



The image features a dramatic scene with a person silhouetted against a bright, golden sunset. The person is standing on a dark, rocky ledge and has their right arm raised in a fist, symbolizing triumph or defiance. In the foreground, a brick wall is visible, with a large, irregular opening that frames the sunset scene. The sun is low on the horizon, creating a strong lens flare and illuminating the clouds with a warm, orange glow. The overall mood is one of hope and achievement.

You can change lives

**Support the District 7
Prison Club Program.
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aedinger3@comcast.net
for more details**

Back to Business

Phyllis A. Harmon, DTM
Editor/Publisher



Okay, y'all. It's time to get serious about what you want to accomplish this year. The summer is gone, and school is in session. So what are you doing for yourself? Are you working on that next level or finishing up your latest DTM effort before the traditional program ends on June 30th? Whatever it is you are thinking about doing, it's time to buckle down and get'ter done!

Need help getting refocused? Need a proverbial kick in the rear end to jump start your enthusiasm? Look to your club members for support. Tell them what you want and give them the freedom to come to your aid.

For you overachievers, this rah-rah message is for you too. Being a mentor or coach helps you as much as it helps your protege. You learn leadership and communication skills while the person you are helping feels supported and engaged.

After all, isn't that what we DO in Toastmasters? It didn't take me long as a newbie to learn that Toastmasters was all about community and working towards a common goal—self improvement. As Margaret Meade said *"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."*

So I ask you once again, what are you doing for yourself? It's time to get'ter done!

EDITORIAL

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VOICES!



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Lead, Follow or . . . LEAD!

Paul Fanning, DTM

The 2019-20 cover stories introduce the members of the District Executive Committee to the membership. Some were elected, others appointed. Everyone on the Committee is dedicated to helping the rest of us thrive and be successful.

This month's article focuses on our District Administrative Manager, Paul Fanning. Below are his answers to questions posed by the Editor.

My Back Story

Contrary to some people's opinion, Dr. Ralph Smedley and I are not contemporaries. I first encountered Toastmasters in the 1970's in San Diego. I was going to another organization's meeting, and they and Toastmasters met at the same restaurant at 6:30am. My meeting was to my left when I entered, and Toastmasters to the right. The hostess thought I belonged on the right rather than with the "stuffy" group I had been invited to join. I had no idea what Toastmasters did (envisioned each place setting with a fancy wine glass or even a two-slice toaster)! I hurried to the right meeting (on the left) with the General, Navy captains, commanders, and me. Thus, ended the first encounter.

Fast forward a couple of decades to a massive, holiday weekend fire in the Wasilla Valley of Alaska. I was the only staff officer in town. Up came the cameras from the local TV

station, and I was being asked questions. They were hoping for the gem of a sound bite, and I was hoping to be dragged away in a hurry. My worst moment in life was that night, after it aired, when even the nice Sunday-school kids called me laughing and saying it was terrible with a capital “T”.

I could organize emergency housing for 10,000 people, manage a million-dollar budget, etc. but couldn’t in two minutes or less organize my thoughts to intelligently answer a question.

A few years (and a career) later, I was in Eastern Oregon. Two staff members of the Blue Mountain Community College system were trying to organize a second Toastmasters club in the area. I was asked to join, and I finally said ‘yes’ to Toastmasters.

I enjoyed Table Topics, began learning how to craft a speech, and learned a little about speechcraft and stagecraft. It was fun! It was a challenge but dovetailed into what and where I was at the time in my life. (That effort never panned out.) It was the fall of 2008 when another attempt was made to organize a club with the help of the “neighboring” clubs from La Grande, Hermiston and Tri-Cities. The club chartered in 2009 and thrived. I earned my Competent Communicator award in 2011. After I left the area to come out west to the green trees and moist climate, the two desert clubs eventually folded, and now the entire area and division are gone.

Ah-Ha Moment in Toastmasters and Why

Without sounding trite, I honestly and truthfully believe the entire time has been composed of Ah-Ha moments—all of them equal and in importance to the next. Toastmasters has



been a building series of experiences—from learning to watch the timer, to paying attention to what I say and what my body says. I thank my first club for the sometimes awkward and clumsy attempts in the beginning and thank the Hillsboro Downtown Lunchbunch for allowing me the leeway to hone some speechcraft skills. The thrill of my first successful speech has never diminished. The knowledge that I had put the elements together to deliver a forceful, meaningful and yet humorous speech and that I could stand before a group confident, aware and a master of what I said—knowing that it was being received and appreciated—was a “mountain top” experience.

What are my interests and hobbies outside of Toastmasters?

What? You mean there’s life outside of Toastmasters? Oh, my goodness. All joking aside, I have several that I would like to share with you,

and in fact, I have often incorporated them in my speeches and presentations.

The first is that I am a collector—born into a family of collectors. I am constantly evolving my collections and tastes. I have been a member of the Orders and Medals Society of America since my grandfather had me join. He was an avid reader, a collector of British military medals and insignia, having been in the British Army himself. It was through our mutual (and sometimes competitive) collecting that we became good friends. I began with an interest in British and Colonial Police medals. Although I long ago moved on to different fields of medal collecting, I still have fond memories of the four years we shared before his death..

The second, which I will also put the blame on my grandfather as well as my mother, was a love of history. They both were historical writers, albeit my grandfather a recorder of his exploits and experiences in World War II and life in general while my mother was a history and newspaper columnist. I currently am involved with no less than five military history groups and organizations, three of them strictly in the Pacific Northwest and Oregon/Washington. I write for these groups, serve as a consultant with the National Park Service, the U.S. Forest Service, and the Civilian Conservation Corps Legacy Organization.

I prepare seminars and presentations for them, and had the privilege this past May of serving as the guest speaker (thanks Toastmasters!) for the Fort Vancouver Military Barracks Association. I spoke on the Centennial of the First World War and the casualties of the European theater using medals, powerpoint, and

telling stories of individuals including my other grandfather who had served in the First World War. The highlight of the evening was the 1917 US Army ambulance giving rides, nurses passing out sandwiches and lemonade (a mainstay WWI refreshment), and me as the guest speaker.

The third interest is research—military, civilian, the Pacific Northwest, and genealogy. It's a discipline that is fraught with danger. The old adage "figures don't lie but liars do" comes to mind. One must be careful to thoroughly do your research and don't jump to conclusions or make up your own "ending". I'm good at what I can do and what I have done but still consider myself a complete novice in this field.

Highlights of My Toastmaster Career

You've asked me what I consider the highlights of my Toastmasters career. I can give you facts—three Distinguished Toastmaster Awards, some forty-two other educational awards, well over one hundred and fifty speeches but those are not the highlights. Highlights have been coaching a club back to health as Club Coach. A great thrill and exciting ride. Mentoring a club from their infancy to being able to walk away today and know that they are well grounded in their Toastmasters experience. Mentoring individual Toastmasters members in their positive membership experience, serving as an area and division director, giving my best to ensure that they have the tools to thrive and survive, and be there for them when they need TLC, a swift kick or "Well Done". I have always felt that training—club officer make-up training, TLI seminar presentations or just a one-on-one experience have been a forte I've not only been

suited for but excelled at. The tone of the question is whether I'm ready to hang up my boots. I still have more "career" to go. I haven't heard the fat lady sing yet, and the hook to remove me from the stage hasn't appeared.

Advice to Those Who Want to Lead

My advice? "LEAD, FOLLOW or . . . LEAD"! Leadership in Toastmasters is a multifaceted adventure and learning experience. There are so many layers of leadership within our organization that anyone who aspires to lead should and can do so. As with all things in Toastmasters, we want you to succeed.

To grow, develop and be comfortable with your leadership skills. It's as if there is a big poster of a Toastmaster standing there pointing his (or her) finger at you saying "I NEED YOU" ala the old WWI recruiting posters. Learning to be a leader may simply begin in your weekly club meeting in the Timer or Grammarian role until you feel confident and comfortable enough to be Toastmaster. Perhaps then you can see the need for well-trained and dynamic club officers. Other roles for area, division and district (and even beyond to International) begin with a single step. I didn't sit in my Toastmasters club meeting in 2009 as Timer and say "I want to be director". Instead I took "baby steps," and two clubs later took on a club officer role. I had been a leader



in other organizations and my profession, but Toastmasters was outside of my comfort zone at first. Here's what I would recommend:

1. Begin with your club meeting roles. Practice for them, read about them, look at the resources both written and online for them and then learn by doing.
2. Look at the needs of your club. Does it have a sergeant-at-arms? Is there a vacant role or one soon to be vacated? Be bold, step forward and say "YES". We'll help you learn your role through Toastmasters Leadership

Institute this November or club make-up training to be announced in your area and division.

3. Looking for a greater and rewarding challenge in service to others? Perhaps the area director role—someone who is the friend to four or more clubs and will help with program resources and tools for club success. Or perhaps a division or district role. The truth is that it takes an "army" behind the "army" of area and division leaders in many committee and support team roles that you may have never heard of.

4. How about becoming a Club Coach, Club Mentor, or Sponsor? If you feel you are ready, that you are a leader among leaders, maybe these are roles you might want to fill during this or the next program year.

Bottom line? LEAD by doing, FOLLOW to prepare yourself, and LEAD for a rewarding, rich and positive membership experience. I wish you all success and will see you as the leaders of this District's future and that of the Toastmasters program.

Start the Year Strong

Open House Incentive

Did your club hold an open house before Labor Day (September 2)? You can be reimbursed up to \$50 for expenses incurred in holding the event.

To qualify, submit the following to Eldred Brown, DTM - Club Growth Director at eldred.brown.tm@gmail.com:

- **The name of your club**
- **When and where you held the open house**
- **A roster of all who attended**
- **A completed [District 7 Reimbursement Voucher](#) before September 30, 2019**



Memories . . .

Emilie Taylor, DTM
Distict Director

It's been almost a month since Trio members from around the world attended District Leader Training and the Toastmasters Convention in Denver, Colorado. It was a great experience, my third convention, and my last one as an incumbent Trio member.

District Leader Training

As Trio members, we attended District Leader Training to familiarize ourselves with our roles. These two days were filled with learning and interacting with other Trio members from other districts and regions. One of the best things that came out of the training were the friendships created. When I was the Club Growth Director (CGD), I met other CGDs from around the world. We went through the process together, and now we are leading our Districts. It's a humbling experience especially that I never thought of becoming a District officer. I said yes to one event that led to another, and then to now. The transformative power of Toastmasters is available to anyone who wants to step out, step forward, and step up.

International Business Meeting

I have to say that I always, always learn something new from attending these meetings. From passing motions, to hearing opinions, and hearing candidates deliver two- minute speeches, makes the attendance worthwhile. Plus, while waiting for election results, we have a chance to listen to music and dance, albeit short. As District Director, the responsibility falls on me to lead our District Executive Council (DEC) meetings and the General Council Meetings. Wow! Another whirlwind of that excitement and all of the emotions you may remember when you gave your ice breaker speech, challenging you to another level of personal growth.

International Director Candidate Interviews

Every year we elect International Directors. We interviewed 16 candidates on Sunday, the day after arriving in Denver. Think about speed-dating. We had 15-minutes interviews with each candidate. It was an enlightening experience as we took turns asking questions. These candidates were just like you and me.

TOASTMASTERS INTERNATIONAL

2019 CONVENTION

AUGUST 21-24, 2019 / DENVER, COLORADO



They were new members originally all going through the process that Toastmasters created to help them grow. Now look at them. They are international leaders!

Parade of Flags

One of the highlights of convention was the Parade of Flags. We District Directors were asked to carry the flag of our choice. We were given three choices. I carried the flag of the US Virgin Islands. We rehearsed for over two hours. Who knew that carrying a flag would take that long to practice! For a brief moment I was a Toastmaster runway model. It was nerve-wracking but fun! While practicing, I got to know two districts directors. We took pictures and talked about our districts and experiences. The beauty of this event is the friendships you accidentally make by being thrown into these situations.

Sing-Along

Another highlight was the Sing-Along hosted by Ted Corcoran, Past International President.

While growing up, my dad had said I was tone-deaf. That never stopped me from singing. Singing makes me happy. The wonderful thing about the Sing-Along, it meets you where you are. It's Toastmasters, after all. Part of my wanting to sing is to encourage everyone who is afraid of singing. When you hear me sing, you can't help but say "If she can sing like that and not be afraid to bungle it up, then I can do it, too."

World Championship of Public Speaking

I always enjoyed this event because my track in Toastmasters has been the Leadership Track. For the past 4-1/2 years, I could not compete in our contests because I've been in District leadership. Watching this event unfold makes me wonder how my life would be if the contest bug bit me from the start. Hmmm.... Well, there is something to think about and look forward to.

Next year, the International Convention will be in Paris. Oui!

A Fork in the Road

Cate Arnold, DTM

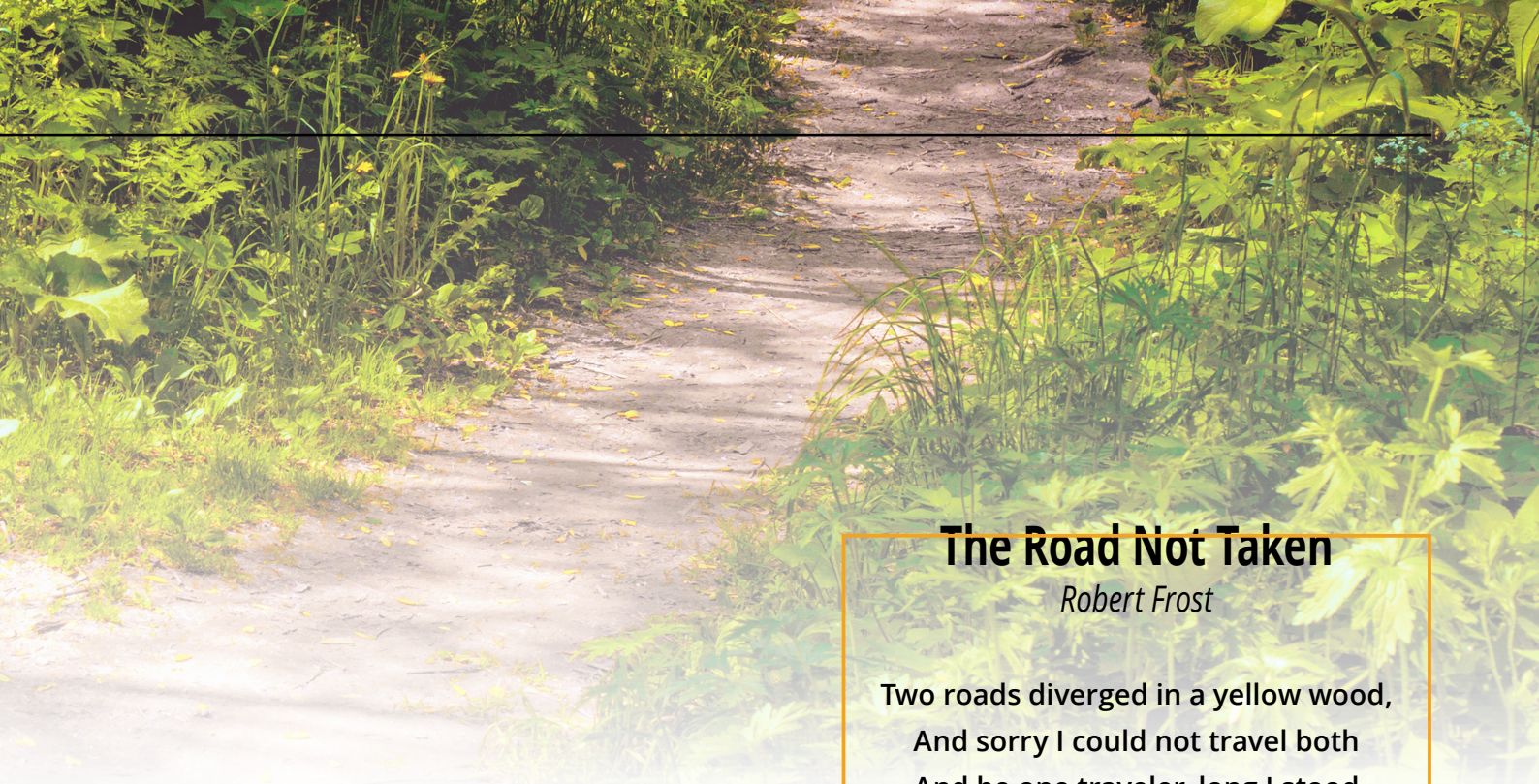
Program Quality Director

I love Toastmasters! It has been wonderful to learn to speak in a supportive environment, to embrace feedback instead of criticizing myself for being less than perfect, and to watch fellow members gain the confidence and interview skills to land jobs that change their lives.

When I was asked to run for Club Growth Director last year, I stepped up to support our District. Just like getting speech evaluations, I learned so much from the things that went well and especially from the things that didn't. I realized great leaders first inspire, then support and guide. I learned about the leadership pipeline that goes from Club to Area, Division, District, Region and International. We grow in these leadership roles if we are conscious about it, if we look at our objectives, commit to what we will do and evaluate what goes well, what we can improve, and what to challenge ourselves to do next time. The skills we develop help us succeed as leaders in our workplace and any organization.

I moved to Program Quality Director (PQD) in July, fully intending to continue into the second of the three years we serve as District Trio members. Trio roles have a significant time commitment. The PQD's priorities are planning and executing TLIs, the Annual Conference, and monthly trainings. I also wanted to do an HPL project to inspire members to form Mastermind Teams to accelerate their communication and/or leadership skill development. I envisioned a structure with different types of teams that decide what their objectives are, then work with and support each other, and then evaluate what they accomplished and what they didn't.

As I closed in on who might be in Mastermind Teams, I got really excited. Rather than writing out speeches alone to give once in front of their club, teams that work on speaking could bounce ideas and practice with each other. Maybe Division or Area Directors will want to maximize their leadership



development in their own Mastermind team. Maybe Mentors or Coaches will want to learn from each other to be successful in building sustainable clubs. Then I realized that I didn't want to just start these teams, I wanted to be in them as well, practicing mentoring skills, finishing Pathways levels, seeing what the teams are learning about leadership by doing it and talking about it.

Thinking about how much it would all take, I see that I am at a fork in my road—not enough time to go down both paths. After much struggling about what the better one would be, I am choosing the mentoring, teambuilding, and communication Mastermind Teams instead of the PQD role. I have talked with my fellow Trio members. They are on board.

Please consider what you want to learn this year. Will a Mastermind Team be your best path too?

I look forward to this year's travels!

The Road Not Taken

Robert Frost

Two roads diverged in a yellow wood,
And sorry I could not travel both
And be one traveler, long I stood
And looked down one as far as I could
To where it bent in the undergrowth;

Then took the other, as just as fair,
And having perhaps the better claim,
Because it was grassy and wanted wear;
Though as for that the passing there
Had worn them really about the same,

And both that morning equally lay
In leaves no step had trodden black.
Oh, I kept the first for another day!
Yet knowing how way leads on to way,
I doubted if I should ever come back.

I shall be telling this with a sigh
Somewhere ages and ages hence:
Two roads diverged in a wood, and I—
I took the one less traveled by,
And that has made all the difference.

The Power of Strat

Eldred Brown, DTM -

People often ask me the question, either online or face-to-face, “What was your biggest takeaway from the Convention you recently attended in Denver?” I suppose what they want to know is the one concept I learned that I consider more important or foundational than all the others. I honestly have to say that for me, the biggest takeaway was not a concept or best practice, though everything I learned in my CGD training there was important. The biggest takeaway for me was the huge network I built with Trio leaders of other districts throughout the world, from Australia to the United Kingdom, from India to Poland, and everywhere in between.

Before the convention, Emilie and my mentor, Leanna Lindquist, counseled me to make as many friends as I could at the convention, because those friends can help me develop ideas I

can implement here in District 7, and because I’ll be working with them through my three years on the Trio. (I can also return the favor by sharing with my CGD friends in other districts ideas I try here.) As John Rodke attested at our recent Celebration of Leadership, I took that advice seriously by shamelessly introducing myself to every CGD and district leader I could. I even joined the Facebook group one CGD started for those serving as Club Growth Director this year.

How does this benefit you? As much as I learned during my CGD and District Trio training, from how to set goals to how to draft a budget, that was all one-time training that I hope to remember as I fulfill my mission for this year. I won’t be exposed to this kind of brain dump again until January. A robust network, however, gives me a resource to which I can turn

A man with glasses and a beard, wearing a blue and white checkered shirt, is shaking hands with a woman. They are both smiling. In the background, there is a large window with a grid pattern. The text "Strategic Relationships" is written in large red letters, and "Club Growth Director" is written in black letters below it.

Strategic Relationships

Club Growth Director

for ongoing support and advice between training conferences. I have a support group of whom I can bounce ideas and learn different approaches to solving problems our districts face. If there's a particularly vexing challenge I face here, I'm sure I can find in our CGD network someone else who's dealing with the same challenge. I've even used this group to brainstorm such ideas as the Pizza Challenge membership renewal contest I'm currently running in our district.

What lesson is there in this for you? Another of my mentors, Cleon Cox, has a mantra many of you have heard before: "Meet people, learn something, and have fun." Through networking, you can accomplish all three parts of this mantra. You meet people whom you've never met before. These people can help you land your next job, or you could help them land their next jobs. You

learn something new from each person you meet, a different way of viewing the world, different solutions to problems at work, different solutions to problems in life. Most importantly, you may meet someone whose day you can brighten, or who can brighten your day. Besides all that, networking is fun, even for an introvert like me.

If networking is something you need to learn how to do, Pathways even gives us a path for that. Who knew, right? It's one of the two paths I'm working on right now. On this path, you will learn many of the skills you need to be a successful networker so you can build a support system for yourself and be a support to other people. If you want to follow this path in the new Pathways educational program, look for Strategic Relationships. You'll be glad you did.

DISTRICT 7 'OF TH



**2019 Toastmaster of the Year
Kathleen Tully, DTM**



**Division Director of the Year
Jenny Thomas, VC2**



**Dick Moser Award
David Johnson, DTM**



**Area Director of the Year
Marv Serhan, DTM**



**Lou Webb Award
Cathy Harris, CC, ALB**

THE YEAR' AWARDS



Herb C Stude Award
Paul Fanning, DTM

District Director Recognition Award

Karen Seprevivo, DTM
Allan Edinger, DTM
Jerry Kleffner, DTM
James Wantz, DTM
Donna Stark, DTM
Eldred Brown, DTM
Jenny Thomas, VC2
David Shehorn, DTM
Kathleen Tully, DTM
Leanna Lindquist, DTM
Cate Arnold, DTM
Emilie Taylor, DTM



Rookie of the Year
Daniel Brewer, ACS, ALB

District 7 Star Award
Marvin Mitchell, DTM
Lauralee Norris, IP3
Scott Fraser, ACB, ALB
Leanna Lindquist, DTM
Tamsen Corbin, PM3
PJ Kleffner, DTM
James Wantz, DTM
Debbie Burger, PM4
Patrick Locke, DTM
Phyllis Harmon, DTM

To learn more about the awards, visit the [District 7 website](#)

Silence the Teacher

Paul Fanning, DTM

I still consider it as one of my most vivid memories of my childhood. I can smell the cottonwood, visualize the chips and dust flying and the flash of the hand-made carving tools. I learned to respect silence, observe a master at work, and be patient for hours. Come join with me as I wander down memory lane and relive a great teaching moment in my life.

It was April of 1962. I was a mere lad of eight at the time, and I was not a happy camper. My mother had been collecting dolls her entire life, had become a member of the United Federation of Dolls Clubs and was now the national business manager for their monthly magazine. The local club she had become a member of had been asked to put on a display of “Dolls Around the World” at the old Oakland Public Museum, a rather dank and dreary small place where for three days I was voluntold to attend. This wasn’t my idea of fun, being around a group of old ladies (sorry mom!) showing off their prized “dolls” that had been made in the 1880’s or so. I couldn’t even take my toy soldiers to play with. Had to be the perfect, quiet little gentleman (seen but not heard) for the entire weekend. Then I made a discovery in another room of the museum that changed my weekend from dull, duller and dullest to a cultural awakening, a time of

reflection, and mentorship. Here was an older man, a Native American, calmly sitting at a table laden with wooden branches, a box of tempera paints, and old, hand-made carving tools. He didn’t acknowledge or glance at me that first day I slipped into his room. He calmly and patiently went about his business of transforming the cottonwood into unusual but eye-catching figures. I discovered his name was Abbot Sekestewa, a Hopi Indian from Arizona who was a traditional Kachina Doll carver. I remembered seeing Kachinas used as advertising logos. They often were in the trading posts and tourist stores along Route 66 in Arizona and New Mexico.

Amazingly, faced with the boredom of the doll club exhibit or watching this man carve, I sat down and was quiet as a mouse. The next day we arrived to open the doll exhibit. I slipped off to the very public, but to me, my secret room where Abbot also began his day. I finally saw the sign that proclaimed “DO NOT DISTURB THE CARVER” so once again I sat in silence, watching the masterful and amazing hands turn wood into fascinating objects. At times it was almost spiritual sitting there—a form of meditation and eternal quietude



reflective of the Hopi Mesas he had left behind. Rarely did anyone come into this room as to many these were wooden “idols”. They weren’t the pretty German and French fashion dolls being proudly displayed and talked about with the doll club exhibit, but here was I, sitting, quietly watching “dolls” being made by hand. Real “American” dolls. I was also being taught a very valuable lesson—that I didn’t have to be busy, running about, talking, asking questions and just plan noisy. I was with a master, a mentor, being shown what respecting an elder meant, and only speaking when being spoken to which later that afternoon came about. I was asked why I was there, and did I know what these objects he was carving were? Being shy and tongue-tied, I allowed him to tell me the spiritual and cultural significance. The earth paint colors he used had meaning. Each mask


the Kachina wore had significant meaning. The “Mud Head” dancers he carved (crude sack masks and often rather obese) were the teachers and disciplinarians for the village. Yet again, silence was the main teacher. Periods of quiet and concentration on portraying his Hopi tradition. Sadly, Sunday arrived—a shorter day with now evening hours. I stayed out of the doll club’s way and attended the final hours of my spiritual and mental retreat with Mr. Sekestewa. I was never allowed to carve, but I did paint the undercoat for one figure. An hour before closing, he motioned me forward. He reached into his personal bag and brought forth a simple but accurate Kachina. “This is for you. You have been my companion and the quietest white boy I have ever known. Take him home with you and remember me.” I was therefore dismissed from his “school” with my “diploma” in the form of a kachina carved by him. I sped to the large exhibit room where my mother’s companions were packing up. I showed her my prize, and being my mother, she took me back to him to have me return it. He would not take it back, saying it was mine, earned over three days of watching him pray, see what the wood could become under his carving and the painting of the elements of that specific Kachina dancer or spirit. She ended buying another kachina, a mud head, for herself. I now own both kachinas and they are a treasure from my childhood.

You ask what was the kachina? It was Laqan, from Second Mesa, the squirrel dancer. Now you aren’t supposed to begin laughing, pointing out that the squirrel was the right kachina for me. You see it was in Abbot’s eyes. The Laqan caches food and other things for the hard months and is considered a “giver of life” during the cold,

harsh winters in Northern Arizona when the main kiva dances are held. Abbot felt that was to be my future—a “giver”, a mentor and one who can live and learn in silence and be at peace.

Let me tie this into our experience as Toastmasters. We become so word oriented in our Toastmaster journey that we often feel we must insert constant words in all that we are and say. Whether it be as mentor or coach, we talk, and talk and then talk some more. Oh yes, we practice active listening skills, but in reality, do we allow the “sounds of silence” to permeate our experience? I must confess, not too often. Silence at age eight became a perfect yet demanding teacher, a skill I often had to employ when visiting native villages and elders in the far north.

Fellow Toastmasters, I heartily recommend that you allow solitude, quiet and silence to be your teacher, master and a vital skill one can add to their “toolbox” as a leader and learner along the Toastmasters experience.



*Nothing strengthens
authority so much as
silence.—Leonardo da Vinci*



**This could be
YOU!**

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7512.toastmastersclubs.org

Hearing vs Listening - A Lesson in Leadership

James (Jim) Dent, LSSBB, DTM

When someone comes to you with a problem or complaint, do you hear what they have to say, or do you listen in order to understand?

Most people do not listen with the intent to understand; they listen with the intent to reply.—Stephen R. Covey

There is a tendency for people to immediately react and either tell the person your opinion or give the person a solution; before really understanding the underlying nature of why the person came to you. You think you answered their issue satisfactorily because they told you, OK and walked away. However, they may be walking away thinking that you were not really interested in listening to them.

One of the most sincere forms of respect is actually listening to what another has to say.—Bryant H. McGill

Your manager tells you that your weekly report which you emailed him yesterday is lacking important details he needs. You respond with, “But I provided the same level of details I do every week.” Active listening would’ve involved an immediate response such as, “What specific details do you need?” You should focus

on understanding what your boss needs, and not on excuses for why the report is the same.

Listen, learn, and lead.— John C. Maxwell

For a leader to be able to gain trust and influence others, they must be genuinely interested in people. The leader must genuinely understand people’s opinions and perspectives. Effective active listening, and not just hearing, is a most important leadership skill and behavior.

One friend, one person who is truly understanding, who takes the trouble to listen to us as we consider a problem, can change our whole outlook on the world.

—Dr. E. H. Mayo

How do we effectively and actively listen? Listen more and talk less. During a conversation, a good leader will listen 75% and speak 25% of the time. If you truly want to bore another person, then talk when the other person really wants you to listen.

Most successful people I’ve known are the ones who do more listening than talking.—Bernard Baruch

Are you listening
to me, Charlie
Brown?



Let the other person finish—Do not interrupt other people when they are talking. Look for a pause indicating they are finished and are expecting you to respond. Be careful not to respond too quickly as the pause may be a pause to catch their breath.

Be present in the moment—Don't be thinking about your own thoughts, solutions, agendas, and intentions to influence while the other person is talking. Don't be thinking about what you are going to say, or how you are going to respond while you are listening to them.

Be visually attentive—Don't be looking at your computer, phone, papers, or around the room when the other person is talking. They need to see you giving your undivided attention.

Listen to understand the idea—Do not listen just to the facts, listen to understand the central idea or central theme. Ask probing questions to better understand the central idea or central theme. The speaker may not be articulating the idea clearly at first. Ask questions to ensure you truly understand what the speaker's idea or issue is. "If I understand you correctly, your concern is. . ."

The most important thing in communication is hearing what isn't said.—Peter Drucker

Indicate you are listening—Nod your head, say "yes" when the speaker is providing points, stop the speaker and ask them to expand on a point if it's unclear.

LISTEN and SILENT are spelled with the same letters. Think about it—The Mind Unleashed

A good leader speaks from his/her heart, not from their mind. The same is true for listening. A good leader listens from his/her heart, not from their mind. Use your mind to formulate an intelligent and sincere response.

Jim (Jimmy) Dent joined Toastmasters in April 2010. He is a member of two online clubs, and 4 regular clubs. He has also served as Area Governor 3 times and several other district roles. He has earned his DTM twice and expects to earn his Pathways DTM in the next 6 months.

BLUE OX TOASTMASTERS CLUB invites you to:



Enjoy good company and learn presentation skills! Room 110 in the BPA Cafeteria

For the past sixty-six years, the Blue Ox Toastmasters club has helped over four hundred federal employees and the public to improve their public speaking skills, learning to conduct meetings and honing leadership skills. Members both present and past have benefited in their employment and outside the workplace. Members learn at their own pace using the Toastmasters International Pathways program.

Joining Toastmasters is a commitment to not only improve your own communications skills, but also to help other members improve their skills - all in a supportive environment. This program has worked since 1924! It is proven that the more you practice speaking, the more proficient in speaking you become. This in turn builds confidence with different types of communications.

A typical Blue Ox meeting has three components: prepared speeches, table topics and evaluation. Table Topics allows members to practice impromptu speaking. Evaluations provide speakers with feedback on where they did well and where they need improvement.

Blue Ox Toastmasters meets on Mondays, except for holidays, from 11:45a.m. - 12:45 p.m.
North Conference Room 110 in the BPA Cafeteria. Feel free to visit any meeting!

For further information, please contact James Lambert jalambert@bpa.gov, 503-230-4779.



Winter Session - Toastmasters Leadership Institute

November 16, 2019
Inza Wood Middle School
Wilsonville, Oregon

If you are interested in presenting at TLI for a club officer or optional session, email the Program Quality Director at pqd@d7toastmasters.org.

Need your name, session title and description, and why you are the best person to present this session.

**Need help with
your next speech?**

Feedbackers

Second Wednesday of the month

7:30-9:00 pm

Providence St Vincent

9205 SW Barnes Road, Conf Room 20

Portland, Oregon

feedbackers.toastmastersclubs.org



PROSPECTIVE NEW CLUB LEAD

Please Print Clearly

Organization Name	
Contact's Name	Position
Email Address	Phone #
Street Address (if known)	
City, State, Zip	
What do you know about this organization	
Your Name	Home Club
Your Email Address	Phone #
<p>Your Relationship to Organization:</p> <ul style="list-style-type: none"><input type="checkbox"/> Work there<input type="checkbox"/> Member/officer<input type="checkbox"/> Family/friend<input type="checkbox"/> Client<input type="checkbox"/> Vendor<input type="checkbox"/> Other/please specify	



Starting July 1, 2019 Earn a Toastmasters Shirt

Submit a Club Lead
that turns into a
Kickoff Meeting



Contact Eldred Brown, DTM
Club Growth Director-elect
eldred.brown.tm@gmail.com
For more information

Seeing the Future!

James Wantz, DTM

Do you want to see the future? I do!

I recently bought a crystal ball so I could see the future. I'd done my research by watching movies and TV shows: Labyrinth, Lord of the Rings, Fox News, etc. I knew the pitfalls to avoid - no Alexa or Siri or Huawei because they are just the evil Eye of Sauron by a different name - and I knew what to look forward to - the future, duh!! When the delivery driver dropped off my package I could not wait to open it (...until I made a video of the unboxing which I will post to YouTube...because nothing is more exciting than watching someone else open a box of merchandise!).

Inside was my new Entertaining Fun Future Device (EFFD). It was glorious. It was wonderful. It was all mine. I unpacked it, polished it, positioned it (apparently it needed a clear view of the southern sky) and planted myself in front of it eagerly waiting for what it would tell me about my future. Oh the plans I had for that EFFD - investments to make, what speech would win the International Speech contest, and where I left my car keys (because I couldn't go to work without them...and it was a Sunday night).

But the absolutely biggest reason I wanted

to see the future was so that I could see ALL the projects I had no access to in Pathways beyond the Level I was working on. I wanted to see everything, not just what Toastmasters gave me access to at the moment. (Yeah, I was one of those kids that bought the x-ray vision glasses to see through walls.) I want it all, and I want it now!

You may have noticed the copious use of the past tense in the above paragraph. Yep, I am no longer enamored with my device. Oh it showed me the future - you bet it did! Because of the curvature of the glass it magnified the small print on the EFFD contract which I'd had to sign to get my device. I saw the future! It was one large monthly subscription fee for the EFFD service charged to my credit card (I didn't realize I'd signed up for). Oh yeah, I got EFFD.

Isn't that how it is? You find a great vase at a garage sale, rub it, and think that the nice genie will give you 3 wishes. Instead you end up shuffling around as an undead zombie in love with a raisin on a deserted giant crab infested island! (Totally not what I wished for.) Or...you think that you can see the future and instead you get EFFD.

But the main reason I'm frankly irritated



with the device is that I didn't need it at all! If I had simply read my email (specifically the Leader Letter from Toastmasters International on 9-5-2019) then I would have seen the following information about Pathways:

"Access All Projects in Your Path - Working in Pathways? Ever wish you could access projects in all levels of your path, regardless of the level you are working on? Later this month, you will be able to do just that. We are working to update paths on Base Camp so that members can open and explore all projects right away."

Ah come on! Right after I buy a crystal ball to see the projects I couldn't see - Toastmasters decides to make all the projects available to all members no MATTER THEIR LEVEL!

That's just...a really good idea!! I mean, that is one of the best improvements to Pathways since Toastmasters put the menu tab on their website that says "Pathways". Here I thought Toastmasters would stick to their guns and demand that members only get access to the projects in the Level they are working on. Instead, they go and decide to be agile and adaptable - to change the program for the better. I love it!

I am already enjoying Pathways. I like the change up to the projects, the variety of learning methods, and the inclusion of technology. Now, thanks to the recent change, I can enjoy opening all my presents from Pathways when I start a new level all at once. I really like it!

Probably the feature that I like the most about Pathways is the ability to make modifications on the fly and instantaneously - they couldn't do that with the print projects from yesteryear - no sirree! I do hope you are as excited by this change as I am...but I suspect I may be more of a fanatic than most when it comes to Pathways. That's okay. We all get the benefits no matter our Level (of fanaticism).

Well, the good news as far as the EFFD goes...I was able to get the subscription plan cancelled, and now I have a charming paperweight . It reminds me that if I just have a little patience then maybe whatever problem (that I am tempted to buy a new product to fix) will stop being a problem at all. (Hmm, wonder if that works with strange all-over-body rashes acquired after asking a lamp-bound genie to grant my wishes).

~~BAD~~

~~GO~~

6:35 - 7:45 am - Fridays

CoLab

11481 SW Hall Blvd Ste 201

Tigard, Oregon 97223

cleon.cox@frontier.com

Join Us Any Friday

WALLMASTERS INTERNATIONAL

Toastmasters for High Achievers



BEST

1%-ers Achieve More!

Dottie Love, DTM

“I’ve given four speeches in two years and have no idea how to take advantage of what’s available to improve my skills,” Muhammed said.

That was the response I got from a fellow member who was struggling to get the most out of Toastmasters. Here I was earning a second Triple Crown in two years; an award about 1% of members earn and he couldn’t figure it out. Fast forward to today. I’ve earned four Triple Crown awards all while having an incredibly busy lifestyle. Too busy that I can’t attend a lot of my club meetings. Yet, earning this award and building skills was not hard for me... the process I used was hardly known! So, why was I getting better results than Muhammed?

The Triple Crown

First, let’s understand what this award is. I consider it as accelerated professional growth. Toastmasters International defines it as attaining three or more Educational Achievements during a Toastmasters year (July 1st to June 30th), and you are recognized as a “Toastmasters Triple Crown Achiever.”

After earning my second Triple Crown, I wanted to know how many members took

advantage of this tool for accelerated growth. Back then, I researched by taking a random sample of all the Toastmaster districts ending in seven (“Lucky number 7!”). The chart shows how the dice fell, so-to-speak, of Triple Crown Achievers. Less than 1% of members (back then and still today) earn Triple Crowns. To me it’s one of the indicators of excellence in Toastmasters. And, I am privileged to be a part of that 1%. You, too, should join what I call the 1% Club

JOIN THE 1% CLUB!				
% of Members Benefitting from Accelerated Growth				
District #	Paid Members	# Triple Crown Achievers in District	% of Members with Triple Crown	% of Members rounding up
7	6,077	36	0.6%	< 1%
17	3,153	21	0.7%	< 1%
27	4,185	21	0.5%	< 1%
37	7,745	42	0.5%	< 1%
47	7,442	45	0.6%	< 1%
57	6,157	31	0.5%	< 1%
67	6,772	12	0.2%	½ %

and get incredible results in your personal and professional life.

My goal is to help other members achieve by using the Triple Crown! My inspiration to promote the techniques I started with Muhammed who

wanted help accelerating his growth. I have trained hundreds of members on the technique I used. Many of them have earned not only Triple crowns, but also their Distinguished Toastmasters Award—the highest educational achievement you can earn in Toastmasters.

Earn Your Triple Crown

When you complete a manual or Pathways level, you earn an award that counts toward the Triple Crown Awards. The chart below illustrates the awards you can earn.

Accomplish these goals, and you too can earn one or more Triple Crowns!

Dottie's 5-Step Acceleration Plan

If you want growth, to improve, get better at this, then do yourself a favor and use the plan below:

1. Give a speech every 4-6 weeks. You can easily do this by always having a backup speech available to fill-in when a speaker can't attend a meeting, or join multiple clubs to get-in extra speaking opportunities.
2. Serve in roles like Toastmaster, General Evaluator, Grammarian, etc. at least twice a month. This helps YOU and your club!
3. Write a blog and/or create a podcast a year
4. Support your club by serving in a Club Officer or District position.
5. Mentor or coach other members and/or club.

Traditonal Program	Pathways Program
Competent Communicator	Any Level 1 for a Pathway program
Competent Leadership	Any Level 2 for a Pathway program
Any of the Advanced Communicators Awards (Bronze, Silver and Gold)	Any Level 3 for a Pathway program
Any of the Advanced Leadership Awards (Bronze, Silver)	Any Level 4 for a Pathway program
High Performance Leadership Excellence	Any Level 5 for a Pathway program
Distinguished Toastmaster Award	High Performance Leadership Excellence
	Distinguished Toastmaster Award

Table Topics & The Drivers Dilemma

B. Lucky Coyne, ATMS

Virtually everyone who comes to a Toastmasters meeting travels there by car. That common factor grants us some fodder for Table Topics.

So let's spin our wheels.

We all face the possibility of unfair treatment on the road. Sometimes it comes from other drivers. At other times the police may be perceived as villains. Also the car insurance process may have inherent flaws.

If you were Topicsmaster at a future meeting, consider these queries:

- How do you handle a tailgater?
- What can discourage a driver who weaves in and out?
- How do you deal with a police run speed trap?
- What criteria should be used to require proper road signs?
- Which is the most dangerous turn you've ever encountered?
- What change would you like to see happen in traffic court?
- How can those in traffic accidents be assured that claims adjusters not target the driver for total liability?

Out of your thoughtful responses may develop fruitful ideas for us to advocate for needed improvement. The road to relevant progress is ours to assume. Let us not be content with a dead end!

Online Connections at TI Convention in Denver

Michelle Alba-Lim, DTM

On August 24, at the TI Convention in Denver, Toastmasters created another historic milestone in online connections. For an hour that fateful Saturday, members of online clubs and blended clubs (onsite clubs with online attendance) met in Valley 3, Level 2 (Gaylord Rockies Convention Center and Resort) to meet and greet fellow Toastmasters who were members of clubs with online attendance or were interested in learning more about online attendance. Those who could not join in person clicked on a Zoom link to attend online.

Notwithstanding that this “Online Meetup” was added into the convention agenda very close to the event, we had over 40 attendees. Approximately 40% attended in person. The rest attended online.

Onsite and online attendees took turns sharing positive experiences with online attendance. Of the benefits cited, the top responses included 1) DIVERSITY—of ideas, of language, and of cultural, social, and other cues, 2) CONVENIENCE—being able to attend at anytime, from any place, in any outfit (including pajamas!) without having to drive long distances

and burn fuel, and 3) FRIENDSHIPS - lasting relationships forged with people from all over the world. Also cited were the ease of learning Pathways when attending online, and learning specialty skills such as speaking on video. District 7’s Joe Nickelson (dual member of Communicators Plus and Oregon Communicators) shared how his membership in Oregon Communicators (a blended club in Central Oregon) challenged him to polish his online presentation skills.

International Directors Carol Prahinski and Radni Spear attended the meetup. Both are strong advocates for online attendance. Recently elected 2nd Vice-President Matt Kinsey also attended but left before the photo was taken.

NOTE: During the Toastmasters 360 session on Day 1 of the convention, Lark Doley, Past International President (PIP) recommended online clubs and online attendance. She challenged everyone to explore online attendance or online clubs as a way to broaden their Toastmasters experience. How about taking Lark on her challenge? For questions about online attendance for your club, contact toastmaster.michelle@gmail.com



Write Here, Right Now



FREE! A Writing Workshop for everyone who is or longs to be a published author . . .

WHEN

October 12, 2019

9 AM - 4 PM (11:30 lunch break)

8:45 Doors Open

WHERE

Providence St. Vincent Hospital

Rooms 20-21

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- ◆ Angela M. Sanders | "Paths to Publication"
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- ◆ Judy Nedry | "Setting as Character"
- ◆ Cindy Brown | "How to Make Your Dialogue Sing"
- ◆ Ken Coomes, Warren C. Easley, Leeza Steindorf | "What I Wish I Knew When I Started" Panel Discussion
- ◆ Lisa & Michael Chon | Adventures and Writing with a Five-Year-Old

Authors will have their books available for purchase and autographs.

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Contact: Ken Coomes 503-515-5747 lupusgnome@hotmail.com

Meet Ken Coomes

Leanna Lindquist, DTM

Ken Coomes originally joined Toastmasters in 2011. He currently is a member of Daylighters and TV Toastmasters. I first met Ken when I was a member of Daylighters.



What brought you to Toastmasters?

I didn't think I needed Toastmasters, but a friend of mine was trying to get enough members to charter a club, and I said I would help out. Boy, was I wrong (about not needing Toastmasters.) I went from being somewhat comfortable with public speaking to being a more confident and improved public speaker. Even better than that, my wife loves the fact that I learned to be a better listener through the program.

Tell us about The Write Stuff TV program

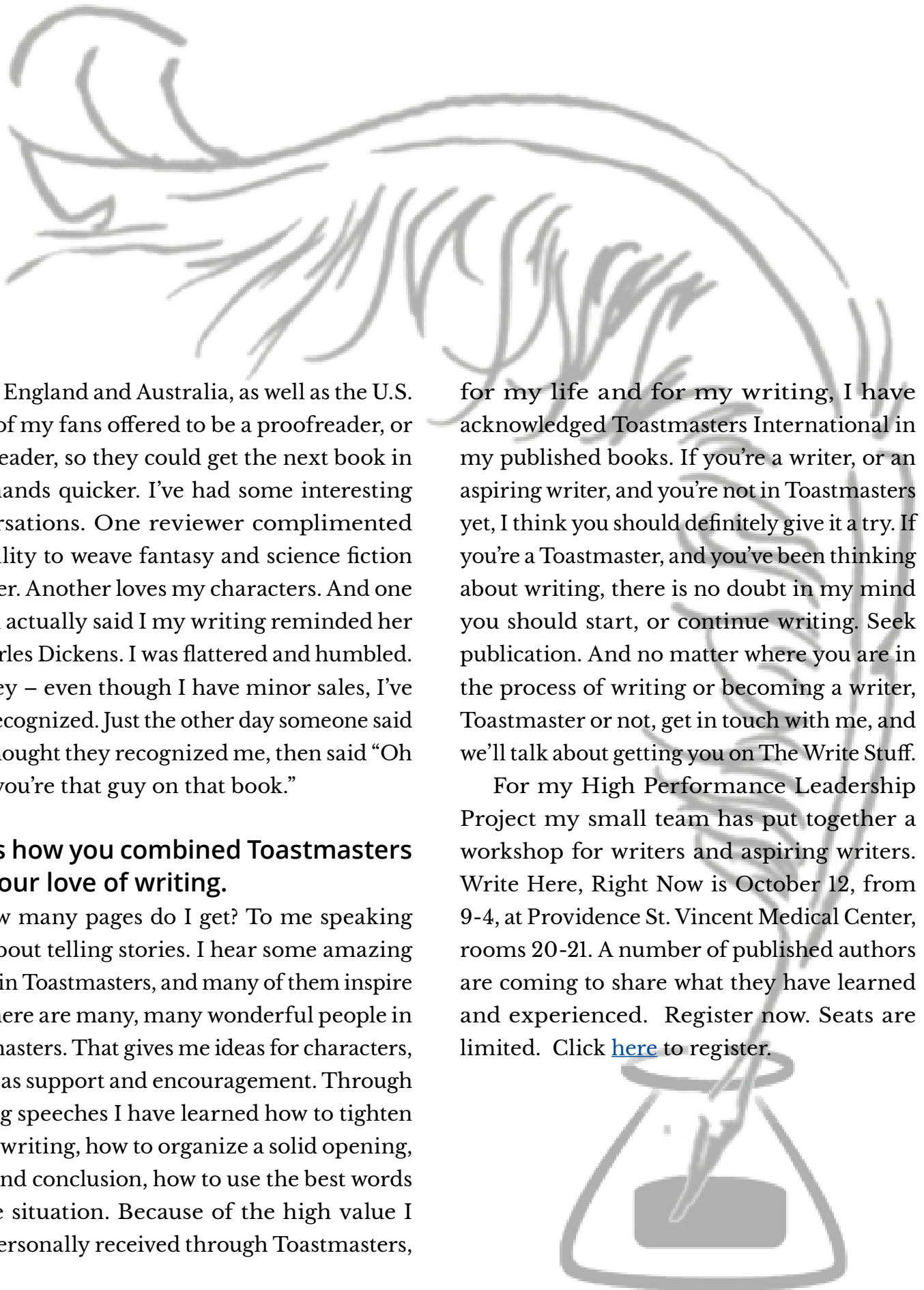
As a member of TV Toastmasters I turned my sometimes host role into my own segment, The Write Stuff. It focuses exclusively on writers and those in the industry. I bring authors, professional writers, publishers – anyone in the writing industry – on the show and we talk about all things writing. If anyone reading this writes or serves in the industry in some capacity, and wants to appear on the show, please let me know. My email address is lupusgnome@hotmail.com (or lupusgnome@gmail.com), cell phone 503-515-5747. We have guests lined up through the rest of 2019, but it's not too early to line up a spot for next year.

What can you tell me about your guests?

We've had Kate Ristau, an excellent local author who writes in the YA genre. She's also President of the Willamette Writer's Group. One of our local independent publishers, Author Ben Gorman of Not a Pipe Publishing broke ground for publishers everywhere when he chose to publish only female authors for a year. Historical non-fiction writer John Bronson and Naomi Inman, professional writer and PR Princess were on the show. I interviewed Heather Ames, outstanding mystery writer, and Marvin Mitchell, wordsmith extraordinaire, who published a children's book. We have more authors lined up, from a variety of genres. I hope to get at least one agent on the show, perhaps a reviewer, an editor, and a representative of a traditional publishing house. The Write Stuff is still young, and I have big plans for the show.

What is it like to be a published author?

Until you're on the best-seller list, maybe even afterward, writing is a labor of love. It was satisfying for me to get my message out there for others to read. Once I did that, I received fan mail, and that is amazing. I received emails from



fans in England and Australia, as well as the U.S. Some of my fans offered to be a proofreader, or early reader, so they could get the next book in their hands quicker. I've had some interesting conversations. One reviewer complimented my ability to weave fantasy and science fiction together. Another loves my characters. And one person actually said I my writing reminded her of Charles Dickens. I was flattered and humbled. And hey – even though I have minor sales, I've been recognized. Just the other day someone said they thought they recognized me, then said “Oh yeah; you're that guy on that book.”

Tell us how you combined Toastmasters and your love of writing.

How many pages do I get? To me speaking is all about telling stories. I hear some amazing stories in Toastmasters, and many of them inspire me. There are many, many wonderful people in Toastmasters. That gives me ideas for characters, as well as support and encouragement. Through crafting speeches I have learned how to tighten up my writing, how to organize a solid opening, body and conclusion, how to use the best words for the situation. Because of the high value I have personally received through Toastmasters,

for my life and for my writing, I have acknowledged Toastmasters International in my published books. If you're a writer, or an aspiring writer, and you're not in Toastmasters yet, I think you should definitely give it a try. If you're a Toastmaster, and you've been thinking about writing, there is no doubt in my mind you should start, or continue writing. Seek publication. And no matter where you are in the process of writing or becoming a writer, Toastmaster or not, get in touch with me, and we'll talk about getting you on The Write Stuff.

For my High Performance Leadership Project my small team has put together a workshop for writers and aspiring writers. Write Here, Right Now is October 12, from 9-4, at Providence St. Vincent Medical Center, rooms 20-21. A number of published authors are coming to share what they have learned and experienced. Register now. Seats are limited. Click [here](#) to register.



CLUB COACHES MAKE A DIFFERENCE

JIM ROBISON, DTM - CLUB COACH COORDINATOR

One Monday evening in 2004, as usual, I went to the Rose & Raindrop Restaurant and Bar, where Portland Toastmasters met at the time, to attend our regular meeting. I sat in the room, and no one else showed up. That was the low point for the oldest club in Oregon. We had dropped to about 4 active members. We decided, that maybe it would be a good idea to accept the help of a Club Coach. Harvey Schowe was appointed and began attending our meetings on a regular basis. He didn't provide a "magic solution" but his thoughts and insights gave our small group enough new energy and focus to build our membership and conduct meetings that kept members and guests returning. Within a couple years, we had a strong club with trained officers and vibrant meetings.

Having a Club Coach is a lot like having any other kind of coach work with you. The coach can help you keep your attention focused on what needs to be done, and can provide you with insights and suggestions that can help your club, officers, and club members be more successful. The coach can also be alert for trainings or resources from Toastmasters that you might otherwise miss. The role of a Club Coach is NOT to take over and run a club, or recruit new members and build the club. Instead they help the club officers be more successful in their roles.

What specifically the coach does depends on the particular needs of the club.

When a club indicates interest in having a Club Coach, we connect you with a potential Club Coach. The club makes the final decision before an appointment is made.

Portland Toastmasters needed to focus attention on officer training and holding dynamic and effective meetings so that guests became members. It worked, and our club, a few years later, had 40 members and produced the 2012 World Champion of Public Speaking, Ryan Avery.

If your club has 12 or fewer members, request a club coach or two (a club can have up to 2 coaches) be assigned by contacting your Area Director or Club Growth Director Eldred Brown (cgd@d7toastmasters.org).

If you are an experienced Toastmaster, who would like to serve as a Club Coach, click [here](#) for more information. You can join a Facebook group for Coaches by clicking [here](#). If you are ready to jump in and make a difference, contact me at jim@jimrobison.org

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Audacious Orators	Akers	Traci
Audacious Orators	Alderson	Susan
Timber Talkers	Allee	Angela
Audacious Orators	Altman	Candice
Toast of Corvallis Toastmasters Club	Baker	Robert
Storymasters Toastmasters	Beatty	Donald
Downtown Lunchbunch Toastmasters	Becker	Jolynn
Essayons Club	Benjamin	Daniel
Toast to US	Bensch	Lauren
AAA Towsters	Benston	Caity
Essayons Club	Berezhinskiy	Andrey
Speak To Lead Toastmasters	Botta	Preethi
Transtasters	Bourson	Becca
Oregon City Toastmasters	Broderick	Matthew
Wagon Tongues	Broderick	Matthew
SpeakUp!	Bryan	John
Tell Me A Story	Burkoff	Anna
Downtown Lunchbunch Toastmasters	Canney	Laurie
Gateway Toastmasters	Chen	Dongmei
Essayons Club	Cleary	Bryce
Ilwaco Toastmasters	Cobb	Kelly
West Beaverton Club	COOK	VERY
Audacious Orators	Corbett	Susan
A-Dec Toastmasters	Daigle	Mike
Buckaroo Toastmasters	Daily	Michael
Yammertime	Donovan	Candice
Speakers By Design	Dummer	Catherine
Communicators Plus	Edwards	Curtis
Audacious Orators	Eklof	Karlyn
Southern Oregon Speechmasters	Erhardt	Elanna
Rogue Valley Networking Toastmasters	Fearrien	Sheryl
Hood River Club	Fisher	Christine
Audacious Orators	Fox	Haley
Essayons Club	Gable	Matthew
Grants Pass Toastmasters Club 852	Gile	Alicia

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Club Name	Last Name	First Name
Talk-In-Tel	Alvarez	Christopher
Vancouver Toastmasters Club	Baker	Janet
NuScale Toasters	Balijepalli	Saketh
Lake Oswego Toastmasters Club	Briggs	Jennifer
Essayons Club	Brink-Roby	Jonathon
Toastmasters For Speaking Professionals	Bryan	Brenda
Sporty Speakers	Chandrasekaran	Raji
Speakeasy Toastmasters	Cordier	Michelle
Salmon Speakers	Davenport	Greg
Spirit Trackers	Davis	Savon
Speakers With Spirit Club	De Graff	Peter
Yammertime	Ellis	Greg
NuScale Toasters	Fosaaen	Carrie
Rogue Valley Networking Toastmasters	Frankland	Constance
New Horizons Toastmasters Club	Galantine	Ralph
Bootstrappers Club	Gispert	Gabino
Wallmasters International Club	Graham	Bethany
Moser Community Toastmasters	Graham	David
Wallmasters International Club	Graham	Eric
New Horizons Toastmasters Club	Haley	Sam
Professionally Speaking	Hall	Elizabeth
M A C Toastmasters Club	HAYES	ROBERT
Moser Community Toastmasters	Henry	Motoko
Spirit Trackers	Homayoun	Mahmod-Mark
Vancouver Toastmasters Club	Hoover	Brent
Pearl District Toastmasters Club	Hougham	Christie
Wagon Tongues	Howell	Cody
Wagon Tongues	Hunt	Maddie
Speakers With Spirit Club	Jacob	Ramon
Toastmasters of Redmond	Kelly	Blythe
The University Club	Kingsbury	Kristen
Astoria Toastmasters	Kinnunen	Jason
I.R. Speaking Toastmasters Club	Kretzschmar	Tim
Salmon Speakers	Kudva	Priya

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Noon Talkers	LaGrande	Suzanne
Swan Island Toastmasters	Leavell	Lauren
Chanticleers Toastmasters Club	Lim	J
Fortunate 500 Club	Loveless	Jill
Professionally Speaking	Lyubar	Eugene
Communicators Plus	Marshall	Philip
Walker Talkers Toastmasters Club	McCabe	Matthew
Lake Oswego Toastmasters Club	McConneha	Art
Southern Oregon Speechmasters	Millick	Jeff
Storymasters Toastmasters	Mustafic	Biba
Speakeasy Toastmasters	Nakagawa	Yuki
NuScale Toasters	Narendra	Vivek
Cedar Hills Club	Nash	Laura
Wallmasters International Club	Nunez	Angel
Beachtown Toastmasters	O'Lynn	Chad
Gresham Toastmasters Club	Patton	Wendy
Gresham Toastmasters Club	Pesznecker	Jane
Portland Club	Pihl	Nicholas
Clackamas Stepping Stones Tm Club	Plankers	Jason
Columbia Square Squawking Heads	Price	Dean
Southern Oregon Speechmasters	Purdy	Kristen
Babble-On Toastmasters Club	Ramirez	Roscoe
Moser Community Toastmasters	Reynolds	Patricia
Silvertongues	Rivoli	Barb
Downtown Public Speakers Club	Rodeen	Michael
Downtown Public Speakers Club	Ruiz	Piper
The Toast of Old Town	Sajdak	Erika
Spirit Trackers	Sarsten	Samuel
Marylhurst Toastmasters	Schultz	Mark
Cascade Micro-Toasters	Schwab	Inna
Moser Community Toastmasters	Sobolewski	Kate
The University Club	Sowerby	Alexandra
Moser Community Toastmasters	Stannard	Tyler
Buckaroo Toastmasters	Thompson	Robert

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Bend Chamber Toastmasters	Tompkins	Allan
Pearl District Toastmasters Club	Trapp	Celeste
Pearl District Toastmasters Club	Vick	Lauren
Platt Electric Supply	Williams	Tyler
Lake Oswego Toastmasters Club	Wu	Sandy
Bend Chamber Toastmasters	Yatomi	Donald

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
1431050 - Name not Available	3	ACS , ACG , LDREXC
Kitchen, David	3	CL , ALB , CL
Love, Lola	4	VC2 , VC3 , VC4 , VC5
Pluckrose, Tanya	3	ALB , ALS , DTM
Starks, Kenneth W.	3	LDREXC , ALS , DTM
Thorson, Kristina Caruso	4	VC4 , VC5 , PWMENTORPGM , DTM
Wilson, Kathleen A	3	VC2 , VC3 , VC4
Zavitkovski, Caroline	3	IP1 , IP2 , IP3

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
TC3	8/31/2019	Adkisson, Erica	Banfield Barkers
PM3	8/5/2019	Baker, Jean Margaret	Noon Talkers
IP1	8/11/2019	Baker, Jennifer L.	New Horizons Toastmasters Club
MS3	8/14/2019	Baker, Sydney	Communicators Plus
SR2	8/30/2019	Baltazar, Jessica A	Toastmasters of Redmond
SR1	8/30/2019	Baltazar, Jessica A	Toastmasters of Redmond
EC1	8/26/2019	Beste, Nathan	Nano-Mated Speakers
VC5	8/14/2019	Bird, Summer Thomas	Toasting Excellence Club
VC1	8/26/2019	Bird, Victorieea Lynn	Nano-Mated Speakers
ACB	8/2/2019	Brewer, Terri A.M.	Gresham Toastmasters Club
PM1	8/18/2019	Brozovich, Karen	Bend Chamber Toastmasters
SR1	8/22/2019	Canchola, Fernanda	NuScale Toasters
PI1	8/18/2019	Compton, Jodi L	Bend Chamber Toastmasters
PM3	8/6/2019	Corbin, Tamsen Miller	WE Toasted Toastmasters
EC4	8/13/2019	Crockett, David B.	Toastmasters of Redmond
EC3	8/12/2019	Crockett, David B.	Toastmasters of Redmond
IP2	8/13/2019	De Tarr, Brittany	Professionals of Portland
CL	8/9/2019	Douglass, Matthew	PMI Portland Toastmasters
ACG	8/9/2019	Douglass, Matthew	PMI Portland Toastmasters
ACS	8/9/2019	Douglass, Matthew	PMI Portland Toastmasters
ALB	8/9/2019	Douglass, Matthew	PMI Portland Toastmasters
PM1	8/28/2019	Dugan, Judy	Communicators Plus
LD5	8/29/2019	Fanning, Paul C.	Columbia Square Sqwking Heads
DTM	8/9/2019	Fanning, Paul C.	Feedbackers Toastmasters Club
ALS	8/5/2019	Fanning, Paul C.	Feedbackers Toastmasters Club
LD1	8/18/2019	Gibson, Anne	Bend Chamber Toastmasters
TC2	8/14/2019	Gopalakrishnan, Yuvaraj	Communicators Plus
DL2	8/27/2019	Grace, Martin	The Dalles Toastmasters Club
CC	8/16/2019	Hanssen, Kevin	Bootstrappers Club
EC2	8/21/2019	Harmon, Phyllis A.	Wallmasters International Club
EC1	8/21/2019	Harmon, Phyllis A.	Feedbackers Toastmasters Club
LD1	8/14/2019	Heuer, Erica Nicole	Communicators Plus
CL	8/9/2019	Holser, Thomas Dana	Spirit Trackers
DL1	8/27/2019	Hortnagl, Josef G.	Mentors Of Focus Club

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
EC1	8/16/2019	Howard, Carlos M	I.R. Speaking Toastmasters Club
IP2	8/29/2019	Hudanish, Thomaida	West Beaverton Club
PI2	8/26/2019	Hunt, Hillarie	The Toast of Old Town
PI1	8/26/2019	Hunt, Hillarie	The Toast of Old Town
ACB	8/25/2019	Ino, Ellen Miyo	Portland Progressives
TC2	8/11/2019	Jahraus, Penny M.	New Horizons Toastmasters Club
PM1	8/3/2019	Jayawickrama, Keith J	Oregon State Toastmasters
PI2	8/14/2019	Johnson, Bill	Gresham Toastmasters Club
LD1	8/29/2019	Johnson, Casimiur D.	Smooth Talkers Club
CC	8/1/2019	Johnson, Joanna	Flying Toasters Club
EC3	8/6/2019	Johnson, Shelli Marquette	Clackamas County Toastmasters
PM1	8/27/2019	Karp, Gabriella S	Moser Community Toastmasters
LDREXC	8/23/2019	Kelley, Todd D.	Downtown Lunchbunch
PM1	8/1/2019	Kelly, Jordin	Mentors Of Focus Club
CL	8/29/2019	Kemp, Susan K.	Oregon State Toastmasters
IP1	8/29/2019	Kemp, Susan K.	Oregon State Toastmasters
IP2	8/13/2019	Kennedy, Vickie D.	Siuslaw Tale Spinners Club
IP1	8/13/2019	Kennedy, Vickie D.	Siuslaw Tale Spinners Club
MS2	8/15/2019	Klein, Barbie	Bootstrappers Club
DL2	8/26/2019	Kloucek, Vit	Nano-Mated Speakers
MS2	8/14/2019	Knox, Robyn	WE Toasted Toastmasters
MS4	8/14/2019	Kryzanek, Lorelei P.	Communicators Plus
CL	8/14/2019	Lindquist, Leanna	Tell Me A Story
PM3	8/12/2019	Lindquist, Leanna	Tell Me A Story
LD2	8/1/2019	Locke, Julius Patrick	Early Words Club
TC1	8/19/2019	Mathis, Steve Nathaniel	Professionally Speaking
VC3	8/14/2019	McLellan, Eileen	Communicators Plus
VC1	8/14/2019	McLellan, Eileen	Communicators Plus
DL4	8/13/2019	McNellis, Tony A.	Smooth Talkers Club
EH1	8/15/2019	Midghall, Michael J.	Daylighters Club
IP1	8/27/2019	Morgan, Kipp	Yammertime
PM1	8/9/2019	Newman, Lauren A.	Washington Street Club
EC3	8/8/2019	Nichols, Valerie N	Toastmasters of Redmond
PM3	8/14/2019	Nickelson, Joseph Daniel	Communicators Plus

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
MS2	8/28/2019	Nissen, Bella	Lake Oswego Toastmasters Club
VC1	8/18/2019	Nixon, Scott	Bend Chamber Toastmasters
TC3	8/6/2019	Obritschkewitsch, Kristine Jean	Sunrise Toastmasters Club #1492
VC2	8/12/2019	Ochsner, Terry	Professionally Speaking
TC1	8/23/2019	Quick, Katherine A.	Portlandia Club
PM1	8/13/2019	Radkins, Carol	Clark County Toastmasters Club
TC2	8/6/2019	Randol, Heather M.	Sunrise Toastmasters Club #1492
IP2	8/14/2019	Redgrave, Cheri A.	Communicators Plus
CL	8/27/2019	Reed, Benjamin F.	Rose City Toasters Club
PM2	8/22/2019	Rodman, Rachel C.	Downtown Public Speakers Club
PM1	8/12/2019	Sarkkinen, Bert Wilfred	Professionally Speaking
IP1	8/15/2019	Schloff, Debbie Lynn	Daylighters Club
CL	8/26/2019	Schowe, Harvey L.	Blue Ox Club
CC	8/26/2019	Schowe, Harvey L.	Blue Ox Club
CC	8/29/2019	Scotti, Vikki	MultCo Toasties
IP2	8/29/2019	Seeber, Leela Angelina	New Horizons Toastmasters Club
ALB	8/26/2019	Semprevivo, Karen Ann	Blue Ox Club
IP1	8/8/2019	Shaver, Scott	West Beaverton Club
VC5	8/19/2019	Shaw, Jo Anna	Jefferson State Toastmasters
CC	8/22/2019	Shields, Adam Marlin	Platt Electric Supply
PM1	8/30/2019	Sibley, Rebecca D.	Toastmasters of Redmond
CC	8/13/2019	Sieloff, Jill Marie	Politically Incorrect Toastmasters
CC	8/6/2019	Smith, Brent E.	Dallas Toastmasters
CC	8/20/2019	Solomon, Andrew G.	Rose City Toasters Club
CL	8/14/2019	Solomon, Andrew G.	Rose City Toasters Club
PM1	8/22/2019	Solonika, Kim	Gateway Toastmasters
IP1	8/19/2019	Steele, James P.	Toast of Corvallis Toastmasters
VC1	8/5/2019	Stephenson, Karen F.	Corvallis Evening Group
PM1	8/7/2019	Stringer, Angela	Toast of Corvallis Toastmasters
VC2	8/19/2019	Thomas, Jennifer Ann	Bootstrappers Club
DL2	8/27/2019	Torres, Jaime A	Speakeasy Toastmasters
DL1	8/21/2019	Torres, Jaime A	Speakeasy Toastmasters
PM1	8/7/2019	Touchette, Emily	Communicators Plus
ALB	8/9/2019	Turner, Tammy	PMI Portland Toastmasters

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
CL	8/9/2019	Turner, Tammy	PMI Portland Toastmasters
DL2	8/27/2019	Wagner, Aiden K.	The Dalles Toastmasters Club
EH1	8/29/2019	Wantz, James	New Horizons Toastmasters Club
PM1	8/6/2019	Wargnier, Paul G.	Sunrise Toastmasters Club #1492
VC1	8/6/2019	West, Larry J.	Grants Pass Toastmasters
IP5	8/29/2019	Wilson, Michael A	Grants Pass Toastmasters
PM4	8/19/2019	Winn, Barbara L.	Flying Toasters Club
MS2	8/21/2019	Wood, Kevin A.	Southern Oregon Speechmasters
MS1	8/27/2019	Woody, Meadow	Yammertime

HAPPY ANNIVERSARY TO SEPTEMBER CLUBS

The following clubs are celebrating their charter anniversary this month. Congratulations to all!

CHARTER DATE	YEARS	CLUB	CITY
9/29/2006	13	Banfield Barkers	Vancouver
9/1/1981	38	Daylighters	Portland
9/19/2005	14	Feather Communicators	Myrtle Creek
9/17/2002	17	Feedbackers	Portland
9/1/1952	67	Lake Oswego	Lake Oswego
9/1/1952	67	Newberg	Newberg
9/1/1978	41	Portlandia	Portland
9/30/2016	3	Puppetmasters Toast	Portland
9/29/2006	13	Rose City Toasters	Portland
9/17/2002	17	Sage Beaverton	Portland
9/1/1991	28	Siuslaw Tale Spinners	Florence
9/22/2018	1	SpeakUp!	Hillsboro
9/27/2016	3	Stagecoach TM	Portland
9/6/2017	2	The Toast of Old Town	Portland
9/15/2006	13	Toast of the Region	Portland
9/24/2012	7	Tower	Portland

CONTRIBUTORS



Cate Arnold, DTM



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Eldred Brown, DTM



Emilie Taylor, DTM



James Wantz, DTM



Jim Dent, DTM



Jim Robison, DTM



Leanna Lindquist, DTM



Lee Coyne, ATMS



Michelle Alba-Lim, DTM



Paul Fanning, DTM



Phyllis Harmon, DTM

The Art of Story

Share ideas through story—Learn how at a Toastmasters storytelling club near you

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Eugene, Oregon
Click [here](#) for website

Storymasters
Westside - Portland, Oregon
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Tell Me a Story Toastmasters
Eastside - Portland, Oregon
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