



Toastmasters Gave Me Confidence

Cover Story - Page 6



*Wishing you the best of the
holiday season*

The Pause that Refreshes

Phyllis A. Harmon, DTM
Editor/Publisher



EDITORIAL

Time is fleeting . . . or so Henry Wadsworth Longfellow would have us believe. But then there is the white rabbit in *Alice in Wonderland* who is constantly checking his watch and muttering “Oh dear! Oh dear! I shall be too late!” Is time fleeting? Shall I be too late? Or am I just slowing down as time passes me by? Here ‘tis nearly the end of December and my time is definitely running short as I put the finishing touches on December’s issue of *Voices!*

Do you feel like the clock is speeding up? That you haven’t time to breathe as your cares and responsibilities keep you running to and fro? If so, then it’s time to step outside your daily routine and simply pause for a moment or two. It doesn’t have to be for long, but enough to clear your head and reconnect with yourself. The folly of every day life has a way of distracting us from what’s most important—taking care of ourselves. When is the last time you actually thought about yourself first? No, that is NOT a selfish thought—it really is important to take care of yourself so that you are around to take care of those you love. Do it! Stop right now (after you finish reading this editorial), close your eyes, take a deep, bellyfilling breath of air, and ever so slowly breathe it out. Feel the tension melt away. Once you’ve done this simple, life-preserving exercise, dive back in to whatever turmoil you were handling.

The gift of self-preservation is yours to share. Regift it—I won’t mind. Wishing you the best of the holidays. May they be filled with many quiet moments.

See you next year!

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Eldred Brown

Toastmasters Gave Me Confidence

Phyllis Harmon, DTM

I caught up with Eldred Brown recently and asked that he share how Toastmasters has transformed his life. He graciously agreed to answer a few probing questions.

Tell us about Eldred - where were you born, grew up, went to school - what in your childhood shaped who you are today?

I was born in Danville, Illinois, the town that also gave the world Dick Van Dyke of Mary Poppins fame, and grew up there until I was 13. Shortly before my 14th birthday I moved out to Oregon with my brother to live with our grandmother and attended high school in Sweet Home. After graduating from high school, I enlisted in the Marine Corps Reserve and earned a Bachelor of Arts in Music with a minor in mathematics from George Fox University in Newberg. The biggest event in my childhood that shaped who I am today was the death of my father when I was 10. For the next three years, Mom's mental illnesses made raising two boys as a single mother impossible, which is why we moved out to Oregon to live with Grandma. (Mom is still living near Fort Wayne, Indiana.) Being without a father figure for the rest of my childhood left me with a lot of social anxieties, which I had to work far into my adulthood to overcome.

My service as an Area and Division Director has given me the experience I need to be an effective team leader when the opportunity arises—and I anticipate that it will.

You said in your last speech that you were an introvert. Please talk about that and how it has impacted your life.

First, as I stated in my speech, I want to dispel the notion that introverts are shy, for that's often false. Introverts do prefer to be alone when they can, but that doesn't mean they're necessarily fearful of being with people. Many introverts love spending time with people, as long as they have plenty of time to recharge in solitude. I was shy at one time, but Toastmasters helped me overcome my shyness. I'm still an introvert, though, and always will be. Being an introvert has motivated me to enjoy the alone time necessary to pursue my passion for creative work, whether that be software engineering, mathematics, or music.

Why did you join Toastmasters - what prompted that action - talk to us about that decision.

I joined Toastmasters in May of 2009, during the depth of the Great Recession. Like many professionals at that time, I had recently lost my job in a layoff. I thought it important to find and join a support group for unemployed professionals, which led me to the Job Finders Support Group facilitated by Distinguished Toastmaster Cleon Cox. As he does for many who join the group, he encouraged me to check out

Toastmasters with the promise that it would help me become a better communicator and more successful in job interviews. Cleon will tell you often that it took a few years of his cajoling for me to finally visit a club, but it really took me only a month. I checked out three Monday night clubs, the WRIP City Club, Portland Toastmasters (Club 31), and the At the River's Edge Club. After visiting each club twice, I finally settled on At the River's Edge Club (with Jerry Kleffner) and made it my home for the next five years.

First Toastmasters meeting - what was it like for you - feelings and insights

My first visit to a Toastmasters meeting, at the River's Edge Club, happened to be on the night of a club speech contest (the International Speech and Evaluation Contest). Though the club was small at that time, I was impressed with how friendly everyone was. This experience of friendliness was consistent with each of the other two clubs I visited. Realizing that a contest is not a normal meeting, I knew that I had to come back and visit again before deciding whether to join. I wasn't intimidated by the quality of speakers I saw in any of the clubs I visited before joining, though I do remember Ellen Ino rocking an amazing speech during one of my visits to Club 31. I don't recall thinking that I could never speak



like them; I just figured that they could help me get better with my own speeches.

How has Toastmasters influenced your life—play, work, community involvement?

Most importantly, Toastmasters helped me overcome my social anxieties. Though I still draw a lot of my energy from being alone, I don't fear social engagement anymore and make it a point to schedule frequent attendance at social and professional networking events.

Play? Toastmasters has become an avenue of play for me, even though it is quite structured in its own way. I have the opportunity to try new things in my speeches, such as my spin on the opening line of Monty Python's Lumberjack Song in my latest speech. Sometimes my novel ideas bomb, but that's what Toastmasters is for, to give me a lab where I can experiment and find what works, and what doesn't work. Sometimes I find an idea that works, and I celebrate.

Work? I'm much more confident during a job interview in my ability to present those technical and soft skills that I bring to the table and how I can use those skills to bring value to my interviewers' business. I'm also more

confident in my ability to evaluate my employer's processes and offer positive, non-confrontational recommendations for how we can improve them.

My service as an Area and Division Director has given me the experience I need to be an effective team leader when the opportunity arises—and I anticipate that it will. Additionally, I like to advertise on my resume and in the interview how my Distinguished Toastmaster award validates that I have the communication and leadership skills my potential employer is looking for (EVERY employer wants employees with those skills.)

Community Involvement? For one, service as a district officer is, in my opinion, an avenue for community involvement unto itself. Outside of Toastmasters, I also serve in ministry to my church as an associate choir director. Though I don't direct my church choir often, most frequently substituting for our regular director when he has to be gone, I see how Toastmasters has made me a lot more comfortable standing in front of my choir and communicating through hand-and-arm motions—verbally during rehearsal—what I want from them and how I intend to interpret each hymn.

Why do you recommend Toastmasters to anyone looking to improve leadership and communication?

Anything worth doing is worth doing well. Anything worth doing well is worth repeated failure until you can do it well. Toastmasters is a comfortable place to fail at something until you master it. I've bombed a few speeches, been flummoxed by Table Topics questions, and made leadership decisions that backfired. Every time, though, the feedback I received has been encouraging yet rich in recommendations on how I can do better the next time. Never have I been criticized in Toastmasters for my failure. Rather, I've always seen my club rally around me and give me the strength to recover. I've also had mentors who saw leadership potential in me and nudged me forward into the leadership opportunities Toastmasters provides. For these reasons I will recommend Toastmasters to anyone willing to commit the time and energy to becoming a better communicator and leader.

[And there you have it. I've known Eldred for a number of years, and continue to be inspired by his commitment to Toastmasters and his willingness to embrace new challenges. He joined Toastmasters in 2009, and earned his DTM in 2016. He is currently serving as Division D Director. -- Phyllis Harmon]



About the Darkness Arc

B. Lee Coyne, ATMS

Rather than get immersed in the typical Yule tidings let us turn elsewhere—to December 21st. That will mark the start of winter.

It also happens to be the shortest day of the year where darkness predominates near and far.

How do we deal with dark? Do we yield to and panic? When we were little kids we were warned of the bogeyman. And for some adults, we still confront modern day villains. Dark alleys remain scary. Who or what lurks in the shadows can send shivers down our very spines.

In our homes many of us harbor night lights to guide our ways. Once again darkness conjures up pervasive fear.

Historians refer to the Dark Ages as the period when enlightened minds faded into nothingness. Somewhat like being cast into oblivion!

If you plan to deliver a speech this December, choose any of these themes and you will shine.

Lee first got involved in Toastmasters in 1986. His newsletter in the District of Columbia was a best bulletin winner in 1993.



The Gift of Toastmasters

John Rodke, DTM - District Director

The skills we work hard at developing occasionally surprise us. On Saturday, my friend Sarah asked: “Hey you are a major leader in that Toastmasters organization, right?” Caught off guard, I answered yes, and quickly realized Table Topics was in session. Sarah had recently become the Executive Director of a non-profit and was seeking some guidance on how to proceed forward. Through an exchange of deep and leading Table Topics type questions and answers, we were able to form a picture of the current state of her organization, the current challenges, what resources it has to work with, and how Sarah wants to go about supporting and leading this group of caring people. The biggest takeaway was that she needed to quickly establish and maintain strong relationships with key people, actively listen to what they needed, and establish a plan with them to create success.

Does this sound familiar to you as a Toastmaster? I hope so. Our program is about establishing relationships with one another, listening carefully during evaluations, giving constructive feedback, building effective teams, and gathering consensus with formulating plans for success. Every meeting role and officer position, from the Club through the District, is designed to give you the opportunity to develop these skills into gifts. We can provide these gifts to our friends and networks to help them improve too. What an honor it was to coach Sarah

to see her strengths as a leader and employ her talents to bring success to her organization.

With enthusiastic acclaim, Program Quality Director Emilie Taylor and Education Coordinator Kathleen Tully, have been providing skill specific online training to our members. Thank you for those who have attended these dynamic sessions. Will you learn from the next one?

Now is a great time to see the potential leaders within your club and mentor them to take on your role next year. A great way to get them started is to attend Officer Training at the District and Division levels.

We realize membership is a common struggle for many of our clubs. Do you know that you can have online members? One method is for them to attend remotely through Zoom. This is a video conferencing program. If your club is interested in trying this out, we have opened up the use of two of the District’s Zoom accounts for this purpose. Ask your Area Directors for details. You can have members join your club from anywhere in the world or locally, if weather or mobility is an issue.

I encourage you to use your hard-earned Toastmaster gifts this holiday season to liven up your gatherings, encourage a friend to step out of their comfort zone and into their growth zone by following your example.

Giving and Sharing

Emilie Taylor, DTM - Program Quality Director

Thanksgiving has passed with sharing and gratitude and with it follows Christmas, let's keep up the attitude! With all the clamor in our commercialized world, some forget what this Season is all about. It really is about giving and sharing...and that is what Toastmasters is all about!

Thinking about the Season of Giving, realize this: The real gift of Toastmasters is the sharing of Toastmasters. The gift and the giver are really the same. Each of us in Toastmasters is a gift to others. When we share in our speaking and evaluating, we are giving of our vulnerable sides. Yet that sharing overcomes shyness and we are gifted with self-confidence and poise.

Don't think for a minute that the star or musician you see on stage has never had butterflies or worse yet a washing machine in their stomachs at one time or every time they are on stage. Each time we offer encouragement, uplift, edification to another, we are giving a gift that helps the receiver overcome self-doubt and self-criticism. Sound familiar? We all have experienced the encouragement and know what that gift feels like.

The Toastmasters Gift is really you in your

club, gifting of your time and talent. With that, and the value of the gift you have received, think of what you have and of what you can share with others! Think of the gift of sharing Toastmasters with the people you meet. There are so many opportunities... in line at the post office, posting our packages, the long checkout lines, small talk with the cashier at the store or bank, or really blow people's minds by breaking the silence in an elevator. Sometimes people are relieved by someone with the courage to speak in such places! Try it! The real test of speaking is the elevator test! Either they will be relieved and comforted, or they will think of you as an enthusiastic nut! Either way, you have gifted Toastmasters with your marketing skills. We have no idea how sharing can make a difference in people's lives. I know what a difference Toastmasters has done for mine!

I thank you all for your gifts of being there, stepping forward and stepping up. I thank you all for your speaking, for your listening, for your feedback, for your filling in positions when circumstances create sudden openings for evaluators, or even last-minute impromptus, like that 7-minute speech that you did not know you



were going to have to give until you walked in the door.

The best gifts we all have to offer cost nothing but are precious gems. Remember how precious you are to all of us.

Now on to business.

- Registration is now open for Toastmasters Leadership Institute (TLI) Mid-Course Correction on January 12, 2019. It's an important training event for all our officers and members alike. To receive Distinguished Club Program (DCP) credit for Goal #9, at least 4 officers must attend. It would be really nice to see all 7 club officers. Gift us with your presence.
- Contest Season is upon us. Here are important dates for Evaluation and International Speech Contests:
- All club contests must be completed by Friday, February 8.
- Area contests from February 8 to March 15
- Division contests from March 16 to April 13
- District Evaluation and International Speech contests on April 27, at the Annual Conference in Camp Withycombe.

PATHWAYS CHAMPIONS. We need the gift of your help and support. We need volunteers as Pathways Champions. If you had been a Pathways Guide, we need you. If you know Pathways because you have completed Level 1, we need you. We need you to shadow or mentor new members or seasoned members who need help. Let's help our members, our clubs and our D7 Toastmasters community by becoming Pathways Champions. Join us today. If you have any questions, please contact James Wantz at wantzjames@gmail.com or me at pqd@d7toastmasters.org

The foundation of success in all our clubs depends on knowing our goals. If you haven't had a chance to look at your goals, here's a resource link on the Distinguished Club Program and Club Success Plan: <https://www.toastmasters.org/-/media/files/department-documents/translations/dcp-translations/1111-distinguished-club-program-and-club-success-plan.ashx>

Thank you for your gift of participation! Bless you all this Holiday Season, be warm, be comforted, be happy!

Leadership Connections

D7 Learning Academy

**Online Attendance
Webinar
January 8, 2019
7:00 - 8:00 PM**

**Mid Course
Correction
Toastmasters
Leadership Institute
January 12, 2019
8:00 - 3:00 PM**

More info at: d7toastmasters.org/calendar/

Because of Toastmasters . . .

Cate Arnold, DTM - Club Growth Director

As I write this article, I am in flight over Norway on my way to Lahore, Pakistan where I will give a 45 minute speech on The Power of Communication. I was invited because I had served at the Pathways Guide for the newly chartered Crescent Toastmasters Club at Crescent School. The conference is part of the school's 50th anniversary. My audience will be 700 teachers, alumni, and donors. The school has over 7000 students, age 2 ½ through high school. The new club is made up of 20 teachers. I was invited to come after serving as their Pathways guide. I am flying halfway around the globe where I will be treated to a stay at an exotic hotel in a place I would never have visited otherwise. I am thankful for the opportunities that my work with Toastmasters has brought me.

The offer to speak came because the Crescent Toastmasters recognized my speaking skills, skills that I had developed because of evaluations that provided useful critiques on how I could improve. And from my mentor, an option I continue to use even though I am already a DTM. Strong clubs help members to become strong speakers, evaluators, and mentors. We all know the power of good evaluations to help speakers grow, but do we recognize the opportunities they can afford us?

In the last year I know of one member whose salary doubled when he was hired as a sales representative for one of Silicon Forest's high tech companies. Another member, with English as his second language, spent 6 months looking for a new job. He said that the positive energy he gets from club meetings and helpful critiques from both evaluations and his mentor, gave him the reassurance that he could do a good job answering interview questions in spite of his accent. Although he was nervous, he felt energized and confident. After going through 3 interview levels, he was hired for a great position.

In 2019, I encourage you to look at your club's use of evaluations and mentors. Is it time to have a review of what makes up a good evaluation? See the Evaluate to Motivate module from the Successful Club Series. Are you using mentors? Look at the Pathways Mentor program. I hope you will maximize your growth as a communicator and experience great success in the New Year.

It is the ultimate luxury to combine passion and contribution. It's also a very clear path to happiness.

—Sheryl Sandberg

The Art of Story



*B*reathe life into your story—Learn how at a Toastmasters storytelling club near you

Gateway Toastmasters
Eugene, Oregon
Click [here](#) for website

Storymasters
Westside - Portland, Oregon
Click [here](#) for website

Tell Me a Story Toastmasters
Eastside - Portland, Oregon
Click [here](#) for website

You Need to Do!

Donna Stark, DTM -
Immediate Past District Director

During a recent Table Topics segment, I was asked about my favorite kitchen appliance. I thought of the fabulous red stand mixer I purchased a few years ago. It's top of the line, with all sorts of features and attachments. I remember my excitement when I bought it. (Did I mention it's RED?) It's also still in the box—its potential to bring out my culinary talents remains untapped. I have most certainly not made the most of this gift I gave myself.

Have you had an opportunity you didn't take full advantage of? How about Toastmasters—are you taking advantage of all the opportunities your membership offers? Toastmasters is often described as a “learn by doing” organization. If you want to learn, you need to do!

I noticed in my home club that the same few members seemed to be taking on the roles of Speaker and Toastmaster, often at the last minute because others were reluctant to take them on. We talked about what might be keeping people from tackling these roles. A couple of common themes were wanting a speech to be perfect and not wanting to fail. I can relate to both.

Perfectionism is the enemy of productivity. One of my favorite lines from Lance Miller's World Champion Speech in 2005 is, “We are



human—we are by nature imperfect!” I encourage you to replace the desire for perfection with a desire for excellence. All each of us can really do is the best we can. If you wait for the perfect time or the perfect speech, you miss out on all the growth opportunities that come with taking action.

I assure you that being afraid to fail, of looking foolish or not measuring up to expectations (most often your own), is a

fear shared by many. Fortunately, your fellow Toastmasters are in your corner and want you to succeed. “Failures” are great opportunities for learning and growth, and many clubs want to be considered as a safe place to “fail.” Don't get caught in the trap of comparing yourself to other speakers. Everyone's journey starts in a different place. Toastmasters will help

you find your own voice and your own style.

To maximize your growth, give yourself a gift and go all-in. Don't hesitate to take on the leading roles in a meeting, or the leadership roles in your club, area, division, or district. The Toastmasters program works, but you have to take it out of the box! Hmmm—maybe I should dig out that mixer!

“To give anything less than your best, is to sacrifice the gift.” ~ Steve Prefontaine

HELP! Calling All Pathways Champions

James Wantz, DTM

I NEED your help. Yep, I can't do it all. I know, the Toastmaster of the Year is supposed to be able to leap large meetings in a single bound, outrace District officers to be the first to volunteer, and possess an infinite amount of energy for all things Toastmasters. Well, I do...but I can't be everywhere at once (I think you have to be the International President of Toastmasters before you get this superpower). I need Champions - specifically Pathways Champions.

What is a Pathways Champion? (Yep, I knew you'd ask—I can read minds too.) A Pathways Champion is someone that is deeply involved in Pathways, sees the great potential of the Pathways program, and enjoys helping others get started in Pathways. As the Pathways Coordinator, I get requests for Pathways presentations at clubs throughout the district...and I have to refuse some

of them because of time constraints (there is a limit to my awe-inspiring powers). I am seeking helpers to visit clubs, host webinars, and conduct trainings. Are you interested? Please contact me at wantzjames@gmail.com. . . right now. . . what are you waiting for? This is a limited time offer.

Act now!

As with most of the Toastmasters I know in leadership—we have full time jobs, full time lives, and full time stress to deal with—and we don't get paid! (Yeah, wish I'd known that years ago before becoming an Area Governor.)

I don't have infinite time to give the gift of Toastmasters to everyone as much as I'd like to (as

I write this I have a very adamant cat demanding to sit on my lap RIGHT NOW. He doesn't understand why his needs aren't being met



RIGHT THIS VERY MINUTE.) I love Toastmasters (and cats). The program has helped me so much. I love helping others. Will you help?

You will be helping the District, helping members who have challenges with Pathways, but, more importantly, helping me. I'll let you in on a little secret—I don't ask for help. We are six months into the year, and I'm finally asking for help. I try to do it all myself. I am allergic to delegation. (I know, shameful.) You'd think that this long in Toastmasters I'd have figured out a better way to lead—through delegation—or simply to ask for help when overwhelmed.

Well. . . I'm still in Toastmasters because I still need to learn. Asking for help is my biggest unlearned skill. It is hard for me to do. Why? I don't know—maybe because I am the youngest of 6 (they say I was spoiled—I remember it differently—like being chased around the house with the vacuum or fed whirled peas while blindfolded and tied to a chair). Maybe because I'm a Capricorn. I don't know why—I just know that asking for help is almost like networking—makes me feel inadequate.

I have been so blessed with the help I have already received—help unasked for and much appreciated. We have really wonderful people in the District—thank you to all the Pathways Guides that visited your clubs and worked with VPEs to understand the program. Thank you to every club member that answers other club members questions about Pathways. Thank you to those who give the gift of their time to make all the training events so successful. We could not do it without you.

We have wonderful volunteers, but I'm not asking them to step up—I am asking you. Do you have passion? Do you want to see Pathways succeed? Will you help me? Please say yes.

Oh, and if you are wondering, yes, the cat won. He is lying on my chest and purring as I type this. Ever try typing with a cat on your chest? Challenging but rewarding - just like being a Pathways Champion.

James Wantz, DTM, is the District 7 Pathways Coordinator for 2018-2019. He can be reached at wantzjames@gmail.com



PATHWAYS CHAMPIONS UNITED!



**Completed Level One? Join the growing community
of Pathways Champions - members helping
members - as coaches and mentors. Interested?**

Contact James Wantz for more information

wantzjames@gmail.com

Toastmasters Leadership Institute

Mid Course Correction

January 12, 2019



Time	Description
8:00-9:00 am	Registration and breakfast in the cafeteria
9:00-9:15 am	Welcome & Opening remarks
9:15-10:00 am	KEYNOTE: Lead with Your Heart - Pat Johnson, DTM, PIP
10:00-10:15 am	Transition to breakout sessions
10:15 - 11:15 am	Educational Breakout Sessions
Room 101	How to Charter a New Club in 1 Meeting - Tod Henry, DTM - Region 1 Advisor
Room 103	Pathways for All
Room 105	Club Success
Room 107	VP Education
Room 117	VP Membership
Room 127	VP Public Relations
Room 129	Sergeant At Arms
11:15-12:30 pm	Potluck Lunch
12:30 - 1:30 pm	Educational Breakout Sessions
Room 101	Integrity-When Thoughts, Words & Actions Align - Pat Johnson, DTM, PIP
Room 103	Pathways for Base Camp Managers
Room 105	Sponsor / Mentor / Coach
Room 107	President
Room 117	Judges Training
Room 127	Secretary
Room 129	Treasurer
1:30-1:45 pm	Transition to Auditorium
1:45 - 2:30 pm	
Auditorium	Panel Discussion: Distinguished Clubs
2:30 - 3:00 pm	Awards, Raffle, Trio Updates, and Closing Remarks

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Wilsonville, Oregon

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cleon.cox@frontier.com

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and leadership barriers one wall
at a time**

Please Join Us!



Networking is a Growth Strategy

Terry Beard

“People like to do business with people they know, like, and trust”—Dale Carnegie

To start a business, to grow a business profitably it takes passion and perseverance. It takes a paragon of grit to create a successful business.

Over the years, as a startup entrepreneur, I have had successes and I have had failures. As Winston Churchill said, “The path to success is through failure.” Thank you, Winston!

To succeed, one needs to be willing to risk it all, work on the business 24/7, have the knowledge or the knack in the industry chosen, and then find and work with the best people to run the day-to-day operations of the business. Everyone at all levels of the company needs to take responsibility for their personal growth and development, which includes being a good public speaker.

Why learn to be a public speaker? Every business has a story. A good public speaker is a great storyteller. “If you want to hike your value by 50% become a good public speaker.” Warren Buffet, Inc. Magazine, January 2017.

One of the requirements that we have at MaxDaddy, a company, which provides CBD Oil nuggets for dogs, is that our vendors tout our products. In addition to sharing stories about the benefits of our products, we expect our vendors


to be our customers, too, especially if they are dog owners.

We live our business 24/7. After work, my co-founder Nathan Schmitt and I decided to stop in at a local bar to have a libation. As we entered, we put a package of MaxDaddy treats on the table. Wherever we go, we know putting our packaged product on a table always stirs up curiosity and conversation.

One night after work, a handsome gentleman approached our table and asked the question. “Do you guys use MaxDaddy?” We responded, “Yes, we are co-founders of MaxDaddy!” We immediately introduced ourselves. Joe Benz immediately smiled and said, “My wife and I love MaxDaddy, our dog likes the product. The benefits of MaxDaddy are unbelievable.” Nathan and I look at each other and grin with pride and amazement. Thinking that we’ve arrived! We are in play with our company.

The courage to place the MaxDaddy product on the table to attract conversation is a smart way knowingly to get our name into the public eye. Putting MaxDaddy products out front and center continues to spark attention and sales.

Joe moved over to his table with his buddies after our conversation and ordered drinks for Nathan and me. We are all celebrating. Joe likes our product for his English Bulldog. Yippee!



We kibitz. Our company name is getting out to dog owners, word-of-mouth, the best kind of advertising.

When we were chatting with Joe, I couldn't believe it. I knew that I had seen Joe's name on our customer list, not once but four times. I asked Joe, "What do you do?" Joe responded, "I sell property and casualty insurance!"

I'm thinking. Nathan and I are committed to our company. We expect our vendors to tout our products and to buy our products. When we signed up with our insurance agency, they gave us the implied impression that our agents would be among our cheerleaders and help us promote our products, by sharing our story. Along the way, we had dropped off bags of MaxDaddy products to their office as a gift for becoming our insurance supplier and our marketing ally. We buy from the insurance company, and we expect them to buy from us. Why not? One of the agents is a real dog lover. In the process of selling us insurance, he shared many stories about his dogs. I would think a give and take expectation is fair.

As a matter of day-to-day business, when and where appropriate, we expect service providers and or vendors to do business with us. Buy our products.

As we were finishing up our pops at the local bar, we asked Joe for an appointment to talk insurance. "Yes Joe, we are moving our insurance from our current agency to a place of business that will help us build our business."

Because we are true to our value system which drives our culture, we want team players.

As Joe picks up the tab and leaves the bar, he says, "You are going to like this one!" "Do tell

us!" Joe went on to say, "I have a client in the pet supply business doing a billion dollars of topline revenue, would you like to meet my contact at this company?" Wow!!! "Yes!!!"

At MaxDaddy, we think about our business 24/7. We are risking our money on the success of MaxDaddy. We have the knack to market our product. We will continue to attract and find the best people. Importantly, we love to schmooze, a form of public speaking, and we are our company's storytellers when the time is right.

Joe is the right insurance agent. He heeds the advice offered by Patrick Galvin, the author of *The Connector*. Patrick suggests in his book, "get out of the office and out into the world and shake hands with your clients and potential clients."

Along with my fellow co-founder Nathan, we live our promise to work and play with people who are committed to our success as well.

Work hard, play hard, work and play; it's all one life. Take risks, be the right people, and you will magnetize and galvanize the best people. Make changes when people do not deliver results. Keep the commitment, the promise to continually grow and develop oneself to be all that one can be.

As Fred Rogers' mother use to say to Fred, "Find the Helpers."

Terry Beard is a Portland, Oregon, businessman, entrepreneur, Toastmaster, Rotarian, and author of Squelched - Succeeding in Business and Life by Finding Your Voice, an autobiography of his journey from "never good enough" to success that was significantly enabled by his efforts to master public speaking. The book was published in 2017 and is available on Amazon.com.

THE A-B-C OF LEADERSHIP

Moses Cherrington, ACG, CL

The following article was presented by Moses Cherrington at a Great White North Online Toastmasters meeting in November. It was brought to my attention by one of his club members who was struck by the similarities between the New Zealand Army's training program and leadership in Toastmasters. [Editor]



In the New Zealand Army, I was sent on a Non-Commissioned Officer Course at Lake Tekapo to instill leadership skills into my character.

In the end, as a group of 15 soldiers, we were to work together on a project to show how we bonded and how creative we were. Infantry, musician, fireman, drivers, mortar soldier—in fact soldiers from all different units.

Being a musician I was new to the area of Army leadership. The acronym A-B-C best describes my leadership style.

AUTHORITATIVE

I commanded a parade of 60-80 soldiers—Instilled is TRUST— Authoritative leadership tends to have more experience and knowledge than those they lead. This style is less effective when explicit (stated clearly and in detail), guidance is required.

BUREAUCRATIC

I have had to have knowledge of the New Zealand Army's disciplinary orders to charge soldiers if they disobeyed orders—Instilled is PROCEDURE—Stringently imposing

rigorous standards of performance establishes and enforces rules.

This leader stringently establishes and enforces rules. This style is not effective when trying to lead highly skilled individuals, as they often become resentful of micromanagement.

COACHING

I coached musicians to memorize music for a military tattoo in Melbourne —Instilled is BONDING—concentrates on preparing individuals. . . by building skills.

This style is less effective when those being coached are RESISTENT to change. I used visualisation of the finished product/parade to instill my brand of leadership—a tactic that overcame my anxiety.

Summary:

Leadership is not about being in charge. Its about taking care of those in your charge.

—Simon Sinek

Moses Cherrington is a member of Great White North Online Toastmasters. He is also a columnist, community volunteer, and musician. You can learn more about him at strokeboard.net/index.php?/gallery/image/4235-moses-cherrington/

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Mary Chisholm

35 Years a Toastmaster — Still Learning and Having Fun

Leanna Lindquist, DTM

What's your backstory?

I was born and raised in Kellogg, Idaho when it was a silver mining town of 5,000 people. After high school I attended Links Business School in Boise, Idaho. While working at Boise Cascade headquarters I earned a BS in Business Administration by attending night classes for over 9 years. I stayed in the secretarial profession for 20 years earning my CPS (Certified Professional Secretary) award. I met my husband John at Weyerhaeuser. We were married in 1983 and launched our current company MicroRidge Systems. In 1986 I earned a Masters in Applied Behavioral Science. We relocated ourselves and our company to Sunriver, Oregon in 1988.

We design and build electronic interfaces for connecting gauges and measuring devices to computers for use in process monitoring and quality control on the factory floor. (Say that three times really fast!) It's been a wild and sometimes rocky ride—but here we are! Over time our company has become successful with a great team. We will celebrate our 36th year in business in January 2019.

Who are Lamar and Luci?

They are our female basset hounds. Lamar is



named for the Lamar Valley in Yellowstone and Luci is named for Lucille Ball. We both had a fondness for Basset Hounds. The business kept us too busy to own a dog. We bought a big stuffed Basset as a precursor to owning a dog in 1993. We are now on our 3rd set of siblings. They are great dogs and known as the “clowns of the dog world.”

Tell us about your alter ego Chizzy the Clown

I am not sure where the desire to be a clown came from. I think I just liked the idea of them and their colorful, funny ways. I figured it might help

bring out my “non-business” side. My former Toastmasters club, Communicators Plus, where I was for 23 years, really encouraged me to “just do it”. They gave me a framed collage of reasons to be a clown that included photos of me with my hounds. One meeting I was at the lectern, turned around, and they were all wearing clown noses! Pretty cool! I went to Mooseburger Camp Clown School in Minnesota in 1999. I started clowning with room visits at St. Charles Hospital in Bend. I did that for quite a few years along with clowning with kids at various Sunriver events. I twisted animal balloons for the kids and had a lot of fun. I last clowned in Sunriver in 2015. It was time to move on for various reasons, but I still miss Chizzy and her adventures! I have clown murals on my walls at work and I recreated them through Shutterfly and put them on my walls in my “clown like” office at home. Keeps her with me! Visit my Shutterfly “Bump a Nose” [page](#) for a look back at Chizzy the Clown.

What do you do for recreation?

John and I met through the Weyerhaeuser Ski Club. We started a Cross Country Ski Club there. For about 10 years in the 1990’s we bicycled all over Oregon with Cycle Oregon. We plan to resume our Cross Country Skiing this winter. We love to hike and do that with the hounds. I love to walk. I have done it regularly since 2000. For the last 7 years I have walked the annual Happy Girls Half Marathon in Bend in late May. It’s a fun experience and a challenge. I will continue as long as

I can. We travel as much as we can. We take active vacations such as riding the mules in the Grand Canyon or kayaking around Mackinac Island in Michigan. We walk/hike continually. When I was single, I used to try everything to see if I liked it: tennis, racing a car, sailing, water skiing, skydiving, windsurfing, downhill skiing, cross country skiing, bicycling. The only ones that stuck were bicycling and Cross Country skiing!

What brought you to Toastmasters?

When I left Weyerhaeuser in late 1992, I spent a year doing other endeavors. I joined our company in 1984. We initially were a software company and worked out of our home. I joined Town Criers, the only Toastmasters club in Federal Way at the time. They are still around with a recent name change. I had been out speaking when I was a Professional Secretary, but I wanted to get



better, and I wanted to be around professional people like I was at Weyerhaeuser.

How has Toastmasters helped you with your business?

Not directly, but it has helped me find my voice, keep learning, have fun, and meet new people. I have been a Toastmaster since 1984. It will be 35 years April 2019. It's been both fun and challenging. I look forward to the changes and the challenges that Pathways brings. I was ready for a change and I think Toastmasters was too.

Your small town club is facing some challenges—how are you addressing them?

I live in Sunriver which is where Oregon Communicators was formerly located. La Pine Chamber Toastmasters, which is now Newberry Speak to Succeed, when I was with the Communicators Plus club in Bend (which originally started in Sunriver). As part of my DTM I was a mentor to the La Pine Club when it chartered and fulfilled some of the duties of the Sponsor who had to bow out early. I decided

that I liked morning clubs and the drive south vs. the drive north to Bend so I joined as a charter member. It was a fun club to get going. We celebrated 7 years this July. We had a fun and active club. The membership in the later years consisted of the owners and employees of one company in La Pine. Their employees were required to attend Toastmasters as training until they achieved their CTM. That resulted in a lot of turnover. As soon as Pathways came, the members signed up for it but never had speeches ready. Three of us have been actively pursuing Pathways. Only one member from the company is still active. One meeting was just the two of us. With the help of our two online coaches, we are relaunching as a hybrid club on a different day and time, and with a different name. We are still struggling with the day and time, but we are moving forward. We had a dry run hybrid meeting. It gave us an idea of setup and what we need to do. We think that offering online attendance will help us grow the club outside the small community of La Pine. We have some learning curves when it comes to social media and boots on the ground marketing. Stay tuned!





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Dottie Love - ACS, ALS

Associate Producer and Director, TV Toastmasters
Toastmasters Triple Crown Winner 2015, 2016, 2017

Dottie

District 7's TV Toastmasters has expanded into four fully equipped TV studios and broadcasts to over 500,000 homes plus over our own YouTube channel. Leverage your speaking opportunities by joining us and becoming a host on your own show or appearing as a guest on one of ours.

My 2019 "On TV" Options

1. Be a guest to showcase your business, your hobby, or your community interests
2. Become a member and appear as a TV host for an ongoing segment
3. Create your own TV Talk Show. Be trained and get access to community media studios and equipment for creating your own shows

To get involved or learn more about this amazing opportunity, contact me at CSuiteSuccess@aol.com or Mitch Priestley, at Mitch.Priestley@Live.com. Meanwhile, click on the TV Toastmasters Oregon graphic to watch us in action! And, don't forget to subscribe to our channel to be notified of future episodes.



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Professionally Speaking

Toastmaster Clubs Cannot Rest on Past Laurels (Part I)

Marv Serhan, DTM

When Marv Serhan was asked to write an article sharing Professionally Speaking's secrets of success, little did we know that a club model for success would be forthcoming. Over the next three issues, Mar explains in detail why his club has earned top tier awards for the past several years. [Editor]

Every professional endeavor cherishes a favorable outcome and typically characterizes such a result as a "Success." Nonetheless, the reality is that "success" can be fleeting. That subtle transformation from a favorable-to-struggling condition can easily occur if the leadership of an organization becomes complacent and/or inattentive to key factors that ultimately influence organizational success. Professionally Speaking, Toastmasters Club 3091, provides such an example.

Background: Toastmaster Club 3091 was chartered in January 1977 as the I-5 Club. It was an excellent club with a rich history of accomplishment, but in the 2004-2006 timeframe, the club was struggling. After attending meetings with three or four local clubs, I discovered that the I-5 club {was about to be placed in a "suspended" status by Toastmasters International (TMI). The club had no members and soon would be disestablished. I coordinated with TMI and District 7 to assume oversight of the I-5 Club. The name was changed to Professionally Speaking Toastmasters 3091.

An effort to recruit members committed to an organizational culture with the specific purpose of pursuing excellence in both communications and leadership skills training was underway.

Twelve years later, Professionally Speaking has flourished and earned President's Distinguished Club (PDCP) designation every year since its re-establishment/charter in 2007. At this writing, the club is well on its way to earn PDCP designation with 9 goals earned to date and a potential 5 additional goals on track for PDCP achievement well before June 2019, the end of TMI's Distinguished Club Program competitive cycle.

When asked why this trend has continued through the years, my response is simply it's all about learning. One cannot rest on past laurels to guarantee future success. Club culture must be such that learning is paramount. Every club procedure or standard must lead to knowledge sharing which leads to individual learning, team learning, and ultimately organizational learning.

Bottom line: Knowledge sharing and organizational learning provide a rock-solid

One cannot rest on past laurels to guarantee such that learning is paramount.

foundation upon which any organization, including a Toastmasters club can help to ensure long-term success while fending off the inevitable challenges associated with membership attrition and resultant corporate-knowledge decline.”

To achieve this outcome, below are some of the key factors that apply to the TM-3091 model, and could be useful to any Toastmasters club striving to achieve and maintain excellence as a standard:

A Club Vision Statement is Paramount:

Hellen Keller once stated that, “The only thing worse than being blind is having sight but no vision.” As a leader, that vision statement is critical to your success. A clearly articulated vision statement tends to unify member focus and performance. TM-3091’s vision statement is focused like a laser on professionalism and simply states their need “To pursue excellence in both communication and leadership skills training.”

A vision statement provides each member with an understanding of what the leadership of that organization is seeking to achieve. Knowing the vision of their leadership enables the members to clearly understand what they must do to contribute to help the club achieve its stated vision. Example: If I complete my “Traditional” program manual, or Pathways program assignment, that single activity will

directly contribute to my club’s DCP program objectives. In addition, the member will benefit personally and professionally from their effort, and the club benefits from such learning.

Quality Leadership is Essential

No arbitrary officer assignments are acceptable. Clubs must recruit quality officers that fully strive to learn, perform, and are committed to their roles. Most important is that officers take their roles seriously and are willing to share their knowledge with their peers, club members, and replacement officer candidates.

A vision statement provides each member with an understanding of what the leadership of that organization is seeking to achieve..

The recruitment of replacement officers and the sharing of knowledge with them is critical to keep the organizational learning process on track. The fleet-up program works best if practical; i.e. officers rotate to the next position in sequence to ultimately become club president.

ntee future success. Club culture must be

The Leader Sets the Tone

The president of the club must set the tone and a professional example for all club members and fellow officers. That example covers a wide array of behaviors, skills, and values including: appearance, manner, administration, attention-to-detail, creativity, commitment, professionalism, goal setting, effective communication skills, stressing accountability, demonstrating key values such as trust, honesty, mutual respect, and creating a sense of shared risk; i.e., a feeling that all members are in this together and their contributions are valuable, appreciated, and essential to achieve club success.

Essentially, the president should never ask anyone to do something that he/she would not do him/herself. Keep in mind that the skills required to succeed as a Toastmaster president are relevant to professions external to a Toastmaster venue. As such the learning, particularly in a non-profit setting, can be significant. Managing and motivating others to achieve without direct authority or member reliance on a paycheck or performance review takes considerable skill and sensitivity to guide, mentor, and lead a team to achieve desired outcomes.

The Vice President of Education is a Center of Gravity Upon Which So Much Depends

The VPE is critical to the success of any club and most importantly to TM-3091. Here are some of the key contributions of the TM-3091 VPE:

- He writes the monthly schedule assigning all functionary roles;
- correlates role assignments with coaching requirements;
- maintains consistent awareness of DCP goal requirements and member accomplishment;
- coordinates with TMI for award submission and recognition;
- supports/mentors club members on Pathways enrollment/engagement, and so much more.

Much of the success associated with TM-3091 directly correlates with having talented, dedicated, and creative officers in the VPE role.

Next month the discussion series continues with the key practices that have made TM-3091 so successful.

Marv Serhan, Captain, U.S. Navy (Retired) has been a member of Toastmasters since 1999. He earned his DTM in 2007. He is the founder and current president of Professionally Speaking TM-3091. In addition, he is the District 7 Area 81 Director within Division G. If you have questions, Marv can be reached at marv@marvserhan.com or through his website: www.marvserhan.com

Ravi, the First Toastmaster

Paul Fanning, DTM

Christmas past. No—it wasn’t “visions of Sugar Plums dancing in my head,” nor “Jolly St. Nick” that are my fondest, cherished childhood memories of Christmas. I’ll always be indebted to my mother for introducing me to the European versions of the Nativity story and Christmas traditions. From Holland came Saint Nicholas on December 6th—and it was coal or gold coins in my shoe, depending on my deportment that year. Father Christmas from England and Sinterklaas from Germany—both of them rail thin and saintly competed with Charles Dicken’s *A Christmas Carol*. But to me, the Nativity story from Provence, France left me in awe and wonderment with a deeper meaning to the glittery decorations and lights, sweet treats, and gifts under the Christmas tree.

It was Ravi, more formally Lou Ravi, who resounded with me, bringing a story from centuries before to something I could grasp in my young mind and use as an example for what was the true meaning of Christmas.

Provence in Southern France had from the time of the French Revolution began the tradition of putting small clay figures called Santons (Little Saints) with their Creche sets of the traditional Biblical Mary, Joseph and Jesus, the shepherds

and the Magi or wisemen, and then added characters including local Provencal

villagers present

that night such as the potter, fisherman, various craftsmen and residents.

Tradition then spawned legends and tales of the Provencal story—and it all began with Ravi. You see Ravi was just not a typical local villager. To some he was “special,” to others plainly the “village idiot.” He stumbled around, couldn’t speak plainly and if and when he did, he couldn’t put two words together to make an intelligible sentence. Yet it was Ravi, the simpleton, the least of the least who by the miracle of that Nativity night, raised his hands in awe, openly proclaiming the Christ Child and calling all the villagers “to come and see”, to worship, adore and make homage.

Fellow Toastmasters, Ravi in my humble opinion should be the symbol of our Toastmasters program. He would be our inspiration, the ultimate in what we all want to be in our positive membership experience. Ravi was able to speak clearly and plainly, to proclaim and



exhort others, to use not only his here-to-fore unused vocal talents, but that of appropriate body movement and gestures. He'd put it all together—yes, granted by a miracle—but don't we see such miracles today in our Toastmasters clubs? (I trust that this was a rhetorical question!)

He brought the villagers together and shared with them his knowledge, his experience, and his awed reaction. I'm sure there wasn't a timer, or grammarian, or that it was a 5-7-minute manual speech, but this was the very first Toastmaster and Toastmasters meeting. While telling others of the greatest gift from above, he allowed others to share in his and their experience vocally. The old fisherman? He related the story of his fishing and the fish that asked to be caught and presented at the manger as a gift. The man on a donkey? His tale included the donkey who told him to go and see for himself the miracle. The village dog? He too was vocal in his proclamation at the birth.

Fellow Toastmasters. We have been given a gift we all can share in. The miracles are almost common-place, yet they happen weekly. And don't we love to see a member who, like Ravi, put the words and presentation all together? Don't we gather together to see and hear this modern miracle? This happens every day, seven days a week in our clubs. Today, with the Pathways program, we can learn,

practice, and proclaim 24hours a day.

Yes, my fellow Toastmasters. I took the little clay figures from Provence and set them up in the Creche display. Mary and Joseph are there, waiting until Christmas Eve. But my favorite figure who stands so prominently in that manger, who hours before was the village idiot, now with his hands raised high, eloquently proclaiming the event. Who is he? Ravi, of course, the first Toastmaster. Cherish the gift of public speaking, of gathering others to our clubs, and most of all, to speaking clearly, with conviction and purpose. That's how we can use the gift called Toastmasters—a gift that keeps on giving year round.

Have I told you about . . . ? Nah—I'll keep that for another month. Happy Holidays fellow Toastmasters!



Leadership: Exploring the Fear of Conflict

Patrick Locke, DTM

Who are you in conflict with? A family member, a relative, a co-worker, a boss, a friend, a business, a politician, the other driver, the law, a fellow Toastmaster, and the list goes on, doesn't it!

Conflict is everywhere, in everything, and all around you. At any given moment conflict could strike out at you from seemingly nowhere! I don't know about you but conflict isn't at the top of my "Things To Do List" every day. As a matter of fact I attempt to keep conflict off my list! Why? Because I don't want to deal with it, do you?

It causes tempers to flare and people to get angry, heats up conversations to boiling points, and just plain drives people crazy! When people get crazy they do stupid things! Have you ever done something that you wished you could have responded to differently? I bet you have!

I couldn't even begin to count the times my behavior escalated or even initiated a conflict in the past. I feel I've come a long way from those days. Just the other day I was driving down the freeway in the number one lane. A car cut in front of me so close I let off the gas and applied some brake but couldn't have been more than about five feet from the car. Then she rolled down her window and flipped me the bird, I was triggered! My first thoughts were, "I wish I was driving an

M1 tank." I would have popped a round in her back window then proceeded to drive right over her. Then I thought, ya, that's what I would have done many years ago.

When I lived in San Diego I remember a day when that did happen. I turned on the TV and saw a developing story about a guy who had just stolen an M60 battle tank from the Army Reserve Center, and was at that very moment driving it down streets literally crushing cars, RV's and anything he desired to destroy. There was nothing the police could do—the guy was out of control. The reporter suggested he may have been angry about something! Really, do you think that could be true? He surely wasn't dealing with conflict very well, was he?

Conflict can trigger very nasty and debilitating emotions when not consciously controlled. During your lifetime what sorts of conflict have you faced? How have you responded to conflict? Most of all how have you learned to resolve conflict? Have you come to understand by intellect and practice that working through conflict is the gateway to relationship building?

I had a recent experience with a close friend of some 30 years. Over the course of a few years he had made some questionable decisions which put him in a bad financial position. During this



time I had offered him some positive and solid options to gain control of the situation, which he continuously rejected out of hand. One day it became a crisis and he demanded that I loan him a sizeable amount of cash. He developed a story about why I was obligated to give the money to him. I was at a point of sheer anger. Thoughts began churning through my head about why this was happening. Then I realized this was nothing more than a challenge to deal with conflict. What are my options? I could give him what he wants and take the consequences. I could escalate the situation by demonstrating my anger toward his behavior. Or, I could calmly respond to his behavior with calculated behavior of my own, which is what I chose to do. In formulating my response I considered the overall situation then made it clear what I was willing to accept and what I was not willing to accept. When I articulated my response I was calm, clear and brief. It took him over a year to ponder his challenge and about six weeks ago he began a positive line of communication which has led to resolving the conflict.

There are many situations in Toastmasters where we feel a conflict with someone over an issue of importance to us. From a leadership

perspective, it is of utmost importance to learn how to interact with fellow members in such a way that we acknowledge the existence of conflict. We come from many diverse ethnic backgrounds, life styles, cultures, and schools of thought that make it very easy to feel conflict. The challenge is for us to recognize our emotional connection to conflict.

When stimulus triggers emotions of conflict we have a choice. We can react or we can pause and think. The pause gives us time to consider the situation, the specifics of the conflict, and time to consider our real options. In considering our options we consider what we truly desire in the relationship. By developing our response out of integrity and respect for all persons involved, we are choosing higher levels of service and excellence toward our fellow Toastmasters. When we choose to respond from a place of integrity and respect the results are more positive and life giving. Our behavior is now practicing the core values of Toastmasters.

The next time you experience the emotions of conflict remember S+P=R. Stimulus, Pause, Response. A quality pause produces a quality response.

Thaddeus Wellington Veness

Part 2

Harvey Schowe, DTM - District 7 Historian



Thaddeus Veness, Attorney, was a member of the Portland Toastmasters Club during the 1940s and was known as an outstanding critic or evaluator. He was a charter member of the Portland City Club. His life will be explored over the next couple of months. Presented here is Part 2.

The early life of Thaddeus Veness was described in Part One of this series. After graduating from Columbia University in 1913, Thaddeus worked as an instructor for Columbia University Law School from 1912 to 1913. Following graduation, he worked for the law firm Breed, Abbott and Morgan, and was admitted to the New York State Bar. In 1914, he moved to Portland, Oregon to start a law practice.

On October 23, 1914, he passed the Oregon State Bar exam that allowed him to practice law in Oregon. That year, the bar exam had its highest failure rate in its history. He purchased property on Waverly Heights for a future home. He continued his interest in teaching when the YMCA hired him as a part time instructor for their school's law department after the previous instructor resigned. His tenure began with the September 20 enrollment. The YMCA board of directors approved the articles of incorporation for the YMCA school on December 16, 1919. It became the Oregon Institute of Technology junior college on April 20, 1920 with 1,680 students. In 1915, he worked for the law firm of Teal and Veaze until 1926 when he entered


private practice with the firm W. B. Shirley, Henry Bauer and Arthur.

He was a charter member of the City Club of Portland which was founded in 1915. He was elected as a long-term director for the City Club on March 2, 1917 and as president on May 5, 1923. As president he presided over the City Club programs. He worked on the Development Plan for the West Side District in 1921. He continued his City Club membership for the rest of his life. Other activities included membership in Oberlin Alumni Association, Kappa Psi fraternity secretary and treasurer, Oregon Temperance League, and a member of First Presbyterian Church where he served as secretary and on the Board of Trustees for 18 years. He was president of the Council of Churches. In 1916, he sang as a bass in a mixed quartet during a memorial service at the Methodist Church on March 15, 1916.

The final portion of Thddeus' life will be presented in Part 3 next month.

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7 Reasons for Online Attendance

Michelle Alba Lim, DTM

Why would it be a great idea for clubs to consider online attendance? Based on personal experience as well as surveys and discussions with Toastmasters who have experienced clubs with online attendance, here are seven excellent reasons.

Retention—Members who are unlikely to renew due to relocation, health, or mobility issues have a much higher possibility of renewing their membership when clubs allow online attendance. This was my personal experience with Transtoasters Toastmasters, after I relocated from Salem to Sutherlin.

Recruitment—Guests and prospects are encouraged to join sooner when they know that they have the option of attending club meetings online. One such heartwarming story was shared by Lauralee Norris of Yaquina Toastmasters.

Reinstatement—Former members are motivated to rejoin when they learn that they have the option of attending online (for similar reasons as 1 and 2). Feather Tongues recovered from suspension and is now back in good standing partly due to reinstating members.

Convenience—As Kevin Birdsell, president of Feather Tongues Toastmasters enthused, “Online attendance is easier and more convenient for members, compared to using up gas and



driving in traffic. Online attendance reduces the stress of getting to meetings.” This applies not only to members but to Area Directors too, as illustrated by Area 22 Director Lisa Hendricks, who has attended Feather Tongues Toastmasters from Coos Bay (instead of having to drive to Canyonville). “I’m very pleased with virtual attendance,” Kevin added.

Innovation—“Online attendance is a fascinating new way to attend meetings as we progress in the 21st century,” Kevin noted. An unintended positive consequence of online attendance is that he has learned how to set up for online meetings (a skill he would not have learned otherwise).

Coaching—For many small struggling clubs, finding experienced Toastmasters willing to serve as coaches is a challenge. Feather Tongues has

solved that problem through online attendance. Pathways. Online Pathways Guides (OPG) helped The club has two remote coaches. One remote coach is Arlynn McMahon, Division Director in Lexington, Kentucky. The other is yours truly. Likewise, Oregon Communicators also has two remote coaches. DTM Brian Dodd from Vancouver, British Columbia and yours truly.

Pathways—And if these six reasons aren't enough, consider a seventh advantage of having online attendance. Clubs can invite experts from the district, or any part of the world, to help with Pathways. Online Pathways Guides (OPG) helped with the Pathways roll out in undistracted clubs. Now that the rollout is complete, many of them would be delighted to help clubs with anything related to Pathways. As an OPG myself, I would be delighted to help put your club in touch with an OPG.

Why wait any longer? Contact michelle@wlfcentre.com if you're interested in exploring online attendance for your club.

D7 Clubs That Allow Online Attendance

Cascade Micro-Toasters***	toastmasters.org/ Find-a-Club/06001977-cascade-microtoasters
Feather Tongues Toastmasters*	feathertongues.toastmastersclubs.org
MIME Speaks***	toastmasters.org/Find-a-Club/05249117-mime-speaks
Oregon Communicators (formerly Newberry Speak to Succeed)**	oregoncommunicators.toastmastersclubs.org
Toast of Old Town*	toastmasters.org/Find-a-Club/06636512-the-toast-of-old-town
Tower Toastmasters***	2472905.toastmastersclubs.org
Transtasters Toastmasters*	transtastertoastmastersclub.toastmastersclubs.org
Yaquina Toastmasters*	facebook.com/YaquinaToastmasters/ and ybtoastmasters.blogspot.com
Legend:	
*Currently meeting	**Relaunching in January (watch for announcement)
***Contacted but no response yet	

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Toasting Excellence Club	Casper	Savannah
West Beaverton Club	Celliere	Florence
Silvertongues	Chernishoff	Simon
Rogue Communicators Club	Collazo	Jaime
Electric Toasters Club	Conley	Andrew
University of Oregon Club	Cooke	Benjamin
Coastmasters	Cooper	Janet
Pearl District Toastmasters Club	Creten	Joachim
Toast of Corvallis Toastmasters Club	Dianni	Christine
Silvertongues	Egoroff	Mihei
WeWork Toastmasters	Ehly	Erin
Pearl District Toastmasters Club	Elliot	Wayde
Nano-Mated Speakers	Faucher	Marine
Southern Oregon Speechmasters	Fern	Michael
Vancouver Toastmasters Club	Filburn	Kari
Hood River Club	Fujikawa	Miki
West Beaverton Club	Gao	Addie
Lunch Bunch Toastmasters Club	Gauvin	Edward
Sunrise Toastmasters Club #1492	Gronborg	Jodi
West Beaverton Club	Gushurst	Eric
Lake Oswego Toastmasters Club	Hooper	Anthony
Pearl District Toastmasters Club	Horan	Kevin
Yammertime	Klocke	Christopher
Tower Toastmasters	Landron	Angel
The Dalles Toastmasters Club	Lehner	Rachel
Yaquina Toastmasters	Lehnerz	Larry
Fortunate 500 Club	Link	Martha
Nano-Mated Speakers	Lloyd	Paul
Portland Club	Malak	Hanna
Lunch Bunch Toastmasters Club	Marche-Duncan	Devin
Salem Toastmasters Club	Marquez	Alejandra
Toastmasters of Redmond	Marshall	Rachel
Bend Chamber Toastmasters	Mead	Greg
Moser Community Toastmasters	Moore	Christopher
Portland Club	Muthu	Kasi

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Sporty Speakers	Myers	Emily
Tell Me A Story	Nguyen	Nhu
Portland Club	Nolan	Sarah
Professionals of Portland Toastmasters	Oreste	Cielo
New Horizons Toastmasters Club	Pasley	Ahmad
Portlandia Club	Powers	Andrew
Portland Progressives	Pratt	Maxwell
Oregon State Toastmasters	Randolph	Marlow
Professionally Speaking	Runyan	Derek
University of Oregon Club	Shang	Fangjian
Electric Toasters Club	Shaver	Amanda
Chanticleers Toastmasters Club	Shy	Benjamin
Toast of Corvallis Toastmasters Club	Sielski	Kim
University Toastmasters Club	Singh	Neeta
WeWork Toastmasters	Somogyi	Rita
Gorge Windbags	Stevens	Michael
Electric Toasters Club	Thapa	Yam
Portland Club	Thirdgill	Liliana
Smooth Talkers Club	Thomas	Edward
Titan Toastmasters Club	Vanderpool	Skyler
Clark County Toastmasters Club	Walker	Bart
Battle Ground Toastmasters	Wallace	Dawn
Downtown Lunchbunch Toastmasters	Wilson	Daniel
Gresham Toastmasters Club	Wilson-Widdecombe	Dayv
Sporty Speakers	Zakov	Derek

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
IP2	11/28/2018	Adamski, Lauren	Clackamas County Toastmasters
ALB	11/9/2018	Akers, Traci	Audacious Orators
DTM	11/26/2018	Alba-Lim, Michelle	Transtosters
VC5	11/26/2018	Alba-Lim, Michelle	Transtosters
PM2	11/13/2018	Anthony, Joseph D.	Storymasters Toastmasters
CC	11/9/2018	Bader, Kristina	Marylhurst Toastmasters
LD1	11/10/2018	Bonney-Hill, Gloria Jill	Liberty Toastmasters
ACS	11/7/2018	Brewer, Daniel S.	Silicon Forest Club
EC1	11/19/2018	Brown, Eldred Lewis	Babble-On Toastmasters Club
ACS	11/19/2018	Burns, Bill	Moser Community Toastmasters
IP1	11/9/2018	Campbell, John	WE Toasted Toastmasters
IP1	11/17/2018	Carver, Priscilla	Tualatin Valley Toastmasters Club
LD1	11/27/2018	Chambers, John	Rogue Valley Networking
CL	11/2/2018	Claybaugh, Lisa M.	Downtown Lunchbunch
PM1	11/12/2018	Coomes, Ken	Daylighters Club
LD1	11/29/2018	Cooper, Nicole	Cascade Micro-Toasters
EC4	11/30/2018	Corbin, Tamsen Miller	New Horizons Toastmasters Club
MS4	11/27/2018	Corbin, Tamsen Miller	WE Toasted Toastmasters
MS2	11/27/2018	Cottingham, Dorothy	Cedar Hills Club
MS1	11/27/2018	Cottingham, Dorothy	Cedar Hills Club
IP1	11/26/2018	De Tarr, Brittany	Professionals of Portland
MS1	11/27/2018	Derridinger, Olivia	Cedar Hills Club
LD1	11/3/2018	Dickson, Yoshi	NoonTime Club
EC3	11/8/2018	Economy, Dean G	Southern Oregon Speechmasters
ALB	11/19/2018	Edgemon, Ronald	Capital Toastmasters Club
CL	11/16/2018	Edgemon, Ronald	Capital Toastmasters Club
ACB	11/15/2018	Edgemon, Ronald	Capital Toastmasters Club
LD2	11/7/2018	Elbitar, Nadine	Mentors Of Focus Club
LD1	11/7/2018	Elbitar, Nadine	Mentors Of Focus Club
EC2	11/8/2018	Fanning, Paul C.	Columbia Square Sqkg Heads
LD2	11/1/2018	Fanning, Paul C.	Columbia Square Sqkg Heads
VC1	11/17/2018	Glade, Syrena M.	Tualatin Valley Toastmasters Club
SR1	11/29/2018	Glassman, Rylee	Cascade Micro-Toasters
MS1	11/11/2018	Gotting, Karen	Liberty Talkers

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
EC3	11/30/2018	Hale, Charles	Oregon City Toastmasters
EC2	11/30/2018	Hale, Charles	Oregon City Toastmasters
EC1	11/30/2018	Hale, Charles	Oregon City Toastmasters
MS2	11/19/2018	Hale, Tom	Moser Community Toastmasters
PM1	11/12/2018	Hammond, Sharon Rebecca	Corvallis Evening Group
MS1	11/7/2018	Hawkins, Greg	PMI Portland Toastmasters
EC1	11/7/2018	Heitz, Nena	Grants Pass Toastmasters Club
PI1	11/27/2018	Helland, Terry	Cedar Hills Club
TC2	11/27/2018	Hillier, Ken	Evergreen Club
PM1	11/29/2018	Houghton, Daniel O.	Southern Oregon Speechmasters
CC	11/2/2018	House, Sandra Lynn	Barnhart Toastmasters
TC1	11/19/2018	HOY, NOBUKO	Clackamas County Toastmasters
DL1	11/5/2018	Huff, Ben	Newberg Toastmasters Club
ACB	11/10/2018	Inman, Naomi Ruth	Daylighters Club
EC2	11/28/2018	Innes, Kat	Mentors Of Focus Club
EC1	11/2/2018	Innes, Kat	Mentors Of Focus Club
DL1	11/27/2018	Isbell, Sarah	Rogue Valley Networking
VC1	11/10/2018	Jackson, Jan	Liberty Toastmasters
TC1	11/14/2018	Jahraus, Penny M.	New Horizons Toastmasters Club
IP1	11/28/2018	Jett, Robert	WE Toasted Toastmasters
VC1	11/27/2018	Johnson, Isaac	Battle Ground Toastmasters
EC1	11/19/2018	Johnson, Shelli Marquette	Clackamas County Toastmasters
MS1	11/7/2018	Kelley, Patricia A.	PMI Portland Toastmasters
EC2	11/7/2018	Kersjes, Theo	PMI Portland Toastmasters
EC1	11/7/2018	Kersjes, Theo	PMI Portland Toastmasters
LD1	11/19/2018	Klupenger, Chris	Mentors Of Focus Club
CL	11/6/2018	Knapton, Vicki	Downtown Lunchbunch
DL3	11/30/2018	Kolattukudy, Nisha	Cascade Micro-Toasters
MS1	11/30/2018	Kralik, Svetlana	Toast to US
DL1	11/11/2018	Kumar, Anil	Toast to US
CC	11/9/2018	Kumar, Premila	Liberty Talkers
TC2	11/27/2018	Lambert, James A.	Blue Ox Club
TC1	11/27/2018	Lambert, James A.	Blue Ox Club
PM1	11/27/2018	Lee, Maria R.	Evergreen Club

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
ACB	11/7/2018	Li, Jane	Silicon Forest Club
IP1	11/20/2018	Lira, Mark	The Dalles Toastmasters Club
CL	11/15/2018	Mahmoud, Moustafa	Capital Toastmasters Club
DL2	11/6/2018	Mandas, Christopher J.	Smooth Talkers Club
CC	11/26/2018	McCollister, Jack F.	Essayons Club
IP3	11/17/2018	McGuire, Maxwell Franklin	Liberty Talkers
IP2	11/17/2018	McGuire, Maxwell Franklin	Liberty Talkers
ACB	11/4/2018	Meuchel, Carley A	Clark County Toastmasters Club
MS1	11/19/2018	Mezentseva, Olga	Babble-On Toastmasters Club
PM1	11/1/2018	Morsi, Myree	Pearl District Toastmasters Club
DL2	11/16/2018	Ng, Ean H.	MIME Speaks
CL	11/27/2018	Nissen, Bella	Mentors Of Focus Club
PI1	11/7/2018	Nolen, Kitty L.	Mentors Of Focus Club
TC3	11/5/2018	O'Keefe, Karen	Babble-On Toastmasters Club
LD1	11/7/2018	Pashia, Eric	Bend Chamber Toastmasters
CL	11/6/2018	Pence, Brian Eric	Smooth Talkers Club
CC	11/6/2018	Penegor, Dale	High Noon Club
PM3	11/30/2018	Peterson, Kevin	Cascade Micro-Toasters
PM2	11/29/2018	Peterson, Kevin	Cascade Micro-Toasters
PM1	11/29/2018	Peterson, Kevin	Cascade Micro-Toasters
DL2	11/29/2018	Pitkin, Amber	Cascade Micro-Toasters
DL1	11/29/2018	Pitkin, Amber	Cascade Micro-Toasters
PM1	11/16/2018	Powers, Mark D	Creekside Toastmasters
EC1	11/19/2018	Quinn, Avahleen	Moser Community Toastmasters
TC1	11/7/2018	Ramachandran, Sid	PMI Portland Toastmasters
LD1	11/27/2018	Riesinger, Karen A.	Cedar Hills Club
ACG	11/29/2018	Rodke, John Russell	Gateway Toastmasters
IP1	11/12/2018	Rodriguez, Alvaro	Corvallis Evening Group
DL2	11/19/2018	Rome, Don	Clark County Toastmasters Club
DL1	11/7/2018	Rome, Don	Clark County Toastmasters Club
TC2	11/13/2018	Rone, Regina G.	Smooth Talkers Club
TC2	11/27/2018	Schaafsma, Paul	Rogue Valley Networking
EC1	11/27/2018	Schmidt, Gary	Clackamas Stepping Stones Tm
CC	11/19/2018	Schmidt, Gary	Clackamas Stepping Stones Tm
ACB	11/12/2018	Seed, Christine	Portland Progressives

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
ACS	11/10/2018	Seed, Kevin	Portland Progressives
IP1	11/7/2018	Semenchalam, Rakesh	PMI Portland Toastmasters
LD2	11/28/2018	Semprevivo, Karen Ann	Civil Tongues Club
LD1	11/27/2018	Semprevivo, Karen Ann	Civil Tongues Club
ALB	11/12/2018	Semprevivo, Karen Ann	Portland Progressives
VC3	11/8/2018	Serhan, Marvin T.	Professionally Speaking
IP3	11/6/2018	Shehorn, David A.	Clark County Toastmasters Club
LDREXC	11/28/2018	Silberg, Eric R.	Bootstrappers Club
DTM	11/8/2018	Smithrud, Carolyn F.	McMinnville Toastmasters
ALS	11/8/2018	Smithrud, Carolyn F.	McMinnville Toastmasters
LDREXC	11/8/2018	Smithrud, Carolyn F.	McMinnville Toastmasters
IP1	11/1/2018	Somasundaram, Namitha	Speakeasy Toastmasters
VC1	11/14/2018	Stagliano, Joseph Benjamin	Sporty Speakers
LD1	11/27/2018	Stampflee, Tiffany A	Cedar Hills Club
SR2	11/19/2018	Stevens, Eudine	The Dalles Toastmasters Club
PM1	11/6/2018	Sullivan, Brian	Smooth Talkers Club
IP1	11/16/2018	Syer, Brittany Paige	Portlandia Club
IP2	11/27/2018	Taylor, Emilie	Molalla Toastmasters
LDREXC	11/20/2018	Taylor, Emilie	Molalla Toastmasters
IP3	11/2/2018	Tenderella, Rachelle Lee	Coastal Toastmasters Club
VC4	11/14/2018	Thygesen, Erica L.	Clackamas County Toastmasters
ACG	11/5/2018	Thygesen, Erica L.	Clackamas County Toastmasters
DL2	11/20/2018	Tucker, Sarah	Tell Me A Story
IP3	11/19/2018	Unger, Sue E.	Clackamas County Toastmasters
DL1	11/12/2018	Velk, Chad	Mentors Of Focus Club
DL1	11/13/2018	Wagner, Aiden K.	The Dalles Toastmasters Club
LD2	11/29/2018	Wang, Richard	Cascade Micro-Toasters
LD1	11/29/2018	Wang, Richard	Cascade Micro-Toasters
DL1	11/19/2018	Wang, Sigi	MIME Speaks
VC2	11/14/2018	Wantz, James	Feedbackers Toastmasters Club
PM3	11/17/2018	West, Larry J.	Grants Pass Toastmasters Club
ACB	11/1/2018	Westphal, Nils	Communicators Plus
IP1	11/27/2018	Wolf, Brian D	Evergreen Club
LD1	11/6/2018	Woods, Joseph P.	Smooth Talkers Club

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
IP3	11/26/2018	Yagloski, Ray	Toast of Corvallis Toastmasters
CC	11/10/2018	Zavala, Roberto	Sporty Speakers
PI3	11/14/2018	Zhang, Jin Song	Silicon Forest Club
TC1	11/12/2018	Zuschlag, Ted F.	Corvallis Evening Group

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Balasubramanian, Kaushik	4	ALS , DTM , SR1 , LDREXC
Clough, Deborah E.	4	CL , ALB , EC1 , EC2
Corbin, Tamsen Miller	5	MS3 , EC4 , MS2 , MS4 , EC3
Crouch, Eddy Marie	3	VC2 , VC1 , VC3
Economy, Dean G	3	EC3 , EC1 , EC2
Edgemon, Ronald	3	ALB , CL , ACB
Fanning, Paul C.	8	LDREXC , ALS , DTM , EC3 , LD1 , EC2 , ACS , LD2
Hald, Dawnette	3	EC1 , EC2 , EC3
Hale, Charles	3	EC1 , EC2 , EC3
Hall, Robert B.	3	DL3 , DL2 , DL4
Heitz, Nena	3	PM3 , EC1 , PM4
Kersjes, Theo	5	ALB , EC1 , EC2 , ACB , ACS
Kumar, Anil	3	DL1 , PM1 , IP2
Lambert, James A.	4	TC1 , TC2 , TC3 , PWMENTORPGM
Leis, Linda K.	3	ALS , ACG , DTM
Meekisho, Anna M.	3	IP1 , CL , CC
Mills, Pam	3	ALS , ACG , DTM
Moran, Samuel H.	3	PM1 , PM2 , PM3
Ng, Ean H.	4	ALS , DTM , LDREXC , DL2
Pence, Brian Eric	3	ALB , ACB , CL

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Peterson, Kevin	3	PM3 , PM1 , PM2
Pugh, Crystal D.	4	ACG , PWMENTORPGM , EC4 , EC3
Redgrave, Cheri A.	3	DTM , SR3 , ALS
Semprevivo, Karen Ann	5	LD1 , ALB , CL , EC2 , LD2
Serhan, Marvin T.	4	VC2 , VC4 , CC , VC3
Shaw, Jo Anna	4	VC3 , VC2 , ALS , DTM
Smithrud, Carolyn F.	3	LDREXC , ALS , DTM
Spiegel, Nick	3	ALB , CC , VC2
Stevenson, Scott	10	CL , CC , VC2 , CL , CC , CL , VC1 , VC5 , VC3 , VC4
Taylor, Emilie	3	LDREXC , IP2 , ACB
Thygesen, Erica L.	3	VC3 , ACG , VC4
Tully, Kathleen	5	DL2 , CC , ALB , DL3 , ACS
Wantz, James	3	SR2 , PM5 , VC2
Welsch, P. Michael	4	VC2 , PI2 , PI1 , VC1
West, Larry J.	3	PM1 , PM2 , PM3
Wilson, Michael A	4	IP1 , IP2 , IP3 , IP4

HAPPY ANNIVERSARY TO DECEMBER CLUBS

The following clubs are celebrating their charter anniversary this month. Congratulations to all!

CHARTER DATE	YEARS	CLUB	CITY
12/1/1979	39	Arlington	Portland
12/1/1987	31	Rogue Communicators	Grants Pass



Happy Anniversary!



Cate Arnold, DTM



Dottie Love, ACS,ALS



Donna Stark, DTM



Emilie Taylor, DTM



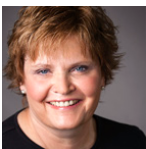
Harvey Schowe, DTM



James Wantz, DTM



John Rodke, DTM



Leanna Lindquist, DTM



Michelle Alba Lim, DTM



Moses Cherrington, DTM



Patrick Locke, DTM



Paul Fanning, DTM



Phyllis Harmon, DTM



Terry Beard

Got Magazines?

Each year District 7 distributes 400+ *Toastmaster* magazines to potential members as part of the District mission to build new clubs and support all clubs in achieving excellence.

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