

Cleon Cox

Relationships

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Bruce & Gloria Crockett

THE VALUE OF TOASTMASTERS

Page 30

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Procrastination

Phyllis A. Harmon, DTM
Editor/Publisher



I really should get outside and do some yard work. But then the rain clouds are hovering—ready to drop big, fat droplets should I stick my head out the door. I guess I'll put it off for another day. The house? A disaster. No time to clean that either.

Procrastination. It serves me well most of the time. Like working on the next speech to finish the 5th level of my path. “No time” I mutter under my breath as I sit back to watch another movie on the tube. I miss the old educational program when it’s my turn to give a speech. I could “shoehorn” a speech into any project in the old manuals.

But then, I learned procrastination at an early age. My mother was very skilled at it. She used to assign me house chores she didn’t want to do or didn’t have ‘time’ to accomplish. Her reasoning was somewhat sound. She wanted me to learn skills I’d need when I grew up and was out on my own. On reflection, maybe she just wanted the house cleaned.

So back to the topic at hand. Procrastination. It’s confession time. I procrastinate doing yard work and housework because I don’t WANT to do them. There’s a reason they are called chores. I resonate with *Urban Dictionary’s* definition: ‘Chore - A routine task that usually spends much of a person’s time and patience. Things most people hate doing but have no other choice.’ Yup. That’s true for me.

I also know that to build character and to prove to myself that I’m not a total flake, I really should—make that must—NOT procrastinate. Which means that I need to run the vacuum, pull weeds, and mow the grass really soon. Well, maybe not today . . . those threatening clouds are still out there, and I’ve got to go shopping . . .

So what’s your excuse for not getting on with ‘getting on’? Perhaps we should meet for coffee . . . those chores can certainly wait until tomorrow!

EDITORIAL

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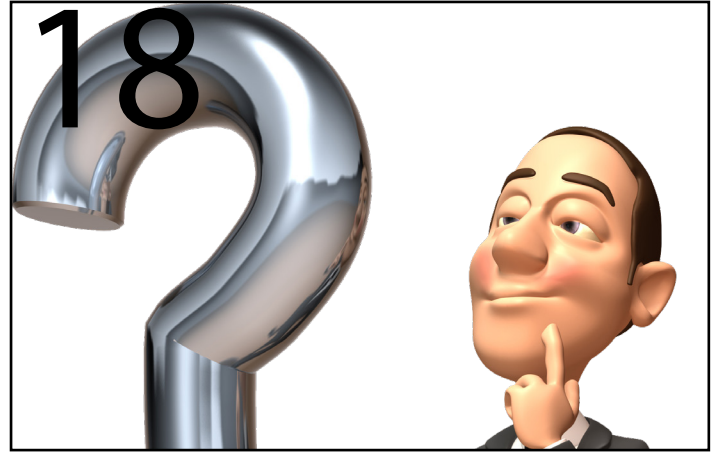
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Cleon Cox Relationships

Phyllis Harmon, DTM

Cleon Cox was one of the first contacts I made in Toastmasters. I'd wanted to visit an early morning club close to the I-5 corridor. Cleon extended an invitation to visit Wallmasters. I attended and joined soon thereafter. Through the years, Cleon has been a mentor and friend. I've learned much from him about being a Toastmaster and leader. In a recent interview, Cleon discussed his growth in Toastmasters and left me with words of inspiration and a reason to continue my own journey.

Cleon Cox is well known in District 7 for his penchant for networking and guiding those in transition towards their next opportunities. If you mention the name Cleon Cox and Toastmasters in the same sentence, complete strangers smile and nod their heads in recognition. Often heard is, "he's the guy with the ponytail, right?"

Born in 1943 in San Jose, California, Cleon was the eldest of five boys. He spent his formative years in the Santa Clara Valley before the semiconductor industry turned the agricultural area devoted to fruit orchards, flowering trees, and plants into Silicon Valley.

I asked him if he was an outgoing kid (looking for a link between the past and the present). The answer was not at all. He was extremely shy and thought of himself as an ugly duckling. Illustrating his early school years, Cox shared, "I didn't feel I'd get out of the seventh grade because the teacher said we would all be reading books and doing book reports. One would be an oral report, given in front of the class. If we didn't do it, we would fail. I was terrified. I knew I would fail the class. Somehow at the end of the year, I was never called upon, and I passed seventh grade. Maybe I looked that frightened."

◀ *Feedbackers 2013 - Honoring Cleon Cox as the last remaining charter member*

Through his teen years, Cleon had a couple of close friends but never had a desire to be part of a large crowd. He felt he didn't fit in. After high school, he wanted to be on his own. He thought about moving to Idaho and becoming a forest ranger. A career that did not require interacting with people. He felt he could not 'hold his own'—people frightened him.

Cleon went to work as an expeditor for Lockheed Missiles and Space in Sunnyvale, California in 1961 and was married in 1962. In 1963, they moved to Idaho for the summer where he worked as a house painter with his granddad.

With a baby on the way, they moved back to the San Francisco Bay area where Cleon took a job in the mills as a janitor. Over time, he worked his way up to becoming a professional welder/pipefitter and mechanical repairman. At the time, he thought he had the ultimate job "Everyone wanted those jobs, and I got it."

Cleon started attending college taking one class at a time. He was still not comfortable talking to people or being in large groups. In 1969, his company went on strike. As a union member walking a picket line, he decided it was time to move on. He began the next phase of his career as a supervisor at Greyhound Lines, Inc. "As a supervisor," I asked, "didn't you have to deal with a large number of people?"

"I did. In my supervisory position, during my 8-hour shift, I had several hundred drivers below me. I worked with them in dispatching. It was my first entry into management/supervision. Unknown to me at the time, it was the beginning of my desire to be in leadership."

Cleon was eventually promoted regional

office manager during his tenure.

After several years he was recruited away by a transportation company in Nevada with the promise of more money and a company car. "I was flabbergasted. I'd never had anyone approach me like that. It felt good. So I jumped ship." Cleon shared that the position only lasted



Greyhound Bus Sign, Corvallis, Oregon

a year. He discovered that the company was in financial trouble and looking for a buyer.

He moved back to the Bay area and became a stockbroker. "That was my first dealing with informational interviews. It was not something talked about in the 1970s, but that's what I had done. I had gone in to learn some information about the business. The office manager had me interview with his four leaders. He held the deciding vote. I was hired."

Cleon completed an extensive training program in Oakland and New York, after which

he returned to Oakland and began a career in “dialing for dollars.” He enjoyed working as a stockbroker because it gave him plenty of opportunities to learn new material. He has always liked learning something new, and he was in his element.

Cleon worked as a stockbroker for several years before returning to the transportation field. “I had gotten past my fear of talking to people, and my job wasn’t as much fun anymore.” The new job brought him to Portland, Oregon in 1984 where he worked as District Manager for Greyhound Lines.

While they were still in San Francisco, Cleon’s wife, Gloria, worked for a large construction firm where several employees attended a Toastmasters club. While she was not interested, she suggested to Cleon that since he liked to talk, he should take a look at joining the group. Cleon declined the offer. He had taken speech in college and was sure he didn’t need it.

After being in Portland for several years and once again seeking his next opportunity, Cleon began attending weekly Job Finders Support Group meetings in November 1991. It wasn’t long before he was facilitating the sessions. He has been leading the group for 27 years.

About 10 years after moving to Portland, Cleon met Dick Warn, a sales trainer, who had been a Toastmaster in his early life. After telephone conversations spanning a year, he asked Cleon whether he knew about Toastmasters.

“Yes.”

“Have you ever belonged?”

“No.”

“Think about it.”



Mark Eaton, Cleon and Gloria Cox - 2011 Spring Conference

That exchange spurred Cleon’s curiosity. Why was Dick suggesting he go? What did that have to do with anything? He looked up a few clubs in the telephone book, attended their meetings, and joined Wallmasters in 1994.

Looking back on those days, he realized what drew him and kept him coming back was the constant learning. “Today, I’m a big advocate of learning, I have to learn. It keeps me alive.”

Cleon had been leading Job Finders meetings before joining Toastmasters and becoming one of its most avid promoters. He recalls that 99% of the people attending Job Finders were well-educated, had worked—wanted to work—but were struggling. He found that most of them lacked interview skills and the ability to present themselves well. They were comfortable with submitting resumes but not in answering questions.

“So at that point, I started inviting them to the club. ‘Why don’t you just come and see this.’ I talked to them about the benefits of it. Talked to them about the value of it. Then when they visited, talked them into joining.”

Cleon was very successful at recruiting new

members. He kept receiving “District Dollars” in the mail for doing so. (The District ran an incentive program for several years that awarded District Dollars for achieving goals—one of which was membership growth). By the time he figured out what they were, he had accumulated enough to purchase the entire library of advanced manuals.

Cleon remembered that at one point, Dave Hiller, the then District Governor, asked him to come on stage at one of the District meetings and share how he was so successful at recruiting new members. Cleon said when he looked out over the audience, there were over a hundred pairs of eyes looking at him. While still not comfortable in large crowds, he held his ground and talked to the attendees.

Cleon became more involved in Toastmasters.

He attended district events, conferences, and contests though he didn’t compete until the late 1990s. “My first competition, they actually ‘lured’ me in, threw me into it before I realized what it was. After that, I didn’t compete for a couple of years.”

In the beginning, Cleon felt guilty because of how many people he was talking to about Toastmasters. ‘Proselytizing’ is the word he used. After much soul searching, he realized he was offering a beneficial solution, and that people had free will to follow his suggestions or not. He continues to follow that philosophy today as he interacts with people around the world.

As an example, consider Cleon on social media. When complete strangers ask to connect, he responds “sure, have you heard about Toastmasters?” Often they reply that they’ve considered joining. Cleon then connects them to a club in their area. He’s been known to go a step further and ask the hosting club to mention his name when the guest shows up!

Over the years, he has earned multiple pins, neckties, and other paraphernalia from Toastmasters International for the number of people he’s converted to members. Every couple of years or so, someone at a District meeting, will ask everyone who had been recruited by Cleon to stand. Over half the room will be on its feet.

Gary Schmidt, 2009-2010 Toastmasters International President, awarded Cleon with the 2010 President’s Citation “for his dedicated service to the organization, his amazing membership recruitment efforts, and his continuous contributions without expectation of reward. He has built countless Toastmasters clubs, and he helped me organize the corporate



visits for Ted Corcoran's Presidential Visit to District 7 back in 2003."

Cleon has a mantra: 'In everything I do, I must have fun, meet people, and learn something.' I've quoted him numerous times as I've spread the message of Toastmasters to everyone who would listen.

I asked him why he attends so many networking events and what's his purpose in doing so. "I began going to networking events after I started the Job Finders Support Group 27 years ago. I realized that people looking for work needed to be out meeting other people. It's not the only way to do it, but it is probably the most efficient way to go about it. Many people don't want to do that. They'd rather just mail in resumes, but they don't get the results they need.

"So I began going to groups and then telling people about it in my support group. I told them I met this person, I met that person, and what opportunities were out there."

Cleon often talks about the 'hidden' job market, the one that passes information from

person to person by word of mouth. Cox opined "80-90% of the job openings out there are hidden—meaning they haven't been thought of, they haven't been publicized, the company doesn't realize they need the person—many reasons make it hidden. It's relationship building not just passing out business cards."

When asked what could others do to be effective in meeting people, Cleon shared "be open, listen in depth. Quiet the questions in your head and just listen. Find out about the people. The value is getting to know them."

From a young man afraid to connect with people to the Networking Whisperer as he calls himself today, Cleon continues to inspire me to follow his lead. As Gary Schmidt said, Cleon shares himself and his experiences for the love of doing so without expectation of reward. His dedication to learning and leading others to discover their own skills and abilities is a gift worth cherishing indeed.



Handling the Flood

John Rodke, DTM - District Director

I hope you and your community are safe and recovering from our recent flooding. The torrents of water flowing through, and sometimes overflowing, our beautiful rivers reminded me of the saying: “It’s like drinking water out of a firehose!” This is a common experience of information overload when we try something new, and when life sends a plethora of growth opportunities our way. In Toastmasters, we get the chance to practice how we handle these situations when they arise.

On a cold Friday morning during the “snow-pocalypse” in Eugene, our club was locked out of our meeting space. Instead of panicking or being too discombobulated, the frosty club went a few blocks away and had a meeting in a coffeehouse. We were thrown a snowball, adjusted, and had a great meeting with a new member joining because she was impressed with our ability to adapt. A powerful mantra that goes along with the firehose saying is: “If you aren’t falling, you aren’t trying hard enough.”

Leadership and Communication are the two pillars of Toastmasters. These are exemplified within our leaders and contestants this year. Both sets of brave volunteers have stepped out of their comfort zones and into their growth zones, it has been so cool to see them succeed, but also to fail. The look on a leaders face when they have that reflective “aha” moment after messing up, or a contestant who receives 2nd, 3rd, or 4th place for their speech, is inspiring and an honor to behold. You can see the internal dialogue (sometimes really brutal, yet enlightening), then the self-awareness, followed by the joy of learning (sometimes accompanied with a rueful smile), and finally, the calm and collected determination to do better next time. I believe this is how life provides us our most valuable lessons. Wisdom and understanding are hard-earned.

A huge shout out of thanks to our leaders and contestants who have stepped up this year, failed a bit, and grown through the process. You are what make this organization thrive, and improve



lives. I am elated by our successful winners and leaders as well, but want to recognize when things don't go as planned, and a person perseveres to try again.

Now, I have an invitation for you. Would you like to be a leader for next year? Within our clubs, we have 7 officer positions where you get the chance to grow, with the support to succeed along the way. WARNING! You will likely fall a few times... What is amazing about our organization, is you have a network of people to help you up, and to encourage you to try again.

Beyond the club, you have the chance to grow as an Area or Division Director, or through one of the many support roles within our District. We are happy to help you thrive in these positions. Reach out to the current leadership to let us know if you are interested.

At this point in the year, we get to help nurture our clubs to be successful, and celebrate those efforts. Here are some action steps you can take.

Get your club to 20+ members (ideally 30+)

through membership drives, sharing your stories with members of your community, and inviting them and their friends to meetings. Wouldn't it be awesome to be in a room with a ton of folks cheering you on as you share your hard-earned wisdom with them?

Turn in your hard-earned education awards in the Pathways and Legacy programs. Don't speak for free. Get credit for your effort, see how you have grown, and celebrate the achievements!

Have as much fun as possible in your meetings. I invite you to use your imagination to create a space you enjoy; so you, your guests, and your fellow members can thrive.

I hope you are trying hard enough to fall/fail, and getting up and growing through the process. I look forward to celebrating with you at our Spring Conference, hearing about your firehose and "aha" moments, and how you want to apply them to your life in, and out, of Toastmasters in the future. Lead and speak on my friends!

The Art of Story

Share ideas through story—Learn how at a Toastmasters storytelling club near you



Gateway Toastmasters
Eugene, Oregon
Click [here](#) for website

Storymasters
Westside - Portland, Oregon
Click [here](#) for website

Tell Me a Story
Toastmasters
Eastside - Portland,
Oregon
Click [here](#) for website

Feedbackers



*Wise is he who
practices
effective feedback*
~Anonymous

Join us!

Second Wednesday of the month

7:30-9:00 pm

Providence St Vincent • 9205 SW Barnes Road • Portland, Oregon

feedbackers.toastmastersclubs.org

Goals - Two Months to Go!

Emilie Taylor, DTM

Program Quality Director

By just two months remaining of the Toastmasters' year, your club has probably achieved many of its goals. Looking at some of the statistics, we see that many clubs are on fire, while others may still be rubbing two sticks together trying to get a spark. Remember that each and every member is the fuel that ignites the excitement.

Which brings us to our Club Goals and how to accomplish them or “knowing where we are going”.

Looking at the dashboard, it appears most clubs are working through their educational awards (Goals 1-6) and membership goals (Goals 7&8). Goal 9 was accomplished by attending officers' training, either through Toastmasters Leadership Institute (TLI) or make-up training. Goal 10 was accomplished by submitting on-time payments of membership dues in one period and an on-time submission of club officer list.

If your club for example has accomplished all 6 educational awards, and need 4 more additional new members, here are some ideas:

- Have an Open House
- Ask every member to bring in a guest. Give away prizes to those whose guests become members.
- Send an email or handwritten cards to

former members and invite them back.

- Use your guest book and send an invite to those who visited.
- Do a Speechcraft. We have clubs who have been successful in increasing membership through this avenue.
- Make connections with other clubs and learn from one another.

These are just a few ideas. I am sure you have great ideas that have worked before. Please share them with us and send them to me at pqd@d7toastmasters.org.

If your club is short of educational goals, here are some ideas:

- Conduct a Speech-A-Thon. If your club has more speakers waiting to speak, this is a good way to encourage everyone to their goals and receive awards.
- Assign speakers to volunteer to speak.
- Have a good mentoring program. Mentors are very important, especially to brand new members. By partnering with new members with seasoned or current members, your club provides a connection and support system.

Goals are like bundles of firewood. As a group, we gather together with our goals and ideas (firewood). Sometimes finding our firewood in the deep dark woods can be scary

and intimidating. Don't be afraid to ask for help when traversing the woods. We are Toastmasters and we help one another.

Fellow Toastmasters, if you see others struggling, ask if there's a way to carry the wood—and become a fire starter that can ignite

or reignite enthusiasm. Together we gather to light the fires of warmth and friendship, toasting our successes together. You are nearly to your destination! See the path and bask in your accomplishments.



DISTINGUISHED CLUB PROGRAM GOALS

Toastmasters Year: _____

QUALIFYING REQUIREMENT

To be considered for recognition, your club must either have 20 members or a **net growth** of at least five new members as of June 30. Transfer members do not count toward this total until their membership has been paid and is current in their new club.

GOALS TO ACHIEVE

Following are the goals your club should strive to achieve during the year:

Distinguished Club Program Goals

EDUCATION

Traditional Education Program

1. Two Competent Communicator (CC) awards
2. Two more CC awards
3. One Advanced Communicator Bronze (ACB), Advanced Communicator Silver (ACS) or Advanced Communicator Gold (ACG) award
4. One more ACB, ACS or ACG award
5. One Competent Leader (CL), Advanced Leader Bronze (ALB), Advanced Leader Silver (ALS) or Distinguished Toastmaster (DTM) award
6. One more CL, ALB, ALS or DTM award

MEMBERSHIP

7. Four new members
8. Four more new members

TRAINING

9. A minimum of four club officers trained during each of the two training periods

RECOGNITION

When your club meets the **qualifying requirement** and also does the following, it is eligible for Distinguished Club recognition at year-end:

Achievement	Recognition Earned
Achieve five of 10 goals	Distinguished Club
Achieve seven of 10 goals	Select Distinguished Club
Achieve nine of 10 goals	President's Distinguished Club

Check your progress at www.toastmasters.org/distinguishedperformancereports.

Toastmasters Pathways Learning Experience

- P1. Four members complete Level 1
- P2. Two members complete Level 2
- P3. Two more members complete Level 2
- P4. Two members complete Level 3
- P5. One member completes Level 4
- P6. One member completes Level 5

ADMINISTRATION

10. On-time payment of membership dues accompanied by the names of eight members (at least three of whom must be renewing members) for one period and on-time submission of one club officer list

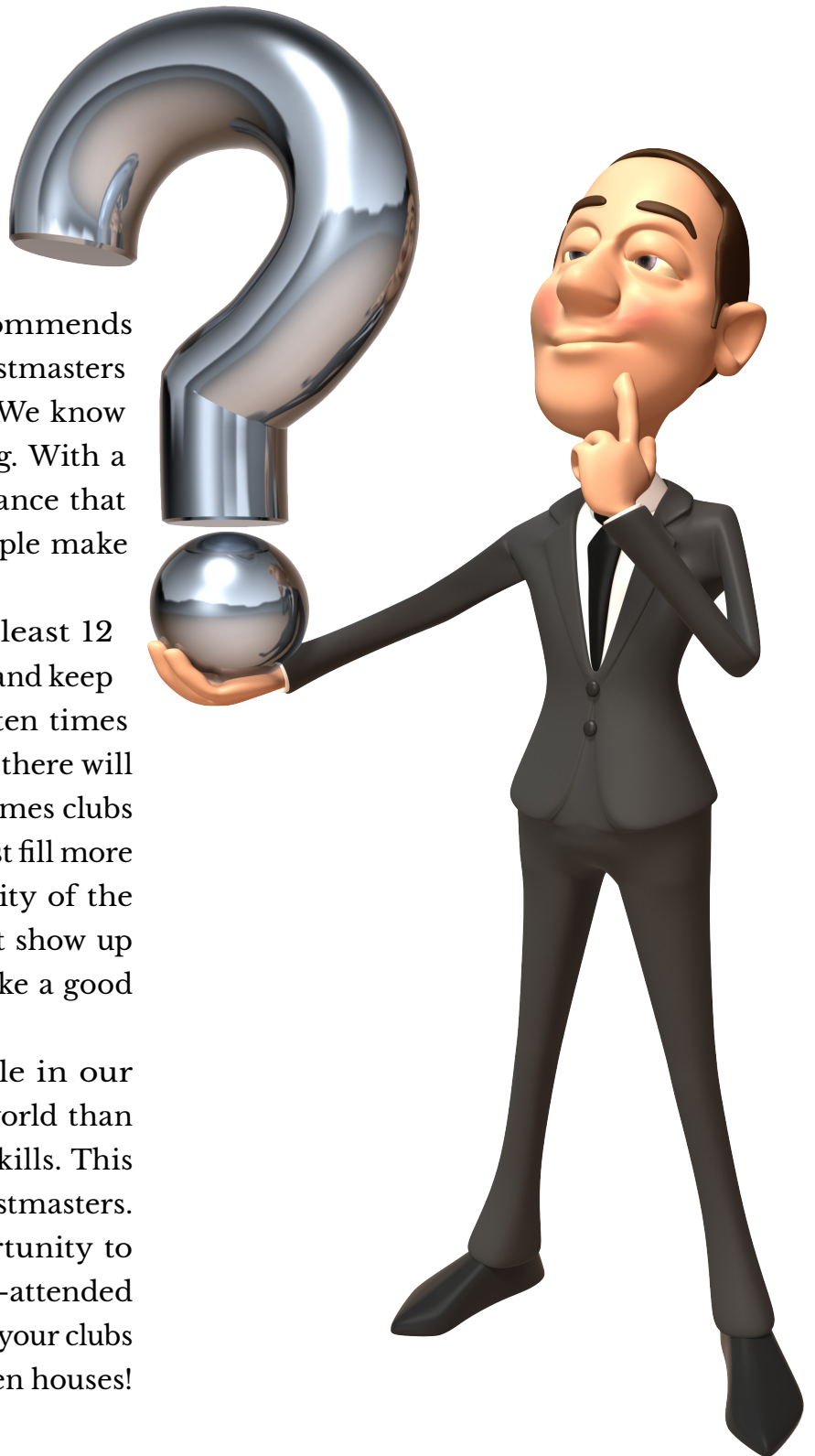
What Is the Ideal Number of Club Members?

Cate Arnold, DTM
Club Growth Director

Toastmasters International recommends 20 to 30 members. The standard Toastmasters meeting has 11 to 15 speaking roles. We know everyone can't attend every meeting. With a larger number there is a greater chance that members fill all the roles. More people make for better meetings.

If we do the math, it takes at least 12 members to fill roles at each meeting and keep people from doing double duty. Often times when there are less than 12 attendees there will be only one prepared speech. Sometimes clubs resort to hot seat speeches. People must fill more than one role. This lowers the quality of the meetings. People burn out and don't show up as often. Meetings like this don't make a good impression on visitors.

There is nothing more valuable in our interdependent and everchanging world than effective communication and team skills. This is what we have to offer through Toastmasters. Please take advantage of the opportunity to provide these skills in fun and well-attended meetings. Take a look at strengthening your clubs by adding new members through open houses!



The Magic of Online Connections

Michelle Alba-Lim, DTM

Last month, I shared three success stories that might encourage your club to explore online attendance. Here are two more.

Have you heard about Transtoasters Toastmasters (a club that meets Tuesdays, from 12:05-1:00 p.m., at Oregon Department of Transportation in Salem)? Transtoasters is one of D7's early adopters, having allowed online attendance since mid-2017. One of our club members, Cate Arnold, illustrates the benefits of online attendance. Juggling her role as Club Growth Director with several other important roles, Cate would have found it extremely difficult to attend club meetings had it not been for online attendance. When in Salem, she attends in person. At other times, she attends online.

On April 30, Transtoasters will hold the last of our Culturally-Speaking Panel Discussion Series, featuring England. Transtoasters featured Italy September last September and Spain this past January this year. Participants have attended the panel discussion onsite or online. This finale event will be special in that the entire panel (moderator and panelists) will be online! The panelists will zoom in from England so expect to hear the Queen's English on the 30th. Don't miss this opportunity to experience an online panel discussion at an onsite club! You can attend onsite (ODOT Conference Rm) or online at <https://zoom.us/j/114469404>The magic of online

connections!

If you have not yet discussed online attendance with your executive team, a recent example might be the tipping point. . .

The other day, a new member posted in the Pathways Discussion Forum. In addition to my response on the forum, I privately messaged Karen and invited her to attend my blended club meetings through online attendance. She attended her first blended meeting today (Feather Communicators) and was so enamored by the ease of using Zoom that she immediately filled out a membership application. She's planning to attend other blended club meetings this week. She's excited about joining clubs where she can have more speaking opportunities, and we're delighted to have an eager and enthusiastic new member.

What's special about Karen? She lives in British Columbia and would never have managed to attend or join a D7 club if not for online attendance!

Truly the magic of online connections!
Does your club allow online attendance? Write me about the connections you've made. Is your club ready to explore online attendance? Let me know and I'll help you get started. Will your club benefit from online attendance? You'll never know until you try. toastmaster.michelle@gmail.com, text 714-273-0743, or message <https://www.facebook.com/Celeste.Michelle.Alba.Lim>.

(A Shameless Plug)

Feedbackers **NEEDS** More Members

James Wantz, DTM

“Were you ready to give this speech today? I don’t think you rehearsed enough before you came to the meeting. In order to not sound unprepared, you must rehearse.”

That was from an evaluation I gave years ago. The speaker agreed with me that they were not prepared. They had a big presentation coming up, and I gave them numerous pointers on how to improve the speech. They loved my evaluation, took plenty of notes, and talked with me after the meeting. I was elated that I could be such a help!

However, there was a problem. There were two visitors and one new member in the room. They never came back. Our VP of Membership contacted each of them and asked how they liked the meeting. They were very complimentary about the club and enjoyed the visit. When pressed about coming back, they said, “I don’t think I could deal with an evaluation like what James gave. I’m just not ready.”

So... my evaluation technique drove them away. I forgot that I wasn’t only evaluating the speaker, but I was speaking to everyone in the room. I realized I needed to be better at feedback, so I joined Feedbackers.

Feedbackers is a monthly niche club

that focuses on the intricacies of feedback, evaluation, and feedback (yes, I know I repeated myself—you look in the Thesaurus for another word for feedback. . . and I needed a series of three words to make my point sticky!) The repetition is valid. Feedbackers gives each speaker four evaluations —whether they want them or not! (That’s how we roll!)

Four evaluations allows for a deeper dive into the structure, content, physicality, vocalizations, or humor of the speech. Speakers are also encouraged to ask for feedback in the specific areas they want. And yes, full disclosure, I am a member of Feedbackers.

I am writing this article for two reasons: I believe in the power of feedback to make or break a club, and we need members! The fact that this article is being published in late April would tend to make the second reason appear to be the most important.

Well, yes. It is. We need new blood in the club. We need people that want to learn how to give better evaluations. A recent meeting of ours went something like this:

“Oh, that was a wonderful evaluation!”

“Yes, it was, wasn’t it? I’ve been doing this for so long I’m abnormally good at it.”



“Yes you are, let me help you pat yourself on the back.”

“And after your evaluation, I shall return the favor.”

Okay, not really. But so many of us know each other so well that we could evaluate each others speeches with our ears plugged and probably get it about right.

We NEED new blood (uh, no, we aren't vampires. . . well, Cleon might be). We need to stir things up. Every club needs new blood—the new members reinvigorate the club for the rest of the group. New members bring energy, nerves, and cupcakes! (Well, maybe not the cupcakes. Not always.) I find I learn the most when I am helping a new member because they ask questions and challenge the conventional wisdom with one word: “Why?”

If you are worried that the feedback you give isn't as good as you want it to be, or that you wish you knew other techniques besides ‘the sandwich method’ to give evaluations, then Feedbackers is the fit for you. If you don't have anything to do on the second Wednesday of each month, then Feedbackers is a great place to do something. If you are the world's greatest evaluator and would

like to teach others, come to Feedbackers and help us learn! If you think focusing on feedback might make you so nervous you have a breakdown—don't fret, Feedbackers meets at St. Vincent Medical Center, so help is close at hand!

Come visit us, come learn from us, come teach us, but please come! Do I sound desperate? I am. The VP of Membership told me he was going to take away my birthday this year if we didn't get more members. Please save my birthday - come to Feedbackers!



ESSAYONS TOASTMASTERS

PORTLAND DISTRICT, NORTHWESTERN DIVISION

WHO:

COL Aaron Dorf – Commander
LTC John Cunningham – Deputy
NWP Staff

WHAT: Essayons Toastmasters Club
60th Anniversary Meeting

WHEN: April 4, 2019

WHERE: Block 300, Portland, OR

WHY: To celebrate a significant milestone and recognize the value in training NWP staff to become better communicators and leaders

WHAT'S NEXT: Essayons Club will host an outdoor meeting (weather permitting) on May 16th at 11:45 at the Salmon St. Springs fountain



Image 1: Essayons Club Officers display award with COL Dorf and LTC Cunningham



Image 3: Club members enjoy one of many humorous moments during the meeting.

Summary:

Essayons Toastmasters Club was established on April 1, 1959, and on April 4 the club celebrated their 60th anniversary at their biweekly meeting. In 1960 the club was selected to participate in the District Leadership Development Program to introduce a “Speechcraft” component. Over 300 participants have been trained. In addition, since 2001 the club has been a part of the EIT (EIT) programs for both Portland District and the Hydroelectric Design Center. I encourage club membership! The club espouses the idea that public speaking is fun, fosters growth, and facilitates the professional and personal growth of its members.

ERS 60TH ANNIVERSARY

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US Army Corps
of Engineers®



Image 2: Club President Matt Cutts receives anniversary



Image 4: COL Dorf regales the club on the varied and unexpected ways that public speaking

1998 the club partnered with the Portland Dis-
t to the program curriculum, and to date over
valued component of the Engineer-In-Training
n fact, EITs currently comprise roughly 50% of
rs the development of leadership skills, and





THE KEY TO SUCCESS

PAUL FANNING, DTM

The great Acme Shoe Company—a steadfast Eastern-based company—was on the verge of bankruptcy. It was the dark and dreary days of the Depression, and its president could barely keep the factory doors open, let alone maintain and pay a staff of salesmen.

On a fateful Friday when the latest weekly accounts, red splattered over the pages, came across his desk, he reached for the stick phone and asked for his vice-president of sales, George Davis, to come and see him. . . pronto. “See here, Davis, we have to make more changes. I tell you we can’t afford to pay our salesmen, not one more red cent. Put an ad in the papers ‘Wanted salesmen willing to work on commission.’ Let me know how it turns out.” Grateful he still had a job, Mr. Davis called various newspapers with the recommended (no, demanded ad) to be placed. However, he made a mistake. He had placed an ad in a small weekly that served a rural area in the Appalachian Mountains. And it was read by Buck Weaver, married, with two children. Unemployed, he signed up right away.

Davis was skeptical.

Two weeks went by. On the third, Mr. Davis received an envelope from someplace in West Virginia. There were four order forms and money for several pairs of shoes. The letter read, “I’m not happy with my results. Could only get these four people to buy shoes. I’ll do better next week.”

And he did. Dozens of orders poured in, and in a few short months, Buck was top salesman. The phone rang on Davis’ desk. A familiar voice rang out, “Davis! What’s that Weaver guy doing? They don’t even wear shoes out there! I want him here next month so we can give him the top salesman award. Make it happen.”

Obliging, George contacted Buck, invited him and his wife to come to the Factory—all at company expense.

The day arrived. The audience packed the meeting hall, anxious to hear this man from Appalachia. Weaver, sitting next to his lovely but simple wife, was introduced, received his award. The boss turned to him, asked what his key to



Shoe Company

success was. . . and silence reigned in the hall. He repeated the question. Weaver stood there, looking around and muttered, “see the people.” He repeated it again, a little more loudly, “see the people.” Davis jumped up and shook Buck’s hand. “Fellow Acme Shoe employees, you’ve heard it from our top salesman of the year. His secret, why it’s so simple but we’ve forgotten the key, see the people!”

SEE THE PEOPLE! Fellow Toastmasters. We have become so involved with Pathways, training and membership renewal that we’ve forgotten one of the key secrets of the Toastmasters program—members in our clubs. Members to help each of us grow professionally as speakers, as evaluators and leaders. Where would we be if we didn’t have enough club members to evaluate those speeches—or to properly “staff” a club meeting and (gasp) to give speeches? Who can mentor us or who can we mentor?

SEE THE PEOPLE! With the latest membership renewal period, our clubs need members. What about your club? Did your club

have more members April 1 than they had in March? I would wager that it didn’t. Whose job is it to find new members? Who can call those members who have not paid or dropped out for whatever reason? Why it’s all of ours!

SEE THE PEOPLE! A very simple set of words yet so powerful in their application. Think about those people you work with daily. Do you think that any could benefit from the Toastmasters program? Do they need a little polish in their public speaking? Maybe they lack confidence or have never had any training in the art of speechcraft. I think I see the light-bulb glowing over your head now—Toastmasters could be for them—but they need to be asked! And asked by you, their friend and potential mentor.

SEE THE PEOPLE! But don’t just stop looking at your workplace. How about your church—anyone in a church leadership position that may need a boost in the skills—their self-assurance and professional speaking? **INVITE** them! Maybe someone you’ve met in your volunteer work, or even family members? Make sure you



include them in your “Think Members” personal membership campaign. Make a list. Yes, even think like Santa and check it twice. Write those names down and bring them as your guest to your club meeting. Toastmasters becomes an insular club program doomed to fail if we don’t let people know and don’t invite them to join.

SEE THE PEOPLE! Has your club conducted an open house for your area or community? You can help put one on. There are many resources available through Toastmasters International to help you and your club put one on—in fact read the last two months of the Toastmasters magazine for WOW tips and successes. Hold an outdoor open-air Toastmaster club meeting. Show people how much fun you are having, how you are learning and growing in your speechcraft and leadership development and how much fun they could have in your club. Ask your Area Director for suggestions and help.

SEE THE PEOPLE! Okay, still not convinced that this is your responsibility. Then think of this. Every new member who joins your club helps the club to achieve one or two goals with the Distinguished Club Program and become either a Distinguished, Select Distinguished or

President’s Distinguished Club. One proof of a successful and active club. May 1st “Beat the Clock” membership building program begins. Each club that recruits 5 new paid members between May 1st and June 30th will receive a ribbon for their club banner. What about for the individual club members? Did you know that each Toastmaster who recruits five new members anytime will receive a special pin? They are given to recruiters in increments of five, and Toastmasters International keeps track of this, if you sign their membership form as sponsor. Earn and wear the bling proudly.

The key to a club’s success in membership recruiting is very simple. Not just the Vice-President Membership is responsible—it’s all of us. We all benefit with “new blood” joining our clubs. We all can have an exemplary and positive membership experience by mentoring, being mentored, growing, leading and of course—speaking. Thus, remember good ‘ole Bucks simple homily **SEE THE PEOPLE!**

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Toastmasters



Buckaroo
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Dana LaMon, DTM
Untying Your Dreams



Nils Westphal, VC1
*Improve Team
Performance with a New
Leadership Recipe*



**Bill Hernandez,
DTM**
*Presenting Your Best Self
on Camera*



**Victoria Trabosh,
ACB**
*Facing the Storms of
Constant Change: 3
Secrets of Success*



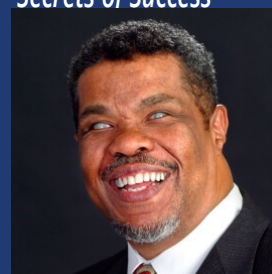
Mike Goss, DTM
*How to Tell Stories that
Change the World*



Leeza Steindorf
*3 Keys to Better Results
- The Art of Direct
Communication*



Marv Serhan, DTM
*Going from Vision to
Victory; Leading with Honor
Following with Conviction*



**Dana LaMon, DTM,
AS**
The Dream of a



PJ Kleffner, DTM
*Be a STAR in Job
Interviews*



**Robert Killen, ACG,
CL**
Civility in a World of



Eric Winger, DTM
*Evaluations Beyond the
Sandwich*



Karla Erovick, CC
*3 Biggest Social Media
Mistakes (and How to
Avoid Them)*



Phil Bernstein, CC
*Branding Your Business and
Yourself in the New Economy*

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Bruce & Gloria Crockett

THE VALUE OF TOASTMASTERS

Leanna Lindquist, DTM

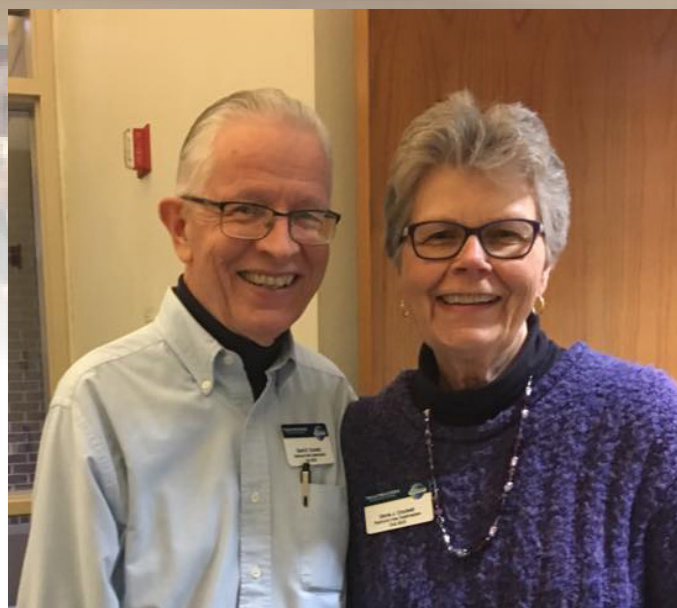
I met Gloria and Bruce Crockett at a High Desert Division Contest when they were new to Toastmasters. I have reconnected with them over the years at contests and conferences. Their story of a couple enjoying Toastmasters together should inspire other members to invite their spouses to join.

What brought you to Toastmasters?

We joined the Redmond Toastmasters Club in February, 2016. We sought out Toastmasters because we were both representing a multi-level marketing (MLM) company and wanted to improve our presentation skills. Both of us are ordained ministers. When ministers preach a sermon they have much more time to develop their story or thought process with the congregation. In MLM, a representative may only have a minute or five minutes at the most to share. Learning how to speak effectively in a timed scenario was essential for our professional goals.

What has your Toastmaster journey been like?

In May of 2017, Bruce was elected President of the club for the 2017-18 year and Gloria was the Sergeant of Arms. Together we had a lot to learn. The members of the club were very supportive and willing to do their part to help make the club successful. Club members attended TLI and District Conferences, the club sponsored Open




Houses at the Redmond Library, and one of the club members was always at the Chamber of Commerce Coffee Clatters on Friday mornings to share about Toastmasters.

We found not only a new skill set, but also a community of believers in the purpose of Toastmasters. Developing leaders and improving our speaking skills are supported by all club members because we are all striving for the same things. Honoring the accomplishments of the club's members and the flow of encouragement, mentoring, and opportunities to grow are unceasing, especially when you have a great team on the Executive Committee.

Why do you stay in Toastmasters?

We enjoy belonging to the Toastmasters



of Redmond for what we have learned and are learning. It is the safe environment, the supportive club members, the mentoring and encouragement, the growth in confidence as leaders and speakers that is the proof of Toastmasters success. In the mix of all of this, let us not forget the fun that leads to laughter is what keeps this club healthy.

Tell us about the challenges your small town club has and how you address them.

We live in a community of 28,000+ people. We have watched members come and go but we have a stable core group and our club seems to attract new members when needed. Recruiting happens at Open Houses, Chamber Coffee Clatters (our club sponsors one every year), and in conversations with people in the community. Our approach with the community is to express and demonstrate how Toastmasters adds value to your professional life. We are successful in recruiting because of our “presence” in the community.

Valerie Nichols, our VP of Public Relations, is savvy with social media. She has improved our presence on Facebook and our Facebook page, posted videos of our meetings, our awards at Level recognition, and our club Speech Contest award presentations. Val wrote an article for a

local publication with pictures and names of Toastmasters who achieved Levels 1, 2, or 3.

Dee Cort, club president, and Beckie Sibley, VP of Membership, are running a Toastmasters class for the Redmond High School ROTC that is going quite well.

Please share your advice to members who want to invite their spouse to join their club?

Not all couples are ready to join Toastmasters at the same time. It depends on their circumstances (age of children, schedules, club meetings time), their professions, or their demeanor. Some spouses are quiet, and some are outgoing. If a member wants to invite a spouse to join, laying a foundation in advance before the invitation is important. Sharing these positive components may help the spouse: the club has a safe environment, there is no pressure to get up front right away, there are many beginners in the club currently feeling the same way the spouse might be feeling, the support for each member is excellent, the club meetings are fun and have lots of laughter, and the club is growing and very successful in the community, are all good elements to point out. Does this make the decision to join easier? Do people/couples have a yearning to belong to a community of people where they are appreciated? Where they are challenged in supportive and gentle ways? We

thought so and joining Toastmasters together was an easy decision for us. We enjoy talking about our next speech or what our next role is in the upcoming meeting. We also enjoy the role of mentoring and being supportive of the members.

Each person has to discern whether Toastmasters can bring value to their profession and/or life. Some people join to improve their social communication, some join because they were once in a Toastmasters club and miss the community, some want to be storytellers, some are in sales, some are in management. There are companies that require and will pay for their employees to come to Toastmasters. We have three individuals from the same company, two from sales and one from Research and Development. When we invite folks to come to a meeting we encourage them to come and observe and see what they think. If the individual agrees to participate in Table Topics during the meeting there is a good chance they will be back next week.

We enjoy belonging to the Toastmasters of Redmond for the opportunities to learn more, to sharpen our skills, to keep our confidence level high, and to know ourselves better. What sold us was, first and foremost, the club has a safe environment, the supportive club members, everyone working together, the mentoring and encouragement, the growth in confidence as leaders and as speakers; that is the proof of Toastmasters successful mission. In the mix of all of this, let us not forget the fun that leads to laughter that keeps this club healthy.

MAY THE RAIN TRULY REIGN!

B. Lee Coyne, ATMS

May April showers empower us all. There is so much to derive from the Heavens above as we whet our appetite for that next Table Topics session!

As those angels look down on planet Earth, they quickly detect how we humans have made a mess of what we've been bestowed. Thus they have little choice but to shed a flurry of tears. We term them showers.

As with any copious gathering, these pools of water aggregate. Runoff then occurs. And the lesson learned is that every mainstream depends on its many tributaries. Indeed, every branch of a speech adds to the flow.

A gentle sprinkling of rain can prove refreshing. So too can the inclusion of humor in a well prepared speech to a parched audience. Yet one could also volley torrents of attempted jest only to submerge the subject matter.

Anger runs akin to thunder. Hence we can douse passion and righteous indignation to create a bit of drama, while withholding any overkill that can zap our credibility at the lectern. Too much flash beclouds our message.

Keep in mind that our mission is to replenish itinerant spirits. Wherever rain does reign there's a good chance the seeds we sow shall sprout in splendor in due course. So too with effective communication.

Lee's Toastmasters career began in Vienna, VA just outside D.C. Later on he joined clubs in New Mexico and Oregon.

Speak Up!

Tanisha Imam

Two years ago I walked into a room. There were people that I had either never met or didn't associate with. I was at my (and everyone else's) first-ever Little Toasties meeting.

I sat down next to my friends—the only people I knew. I waited for that moment when I knew going to the meeting was the right decision for me. Someone walked up to the speaking area and started talking. The way that they commanded the attention of the audience—the way that they captivated almost every soul in that room—was pretty amazing. Looking around at the rest of the people, I could tell that every word coming out of the speaker was a word being hungrily taken in by the audience. From that moment on, I decided that I would one day be able to speak just as well as that person, who inevitably, changed my life.

Speaking really is a wonderful skill. There is so much power held in your very own voice. The things that we could accomplish are endless if we only spoke our minds. When we speak up we are letting the world know we have something to say. Being able to convey our thoughts in a public setting or to an audience is a skill that everyone should strive to acquire.

Peaceful ways of showing you want to do something for the world like speaking up can

thinking and what you want to accomplish. Get up on that stage and take control of the space provided. Even the smallest voices have something to say. People won't take you seriously unless you make a name for yourself. It's scary, going up and speaking to an audience, but nothing will happen if we just sit back and let the world revolve around unacknowledged problems that still need to be solved. Whether it be as small as littering or as big as poverty, simply saying something is a start to change. Many of us are not capable of doing much for the world, but just by spreading awareness we have already made a big step in the right direction. There's so much power in our voices, but what's the point in having power if we're not using it in the way that it is meant to be used?

Tanisha is a member of Little Toasties, a speaking and leadership club for youth in 6th -12th grades. Visitors are welcome at meetings on Saturdays in Beaverton, Oregon. For more information contact Eric Winger 503.516.6271 / eric@thewingers.net.



OPPORTUNITY

WHAT ARE YOU WAITING FOR?

Donna Stark, DTM

The Google dictionary defines the word “opportunity” as a set of circumstances that makes it possible to do something. Toastmasters is full of opportunities. Each meeting is an opportunity to speak, listen, lead, and learn. There are also opportunities outside of the club setting.

Do you enjoy motivating people? Coaching and mentoring? Do you have analytical skills? Are you enthusiastic, creative, or do you have a desire to serve? Would you like to develop these abilities? The Area Director role may be the opportunity for you!

What is an Area Director, you ask? Area Directors serve as a resource to a group of Toastmasters clubs. As the link between those clubs and the District, they provide clubs with information and resources to help them be successful, thriving, and vibrant clubs. Club visits by Area Directors are the backbone of developing relationships with the clubs they serve. Area Directors often work together to help with club

officer training and organizing the Spring area-level speech contests.

I appreciate this quote by Richard Branson “If somebody offers you an amazing opportunity but you are not sure you can do it, say yes—then learn how to do it later!”

Training is provided for Area Directors, and there are resources available to help each Director be successful. If you would like to learn more about the Area Director role, email me at donna.stark@d7toastmasters.org or ask someone who has been in that role. I also enjoyed the article, [*Shine as an Area Director*](#), in the December 2017 issue of Toastmaster magazine written by Maureen Zappala, DTM.

On April 27th, we’ll be electing our District leaders for the 2019-2020 year. Area Director appointments will be made by the District Director Elect shortly thereafter.

When you joined Toastmasters, you said yes to an opportunity to learn how to be a better communicator and a better leader. What’s the





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For the *Love* of a Good Story- Part 2

Dottie Love, DTM

I did not realize there would be a Part 2 article until I started getting comments about the article published here in the March edition of Voices! For those of you who have not read the article, it highlights how good speeches are designed and flow like a good novel.

As a published author, I used a technique of plotting the story from start to finish to keep my readers engaged. In my book, Putting the Pep in Plotting, I developed a concept I call “Story Flow” to help writers effectively structure the content of their message. This “Story Flow” can also be used for speeches to grab the audience in the beginning and build excitement in the middle then leaving them with a satisfying, thoughtful and thought-filled ending. Let’s recap what the stages of a good message (in a novel or a speech) includes:

Overview of the Story Stages

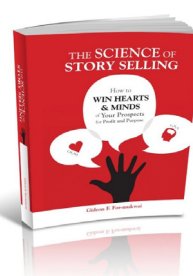
1	Begin with the <i>Circumstance</i> that started it all
2	Introduce who is involved in it (the <i>Characters</i>)
3	What went wrong/ or made it a challenge (<i>Conflict</i>)
4	How it all peaked into a crescendo of concern/ problems (<i>Climax</i>)
5	How it ended (<i>Resolution</i>)
6	What is the major learning (<i>Theme</i>)

Details of the Story Stages: You asked for it, therefore you got it! Below are more examples of what goes into “Story Flow” and you can read more about that in the previous article here on page 38.

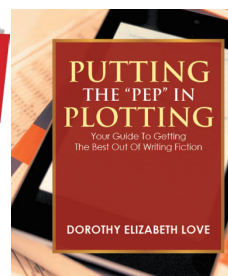
If you would like more insight into crafting stories and speeches, reference these books from your fellow Toastmasters. Happy speech writing! And drop me a note at CsuiteSuccess@aol.com to let me know your thoughts!



Craig Valentine



Gideon
For-Mukwai



Dorothy Elizabeth
Love aka “Dottie”

Dottie

STAGES OF MESSAGE	KEY POINTS TO CONSIDER IN THIS STAGE
Circumstance	<ul style="list-style-type: none"> • What happened that motivated the message of the speech? What started it all? • Author Craig Valentine states: If you want the audience to be excited about what you are saying, start your story with THEIR best interest in mind. • Consider "You Focused" questions in the beginning to get the audience relating to you. Have the word "YOU" in it. Example of starting speech "You Focused" - "Do you know a negative person?" Instead of saying: "How many of us know a negative person?" • Put descriptions to allow the audience to "see", "feel", "hear" the scene of your story • Setup the complication / the issue / the concern. (I call this conflict)
Characters	<ul style="list-style-type: none"> • Give the audience a chance to like your characters in order to intensify the audience involvement • For a short speech, limit with up to 3 people (characters) to help tell the story • Use dialogue . . . and let your characters • Give advice • Teach a lesson • Highlight a main point • Always good to have the main character at odds with someone or something
Conflict	<ul style="list-style-type: none"> • Conflict is a complication / what the character is at odds with? Can be: Person vs. another person / person vs. self / person vs. society / person vs. nature • Establish early, preferably after introducing characters • This conflict will lead directly to climax of the speech
Climax	<ul style="list-style-type: none"> • Character will have a revelation • Causes main character to change based on what they have gone thru • If a lesson was learned, let the characters describe how they learned. Don't preach to the audience, and say, "This is what the results will be, therefore do as I say..." • Instead tell how you learned from the process
Resolution	<ul style="list-style-type: none"> • Wrap up speech with how characters have grown and changed • Show change in character pre / post conflict • Don't leave questions unanswered • Offer a "Gift of Learning" in the resolution
Theme	<ul style="list-style-type: none"> • What is the main message? • Should be a short phrase of major learning. One sentence will do! • The shorter the better. Make it a "Tweetable Moment". Here are a few examples: • Change small, change often • If you dream it, you can be it • You too can be better...

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Talking Heads	Alavi	Pegah
Talking Heads	Alexander	Michelle
Columbia Square Squawking Heads	Anolik	Dan
Portland Rotary Toastmasters Club	Bartell	Christopher
Mentors Of Focus Club	Bauer	Rick
Talking Heads	Blankenship	Sarah
Talking Heads	Bortvedt	Eric
Vancouver Toastmasters Club	Bryant	Allie
Timber Talkers	Buseman-Carlstrom	Tracy
Yawn Patrol Club	Canaday	Laura
WE Toasted Toastmasters	Cantu	Marisa
Talking Heads	Carey	Suzanne
Speak To Lead Toastmasters	Chakkedath	Ajith
NuScale Toasters	Child	Andrew
Nano-Mated Speakers	Cindy	Weinant
Banfield Barkers	Cismar	Bill
Talking Heads	Clark	Carly
Talking Heads	Costigan	Conor
Talking Heads	Davis	Molly
Smooth Talkers Club	Day	Brendon
Fortunate 500 Club	Dudek	Casey
Moser Community Toastmasters	Duncan	Doug
Tower Toastmasters	Eddington	Debbie
3 Stripe Adidas	Efrus	Rich
New Horizons Toastmasters Club	Farnsworth	Troy
Mentors Of Focus Club	Fehsenfeld	Judee
Portland Club	Fitzgerald	Zachary
NuScale Toasters	Flores-Barboza	Carmen
Myrtlewood Hootowlers Club	HAHN	MICHAEL
Salmon Speakers	Hanson	Bryce
Talking Heads	Heebner	Abigail
Portland Progressives	Hegyesi	Frank
Wagon Tongues	Henry	Brandy
West Beaverton Club	Hess	Dean
Talking Heads	Hessler	Wynn

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Columbia Square Squawking Heads	Hootsmans	James
Pearl District Toastmasters Club	Humes	Andrew
Talking Heads	Jones	Sarah
Gateway Toastmasters	Jonston	Jerry
Talk-In-Tel	Kalluri	Vigneshwar
WE Toasted Toastmasters	Kellogg	Alan
VA SORCC Toastmasters	Kennedy	Rachelle
Sporty Speakers	Khurana	Jasvinder
Talking Heads	Leitz	Haley
Sandy Club #8848	lewis	laure
Tower Toastmasters	Loo	Elizabeth
VA SORCC Toastmasters	Majano	Jessica
Speakeasy Toastmasters	Malia	Viraj
Talking Heads	McCaskill	Julie
Sporty Speakers	Meyer	Joshua
3 Stripe Adidas	Miezejeski	Colleen
VA SORCC Toastmasters	Mills	Paul
NuScale Toasters	Molina	Jorge
Rose City Toasters Club	Naylor	Dee
Clackamas County Toastmasters	Nazarenko	Larissa
Talking Heads	Newcomer	Natalie
At The River's Edge Club	Orr	Nicole
Portland Club	Park	Lyman
Talking Heads	Pepin	Kyle
Platt Electric Supply	Peterson	Darren
Ilwaco Toastmasters	Petry	Machelle
Tabor Toastmasters Club	Philips	Justin
SpeakUp!	Provancher	Jon
SpeakUp!	Quinn	Sam
Clark County Toastmasters Club	Radkins	Carol
SpeakUp!	Rajendran	Santhosh Kumar
Talking Heads	Rappé	Andrew
3 Stripe Adidas	Reiderer	Annette
Salmon Speakers	Richmond	Nickolas
Portland Club	Rossi	Lauryn

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Talking Heads	Rudd	Nathan
Talking Heads	Sayre	Mark
A-Dec Toastmasters	Smith	Kayla
Chanticleers Toastmasters Club	Smith	Randall
Nano-Mated Speakers	Spiteri	Spiteri
Fortunate 500 Club	Veeramaneeni	Vinay
M A C Toastmasters Club	vemuri	Rajesh
Talking Heads	Vingiello	Tony
3 Stripe Adidas	Vogler	Nicole
Beachtown Toastmasters	Walsh	Leanne
Talking Heads	Warner	Natalie
Talking Heads	Witten	Shay
VA SORCC Toastmasters	Wright	Roberta
SpeakUp!	Zhang	Yanping

Take advantage of every opportunity to practice your communication skills so that when important occasions arise, you will have the gift, the style, the sharpness, the clarity, and the emotions to affect other people.

Jim Rohn

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
LD4	3/21/2019	Bakke, Jacqueline E.	Noon Talkers
IP1	3/21/2019	Becker, Toommy	Banfield Barkers
CC	3/28/2019	Bergman, Erik	WE Toasted Toastmasters
MS1	3/12/2019	Boe, Michael P.	Oregon State Toastmasters
PM2	3/24/2019	Bond, Karen Cain	Toastmasters of Redmond
PM1	3/24/2019	Bond, Karen Cain	Toastmasters of Redmond
EC3	3/13/2019	Cerasin, Janet L.	Sherwood Town Criers Club
EC1	3/15/2019	Chea, Chankrisna	Speakeasy Toastmasters
VC1	3/23/2019	Chisholm, Mary	Oregon Communicators
EC1	3/12/2019	Clemetson-Griffith, Lisa L.	Battle Ground Toastmasters
PM1	3/20/2019	Corbin, Tamsen Miller	Feedbackers Toastmasters Club
EC2	3/24/2019	Crockett, David B.	Toastmasters of Redmond
IP2	3/24/2019	Crockett, Gloria J.	Toastmasters of Redmond
VC5	3/28/2019	Crouch, Eddy Marie	At The River's Edge Club
CL	3/18/2019	Daily, Michael T.	New Horizons Toastmasters
PM2	3/25/2019	Fang, Teresa	Portland Club
PM1	3/14/2019	Fisher, Diana M.	Storymasters Toastmasters
IP1	3/8/2019	Garrard, James D.	Transtasters
IP2	3/26/2019	Goubert, Debrin Packer	Portland Club
SR4	3/13/2019	Grijalva, Christina Guerra	Communicators Plus
ACB	3/27/2019	Hammock, Lori	Wafermasters Club
LD1	3/28/2019	Hansen, Christopher	Portland Progressives
LDREXC	3/31/2019	Harris, Cathy	Daylighters Club
SR3	3/23/2019	Haydon, Steve	Grants Pass Toastmasters
ALS	3/22/2019	Hills, Dennis B.	Articulators Toastmasters
DTM	3/22/2019	Hills, Dennis B.	Articulators Toastmasters
LDREXC	3/22/2019	Hills, Dennis B.	Articulators Toastmasters
ALS	3/27/2019	Hills, Ronda Marie	Columbian Club
DTM	3/27/2019	Hills, Ronda Marie	Columbian Club
PM4	3/23/2019	Howell, Shawn Patrick	Grants Pass Toastmasters
PM3	3/23/2019	Howell, Shawn Patrick	Grants Pass Toastmasters
LD1	3/15/2019	Iverson, Kat	Tualatin Valley Toastmasters
CC	3/22/2019	Johnson, Melissa Sue	The Standard Speakeasy
DTM	3/28/2019	Lee, Maria R.	Evergreen Club

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
ACG	3/5/2019	Lee, Maria R.	Evergreen Club
VC2	3/10/2019	Lee, Rusty	Evergreen Club
PM2	3/17/2019	Lindquist, Leanna	Tell Me A Story
CL	3/16/2019	Locke, Julius Patrick	Speakers With Spirit Club
CC	3/22/2019	Marx, Robert	Platt Electric Supply
IP1	3/15/2019	Matheswaran, Buwan	Tualatin Valley Toastmasters
EC1	3/20/2019	McCormick, Mimi J.	Banfield Barkers
CL	3/14/2019	McCormick, Mimi J.	Banfield Barkers
ACB	3/15/2019	McFadden, Cheryl	Downtown Lunchbunch
DL3	3/11/2019	McNellis, Tony A.	Smooth Talkers Club
PM1	3/4/2019	Meadows, Rodney J.	Clark County Toastmasters Club
LD2	3/15/2019	Melville, Diane	The Dalles Toastmasters Club
CC	3/19/2019	Mendoza, Adolfo A.	Spirit Trackers
IP1	3/26/2019	Muthu, Kasi	Portland Club
ACB	3/26/2019	Nelson, Debbie	Banfield Barkers
EC2	3/24/2019	Nichols, Valerie N	Toastmasters of Redmond
EC1	3/24/2019	Nichols, Valerie N	Toastmasters of Redmond
EC2	3/14/2019	Nikkula, Joyce	Newberg Toastmasters Club
LDREXC	3/31/2019	Nye, Gregory Allan	Spirit Trackers
CC	3/23/2019	Papish, Uri	Battle Ground Toastmasters
PM1	3/26/2019	Partch, Cara J	Liberty Talkers
DL4	3/19/2019	Peterson, Vanessa	The Toast of Old Town
PM1	3/22/2019	Powers, Andrew	Portlandia Club
IP2	3/4/2019	Proust, Gabrielle C.	New Horizons Toastmasters
SR4	3/29/2019	Redgrave, Cheri A.	Communicators Plus
EC2	3/26/2019	Robison, James Craig	Portland Club
EC1	3/26/2019	Robison, James Craig	Portland Club
MS1	3/26/2019	Robison, Rose M.	Portland Club
PM1	3/17/2019	Rodman, Rachel C.	Downtown Public Speakers Club
TC3	3/5/2019	Rone, Regina G.	Smooth Talkers Club
ACB	3/28/2019	Seagraves, Jeffrey T.	Spirit Trackers
IP1	3/15/2019	Sebastian, Josef	Tualatin Valley Toastmasters
IP1	3/8/2019	Seed, Kevin	Portland Progressives
EC3	3/2/2019	Semprevivo, Karen Ann	Portland Progressives

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
VC4	3/15/2019	Shaw, Jo Anna	Jefferson State Toastmasters
IP4	3/5/2019	Shehorn, David A.	Clark County Toastmasters Club
IP2	3/21/2019	Smith, Kenneth L.	Flying Toasters Club
PM2	3/24/2019	Smith, Steven	Toastmasters of Redmond
CC	3/13/2019	Songer, Jan C.	The Standard Speakeasy
ACB	3/18/2019	Steele, James P.	Toast of Corvallis Toastmasters
IP1	3/20/2019	Stuart, Hilary	Noon Talkers
PM3	3/11/2019	Sullivan, Brian	Smooth Talkers Club
PM2	3/5/2019	Sullivan, Brian	Smooth Talkers Club
IP3	3/21/2019	Taylor, Emilie	Buckaroo Toastmasters
CL	3/3/2019	Tham, Jamie	Walker Talkers Toastmasters
SR1	3/5/2019	Thomas, Edward	Smooth Talkers Club
MS2	3/24/2019	Thorkildsen, Jake	Toastmasters of Redmond
MS1	3/24/2019	Thorkildsen, Jake	Toastmasters of Redmond
LD2	3/15/2019	Toye, Douglass Craig	Sherwood Town Criers Club
DL4	3/18/2019	Tully, Kathleen	WE Toasted Toastmasters
CC	3/26/2019	Vivall, Ioana M	Swan Island Toastmasters
CL	3/28/2019	Wade, Barbara	Noon Talkers
PM3	3/1/2019	Walker, Marvin Lynn	Newberg Toastmasters Club
PM2	3/1/2019	Walker, Marvin Lynn	Newberg Toastmasters Club
IP3	3/20/2019	Waters, John E.	Buckaroo Toastmasters
LD1	3/24/2019	Whitted, LynnDel	Toastmasters of Redmond

*What you get by achieving your goals
is not as important as what you become
by achieving your goals."*

— Henry David Thoreau

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Alba-Lim, Michelle	4	VC5 , DTM , EH4 , PM2
Bakke, Jacqueline E.	3	LD2 , LD3 , LD4
Balasubramanian, Kaushik	4	ALS , DTM , SR1 , LDREXC
Bergman, Erik	6	PM4 , PM2 , ACG , ALB , PM3 , CC
Berkompas, Zachary Matthew	3	DL3 , DL2 , DL4
Bird, Summer Thomas	3	VC1 , VC2 , VC3
Carr, Jeffrey E.	3	MS1 , MS2 , MS3
Case, Jalene G	3	PM1 , LD1 , PM2
Clough, Deborah E.	4	CL , ALB , EC1 , EC2
Corbin, Tamsen Miller	6	MS2 , MS3 , MS4 , EC4 , EC3 , PM1
Crouch, Eddy Marie	5	VC2 , VC4 , VC1 , VC3 , VC5
Davis, Lisa	3	CL , ALB , ACB
Economy, Dean G	3	EC3 , EC1 , EC2
Edgemon, Ronald	4	ALB , LDREXC , ACB , CL
Edinger, Allan B.	5	DL1 , DL2 , DL3 , DL4 , DL5
Fanning, Paul C.	10	LDREXC , ALS , DTM , EC3 , LD1 , ACS, EC2 , LD2 , EC4 , PWMENTORPGM
Fisher, Kelly S.	3	CL , DL1 , DL1
Hale, Charles	3	EC1 , EC2 , EC3
Hale, Dawnette	4	EC2 , EC1 , EC3 , EC4
Hall, Robert B.	3	DL3 , DL2 , DL4
Harmon, Phyllis A.	3	VC4 , VC3 , ACB
Heitz, Nena	4	PM3 , PM5 , EC1 , PM4
Hendricks, Lisa Sylvia	3	LDREXC , ALB , VC2
Hills, Dennis B.	3	LDREXC , ALS , DTM
Howell, Shawn Patrick	3	PM2 , PM3 , PM4
Hutton, Lisa F.	4	ACS , ALS , DTM , ACG
Kersjes, Theo	5	ALB , EC1 , EC2 , ACB , ACS
Kleffner, Paul J.	3	CL , VC2 , ACB

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Kumar, Anil	4	IP3 , DL1 , PM1 , IP2
Lambert, James A.	4	TC1 , TC2 , TC3 , PWMENTORPGM
Lee, Maria R.	3	PM1 , ACG , DTM
Leis, Linda K.	3	ALS , ACG , DTM
Lindquist, Leanna	3	PM1 , VC1 , PM2
Locke, Julius Patrick	3	CC , CL , CC
Loeb, Suzanne L.	4	CC , EC3 , EC1 , EC2
Love, Dottie	5	DTM , ACS , ACG , DL1 , LD1
Maas, Lieve	3	IP3 , IP1 , IP2
McCormick, Mimi J.	3	CC , CL , EC1
McNellis, Tony A.	3	DL2 , DL1 , DL3
Meekisho, Anna M.	3	IP1 , CL , CC
Mills, Pam	3	ALS , ACG , DTM
Moran, Samuel H.	3	PM2 , PM1 , PM3
Ng, Ean H.	4	ALS , DTM , LDREXC , DL2
Nye, Gregory Allan	3	ACB , ACS , LDREXC
Pence, Brian Eric	3	ALB , ACB , CL
Peterson, Kevin	3	PM2 , PM3 , PM1
Peterson, Vanessa	3	DL4 , DL2 , DL3
Pitkin, Amber	3	DL1 , DL2 , DL3
Pugh, Crystal D.	6	ACG , MS1 , PWMENTORPGM , EC3 , EC4 , MS2
Redgrave, Cheri A.	5	DTM , SR3 , IP1 , SR4 , ALS
Robison, James Craig	4	DL4 , DL3 , EC1 , EC2
Rone, Regina G.	3	TC3 , CL , TC2
Schellenberg, Lyle W.	4	VC3 , VC2 , LDREXC , VC1
Schupp, Lisa S.	4	MS1 , CL , PI3 , MS2
Semprevivo, Karen Ann	6	CL , LD1 , ALB , EC3 , EC2 , LD2
Serhan, Marvin T.	4	VC2 , VC4 , CC , VC3
Shaw, Jo Anna	5	VC2 , VC3 , VC4 , ALS , DTM

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Shehorn, David A.	3	IP2 , IP3 , IP4
Smith, Robert D.	3	PM2 , VC1 , VC2
Smithrud, Carolyn F.	3	LDREXC , ALS , DTM
Spiegel, Nick	3	ALB , CC , VC2
Stevenson, Scott	10	CL , CC , VC2 , CL , CC , CL , VC5 , VC3 , VC4 , VC1
Sullivan, Brian	3	PM1 , PM3 , PM2
Talley, Kamili	3	IP2 , CL , IP1
Taylor, Emilie	5	LDREXC , IP2 , ACB , ALS , IP3
Thygesen, Erica L.	3	VC3 , ACG , VC4
Tully, Kathleen	6	DL2 , CC , ALB , ACS , DL3 , DL4
Walker, Marvin Lynn	3	CL , PM2 , PM3
Wantz, James	4	SR2 , PM5 , VC2 , SR3
Waters, John E.	4	IP1 , DL2 , IP2 , IP3
Welsch, P. Michael	7	VC2 , PI2 , PI1 , VC1 , PI3 , ALS , LDREXC
West, Larry J.	4	PM2 , PM1 , PM3 , PM4
Wilson, Michael A	4	IP1 , IP2 , IP3 , IP4

Awards can give you a tremendous amount of encouragement to keep getting better, no matter how young or old you are.

Alan Alda

HAPPY ANNIVERSARY TO APRIL CLUBS

The following clubs are celebrating their charter anniversary this month. Congratulations

CHARTER DATE	YEARS	CLUB	CITY
4/15/2013	6	A-Dec	Newberg
4/1/1986	33	Clackamas Stepping Stones Tm	Milwaukie
4/5/2017	2	Columbia Square Squawking Heads	Portland
4/1/1987	32	Communicators Plus	Bend
4/1/1970	49	Early Words	Longview
4/1/1959	60	Essayons	Portland
4/1/1951	68	Gresham	Gresham
4/1/1949	70	Hood River	Hood River
4/11/2006	13	I.R. Speaking	Wilsonville
4/18/2013	6	Lebanon	Lebanon
4/1/1996	23	Noon Talkers	Portland
4/14/2017	2	Platt Electric Supply	Beaverton
4/1/1935	84	Portland	Portland
4/1/1939	80	Salem	Salem
4/2/2002	17	Toastmasters of Redmond	Redmond
4/1/1986	33	Transtasters	Salem
4/1/1999	20	University of Oregon	Eugene
4/18/2017	2	VA SORCC	White City
4/2/2002	17	Wafermasters	Camas
4/1/1965	54	Yaquina	Newport
3/17/2003	16	Bend Chamber	Bend

Happy Anniversary!



Shout out to Essayons, Gresham, Hood River, Portland, Salem, and Yaquina for being part of the District 7 Toastmasters community for over 50 years!

CONTRIBUTORS



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Michelle Alba-Lim, DTM



Patrick Locke, DTM



Paul Fanning, DTM



Phyllis Harmon, DTM



Tanisha Imam

Toastmasters Leadership Institute

June 22, 2019 • 8:00-2:30 pm

KEYNOTE:

Touchstones for Leadership

Mary Morrison, DTM
Region 1 International Director



Mark Your Calendars!



15300

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15300 Minuteman Way, Clackamas, OR 97015