

Fun, Diversity and Ice
Breaker Candies
Page 18



Cover Story
Jessi Cornforth—2018 Miss Rodeo Oregon
Turning Dreams into Reality

Wishing You a Joyous Holiday Season



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TOASTMASTERS
INTERNATIONAL

Terry Beard

Author, Multipreneur, Mentor



1/19/2018

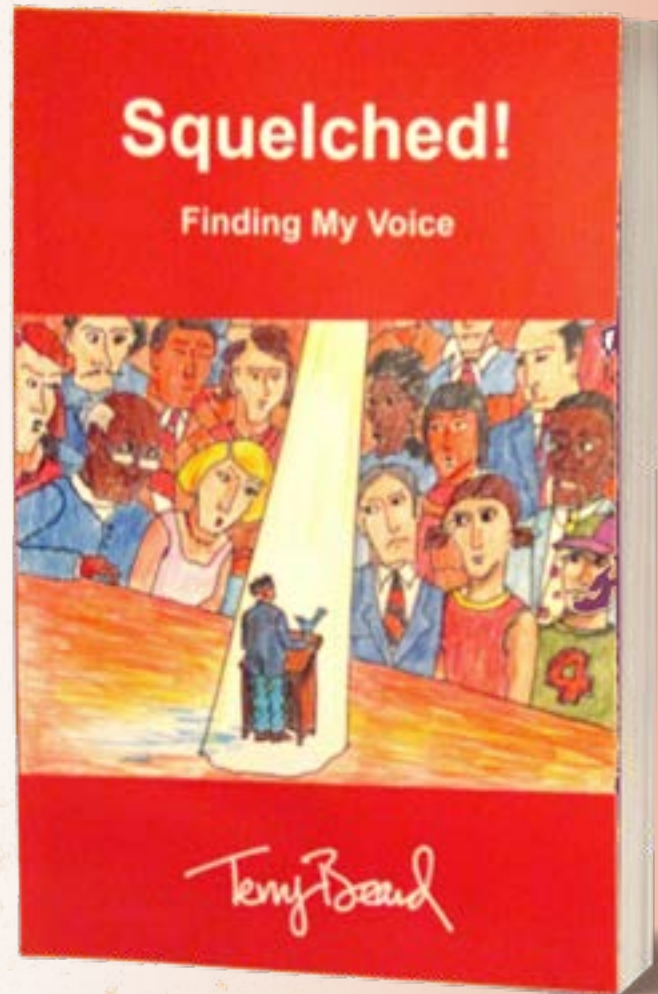
Wallmasters Int'l Toastmasters

Altierus Career College
9600 SW Oak Street
Tigard, OR, 97224
6:35 - 7:45am

1/20/2018

New Horizons Toastmasters

Community at Marquis
19945 SW Boones Ferry
Tualatin, OR 97062
8:00-9:30am



Join us and discover Terry's three keys to success

- How to find your voice
- Connectivity & community
- Volunteerism

OPEN HOUSE - JOIN US!

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Jessi Cornforth—2018 Miss Rodeo Oregon Turning Dreams into Reality

by Phyllis Harmon, DTM



Jessi Cornforth, Oregon City Toastmasters member, began dreaming about becoming Miss Rodeo Oregon in 2013 as a princess on the Clackamas County Fair and Canby Rodeo Court. She turned her dreams into reality on August 19, 2017. Her Coronation Ceremony occurs on January 20, 2018.

Please tell us about your early life

I was born in Portland, Oregon, and spent the first part of my childhood in Tigard. Before I started kindergarten, we moved to Redland, which is a rural part of Oregon City. We still live there today.

When I started school, I tried just about every sport but I never really fell in love with any of them. I would do one for a season or two, but then get bored with it and want to try something else. Luckily though, my parents never let me quit part way through a season, and today I am grateful for that discipline.

How did you get involved with horses? Did you grow up with the dream of becoming a rodeo celebrity?

My parents never owned horses or any sort of livestock. However, my mom grew up in Idaho and always liked them. I had always loved horses; my friends and I would run around the playground pretending to be horses during recess.

How we came to own a horse is actually a funny story. It all started with a delivery truck. My parents owned a vending machine company, and had an old truck for sale. One night at dinner with my aunt and uncle, their family friend inquired about the truck, but instead of straight buying it he wanted to do a partial trade.

To my surprise, my parents actually considered it! When my nine year-old-self found out that she might get her very own real live horse, she jumped at the idea. I checked out every book in the school library on horses and read them over and over. While the horse in the trade didn't work out because he wasn't for a beginner rider, I still held on to that dream. My parents enrolled me in a local 4-H club, and the leader helped me learn to ride.

She also found us my first horse. Jazz was a 14 year old Arabian mare, white with brown freckled spots all over her.

Learning with Jazz was a long process, with a lot of blood, sweat, and tears shed along the way. Slowly we learned together, and became a dynamic duo. We tried almost every riding discipline, but we especially enjoyed the speed events. We completed all nine years of 4-H and four years of high school equestrian team together, going to the state championships almost every year.

My involvement with rodeo didn't begin until 2013, when I tried out for the Clackamas County Fair and Canby Rodeo Court. One of my close friends had been on the court and encouraged me to try out. Many times girls don't get on a court the first time. But I surprised everyone, including myself by earning a spot on the 2014 Canby Rodeo Court as a princess.

I loved every second representing the sport of rodeo. Jackie Gibson, my court director and Miss Rodeo Oregon in 2009, encouraged me to consider running for Miss Rodeo Oregon. I knew I would try out for it some day. First I decided to reign for another year on the Canby Court. I tried out for the 2015 Queen court position and won.

I knew preparing for the Miss Rodeo Oregon Pageant would take a large chunk of time and money. I made the decision to finish my degree at Oregon State University before preparations began. (*Jessi graduated in 2016 with a Bachelor's in Exercise and Sports Science and a minor in Psychology—Editor*)

What drew you to Toastmasters? What did you learn and how has it changed your life?

My mom introduced me to Toastmasters. She joined the Oregon City Chamber to promote

◀ *Left to Right: Kayla Vincent crowns Jessi Cornforth as Miss Rodeo Oregon 2018*

the screen printing business my parents owned. Soon after she joined Oregon City Toastmasters. Once I graduated and moved back to Oregon City, I joined the same Toastmasters club to help prepare myself for the interview and speech portions of the Miss Rodeo Oregon Pageant.

The most important skill I learned from the



club was to slow down and mentally prepare my answers before speaking. I am also much more aware of when I or other people use “uhms” or “ahs” to fill the air, and use them less often than I used to. The Oregon City club meets at 6:30am. I realized that if I could speak cohesively that early in the morning, then I could certainly do so during the day after I actually woke up. I am still a member of the club, but with my work schedule and planning my coronation, sleep usually trumps the meetings. I plan to return to meetings regularly after my coronation, which will be held in Canby on January 20th.

What process did you go through to become Miss Rodeo Oregon?

My journey to become Miss Rodeo Oregon officially began after I graduated from Oregon State University in June of 2016, however I always

had the title in the back of my mind since my princess year on the Canby Court in 2014.

My graduation gift to myself was a then two-year-old quarter horse named Dually. My first horse, Jazz, passed away in the summer of 2015 in her pasture at our home in Redland. She lived a healthy and happy life to the ripe old age of 26, and wasn't retired from riding until she was 24. Jazz even helped me win my princess title when she was 23, but was retired from rodeo because the traveling was too hard on her.

Dually had a good and easy start to his riding career, but more importantly had the calm work ethic that a rodeo horse needs to have. I took riding lessons with him from his previous owner, who is an internationally renowned colt starter, and then with a highly recommended trainer in Molalla.

I would ride with her once a week, and she would give me “homework” exercises to work with Dually on during the rest of the week. I also took Dually to different riding events and to the St. Paul Rodeo to get him used to all the sights and sounds that he might encounter. Thankfully with Dually's laid back attitude, he handled the events and rodeos better than most older horses did.

Along with improving my riding skills, I also had to study rodeo history, rodeo terminology, equine science, and current events. My typical day in the months before pageant consisted of: designing my pageant wardrobe, riding Dually, going to my job as a server, and then studying at night. Along with horsemanship and knowledge, there were appearance and photogenic categories to be won at the pageant, so I designed and bought my wardrobe completely on my own.

The pageant itself was a four-day competition held during the Clackamas County Fair and Canby Rodeo in August. Two other contestants and I said goodbye to our parents and gave up our phones at orientation for the first day of pageant. From then until the end of judging, we could not talk to our families or the rest of the world. We had chaperones that shuttled us to and from each event, three out-of-state judges, and we stayed in a hotel. The first day consisted of orientation, move in, a written knowledge test, and then autographs and grand entry at the rodeo.

Our second day of pageant was Personality Interview Day, where the judges could ask us

questions about our hobbies, favorite rodeo contestants, current events (and really anything else they thought they could stump us with).

The third day of pageant was the longest day. We started with horsemanship. We began by riding each other's horses, not our own. This tested how well we could ride an unfamiliar horse. Any time Miss Rodeo Oregon goes out of state for a rodeo, she rides a horse provided for her at the rodeo. Following that test, we mounted our own horses and rode a few different patterns. We also demonstrated our ability to push cattle out of the arena. Horsemanship is the most coveted award at the pageant, and also earns the most points. It is vital to know how to ride well.

After we dismounted, it was time for horsemanship interviews. They focused on our knowledge of equine anatomy, diseases, rodeo events, and scenarios that might be encountered at a rodeo. Following lunch, we changed outfits and prepared for a mock TV interview. We were asked two questions in front of an audience at the fairgrounds. After that, we prepared for the rodeo grand entry and also helped with a fund raiser that the rodeo was hosting that night.

Saturday was the fourth and final day of the pageant. It was also the day my life was forever changed. The last section of the competition was the fashion show. We modeled a western trend outfit and did a little dancing, and then gave a prepared speech and answered three impromptu questions while modeling a western dress.

I was thankful for Toastmasters as I completed my impromptu questions—because I was able to think on my feet! After the fashion show, judging was complete and we were allowed to enjoy the fair while we waited for the rodeo to start. Crowning took place during the rodeo in front of my hometown crowd. I won the categories of: photogenic, personality, appearance, speech, and horsemanship. Then the moment that I had visualized for so long came. My name was called and the Miss Rodeo Oregon crown was placed on my head!

What was the most memorable experience during your journey?

The most memorable part of the journey to Miss Rodeo Oregon was in the last few weeks before the pageant began. I realized a few things: that I had taken a green broke horse and made him into a ready-to-win rodeo horse in one year, that my horsemanship skills and confidence had

improved so much with him, and that I had a ton of people backing me on this journey.

I would not trade this experience for the world. I told myself that I was going to compete once and compete right, and that is exactly what I did. I am so proud for how far I have come and realize how far I can go. I am also so grateful for the people I have supporting me. Rodeo people say it takes a village to raise a rodeo queen, and I have the best village out there. I cannot wait to make them proud throughout my reign and at the Miss Rodeo America Pageant in December 2018.

This experience has taught me to always trust your instincts, trust your God, and to never let go of a passion. My journey was not a perfect one. There were really hard days, with times I felt like I couldn't do it and that I should just give up. But with the right people to help stand me up and dust me off when I fell, a lot of faith and an unwavering desire to succeed, I broke through my own glass ceiling. Overall I have learned to always have courage and always be kind.

Jessi's coronation ceremony and dinner will be held Saturday, January 20, 2018, 5-10pm, at the Clackamas County Fairgrounds & Event Center, 694 NE 4th Ave, Canby, Oregon 97013. Tickets available through Jessi at missrodeooregon2018@gmail.com.





JUST SAYIN' . . .

My Christmas List

by Donna Stark, DTM—District Director

Dear Santa,

I know I haven't written for a while. I hope you and Mrs. Claus are well. Since I wrote my last letter I've grown up and joined Toastmasters! There are a few things on my Christmas list this year:

- Two more advanced manuals. I'm wrapping up an Advanced Communicator-Silver and need to choose two more manuals to complete an AC-Gold in the legacy program before June 2020. I'm thinking the Public Relations or Speeches by Management manuals would be appropriate, but I trust your judgment.
- A new Pathways Path. I've started working through the Effective Coaching path and am liking what the new Pathways program has to offer. I appreciate that Pathways integrates speaking and evaluation assignments, and the resource videos are a nice touch. Please feel free to share these with all my Toastmaster friends. I know they would enjoy this gift...what's not to like?
- I found some cool gift items on the Toastmasters International website. Gift certificates are always welcome! ;-)

You might want to consider Toastmasters, too. I realize you're known for your Ho Ho Ho, but there may be times you're using it as a crutch or filler word. Toastmasters can help with that! If there isn't a club that's convenient for the North Pole, we can help you start a new club for you and the elves. Toastmasters is the gift that keeps on giving. Consider this suggestion my gift to you.

I hope you agree that I've been very good this year. I know I used to leave you milk and cookies. Let's be honest... neither one of us needs cookies anymore. Safe travels, and please say hello to the reindeer.

With warm regards,

Donna

p.s. I still like to find an orange in the toe of my stocking... just sayin'.

FROM THE DESK

Focusing Forward

by John Rodke, DTM—Program Quality Director



The first half of our Toastmaster year draws to a close. I invite you to reflect upon the positive changes your efforts have created within your life. What is one more change you wish to make within the next 6 months? Envision achieving that success, How can we help you leverage Toastmasters to accomplish that change?

We had over 215 motivated Toastmasters attend our Winter TLI. The energy, enthusiasm, and excitement were inspiring. A huge shout out to the members of Future Stars! A Golden Gavel Club with promising youth who are and will be stars within our local community. Our amazing volunteers and presenters did an awesome job of bringing about successful training. Thank you!

At TLI we had a huge number of members stand up and prepare to step into the next level of leadership roles within our District. I am excited to work with them and you!

A quandary many of our seasoned members are experiencing is how to finish up a DTM in the “legacy” program while being eager to get started in the Pathways Education Program. You are encouraged to do both! Trade between programs with your speeches, share your hard-earned wisdom with our newer members, and leverage your adaptable skills to become Subject Matter Experts in the Pathways Program. It offers you a multitude of new options to explore.

Many individuals need to finish up a few elements to achieve their DTM by June 2020. Check out item 1212 in the Toastmasters shop to see what you need. The fun and rewarding ones are:

- District Service Credit - Serve as an Area/ Division Director or District Leadership Position for one year. This is a potential stumbling block. You only have two more opportunities to sign up. Don't wait! Contact me, John Rodke if you

are interested in serving and learning.
johnrodke@d7toastmasters.org

- High Performance Leadership Project - This amazing and practical program is a manual to help you lead a team to success. It can be a Toastmasters related project or anything within your community. It is Item 262 on the Toastmasters site. I wish I would have utilized it when I was a Project Manager! Hindsight is 20-20. You can do this at any point in your Toastmasters journey, so dive in and use this valuable tool.
- Sponsor, Mentor, or Coach a club. These excellent opportunities help you blossom as a Toastmaster. Serving in each of these roles have been some of the most rewarding parts of my TM experience. Contact Emilie Taylor if you are interested in serving in these awesome roles!
- Club Officer training is important to help you thrive while providing your members the best experience possible. These opportunities are not limited to club officers or even members. Please check out future trainings on the District 7 Calendar at d7toastmasters.org to see where you can attend. Being trained anywhere in the world helps your club succeed.

I look forward to learning and growing with you in 2018! Cheers to embracing Pathways, getting trained, and having fun in our awesome organization!



A festive winter scene with a snow-covered village in the background and a large, decorated Christmas tree in the foreground. The tree is adorned with colorful ornaments and lights. The overall atmosphere is warm and celebratory.

Wishing you
the best of the
Yuletide Season

Donna, John & Emilie

FROM THE DESK

The Gift of Giving (a Toastmasters Membership)

by Emilie Taylor, DTM - Club Growth Director



In the spirit of the holiday season and whatever way you wish to celebrate it. . . it's all about giving, sharing, and love.

Some gifts are tangible and some are intangible. The intangible gifts last a lifetime. Tangible gifts may break and shatter. My brother Edel gifted me with the "idea" of Toastmasters. In 2013, he mentioned on the phone that I should check it out.

It took me another year to visit a Toastmasters club. Joining Toastmasters helped me to fill in voids I never knew I had. I learned what "to educate" really means. "Educate" is the drawing out of that which was already there, but yet to be discovered.

I began to learn to draw deeper and deeper into my well. The deeper I drew, the purer the water, or in this case the thoughts and ideas. These changed me in profound ways.

I was watching the movie, *Dying Laughing*, about comedians the other night. It was about the struggles they went through in order to make people laugh. One of the stories was from a woman by the name of Tiffany Haddish. She said that when she was younger, she had to make a choice between going to a psychiatric ward or joining comedy boot camp for 8 weeks. The boot camp seemed to be the best choice. It was safe, a place where people were supportive and encouraging. This allowed her to develop her comedy skills which completely changed the direction, course, and outcome of her life.

This parallel flashed through my mind because that's exactly what Toastmasters had done in my life. Did Toastmasters change me? Transform me? Yes, changed in more ways than I can ever count.

One of the many ways (and quite a big surprise) was finding out that I can make people laugh. My husband in the past would joke that "humor is a difficult concept" for me. A quote from Star Trek to a Vulcan. To infuse humor in

my speeches was hard at first. It has become relatively easier now because my writing and thinking skills have improved considerably. I used to ruminate about how badly I did in table topics, evaluation, or speeches. Now, I shrug it off and say Next! Your feedback and encouraging notes helped so much!

What a GIFT! Almost a 100 years later, our founder Ralph Smedley's ideas and thoughts have brought transformation to millions of members who have been through the Toastmasters program. The program not only builds on speaking and leadership skills, it also helps build self-esteem, poise and confidence. It's taken us from shyness to boldness, from fear to confidence, from a feeling of weakness to strength!

An idea for the season is to use your education, to draw out from where you started to where you are, and think about ways and means to help others transform their lives. You may give a tangible gift of a Toastmasters membership. If you can't, you can give the gift of an invitation by bringing your friends, coworkers, relatives you care about to a club meeting. Or, I pose a challenge for you: plant the seed of Toastmasters just like my brother did for me.

A gift of a Toastmasters membership can truly change lives. The best part is the personal growth, new friends, and new ideas that Toastmasters has gifted us.

Have a happy holiday season. Tell those you love that you love them. Your light, poise, and confidence makes a difference well beyond the Toastmasters Experience.

**Blessings and
Happy Holidays**





PERSPECTIVES

One Hundred Toastmasters

by Leanna Lindquist, DTM

Of any one hundred Toastmasters, it must be confessed that 45 will not continue past the first year. Perhaps this may be regarded as a failure, but in later life all of these will remember they had been Toastmasters and will speak well of the organization.

Of the one hundred, less than 30 earned a Competent Communicator Award. 19 of the hundred earned the Competent Leadership Award. Some left without earning any awards.

Each of the one hundred will learn something from Toastmasters. Almost all will feel their communication skills improved. They had the opportunity to lead a meeting. This may help them in the work place. Some will use this experience in their role as a volunteer. Some will have benefitted by being club officers. They learned to lead a team and be accountable.

Less than one per cent of all Toastmasters will achieve the level of Distinguished Toastmaster. Some of those who earn a DTM go on to earn more. Members work hard to earn this distinction. Many do it to challenge

themselves. Others say it gave them a sense of accomplishment. All were role models for the members in their club. Of course they learned many skills on the way. They gave 47 speeches, served as a District Leader, helped start a club, and completed a High Performance Leadership Project.

Many people say Toastmasters is one of the best kept secrets. Perhaps that is why there are less than 215,000 members in all of North America. When you talk to people many know something about Toastmasters. Whether, its "I've been meaning to visit a club" or "my dad was a Toastmaster", the name Toastmasters has a positive reputation. Many successful people with nationwide name recognition were Toastmasters.

The need to be better communicators, listeners, and leaders, to provide feedback, and gain self-confidence will never end. When people look around for an organization that can provide it all in a safe and caring environment, they will turn to Toastmasters.

Inspired by the poem *One Hundred Scouts*.



hosted by Feedbackers Toastmasters
the Workshop Club

THE ART OF FEEDBACK



James Wantz
Moving Effectively - How
to Evaluate Body Language



Beth Genly



Eric Winger
Listening at Different Levels

YOU ARE INVITED

January 10, 2018
7:30 - 9:00 PM

Griffith Drive Building
Rm 300
4755 SW Griffith Drive
Beaverton, OR 97005

"Feedback is the breakfast of champions" - Ken Blanchard

Giving great feedback is an art form. Learning how to evaluate a person's performance is best done through practice. Please join us and learn how to share your message gracefully and effectively.



Open House - Join Us!
feedbackers.toastmastersclubs.org/



JOURNEYS

Christine Seed – a Charter Member

by Brinn Hemmingson, ACG, CL

Almost four decades ago, a male coworker invited Christine to join our company club so he wouldn't be the only young person there. She refused, stating this particular club was full of old men. This was her first awareness of Toastmasters.

The incident that got her to join happened years later in 2002. A coworker Denise Sharp noticed that Christine said very little in staff meetings. She was also surprised to discover that while Christine's story repertoire was limited, the stories she knew were vibrant, interesting and occasionally historical. Denise knew Christine needed to find her voice and she knew where to look for it, at Civil Tongues Toastmasters in the Oregon State Building.

Christine has belonged to two clubs, Civil Tongues (2002-2010) and Portland Progressives (2006-current). She is a charter member of Portland Progressives. In Civil Tongues, she was President and Treasurer. In Portland Progressives Christine has been VP Membership, Treasurer, Sergeant at Arms twice and Secretary substitute upon demand one year. Currently she's the VP Education.

"We can learn so much from each other if we but pay attention to what is being said and live in the moment." Christine covers the front desk in the library on occasion. She works as a library technician in the Bonneville Power library

in NE Portland. She also volunteers at Midland library, her local public library. "The difference in clientele between these two is amazing. You never know what question will be posed to you by another. With the public library, requests are far more varied. I have tons of empathy for those who work in retail. You need to give an answer to solve their problem."

Christine has entered the table topics, humorous speech and the evaluation contests. She prefers the table topics contest as she feels that this challenges her mind to deliver a concise coherent answer quickly. She placed third in her first table topics contest. That was enough to encourage her to sign up for the next contest the following year!

Christine says, "My political senses have been heightened and curiosity aroused. I have learned so much from the speeches of others. You can't use the same dynamics when speaking to everyone to convey your point. The money you spend on Toastmasters dues is money well spent. I am a work in progress as far as speaking goes."



Winter Toastmasters Leadership Institute Recap

by Phyllis A Harmon, DTM

Toastmasters have a reputation for flexibility and willingness to stretch beyond their comfort zones. A reputation that was put to the test earlier this year when it was announced that winter Toastmasters Leadership Institute (TLI) would occur in December instead of the historical mid-January timeframe.

After much head scratching and whispers about new-fangled ideas, District 7 members rose to the occasion. Over 200 people gathered at Wilsonville High School for Toastmasters Leadership Institute on December 2, 2017.

The day started early for the volunteers who arrived around 7:00am to prepare for the day. By the time people arrived at 8:00am, the Registration team was on the job handing out schedules, name tags, and registering club officers for Distinguished Club credit. Cathy Harris, Hospitality Chair, and her team were busily organizing the potluck contributions and getting the coffee flowing. Mary Canton, Volunteer Coordinator, and Tamsen Corbin, newly appointed District 7 Education Coordinator, made sure that presenters and room coordinators had the supplies they needed for their sessions.

The program began at 9:00am with a keynote

from Charley Patton, Region 2 Advisor, who inspired the audience to step into leadership and embrace opportunity. It was followed by a day filled with club officer training, and optional sessions focused on Pathways, leadership, mentoring, and contests. Current and future club officers took advantage of the day to network, share best practices, and learn more about Pathways.

People loved the auditorium and commented that the ample potluck was well organized. At the end of the day, 185 officers were trained. People walked away with a toolkit of best practices, a deeper understanding of Pathways, and a focus and plan to finish the year strong.

If you were unable to attend TLI, each Division is scheduling club officer training during January and/or February. The trainings will be listed on the District 7 event calendar.

A special thank you to James Wantz, Public Relations Manager/District Photographer, and his team for the photos taken during the event. Click on the link below to hear and view a photo recap of the day.



Toastmasters Leadership Institute December 2, 2017 Photo Recap

Photos by
James Wantz & Tom Knapp



SUCCESSFUL CLUB

Fun, Diversity and Ice Breaker Candies

by Bill Hernandez, DTM

Tuesday's at noon on the Nike World Headquarters campus, club President Michael Blythe opens the West Beaverton Toastmasters meeting with the same question:

"Is everyone ready for the best hour of the week?"

The resounding cry of 28 people saying YES in harmony is a sound I never get tired of hearing.

April, 2018 will mark my twelfth year as a member of this incredible club that has been President Distinguished for 8 years in a row. There are endless reasons why I love our club and I can sum them up with these: fun, diversity and Ice-Breaker Candies.

I need only think back to our last meeting as a great example of these three principals in action.

For most people, getting up in front of a group and having to speak is a frightful experience. But one common theme each week that helps alleviate this is our fun factor. We not only count the uh's and um's, we also count the laughs. No one delivers the fun better than Distinguished Toastmaster, Patrick Tuohy (pictured here wearing a mask for our Grinch themed meeting). And, his creativity and leadership rubs off on all our members.

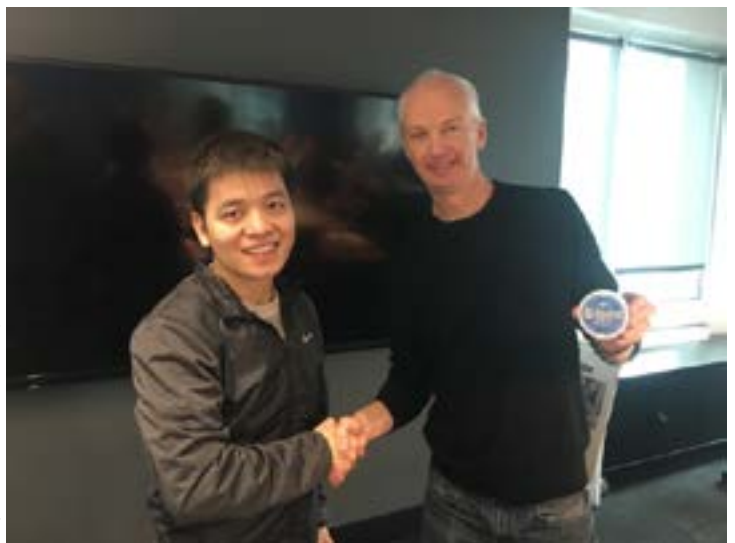
Our laugh counter lost track last week during table topics when Michael Midghall (pictured) led the West Beaverton Christmas Carolers as they re-told the story of how the Grinch stole Christmas.

Thirty years ago one of the best decisions founder Del Weaver (still an active member) made was to make WBTM an open club. Only half of our current members (28) work on the Nike campus. Nike is a global company and this is a global group of Toastmasters. We have or have had members from China, Korea, India, Brazil, Mexico, Nepal and Russia, to name a few countries. The ability to learn about different

cultures and customs while having fun is something I believe makes our club so unique. We also have diversity in experience. Ten of our members have achieved at least CC status and all are more than willing to mentor the less experienced members.

Finally, I believe it is the small things we do that make a huge difference. Whether it is always having theme meetings (picture of last weeks agenda), creative re-caps (see photo) showing up to support and make the most noise when members compete in area and division contests or making sure evaluators present those members giving their ice-breaker speeches, you guessed it, Ice-Breaker Candies. (Pictured - Sergeant at Arms Clinton Hodgson handing new member Ben Lee his well deserved award).

We invite anyone in the Portland area to drop by and check out why West Beaverton Toastmasters is such a special club; but be warned, the Toastmaster may be dressed as a judge and the club may be determining the fate of Peter Cottontail. (Picture of juror Bill Hernandez with Peter).





WEST BEAVERTON TOASTMASTERS

TUESDAY, AUGUST 30TH!

LAST TUESDAY, WE WERE TREATED LIKE ROYALTY!

One
One song can spark a moment
One fragrance can wake a dream.
One seed can start a forest
One bird can herald spring.

One smile can begin friendship
One word can break the ice.
One vision is all you need
Even with a pair of eyes.

One candle can impair darkness
One sunbeam can light a room.
One light can warm when it's cold
One laugh can conquer gloom.

One touch can show you care
One encouragement shown.
One ear is good enough
When one is feeling alone.

Even though I say several things
The meaning is one.
I don't have to deliver 10 speeches
you see
It's just this One.

IMAGINE WHAT WILL HAPPEN AT THE NEXT MEETING!





Gradual Growth

by Ryaan Akmal



Having been thrown into a Toastmasters Gavel Club only a year or two ago and now serving as Vice President Education, I can say that a lot has happened very quickly in my Toastmasters experience.

I was introduced to the Future Stars club by my cousin. At the time, she was finishing her second year as President. When the next election day rolled around, I weighed the options carefully, and put my name in for Sergeant of Arms (which may or may not have been the only job I had the qualifications for). After crushing my competition—running unopposed—I had become an officer.

At first, being a Sergeant at Arms wasn't too exciting. Don't get me wrong, I was always diligent in my tasks and performed all of my roles to the best of my ability; but I didn't feel like I was growing. At officers meetings I would sit in our little circle, not engaged or participating.

However, there was a fundamental shift somewhere in my thinking—it would be impossible to tell when. With experience and exposure, I had gained a full sense of what our club was doing and how it worked. Armed with that realization, I engaged with the club with renewed vigor. I actively worked to make sure meetings ran smoothly behind the scenes, filling in missing roles, making sure everyone knows what they should be doing.

Looking back on it now, even though I felt like I wasn't gaining anything, I was gradually growing the entire time. I never realized it until I took a moment to look back from where I once came. I see now that that's what Toastmasters is all about. It isn't some hack to make you extroverted or to turn you into a flawless communicator. It's about fostering and nurturing your inner leader, your inner communicator. Toastmasters is about raising people up to their potential, not taking them there.

When it was time again for another election year, I knew I was ready for more responsibility. I took up the mantle of Vice President Education.

The first few weeks were a rude awakening; being VPE is a much more communication-heavy and work-intensive job than I was used to. But with Toastmasters, I knew I could rise to the challenge.

Ryaan Akmal is a sophomore at Sunset High School, and has been a part of the youth Gavel Club, Future Stars, for 2 years.

Future Stars Gavel Club, is a youth communication and leadership club administered by Toastmasters International, helping the young people of today become the great leaders of tomorrow! The club is open to all middle school and high school aged kids. It gives them the opportunity to become better listeners, thinkers, speakers and leaders.

The club meets weekly during the school year every Saturday from 10:30am-12:00pm at 4115 SW 160th Avenue, Beaverton, Oregon 97007 in the first room in the portal. To learn more about Future Stars or to visit the club, please contact Coach Humaira at futurestarspdx@gmail.com. Visitors are encouraged to visit the club and see for themselves why Future Stars should be part of their educational journey.

Toastmasters . . . It isn't some hack to make you extroverted or to turn you into a flawless communicator. It's about fostering and nurturing your inner leader, your inner communicator. Toastmasters is about raising people up to their potential, not taking them there.

HIDDEN TREASURE

EARLY OREGON TOASTMASTERS - PART 8

by Harvey Schowe, DTM - District 7 Historian



Oscar Ingalls Hall, Jr., a Portland Toastmasters club #31 charter member, was born in Seattle, Washington on July 15, 1901. His parents were Oscar O. Hall, an Inspector for Seattle City S and S Department, and Lula M. Dupee.

He attended schools in Seattle. At the University of Washington he majored in engineering. He was a member of the Theta Xi fraternity in 1921 and 1922. In 1924, he worked as a junior engineer. In 1928, he was a building superintendent.

On October 26, 1926, Ingalls married Elizabeth Lucile Hogg. After April 1930, Ingalls and his family moved to Portland, Oregon for a job at Oregon Bridge and Dredging where he served as general manager and vice president.

Ingalls Hall joined Portland Toastmasters club #31 as a charter member in the fall of 1934. During the San Diego Toastmasters Conference on October 6, 1934, Toastmaster officials and members approved establishing two Districts. District One encompassed California. District Two included the Pacific Northwest.

A District Two organizational meeting was held on May 31, 1935 in Tacoma where Ben

W. Tidball was elected District Two governor.

Ingalls Hall, Jr., Portland, was one of the club representatives attending the meeting. Other attendees were James Hoy from Tacoma; Bruce Harris from Seattle No. Two; Ben W. Tidball from Olympia; Ed Heed from Seattle No. One, and Raymond J. Huff, also from Seattle No. One who was a Toastmasters International Officer. Ed Heed later became a Toastmasters International Vice President. After 1937, Ingalls and family moved back to Seattle, Washington. Ingall's involvement with Toastmasters in Seattle remains unknown.

After leaving Oregon Bridge and Dredging he worked as a sales engineer for the Austin Company until 1942 when he worked as a contractor. Ingalls moved up to a construction superintendent. Later he started the Hall-Atwater Construction Company. In 1948, he worked as an engineer for the company. He served as president of an Engineers Club. He worked with his son, Johni at O I Hall Company General Contractors until his retirement. On October 28, 1967, Ingalls Hall, Jr. died in Seattle, Washington.





Welcome to D7 Toastmasters
Pathways Virtual Academy
Guide: James Wantz

PATHWAYS GOT YOU FEELING STUMPED? STYMIED? STUPEFIED?

WHO YOU GONNA CALL?

D7 Toastmasters Pathways Virtual Support Academy—that's who! Join James Wantz, Pathways Academy Guide, and a growing peer group of knowledge masters as they answer queries and share "how to" discoveries. Virtual sessions are held every Tuesday 7-8pm between December 26 and March 27, 2018. Call information listed below or contact James Wantz at prm@d7toastmasters.org for more detail.

HOW YOU GONNA CALL?

Join from PC, Mac, Linux, iOS or Android: <https://zoom.us/j/378867847>

Or iPhone one-tap : US: +16699006833,,378867847# or
+16465588656,,378867847#

Or Telephone:

Dial (for higher quality, dial a number based on your current location) US:
+1 669 900 6833 or +1 646 558 8656

Meeting ID: 378 867 847

YOU ARE INVITED TO PARTICIPATE!

WHAT:	<p>Earn a D7 Pathways Triple A Award</p> <p>This year only you can earn a D7 Pathways Triple A Award by completing the Early Adopter, Early Achiever & Early Advisor tasks listed below – each of these is an award of its own!</p>
WHY:	To encourage member participation in Pathways, D7 is offering these unique awards to members in Pathways—but only for a limited time!
WHEN:	NOW!
HOW:	Watch a two minute video for more information: https://youtu.be/llsY52rRe6I
WHAT YOU DO:	<p>Early Adopter Award:</p> <ul style="list-style-type: none"> • Complete the Level 1 Pathways Icebreaker project in any Path. Base Camp will show project marked complete after post assessment. Deadline: December 31, 2017 • Complete this online form: Early Adopter Award Application • Receive the Early Adopters Badge <p>Early Advisor Award:</p> <ul style="list-style-type: none"> • Help another member with Pathways (help them log in, pick their first path, guide them through the Icebreaker project, or answer technical questions about Pathways). Deadline: May 31, 2018 • Complete this online form: Early Advisor Award Application • Receive the Early Advisor Badge <p>Early Achiever Award:</p> <ul style="list-style-type: none"> • Complete Level 1 in any Path. Deadline: March 31, 2018 • Complete the Level request on Base Camp. Your club Base Camp Manager will confirm completion in Pathways and then submit the award to Toastmasters International through the Club Central portal • Receive the digital badge for Level 1 completion in Base Camp

That's it!

Do those 3 steps, and you will be awarded D7 Pathways Triple A Award and a 'Be Extraordinary' pin will be mailed directly to you!

For more information, contact:

Cate Arnold – D7 Pathways Triple A coordinator – impeccablecate@gmail.com

James Wantz – D7 Public Relations Manager – prm@d7toastmasters.org

TOASTMASTER, LECTOR, MENTOR
ADVERTISING SALES, THE BULLETIN

Pat Lynch

By Sue Stafford for The Bulletin Special Projects
Photos by Tess Freeman and submitted

Pat Lynch will celebrate her 82nd birthday on November 2 and she won't be sitting quietly at home. Lynch will be busy at work in the advertising department of The Bulletin, where she has worked for the past 22 years.

Lynch, a Portland native, who admits she was shy as both a child and an adult, decided in 2004 to face her fear of public speaking by joining the Highnooners Toastmasters Club in Bend. The club empowers members to develop communication and leadership skills for greater self-confidence and personal growth.

Although it took her a year and a half to make her first speech (most people do it within their first four weeks), she has gone on to serve as a club coach for two other Central Oregon chapters. As the Toastmasters High Desert Division governor, she traveled to other clubs from Madras to Alturas, California. During her tenure, the High Desert Division received the President's Distinguished Division Award, the highest award given to a division by the international organization. She has also attended a number of International Toastmasters conventions.

From her experience with Toastmasters, Lynch gained the confidence to become a lector at her church, as well as teach religious education classes for adults.

"Of the 100 things feared the most, death is number two, and public speaking is number one," said Lynch.

This dynamic woman doesn't just want to be able to speak in public. What started as a personal challenge has become a passion for helping others gain self-confidence and the freedom that comes with it. She enjoys nurturing leadership qualities in others as well.

Lynch may have been shy in her youth, but that didn't prevent her from experiencing life to the fullest. She performed in musicals as

a teenager ("as a member of the chorus or in small parts," she qualified). After graduating from Chouinard Art Institute in Los Angeles, she continued in musicals while she lived for two years in Australia.

Traveling has always been high on her list, and as part of a group from Marylhurst College, she traveled through 13 European countries.

One Friday night, at a church social, Lynch met Jim, a widower; they became engaged 10 days later and married three months after that. She became mother to his three children, two sons and a daughter, and they were married for 34 years.

She and Jim loved hiking in the High Sierras, starting at 10,000 feet and descending to stay in camps at Tuolumne Meadow, Merced Lake and Sunrise before reaching the Yosemite Valley. On Christmas Eve 2001, she lost Jim to a heart attack, an event she reconciled by saying, "I'm so glad he's not stuck in bed. God wanted him."

Lynch enjoys writing as well as painting with acrylics and watercolors. Her beloved Hasselblad camera, which Jim bought for her, requires film so she hasn't recently pursued her interest in photography.

With no plans to retire, Lynch will continue to split her time among Toastmasters, work, church, family and the City Club of Central Oregon, where she is a member of the planning committee.

Her walker, which she calls Robbie, helps Lynch to stand upright as she deals with curvature of the spine. But even physical impairments can't slow down this dynamo with the sparkling eyes, bright smile and undying confidence.



**Without self-confidence,
it is difficult to do what
you want with your life.
It's such a blessing to
be able to do what you
really want to do.**



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OF PROSPECT AND RETROSPECT

by Lee Coyne, ATMS - Guest Contributor

January is on the near horizon. The fanfare of the holidays shall soon fade. Yet new challenges are sure to surface as we enter 2018.

The Roman goddess Janus provides us the month's name. She is visually depicted as having two faces going opposite ways. One is looking backward to the passing year; the other peers forward to the year just arriving.

What does this metaphor really mean to us?

It signifies that as we peer toward the future we should not neglect those lessons of the past. Let the insights derived from yesterday, some with outcomes not always favorable, be guides as we enter new terrain.

As Toastmasters, we respond in kind to build our everyday skills to new levels. How tactfully we assess others can often stem from our evaluator job.

Keeping discipline as the timer can save us from being overly verbose. Table topics may better prepare us for the unexpected from the kids. And Toastmasters meetings teach us all on how to gainfully garner attention and win over others.

Let the year ahead encourage you to come out ahead. Heed that call.





CLUB COACH CORNER

LET'S GO!

by Lisa Hutton, ACB, ALB

The end of December is halftime for Toastmasters and an opportunity to review how one's club is doing. Is your club on track to achieving the status of Distinguished, Select Distinguished or best yet, President's Distinguished?

Setting goals, reviewing and realigning tactics are likely necessary in order to ensure objectives are reached by the end of June 2018. For example, if not all (minimum 4) of the club's officers attended the Winter Toastmaster Leadership Institute earlier this month; there are makeup trainings in both January and February.

Are club members embracing the new Pathways program? Are experienced members making plans to achieve their DTM (Distinguished Toastmaster) before the "Legacy Program" expires? Knowing the specific goals your members have set for themselves will be the best way to support them and in turn safeguard the club being Distinguished, or better! When a win-win environment becomes the norm, the club no longer struggles to keep members engaged in the Toastmaster program.

Often before a team takes the field, court, or playing space, it's typical to see players gather and chant a team slogan, count down from three, and say 'let's go!' or, high-five each other to generate enthusiasm and positive energy.

For us, the Toastmaster's Promise is what binds us to each other and our united efforts to serve one another to the best of our abilities. By regularly reviewing and perhaps having members read aloud at a club meeting, the Toastmaster's Promise takes on greater purpose and can transform the very people that say the words.

As a member of Toastmasters International and my club, I promise;

- To attend club meetings regularly
- To prepare all of my projects to the best of my ability, basing them on the Toastmasters education program
- To prepare for and fulfill meeting assignments
- To provide fellow members with helpful, constructive evaluations
- To help the club maintain the positive, friendly environment necessary for all members to learn and grow
- To serve my club as an officer when called upon to do so
- To treat my fellow club members and our guests with respect and courtesy
- To bring guests to club meetings so they can see the benefits Toastmasters membership offers
- To adhere to the guidelines and rules for all Toastmasters education and recognition programs
- To act within Toastmasters' core values of integrity, respect, service and excellence during the conduct of all Toastmasters activities

Now let's get on with the second half of the game. It's time to meet new people, learn something new and have some fun!



A WRITING EXERCISE

Single Monologue Character Assassination

by Joe Anthony, DTM

Award-winning author, mentor, and writing coach Joe Anthony agreed to submit an article to Voices!, if he was allowed the freedom to be creative. Joe's article reveals his penchant for the unusual.



Dear Mr. Reyce,

Nobody talks to Ely. And I know, as management, you're limited in how much sway you have over the social environment of the breakroom. But I just wanted to bring it to your attention that nobody talks to him.

First off, there's the odor issue. You know the warehouse has a name for him? I would never use it, but they call him 'The Great Unwashed' when he's out. Or when he's down the hall. Or when he's been quiet for too long and we forget he's still in the office, slowly and methodically bending the community paperclips into hundreds of tiny checkmarks.

Nobody talks to Ely, and I think I know why. Aside from the slow, loose thoughts that come tumbling out when you ask him a direct question, which inevitably congeals into a roundabout 'I don't know.' There's also the depressing side of talking to him. And I don't mean cutely depressing like Linda and her 'This Meeting Could Have Been A Text' mug. I mean, really depressing. Like when I asked him about his schooling he told me a long, slow story about a girl with polio he was assigned to. I guess he had the same sparkling personality when he was in grade school, because his teachers paired him with a girl on crutches. For recess. For a whole year. When I thought this might be an uplifting story, that Ely might finally share an endearing anecdote, he tells me he hated it. She was boring, walking around every recess listening to her was boring, and life sucks. That's the punchline to every story he tells—everything sucks. No wonder the universe reflects that negative energy back onto him, am I right?

Nobody talks to Ely, and I think it's throwing an awkward element into our social dynamic. During our last group building exercise you told us not to 'other ourselves' to the tribe, but I think I know someone who's already doing

just that. At the Christmas swap last year he gave Linda a magnetic bottle opener from his last job. His résumé, which I'm now sure was padded within an inch of its life, said he was an engineer—something about contamination testing—but I'm willing to bet it was a kindness title. You know how we call our janitors 'Sanitary Technicians?'

Nobody talks to Ely, and you know what, I don't think they should be forced to. A conversation with him is like chatting with a sentient pair of stained sweatpants. And he insists on shaking your hand every time you greet him. I'm like, 'Hello, we've already met.' But I think he's using it to test people. Like a micro aggression. He wants to see if you'll hesitate to shake the broken hand. It's just a mass of finger parts and waxy skin. I mean, I've never hesitated, but I'm guessing some of the gals might find it off-putting. Apparently, according to Jim in shipping, the VA still gives him painkillers for it. Do you think he takes them at work? Maybe he was loopy that night we all had to stay late because of an ordering error. He wears that frayed submarine hat pretty low. Low enough to hide bloodshot eyes, that's all I'm saying. You know what the Marines call the Navy? Never Again Volunteer Yourself. I didn't serve, but my wife's father did, so I think I can speak to that.

Anyway, nobody talks to Ely and I thought you should know. Consider this my official recommendation to move him into a position more accommodating of his personal needs. We always need more truck counters in the guard shack. That would at least give him some quiet time to reflect and get some fresh air.

Sincerely,

Brian R.

Distribution & Logistics Wizard

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
West Beaverton Club	Adzhigirey	Irina
Portland Club	Bellah	Malachi
Professionally Speaking	Berkompas	Zachary
Astoria Toastmasters	birdeno	adrian
Clackamas County Toastmasters	Blue	Erin
Tualatin Valley Toastmasters Club	Carver	Priscilla
Milwaukie Talkies	Croan	Sulie
Creskide Toastmasters	Cypher	Josh
Politically Speaking	D'Andrea	Jennifer
Milwaukie Talkies	Entenman	Cheryl
Speakeasy Toastmasters	Foster	Caroline
Stagecoach TM	Galindo	Charlie
Flying Toasters Club	Hanson	Jacade
Salem Toastmasters Club	Hawksworth	John
Creskide Toastmasters	Hodnot	Sue
Toast of Corvallis Toastmasters Club	Hohenboken	Lynda
Speakeasy Toastmasters	Judd	Sonya
Pearl District Toastmasters Club	Juergens	Carolyn
CareOregon	Karen	Collell
Portland Club	Kea	Matthew
Fortunate 500 Club	Kowal	Robert
Corvallis Evening Group	Krail	Stephanie
The Dalles Toastmasters Club	Lacy	Becky
Stagecoach TM	Leary	Melissa
Storymasters Toastmasters	Loper	Janea
The Standard Speakeasy Toastmasters	Lowe	John
Communicators Plus	Lucas	Kristin
Politically Speaking	Marble	Erin
Politically Speaking	Marble	Teresa
McMinnville Toastmasters	Martin	Alicia
Professionals of Portland Toastmasters	Miller	Nathaniel
Rogue Valley Networking Toastmasters	Minter	Anna
Babble-On Toastmasters Club	Moesche	Jane
Tell Me A Story	Noseworthy	William
Essayons Club	Olson	Trevor
M A C Toastmasters Club	Parsons	Charles
WRIP City Club	Peché	David

WELCOME NEW MEMBERS

Creekside Toastmasters	Pendergrass	Kimberly
Civil Tongues Club	Phillips	Karen
Redmond Area Toastmasters Club	Phillips	Brian
Toasting Excellence Club	Porter	Aaron
Communicators Plus	Reimann	Barbara
CareOregon	Reynolds	Rebecca
University of Oregon Club	Rustia-Dye	Ashlynn
Bend Chamber Toastmasters	Sera	Debbie
Wallmasters International Club	Shakiba	Hooman
Essayons Club	So	Ratanak
Professionals of Portland Toastmasters	So	Jia-Meng
Marylhurst Toastmasters	Steiner	Andrew
Civil Tongues Club	Stewart	Paul
CareOregon	Stoner	Nicole
At The River's Edge Club	Stump	Jeffrey
Oregon Toastmasters Club	Tankersley	Anne
Bend Chamber Toastmasters	Taroli	Molly
Babble-On Toastmasters Club	Tedd	David
Milwaukie Talkies	Thomas	Kesha
Gresham Toastmasters Club	Tingey	Shana
WRIP City Club	Tosh	Royal Austin
Clackamas County Toastmasters	Unck	Nicole
Pearl District Toastmasters Club	Vanderbrooke	Keith
Sporty Speakers	Vroman	Kevin
Samaritan Ah-so-Um	Yardley	Amy

Starting a New Club? or Want to Start a New Club?

District 7 has the resources to help you make it happen. We have experienced members who can put on a stellar kick-off meeting. You will receive advice on marketing to attract the members you need. Don't worry about the charter paperwork, we can help you with that too.

Don't go it alone. Contact Club Growth Director Emilie Taylor, DTM, cgd@d7toastmasters.org for the support you need to start the next club in District 7.



HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
DTM	11/9/2017	Alba-Lim, Michelle	Transtosters
ACG	11/8/2017	Alba-Lim, Michelle	Transtosters
ALS	11/7/2017	Alba-Lim, Michelle	Transtosters
DTM	11/5/2017	Anthony, Joseph D.	Storymasters Toastmasters
ALS	11/5/2017	Anthony, Joseph D.	Storymasters Toastmasters
CC	11/27/2017	Arnett, David W.	Professionally Speaking
PREMASL1	11/8/2017	Arnold, Cate Ann	Storymasters Toastmasters
CC	11/7/2017	Batty, Jake	Storymasters Toastmasters
CC	11/13/2017	Cargill, Bryan	At The River's Edge Club
CC	11/2/2017	Cavell, Becca L.	M A C Toastmasters Club
CC	11/17/2017	Dahl - Frank, Erika Lynn	Toast to US
ALB	11/14/2017	Davies, Dana	The Standard Speakeasy
CC	11/8/2017	Dye, Laura A.	West Beaverton Club
ACS	11/14/2017	Eaton, Kevin	Smooth Talkers Club
PREMASL1	11/25/2017	Edinger, Allan B.	McMinnville Toastmasters
PREMASL2	11/25/2017	Edinger, Allan B.	McMinnville Toastmasters
PREMASL3	11/25/2017	Edinger, Allan B.	McMinnville Toastmasters
PREMASL4	11/25/2017	Edinger, Allan B.	McMinnville Toastmasters
ACG	11/2/2017	Glade, Syrena M.	Tualatin Valley Toastmasters
VISCOML1	11/13/2017	Harmon, Phyllis A.	Storymasters Toastmasters
CC	11/1/2017	Illera, Iris	Sherwood Town Criers Club
INNPLAL1	11/24/2017	Janci, Rozaline R.	Yaquina Toastmasters
INNPLAL2	11/24/2017	Janci, Rozaline R.	Yaquina Toastmasters
INNPLAL3	11/24/2017	Janci, Rozaline R.	Yaquina Toastmasters
LEADEVL1	11/24/2017	Janci, Rozaline R.	Yaquina Toastmasters
LEADEVL2	11/24/2017	Janci, Rozaline R.	Yaquina Toastmasters
DYNLEAL1	11/19/2017	Janci, Rozaline R.	Yaquina Toastmasters
LEADEVL3	11/19/2017	Kertesz, Julie	Yaquina Toastmasters
EFFCOAL2	11/14/2017	Kertesz, Julie	Yaquina Toastmasters
CL	11/17/2017	Kralik, Svetlana	Toast to US
ACB	11/6/2017	Marsh, Brandon D.	Cedar Hills Club
CC	11/2/2017	McDonald, Malcolm B.	Clackamas County Toastmasters
ACB	11/29/2017	McQuiston, Joshua	Fortunate 500 Club
ALB	11/29/2017	Nollette, Le Roy I.	Newberg Toastmasters Club
INNPLAL1	11/19/2017	Norris, Lauralee K.	Yaquina Toastmasters
CL	11/16/2017	Parenteau, Rob	Civil Tongues Club
ACB	11/1/2017	Pitcher, Marc	Professionally Speaking
CC	11/3/2017	Proust, Gabrielle C.	New Horizons Toastmasters

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
ACB	11/16/2017	Randolph, Cristal R	Grants Pass Toastmasters Club
ALB	11/21/2017	Rawlings, Taylor Jellum	MIME Speaks
ACB	11/21/2017	Rawlings, Taylor Jellum	MIME Speaks
CC	11/1/2017	Reed, Benjamin F.	Capital Toastmasters Club
CC	11/29/2017	Ren, Xiaofei	Jantzen Club
ACS	11/14/2017	Rone, Regina G.	Smooth Talkers Club
ACG	11/1/2017	Rose, Jason	Capital Toastmasters Club
ALB	11/28/2017	Salmon, Nathan P.	Spirit Trackers
ACB	11/28/2017	Salmon, Nathan P.	Spirit Trackers
CL	11/17/2017	Schupp, Lisa S.	Toast of Corvallis Toastmasters
PREMASL2	11/20/2017	Stevenson, Scott	Marylhurst Toastmasters
CC	11/25/2017	Talley, Kamili	New Horizons Toastmasters
CC	11/16/2017	Thompson, Sharon L.	Sage Beaverton Toastmasters
VISCOML1	11/24/2017	Thygesen, Erica L.	Clackamas County Toastmasters
VISCOML2	11/24/2017	Thygesen, Erica L.	Clackamas County Toastmasters
CC	11/28/2017	Walch, Joseph P	Titan Toastmasters Club
PREMASL3	11/14/2017	Wantz, James	Feedbackers Toastmasters Club
CC	11/15/2017	Wilson, Meg Greene	Professionally Speaking

Want to earn your Early Adopter Award?

Join us at Yammertime Toastmasters on December 27th and get your Pathways Ice Breaker speech completed before year's end. Contact Maya Herzig (maya.xolal@gmail.com) to get on the meeting agenda

Happy Anniversary to December Clubs

The following clubs are celebrating their charter anniversary this month. Congratulations to all!

Charter Date	Years	Club	City
12/1/1987	30	Rogue Communicators	Grants Pass
12/1/1979	38	Arlington	Portland
12/17/2015	2	PDX Pioneers	Portland

A special shout out to Rogue Communicators and Arlington for passing the quarter-century mark



TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARDS
Alba-Lim, Michelle	3	ALS, ACG, DTM, ACS, LDREXC
Anthony, Joseph D.	3	DTM, ALS, CL
Edinger, Allan B.	4	PREMASL1, PREMASL2, PREMASL3, PREMASL4
Fanning, Paul C.	3	ACS, DTM, ALS
Hutton, Lisa F.	3	ACB, LDREXC, ALB
Janci, Rozaline R.	10	CC, CL, CC, CL, ALS, DTM, LEADEVL3, DYNLEAL2, DYNLEAL3, DYNLEAL4, INNPLAL1, INNPLAL2, INNPLAL3, LEADEVL1, LEADEVL2, DYNLEAL1
Killion, Ginger E.	3	ALS, DTM, LDREXC
Lafferty, Bryson D.	3	ALB, CL, CC
Locke, Julius Patrick	9	ALB, ALB, CC, CC, CC, CC, CC, CC, CL
Norris, Lauralee K.	4	INNPLAL1, INNPLAL2, ACB, ALB
Nye, Gregory Allan	3	CC, CL, ALB
Rodke, John Russell	3	LDREXC, ALS, DTM
Schupp, Lisa S.	3	ACS, CC, CL
Stevenson, Scott	3	PREMASL1, PREMASL3, PREMASL2
Thygesen, Erica L.	4	ACB, VISCOML1, VISCOML2, ACS
Tully, Kathleen	3	CC, CL, LDREXC
Wantz, James	4	PREMASL2, PREMASL1, CC, PREMASL3
Webb, Andrew Justin	3	ALB, CL, CC
West, Larry J.	4	CC, ACG, ALS, DTM

DECEMBER

1

Begin club International Speech & Evaluation Contests for Spring Conference

JANUARY-

10

OPEN HOUSE Feedbackers, 7:30-9:00 PM, Griffith Drive Bldg, 3rd Floor, 4755 SW Griffith Dr, Beaverton, OR 97005, USA

18

LEARN & EARN Division H Makeup Club Officer Training - @ 6:30 PM – 9:30 PM
Griffith Drive Building, 4755 SW Griffith Dr, Beaverton, OR 97005

19

OPEN HOUSE Wallmasters International - 6:35 - 7:45 AM, Alterius Career College,
9600 SW Oak Street, Tigard, OR, 97224

20

OPEN HOUSE New Horizons - 8:00 - 9:30 AM, the Community at Marquis, 19945 SW Boones
Ferry Road, Tualatin OR 97062

Adding Events to the District Calendar

All members of the District Executive Council are encouraged to post upcoming events on the District 7 Event Calendar. Typically posted events include:

- Club Open Houses
- Area Contests
- Division Contests
- Club Officer Training
- Club Workshops
- Significant Deadlines
- Conference Calls
- Webinars

If you are a club officer, and you have an event you want posted, please contact your area or division director who will help you get your event scheduled on the calendar.



DECEMBER - JANUARY, 2018



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