

A LEADERSHIP DISCUSSION

PAGE 6

Volunteers

Needed

Conference Committee

volunteer benefits

- Work with a team
- Share your skills and expertise
- Develop event planning skills
- Practice leadership skills

committee members will

- Serve on the subcommittee of their choice
- Participate in online meetings

Sign Up Today!

Leanna Lindquist, DTM, Conference Chair • leanna.lindquist@gmail.com • 503-317-0322

Works of Art

Phyllis A. Harmon, DTM
Editor/Publisher



I'm pleased with this month's issue of *Voices!*

I get great pleasure turning your articles into works of art. I can spend hours searching for the perfect graphics or turn of phrase to bring your text to life. Perfectly placed prose is more than just slapping words into a column template. It's like turning a raw canvas into a Vincent Van Gogh or Rembrandt. If the layout and accompanying graphics are pleasing to the eye and support your message, then your audience will find joy in reading what you've written.

But there is more to creating a work of art than a pleasing layout and graphics. Grammar, punctuation, and the rules of the language provide the vehicle for delivering your message. A well-crafted sentence can evoke emotion, memories, and inspiration. One of my favorite quotes from Michael Notaro, Past International President, is an excellent example of the power of a well-delivered message:

"Words count and ideas matter. What you say and how you say it is simply too important to leave to chance. What you say and how you say it determines whether ideas flourish, die or live to fight another day. What you say and how you say it shapes your hopes, your dreams and yes, even your destiny."

My gift to you lies within the marriage of your thoughts and calls to action and the layout and design of the page. Together we've created works of art that are shared with the world.

It doesn't get much better than that!

EDITORIAL

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TOASTMASTERS
INTERNATIONAL

VOICES!

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A hand with a silver watch and a ring reaches out from the left side of the frame towards a rough stone wall. The background shows a building with a dark roof and green foliage at the top.

A LEADERSHIP CONVERSATION

Patrick Locke, DTM

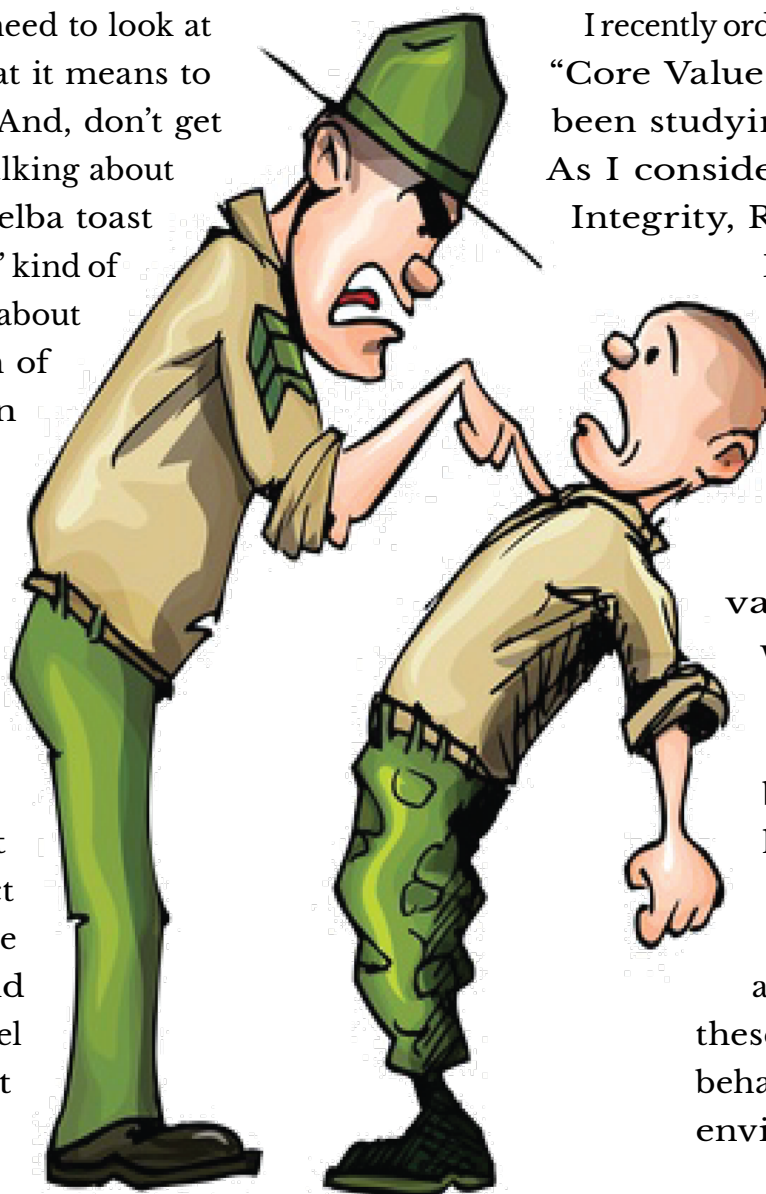
In recent years I have come to question my core thinking about leadership. Most of my working life has been spent in the construction industry and the military. Having been trained in the construction environment from age eight by my dad, who had spent six years in the Army during WWII and had grown up during the depression, I was on my way to strict hard nosed leadership.

When I was drafted during the Vietnam War, I seemed to have fallen right into the old military mold, which included a big mouth and a big boot. And let me tell you, I had no challenges with either. If you didn't do what I said you got a big mouth in your face and that big boot placed strategically where you sit. When I think about those days now I have no idea how I got away with such behavior. But, that was old school leadership. Oh, I understand how there was a need in some situations. Take for instance a military unit in a combat situation. I never sat around considering options, asking questions like, "what do you think we should do guys?" Not at all, time and action were critical to staying alive. Orders are issued and men moved, lives were at risk.

In today's world though, leadership has taken on a very different value. Even the military has changed the way they train leaders. The loud mouth Sergeant has given way to a more people

oriented team builder approach. From the get in your face, “do what I tell you” attitude, to an organization who prepares leaders to identify and develop talent has made a big difference in the “All Volunteer Army” of today. A leader, who has developed the ability to gain trust, is willing to deal with the tough questions, who is committed and accountable inspires people to action and gains results. Wouldn’t you rather be led by someone who knows where they’re going? This thinking about leadership has been transforming businesses and organizations world wide. If we want to be effective leaders in today’s world we need to look at and understand what it means to lead people, today! And, don’t get me wrong, I’m not talking about some willy nilly melba toast “please please do this” kind of attitude. I’m talking about developing strength of vision and mission with the ability to convey those values to people in such a way that they believe, that they understand “why” we must take action toward a chosen goal.

Let’s talk about values. Values impact everything we do. I’ve come to understand values at a deeper level in recent years. But back in my old days,



I was far out of touch with positive life giving values. Everyone values something in life, our family, our job, where we live, and the list goes on, doesn’t it? Let’s apply the values idea to Toastmasters, that’s something we all have in common. Looking at Toastmasters from a member perspective, let’s consider how values mold our behaviors which move us toward getting what we came for. The first level of leading is self-leadership. The big question I ask myself as a member is: What are the behaviors (values) I must exhibit in order to succeed in this program?

I recently ordered a set of Toastmasters “Core Values” coins because I’ve been studying leadership values. As I considered these values of Integrity, Respect, Service, and

Excellence, I could see

how they correlated to behaviors. What, I thought, are the behaviors that these values translate toward? How do these values contribute to what I gain from the Toastmasters program? These are questions I began to ask myself as I learned more about the leadership side of the program. Think about a club meeting and how these values translate into behaviors which create the environment of learning

where everyone can grow and increase their skills. As I'm sharing my interpretation of these values consider your personal interpretation. Integrity; as a member leading myself I see this as taking responsibility to show up on time. Showing up on time means arriving about fifteen minutes prior to the meeting start time. Why? There may be changes to the agenda. Someone may need a little help setting up. There may be a guest who I could help. There may be any number of situations that could make the meeting just a little bit better because I arrived early, this takes integrity! This may be interpreted as respect as well. Being there, being available, being ready to jump in, and participate. That is respecting other members time and commitment. How I interact with members and guests during a meeting makes a difference also. To have a mindset that respects people regardless of where they come from or what they know or do. When club members demonstrate true respect for each other, the culture of the club will reflect positively and draw guests to join. Think about what it means to be of service? Do you like doing things for people, little things that make a difference—greeting guests, greeting fellow members, remembering names, asking a guest how to pronounce their name properly, bringing someone a cup of coffee, being available to answer questions for a guest? So many times it's the little things that make a difference, showing someone you care. To these values of integrity, respect, and service you add the value of Excellence, doing the right thing well. This equation is a recipe for a solid Win, Win situation.

Remember leadership begins with a personal



commitment to the values of integrity, respect, service, and excellence. “How Leaders Are Made” begins at the member level, “Where Leaders Are Made” begins in your club. “Why Leaders Are Made” is for the quality of our future.

During this coming month look for ways to exercise and develop your values of Integrity, Respect, Service, and Excellence in everything you do. I would love to hear your comments. My plan is to incorporate your comments and ideas regarding leadership into future articles. Talk to me about Integrity, and what Integrity means to you? How have you found ways to demonstrate Respect? How are you Serving your club and other people in your life? What does Excellence look like to you from where you stand right now? How will your experience of Excellence move you forward?

Patrick Locke joined Toastmasters in 1985 and earned his first DTM in 2015. He is currently a member of Early Words in Longview, Washington. He has served his club in several different officer roles over the years. Patrick has served District 7 as a current and past area director and club coach for several clubs. Starting in September, Patrick will be a contributing columnist to Voices! Look for his column Locke on Leadership.

Bridges

John Rodke, DTM - District Director

Bridges are feats of architectural triumph that link two spots that would typically be impassable or very difficult to go between. These fantastic structures, if built well, stand the test of time. Chinese, Greek, and Roman bridges have been used daily for thousands of years! Bridges are not just made of wood, iron, or stone, they are also made between people by people. Interpreters, teachers, and leaders all bridge the gaps in our understanding. These amazing individuals bring us over the chaotic waves of learning to the steady ground of competence because they are willing to share their knowledge and coax us along. As Toastmasters, we are bridge builders within our community. We help our members find their voices and share their stories as leaders. These leaders go outside of Toastmasters and are/become the critical bridges in their careers, families, and volunteer organizations. I ask you to think about what you are generating the next time you mentor a member. You are a bridge with a positive impact that can potentially last thousands of years.

We are calling for four more bridges as Area Directors. If you are up to helping create a lasting

legacy of leadership and learning, while having fun along the way, please let me know.

Many of our members are heading to Chicago for the Toastmasters International Convention on August 22nd. If a member of your club is attending, they can be your designated proxy for electing our new slate of International Officers. If you do not have a member of your club attending, I can be your bridge/representative if you designate it on the proxy form.

An enormous thank you to our Area and Division Directors and their teams for putting on officer training. They have done an excellent job of providing the information we need to have a successful year and answer the “WHY” of each of our members by providing positive value to each member, at every meeting, and helping them thrive.

My fellow bridges—fellow Toastmasters—I encourage you to dive into your “WHY” and enjoy spanning your unknowns and bringing our fellow members along for the journey.



WALLMASTERS INTERNATIONAL

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6:35 - 7:45 am - Fridays

Symposium Coffee

12345 SW Main St, Tigard, OR

cleon.cox@frontier.com

**Mastering communication
and leadership barriers one wall
at a time**

Play Like a Kid

Emilie Taylor, DTM
Program Quality Director



School is about to start for the kids. We are all kids at heart. Many kids look forward to school as they learn and grow more confident in learning new things. Play is a way of learning. When learning through play we have more fun. We have now a new learning experience.

The Pathways learning experience, our brand new educational program, is truly changing lives. Have you chosen your Path? These past several months, I've heard comments from our members about how Pathways has ushered in a new way of looking at the world. Their excitement is palpable, and it makes me happy.

It makes me happy because taking on a new challenge changes us for the better. One member shared her hesitation to be socially connected, yet her business needs the exposure. Building a social media presence when you are not socially connected can be daunting. Pathways has given her the push needed to start on this path. Another member shared her expertise on how to make a vblog (or video blogging) in one of my clubs. I was pleasantly surprised how simple it was when you have the right application. I wouldn't have known had I not listened to that presentation.

What about you? Are you still on the fence? What are you waiting for? Take the plunge, take

the assessment, and be positively surprised!

Do you Remember when you were a kid and learned something new? Do you remember how excited you felt? Bring your kid at heart into new experiences and see great things happen.

Update on Club Officer Training

A big shout out to all our club officers who attended makeup training. Thank you! It's not too late if you haven't. We have several training dates posted on our [District Calendar](#).

Thank you to our Area Directors and Division Directors for organizing and coordinating these makeup trainings. We truly appreciate your service.

Chicago Convention

I am heading to Chicago with John and Cate this week to attend the Toastmasters International Convention. I am excited to go and am looking forward to connecting with other district leaders to learn new ideas that I can bring back to our District.

Have a great August! Enjoy every bit of it! Be a kid again, invite a friend or two to play and share a Path with you

Leadership Opportunities

Cate Arnold, DTM - Club Growth Director

I'll never forget the day I met with Phyllis Harmon (at her suggestion) to look at what I had done so far in Toastmasters. Somehow, I had been a member for 6 years and never recognized what the Distinguished Toastmasters award was. When she showed me how much I had already completed and what it would take to finish the requirements, I was inspired. As I finished my first DTM, I realized how much faster I learned about being an excellent speaker, team member, and leader. Now I'm hooked; I have 5 speeches left to finish my second DTM, and I'm well into a third in Pathways.

A significant opportunity to strengthen my leadership skills is before me now as this year's Club Growth Director. My most important responsibilities are to help form new clubs and help clubs with 12 members or less retain their members and gain new ones. I need to find and

train other Toastmasters willing to increase their leadership skills by stepping up to help. It is a daunting job!

One of the requirements to become a DTM is to serve as a Mentor or Club Coach. Our goal is to charter at least 12 new clubs this year. We need mentors who can commit 6 months to help these new clubs learn how to conduct effective meetings, train officers, and use the Distinguished Club Program to keep members learning and the club growing.

Club Coaches work with existing clubs who request help. The objective is to increase membership by at least 5 members and achieve Distinguished Club status within a Toastmasters year. We have over 50 clubs that are eligible for coaches.

Please consider becoming a Mentor or Club Coach this year! Our district needs people

willing to step up and help these clubs. You have the opportunity to increase your own team building and leadership skills as you breathe life into a club that is either new or in need of new energy. It is such a win/win! If you are interested, please email me at cgd@d7toastmasters.org

I look forward to growing with you this year!



Whoda Thunk It?

Susan Ellsworth, DTM



A friend of mine once said “Whoda thunk it?”

Two years ago, who would have thought that the online community would include:

- Twenty (20) chartered online clubs, including one specifically organized for DJs and Masters of Ceremonies. Clubs with names such as “The First Arabic Online Club In the World,” “ABLAZE,” “Buddies” and “Bowh Alkalima For Ladies.”
- Ten (10) registered prospective clubs.
- Several online clubs presenting standalone sessions about the online experience.
- A collaborative of online clubs with more than 200 members.
- Members helping members learn how to build more online clubs.
- Six members of online clubs—some members with extensive Pathways experience—helping to present an experimental symposium on various topics such as conflict resolution and other Pathways topics.
- Group membership in the Online Toastmasters Resources FaceBook group founded in April 2014 with 3,100 members
- A Pathways Discussion Forum with nearly 6500 members, including most members of the online community.

- ZOOM, a highly popular video conference application, now not only being used by the online clubs but by other Toastmasters International organizational units.
- Lively discussions about possible online club officer training, and what our Toastmasters organization would have to do to permit Districts to present it without asking World Headquarters for permission to do so.
- Lively discussions about Districts allowing undistricted club officers to attend their club officer trainings.

Whoda thunkit in July 2015 that Pathways and the online clubs community would have had such a dynamic impact on each other?

Not me. Not by a long shot.

Susan Ellsworth is one of the pioneers of the online club movement that began with the Board of Directors decision to admit online clubs to the Toastmasters community. She is a charter member of two online clubs, Firebirds Collective and Great White North Online Toastmasters which she founded. She has served in various club officer positions in her clubs. She is a frequent contributor to Voices!

New or Old . . .

Feedbackers

Improves Your Game!



Toastmasters Evaluation Workshop Club

Join Us - Visitors Always Welcome!

7:30-9:00pm every 2nd Wednesday
Providence St. Vincent Medical Center
9205 SW Barnes Road, Conf Rm 20
Portland, Oregon 97225
feedbackers.toastmastersclubs.org

How to Create a Facebook Page

Lauralee Norris, IP3

Public Relations Manager

My name is Lauralee Norris, and I am the Public Relations Manager for 2018-2019. This month, I will be talking about how to create a Facebook page. This helps you to reach out to your community, and create awareness about your clubs. The first thing you need for a Facebook page is your cover photo and profile picture. This should show who you are as a club, such as a group photo.

When you start a page, you will need to fill out the About Section, which includes both your general information, as well as who you are. You can start with when your club started, and you can also add the Toastmasters slogan

“We empower individuals to become more effective communicators and leaders.” This is also the place for you to put when and where you meet, as well as who your club is open to.

The last item, when creating a Facebook page, would be to invite people to visit your page. This is important because it begins to build momentum on your page, as well as awareness. Your first goal as a page is to get to 20-page likes, where Facebook will congratulate you for reaching your first milestone.

August's PR Mission:

1. Create your Facebook page
2. Add a cover photo and profile picture
3. Fill out the About Section
4. Invite people to like your page



TV Toastmasters

Promoting Your Club in the Portland, Oregon Metro Area



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POTENTIAL UNLEASHED!

2019 DISTRICT 7 TOASTMASTERS CONFERENCE

Keynote

Dana LaMon



Author

Accredited Speaker

Motivational Speaker

World Champion Public Speaking

**Tickets
on Sale
January 1,
2019**

APRIL 26 - 27, 2019

Camp Withycombe, Clackamas, Oregon

Call for Speakers

Are you a dynamic, engaging presenter? Do you have a topic related to communication, leadership, or personal development that others could benefit from personally or professionally?

Speakers at the Toastmasters District 7 events are afforded the opportunity to speak for an hour to a diverse audience. If you have what it takes, [click here](#) and tell us about your proposed session.

Deadline: October 15 , 2018

Straight Talk

Terry Beard

Straight Talk as defined by the dictionary is speech which is very honest and direct. When we share “straight talk” with one another, we build bridges to better communication and better relationships. In my youth, I grew up going around and around the mulberry bush never knowing if I was getting the runaround or hearing “straight talk.”

I would like to suggest that many of us have grown up and are living a life of getting the runaround and not knowing what to believe.

When we are not direct and honest with one another, we create an environment, which is uncomfortable and unclear at best. In many situations when we receive less than straight talk, lack of clarity gnaws and erodes at our confidence and self-esteem. It has taken me many years to break away from those who were giving me the runaround, delivering less than “straight talk.” Once I learned that I was entitled to “straight talk,” I demanded it. As I came to more and more fully appreciate the power of “straight talk,” I have vowed to empower others with “straight talk.”

In return, I know when I am on the receiving end of “straight talk” or not.

My style has been met at times with mixed reactions, by those who are not guided by “straight talk.” But those who operate by being “straight talkers” help one another to save time and energy by not wasting time scurrying around in cul de sacs. When the student is ready, the professor appears!

Fortunately, I learned about kaizen from Dr. Richard. Kaizen is the Japanese word for “continuous improvement.” Kaizen is ongoing personal growth and development of oneself—from the CEO of any company to the assembly line workers. From all ranks in any company, organization, or institution, it is essential for everyone to take responsibility and ownership of their personal growth and development.

When we share “straight talk” with one



another, we empower one another. We are being validated by someone caring enough to be honest and direct with us—all within the guardrails of civility. The more that we are honest with ourselves first, the more we can be honest with one another.

“Straight talk” is a gift of the highest magnitude. The contribution of “straight talk” becomes even more significant when we share the bountiful harvest with others. People often tell me that they appreciate that I have given them “straight talk.”

In reviewing a business plan or sharing an experience where I have so much experience, it saves others time from traveling down a wrong path, by providing a suggested course correction. Often, I hear from people that is so refreshing to receive direct and honest feedback.

Passing it on to others!

Twelve months ago, I was visiting with a person that I had recently met. Zach is a young, smart, and confident young guy working in a Fortune 100 company. Over the last 18 months, Zach has received three significant job promotions. He and I were chatting one night after work, and I detected that he was well-educated but was not too excited about public speaking. Zach already recognized that public speaking was going to be a skill which was essential to his career. He acknowledged at some point that he would like to join Toastmasters.

With our vast difference in age, I soon became his friendly uncle. I used “straight talk” and strongly suggested that he develop the skill of public speaking. I suggested to him some recommended reading to get him

ready for Toastmasters. We shared the benefits of improving the essential skills of public speaking. In our conversation, I shared with him what I have learned from Warren Buffett, “Public Speaking Hikes Your Value 50%.” Zach, responded, “Wow!”

As Zach and I continued our conversation, I shared with him what I had learned, continue to learn, and the fantastic benefits from developing my public speaking skills. With his dancing eyes and broad smile, I had motivated and inspired him to give a little more thought to joining Toastmasters.

Over this last year, Zach and I have had a few more conversations to more fully develop our friendship and my “public speaking” mentorship. My “straight talk” has not alienated Zach, to the contrary. Our first few conversations drew him in to learn more about what he needs to do to develop the essential skill of public speaking. Most recently, Zach and I were at an after-work gathering, when he described a most exciting work situation which emerged for him. He shared with me his latest big promotion.

Zach is the top engineer at the Fortune 100 company, which has placed the responsibility on him for all of the company’s online sales. Zach recognizes with his latest promotion that there are a lot of opportunities and a boatload of obligation. We talked about kaizen, public speaking, and the list went on. Zach is 25 years of age, he fully appreciates his station in life, and is grateful to those that have helped him by allowing him to stand on the shoulders of others.

The largest supplier to the company that he works for is in New York City. This New York

company has asked Zach to make a presentation to a massive crowd at their headquarters. As I heard the story, the request of Zach, to speak in New York, I said, “No, you didn’t say no to the invitation to speak!” I received a sheepish smile from him, yes, and I will go to Toastmasters. Let’s get started and get you ready for the next invitation to speak, no more excuse making to avoid the podium at center stage.

Zach, I asked, “May I please give you a little more ‘straight talk?’” With your skills, expertise, charm, and pleasant personality, once you develop this essential skill of public speaking, you will be going to the top of any organization. It is up to you. He agreed. Zach, I will take you by the hand to Toastmasters, and in time, you are going to be an excellent speaker, the best storyteller. You will then have the skill set that you will share with others with whom you work. The next time New York calls, you will be ready! As we were talking, Zach mentioned to me that

his whole team needs Toastmasters. We laughed. “First, may I suggest that you, Zach, you become a public speaker, and your team will follow in your footsteps. Your staff will admire what you have accomplished, and say, if Zach can do it, I can, too.” Leadership!

Zach and I are off to Toastmasters.

Terry Beard initially joined Arlington Club Toastmasters in 2001. He co-founded Portland Rotary Toastmasters in 2015. Terry is the author of Squelched - Succeeding in Business and Life by Finding Your Voice, published in 2017 and available on Amazon.com. Visit his book website at squelchedbook.com. You can reach him at terry@squelchedbook.com.

Terry Beard



The Art of Story

***B**reathe life into your story—Learn
how at a Toastmasters storytelling
club near you*

Gateway Toastmasters
Eugene, Oregon
Click [here](#) for website

Storymasters
Westside - Portland, Oregon
Click [here](#) for website

Tell Me a Story Toastmasters
Eastside - Portland, Oregon
Click [here](#) for website



Positively, The Wheel Truth

Carley Meuchel, CC

Hi, my name is Carley Meuchel. Cerebral Palsy has impacted my life from birth and leaves me with using a power chair for mobility. When I was born, nobody knew what kind of opportunities or challenges that would come my way. My daily life and death was in the balance until I was about 5 years old.

My parents faced constant difficulties. Over the years, it was hard for me and my parents to plan for my future not knowing what it would hold. Despite the hardships there were joyous times as well. I was able to attend regular education classes. I graduated from high school in 2006 and went on to college. College brought its own unique challenges and I persevered to conquer my challenges and overcame those limitations. I graduated with a degree in Early Childhood Education.

Now, the quest for employment had started. And this was a nightmare within itself. Trying to find employment with a disability doesn't mix well with reality. Truth be told, employee limitations whether physical or otherwise, challenge potential employers too. The facility and physical limitations, as well as legal issues conspire to restrict employment opportunities.

During my employment search, I called upon a disability employment support agency, but to no avail they couldn't help either. Again, I persevered on my own until I secured my job as a pre-school teacher through the connection of a friend. I'm happy to share that I'm now headed into my fourth year of teaching pre-school!

My own experience and my independence inspire me to help others be all that they can be. I've learned to open myself up to success along with failure while building my confidence and achieving my heart's desire.

I've long been an advocate for speaking up about various disability issues at community events. I've discovered within the past 2 years that I'm intrigued with the possibility of becoming a professional speaker. I know I could build a life around this opportunity. This new direction has required more from me than just passion and drive. This "newly discovered me" is about commitment and dedication.

A friend who's a professional speaker recommended Toastmasters to develop my craft, to purpose my passion, and to direct my energies. Toastmasters afforded me the opportunity to develop my speaking ability and explore the



“new me” while I continue to become not only a speaker, but a leader as well.

Toastmasters was the first stepping stone I needed to be where I am today. I’ve developed a social media presence and created a following that’s helping me build my business. I’m proud to say that Toastmasters was only the first stop to making my dream more and more of a reality. I’ve been able to expand my community, share my knowledge, and write a different story with different entrepreneurial groups, speaking

communities, and so on as well. Toastmasters gave me the confidence to do this. I’m grateful to Toastmasters for giving me the opportunity to spread my message of positivity while finding joy in the small wins while overcoming limitations. This is The Wheel Truth.

Carley joined Clark County Toastmasters in July 2016. You can find her at <https://carleymeuchel.com/> and <https://www.facebook.com/speakingirl1/>

You Already Know Russian

(A Posthumous Thank You)

James Wantz, DTM

“You already know some Russian—you just don’t know you know it,” Professor Leddusire said on the first day of college Russian 101.

Forty sets of skeptical eyes watched him as if he were a tame bear that could become wild at any moment. And in fact, he did resemble a bear. Not the big grizzly bear, but more of the lovable brown bear.

“Everyone yawn!”

This was new. I’d heard some professors were yawners, but rarely did they invite editorial comment this early or openly. Some students yawned with enthusiasm—it was an 8 a.m. class after all.

“Now, cut off the first syllable and you have your first Russian word: ya.” He wrote the accompanying Cyrillic letter on the board—a backwards R.

“Now everyone sneeze!” We did—with better participation. “Hachoo! That is the second Russian word.” He wrote something on the board that was not readable.

“Great! First pop quiz of the class: what is the name of Dick and Jane’s dog?”

“Spot!” a voice erupted from the back.

“Exactly! That’s the third Russian word: spot. Now we put them all together: Ya hachoo spot.

There you have it. Repeat after me.”

We did.

антиква
рукописная

абвгдежзийкл
мнопрстуфхц
чшщъыьэюя

“That means: ‘I want to sleep’ in Russian! See I told you. You already know some Russian.”

That day was fantastic.

He lit a fire under me for the Russian language. Frankly, he could have been teaching anything



and inspired me; he was that good. Professor Leddusire loved teaching and learning; he infected his students with his passion. I went on to take 2.5 years of Russian language (and was planning a Russian language minor) based on how much he inspired me. I was going to speak Russian fluently, work in the Department of State, and be a diplomat.

Well . . . it didn't quite work out that way, I dropped out after 2.5 years. Six years after taking my first class I decided to visit my former professor. It was 1995, I was traveling, and the school was close by. I was so excited!

I entered the school of foreign languages – an old Victorian style house that was converted to offices. It smelled the same: musty books, dusty carpets, and fusty professors. I stared at the stairway leading to his office. Suddenly, I didn't want to do it. What if he wasn't there?

"James? James Wantz?" a female voice said to my right.

I turned and saw one of my first friends at college—she had hardly changed. "Mel? Wow, it's great to see you!" We'd lost touch over the years. "You still here?"

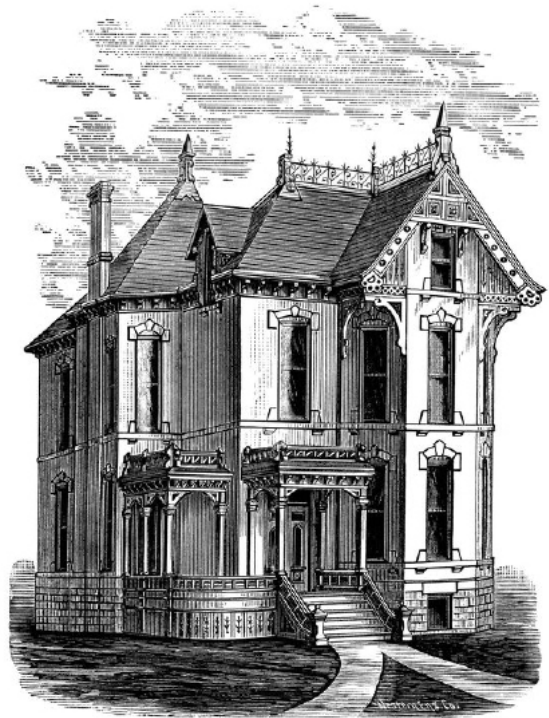
"Yeah, I'm finishing a makeup final, but I had to take a break. It's for my latest degree. Yeah, I keep collecting them. What are you doing here?"

"I'm here to see Professor Leddusire. I was in town and popped over to visit the school."

We talked for a few minutes before she had to return to the test. Talking to her gave me the strength to climb the stairs to say hello. She said he was in and that this was his office hour. I was fortunate.

18 steps later I was at his door. I knocked.

"Come in."



I opened the door to the office that I had spent years of classes in – the advanced Russian classes had between 8-10 students, so we met in his wonderful, book lined office.

"Hello," he said, "May I help you?" He looked the same: tweed jacket, sweater vest, rumpled slacks and big glasses.

"Hi . . ." I was going to introduce myself in Russian but couldn't remember the right words. I didn't want to get it wrong. "I was one of your students three years ago."

"Oh, you were," he smiled. "Eastern European Literature?"

"No, Russian. I was here for almost 3 years."

"Oh—I don't remember you. Did you just take the one class?"

My heart was sinking. "No, I took many of your classes."

As important as he was to me, he didn't remember me. We talked only a minute more. I was crushed. I went back to my car and drove away.

Years later I began to understand.

“James? James Wantz?” It was a female voice.

“Yes, hi! What can I do for you?”

“I’m Kris. Do you remember me? I saw you at the conference when you did the melodrama piece, at the district speech contest with that wonderful cat speech, at TLI in January when you talked about the President using pompoms. I’m your biggest fan. You have inspired me so much. I’m going to be an Area Director this year, and I have you to thank.”

“Wow! Thank you, Kris.”

We talked for 15 minutes. She was so pleased to finally talk to me. I was stunned that I had a fan.

“I love how passionate you are when you speak. I love listening. . . and I learn so much.”

After she walked away I wracked my brain for any inkling of who she was. I was flabbergasted. How could someone that was so inspired by me be a complete stranger?

Then I remembered Professor Leddusire—and I understood. I’d assumed that because he was so instrumental in my life that he would remember me.

It was a good lesson to learn. No matter what our passion is, we rarely know how sharing that passion with others will change their lives. The Prof was a dynamic force—his passion became my passion—but he didn’t know how important

he was to me . . . because I never told him!

I am thankful to Kris because she did what I could not do. She told me what I inspired her to do. I never told the Professor how he inspired me—I was too stuck on the fact that he didn’t remember me.

Is there someone that was positive and instrumental in your life? Is there someone that inspired you to try something you never would have? Is there someone who is so passionate about something that they infected you with the same passion? Is there someone who inspired you that is going through a rough patch of their own right now?

If you answered yes to any of those questions, then tell them!!

Thank those that inspire you. Let them know that their efforts to inspire others worked. Believe me, you will make their day! And please don’t be like me. Don’t let the possibility that they won’t remember you keep you from telling them how important they are to you.

Also, if you think that you aren’t having a positive impact on anyone despite all you do, just remember that often those we impact for good will be entirely unknown to us. Be passionate for passion’s sake.

And finally, a posthumous thank you to Professor Leddusire. You inspire me today.

No matter what our passion is, we rarely know how sharing that passion with others will change their lives.

On the Rim of the Acronym

B. Lee Coyne, ATMS



For those of us in the word herd who indulge in Scrabble play or are otherwise engaged in doing crosswords, do take heed!

The acronym gives you access. That trade secret points us to the Word of the Day for extra fodder. Simply deploy its assorted letters and make that into a coherent construct. It can be a guide. Take the word Cool as an example.²

C can point to Creativity. That be the power to transform your concept into a fab speech framework. Brainstorm—without thunder.

O offers us Opportunity to learn new roles and be more proficient. Can you effectively run a meeting? Do a grammar check on a colleague?

Evaluate a peer's icebreaker while playing it cool? Ah yes—go tell our Ah Counter. In counterpoint!

O lurks on the horizon.

Make that one go for Options in selecting which advanced booklet you want to pursue. Far better to hone than to groan. Latent talent may yet morph forth.

L concludes our acronym format.

Let that represent Liveliness in delivering your tantallizing talk.

Voice variety readily surmounts monotone. Eye contact focuses directly to awe our audience. Rich vocabulary lends vibes to a vivid style orator. An injection of humor makes the message more human for all concerned.

During the heat of summer, be sure to “play it cool”. Toastmasters are there to chill out and share their ongoing warmth!)

Put Your Hands on the Table!

Phyllis Harmon, DTM

One of the first lessons we learn as Toastmasters is what to do with our arms and hands when on stage. Our pesky appendages can either help or hinder our presentations. Body language (we are told) makes a big difference in whether we appear confident or nervous. Some say to keep our arms neutrally at our sides unless we need to use them to make a point.

Additionally, the etiquette police dictate that while seated at a table, we keep our hands “at rest” in our laps unless we are using them for eating or drinking. No elbows are allowed on the table per my etiquette-enforcing mom.

All the “do’s and don’ts” of arm use create a bit of a conundrum when you appear on camera, seated at a table.

Imagine a shooting gallery at the fairground. Your goal is to shoot as many targets as possible to win the big stuffed teddy bear. The target flips up and you try to hit it. Up and down, up and down the targets go! If you were coordinated, and a good shot, you walked away with the prize. In the studio during an on-camera interview, think of your hands as the target, and the camera as the shooter.

If you’ve listened to your mom and taken the advice of well-meaning Toastmasters to heart, you’ve got your arms at your sides and your hands in your lap. Up they come, down they go as you make a gesture during the interview. The

camera catches them briefly, and then they are gone—again—time after time. And if you use quick, darting gestures, the camera captures your movements as a blur.

The poor camera operator has two choices when your hands make sudden appearances. They can either switch to a different camera taking the focus away from you, the speaker, or change to a close up so that your hands are never in the shot. What they don’t want to do is constantly change the shots to salvage their recordings.

Here are a few ideas to keep you framed in the shot when you are in front of the camera and keep your camera operator from running for the nearest exit:

1. Rest your forearms (not your elbows) on the table. That keeps your hands available for gesturing and visible to the camera.
2. Clasp your hands loosely if you wish. That keeps them contained but ready when needed.
3. Keep your gestures semi-tight and controlled. Large, sweeping arm movements won’t be captured in the frame and won’t be seen by your audience.

That’s it! Nothing too elaborate or earth shattering. Mom and the etiquette police will let you off with a warning - after all, you are the star of the show, and we have the footage to prove it!

Ralph Reynolds Charter Member Club #31

Harvey Schowe, DTM - District Historian

Ralph Reynolds, a charter member of Portland Toastmasters Club #31, was born on March 14, 1886, in La Grande, Oregon. He attended grade school in La Grande and high school in Baker City, Oregon from 1901 to 1905. He attended Oregon Agricultural College (OAC). He was a member of The Amicita Society, a literary society founded in 1895 where he was involved in oratorical contests and debates.

Reynolds served on the OAC yearbook committee for 1907 and 1908. He was a captain of Company D of the cadet reserves First Battalion unit at OAC.

In 1910, he became a farmer in La Grande, Oregon and married Vista Kerr an OAC student.

After graduating with a degree in agriculture, he continued his studies with a masters' degree in Agriculture from the University of Wisconsin. He moved to Corvallis, Oregon where he worked for the OAC extension service as an assistant professor in animal husbandry in 1916.

He and his family moved to Cheyenne, Wyoming for a county agricultural agent position in 1917. He then worked for the USDA Bureau of Markets Livestock and Meats starting as an assistant in marketing.

In 1921, he took a salesman's job with Hinman Silo. In 1924, Reynolds became an insurance agent for New York Life Insurance Company in

Denver, Colorado.

In 1927, he moved to Portland, Oregon where he became a supervisor for Aetna Life Insurance Company. He worked there until his retirement.

Reynolds never lost interest in farming. During the Depression, he was a surveyor for farm mortgages in La Grande and other Oregon counties. This survey work was connected with the Oregon State University (OSU) agricultural economics department. He managed a WPA project to restore depleted farmland in Jefferson County, Oregon. In 1937, he was the State Secretary and Organizing Director of the Farm Bureau.

During 1934, Reynolds joined Portland Toastmasters as a charter member. His participation in Toastmasters after 1936 remains unknown.

He returned to life insurance underwriting in 1940. In 1941, he was Oregon State College Alumni Association vice president and was elected president in June 1942. He joined the Portland Underwriters club and became president.

On November 21, 1967, he died in Portland, Oregon and was buried at Riverview Cemetery. At the time of his death, he was a member of the Men's Garden Club.

Gina Rone, DTM - Making a Difference

Leanna Lindquist, DTM



Gina Rone joined Toastmasters in January 2005. She served as Division Director for District 15 in 2015. Her Division included 26 clubs across 6 Areas in and around Boise, Idaho. She helped her Division reach Presidents Distinguished status. Gina moved to Lakeview in 2015. Lakeview has a population of 2,321. It is a three-hour drive to the nearest Toastmaster club.

What brought you to Toastmasters?

It was a New Year's resolution. Those usually don't work well but in this case it was not a difficult one to keep—and I'm still at it over 13 years later. I remember seeing an ad for Toastmasters in the early 1990s for the first time when I lived in Tennessee. I laughed because I pictured people getting drunk, toasting each other at their weekly gatherings. Fast forward another decade and I overheard one of my co-workers saying "I'll be back after lunch, I'm going to a Toastmasters meeting". I thought wow, was she part of this drinking conspiracy? At lunch time? Afterwards I asked her to tell me more. She invited me but I never found the time and courage until a few years later.

What is your profession?

I am the Forest Soil Scientist for the Fremont-Winema National Forest in south-central Oregon.

How do you apply your Toastmaster skills outside your club?

Every day, all the time. I think that goes for all of us unless you live in a cave by yourself. Daily interactions at work, at home, and wherever else forces us to talk, listen, ask questions, or provide answers. Obviously, nowadays a lot of communication is done in writing as well. Personally, I find that Table Topics have helped me tremendously, especially at work during daily interactions. Just take a job interview for example - Table Topics on steroids. It's the little things, however, that I'm grateful for, and that includes being more aware of my um's, ah's, and fillers.

What makes your club unique?

A room full of men dressed in blue with a red logo on their clothing that states: Warner Creek Correctional Facility makes my club unique when I go to prison every Monday night. The meeting of Smooth Talkers in Lakeview, Oregon is one of only a few non-religious services provided in this minimum security prison. For 2 ½ hours, we are all equal, we are Toastmasters. There is a great underlying pride for many of the members, including myself, to be part of

something more than just being a Toastmasters club. It's a sense of hope, a ladder to hold on to that can take all of us towards a better place.

Challenges that a normal club has are amplified. The simplest things, like using props, PowerPoint, collecting dues, e-mail communication, etc. that I've taken for granted in the past are very complex or cannot be used. However, challenges present opportunities. When we get creative and work through them, it is very gratifying.

For example, we are now holding our own speech contests where we connect live via TV conferencing equipment between several Oregon prisons, including some that fall into Districts 9 and 15 (Pendleton and Ontario area). My dream is to have all District 7 prison clubs connect one day to hold a speech contest. Better yet, can I dare the District to explore opportunities to hold a speech contest that includes prison and non-prison clubs?

Is there a way members around the District can help your club?

Yes. While it seems that the unique situations of prison clubs are somewhat recognized, there is room for improvement and new opportunities.

District leadership—please rethink your communication plans for/with prison clubs to ensure that we are included at all levels. Brief new incoming directors every year on the unique challenges that prison clubs face. Continue to help us with financial and logistical aspects that are amplified since we switched to Pathways.

Promote opportunities for any district member to help out with bi-annual required training. For those of us that are more remote

or hours away from other clubs, this is especially important. You may consider a special award or recognition for those who want to help out, making it a win-win for all.

District members (yes, all of you)—come visit us or a prison club in your area. On vacation travelling across the state? Swing by, you have no idea how excited everyone is to see a fresh face and to hear a new voice. I totally understand the apprehension some people may have in regard to prisoners. It's ok, I respect that. Just recognize that one day a former inmate could be your neighbor. It takes a village—become part of it since the current “rehabilitation” system is lacking.

If you are a business owner, be open to hiring a released inmate. Start with those who are Toastmasters, become their mentor. Many are working on their business plans while in prison, you may be surprised what they have to offer.

What inspires you?

The thought of making a difference inspires me. I believe in the butterfly effect. One may never know how it actually plays out but I sure hope that I can have a meaningful impact somewhere, somehow, for someone. That is worth it, no matter what we do in life.

Is there anything you want to share?

I'm not just a Toastmaster with my own agenda anymore, I see and experience the need to change our current thinking of the prison system. Toastmasters allows me to pay it forward by helping those who want to help themselves. We are all caterpillars hoping to turn into a butterfly.



My Love Affair with Online Attendance

Michelle Alba Lim, DTM

FROM THE FIELD

I chanced upon a Facebook post about a prospective online club. Out of curiosity, I attended. I heard about another prospective club, Witty Storytellers Online. It was “love at first sight.” As the club’s newly-appointed VPPR, I put together a campaign to help reach charter strength. Cards distributed at the Toastmasters International Convention in Washington DC brought in several new members. We chartered September 2016 and have been President’s Distinguished these past two years.

I enjoyed online meetings so much that in June 2017 I became a charter member of another online club, Competitive Communicators. The following month, I started an advanced online club, focused on helping to bring out the best in trainers worldwide. Global Trainers Online chartered within seven weeks from our first meeting.

Two months ago, I joined Ablaze Advanced Online Toastmasters as a charter member. We set a record by achieving Select Distinguished barely two weeks from chartering!

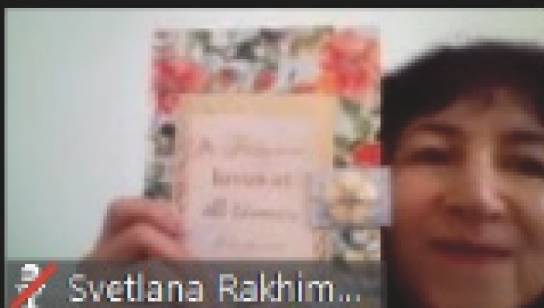
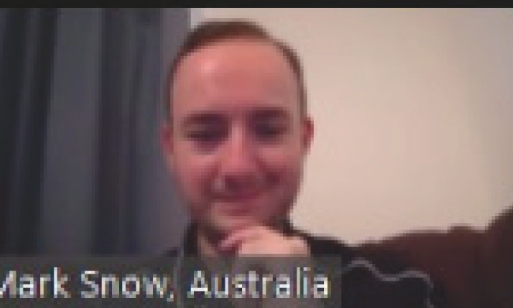
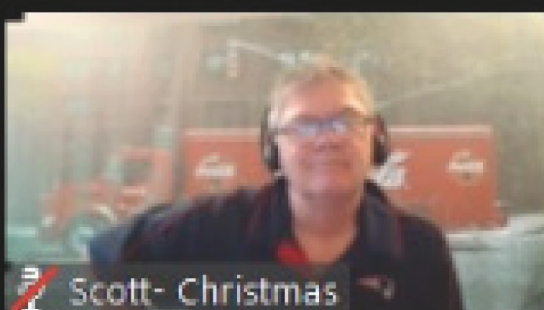
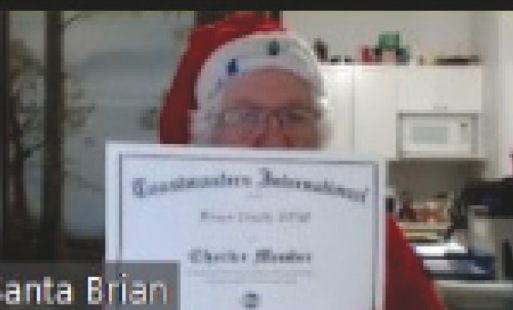
Much as I enjoy online clubs, blended clubs fascinate me more. Some refer to these clubs as “hybrid.” Others use “brick-n-click”

(combining brick-and-mortar and click-on clubs). Toastmasters International uses “clubs that allow online attendance.” Whatever the name, these clubs are worth exploring, experiencing, and expanding.

I’m currently with three blended clubs. Transtoasters (D7), Royal Roads Toastmasters (D21), and Butter N Toast (D75). I’ve been remotely coaching Feather Tongues. I’ve also helped clubs to harness the power of online attendance. One example is Westside Toastmasters in Florida. Upon Mike Woodall’s request, I zoomed in from Manila and presented an overview about online attendance. The club voted to add online attendance that meeting! Another is a club in Alaska, mentored by Linus Romey. A third is UECP Toastmasters, in Manila. The list goes on and on. I love it!

For districted clubs, online attendance is a win-win-win. Win for districts, win for clubs, win for members.

Retention - Members who move away can continue to attend. Example is Transtoasters, which I had joined in Salem. When I moved back to Sutherlin, we used a single device (laptop, tablet or smartphone) and my Zoom Pro account.



September will be our anniversary of using a single device. Still no external speakers or cameras. Unintended results are that members have developed better vocal projection and listening skills.

Recruitment - Transtasters has members from outside Oregon, and the USA. The same goes for Yaquina Toastmasters. Online members Julie Kertesz and Brian Dodd earned Triple Crowns and DCP points for their clubs (Yaquina and Transtasters, respectively). Other online members include D35 CGD Rozaline Janci (who earned several levels for Yaquina), Svetlana Rakhimova and Patrick Olson. During our January online attendance panel discussion, Lauralee Norris shared a heartwarming story about a firefighter who wanted to join Toastmasters but didn't because his job required travel all over the country. When he discovered that Yaquina Toastmasters allowed online attendance, he immediately joined.

Reinstatements - Feather Tongues was suspended last year since membership was far below the required minimum. Thanks to online attendance and support from World Headquarters (providing us with contact

information for former members back to 2005), the club is back in good standing.

Wider membership demographic -

Hillarie Hunt shared how NWEA employees from around the country joined Toast of Old Town through online attendance. The club chartered last year as a blended club (the first in D7). Speaking about Yaquina Toastmasters online experience, Lauralee mentioned learning opportunities from various cultures, generations, and experience.

Whether with hundred percent online clubs or blended clubs, online attendance offers benefits beyond those in onsite (brick-n-mortar) clubs. You have to experience it to appreciate it. Or fall in love with it, like I did!

LINKS:

- [Online attendance panel discussion](#), with Toast of Old Town Hillarie Hunt (10:46-14:22) and Yaquina Toastmasters Lauralee Norris 23:03-26:02. Remote D7 members Julie Kertesz and Brian Dodd also on the video.
- To experience online clubs and blended clubs, [visit Toastmasters on Display](#)
- For more info, email michelle@wlfcentre.com

Club Coaches - Enquire Within

Paul Fanning, DTM
Club Coach Coordinator

You find yourself with a positive experience as a Toastmaster. DTM may be calling, and you want to share your experience, successes, and recommendations with others.

In that state between dreams and reality, you begin walking through a shabby part of town with its faded glory, empty stores with signs missing letters, until you arrive at your destination—a store with the hand-lettered sign in the window, “WANTED-Club Coach-Enquire Within.” Yes, you’ve arrived at the nexus of your journey into that land of dreams, maybes, and service above self we call THE TOASTMASTER ZONE!

My apologies to Rod Serling who was the creator of the *Twilight Zone*. Don’t you feel like that sometimes though? Alternatively, are you a club officer that sees a need for someone to help your club—to focus its membership growth, quality programs, leadership experiences and Distinguished Club status? You dream and long for The Toastmaster Zone as well.

I don’t have the answers. I can’t ride in on my white horse with six guns blazing and a shiny tin star on my vest. I can help both the Toastmaster

who wants to serve and the Toastmasters club that needs help by seeking Club Coaches—volunteers (like you and me) who have enjoyed their time in Toastmasters and want to share what they’ve learned as well as earn credit towards their Distinguished Toastmaster award.

My name is Paul Fanning. I am the new District Club Coach Coordinator. I have recently completed a term as Division Director, served as an Area Director, and held various club officer positions in four clubs. However, in my total Toastmaster experience, my biggest delight was the time I served as a Club Coach.

I assisted and watched my assigned club earn their Distinguished Club Status—not by what I did, but by what they discovered about themselves and how they provided quality club meetings, helped their members achieve education awards, and had fun doing it all!

I can’t do this all by myself. I need your help to develop a list of potential club coaches and clubs that need and want help. To facilitate this



incredible experience, I've uploaded two forms to Google Drive:

- [Club Coach Questionnaire](#) for potential club coaches willing to help clubs in need
- [Club Request Questionnaire](#) for clubs requesting a coach.
- Current list of [Clubs Eligible for a Coach](#)

We have 57 clubs in our district who qualify for a club coach by having between one and twelve members. Fill out the applicable form and send it to me at clubcoach@d7toastmasters.org, and I will do my best to find a coach or club from our (currently small) pool of potentials. We want it to be a positive experience for all concerned.

In future months, I'll be providing some tips for both clubs and coaches as well as training opportunities so that we all can serve each other with the best productive and quality programs, suggestions, how-to's (and how not to's).



Congratulations to our latest CLUB COACH achievers from July 1, 2018. They are Linda Leis and Carolyn Smithrud who coached Club #6014 Will-Sher Club, Patricia Lynch and Faye Phillips for Club #6625 Communicators Plus, and Patrick

Locke for Club #9474 At the River's Edge.

Their clubs achieved growth in membership as well as earning Distinguished Club status. Let's give them a round of applause for their distinguished service. If you know them, tell them congratulations and job well done.

Please let me know how I can be of service to you—the experienced Toastmaster and the Toastmaster Club that wants to grow.

My time in The Toastmaster Zone draws nigh. Until we meet again . . .

*Without continual growth
and progress, such words as
improvement, achievement,
and success have no
meaning.*

—Benjamin Franklin

Silicon Forest: Techs Reveal Their Secrets

Eric Winger, DTM & Marieke Pepers, EC2



We are Silicon Forest Toastmasters, and gratefully celebrate our 25th anniversary this summer. Over the years we have collected an impressive amount of ribbons, and we are proud of each achievement. We are acutely aware of our secrets to our long-time successful club. And, because sharing knowledge is one of these secrets, we proudly reveal them all.

Our club has many long-time members: Dan, Vicky, Pat, Cate, Karen, Bushan and our inspiring president Eric. They each have the motivation to come weekly, bringing their knowledge and enthusiasm to the table. It's remarkable how they convey a professional quality to the club, help new members improve and overcome their fears and lifting up regulars. They know from experience the importance of rhythm,

timing, and etiquette. They find their passion and motivation in developing the skills of others, while simultaneously learning important speech and mentoring skills themselves.

What's our club strategy? We embrace change. The introduction of Pathways wasn't easy, and it's still in process. We realized the importance of Early Adopters, a dedicated VP of Education and accepted that it takes time. Some members are still using the hard-copy manuals while others have transitioned to the online Pathways program.

We have managed to keep a healthy number of members and attendees per meeting, but don't just accept this as status quo. We are actively working on a new Marketing strategy, figuring out new ways of attracting guests. We explore



social media sources for Public Relations and build relationships with nearby businesses as a way to expand our membership. We emphasize speaking and leadership skills, as well as personal development and having fun.

Our club has worked hard to build a unique Culture. Our guests are impressed by the professional organization of each meeting, but it's the warmth, friendly faces, and laughter that convince them to join our club. The moments before we start, there is a lot of inviting small talk. The evaluations are honest, useful and encouraging, but also include (if appropriate) humor. This playfulness is the core of our cultural identity. That's the reason why we come as often as possible, actively investing in ourselves and our fellow Toastmasters.

In case our name and location on the Tektronix tech campus in Beaverton scare you off: yes, we do have a fair amount of tech geeks among us. Divers is probably the better word to describe us, with people from all sorts of professions and backgrounds. Come visit us, Wednesday at noon, building 38!

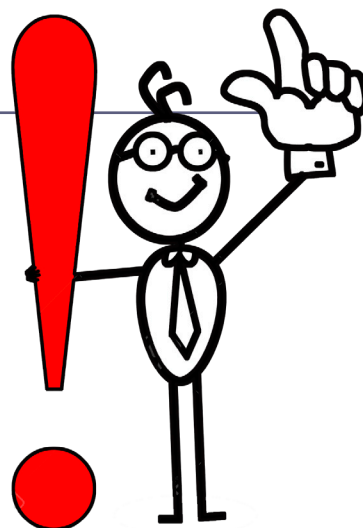
Eric Winger joined Toastmasters in 2009. He earned his DTM in 2016. He is a frequent winner of speech contests.

Marieke Pepers joined Toastmasters in October 2017. She is currently serving her club as VP Membership.

Calling All VPEs!

Donna Stark, DTM

Immediate Past District Director



It has been quite some time since I've served as a club VP-Education and I've taken on that role this year. My home club does a great job of attracting guests and new members, but our retention rate after the first six months could be better. I'm reading through the *Club Leadership Handbook* (highly recommended reading for club officers), and apparently one of my responsibilities is to coordinate my club's mentorship program. I just completed the Introduction to Toastmasters Mentoring, a Level 2 Pathways project. I've also been asked to mentor a new coworker. Mentoring is a hot topic for me right now!

The value of a mentor to a new Toastmaster is well documented—those who have had a mentor are much more likely to progress through the educational program. Lucas Murphy is a great example. He visited our club, joined on the spot, then looked at me and said, “I want you to be my mentor.” For me it was the beginning of a special relationship that continued through his Competent Communicator manual, Leadership manual, advanced manuals, and his assignment as an Area Director. He became a mentor to others, who also made progress through their manuals. An effective mentoring program contributes to a culture of success in your club.

It's not just new Toastmasters that can benefit from having a mentor. Experienced Toastmasters can benefit from a mentoring relationship, too. If you're in a funk and looking for inspiration, or

working on a new project or level, a mentor may help you find the motivation to move forward. Consider finding a mentor outside your home club to share experiences with and to broaden your perspective.

What's in it for the mentor? Personally, seeing new members blossom and grow is what keeps me coming back every dues renewal cycle. I'm grateful for the opportunity to be part of a new member's growth and journey. It's a two-way relationship, and I learn as much from them as they learn from me.

In addition to the Level 2 Introduction to Toastmasters Mentoring project, here are some resources to learn more about mentoring:

<https://www.toastmasters.org/-/media/files/department-documents/club-documents/online-attendance/the-role-of-mentor.ashx>

- <https://www.toastmasters.org/resources/mentoring>
- <https://www.toastmasters.org/magazine/articles/five-tips-for-mentors>
- <https://www.toastmasters.org/magazine/articles/leadership-the-ultimate-mentor>

Does your club have a successful mentoring program in place? I'd like to hear from you!

“The ultimate benefit of Toastmasters membership is becoming someone who can help someone else become a competent leader and communicator.” ~ Lance Miller, 2005 World Champion of Public Speaking

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Bend Chamber Toastmasters	Adams	Linda
Banfield Barkers	Adkisson	Erica
West Beaverton Club	Alexander	Jessica
Battle Ground Toastmasters	Atchison	Adam
New Beginnings Toastmasters	Barbieri Eltz	Darciane
Columbia Square Squawking Heads	Barnes	Jacob
Toast to US	Bautista-O'Reilly	Coeli
Essayons Club	Bolding	Vance
New Horizons Toastmasters Club	Burnett-Rainey	Jordan
Oregon City Toastmasters	Camarillo	Robert
Professionally Speaking	Carothers	Jonathon
Toast to US	Castle	Emily
Babble-On Toastmasters Club	Cole	Amanda
Noon Talkers	Crow	Bob
Sandy Club #8848	Day	Susan
Professionals of Portland Toastmasters	De Tarr	Brittany
Bend Chamber Toastmasters	Drew	Kimberly
Wonderful Oregon Wordmasters (WOW)	Duncan	Chelsea
Titan Toastmasters Club	DuTell	Flint
New Beginnings Toastmasters	Gavillon	Mariana
Communicators Plus	Gopalakrishnan	Yuvaraj
Suite Talkers Toastmasters	Henry	George
Astoria Toastmasters	Herman	Glen
Storymasters Toastmasters	Hulme	Amit
Essayons Club	Imholt	Kevin
Storymasters Toastmasters	Jacobson	Henry
Storymasters Toastmasters	Jacobson	William
Professionally Speaking	Johnson	Ruthann
Lunch Bunch Toastmasters Club	Jones	Ashley
Fortunate 500 Club	Kaufmann	Kate
Nano-Mated Speakers	Krupko	Jonathan
Salmon Speakers	Lee	Alanna
Encouraging Words Club	Levy	Robert
Portland Club	Lowry	Declan
McMinnville Toastmasters	Luttrell	Nicholas

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Walker Talkers Toastmasters Club	Mcclure	David
Wallmasters International Club	Merrifield	Heather
Essayons Club	Meyer	Caleb
Portlandia Club	Meyer	Claire
New Beginnings Toastmasters	Montes	Bernadette
Storymasters Toastmasters	Neufeld	Zihan
Sporty Speakers	Nguyen	Andrew
Essayons Club	Pavlenko	Sam
New Beginnings Toastmasters	Paz Rodrigues	Filipe
Milwaukie Talkies	Regas	Denielle
Toastmasters of Redmond	Rhyner	Heidi
Essayons Club	Ruggles	Joshua
Toast of the Region Club	Rutan	Christine
Salem Toastmasters Club	Seamon	Mark
Tualatin Valley Toastmasters Club	SENARATNE	CHARUTHA
Essayons Club	Sergi	Cole
Essayons Club	Sester	Nolan
Battle Ground Toastmasters	Singleton	Nicholas
Noon Talkers	Smith Thrasher	Samuel
Essayons Club	Sokhachev	Vadim
Speakers By Design	Sparks	Beth
Sporty Speakers	Stagliano	Joseph
Sporty Speakers	Statman	T
Marylhurst Toastmasters	Stone	Jamie
Corvallis Evening Group	Strid	April
Sherwood Town Criers Club	Swick	Shawn
Storymasters Toastmasters	Vandehey	Zach
Talk-In-Tel	Wang	IWen
Babble-On Toastmasters Club	Widman Triplett	Richard
Salmon Speakers	Williams	Patrick
Columbia Communicators	Wilson	Thomas
West Beaverton Club	York	Ben
Toastmasters of Redmond	Zhang	Qianru (Helen)

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
CC	7/24/2018	Albaugh, Stephen F	Toast of the Region Club
CL	7/18/2018	Amundson, Marlys M.	NuScale Toasters
ACS	7/26/2018	Arp, Tammy R.	Bridge Toastmasters Club
IP1	7/22/2018	Basile, Emily Love	At The River's Edge Club
DL2	7/10/2018	Berkompas, Zachary Matthew	Professionally Speaking
PI1	7/10/2018	Bertram, Richard Ray	I.R. Speaking Toastmasters Club
CC	7/10/2018	Bouse, Ilea	Gorge Windbags
PM1	7/10/2018	Brucks, Corinne	Toast of Corvallis Toastmasters
TC1	7/22/2018	Cargill, Bryan	At The River's Edge Club
CC	7/6/2018	Carlson, Laura L.	Newberg Toastmasters Club
VC1	7/22/2018	Crouch, Eddy Marie	At The River's Edge Club
CL	7/31/2018	Fisher, Kelly S.	Sporty Speakers
IP1	7/25/2018	Gerzowski, Elizabeth A.	Clackamas Stepping Stones Tm
CL	7/13/2018	Gillette, Angel	Civil Tongues Club
SR3	7/12/2018	Grijalva, Christina Guerra	Communicators Plus
PI2	7/20/2018	Gunness, Michele	Yammertime
IP1	7/25/2018	Hamilton, Christina L.	Milwaukie Talkies
PM3	7/2/2018	Heitz, Nena	Grants Pass Toastmasters Club
PM4	7/23/2018	Heitz, Nena	Grants Pass Toastmasters Club
ALB	7/5/2018	Hendricks, Lisa Sylvia	Coastal Toastmasters Club
DL4	7/26/2018	Hunt, Hillarie	The Toast of Old Town
CC	7/10/2018	Joshi, Siddhesh	MIME Speaks
CL	7/26/2018	Kabala, Seth Andrew	Col Square Squawking Heads
IP1	7/1/2018	Kim, SoYoung	Titan Toastmasters Club
CL	7/10/2018	Kittelman, Sage McKenzie	MIME Speaks
CL	7/15/2018	Kleffner, Paul J.	Babble-On Toastmasters Club
VC2	7/23/2018	Kleffner, Paul J.	Babble-On Toastmasters Club
CC	7/17/2018	Knapton, Vicki	Downtown Lunchbunch
ALB	7/2/2018	Kralik, Svetlana	Toast to US
LD1	7/1/2018	Lafferty, Bryson D.	Babble-On Toastmasters Club

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
PM1	7/31/2018	Lindquist, Leanna	Tell Me A Story
LD2	7/22/2018	Linge, Luke Jordan	At The River's Edge Club
TC1	7/23/2018	Lowmaster, Justin Nathaniel	I.R. Speaking Toastmasters Club
DL1	7/26/2018	Mandas, Christopher J.	Smooth Talkers Club
CC	7/11/2018	Metz, Suzanne L.	Encouraging Words Club
ACS	7/9/2018	Miller, Avital Pearl Gafna	Yaquina Toastmasters
IP1	7/22/2018	Munro, Karen L.	At The River's Edge Club
LDREXC	7/31/2018	Ng, Ean H.	MIME Speaks
PM1	7/12/2018	Nickelson, Joseph Daniel	Communicators Plus
LDREXC	7/8/2018	Norris, Lauralee K.	Yaquina Toastmasters
IP3	7/15/2018	Norris, Lauralee K.	Yaquina Toastmasters
CC	7/30/2018	O'Kane, Daniel T	Pearl District Toastmasters Club
TC2	7/10/2018	O'Keefe, Karen	Babble-On Toastmasters Club
DL2	7/26/2018	Peterson, Vanessa	The Toast of Old Town
CC	7/31/2018	Planque, Jade	Rose City Toasters Club
CC	7/20/2018	Quan, Tracy Lynn	Yammertime
PM1	7/3/2018	Raglione, Kelli Dianne	Oregon City Toastmasters
ALS	7/2/2018	Redgrave, Cheri A.	Communicators Plus
DTM	7/2/2018	Redgrave, Cheri A.	Communicators Plus
SR3	7/12/2018	Redgrave, Cheri A.	Communicators Plus
CC	7/1/2018	Richardson, Brian C.	At The River's Edge Club
IP1	7/22/2018	Richardson, Brian C.	At The River's Edge Club
ACS	7/23/2018	Rogers, Michael L.	NoonTime Club
CL	7/13/2018	Semprevivo, Karen Ann	Portland Progressives
VC2	7/2/2018	Shaw, Jo Anna	Jefferson State Toastmasters
CL	7/16/2018	Sibley, Rebecca D.	Toastmasters of Redmond
CC	7/16/2018	Sibley, Rebecca D.	Toastmasters of Redmond
VC1	7/13/2018	Snow, Stephanie	WE Toasted Toastmasters
ALB	7/17/2018	Spargo, Lee R.	Grants Pass Toastmasters Club

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
CC	7/31/2018	Spargo, Lee R.	Grants Pass Toastmasters Club
IP1	7/18/2018	Talley, Kamili	New Horizons Toastmasters Club
DL2	7/12/2018	Taylor, Seth H	MIME Speaks
DL1	7/31/2018	Tucker, Sarah	Tell Me A Story
ACS	7/11/2018	Voth, Sarah E.	Encouraging Words Club
CL	7/6/2018	Walker, Marvin Lynn	Newberg Toastmasters Club
ALB	7/5/2018	Wheeler, Robert L.	Clackamas Stepping Stones
CL	7/5/2018	Wheeler, Robert L.	Clackamas Stepping Stones
SR1	7/12/2018	White, Viki Marie	WE Toasted Toastmasters
CC	7/26/2018	Wilson, Tim	Bend Chamber Toastmasters

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Fanning, Paul C.	4	ALS , LDREXC , DTM , LD1
Redgrave, Cheri A.	3	SR3 , ALS , DTM
West, Larry J.	4	CC, DTM, ALS, ACG

Happy Anniversary to August Clubs

The following clubs are celebrating their charter anniversary this month. Congratulations to all!

CHARTER DATE	YEARS	CLUB	CITY
1981-07-01	37	Advisors	Portland
2002-07-05	16	Speakers By Design	Portland
2011-07-13	7	Newberry Speak To Succeed	La Pine
2013-07-08	5	Downtown Lunchbunch	Hillsboro
2014-07-30	4	Sporty Speakers	Beaverton
2017-07-01	1	Yammertime	Portland



A special shout out to Advisors for being part of the District 7 Toastmasters family for over 25 years.

Starting a New Club? or Want to Start a New Club?

District 7 has the resources to help you make it happen. We have experienced members who can put on a stellar kick-off meeting. You will receive advice on marketing to attract the members you need. Don't worry about the charter paperwork, we can help you with that too. Don't go it alone. Contact Club Growth Director Emilie Taylor, DTM, cgd@d7toastmasters.org for the support you need to start the next club in District 7.



AUGUST

22

Eugene Area TLI Makeup Session, @ 7:00 PM – 8:45 PM, Home 2, 102 W 11th Ave
Eugene, OR 97401

27

Sunset “H” Division Club Officer Make-Up Training, @ 6:00 PM – 8:30 PM, Griffith Drive Bldg., Courtroom B,
4755 SW Griffith Dr, Beaverton, OR 97005

Columbia “D” & Downtown “F” Divisions Club Officer Training, @ 7:00 PM – 9:00 PM
Terwilliger Plaza, 2545 SW Terwilliger Blvd, Portland, OR 97201

31

Capital Toastmasters Humorous and Table Topics Contest @ 6:00 PM – 8:30 PM
Oregon State Penitentiary, 2605 State St, Salem, OR 97301

Last Day for Club Officer Training

SEPTEMBER

5

Capital Toastmasters College Debate @ Oregon State Penitentiary @ 6:00 PM – 8:30 PM,
Oregon State Penitentiary, 2605 State St, -Salem, OR 97301

9

DECM Call For all Area and Division Directors, @ 7:00 PM – 9:00 PM, Zoom Meeting

12

Capital Toastmasters General Body Meeting, @ 6:00 PM – 8:30 PM, Oregon State Penitentiary,
2605 State St, Salem, OR 97310

22

The D7 Toasty Awards – A Celebration of 2017-2018 @ Meridian United Church of Christ (Frog Pond), @ 10:00
AM – 12:00 PM, 6750 Boeckman Rd, Wilsonville, OR 97070



B. Lee Coyne, ATMS



Carley Meuchel, CC



Donna Stark, DTM



Emilie Taylor, DTM



Eric Winger, DTM



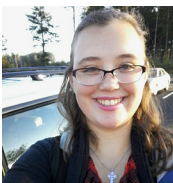
Harvey Schowe, DTM



James Wantz, DTM



John Rodke, DTM



Lauralee Norris, IP3



Leanna Lindquist, DTM



Marieke Pepers, EC2



Michelle Alba-Lim, DTM



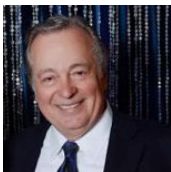
Paul Fanning, DTM



Phyllis Harmon, DTM



Susan Ellsworth, DTM



Terry Beard



We bid farewell to
Dennis Hills, friend
& fellow Toastmaster,
who passed away
August 19, 2018. His
kindness and sense
of humor will never
be forgotten.

*Oh! I have slipped the surly bonds of earth, and danced the skies on
laughter-silvered wings; Sunward I've climbed, and joined the tumbling
mirth of sun-split clouds, --*

John Gillespie Magee, Jr