

One Community Many Voices

District 7 Toastmasters March 2018



2018-19 District 7 Candidates



feedbackers.toastmastersclubs.org

March Rankings

Phyllis A. Harmon, DTM - Editor/Publisher

I confess that every March, for the past 10 years, I've checked my club's Distinguished Club ranking against the other clubs in the District. It's always with great trepidation that I study the Toastmasters dashboard. Are we good enough? Do we measure up? Most years, the answer is a resounding yes! Other years? Well, not so much.

I keep asking myself why I do I worry and stew about it? Logically, if I have a good time, learn something new, and walk away from each meeting satisfied with the world—what difference does achieving President's Distinguished status really make?

I readily admit bragging rights matter. It makes me proud to be part of a club that cares about reaching their goals. Intellectually I know that becoming a Distinguished Club or better helps the area, division, and District attain their goals—but that's a side benefit.

I'm focused on my club and what happens when we work as a team—each person contributing to the end result. It's heady stuff! There is a connectedness among us when we pull in the same direction. Each does their part and encourages and prods the rest of us to do the same. We commit to achieving the agreed upon results. And at the end of the year, when we review the work we've done together, we stand taller basking in the satisfaction of a job well done.

That's why each March I look at the dashboard and compare my club with all others. I want to be part of a community of like-minded souls striving in the same direction, helping each other during the lag times when no one seems to be moving forward, and at the end of the year looking back on what we've achieved together. Satisfaction, bragging rights, and a sense that all is well in my Toastmasters world keeps me coming back week after week, year after year.





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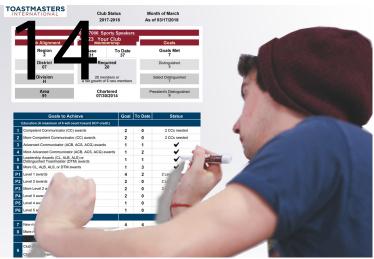
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VOICES!





COVER STORY

7 Toastmasters Made 7 the Difference Leanna Lindquist, DTM Immediate Past District Director

FIELD NOTES

15 Assuming a Crocus Focus B. Lee Coyne, ATMS

Toastmasters: An Enriching 28 Experience

Crystal Pugh, ACS, ALB

TV Toastmasters: A Televised Voice 30 for District 7 Clubs Mitch Priestley, ACB, CL

33 A Stubborn Beginning
Mark Thomson

34 A Perfect Launch Avital Miller, ACB

36 Candidate Statements

COLUMNS

3 EDITORIAL
March Rankings
Phyllis Harmon, DTM
Editor/Publisher

JUST SAYIN . . .

10 Stark Raving (March) Madness Donna Stark, DTM District Director

FROM THE DESK

12 Contests and Conferences
John Rodke, DTM
Program Quality Director

FROM THE DESK

Time to Tend our Gardens
Emilie Taylor, DTM
Club Growth Director

TERRY TALKS

16 I'm Waiting . . . Please Respond

Angels Come into Our Lives to Give Us Wings

Terry Beard

BURIED TREASURE

20 Early Oregon Toastmasters - Part 12 Harvey Schowe, DTM District 7 Historian





COLUMNS

JOURNEYS
Seven??? Michelle Alba-Lim
Brinn Hemmingson, ACG, CL

23 COACHES CORNER What's Your Why?
Lisa Hutton, ACB
Club Coach Coordinator

24 PUBLIC RELATIONS
Story Matters
James Wantz, DTM
Public Relations Manager

32 SUCCESSFUL CLUB
Moser Community:
One Speech at a Time!
Robert Canfield, ACB

PERSPECTIVES

36 Candidate Selection: It Takes a Village Leanna Lindquist, DTM District Leadership Char

48 BY THE NUMBERS Welome New Members

52 BY THE NUMBERS Honoring Educational Awards

55 BY THE NUMBERS Triple Crown Awards

COLUMNS

56 BY THE NUMBERS District 7 Triple A Award Badges

57 BY THE NUMBERS Happy Anniversary March Clubs

58 BY THE NUMBERS Coming Events

60 Contributors

PROMOTIONS

229Feedbackers Toastmasters

13 District 7 Spring Conference

19 TV Toastmasters

21 Wallmasters

26 Pathways





Lauralee Norris, IP2, ACS

Toastmasters Made the Difference

Leanna Lindquist, DTM Immediate Past District Director

Lauralee Norris, is making a difference in Yaquina Toastmasters. Leanna Lindquist, Immediate Past District Director, caught up with her for an interview. When I first met Lauralee Norris, I thought she was a high school student. That was about two years ago when I was a guest at Yaquina Toastmasters Club in Newport, Oregon. It was obvious Lauralee was an integral part of the club. She joined in 2015 while taking an online public speaking class. She was required to film her speeches and present them to an audience of five or more. Her dad, Brian, suggested she give her speeches at his Toastmasters club. This was a match made in heaven for Lauralee, and it turns out for her club too. She completed the first four speeches in her Competent Communicator Manual while taking the class.

Her Background

Her father's job took the family from Portland, Oregon to Newport in 2014. Lauralee is the youngest of four girls, and the only one still at home. She enjoys singing in her church choir and is taking private guitar lessons. She was part of the

7

NASA Team for the solar eclipse. And, she does Toastmasters. A lot of Toastmasters.

Lauralee received her Associate of Arts Oregon Transfer Degree to Oregon State University from Oregon Coast Community College (OCCC). This program has allowed her to earn guaranteed transferable credits to Oregon State University (OSU). At the age of twenty, Lauralee is a junior in college. She is enrolled online with OSU for finance courses. She is also enrolled at OCCC for her electives. Between

the two part-time enrollments, she is a ful-time student. Her goal is a Business Marketing Degree. Passing the Series 66 exam (The Uniform Combined State Law Examination also called the Series 66 exam is designed to qualify candidates as both securities agents and investment adviser representatives) will allow her to register as an investment adviser representative. By enrolling in both programs and living at home, it makes college affordable. Clearly Lauralee is planning ahead for her financial security.

This is Lauralee's second year as VP Public Relations. She keeps up the club's Facebook Page which reaches 3000 through shares and likes. She posts regularly on the District 7 Facebook Group. She maintains the club website, YouTube channel, and Google+. Lauralee shared, "People from across the country come to our blog just for what we have about Pathways." You can view the blog by clicking here. Her efforts have been responsible for club members being on the radio and write-ups in the newspaper (which required her to learn to write press releases). Lauralee has helped Yaquina Toastmasters be well known in Newport.

Hybrid Club

Yaquina has become a hybrid club thaks to Lauralee and her expertise with the Zoom online platform. The club currently has 5 online members. One is a wildland firefighter who has tried to find a permanent club for years. He is never in one location more than three months at a time. After visiting the club, he joined as an online member. The club has members from Wisconsin, Nebraska, and London. Some joined because of her YouTube videos. They wanted



to start Pathways right away and not wait for it to roll out in their own Districts.

The club uses a Google spreadsheet to sign up for roles. A local member travels for work and is able to stay active in the club using Zoom. Soon they will welcome a member from The Galapagos. Being a hybrid club has been a boost to the club's membership numbers. Their lighthearted meetings, that help people get over the fear of public speaking, attract new members to the club. Professionals are joining to improve their speaking skills, to become better trainers, and to speak to the media. The club has a long history of coaching

the Newport Loyalty Days & Sea Fair Festival princesses with their speeches. They are vying for scholarships based on the speeches they give. Yaquina Toastmasters Club is renewing 23 members. By the way, the club has earned 10 goals.

Benefits of Toastmasters

When Yaquina Toastmasters held a meeting for Rotary, Lauralee served as Topicsmaster. One of the attendees, a business owner, was impressed wth how she handled her portion of the meeting. After seeing all that Lauralee does as the VP Public Relations, she called her in for an interview. Financial Freedom Wealth Management Group hired her to manage their public relations and social media. Bateman Funeral Home, Affordable Burial and Cremation hired her to manage their website and social media. She credits Toastmasters as the reason for learning how. Toastmasters also helped with her role as STEM (Science, Technology, Engineering and Math) Club president. And, it helped her complete her communication classes. "I am confident talking to others." she says. "I feel comfortable leading other people." Lauralee believes in

Pathways

Lauralee loves teaching. To help orient new members in her club, she created a 5-7 minute speech on how to fill out a Competent Leader Manual. Her love for teaching inspired her to become a Pathways Guide. She completed her Pathways training for clubs in District 7. She will be training

the education program and likes the

variety of speeches she can give.

online clubs. Members of her club have completed levels 1-5.

She likes the relevancy of Pathways. Innovative Planning is her Path. She is in level 3. Lauralee is looking forward to other new paths, especially Storytelling, which is one she has heard will be coming in the future.

DTM

Lauralee will finish her Advanced Communicator Gold before she goes further in Pathways. Her High Performance Leadership Project is a club open house to be held this month. She will easily wrap up the three required speeches. Her last requirement to earn her DTM, in the traditional program, is to start a new club. She is already working on it. I don't know for sure, but my guess is Lauralee is the youngest Toastmaster in District 7. I am sure she will be our youngest Distinguished Toastmaster.

Lauralee wisely tapped into what Toastmasters has to offer. I predict when she graduates and applies for a job she will be head and shoulders above all her competitors. She is confident and articulate. She will go far.



Stark Raving (March) Madness

Donna Stark, DTM—District Director

March Madness – a trademarked term also plenty of other reasons to celebrate the month known as the NCAA basketball tournament. of March. My daughters have March birthdays. I'm normally a fan, but the only thing I'm mad It's time to say goodbye to winter and hello to about this year is that my 28-win team was spring. And in Oregon, Governor Brown has snubbed for the big dance! Fortunately, there are proclaimed March 2018 to be Toastmasters

STATE OF OREGON PROCLAMATION OFFICE OF THE GOVERNOR WHEREAS: Toastmasters International is a leader in effective oral communication and leadership development for all persons; and WHEREAS: The ability to speak clearly and effectively is a powerful and important skill that can help overcome barriers to effective performance in virtually every endeavor and line of work, both nationally and internationally; and By helping people develop essential communication skills, Toastmasters International WHEREAS: performs a valuable service for its members and those who hear the message of opportunity, initiative, and good fellowship; and After more than nine decades of outstanding achievement, Toastmasters International has grown to over 16,400 clubs in 141 countries, with more than 352,000 members worldwide WHEREAS: and over 160 clubs in the State of Oregon. THEREFORE: I, Kate Brown, Governor of the State of Oregon, hereby proclaim March 2018 to be TOASTMASTERS MONTH in Oregon and encourage all Oregonians to join in this observance. IN WITNESS WHEREOF, I hereunto set my hand and cause the Great Seal of the State of Oregon to be affixed. Done at the Capitol in the City of Salem in the State of Oregon on this day, February 27, 2018.

Month! The proclamation cites several good reasons why March is Toastmasters month, including that Toastmasters is a leader in communication and leadership development, the importance of effective communication, and the growth and achievement of the organization. One of the citations in particular resonated with me—"By helping people develop essential communication skills, Toastmasters International performs a valuable service for its members and those who hear the message of opportunity, initiative, and good fellowship."

Opportunity—a situation or condition favorable for attainment of a goal. Every meeting role is an opportunity to practice and improve a specific skill. Speaking skills, listening skills, feedback skills. . . leadership skills. Club, area,

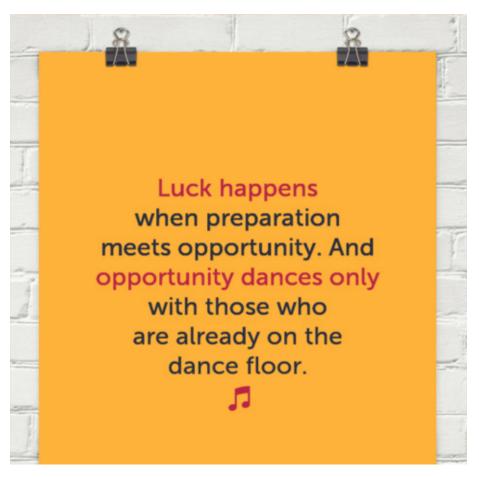
division, and district events present opportunities to get involved, network, learn from others, and teach others. As your

skills grow, you may find that opportunities to utilize those skills present themselves inside and outside of the Toastmasters setting. Last month at work there was a last-minute need for an emcee for our half-day workshop because the coworker who has performed that function for several years had forgotten he had scheduled a trip to Disneyland.

Initiative—taking action. The power of an opportunity is realized when you take advantage of it. There are quotes about preparation

and opportunity dating back to Roman times. I particularly like this one: "Luck happens when preparation meets opportunity, and opportunity dances only with those who are already on the dance floor." Your fellow Toastmasters need what you have to offer. I took advantage of the emcee opportunity presented at work. I may have also taken advantage of the opportunity to roast my coworker a bit. Seriously, who forgets vacation???

Good fellowship—a friendly association among a community of interest. I've been a Toastmaster for over 14 years. I value the personal growth and confidence I've gained



from my participation in Toastmasters, yet my favorite aspect is the people. Toastmasters are awesome people! Seeing new Toasties who talk to their feet blossom into confident speakers and leaders is a gratifying experience. I consider it an honor and a privilege to witness their transformation. I'm grateful for the knowledge and experience that other Toastmasters have shared with me. I'm better for having known you.

Are you taking full advantage of the opportunities your Toastmasters membership provides? Don't be a spectator . . . get out there and dance! Just sayin'. ;-)

Dance is the hidden language of the soul Martha Graham

Contests and Conferences

John Rodke, DTM **Program Quality Director**

Sunshine filled days packed with adventures experiences, and motivate us towards greatness! thriving in this program! I highly encourage you to attend! Find out about contests near you by visiting the District 7 for their awesome hard work! Event Calendar. Volunteers and potential target speakers are always helpful. Don't you want the officers. These hot ticket and very limited spots caring feedback of a slate of excellent evaluators? are going fast! If you are interested in this

one winner to the International Convention in lindquist@gmail.com. Chicago! You will also have the opportunity to more from our speakers, and help recognize the outstanding efforts of our members. Sign up <u>here</u>.

Submit by March 31st! Here are three reasons why this matters:

submitted, and the club has to have at least 8 members paid and submitted by March 31st.

- 2. Any member who has not paid, is not are here! Sources of inspiration for these in good standing, and will not have access to adventures are plentiful at our Speech Basecamp/Pathways. This would be a major Contests. Contestants share their life-changing bummer for all the outstanding members
 - 3. Officers need to be paid up to receive credit

We have limited openings to be District Our contests culminate at our District opportunity to serve, lead, and grow, please Conference where you will hear this year's best contact members of the Trio or Leanna Lindquist speakers wow you with their words. We will send ASAP at: trio@d7toastmasters.org or leanna.

A shout out to our current District Officers learn from Jim Kohli and Kelly Swanson as they and trainers for holding impactful, useful, and teach you how to maximize your Toastmasters fun Club Officer Trainings! As a District, we are skills outside of the club. We have an awesome improving in providing the training to help Saturday Night Banquet where you will learn our members thrive. Thank you for all of your amazing effort!

Do you have experience and ideas that you would like to share with our members? This is a Action Item: Dues!!! Pay a little, learn a lot. call out for presenters at our upcoming summer TLI on June 9th and our Division level trainings for the rest of the summer. If you are interested 1. Your club contestants need to be in good in sharing your wisdom, please reach out to standing to compete. They must have their dues our Education Coordinator, Tamsen Corbin at tcorbin17@gmail.com or click on the call for speakers located elsewhere in this issue.

Share Your Story District 7's Spring Conference

Join us! D7 Spring Conference May 4th & 5th

Conference Location:

Kroc Center
1865 Bill Frey Dr
Salem, OR 97301
For conference tickets, click here

Hotel Accomodations:

We have received a special rate at:

Comfort Suites

630 Hawthorne SE Salem, OR 97301 Rate \$113 + tax for two queens \$115 + tax for a king bed.

Sleeper couches in each room. Additional discounts apply if you book early! Promo word is

Toastmasters

Come see & hear keynote speaker Jim Kohli (pictured below on left), the Region 2 International Director, and featured speaker Kelly Swanson (pictured below on right. Kelly is a motivational speaker and comedian. This will be an event to remember!





The conference also includes the finals for the International Speech Contest and the Evaluation Contest. Come to see who will be going to the International Conference representing District 7! See you at the conference!



Saturday Night Banquet

We are also bringing back a favorite of the past, and starting anew trend for the future, by hosting a Saturday Night Banquet!

This will be a time for awards, recognition for outstanding members, and a chance to learn more from our amazing keynote speakers! Sign up today.



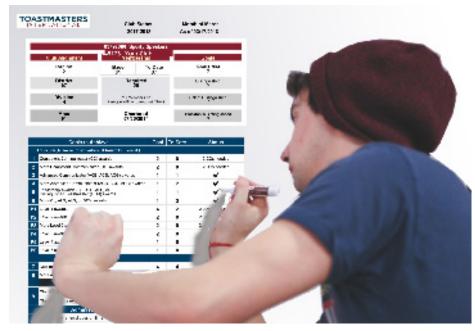
Phone: 503-431-1296 Email: prm@d7toastmasters.org

Time to Tend Our Gardens

Emilie Taylor, DTM Club Growth Director

Spring has sprung, and the shamrocks are rearing their tiny little heads. The sign that life underneath the soil is no longer hidden. We can see the growth. Our shamrocks are no longer comfortable hiding in the dark.

How is our fall planting doing? Are we seeing signs of new growth? March is also the time for growth in ourselves as members in our clubs. It's now time to revisit the flower bulbs we planted—that is—our plans, priorities, and goals we set for ourselves at the beginning of the year. And it's time to rake back the leaves of Fall (so to speak) and see if the Tulips and other flowers are sprouting.





Have we revisited our Club Success Plan (planting)? Our plans are like us—living, breathing documents. Have we invited guests to our meetings? Have we turned guests into members—future officers? Have we cleared the path for the fulfilment of our Club Goals? Where are we with our Distinguished Club Program (DCP) goals??? Have we recruited

enough members to keep our clubs functioning at optimal level?

We have 3-1/2 months to go before seeing the fulfilment or fruition of our goals. As a member, are you on track wth the goals you set for yourself? Have you chosen your Path by taking the Pathways Assessment online? If you are finishing a DTM in the traditional program and you only need one more requirement to complete that goal—say either a Sponsor, Mentor, or Coach, have you taken

the steps necessary to reach that goal?

It is easy to be overwhelmed by the weeds of self-doubt and other distractions that try to get in our way. It's never too early to start. If you need help turning that lead into a brand new club, please reach out. We have the tools and resources to help you.

So, grab that rake and trowel. We are very excited about all the new growth and blossoming clubs!

Membership Dues are up for renewal by April 1st. Please log into Club Central to process your Club members' dues.

Thank you to our Division Directors and Area Directors who have given their time and dedication in assisting our clubs achieve their goals!



A big shout out to Rodger Cook, Club Extension Coordinator, for all his work qualifying leads. Another To Lisa Hutton, Club Coach Coordinator, for making sure clubs requesting help have Club Coaches assigned to them. Thank you both for your service!



ASSUMING A CROCUS FOCUS

B. Lee Coyne, ATMS

Ah ha. . . the vernal equinox is on our doorstep. A new season arrives. Are you really ready to literally spring into action and sprout forth?

Spring time represents both hope and opportunity for growth. The days are growing longer. We Toastmasters can hibernate no more.

Communications is an everyday need in society. Outside of TM meetings we can exert leadership through:

- Sharpening job interview skills
- Advocating in the workplace

- Doing job related seminars
- Training work colleagues
- Promoting our health needs
- If single, romance building
- If married, joint decisions
- If parent, giving guidance
- Aiding parents to master the transition to retirement and aging era

All of the above require planting the seeds early on. Nurture that soil. Those buds will appear shortly. May they ultimately bear fruit. The optimal time to branch out.

I'm Waiting . . . Please Respond

Angels Come into Our Lives to Give Us Wings

Terry Beard

Driving through Central Oregon on a four-hour car ride, my wife Pascale, niece Lilia and I had plenty of time to chat and to drill down to some deeper understanding of an all-too-common behavior pattern in the USA.

"Lilia, you deserve better," I said. "Suzy-Q is not playing communication ping-pong with you. You were led to believe that if you reached out to her that she would get back to you. You pinged (texted) her, and she has not responded—no pong, no ping-pong. Forget it.

You cannot count on her, there is and will not be any social security consistency in that relationship. Her failure to get back to you is really non-verbal discouragement. She'll get back to you eventually full of excuses. The alibis list will be endless. The excuse will start off, her saying, 'I am so sorry I got very busy, yadda yadda, yadda."

During the time she stayed with us, I was reminded by her questions of the cultural differences between the USA and France. In our conversations, I found that she spotted some of the cultural differences and questioned me on occasion about communication ping-pong. In the process of sharing with her what I thought about communication, I discovered much that further sensitized me to what is good communication

protocol; what it is and what it is not.

In France, developing friends is like fine wine, it takes time. Once you have discovered a precious friend, comme un bijou, (like a jewel) in France it is serious business. If a friend reaches out to you in France, sans doute, you get back to them tout de suite—right away. Lilia was shocked. She thought that she had a new American friend. Her questions about



communication and expectations hit home for her, and for me, about manners, expectations, and friendship.

In the conversation with Lilia, I suggested she send a text message to Danielle. I said to her "Lilia, you know Danielle, you like her, she is someone that you can count on. Take a risk; trust your gut. You guys really connected when you met." Lilia nodded in agreement.

It is amazing that oftentimes voices of discouragement not only come to us verbally but non-verbally as well.

Lilia shared a situation which she found very discouraging. She was sent a text message by her new friend Suzy-Q. Lilia responded right away to the request for a rendezvous with her buddy. A few days later she was still waiting to hear back from Suzy-Q. Lilia was in fact put on hold waiting for the phone to ring, or to receive an email or a text message. Still no response. It

had been four days.

Off went the text message to Danielle, within two hours, they had connected and set a date to rendezvous.

Lilia was so happy that she smiled from ear to ear.

"Lilia, does it feel good to connect with people that you can count on? No response is

discouragement, you deserve better." People who withhold by not replying promptly to text messages, emails and voice mails are sending a clear message. It is control and manipulation of

the ping pong ball, there is no communication ping pong in play. Who needs or wants to play with a ball hogger?

Often, I am reminded of a story which supports a conversation which I had with our niece Lilia, while she was staying with us in Portland, Oregon. She is Parisian, born and raised. She was educated à L'Université de La Sorbonne, Paris, France, in the heart of the 6th Arrondissement, where she received both a bachelor's degree and a masters degree in International Studies. Elle est très intelligente et tres charmante!

People come in to our lives like angels, they leave a message or two. If we heed the messages, we'll find our freedom. Now that Suzy-Q is out of the picture, a new friend and a real friend has landed, which gives one freedom. It is true angels come to give us wings to freedom.

People set boundaries at times which are out of bounds. Whether they do so consciously or unconsciously it doesn't matter. What does matter is deciding what will work for you.

Terry Beard initially joined Arlington Club Toastmasters in 2001. He co-founded Portland Rotary Toastmasters in 2015.

Terry is the author of Squelched - Succeeding in Business and Life by Finding Your Voice, published in 2017 and available on Amazon.com.



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Broadcasting through









EARLY OREGON TOASTMASTERS - PART 12

Harvey Schowe, DTM - District 7 Historian

Manley Frank Robison was born on December 28, 1899 in North Junction, Lane County, Oregon. His parents divorced when he was a small child. He attended school in Junction, Oregon then enlisted as a private in the US Army, during World War I, on February 25, 1918 at the age of 19. After basic training he served in the balloon detachment No. 2 Aviation Section of the Army Signal Corps. Robison departed for France from Newport News, Virginia on the troop ship Siboney on April 22, 1918. May 7, 1919 he was discharged from the Army. He returned to Junction, Oregon and married Helen Josephine Sanders. In 1925 worked as a clerk for C. E. Carroll Company in Eugene, Oregon. He was elected financial officer for the Junction City American Legion Post. In 1929 he moved to Portland, Oregon for a job as a salesman. His next position was with the Portland Chamber of Commerce as a Hospitality and Convention Department manager.

In the fall of 1934, Manley joined Portland Toastmasters Club #31. From November 10-26, 1936, he participated with other Portland Toastmasters in the Red Cross Speakers' Bureau. Toastmasters participating in the bureau were: Frank McCaslin, chairman, Worth W. Caldwell, Jack Carney, John Carney, John W. Davis, Arnold Kuhnhausen, Herschel Nunn, Donald L. Sloan, Lynn P. Sabin, Manley Robison, Charles

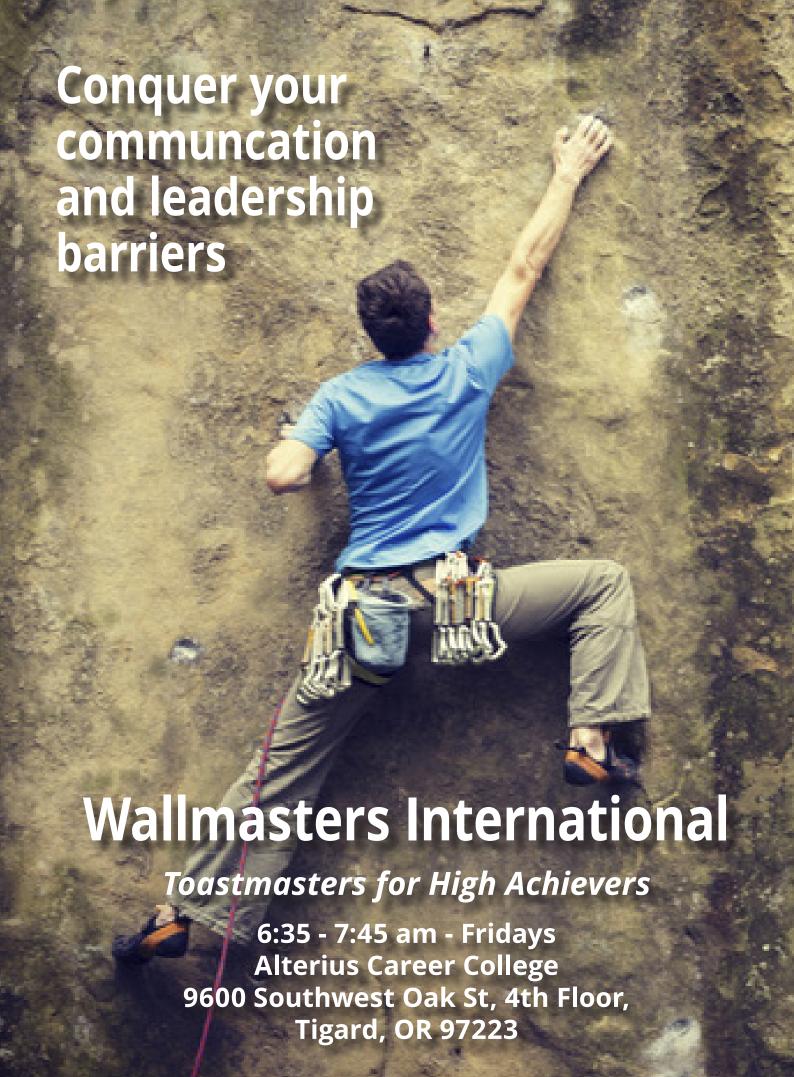
Stidd, and Del Snider. He may have remained as a member until



1946 when he resigned his Portland Chamber of Commerce job for a position with the State of Oregon Highway Department. Portland Toastmasters were meeting at the Portland Chamber of Commerce building in 1940 until after 1948, Glen Meek, past District 7 Historian, attended Portland Toastmasters meetings at the Chamber of Commerce building in 1940 before moving to Pendleton, Oregon.

Manley was promoted to manager of the Commerce Tourist-Convention Department in 1940. Beginning May 1941, he traveled for three months to the east coast and mid-west promoting Oregon as a tourist destination. In 1946, the State of Oregon highway engineer R. H. Baldock appointed Manley as manager of the Travel Information Department of the State Highway Department. He and his family moved to Salem where he gave talks on the Oregon tourist industry. His department provided Oregon tourist information. October 31, 1951 he resigned his position for a state position as director of Aid and Welfare where he worked until his retirement.

Manley Robison died at his home on September 3, 1980. He was buried in Willamette National Cemetery.



Seven

Brinn Hemmingson, ACG, CL

Michelle said, "I started my Toastmasters journey in an unusual way. In 1996, I owed a major debt of gratitude to a friend who helped me in my hour of need. When I asked her how I could repay her, she said "Attend a Toastmasters meeting." I did, and I fell in love with Toastmasters."

Currently, Michelle belongs to seven clubs: Undistricted 100% Online Clubs

- Witty Storytellers Online, #05618837 District U, Area 01
- Global Trainers Online, #06650465 District U, Area 01
- Competitive Communicators, #06621765
 District U, Area 01

Onsite with online attendance

- Transtoasters Toastmasters, #003548 -District 7, Area 41
- Making Better Consultants (MBC) Speak
 EZ, #03287370 District 27, Area 14
- Emperor Mandarin Toastmasters Club, #0707197 - District 75, Area 3
- Yaquina Toastmasters, #003880 District
 7, Area 33

Michelle has held all club officer roles, and served as Area Governor in District 75 and District 7, and Lt. Governor Marketing (LGM), Lt. Governor Education and Training (LGET), and District Director.

Michelle said, "I've participated in contests in three districts (D7, D75, and Founders District).



I've placed 2nd at District 75 Table Topics and Evaluation Contests, and 2nd at Founders District Table Topics Contest."

"Through Toastmasters, I've made friends all over the world. Toastmasters has also impacted my life in a way that very few people know because I've kept it secret until now. Twelve years ago while visiting the East Coast, I experienced a devastating personal betrayal. I came precariously close to literally ending it all and jumping off the 3rd floor of the New York City Hall. The thought that I was coordinating a new Toastmasters Club Open House/Demo Meeting in Irvine (California) in a week, and that none of my club mates knew I was on the East Coast, made me pause. If I didn't show up at the Toastmasters event they'd think I was a flake! That few seconds pause was all I needed to realize that I shouldn't give up on living. So I can say that Toastmasters literally saved my life!"

Michelle has discovered the joys and benefits of online attendance. "Since last year, I've been helping clubs to add an online attendance option. I would be honored to help any D7 member who would like to explore online attendance for their club(s)." Contact her at https://www.facebook.com/Celeste.Michelle. Alba.Lim or michelle@wlfcentre.com

What's Your Why?

Lisa Hutton, ACB, ALB - Club Coach Coordinator

Are you doing the same things over and over and expecting different results? Whether Einstein said it or not, you don't have to be a genius to make changes. On the other hand, being adaptable is a necessary characteristic for how well someone initiates and responds to change. In addition to being adaptable, Club Coaches need to be compassionate and strategic at the same time, when sharing their hopes for what is possible for the club.

Strong leadership doesn't begin or end with any one action. However, the act of listening certainly is at the forefront of what it'll take to understand and motivate your members. If you don't know why your members are there, how can you effectively lead them to achieving their goal(s)? Understanding why members joined Toastmasters and keeping them engaged requires a multifaceted approach. If your club doesn't already do this, consider having members and guests introduce themselves and briefly share, at the beginning of a meeting, why they are there. When a group of people agree to interact regularly to improve and practice in an area that is important to them, it becomes their community. Additionally, when we voice our goals to others in a supportive environment, it increases the likelihood that

they will happen.

Celebrate your members! When significant achievements are reached, taking a moment to recognize the effort and commitment

put forth not only makes the member feel special, it can also inspire other members. Remember, when members are doing well and moving forward with their educational goal(s), the club also benefits and moves forward. With just three months remaining to get our clubs to Distinguished or better, it's time to put the pedal to the metal and drive the club forward.

No matter how out of reach it may seem for your club to be Distinguished, the possibility exists and possibility is all that change needs to get started. Review what club goal(s) need to be completed, schedule a club officer's meeting to discuss ideas and put your club's success plan into action. One of the best ways to help newer members, while at the same time ensuring advanced members complete their educational goals, is to have advanced members present from either the Better Speaker Series or the Club Success Series. This type of multifaceted approach is what will keep members coming back—perhaps with a guest next week.

Story Matters

James Wantz, DTM D7 Public Relations Manager

Speeches don't matter. Body language doesn't matter. The way you are dressed doesn't matter. Ums & ahs don't even matter. Stories matter!

Wait! Before you mentally eviscerate me for desecrating the sacred traditions of Toastmasters, hear me out.

If you stop to think about it, it makes sense. How many times have you swooned over a speaker's use of presentation software or have your opinion changed by how well a speaker moved on stage? Nope. Have you ever changed sides in a debate because a speaker was immaculately attired? Not me. And even though 'ums' and 'ahs' are annoying, I don't stop listening to people because of them.



The mechanics of speaking are just that: mechanics. What wins the audience—what connects you to people—are personal stories. Stories about how you overcame the problem and persevered, how a mentor pointed the way forward, or how a customer just loved your product and started a viral social media campaign to share it with EVERYONE.

Kelly Swanson, motivational speaker and comedian, will be the featured speaker at the District 7 Toastmasters Spring Conference: Share Your Story. You will hear exactly why she says stories matter in today's world. (Here's a hint: to better connect to your audience.)

Ok, I have a confession. I don't like speakers telling me what to do. I shut down when a presenter start preaching at me. Recently, I attended a seminar where one speaker started with "If you are not spending 60 minutes a day doing [insert action] then you are cheating yourself! You need to change your habits! You need the [product/service] only I can provide!" Okay, maybe not those exact words, but that is what I heard. I grew up with an authoritarian approach to life spoon fed—no! shovel fed—to me as THE ONLY WAY. When I hear speakers telling me what I need to do, I smile, think "No,

I don't", and find the door.

If you want me engaged in your speech, then tell me a story about you! If you want me to stay in my seat, then tell me about your struggles, tell me about your triumphs, tell me about the most embarrassing day you ever had—that's good for a laugh! Tell me about you. Connect with me. Be in the moment with me... and the rest of your audience.

Kelly knows this. She's written numerous articles for the Huffington Post, LinkedIn, and other outlets about the power of story. She conducts seminars on the subject of storytelling. She knows the way business is conducted has changed - stories are now an integral part. The products, services, and people that connect the most are the products, services, and people that prosper in today's business world.

But it is not just business that has changed to include more stories. Speakers and presenters are increasingly called upon to be more authentic in every talk. Authenticity is in the years ago and joined Storymasters Toastmasters stories you tell, but it is not to be confused with to help me tell better stories. You could do a bragging about yourself. When I take the time lot worse than joining a Toastmasters club to tell a group of club members a personal story dedicated to storytelling (Storymasters Tell Me they become a group of my close friends. My A Story, or Gateway Toastmasters). Oops, looks home club is like this; we share our stories with like I am slipping dangerously close to telling each other and we are closer now as a result. you what to do. Sometimes there is bragging, and sometimes the stories fall flat—that's what we have evaluators what I'm going to do. I'm going to the Spring for!

start connecting—with stories!



I recognized the importance of story a couple

Instead of telling you what to do, here is conference to hear Kelly Swanson—the Business isn't the only place to benefit funny motivational speaker with a handle on from stories. Toastmasters clubs everywhere storytelling. I'm also going to check out Kelly's will become stronger, friendlier, and more YouTube channel (subscribe even) to get a head authentic if Toastmasters stop presenting and start on the conference. The Spring conference is May 4-5 in Salem at the Kroc Center. Click



PATHWAYS GOT YOU FEELING STUMPED? STYMIED? STUPEFIED?

WHO YOU GONNA CALL?

D7 Toastmasters Pathways Virtual Support Academy—that's who! Join James Wantz, Pathways Academy Guide, and a growing peer group of knowledge masters as they answer queries and share "how to" discoveries. Virtual sessions are held every Tuesday 7-8pm between December 26 and March 27, 2018. Call information listed below or contact James Wantz at prm@d7toastmasters.org for more detail. You can vew past sessions on the District 7 website by clicking here.

HOW YOU GONNA CALL?

Join from PC, Mac, Linux, iOS or Android: https://zoom.us/j/378867847

Or iPhone one-tap: US: +16699006833,,378867847# or +16465588656,,378867847#

Or Telephone:

Dial (for higher quality, dial a number based on your current location)

US: +1 669 900 6833 or +1 646 558 8656

Meeting ID: 378 867 847

YOU ARE INVITED TO PARTICIPATE!

WHAT:	Earn a D7 Pathways Triple A Award This year you can earn a D7 Pathways Triple A Award by completing the Early Adopter, Early Achiever & Early Advisor tasks listed below – each of these is an award of its own!
WHY:	To encourage member participation in Pathways, D7 is offering these unique awards to members in Pathways—but only for a limited time!
WHEN:	NOW!
HOW:	Watch a two minute video for more information: https://youtu.be/llsY52rRe6l
WHAT YOU DO:	Early Adopter Award: Complete the Level 1 Pathways Icebreaker project in any Path. Base Camp will show project marked complete after post assessment. Deadline: April 30, 2018 Complete this online form: Early Adopter Award Application Receive the Early Adopters Badge
	Early Advisor Award: Help another member with Pathways (help them log in, pick their first path, guide them through the Icebreaker project, or answer technical questions about Pathways). Deadline: June 30, 2018 Complete this online form: Early Advisor Award Application Receive the Early Advisor Badge
	Early Achiever Award: Complete Level 1 in any Path. Deadline: March 31, 2018 Complete the Level request on Base Camp. Your club Base Camp Manager will confirm completion in Pathways and then submit the award to Toastmasters International through the Club Central portal. Deadline: June 30, 2018 Receive the digital badge for Level 1 completion in Base Camp

That's it!

Do those 3 steps, and you will be awarded D7 Pathways Triple A Award and a 'Be Extraordinary' pin will be mailed directly to you!

For more information, contact:

Cate Arnold – D7 Pathways Triple A coordinator – impeccablecate@gmail.com James Wantz – D7 Public Relations Manager – prm@d7toastmasters.org

Toastmasters: An **Enriching Experience**

Crystal Pugh, ACS, ALB

Hello District 7 Toastmasters!

current Administration Manager for District 7.

I came from District 38 in Central Pennsylvania where I served for three months as a Division Director and in my club as an officer. I love Toastmasters and all the joys and experiences it brings.

During my move from Pennsylvania, I missed the comradery that comes from belonging to a

club. One of the first things I did when I arrived My name is Crystal Pugh and I am the in Oregon was find a Toastmasters club to help ground me and meet new people.

> I first joined Gateway Toastmasters in Eugene. I'd found a new home! Gateway was similar to my club, Harrisburg Young Professional Toastmasters, in Harrisburg, Pennsylvania. Unfortunately my schedule wouldn't let me attend as often as I wanted. I'm now a member of Yawn Patrol Toastmasters and Cascade

Toastmasters. I feel that sense of home no matter what club I am in.

If you travel for work or other pleasures, go to the Toastmasters website and find a club that meets while you are there. Clubs love to have visitors. Seeing what other clubs do can enrich your experience and that of your club back home. The ideas and feedback that you share during your visit will help everyone's Toastmasters experience. Moving is not a death sentence to your Toastmasters career, it is an opportunity to meet other people and to enrich your own Toastmasters journey. The many blessings that I have experienced moving to Oregon have greatly improved my life and the quality of my speeches and leadership skills.

Thank you to all who have welcomed me into yout clubs, areas, divisions, and the District.



New or Old . . .

Feedbackers Improves Your Game!



Toastmasters Evaluation Workshop Club

Join Us - Visitors Always Welcome!

7:30-9:00pm every 2nd Wednesday
Providence St. Vincent Medical Center
9205 SW Barnes Road, Conf Rm 20
Portland, Oregon 97225
feedbackers.toastmastersclubs.org

TV Toastmasters: A Televised Voice for District 7 Clubs

Mitchell Priestley, ACB, CL

The TV Toastmasters program is televised to every cable-subscribing home in the tri-county Greater Portland Metropolitan area, reaching over 400,000 homes and untold viewers, with each episode being broadcast a minimum of five times. For Toastmasters in District 7, this provides an opportunity to up their game, increase their skill, and adapt their communication to television. For viewers, it provides an opportunity for interest and intrigue about Toastmasters as an organization, hopefully motivating (at least a few of them each broadcast) to check out the toastmasters.org website to find a club near them to visit. And for the clubs, the broadcast provides a means to showcase its talent and to invite viewers to visit their particular club.

Beyond the initial five broadcasts, episodes are published to YouTube, where they can be found on the TV Toastmasters Oregon channel. Each episode is 30 minutes and features two interviews. In each segment, a Toastmaster conducts an interview of an interesting guest, often a fellow Toastmaster from their own home club. Our goal for each segment is to be interesting, informative, and inviting.

What differentiates the TV Toastmasters club is that it is a club that serves District 7 clubs, rather than serving its own members. Our members already are members of a home club. Their dual

membership in the TV Toastmasters club is to serve as a bridge for District 7 clubs and members to be showcased on television. Guests appear on the show without being required to join the TV Toastmasters club in order to be featured. In this way, TV Toastmasters pursues the vision of providing a televised voice to District 7, its clubs, and their members. To learn more about this mission and the evolution of TV Toastmasters in seven minutes, go to youtube.com and enter into the search box *TVTMS03 evolution*.

TV Toastmasters doesn't just need in-front-of-the-camera talent. Without crew, nothing could happen. For every segment featuring two Toastmasters engaged in an interview, at least four Toastmasters are working as television crew to manage the studio, supervise sound, operate cameras, establish camera angles and shots, and direct and produce the program. Even after taping stops, many hours of editing and post-production time and talent are required to publish an episode of the TV Toastmasters show. Every one of our studios needs more Toastmasters who are interested in learning and mastering the art of making programs.

Beaverton is our flagship studio, located at MACC/TVCTV, Tualatin Valley Community Television, 15201 NW Greenbrier Parkway. We tape there on the fourth Tuesday evening of each

month, beginning at 6:30 p.m., and our meetings are open to visitors who want to see us in action. We welcome you to drop in. The club has taped shows at its Beaverton studio since its inception, nearly 29 years ago.

Portland is our newest studio, located near the Oregon Convention Center at Open Signal/Portland Community Media, 2766 NE Martin Luther King, Jr. Blvd. We now tape there each month, as well, including on March 25 from noon to 3 p.m. and on April 10 from 5 p.m. to 9 p.m. We are seeking set designers, wardrobe crew, make-up, camera operators, a sound specialist, a technical director, and professional photography for the virtual set background (green screen). Camera skills and studio control room skills can be learned from classes offered by the studio. See OpenSignalPDX.org for class dates.

Launching and sustaining additional studios in Gresham, Oregon City, and Salem will require more Toastmasters from clubs in those areas contacting us, becoming involved in training, and then making a monthly commitment to producing a quality show for cablecast and online broadcast.

Involvement in TV Toastmasters is a rewarding experience on many levels. Our members are existing Toastmasters who joined their clubs to learn, to grow, and to communicate more effectively to a wider audience. What they find is that involvement in TV Toastmasters empowers them to reach those goals on an even grander scale. In the Digital Age, communication by video is becoming an essential skill. We hope to welcome many readers to take part in the TV Toastmasters experience.

Mitch Priestley joined Toastmasters in 2011. He is currently a member of Toastmasers for Speaking Professionals where he serves the club as VP Membership. He is also a member of TV Toastmasters and serves as Club President and Executive Producer.

We invite you to view some our most recent episodes below and subscribe to our YouTube channel by clicking <u>here</u>.







Moser Community: One Speech at a Time!

Robert Canfield, ACB

Moser Community Toastmasters has an interesting and varied history. Originally named Columbia Center Toastmasters, the club was chartered on June 30, 1993 by 20 employees of US Bank which met at their operations building on Sandy Blvd. and 176th Avenue.

However, due to US Bank's merger with Wachovia, priorities changed for many of the members and growing membership suffered for a few years.

Dick Moser joined the club in July 2000. He explained the move to its current location, Rose City Park United Methodist Church in NE Portland. "Our first meeting at the church was in February 2002. We had three members —David Hattery, John Waters, and myself. Another person was technically a member but not participating at that time. Cora L. was assigned to us as a club coach by District 7 and assisted in the location transfer. Later, Cora

Moser Community Toastmasters has an became a member of the club. She now lives interesting and varied history. Originally in Texas."

In May 2013, Ruth Geislinger joined the club, encouraged by Dick Moser to find her voice. Sadly, in February 2016, Dick Moser passed away. The membership voted to change the name of the club to Moser Community Toastmasters to honor him as a long time member and father of the club.

The club continues to meet every week, with periodic special events such as contests, debates, all table topics meetings, 360 evaluation, and power meeting / open houses.

Moser Community has achieved Presidents Distinguished status for several consecutive years with a simple focus: ONE speech at a time! Our executive committee reviews our progress toward distinguished status monthly, which keeps us focused on our club goals.



A Stubborn Beginning

Mark Thomson

This is my first year as a Future Stars Gavel Club member. Commuting 45 minutes each way, with a 90-minute Toastmaster session, meant that much less time for other fun activities on the weekend. And weekends are special—especially for teens like myself. At first and occasionally still, I was very reluctant to go to these meetings. I had heard the usual "Speaking skills are the key to the future", "Public school will never teach you this, so this will." Being a 14-year-old, I always have "better" things to do and I didn't believe a word of it. I always thought to myself, "I will never need any of this." As a young teenager, it was indeed a stubborn beginning to something new.

I remember in my first couple of meetings. I would try to not get noticed, always watching the clock, counting down how much time was remaining, constantly hoping I wouldn't be chosen for table topics. But over time and through trial and error, that anxiety washed away. I got a little bit more out of my shell; I didn't want to do table topics, but if I was chosen, I wouldn't freak out on the inside. Next, I began doing minor roles, I spoke up more, felt more relaxed.

After all that build up, I finally did my first speech. Now it wasn't great—but I discovered my strengths and weaknesses. From that point on, I have been improving, taking on bigger roles, feeling fully relaxed and beginning to see the

value in athe Gavel Club that I first thought was not for me.

Flash forward to today, I have done four speeches, which I have improved on each time, I have been the general evaluator, and willing. ly participate in Table Topics.

In the end, it is key to understand that to improve your skills, you have to put your whole soul in it; not—1/2, not 3/4—all of it. Because, only then will you see the desired change that brought you here in the first place.

I have come to realize that speaking skills are an important element for both career and personal growth. So, whether it is at a Future Stars meeting or elsewhere, I am looking forward to continuing to hone my speaking skills, building my confidence and finding opportunities to utilize those skills as I progress through school, college and my future career paths.

Mark Thomson is an 8th grader, with high school Math. He enjoys playing video games, hanging out with friends. He is currently a Toastmaster member at Future Stars.

Future Stars is a youth communication and leadership gavel club administered by Toastmasters International, helping the young people of today become the great leaders of tomorrow! The club is open to all middle school and high school aged kids. It gives them the opportunity to become better listeners, thinkers, speakers and leaders.

A Perfect Launch

Avital Miller, ACB

While I may live in a small coastal town in mornings at the restaurant Pig 'N Pancake. To Oregon, it seems we have almost all I need to my surprise Toastmasters provided all I needed; launch a successful career. A year ago I moved connection to community, refined preparation just outside of Newport, Oregon feeling this for my speaking tour, and an excellent breakfast would be a quiet place to work on my book, catered to my special dietary requirements! Healing Happens: Stories of Healing Against All Whether a new member or long-time member, Odds, and prepare for my book tour launching there is always a friendly face to greet you at the in April 2018. In the beginning the only time meetings. Every meeting is filled with laughter I went to town was to buy groceries or attend as many people in the club have a great sense a Yaquina Toastmasters meeting on Tuesday of humor. Our president Brian Norris is very

tactful at keeping a great sense of harmony among the members. I have made friends, been given opportunities all over this region to speak about my miracle healing stories and success strategies. I see familiar faces in town that make me feel like a welcome member of this community. They have also encouraged me to take on bigger roles within Toastmasters to step out of my shell. Not only have those roles helped me as a public speaker, but also as a leader, and in my ability to communicate in everyday conversations.

People say public speaking is one of their biggest fears. To overcome fears, I find it helpful to establish a supportive environment, find a well-developed training system, and obtain constructive feedback from people more experienced than me. It takes courage to take on a leadership role or stand in front of a

room. When I do so the Toastmasters members are always supportive. The energy of the group feels so inclusive they even added the ability to join the meetings online for people like me who travel a lot to be able to stay involved. Now we are a hybrid club and have members from around the world! With a program that started almost one hundred years ago, I really feel Toastmasters has polished our training manuals to offer clear guidance every step of the way. I even got to be part

of helping roll out the new Pathways program, Now I feel ready to step out into the world, share which I feel is even more tailored to each individual's goals. Whether you want to focus on speaking, coaching, leading, communicating, negotiating, networking, project planning, motivating others, or mentoring, it seems there is a path for you.

At a recent training with Brendon Burchard, known as "the world's leading high performance coach," he shared perfection can't be achieved until we launch our product or service and see how people respond to it. Yet at Toastmasters Avital joined Yaquina Toastmasters in 2017. She has over again until our message is honed. We have book is available on amazon.com members who have been involved for over twenty years who offer feedback I never would have thought about on my own. The members are supportive and articulate with their feedback so I always feel great about my accomplishments and inspired to grow.



the inspiration I have gathered from my research and experiences on healing and success, and my tummy has been filled with yummy food!

Please join us at Yaquina Toastmasters on Tuesdays at 7:00am Pacific time online at zoom.us/j/503657370 or in person at Pig 'N Pancake, Newport, Oregon. Visit our blog at ybtoastmasters.blogspot.com. And, get a free gift when you visit my website at healinghappensbook.com.

we can practice launching our work over and achieved her Advance Communicator Bronze, Her

Candidate Selection: It Takes a Village

Leanna Lindquist, DTM District Leadership Chair

At the annual business meeting in May, District Leaders for the 2018-2019 Toastmasters year will be elected. Toastmasters International Protocol 9.0 clearly lays out the process that must be followed. A District Leadership Committee seeks out prospective candidates, recommends candidates, conducts interviews, nominates candidates and provides a complete report of candidates to the District Director.

I was appointed District Leadership Chair. Committee members were: Erik Bergman, Rodger Cook, Phyllis Harmon, Ean Ng, Cari Corbet-Owen, Susan Bender Phelps, Carmil Ritchey, and Eric Winger.

Each nominee participated in a 45-minute interview using Zoom. Questions focused on knowledge of the office sought, experience they will bring to the role, and leadership skills.

We took our task seriously. It was our goal to choose qualified nominees who, if elected, would commit to carrying out their role to the best of their ability.

Any member in good standing, from a club in good standing, who meets the requirements set forth by Toastmasters International may run from the floor during the Annual Business Meeting. A member of the District Council is



required to make the nomination.

The Leadership Committee submits the following list of nominees for 2018-2019.

District Director	John Rodke
Program Quality Director	Emilie Taylor
Club Growth Director	Cate Arnold
Division A Director	Craig Fronek
Division B Director	Abraham Alfaro
Division C Director	Jennifer Thomas
Division D Director	Eldred Brown
Division E Director	Sue Unger
Division F Director	No Candidate
Division G Director	David Shehorn
Division H Director	Katrina Rodriguez
Division I Director	Frank Waterer



John Rodke, DTM

Over the last eight years, I have had an amazing experience in Toastmasters. Growing with you, my fellow members, through mentors, mentoring others, speaking, leading, listening, and learning. We have transcended ourselves. I have seen the greatest improvement within the leadership track of Toastmasters. This wild and challenging road of empowerment, opportunities, failures, and successes, has required creativity, empathy, and vulnerability. Together, we have become effective servant leaders. In the next year and beyond, I want to create a stronger pipeline for leadership that will help our members thrive as leaders in our Clubs, District, and community. Our District proved its ability to change with this year with the Pathway rollout. The lessons learned from your feedback are now helping the rest of the world have an easier time. Thank you! I would be honored to support in the continued effort to bring our District forward, with your help, as next year's District Director. My goal is to help our members exceed their expectations in leadership, mentoring, and making a positive difference in our community.

Together, we are getting out of our comfort zone, and into our growth zone!



Emilie Taylor, DTM

I am honored and excited to be nominated as the next Program Quality Director. The Program Quality Director is responsible for all aspects of education and training within the District. This includes the following:

- Supporting quality club programming efforts
- Promoting the Distinguished Club Program
- Planning and supporting the District Conference

I am ready to work hard to carry out the responsibilities of this role. Saying YES to becoming a club officer, an area director, division director, and Club Growth Director has paved the way in experiences, preparing me to take on this new role.

My vision for the coming year is to ensure that our members thrive and have fun.

I believe that when clubs work within the Distinguished Club Program framework, members grow and achieve the goals they set out to do.

These are exciting times in our organization. Pathways is here. It brings brand new opportunities for learning and growth. Yes, it comes with its own set of challenges...yet we are Toastmasters, and we learn by doing. With the end of fall conference, comes a new way of looking at how we can use the time for more training and education. I am excited with new possibilities and ideas especially where our members can take on leadership positions. I am asking for your support and vote at the May 5th Spring Conference.

I love Toastmasters! It changed my life. I am here to "pay it forward" because of what it has given me. .

Candidate for Club Growth Director Cate Arnold, DTM



I am thrilled and honored to be nominated for Club Growth Director. What I hope to do is work with you to grow new clubs and strengthen membership in our existing clubs as we continue our work to move into Pathways. As hard as change is, we must realize that we are finally bringing Toastmasters into current times as we move away from paper manuals into electronic learning and tracking. Change is hard, but we can lighten the load by helping each other to come up to speed. Doing so is imperative since we must be able to help our new members use the new program. I look forward to growing our clubs with the new Pathways technology, as well as with the old and enduring skills fostered by Toastmasters to learn communication and leadership skills.



Craig Fronek, CC, CL

I appreciate the privilege to serve and I have accepted the nomination for District 7 Division A Director. Now it is time to find a way to make Division A stronger and spread the word of Toastmasters. The art of communication has never been more important than right now. There are so many people that struggle with communication and Toastmasters is an incredible tool. Just think how we can enrich their lives with an invitation to Toastmasters! I look forward to the next year and I ask for your vote.

Abraham Alfaro, ACB, ALB



Abraham Alfaro has been a Toastmaster for five years, seven months, and twenty-one days. He has been the Area 35 Director since March of 2017, filling in for the late Lucas Murphy when the latter had to step away. As candidate for Division B Director, he is already creating a platform focused on club growth, leadership development, and the Distinguished Club Program. Abraham wants to (1) promote the growth of existing clubs and the development of new clubs within Division B, (2) create a cadre of leaders who can help the Division grow and be available to move into leadership positions, and (3) encourage clubs to work the Distinguished Club Program because he believes the Distinguished Club Program is the best way to create healthy, vibrant clubs.

As Area Director, Abraham created a weekly newsletter that he sends out to all the members of Area 35 to keep them aware of various noteworthy Toastmasters-related items. Some topics of his newsletters have included a six-week series on successful club management strategies following his first round of club visits, reminders of upcoming Toastmasters events and important dates, and promotion of the District 7 YouTube channel and PR Director James Wantz' Pathways videos.



Jenny Thomas, ACS, ALB

Hello D7 Toastmasters and especially Division C! I am entering my 10th year as a Toastmaster and I am excited about the year ahead. I believe that the Distinguished Club Program is an excellent way to help every Toastmaster achieve their personal and professional goals. My goal next year is to help all clubs achieve distinguished status and subsequently help Division C become a Distinguished Division. Together everyone achieves more.

My A Mun

ELDRED BROWN, DTM



I come to you with four years total experience in district leadership, two as an Area Director and two as a Division Director, and I am running for re-election to a second consecutive term as Division D "Columbia Division" director. Last year I stepped forward literally at the last minute to run from the floor because the ballot didn't list a candidate for the Columbia Division. This year I have declared my candidacy months in advance, so I will be much better prepared to continue my work as Division Director.

My mission is to help clubs best serve the needs of their members by supporting club growth and participation in the Toastmasters educational program. One of my most important goals is to inspire and motivate even greater participation in the Pathways program. I will also work with my Area Director team to find new club leads and grow our existing clubs. Service and development of leaders are why I want to be your Columbia Division Director, and, free of the burden of my academic pursuits, I plan to pursue my vision for Division D with even greater energy.



Sue Unger, IP1

David Shehorn, ACS, ALB



As a district, we are constantly faced with the challenges presented with the chartering of new clubs and the demise of existing clubs. My urgency for the next year is to increase the focus of our training to include support for existing clubs by providing more opportunities to learn from our success and our failures. One area of focus will be to implement a specific training for club mentors, coaches and sponsors. I will be calling on previous leaders to participate in mentoring within this structure. For instance in District 7, we currently have 3 times as many requests for club coaches compared to available coaches.

Additionally, I will focus my energy to cultivating the leadership potential of current club members. We can better emphasize the individual career advantages afforded by Toastmasters leadership projects citing specific examples of challenges and success. Many companies do not provide in-house management training programs. That is a strength of Toastmasters -- we can be there for the employees of the companies who do not provide the extensive management training opportunities. It is more important now than ever before.



Katrina Rodriguez, CC, ALB

Katrina Rodriguez began her journey in Toastmasters 2 years ago and has been hooked ever since. Working her way from Vice President of Membership to President, Area Director and now Division H Candidate, Katrina has been inspired by Toastmasters devotion to encouraging, supportive leadership models. Next year, Katrina hopes to empower her directors and clubs with purposeful supportive leadership and delegation. Katrina believes that people grow and influence the most when they learn how to support one another and looks to model this during the 2018-2019 Toastmaster year.

Frank Waterer, ACG



I love the definition that defines success as "getting up one more time than you fall". We have all had our shares of these "falls" and will continue to have them as long as we live. The important thing to remember is simple, just keep getting up!

One of my primary goals at this stage of my life is to help others improve their lives by overcoming their fears and helping them achieve goals they have identified for themselves. I feel that Toastmasters is an ideal venue for that. Speaking in public is the greatest fear many people face, and there are few places like Toastmasters which offer the opportunity to face those fears.

My goal, if I am elected, would be to offer encouragement, guidance and ideas to each of our clubs, working through our area directors, so that we can help each of our individual members achieve the goals most important to them. We can do that by helping each club to be an inviting place that offers all the good things which Toastmasters encompass; where people feel welcomed, supported, encouraged and challenged to face their fears and stretch to reach their full potential. I look forward to the opportunity to serve.

Club Name	Last Name	First Name
Moser Community Toastmasters	Ames	Heather
Professionally Speaking	Ammentorp	Michelle
Tower Toastmasters	Anderson	Llanee
Tabor Toastmasters Club	Arnold	Leah
Corvallis Evening Group	Avery	Michael
Southern Oregon Speechmasters	Bald	Joachim
Puppetmasters Toast Club	Barley	Jayson
Bootstrappers Club	Bennett	Karen
I.R. Speaking Toastmasters Club	Bertram	Richard
Jefferson State Toastmasters	Bond	Patrick
Jefferson State Toastmasters	Bortman	David
University Toastmasters Club	Bortman	David
Clackamas Stepping Stones Tm Club	Bowie	Marla
Tell Me A Story	Brady	Ben
Samaritan Ah-so-Um	Buchanan	Timothy
The Standard Speakeasy Toastmasters	Bui	Loan
VA SORCC Toastmasters	BUTKUS	RON
Evergreen Club	Cannizzaro	Teena
Gresham Toastmasters Club	Cantu	Jennifer
Encouraging Words Club	Carlson	Dan
Toasting Excellence Club	Cassandra	Marina
Titan Toastmasters Club	Cave	Dustyn
VA SORCC Toastmasters	CLARK	JOHANNA
Downtown Lunchbunch	Claybaugh	Lisa
Jantzen Club	Connealy	Laura
The Standard Speakeasy Toastmasters	Curtis	Aaron
New Horizons Toastmasters Club	Deturk	Jason
West Beaverton Club	Durant	Kathleen
Tell Me A Story	Englund	Deanne
Corvallis Evening Group	Fajardo	Carlos
Sporty Speakers	Fate	Jeffrey
Jantzen Club	Finsand	Josephine
Storymasters Toastmasters	Fisher	Kevin
Moser Community Toastmasters	Flowers	Lee
Babble-On Toastmasters Club	Flowers	Lee

Club Name	Last Name	First Name
Corvallis Evening Group	Fonseca	Ana
VA SORCC Toastmasters	Fowler	John
Titan Toastmasters Club	Fujii	Wyatt
Jefferson State Toastmasters	Gautam	Sudhir
Storymasters Toastmasters	Gllean	Brett
Portland Progressives	Gotter	Lenny
VA SORCC Toastmasters	GURY	THOMAS
WRIP City Club	Hale	Edna
WE Toasted Toastmasters	Hart	James
Timber Talkers	Haswarey	Shaylene
Puppetmasters Toast Club	Hom	Erwin
M A C Toastmasters Club	Hoos	David
The Standard Speakeasy Toastmasters	Howard	Ned
Bend Chamber Toastmasters	Jarvis	Tim
University of Oregon Club	Jones	Frederick
Moser Community Toastmasters	Joy-Allen	Angela
Oregon City Toastmasters	Judge	John
Titan Toastmasters Club	Kim	SoYoung
Portland Progressives	Kinnison	Claire
Beachtown Toastmasters	Klier	Scott
Toastmasters of Redmond	Kohfeld	Phil
Silicon Forest Club	Kreiger	Chad
New Horizons Toastmasters Club	Kunjummen	Biju
Southern Oregon Speechmasters	Lallo	Tony
Speakeasy Toastmasters	Lee	David
West Beaverton Club	Levine	Michelle
Beachtown Toastmasters	Linfoot	Gae
At The River's Edge Club	Linge	Luke
Timber Talkers	Lo	Chiao-Ling
Downtown Public Speakers Club	Loendorf	Lisa
Rose City Toasters Club	Lowe	David
University of Oregon Club	Lu	Yunyun
Hood River Club	Lynch	Beatriz
TV Toastmasters	Mandel	Philip
Moser Community Toastmasters	Martin	Michael

Club Name	Last Name	First Name
Speakers With Spirit Club	Martinez	Marah
Bootstrappers Club	McClorey	Noel
Banfield Barkers	McDaniel	Jerry
VA SORCC Toastmasters	MEE	CAROLE
Noon Talkers	Miller	Elizabeth (Betsy)
Pearl District Toastmasters Club	Miranda	Katie
Essayons Club	Motti	Christopher
Talk-In-Tel	Naik	Nupur
Speakeasy Toastmasters	Nakagawa	Yuki
Babble-On Toastmasters Club	Pando	Kelli
CareOregon	Peters	Gena
Storymasters Toastmasters	Pfeifle	Diana
Yawn Patrol Club	Ramah	Ashley
Gorge Windbags	Ramirez	Alicia
Swan Island Toastmasters	Ranjan	Rajat
Clackamas County Toastmasters	Rappaport	Michael
Flying Toasters Club	Robison	Baron
Professionals of Portland Toastmasters	Saltrelli	Julie
Molalla Toastmasters	Sasao	Yuki
New Horizons Toastmasters Club	Sasao	Yuki
M A C Toastmasters Club	Schwartz	Daniel
Moser Community Toastmasters	Smith	Hannah
Pearl District Toastmasters Club	Stark	Autumn
Stagecoach TM	Symychith	Perry
Portland Club	Teehee	Michael
Silicon Forest Club	Theobald	Kevin
Eco Voices Toastmasters	Timmerman	Lisa
Pearl District Toastmasters Club	Trunick	Jaimi
Sporty Speakers	Tso-Wheeler	Jason
Tell Me A Story	Tucker	Sarah
The University Club	Vacheresse	Monica
VA SORCC Toastmasters	VANDOMELEN	JANICE
PMI Portland Toastmasters	Vinit	Anshuman
Mentors Of Focus Club	Weckerly	Carli

Club Name	Last Name	First Name
Essayons Club	Williams	Timothy
Silicon Forest Club	Whitney	Jamie
The Standard Speakeasy Toastmasters	Williams	Wes
Arlington Toastmasters Club	Wilson	Harry
New Beginnings Toastmasters	Zeiger	Joseph
TV Toastmasters	Shambry	Charles
Wallmasters International Club	Shi	Jue
Yawn Patrol Club	Short	Curtis
Speakeasy Toastmasters	Somasundaram	Namitha
Grants Pass Toastmasters Club 852	Spalleta	Stephen
A-Dec Toastmasters	Spawn	James
Sherwood Town Criers Club	Stark	Britten
Babble-On Toastmasters Club	Stoynoff	Richard
Downtown Public Speakers Club	Tamarah	Judith
Talk-In-Tel	Tambe	Christian
Wagon Tongues	Tetzlaff	Darcelle
Sherwood Town Criers Club	Van Nice	Anthony
Platt Electric Supply	Vance	Chayse
Salem Toastmasters Club	Wasko	Timothy
Columbia Square Squawking Heads	White	Janine
Toastmasters of Redmond	Whitted	LynnDel
Evergreen Club	Wolf	Brian
Columbia Square Squawking Heads	Wood	Miranda
New Horizons Toastmasters Club	Zieba	Maren

Starting a New Club? or Want to Start a New Club?

District 7 has the resources to help you make it happen. We have experienced members who can put on a stellar kick-off meeting. You will receive advice on marketing to attract the members you need. Don't worry about the charter paperwork, we can help you with that too. Don't go it alone. Contact Club Growth Director Emilie Taylor, DTM, cgd@d7toastmasters.org for the support you need to start the next club in District 7.



HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
LDREXC	2/22/2018	Andersen, Lorri A.	Daylighters Club
CC	2/9/2018	Arevalo, Donna Elizabeth	Barnhart Toastmasters
LEADEVL1	2/16/2018	Bakke, Jacqueline E.	Noon Talkers
PREMASL1	2/16/2018	Blankenship, Tim	Encouraging Words Club
СС	2/28/2018	Bond, Linda	Audacious Orators
CL	2/28/2018	Brunson, Gary M.	Spirit Trackers
PREMASL1	2/22/2018	Burger, Debra Ann	Transtoasters
PREMASL1	2/25/2018	Burwell, Lakota D	Yaquina Toastmasters
CL	2/5/2018	Caban, Alisia R	Yawn Patrol Club
DYNLEAL1	2/10/2018	Calvo-Amodio, Javier	MIME Speaks
ACB	2/19/2018	Canning, Dotha J.	Corvallis Evening Group
СС	2/7/2018	Carman, Nonie	Nano-Mated Speakers
CC	2/8/2018	Clark, Caterina C	Speakers With Spirit Club
СС	2/27/2018	Clarke, Anna Marie	WRIP City Club
TEACOLL2	2/20/2018	Colling, Thomas Patrick	Yaquina Toastmasters
TEACOLL1	2/6/2018	Colling, Thomas Patrick	Yaquina Toastmasters
CC	2/16/2018	Corbet-Owen, Carina	Vancouver Toastmasters
CL	2/5/2018	Cort, Danette L.	Toastmasters of Redmond
CC	2/3/2018	Cort, Danette L.	Toastmasters of Redmond
СС	2/18/2018	Debbie, Stoffer	Gresham Toastmasters Club
СС	2/8/2018	Dejesus-Lopez, Daniel	Capital Toastmasters Club
VISCOML1	2/18/2018	Dennng, Lici D	Storymasters Toastmasters
СС	2/9/2018	Dickson, Steven M.	VA SORCC Toastmasters
ACB	2/9/2018	Dunne, Gerry	Battle Ground Toastmasters
CL	2/15/2018	Fritzen, Mark W.	Politically Speaking
PREMASL1	2/13/2018	Grigsby, Eric L.	Tell Me A Story
CC	2/2/2018	Hardenbergh, Derek A.	Toast to US
	2/21/2018	Hartford, Nick Pual	Professionals of Portland

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER CLUB NAME		
СС	2/7/2018	Jacobs, Charlee Symantec Toastmasters		
DYNLEAL5	2/1/2018	Janci, Rozaline R.	Yaquina Toastmasters	
DYNLEAL1	2/13/2018	Karen, Rippberger A.	Newberry Speak To Succeed	
СС	2/12/2018	Kellermann, Charley	Civil Tongues Club	
DYNLEAL3	2/25/2018	Kertesz, Julie	Yaquina Toastmasters	
ACB	2/21/2018	Krys-Rusoff, Deidra M	NoonTime Club	
CL	2/12/2018	Landrum, Jessica M.	Swan Island Toastmasters	
LDREXC	2/20/2018	Li, Beverly F.	Electric Toasters Club	
ACG	2/12/2018	Li, Beverly F.	Electric Toasters Club	
CL	2/8/2018	Lim, Jong	Capital Toastmasters Club	
PERINFL1	2/22/2018	Locke, Julius Patrick	Early Words Club	
СС	2/28/2018	Long, Marci Jo	Nano-Mated Speakers	
MOTSTRL1	2/9/2018	Maesaka, Guy Y.	Sporty Speakers	
EFFCOAL1	2/19/2018	Martin, Rick	Sporty Speakers	
ALS	2/28/2018	Martin, William T.	Communicators Plus	
DTM	2/28/2018	Martin, William T.	Communicators Plus	
LDREXC	2/2/2018	Martin, William T.	Communicators Plus	
ALB	2/9/2018	McFadden, Cheryl	Downtown Lunchbunch	
СС	2/12/2018	Miller, William K	Electric Toasters Club	
INNPLAL1	2/5/2018	Mugabo, Ignace	Toast of Corvallis	
DYNLEAL1	2/10/2018	Ng, Ean H.	MIME Speaks	
ACB	2/12/2018	Norris, Brian A	Yaquina Toastmasters	
СС	2/9/2018	Novak, Matt NoonTime Club		
СС	2/21/2018	Perras, Jhoan A	Walker Talkers Toastmasters	
СС	2/28/2018	Posley, Alexis L.	Barnhart Toastmasters	
CL	2/7/2018	Proust, Gabrielle C.	Audacious Orators	
DYNLEAL2	2/19/2018	Robison, James Craig	Portland Progressives	
DYNLEAL1	2/5/2018	Robison, James Craig	Portland Progressives	

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME	
CC	2/16/2018	Saylor, Matthew R	Walker Talkers Toastmasters	
СС	2/12/2018	Schellenberg, Lyle W.	Bootstrappers Club	
PERINFL1	2/8/2018	Schupp, Lisa S.	Toast of Corvallis	
CL	2/28/2018	Seagraves, Jeffrey T.	Spirit Trackers	
MOTSTRL2	2/27/2018	Sexton, Shannon L	Babble-On Toastmasters	
CC	2/27/2018	Silver, David M	Essayons Club	
CC	2/6/2018	Smith, Brent E.	Toasting Excellence Club	
EFFCOAL1	2/6/2018	Smith, Brent E.	Toasting Excellence Club	
CL	2/21/2018	Snow, Stephanie	WE Toasted Toastmasters	
ACB	2/21/2018	Snow, Stephanie	WE Toasted Toastmasters	
PREMASL4	2/8/2018	Stevenson, Scott	Marylhurst Toastmasters	
CC	2/9/2018	Strickland, Scott R.	Spirit Trackers	
CC	2/21/2018	Suravaram, Sudarshan Raju	NoonTime Club	
ALB	2/12/2018	Takamura, Ted J.	Marylhurst Toastmasters	
DYNLEAL1	2/10/2018	Taylor, Seth H	MIME Speaks	
PREMASL1	2/4/2018	Tedd, David William	Babble-On Toastmasters	
CC	2/7/2018	Trivedi, Dhruti M.	Nano-Mated Speakers	
INNPLAL1	2/26/2018	Unger, Sue E.	Clackamas County	
ALS	2/20/2018	Walker, Marvin Lynn	Newberg Toastmasters Club	
PREMASL4	2/15/2018	Wantz, James	Feedbackers Toastmasters	
CC	2/3/2018	Webb-Tomson, Kristin	Timber Talkers	
CC	2/20/2018	Westover, Philip S.	Newberg Toastmasters Club	
ACB	2/9/2018	Westphal, Corinne M.	Communicators Plus	
CL	2/6/2018	Williams, Geoffrey Smooth Talkers Club		
CC	2/22/2018	Wilson, Michael A	Grants Pass Toastmasters	
INNPLAL1	2/12/2018	Yagloski, Ray	Toast of Corvallis	
ACB	2/8/2018	Yevseyev, Vasiliy	Capital Toastmasters Club	
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TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Alba-Lim, Michelle	3	ACG, DTM, ALS, LDREXC, ACS
Andersen, Lorri A.	3	CL, CC, LDREXC
Anthony, Joseph D.	3	CL, DTM, ALS
Arnold, Cate Ann	3	PREMASL3, PREMASL2, PREMASL1
Carr, Jeffrey E.	4	CC, CC, CL, ACB
Dodd, Brian	3	ALS, VISCOML3, VISCOML4, VISCOML5, DTM, ACS, VISCOML1, VISCOML2
Edinger, Allan B.	5	PREMASL5, PREMASL1, PREMASL2, PREMASL3, PREMASL4
Fanning, Paul C.	8	EFFCOAL1, ALS, ACS, DTM, CL, ACG, CC, ALB
Hutton, Lisa F.	3	ACB, ALB, LDREXC
Janci, Rozaline R.	12	CL, CC, LEADEVL4, PREMASL1, ALS, DTM, CC, CL, DYNLEAL5, INNPLAL1, INNPLAL2, INNPLAL3, LEADEVL1, LEADEVL2, DYNLEAL1, PWMENTORPGM, LEADEVL3, DYNLEAL2, DYNLEAL3, DYNLEAL4
Kertesz, Julie	3	LEADEVL4, EFFCOAL3, LEADEVL2, DYNLEAL1, DYNLEAL2, EFFCOAL4, PREMASL5, EFFCOAL1, PREMASL4, LEADEVL1, EFFCOAL2, LEADEVL3, DYNLEAL3, PREMASL3_P, VISCOML5, VISCOML4, PREMASL1_P, PREMASL2_P
Killion, Ginger E.	3	LDREXC, ALS, DTM
Lafferty, Bryson D.	3	ALB, CL, CC
Li, Beverly F.	3	CL, ACG, LDREXC
Locke, Julius Patrick	10	ALB, ALB, CC, CC, CC, PERINFL1, CC, CC, CL, CC
Martin, William T.	4	ALB, LDREXC, ALS, DTM
McFadden, Cheryl	3	CC, CL, ALB
Norris, Lauralee K.	4	INNPLAL2, INNPLAL1, ACB, ALB
Nye, Gregory Allan	3	CC, CL, ALB
Rodke, John Russell	3	CC, ALS, DTM, LDREXC
Schupp, Lisa S.	4	CL, CC, ACS, PERINFL1
Sexton, Shannon L	3	MOTSTRL1, CC, MOTSTRL2
Snow, Stephanie	3	CL, ACB, ALB
Stevenson, Scott	4	PREMASL2, PREMASL4, PREMASL1, PREMASL3

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARD
Thygesen, Erica L.	4	ACS, VISCOML1, VISCOML2, ACB
Tully, Kathleen	3	LDREXC, CC, CL
Walker, Marvin Lynn	3	ACS, CL, ALS
Wang, Marie X	3	ACB, CL, ALB
Wantz, James	5	PREMASL1, PREMASL2, PREMASL4, PREMASL3, CC
Webb, Andrew Justin	3	ALB, CL, CC
West, Larry J.	4	CC, DTM, ALS, ACG

DISTRICT 7 TRIPLE A AWARD BADGES

Allan Edinger
Daniel Chavez
Erica Thygesen
Hillarie Hunt
Jacqueline Bakke
Jim Robison
Ken Smith
Lauralee Norris
Lici Denning
Lisa Schupp

Nisha Kolattukudy
Patrick Locke
Paul Fanning
Phyllis Harmon
Rick Martin
Rozaline Janci
Scott Stevenson
Sue Unger
Tom Colling
Vanessa Peterson





A special shout out to Cascade, Coos Bay, and Sunrise for being part of the District 7 Toastmasters family for over 50 years.

Happy Anniversary to March Clubs

The following clubs are celebrating their charter anniversary this month. Congratulations to all!

CHARTER DATE	YEARS	CLUB	CITY
3/25/2013	5	Audacious Orators	Wilsonville
3/31/2004	14	Babble-On	Portland
3/29/2001	17	Battle Ground	Battle Ground
3/17/2003	15	Bend Chamber	Bend
3/1/1948	70	Cascade	Eugene
3/5/2017	1	Cascade Micro-Toasters	Beaverton
3/1/1999	19	Clark County	Vancouver
3/30/2010	8	Coastmasters	Crescent City
3/13/2012	6	Columbia Communicators	Portland
3/1/1944	74	Coos Bay	North Bend
3/1/1984	34	Highnooners	Bend
3/31/2010	8	Liberty Talkers	Beaverton
3/1/1980	38	Lunch Bunch	Eugene
3/4/2011	7	Milwaukie Talkies	Milwaukie
3/1/1993	25	New Beginnings	Vancouver
3/14/2017	1	Politically Speaking	Vancouver
3/1/1985	33	Prime Time	Prineville
3/3/2010	8	Professionals of Portland	Portland
3/3/2014	4	Salmon Speakers	Vancouver
3/27/2006	12	Smooth Talkers	Lakeview
3/1/1991	27	Southern Oregon Speechmasters	Medford
3/15/2010	8	Suite Talkers	Portland
3/1/1954	64	Sunrise Toastmasters	Portland
3/26/2009	9	Symantec	Springfield
3/1/1988	30	Tell Me A Story	Portland
3/1/1999	19	The Dalles	The Dalles
3/30/2011	7	The Society of Oratory Aerialists	Portland
3/30/2015	3	Toast to US	Tigard
3/7/2006	12	Walker Talkers	Beaverton
3/1/1986	32	West Beaverton	Beaverton

MARCH

27

Division "F"-Areas 71, 72 & 76 International Speech and Evaluation Contests, 6:15 PM – 8:30 PM Stadium Fred Meyer Overlook Community Room, 100 NW 20th Pl, Portland, OR 97209

28

Division H, Areas 91, 92, 94, & 96 International Speech and Evaluation Contests, 6:30 PM – 9:30 PM Griffith Drive Bldg., 4755 SW Griffith Dr, Beaverton, OR 97005

29

Area 63/Area 64/Area 65 speech contests. 6:30 PM – 9:00 PM Marylhurst University, 17600 Pacific Hwy, Marylhurst, OR 97036

30

Last Day for Area Contests

APRIL

7

Division B – International Speech and Evaluation Contest, 10:00 AM – 1:00 PM University of Oregon, Willamette Hall Rm 110, 1371 E 13th Ave, Eugene, OR 97403

Division I Speech Contest - 2:30 PM - 5:00 PM, Bend Library, Brooks Room, 601 NW Wall St, Bend, OR 97701

Division C International Speech and Evaluation Contest, 3:00 PM – 6:00 PM Chemeketa Community College, Building 8, 4000 Lancaster Dr NE, Salem, OR 97301

10

Area 32 & 33 Spring Speech Contest - 10:00 AM – 12:00 PM, Oregon State University Kearney Hall 112, 1491 SW Campus Way, Corvallis, OR 97331

Willamette Division E Evaluation and International Speech Contests, PM – 8:30 PM, Fred Meyer Corporate Office Conference Center (3500 Building), 3800 SE 22nd Ave, Portland, OR 97202

12

Division "F"-Areas 73,74 & 75 International Speech and Evaluation Contests, 6:15 PM – 8:30 PM NWEA Building, 121 NW Everett St, Portland, OR 97209

Area 61 / Area 62 Evaluation and International Speech Contests - 6:30 PM – 9:00 PM Multnomah County Building, 501 SE Hawthorne Blvd, Portland, OR 97214

14

Division A "Southern Division" International Speech and Evaluation Contests, 11:00 AM – 2:00 PM AllCare Health, 1701 NE 7th St, Grants Pass, OR 9752

14 (Continued)

Division D "Columbia Division" International Speech and Evaluation Contests, 1:00 PM – 4:00 PM Cascade Locks City Hall Gymnasium, 140 Wa Na Pa St, Cascade Locks, OR 97014

16

Division "F" International Speech and Evaluation Contests and Celebration. 6:00 PM – 8:30 PM The Standard Bldg.-Lower Level, Standard Insurance Center, 900 SW 5th Ave, Portland, OR 97204

Division H Intl Speech & Speech Evaluation Contests, 6:30 PM – 9:30 PM Griffith Drive Building, 4755 SW Griffith Dr, Beaverton, OR 97005

21

Division G International Speech and Evaluation Speech Contests, 1:00 PM – 5:00 PM, Clark Regional Wastewater District, 8000 NE 52nd Ct, Vancouver, WA 98665

Last Day for Division Contests

Adding Events to the District Calendar

All members of the District Executive Council are encouraged to post upcoming events on the District 7 Event Calendar. Typically posted events include:

Club Open Houses Area Contests Division Contests Club Officer Training Club Workshops Significant Deadlines Conference Calls Webinars

If you are a club officer, and you have an event you want posted, please contact your area or division director who will help you get your event scheduled on the calendar.





Avital Miller, ACB



B. Lee Coyne, ATMS



Brinn Hemmingson, ACG, CL



Crystal Pugh, ACS, ALB



Donna Stark, DTM



Emilie Taylor, DTM



Harvey Schowe, DTM



James Wantz, DTM



John Rodke, DTM



Leanna Lindquist, DTM



Lisa Hutton, ACB, ALB



Mark Thomsen



Mitch Priestley, ACB, CL



Phyllis Harmon, DTM



Robert Canfield, ACB



Terry Beard

61



learning experience

A journey of a thousand miles begins with a single step

Have you embarked on your path yet?

