC , CC , EC4 , CC
Serhan, Marvin T.	3	ALS , DTM , PM1
Solomon, Andrew G.	4	ALB , CL , CC , ACB
Stampflee, Tiffany A	4	LD2 , LD3 , LD4 , LD5
Standeven, Ernest J.	4	ACG , LDREXC , ALS , DTM
Stark, Katherine	4	LDREXC , SR2 , SR3 , ACG
Steele, James P.	3	IP1 , CL , ALB
Strickland, Scott	3	CC , EC1 , EC2
Takamura, Ted J.	3	MS2 , MS1 , MS3
Taylor, Emilie	4	MS3 , IP4 , CL , MS2
Topping, Sean Phillip	5	MS4 , MS1 , MS2 , MS3 , ACB
Walker, Linda Lucille	3	CC , PM1 , CL
Walker, Marvin Lynn	3	EC2 , PM4 , CL
Wantz, James	3	VC3 , EH1 , EH2
Ward, Jill M.	4	ACG , LDREXC , ALS , DTM
Wolfe, Jane	3	EH3 , EH1 , EH2
Wolfe, Norman	4	PM3 , LDREXC , PM4 , PM5

HAPPY ANNIVERSARY TO APRIL CLUBS

The following clubs are celebrating their charter anniversary this month. Congratulations to all!

CHARTER DATE	YEARS	CLUB	CITY
4/15/2013	7	A-Dec	Newberg
4/1/1986	34	Clackamas Stepping Stones	Milwaukie
4/5/2017	3	Columbia Square Squawking Heads	Portland
4/1/1987	33	Communicators Plus	Bend
4/1/1970	50	Early Words	Longview
4/1/1959	61	Essayons	Portland
4/1/1951	69	Gresham	Gresham
4/1/1949	71	Hood River	Hood River
4/11/2006	14	I.R. Speaking	Wilsonville
4/18/2013	7	Lebanon	Lebanon
4/1/1996	24	Noon Talkers	Portland
4/14/2017	3	Platt Electric Supply	Beaverton
4/1/1935	85	Portland	Portland
4/1/1939	81	Salem	Salem
4/5/2019	1	Toast Of Tualatin, Lam Research	Tualatin
4/2/2002	18	Toastmasters of Redmond	Redmond
4/1/1986	34	Transtoasters	Salem
4/1/1999	21	University of Oregon	Eugene
4/18/2017	3	VA SORCC	White City
4/2/2002	18	Wafermasters	Camas

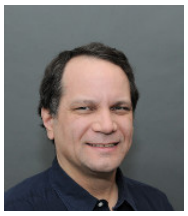


Dave Bones, DTM

Eldred Brown, DTM

Emilie Taylor, DTM

James Wantz, DTM



Jim Robison, DTM

Leanna Lindquist, DTM

Lee Coyne, ATMS

Marv Serhan, DTM

Michelle Alba-Lim, DTM

Paul Fanning, DTM

Phyllis Harmon, DTM

PJ Kleffner, DTM

Commit to Your Continued Growth!

Renewal period extended until April 30, 2020 due to Covid-19

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