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from a Shoebox of Ideas**
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EDITORIAL

Dead Leaves & Goals

by Phyllis A. Harmon, DTM
Editor/Publisher

Where did the spring and summer go? Seems like it was just yesterday when the byways were covered with trees sporting the green haze of newly minted leaves and a sense of renewal and a bright, productive summer filled the air.

It's been said that time flies when you aren't paying attention. That must be true because those same leaves are now showing the fullness of time adorned in the reds and golds of autumn. The promise of winter is just around the corner, bringing colder temperatures and rainy, wind-tossed days. Soon those same leaves will be a wet, slick mess covering the ground turning travel into a hazardous undertaking.

I confess that now's the time of year when sleeping in and spending days before the fire with a good novel seems awfully enticing. One day perhaps I'll do just that—but not quite yet. I have to brush off the goals I set at the beginning of the Toastmasters year and get crackin' on getting them accomplished. Goals like completing manuals started under the old educational system and at least getting a good foothold in Pathways. Then there's attending District events like the upcoming November conference, Toastmasters Leadership Institute in December, and participating in followup Leaders training in January and February. I know there are further goals on my "to do" list, but I have to remember where I put the pesky thing.

What about you? Have you dusted off your list and taken an accounting of what's still left to be done? Half the Toastmasters year, like time, has faded away. There's still time to get crackin' and accomplish what you set out to do last July. To borrow from Nike—JUST DO IT!

I've every intention of completing what I started. Join me and let's help each other 'getter done'!

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Cover photo provided by Harvey Schowe, DTM, Taken on August 21, 2017 around 11:33am MDT at Rexburg, Idaho, Potter Park. The weather was clear and no haze or clouds. A Nikon telephoto lens 200mm to 500mm with a 1.7 teleconverter and a Nikon D7500.

Voices! is published monthly by District 7 Toastmasters. First issue published August 2014. Submit articles or contact contributors at voices@d7toastmasters.org

TOASTMASTERS
INTERNATIONAL

A woman with long dark hair, wearing a light blue button-down shirt and a grey skirt, is seen from behind, holding a black microphone and addressing a blurred audience in a conference room. A large green circular graphic is overlaid on the bottom left corner.

Join Us!

A group of business professionals in a meeting room, smiling and clapping, with a large green circular graphic overlay containing the text "for No" and "Join".

[illegible]

When: Wednesdays - 7:00-8:00 pm
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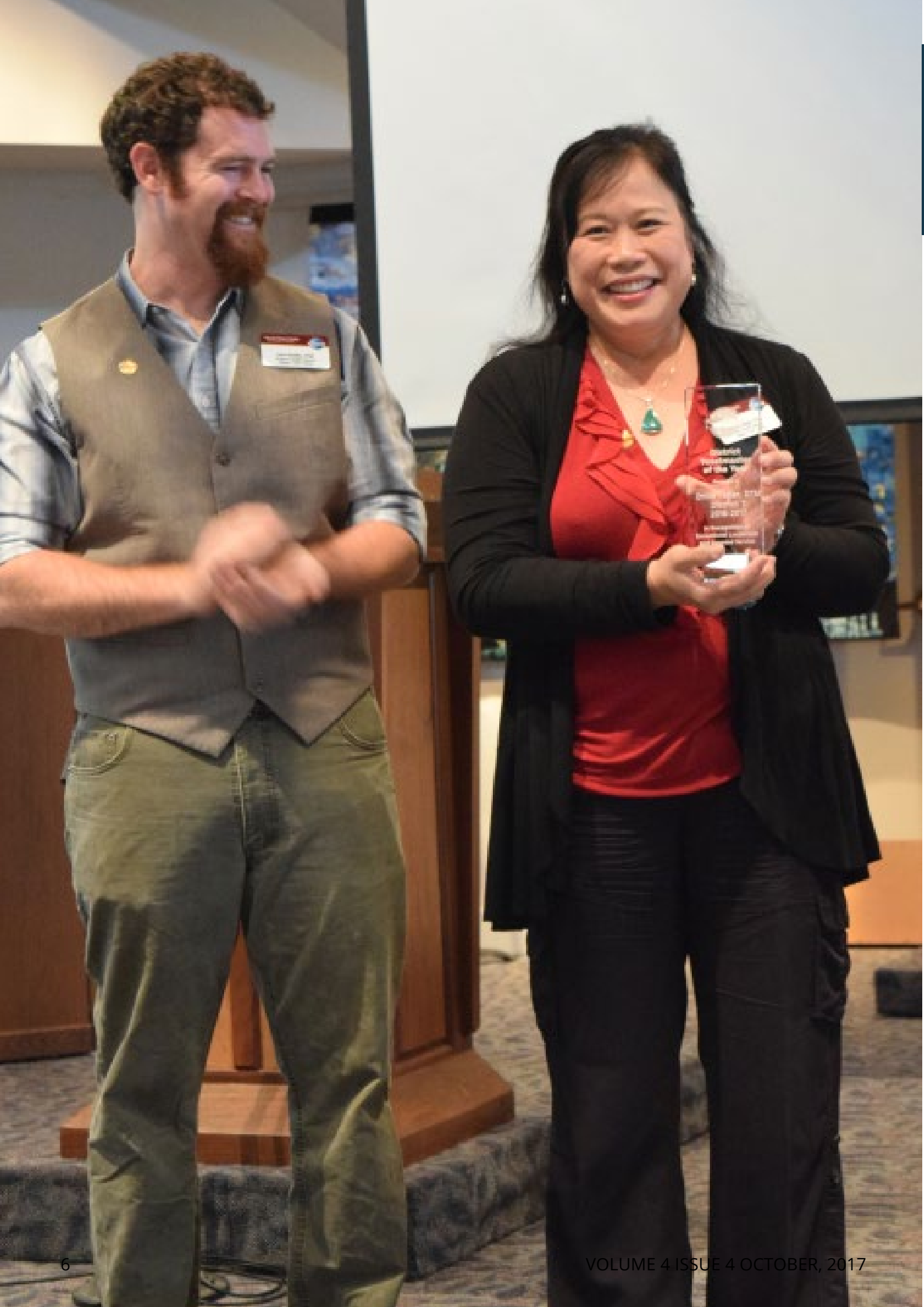
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My Inspiration: Emilie Taylor

by James Wantz, DTM - Public Relations Manager



Do you have someone that inspires you? Someone that motivates you to go beyond what you are comfortable doing? Someone that makes that next step, you've been afraid to take, look easy? Someone that encourages, motivates, and assists? Well, I do!

Her name is Emilie Taylor, our current Club Growth Director. She was recently recognized by District 7 as the 2016-2017 Toastmaster of the Year. And it is about time! Her recognition was very deserving, but I'm not going to talk about why she deserves an award. Nope. I'm going to share with you why she inspires me. I believe that by sharing that story you will come to understand why she is this year's Toastmaster of the Year.

I met Emilie some time ago—the exact time is lost in the annals of Toastmaster meetings of yore. She burst on the scene in a flash of glitter, smoke, and strobe lights. Loud arena rock music was playing as she strode purposely into the club followed by her numerous groupies – a flowing entourage of capable impresarios. She took the room by storm—an electric storm full of reverberating thunder and flashes of brilliance. She left an indelible mark on that meeting and all the meetings that came after it. She was magnificent!

At least that is how my memory sees it. Actually, the meeting was like any other meeting—functional and fun. Emilie was kind, courteous, and unassuming. It wasn't until several meetings had passed that I realized how much of a joy it was to have Emilie attend our meetings. She exuded care and concern—not as if it was something she was 'supposed' to do, but as if she actually cared and was concerned for those around her. She smiled, she hugged, and she hinted at deeper depths. . .and this intrigued me.

Emilie had almost joined Toastmasters in

the early 2000's. But then her world came crashing down. She lost her baby to Sudden Infant Death Syndrome. After that each and every day was difficult, if not downright impossible. She put one foot in front of the other—not with dogged determinism, but because that was all she could do.

Only years later would I hear the details of this time in her life—of the struggle and the despair.

After being in New Horizons Toastmasters for about a year, Emilie shared that gloom with us—the members of her new Toastmasters family. Up until that speech I only knew her through the humorous anecdotes she told about her husband, their house, and all the hilarious things that



L to R: Emilie Taylo & Leanna Lindquist pinning ceremony 2017 TLI

happened while repairing a hole in the roof.

Emile was working on her Humorously Speaking manual, and we all heard about the lighter side of her life. But in every speech there was an edge of something deeper—some darkness that seemed to lie just below the surface. I was intrigued.

"Toastmasters saved my life," Emilie said in a recent speech about her struggle.

◀ *L to R, John Rodke DTM & Emily Taylor, DTM*

Toastmasters gave her direction, purpose, and a reason to go on every day. That resonated with me—I had also joined Toastmasters at a time when I was seeking a reason to live each and every day. Hearing her talk about this darkness in her past let me know that I was not the only one that was saved by Toastmasters. She helped me feel not so alone.

Emilie quickly became a driving force in the District. She became an Area Governor, a Division Director, and now she is the Club

Growth Director. She climbed the ladder of leadership while encouraging everyone around her to come along. She inspires me to step forward and continue to take on leadership roles in the District. She inspires me to push past my own blocks by refuting my own negative personal feedback. She inspires me with every speech I hear her give. Frankly, she inspires me. She is my Toastmasters rock star.

Do you have someone that inspires you? I hope so. It makes all the difference.



2017 Directors Training, Aldersgate Retreat, Turner, Oregon



L to R: Lyle Schellenberg & Emilie Taylor at 2017 Spring Conference



L to R: John Rodke, Emilie Taylor, Leanna Lindquist, and Donna Stark congratulating Emilie on becoming the 2016-2017 Toastmaster of the Year

JUST SAYIN' . . .

Walking the Path . . .

by Donna Stark, DTM—District Director



I gave an Ice Breaker speech last week. It wasn't my first Ice Breaker, but it was my first in the Pathways program. Yes, Pathways is here! Whether you've been anticipating the arrival like a child at Christmas, or have been a little less enthusiastic, the wait is over. Our opportunity to experience the program first hand for ourselves is here.

I'm finding that Pathways isn't that different. It's enhanced, it offers opportunities to utilize modern technology, and all I've come to appreciate about Toastmasters is still there.

David Letterman I'm not, but I offer ten reasons to consider Pathways.

1. Curiosity. Come on, admit it—aren't you at least a little bit curious? It won't hurt, I promise—even if you are the proverbial cat.
2. The core of the Toastmasters program used to be club meetings. And it still is! I still gather in the same place with my fellow Toasties to enjoy the Hour of Power. We speak. We evaluate. We participate in Table Topics. It's all there!
3. Online tutorials. The "How to Evaluate" module is excellent, and gives you the opportunity to compare your thoughts with that of an experienced evaluator. If I'd had this as a new Toastmaster, I would have been more confident about giving speech evaluation a try. (And perhaps I wouldn't have felt the need to bargain with the VP Education to please assign me to any other role.)
4. I'm a Club Officer. There are things I need to know to support the members in my club! At some point a member will ask me to approve something in Base Camp. I should at least know what Base Camp is.
5. I'm a club member. Part of every member's role at meetings is to welcome guests and

let them know a

little bit about the Toastmasters program. Pathways is all our new members will know—and it has a lot to offer! I will also be better equipped to fill meeting roles, especially that of speech evaluator, if I have some familiarity with Pathways.

6. Pathways gives newer members an opportunity to help seasoned members get familiar with the program. Yes, you can teach old Toasties new tricks!
7. Recognition badges! Now before you quote from the movie, *Blazing Saddles*, as a matter of fact I think I do need more badges!
8. I don't need more paper, but I can have it if I want it. If you think everything must be done using an electronic device, that's not the case. There's a lot that can be done online, or you can choose to print the materials as needed. I printed off the Ice Breaker evaluation form for my evaluator, then uploaded it after the meeting.
9. I can access the materials in Chinese! (No, I can't read them. Yet.)
10. Why should you give Pathways a chance? Why not?

Are there features that frustrate me? Of course! I am a creature of habit. There is new terminology to learn and new places to go to find information. It can be humbling—I thought I knew it all! I am still working in the existing manuals. I have a DTM to wrap up before June, 2020—Scott Stevenson insists we made a deal. Pathways . . . I can do this. You can too. Just sayin'.

Find **YOUR** path!



FROM THE DESK

Exploring the Joys of Contests

by John Rodke, DTM - Program Quality Director

It has been a pleasure experiencing our amazing, daring, brave and creative Toastmaster contestants share their stories and rise to the occasion. What is not so obvious, are the outstanding volunteers who bring these events to life. Our Contest Masters, Judges, Timers, and Ballot Counters are all practicing and developing their leadership and event coordination skills. Thank you all for stepping up and creating these awesome events! I encourage each of you reading this to volunteer for these awesome opportunities to gather more Toastmasters knowledge to apply in your life.

Division Contests are happening all over our District. Many are in need of Judges. This is an excellent opportunity to visit outside your normal group of Toastmasters and expand your network.

Our FINAL Fall Conference is this November 10th-11th. Johnny Campbell, The Transition Man, will be inspiring us to thrive during change. In addition to Johnny, we have a slate of awesome breakout speakers, and the thrill of

the Humorous and Table Topics Contests! Sign up [here](#) today.

Also coming up is the Winter Toastmasters Leadership Institute (TLI) on December 2nd at Wilsonville High School. We are training early to give you and your clubs the best possible opportunity to learn your roles and develop into more effective leaders. This is open to all members.

I encourage you to register today by clicking [here](#).

Pathways is here and embraced by many of our clubs. A huge shout of thanks to our awesome Pathways Guides and Base Camp Managers! We are offering virtual support sessions that are open to any member who would like to learn more about Pathways. Check your email or with your Guide for times. We will also have a Pathways help booth set up at the Conference and TLI.

Have you chosen your path yet? Have you given your first speech in the new program? A new, yet not unfamiliar, world awaits you. Let us explore it together!



FROM THE DESK

Just Say Yes!!

by Emilie Taylor, DTM - Club Growth Director



It has been a very busy four months as Club Growth Director. Something about autumn's crisp weather that is making me more introspective as to how I arrived here. Reflecting upon my leadership journey in Toastmasters, I can't help but think or say that it has been all about saying "Yes" to many things. Saying Yes to opportunities for growth when voices inside wanted me to say "No", has made all the difference.

Now, it is

- Saying YES to helping start a new club
- Saying YES to mentoring a new club
- Saying YES to coaching a struggling club
- Saying YES, changes lives in many positive ways
- Saying YES to the world, opens the world to you, to new ideas, to new friends, places, and destinations that you may never have dreamed of

As the leaves change colors and drift on the winds, think about the ways you too can move with the opportunity of changing your life in more colorful ways.

New Club Updates

We have chartered two new Downtown (Division F) clubs as of July 2017. Congratulations to Yammertime and The Toast of Old Town Toastmasters clubs!

Four new clubs are on the verge of chartering. Charter papers have been submitted by CareOregon Toastmasters Club, Make the World Toast, and GetMarketing Toastmasters. Callisto Integration is gathering the final signatures for charter submission.

There are also several clubs in our District who are meeting and working diligently to charter clubs. Thank you, fellow Toastmasters, for spreading the Toastmasters Program. You

are truly changing lives by doing exactly what you are doing. All of you make me proud!

Attracting New Members

Have you tried a "Bring-A-Friend Day" theme meeting? It truly works! Encourage your club members to bring a friend or two. When they leave, they will be laughing, happy, and inspired. This is the easiest way to attract new members. Why? Your friends will finally experience what you have been telling them all along. You will have the additional benefit of talking about Toastmasters to someone besides yourself. You want your friends to succeed in life, right? Then bring them in! Advertise your meeting on social media: Facebook, LinkedIn, Twitter, or Instagram.

Membership Growth Resources

- Membership Growth [Manual](#). It's a great resource for your club. It outlines the steps you can take to convert "prospects to guests to members". The manual gives ideas to explore such as conducting a Speechcraft. There are other ideas for business awareness programs, publicity and advertising.

- How to Rebuild a Club is a valuable resource if your club is struggling. This manual is available as a [free PDF](#).

Congratulations to the following clubs for earning a \$25 gift certificate towards the purchase of any supplies from the Toastmasters International Store. These clubs paid their base membership dues by September 15th.

- Cascade Micro-Toasters
- Arlington Toastmasters Club



JOURNEYS

Susan Bender Phelps: Professional Speaker

by Brinn Hemmingson, ACG, CL

I was fortunate enough to catch Susan in action as she presented to the East Portland Chamber. Having crossed paths numerous times, it was fate that she would be this month's *Voices!* subject!

Susan lived in New Mexico which is where she first became acquainted with Toastmasters. She recruited mentors for a youth-mentoring program she co-founded and led for more than 15 years. When she moved to Oregon and became a speaker, she was asked to present at the District 7 conference (some 8 years ago). Susan had completed the Nationals Speakers Association – Oregon program shortly before that.

Susan is a charter member of Toastmasters for Speaking Professionals. She served as the Club President last year and Treasurer this year. She has been a guest speaker at numerous clubs, and particularly likes Feedbackers in Beaverton for the useful evaluations they give! She also was asked to be a target speaker at a District Evaluation Contest (two years before she joined Toastmasters) and had never been timed before nor did she know about the lights. Needless to say she went over time!! However, with all this experience, she won 1st place for Evaluations at the 2013 District Conference.

"The first two years I was in the club I was chair of the Washington County Democratic Party," she shared. "Being a Toastmaster taught me how to run a meeting. I led a monthly Executive Committee meeting with officers and 12 committee chairs. I also led a monthly Central Committee Meeting, usually with 100 or more attendees. Without my Toastmaster training, I would have struggled to start and end on time, deal with contentious issues, and keep the meeting flowing and interesting.

Finally, I coach speakers and presenters

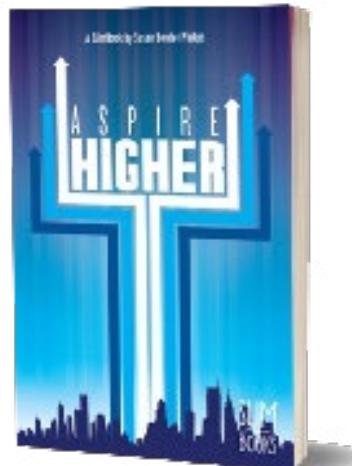
throughout the U.S. to prepare them to shine when they deliver high-stakes sales presentations, keynotes, appear on television, or be interviewed for podcasts and radio. I present new ideas and concepts to

leaders in their organizations. Again, Toastmasters has helped me hone my skills."

Susan said, "I recommend Toastmasters to speakers and trainers throughout the country. And, I've made some really good friends through my membership in Toastmasters for Speaking Professionals. The speeches given in our club are always inspiring. Being able to hear professional speakers and aspiring professionals share their dreams, their work, their personal stories touches me so deeply."

Susan was selected by Deveny Bywaters, past District Governor, to be a speaker at a 2009

District 7 Conference after seeing her present at a State of Oregon Speakers Showcase. She is a speaker, author, mentor, and coach. You can learn more about Susan, her presentations and training programs, and book on her [website](#). {editor}



ERIC WINGER,

District 7 Speech Champion

Beyond the Sandwich

In this workshop, learn how to:

- Learn a new style of evaluations effective both in Toastmasters, work, and beyond
- Get one on one evaluation coaching
- Dig deeper into evaluations to go "beyond the sandwich"



Free
Event

When

November 15, 2017
7:00-8:00 AM

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Beaverton, Oregon 97007

Join Us

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**Toastmaster of the Year
Emilie Taylor, DTM**



**PJ Kleffner, DTM
Dick Moser Award**



**Allison Bennett, DTM
Herb C Stude Award**



**Division Director of the Year
David Johnson, DTM**



**Gary Schmitt, DTM
Lou Webb Award**



**Area Director of the Year
Paul Fanning, DTM**

**Joel Conarton, ACB, ALB
Rookie of the Year**





Phyllis Harmon, DTM
District Director Citation



Leanna Lindquist, DTM
District Appreciation
Award

REFLECTIONS A YEAR OF LEADERSHIP REFLECTIONS

DISTRICT 7
TOASTMASTERS
2016-2017

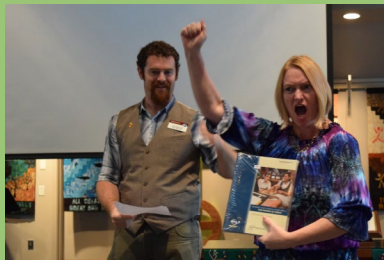


Spirit Award Recipients

Connie Smith
Patrick Locke
Lisa Hutton
Mary Canton
Rodger Cook
Scott Fraser
Allan Edinger
Ginger Killion
Jill Ward

REFLECTIONS A YEAR OF LEADERSHIP REFLECTIONS

DISTRICT 7
TOASTMASTERS
2016-2017



Toastmaster of the Year—The Outstanding Toastmaster of the Year is awarded to individuals that have served the best interests of the members of District 7 above and beyond the requirements of their position in District 7. They have been a leader, an inspiration to others in Toastmasters, and accomplishments outside of Toastmasters.

Outstanding Division Director of the Year—The Outstanding Division Director is awarded to individuals that have worked well with the Area Directors within their Division and with District Officers. They have been a positive, motivational force in the District in addition within their Area.

Outstanding Area Director of the Year—The Outstanding Area Director is awarded to individuals that have had a positive, motivating force in their Area and the District. They have had successful Area contests and quantifiable results in the Area in membership, educational accomplishments, dues paid, and Area visits to clubs.

Herb C. Stude Educational Service Award—The Herb C. Stude Educational Service Award is named after Past District Governor Herbert C. Stude, DTM. This award recognizes individuals who have delivered the most educational service to District 7 members, whether through educational modules or educational sessions at District meetings and conferences. They continuously give to others and motivate others to learn.

Lou Webb Award—The Lou Webb Award is named after the District 7 telephone Coordinator. This award is for long-time service to the District. Individuals are experienced advisors for District Officers, not for the glory, but simply out of dedication to serving the District.

Rookie of the Year—The Rookie of the Year is awarded to individuals in their first year of activity at the District level (as an Area Director, committee chairperson, etc) has demonstrated contagious enthusiasm and energy.

Spirit Awards—The Spirit Awards are awarded to Toastmasters who worked tirelessly in the District, and who were instrumental in helping a Trio member to be successful in their particular role.

Dick Moser Award—Recognizes a District 7 Toastmaster who demonstrated the Toastmasters core values: Respect, Integrity, Service and Excellence, and who does so with enthusiasm, warmth, and humor.

District Director Citation—Recognizes personal service and support to the District Director during their year of service. This award is not an annual award.

District Appreciation Award—Recognizes unwavering service to the District and its mission and the people responsible for its success. Not an annual award.

Remembering Dick Moser, DTM

by PJ Kleffner, DTM

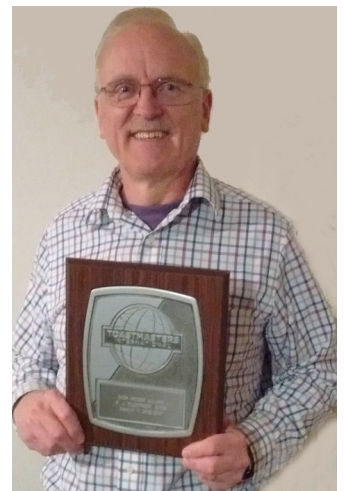
On Saturday, September 16, 2017, I was honored to become the first recipient of the newly-minted Dick Moser Award. For those of you not familiar with this award, the Dick Moser Award "Recognizes a District 7 Toastmaster who demonstrated the Toastmasters core values: Respect, Integrity, Service and Excellence, and who does so with enthusiasm, warmth, and humor."

When I heard my name that day, my first thought was "There must be some kind of mistake. Surely there are other members of District 7 who are more deserving of this award than I am."

It slowly sank in as I walked to the front to accept the award.

I don't know when I first met Dick Moser, but it must have been shortly after I joined Toastmasters in October, 2001. I remember seeing him helping out at Area, Division and District events, including the very important job of managing the sound system at conferences. I never saw him get rattled if things weren't working quite right, and he always offered a warm greeting and big smile whenever I saw him. Some people can be difficult to work with, but I never heard Dick say a bad word about anyone. He seemed to know that some people just required a little more patience.

I am proud to be recognized with this award that honors his memory, and hope I can live up to the example set by him.





Enlightened!

What made a Texas Toastmaster quit his job and become an entrepreneur

by Kaushik Valuri, CC - Guest Contributor

The 86th annual Toastmasters International convention in Vancouver, British Columbia, Canada

was the moment I had been waiting for. I was at the convention to show my own invention, the AirTimer®, a first of its kind timing device built for the 21st century Toastmasters meetings and contests. It was a surreal experience. I got to showcase it to some of the finest speakers in the world, and was thrilled to hear them talk excitedly about the simplicity of the product and the value it could bring to Toastmasters clubs. The AirTimer was sold out in less than 48 hours. Over 100 toastmaster clubs signed up expressing their intent to purchase. I felt my hard work and perseverance was finally paying off.

But the journey to get here was a 1,000 miles in the making. . .

For two decades, I struggled with an out-of-control stutter. I could not do basic tasks that most people take for granted such as order a lunch item at the fast food counter, speak up in front of a group, or introduce myself to strangers. I always wanted to be a confident speaker, but didn't know how—until I heard about Toastmasters.

My First Toastmaster Meeting Was a Disaster

One sultry Wednesday in the Summer of 2002, I summoned up all my courage and accompanied a friend to the Smooth Talkers club in Austin, Texas. Now, this is something I never imagined I would ever do in my life. I could hear my heart pound as I waited to introduce myself. When my turn came, I stood up trying to say my name but no sound came out. After an excruciatingly long time, I stuttered and mumbled my name: K—K—K—Kau. . .shik before sitting down defeated. Then I got the customary big round of applause but I left the meeting feeling devastated.

It took me a while to recover from that traumatic incident, but get up I did. To conquer my fears of speaking, I joined not one—but three—Toastmasters clubs simultaneously and declared war against my stutter. After about a year, my

fluency increased dramatically in the comfort zone of the clubs. However, my stutter persisted and still wreaked havoc in day-to-day situations. That is when I joined a speech program called the McGuire Programme, a life-changing program for people who stutter.



Turning Point

The Toastmasters platform augmented by the McGuire mindset provided the magic formula I had been looking for. Coupled with Dale Carnegie principles, I felt my confidence coming back to life. I was finally winning the daily battles and my stuttering was fading. With the communication skills I gained at Toastmasters and leadership skills I gained on the job, I started getting more clarity in life. After working in corporate America for a number of years, where I focused on solving problems to drive efficiencies for customers, I finally found the courage to quit my job and jump into my first entrepreneurial venture.

The Idea

I had been a time keeper in hundreds of meetings and was frustrated by the time keeper's incredible juggling act. The idea sparked in my head over a decade ago. It was simple - to allow the time keeper in TM meeting to enjoy listening to speeches yet not be bogged down by the time-keeping responsibilities. As we know,

the timekeeper's job (in the traditional sense) entails great multitasking. It involves listening to speeches, flashing different colored cards (or turning knobs), managing a stop watch, recording times and reporting overtimes. Additionally, in some clubs, time keepers have the unenviable job of initiating the first thunderclap to get the speaker off stage.

The Journey

The journey of a 1,000 miles started with a single step. I went to the drawing board, developed and built a basic prototype and showed it to my club president at the Round Rock Chambermasters club in Texas. The Club tested it for a few weeks and asked if they could use it in for weekly meetings. After iterating on the designs and building over 75 prototypes, the AirTimer was pilot-launched (beta) in select TM clubs in early Spring 2017. Thanks to a good



initial response and feedback from scores of clubs, specific features, functionality and usability were incorporated.

Finally, the AirTimer© was officially launched on Aug 23rd at the 2017 Vancouver convention.

It is very exciting to see the great response that the AirTimer received so far. Since the convention, the AirTimer has found homes at Toastmasters clubs in over a dozen countries from British Columbia to Barbados and Sweden to Saudi Arabia.

The courage to take my first step on my journey of 1000 miles came from the incredible environment that Toastmasters offered me. I am grateful for my beautiful family, incredible well-wishers and amazing friends who supported me through this journey. My vision was to make time-keeping dead easy for toastmasters and the AirTimer made that a reality.

The journey of the next 1000 miles begins—I can't wait for the adventure.

About the AirTimer©

The AirTimer© is a 21st century patent-pending timing device that comes fully integrated with pre-programmed speech options (e.g., Table Topic, Icebreaker, etc.). It was designed specifically for Toastmasters, and works by the simple touch of a button. It is being used in



Toastmasters clubs across the world. Website: www.myairtimer.com

For readers of *Voices!*, we are happy to offer you the Vancouver convention special discount price of \$99 if you order it online before October 31, 2017. Apply coupon code: "Voices17" at checkout. It is currently shipped only within North America. If you'd like to purchase outside of North America, or if you are looking for volume discounts, please send an email to: info@myairtimer.com

AirTimer© Testimonials

"We bought the AirTimer at the 2017 Vancouver convention. Happy to say that my TM club members are thoroughly enjoying it in our weekly meetings. Thank you for this great product!!" —Ian, TM club member, Victoria, British Columbia

"I started using AirTimer in my speaking club and I cannot imagine running our meetings without it!" —Aparna, Speaking club Director, Dallas, USA



Time keeping made easy

District 7 Toastmasters

FALL CONFERENCE

NOVEMBER 10-11, 2017



READY SET GROW

[Register Here](#)

Camp Withycombe
15300 Minuteman Way
Clackamas, OR 97015

Marketing Space &
Sponsorships available

\$30

FRIDAY ONLY

\$65 EARLY BIRD
SATURDAY ONLY

Keynote

Transition Theory
Johnny Campbell
“The Transition Man”



Breakout Sessions

Beth Ann Fischberg, CC, CL	Claim Your Magnetic Presence
Cate Arnold, DTM	Pathways Introduction
Ken Smith, ACS, ALB	Transitions to the Bigger Picture
Kathleen Tully, DTM	Next Level Leadership
Phyllis Harmon, DTM Leanna Lindquist, DTM	Finding Your Storytelling Voice

Mask-a-Thon!

hosted by New Horizons Toastmasters



Join us for a **HOWLING** good time as we celebrate the season! Wear your favorite mask, costume, or come as you are for a morning of Halloween fun, food, and frivolity!

Saturday, October 28, 2017

8:00–9:30am

New Horizons Toastmasters
The Community at Marquis
19945 SW Boones Ferry Road
Tualatin, OR 97062



Articulators Toastmasters

by Leanne Murray, Club VP Public Relations

September 12th was a big day in St. Helens, Oregon. It's been 36 years since a new Toastmasters Club was started in Columbia County, and the 12th was the day The Articulators received their club banner. Emilie Taylor, District Club Growth Director, was on deck to congratulate founders Ronda Holdridge and Dennis Hills, as well as to present certificates to the charter members who were present. Ronda is the current Area 83 Director.

Even though the charter was completed just this summer, the club has already had several special events to generate interest among the young membership and the community at large.



They hosted Quint Crispin the week before he went to the international contest in August, Eric Winger shared tips on speech evaluations in July, and Allison Bennett presented a vocal variety playshop in June. The new club meets in the evening so it is at a time when people who

work outside the area can participate.

"For a small community like St. Helens, it's a privilege to have a second club, especially one that is so focused on providing extra resources to its membership," Leanne Murray, VP of membership and public relations shared with us. "Ronda and Dennis have pulled out all the stops to lead us to excellence; we are so fortunate to have their commitment and expertise."

Of course all are welcome to visit, so consider taking a beautiful drive to St. Helens on Tuesday nights to join this energetic club at 6:45 in the Avamere dining room at 2400 Gable Road. You'll be glad you did!

Leanna Murray joined Toastmasters in 2016. She is serving as club VP Public Relations.



OPEN HOUSE

hosted by Wagon Tongues Toastmasters

WHEN Thursday, November 9, 2017
12:00 to 12:50 PM

WHERE Oregon City City Hall
625 Center Street,
Oregon City, OR 97045

JOIN US!

Overcome your fear of speaking before an audience, and train your butterflies to fly in formation.

Toastmasters provides a safe environment where you can practice your next presentation and get quality feedback on how to take your speech to the next level.

For More Information

Jamie Reed at jreed@orccity.org

Phone number: 503-657-7026

or Pam Mills at pam@changeforthehealthofit.com

Phone number: 503-706-0942

CLUB COACH CORNER

Become a Game Changer

by Lisa Hutton, ACB, ALB



The cool brisk air and autumn leaves crackling underfoot signify that we are preparing for a change of seasons. Similarly, Toastmasters' revitalized education program Pathways has launched and our last Fall conference is happening in just a few weeks (November 10th - 11th).

Since change is the only constant in this world, now is as good a time as any to get up, step out, and become a game changer in your Toastmaster community!

I sincerely consider District 7 members to be some of the most generous and action-oriented people I know. We are Champions, Leaders and Compassion Gurus. Thank you to Loren Wagner for stepping up to serve as the Club Coach for Stevenson Club in Washington. I look forward to hearing from their club President, Bryce McCollum, on the success of their united efforts to revitalize their breakfast club.

The following Toastmasters clubs are in need of a 'lil support keeping their membership numbers on the upside and navigating their club towards a new path. Please take a moment to review the following list, consider the opportunity to be a club coach or, share the information with a fellow Toastmaster that you

think has the potential to make a difference.

District 7 Toastmaster clubs in need of a Club Coach

- Blue Ox Toastmasters: meets every Monday at 11:45 am in NE Portland at Bonneville Power Administration Cafeteria / Conference Room
- Wrip City Toastmasters: meets every Monday at 6:30 pm in Beaverton at Standard TV and Appliance in Conference Room
- Toastmasters of the Universe: meets at 11:30 every Tuesday at 2030 NW Pettygrove Street
- Oregon Toastmasters Club: meets at noon every Wednesday at Pioneer Tower on 5th Ave in Conference Room
- Creekside Toastmasters: meets at 7:00 am in Beaverton every Wednesday at Murry Hills Christian Church
- Columbian Club: meets at noon in St. Helens every Thursday at Americas Best Value Inn on Columbia River Hwy

Please contact me at clubcoachcoordinator@d7toastmasters.org if you're interested.

Starting a New Club? or Want to Start a New Club?

District 7 has the resources to help you make it happen. We have experienced members who can put on a stellar kick-off meeting. You will receive advice on marketing to attract the members you need. Don't worry about the charter paperwork, we can help you with that too.

Don't go it alone. Contact Club Growth Director Emilie Taylor, DTM, cgd@d7toastmasters.org for the support you need to start the next club in District 7.





SUCCESSFUL CLUB

University of Oregon Club

by Angela O'Brien, Club Treasurer

When I learned about Toastmasters, I needed it for my profession as a health coach. I had no idea what it was and I went to a few different clubs in Eugene before finding my home club—University of Oregon. Why did I pick this particular one?

I'll admit that I was very shy at first, at all of them. But something about our newly-appointed District Quality Growth Director John Rodke's speech that day lured me in. I wanted to hear this guy speak more. He had such a great stage presence, vocal variety, and way of connecting with me (and the rest of the audience). This guy was my role model. I knew this would be my club.

The diversity was a huge reason why I stuck with this particular club. Being in my profession, I work with all sorts of people, so I needed a club that had variety. The UO club has members of different ages, races, religions, and lifestyles. It is a college-based club, so there are a lot of students (several from other countries) and graduates there as well. I felt this would be my ideal audience for my profession, so I needed to

be comfortable with these people. I started with this club just a few weeks before summer break of 2016 and am going into my second school year, not only as a member, but now as the club Treasurer.

Besides, the diversity and John Rodke, one of the things I love best about UO Toastmasters are the people and their personalities. I've made friends with some of the members here. And it gives you a sense of feeling like part of a family, at least once you've been there a while. Knowing your team members care about you, your goals, struggles, and personal life makes you feel like you belong and I feel like I definitely belong here.

The roles that these members take outside of club meetings shows how much they truly care about this organization and showing people that this kind of organization exists. They actually enjoy it. These members truly care about Toastmasters and its mission to help others succeed as leaders, speakers, and communicators. The University of Oregon club is my home club and I will miss them when it's time to move on.

A true community is not just about being geographically close to someone or part of the same social web network. It's about feeling connected and responsible for what happens. Humanity is our ultimate community, and everyone plays a crucial role. —Yehuda Berg

PERSPECTIVES

Toastmasters... Where Everybody Knows Your Name

by Leanna Lindquist, DTM, IPDD



When I moved to Oregon 40 years ago I longed for the sight of a familiar face, for someone to say, "Hello Leanna." It didn't matter if I was at the grocery store, the gas station, or the dry cleaners. Not one face was familiar to me. No one knew my name.

The beauty of Toastmasters is you become part of a small community, then a larger one. I recently experienced community while attending contests. I hadn't seen David Johnson, Ruth Geislinger, or Robert and Terri Brewer for months. We instantly recognized each other and started talking. I visited Competitive Speakers PDX to see Chelsea, Ryan, and Atlas Avery. I also saw Karen O'Keefe, Erik Crowley, Thomas Lundsford, and Eldred Brown whom I hadn't seen in months. I love to walk into a room and see familiar faces. I was at a play in Lake Oswego last week. Someone came up to me and said, "I know you, I'm from Banfield Barkers." What I wouldn't have given to have an experience like that 40 years ago.

I love the comradery Toastmasters offers. We had an outstanding meeting at Feedbackers on the 11th. I stepped out of my comfort zone. I told a story about a scary experience. I received valuable feedback that will help me deliver a

better version in a few weeks. We supported our contestant with a round robin evaluation. We laughed, learned, and loved being Toastmasters.

Supporting one another is a bonus I appreciate. Many of our members have been touched by tragedy, job loss, and poor health. There are wonderful stories in District 7 of members helping members outside the club setting. Food at memorial services, job references, transportation, housing, and a helping hand with child care or a move are just some of the ways members have helped each other. Solid friendships and even marriages have occurred because of Toastmasters.

If you have had to step away from Toastmasters for a while, you most likely were welcomed back with open arms. People remembered your name. They were happy to see your face. You were able to pick up right where you left off. It felt good to be back in your community.

If you are of a certain age you will know this article was inspired by the beloved sitcom *Cheers*. You might enjoy a little comparison between the theme song and Toastmasters. I see a similarity. Do you?





Make a Compelling Speech from a Shoebox of Ideas

by Sara Cardella, DTM - Guest Contributor

If you're a typical Toastmaster, you have all sorts of ideas floating around in your head.

You may even write those ideas down and drop them into a shoebox for later development. What do you do from there?

How about this idea—pick a topic from your shoebox and create a speech from it with an introduction, body, and conclusion. Then glue the speech together with transitions, making it flow from concept to concept.

However, your speech is still missing something. Possibly, it's the structure pattern of the three main points that's not working. How you arrange your content is as important as deciding on three main points.

Choose from five structural patterns to arrange your three main points into a compelling speech. In the examples below, I use the topic theme "HONORING CATS."

Time—Arrange ideas chronologically showing progression [*personal experience progression*]

1. Raised with dogs. Hated and afraid of cats.
2. Cats came with husband. Learned to begrudgingly tolerate them.
3. Now love them. Never without a cat again!

Topical—Arrange ideas into several categories or areas of focus [*Types of cats who owned me*]

1. Siamese—noisy
2. Burmese—needy
3. Mutts—nurturing

Comparative—Arrange ideas by comparing to highlight similarities or differences [*Dog vs. Cat*]

1. Care—scooping poop vs. litter box
2. Love—dogs licking vs. cat purring
3. Play—dogs run around, then attack vs. cat sneak around, then attack

Cause-Effect OR Effect-Cause—Arrange ideas by representing one thing as caused by another or one thing as the cause of another [*Cat ownership*]

1. Forced cat ownership, because married husband with cats.
2. Owned own cats after divorce, because understood their independence.
3. Never without cats, they now own me.

Motivation Sequence—Arrange ideas to motivate your audience to action [*Get a Cat!*]

1. Get their attention: "Thousands of years ago, cats were worshiped as gods. Cats have never forgotten this." Anonymous
2. Why they need: Without a cat, your life is missing a special warmth.
3. Imagine this: With a cat, you have endless hours of humor and wonderment.
4. Visualization: You look in the corner, a sleeping cat. You look in the center of the floor, a sleeping cat. You look on your bed, a sleeping cat.
5. Call to action: Don't miss this special warmth. Get up and go get a cat!

See? Simple! Take the three main points of your speech and run them through each pattern to decide which works best for your topic. Add an introduction and conclusion and Voila! a compelling speech is born. Practice the speech with vocal variety and body language, adding quotes and statistics. Enjoy!

Sara Cardella, DTM, District 12 Qualified Speaker, MA Speech Communication. Sara is President of Spontaneous Speakers #4264 and Treasurer of Desert Sunrise Speakers #1969. She's been a member of Toastmasters since 1991. Sara is also a keynote speaker, communication coach, and corporate trainer.



NOVEMBER 12, 2017 - 3-4:30pm (PDT)

Sara Cardella ONLINE!

hosted by Great White North Online Toastmasters

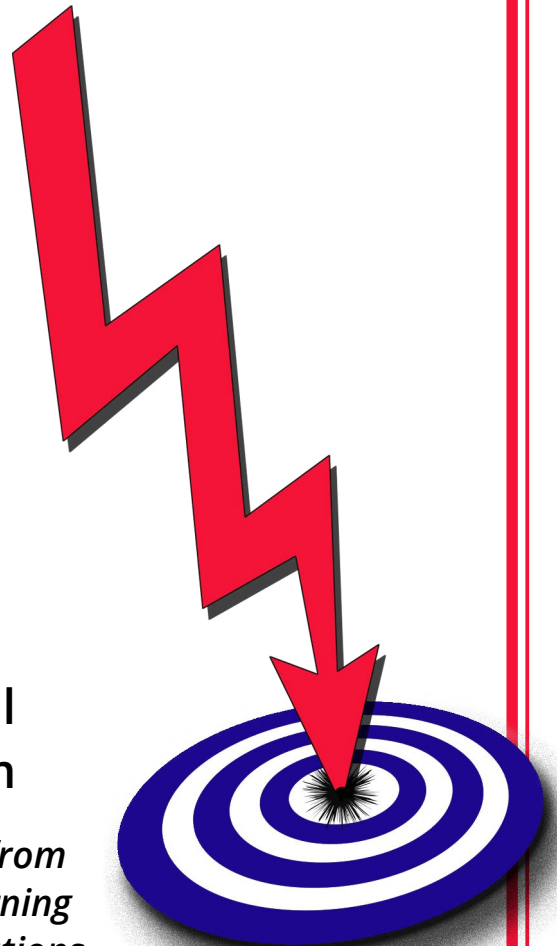
Join us for an online workshop
where you will learn how to:

- Arrange the structure of your speech to enthrall your audience—right to the very end
- Increase audience attention and retention

RSVP to Susan Ellsworth to join the call
susan.ellsworth@pequodsystems.com

Sara holds a Masters in Speech & Communication from San Francisco State University focusing on adult learning and corporate training. She gives keynote presentations and serves others as a mentor and communication coach.

She joined Toastmasters in 1991 and earned her DTM in 2011. She's held many positions including Division Governor, Area Governor, Club President, Club Sponsor and Club Coach. Sara also supports five prison clubs in Blythe, California



"Words count and ideas matter. What you say and how you say it is simply too important to leave to chance. What you say and how you say determines whether ideas flourish, die or live to fight another day." —Michael Notaro



Connecting with the Audience

by Jawad Ali

When I first came to Toastmasters about four years ago, I had a huge fear of speaking in front of people. I hated it because I couldn't connect with people.

What compounded my fear was that I never had enough emotion, which prevented me from connecting with audiences. I didn't know how to write an engaging speech. I needed to present something besides facts and numbers. And I'm not saying that facts and numbers are bad. They're just not relatable.

I remember one time when I wrote a speech on homelessness in America. I presented lots of facts, numbers and information that made logical sense. I talked about how I saw homeless men under bridges and how my trip to Seattle enlightened me. However, I was told to show more emotion because this would help me connect. Homelessness is a big issue in America. How was I going to call people to action if they never felt connected to my words?

After writing a half dozen more speeches, I feel as if I can finally speak and establish a connection with an audience. The amount of growth that took place inside of me hit me about three months ago, when I started writing scholarship essays. I got an email directly from an admissions counselor, saying how much he enjoyed reading my essay and how he already felt connected to me, even though we've never spoken.

My biggest problem was writing a speech that was inspirational, motivational, and engaging. Toastmasters helped me overcome that obstacle by giving me a means to practice writing and presenting speeches, all while getting feedback from the coaches and my peers.

Toastmasters for youth is extremely beneficial, in my experience. I've been attending Future Stars for almost six years and have been feeling myself grow since day one. Part of the reason why Future Stars is able to benefit the youth, is from our many guest speakers that

come in from different Toastmaster clubs. They provide advice and guidance and help our club prosper. On behalf of Future Stars, I'd like to give a special thanks to them.

Jawad Ali is a VP Education at Future Stars. He is a senior in high school and plays varsity tennis. His Toastmasters experience has transformed the way he thinks and the way he interacts with people of all kinds.

Future Stars Gavel Club, is a youth communication and leadership club administered by Toastmasters International, helping the young people of today become the great leaders of tomorrow! The club is open to all middle school and high school aged kids. It gives them the opportunity to become better listeners, thinkers, speakers and leaders.

The club meets weekly during the school year every Saturday from 10:30am-12:00pm at 4115 SW 160th Avenue, Beaverton, Oregon 97007 in the first room in the portal. To learn more about Future Stars or to visit the club, please contact Coach Humaira at futurestarspdx@gmail.com. Visitors are encouraged to visit the club and see for themselves why Future Stars should be part of their educational journey.



Future Stars

*The audience is the
barometer of the truth.*

Barbra Streisand



IT'S HALLOWEEN!

TELL ME A STORY TOASTMASTERS

**October 31, 2017
7:00 - 8:30 pm**

Standard TV and Appliance
Conference Center
5240 SE 82nd Avenue
Portland, Oregon 97266

Please join us for ghost stories,
treats, and open mic!!

Bring your best ghost stories!!! AND Costumes!
*It's ok to bring children if they are ok
with ghost stories!*

RSVP APPRECIATED!

Eric Grigsby
eric.grigsby@gmail.com

HIDDEN TREASURE

EARLY OREGON TOASTMASTERS - PART 6

by Harvey Schowe, DTM - District 7 Historian



Donald Card Sloan, a charter member of Portland Toastmasters Club # 31, was born September 16, 1905 in Claresholm, Alberta, Canada to William R. Sloan and Pearl P. Card. His family moved to Cardston, Alberta, Canada and then to Logan, Utah in 1909 where his father started a hardware business. He married Clarice Watson Glade on April 7, 1927 in Salt Lake City, Utah. They moved to Portland, Oregon in 1927 where he worked for the Lumberman's Trust Company. It later merged with American National Bank. He worked for Murphy-Favre and United Oregon Corporation as an associate salesman in 1928. While at Murphy-Favre, Donald Sloan met Jefferson L. Wilcox. They decided to organize a partnership in an investment company specializing in bond distribution and trust shares in 1930. They opened for business January 1931. Sloan became involved in civic activities. As a member of the Junior Chamber of Commerce he met Frank McCaslin, a future charter member of Portland Toastmasters Club. They participated in a cleanup Portland Campaign for the Rose Festival. He was involved in a campaign to stop the recall of Mayor George Baker. May 17, 1932, he delivered a speech at the Junior Chamber of Commerce supporting Mayor Baker. Donald Sloan was elected president of the Portland Branch of Latter Day Saints November 13, 1933.

During the fall of 1934, Donald Sloan joined Portland Toastmasters Club #31. He participated in a Toastmaster Speakers Bureau, the first in Oregon, where he delivered the speech Lets Quit Killing about traffic safety on February 28, 1935. April 1935 Toastmaster members participated in a Speakers Bureau that promoted the Rose Festival. He participated in a Junior Chamber



of Commerce, "Pay Your Taxes" campaign as a speaker at a Rotary Club meeting June 28, 1935. Beginning November 1935 Donald Sloan, along with other Portland Toastmasters members Franklin McCaslin, Charles Stidd, Lynn Sabin and John Davis participated as speakers in a Red Cross Drive. March 29, 1936, Donald Sloan gave

a speech at a Portland Toastmasters Club ladies night meeting. Other speakers at this meeting were Worth Caldwell, John W. Davis, Manley Robinson and Lynn P. Sabin with Frank McCaslin as Toastmaster. Sloan's participation in Toastmasters remains unknown after 1936. He continued improving his speaking skills with speeches to various civic groups. May 1936, Donald sought nomination as State Senator for the 13th District. He received 13,298

votes. It was insufficient for a nomination. In 1939, he served on the Board of Directors for the Multnomah Chapter of the Red Cross. In addition to a career as an investment banker, Donald Sloan was an amateur actor participating in plays such as "Dear Family" June 1942 and "The Warriors March", March 1944 at the Civic Theater. He wrote a play titled "Pacific Paradise" about the strange customs natives on the Island of Manu's near Soma. He described an incident where he was sitting in a hut when the natives burst in throwing knives at him. He managed to avoid them. Apparently knife throwing was custom on this island. After World War II, he was a Rose Festival Rosarian. He traveled to Rio De Janeiro, Brazil, South America, Europe, and the U.S. From the 1940s until his death he delivered many speeches on securities investment to various civic groups. During the evening of September 10, 1969, while preparing a talk for the Certified Public Accountants, Donald Sloan died from a heart attack.

You are invited . . .

Molalla Toastmasters Open House

Tuesday, November 14, 2017

7 to 8 pm

136 Fenton Street, Molalla, Oregon

**Contact Emilie Taylor for more information
etblueclear@yahoo.com
503-334-5819**



When the Magic Happens

by Stephanie Magoulas, ACB, CL

What is the key ingredient of hosting a successful open house? PEOPLE! What will your club gain from a successful open house?

PEOPLE! What success looks like varies per club. Your open house expectations may be different than what you read here today. The successes I share with you are based on our club goals, and for some of us, the desire to enhance our workplace with stronger leaders.

Do you ever ponder why good employees leave companies? Maybe it's a myriad of things, but my inner arrow points to the word "leadership". What kind of leadership training do most companies offer their employees? Most often, we find that promotions happen because of our generic results, not because of our team's individual results. This is where I started to connect the dots. How could a Toastmasters Open House inspire a corporation of many leaders to take part in the practice of leadership? What if we showed our leaders that they have this great opportunity to practice leadership right in their back yard? If everyone was given the chance to practice great leadership AND get feedback



on a regular basis, how amazing would their company's results be?

I attended a Toastmasters Leadership Institute, and stayed after to speak with the keynote speaker, Thomas Cox. His presentation, "How to Be the Best Boss" was just what I had been looking for. I asked, "Do you have any

tips for me on how to bring this message to my corporation?" Not only did he offer valuable advice that day, he also became my mentor. Armed with ambition, I went to work the next week and scheduled a meeting with our Vice President. She listened eagerly to the information I presented to her about Toastmasters. I also asked her, "How many times have you received feedback after giving a presentation?" Her answer, "Not very often!" She was on board, receptive, and ready to help sponsor our Toastmaster open house!

Several weeks later, she attended her first Toastmaster meeting; our Spring Open House. She heard firsthand, how inspired our members are, and what benefits they have gained as



Toastmasters; both personally and professionally. We had 35 attendees that day, and we were THRILLED! We knew based on our campus headcount, that there was a huge opportunity for a larger audience to target, so we set out to schedule an even more exciting event; our Fall Open House. We went for a lofty goal of 150 attendees. Our key note speaker? Thomas Cox. Out of 150, 106 people attended!

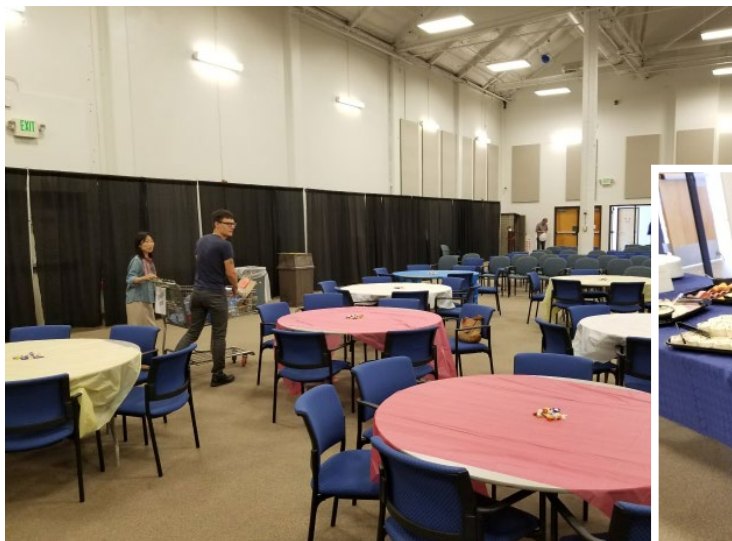
If your club is looking to grow members, here are some strategies to host a successful open house! If everyone is all in, the excitement will be palpable! There are leadership opportunities at every step, so get as many members involved as you can! Don't forget to share your event with your Area, Division and District Partners! When you are supported, this is when the magic

happens. It's the stuff you need!

The first, and most crucial step is to build a committee and start planning at least four months in advance! Time will slip by fast! Things to consider:

- What is the purpose of your open house? We decided these were the most important to us.
 - Grow our membership
 - Begin the foundation for a charter club
 - Enhance our workplace with a strong theme, "How To Be The Best Boss".
- Assign your chair or co-chairs and ensure all committee members choose their area of responsibility around the following:
 - Venue
 - Content
 - Marketing

It is extremely important in this planning process that each person assigned to a value understands what is needed from them, including support from the chair or co-chair of the event.



The second, most important task is to not let anyone's foot off the gas pedal. What do I mean by this? Always schedule update meetings at least once a week leading up to the event. Our big win was scheduling a live rehearsal the day before to ensure all equipment was in proper working order, and that all speakers were comfortable entering and exiting the stage, and speaking with a microphone.

By creating this structure of support, our members gained experience running conference calls, creating a digital marketing campaign, securing the venue, running audio/visual

equipment, building the content, creating a unique agenda, networking, showing hospitality to our keynote speaker, and many more. A post-event meeting was also extremely helpful to identify opportunities. But more importantly, to celebrate success and give everyone a pat on the back! Our leaders took an ordinary open house and turned it into an extraordinary experience for us and the audience. This Project stretched many of us outside of our comfort zones! By stepping up to leadership opportunities, we grew in ways we never expected.

For me, this event exceeded my expectations! I was lucky enough to hear our message being spread across the company during meetings for days after the open house. Always think big, dream big, plan big, and the results will come. Yes, just one little idea could possibly make a big difference to many! Thank you Noon Talkers Club 7450 and Thomas Cox for all that you do to make a difference.

Stephanie Magoulas joined Toastmasters in 2014. She is currently serving as Area 62 Director, and previously as Club President of Noon Talkers.



Magic is believing in yourself, if you can do that, you can make anything happen.

Johann Wolfgang von Goethe

WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Barnhart Toastmasters	Abbott	Kristen
The Toast of Old Town	Akse	Nathan
Tower Toastmasters	Almarzouq	Mohammed
The Toast of Old Town	Andriacchi	Katie
At The River's Edge Club	Basile	Emily
The Toast of Old Town	Bennett	Stacy
Capital Toastmasters Club	Blocker	Michael
McMinnville Toastmasters	Booth	Jonathan
The Toast of Old Town	Brady	Britt
Speakers By Design	Buffehr	Cole
Audacious Orators	Campbell	Susan
Yaquina Toastmasters	Carlson	Julia
The Toast of Old Town	Christian	Austin
Titan Toastmasters Club	Copeland	Alexander
The Toast of Old Town	Davis	Dena
Gateway Toastmasters	Dawson	Prem Terri
McMinnville Toastmasters	Dickey	Scott
Southern Oregon Speechmasters	Economy	Dean
The Toast of Old Town	Finger	Michael
Lake Oswego Toastmasters Club	Frye	Gavin
Essayons Club	Fuller	Lucas
The Toast of Old Town	Gable	James
Capital Toastmasters Club	Garcia	Juanito
Coos Bay Toastmasters Club	Ginn	Jimmie
Capital Toastmasters Club	Golden	Jacob
Speakers By Design	Goucher	John
The Toast of Old Town	Gray	Laurel
Capital Toastmasters Club	Griffen	George
The Toast of Old Town	Harestad	Lori
Vancouver Toastmasters Club	Haubrich	Ronald
Stagecoach TM	Humphrey	Kelly
The Toast of Old Town	Hunt	Hillarie
Gorge Windbags	Jensen	Samuel
Gorge Windbags	Jensen	Samuel
Will-Sher Club	Johnson	Craig
Sage Beaverton Toastmasters	Kambhatla	Sanjay
Yawn Patrol Club	Kasahun	Daphne
Audacious Orators	Ketchum	Kylea

WELCOME NEW MEMBERS

The Toast of Old Town	Kirby	Lynette
The Toast of Old Town	Krebs	Laura
Clackamas Stepping Stones Tm Club	Krug	Justin
Rogue Valley Networking Toastmasters	Kunda	Robert
The Toast of Old Town	Lane	Benjamin
Speakers By Design	LeBeau	Matt
Columbia Communicators	Lee	Valerie
Rose City Toasters Club	Lundquist	Richard
Tower Toastmasters	Mazzacco	Johnnie
Capital Toastmasters Club	McCarty	Jeffrey
Marylhurst Toastmasters	McConahy	Christine
Sporty Speakers	Mckenzie	Donald
Sporty Speakers	Mckenzie	Donald
Portland Progressives	Mitchell	Nicole
Salmon Speakers	Murray	Kenneth
The Toast of Old Town	Nash	Artiya
Capital Toastmasters Club	Nasset	Jon
University Toastmasters Club	Niernberger	William
Milwaukie Talkies	OKonyan	Ellen
The University Club	Paley	Staci
The Toast of Old Town	Parimar	Rahul
The Toast of Old Town	Paxton	Trisha
The Toast of Old Town	Peterson	Vanessa
The Toast of Old Town	Porter	Tanya
University Toastmasters Club	Riley-Adams	RenÃ©e
Essayons Club	Rinehart	Melissa
The Toast of Old Town	Salvi	Vincent
Rogue Valley Networking Toastmasters	Schaafsma	Paul
Speakers With Spirit Club	Schultz	Carol
Essayons Club	Sefton	Zachary
Ilwaco Toastmasters	Sheaffer	Eli
The Toast of Old Town	Smith	Terry
Capital Toastmasters Club	Spangler	Roy
Capital Toastmasters Club	Stefanskiy	Vyacheslav
Portland Progressives	Stock	April
Babble-On Toastmasters Club	Stookey	Jeffrey
Audacious Orators	Sullenger	Crystal
Capital Toastmasters Club	Tow	Willard
The Toast of Old Town	Waller	Cris

HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
CC	9/6/2017	Akers, Traci	Audacious Orators
CL	9/26/2017	Andersen, Lorri A.	Daylighters Club
CC	9/26/2017	Andersen, Lorri A.	Daylighters Club
CC	9/15/2017	Bare, Cindy J.	The Standard Speakeasy
CL	9/20/2017	Biederbeck, Karl	Smooth Talkers Club
CC	9/20/2017	Biederbeck, Karl	Smooth Talkers Club
CL	9/30/2017	Boe, Michael P.	Oregon State Toastmasters
ACB	9/25/2017	Brand, Richard R.	Oregon State Toastmasters
CL	9/25/2017	Brand, Richard R.	Oregon State Toastmasters
CC	9/8/2017	Byrne, Jessica L	Speakers By Design
CL	9/5/2017	Coutu, Andrew	Civil Tongues Club
ALB	9/27/2017	Daniel, Tess	Tmstrs For Spkng Prof
ACB	9/6/2017	Elbitar, Nadine N.	Mentors Of Focus Club
ALB	9/26/2017	Harris, Cathy J.	Daylighters Club
CC	9/13/2017	HEITZINGER, DANIELA	Marylhurst Toastmasters
CC	9/10/2017	Hernandez, Trei	Hopemasters
CC	9/27/2017	Hills, Dennis B.	Articulators Toastmasters
ACB	9/27/2017	Holtman, David L.	Club Northwest Tmstrs
CL	9/27/2017	Holtman, David L.	Club Northwest Tmstrs
ACG	9/21/2017	Kim, Angela	Audacious Orators
ALB	9/25/2017	Lafferty, Bryson D.	Babble-On Toastmasters
ALB	9/22/2017	Leach, Julianna	Yawn Patrol Club
CC	9/29/2017	Lee-Bierce, Doreen	Civil Tongues Club
CL	9/6/2017	Lee-Bierce, Doreen	Civil Tongues Club
ACS	9/7/2017	Lehmann, Rich C.	West Beaverton Club
ACG	9/2/2017	Lewis, Tim A.	Yawn Patrol Club
CC	9/21/2017	Locke, Julius Patrick	Politically Speaking
CC	9/21/2017	Locke, Julius Patrick	Politically Speaking
CL	9/8/2017	Locke, Julius Patrick	Speakers With Spirit Club
CC	9/28/2017	Lopez, Erika	Downtown Lunchbunch
ALB	9/23/2017	Martin, William T.	Communicators Plus
CC	9/2/2017	Mermilliod, Jeffrey	Moser Community Toastmasters
CC	9/7/2017	Miller, Avital Pearl Gafna	Yaquina Toastmasters
CL	9/19/2017	Neckarova, Ivana	Nano-Mated Speakers
ALB	9/27/2017	Norris, Brian A	Yaquina Toastmasters
CC	9/12/2017	Peterson, Aaron	Rose City Toasters Club

HONORING EDUCATIONAL AWARDS

CL	9/18/2017	Price, Norma J	A-Dec Toastmasters
CL	9/18/2017	Price, Norma J	A-Dec Toastmasters
LDREXC	9/19/2017	Ritchey, Carmil W.	Clackamas Stepping Stones
LDREXC	9/28/2017	Rodke, John Russell	University of Oregon Club
ACB	9/22/2017	Sanders, Connor	Spirit Trackers
ALB	9/22/2017	Sanders, Connor	Spirit Trackers
CC	9/4/2017	Sasaki, Jon K.	Speakers With Spirit Club
ACS	9/22/2017	Tran, Thuy	Gresham Toastmasters
ALB	9/22/2017	Wang, Marie X	Sporty Speakers
CL	9/8/2017	Wang, Marie X	Sporty Speakers
CC	9/2/2017	Wantz, James	Feedbackers Toastmasters
CC	9/5/2017	Webb, Andrew Justin	Spirit Trackers
CC	9/22/2017	Zamora, Matthew	Spirit Trackers

TRIPLE CROWN AWARD PINS

MEMBER	COUNT	AWARDS
Fanning, Paul C.	3	ACS, DTM, ALS
Hutton, Lisa F.	3	LDREXC, ACB, ALB
Lafferty, Bryson D.	3	ALB, CL, CC
Locke, Julius Patrick	7	CC, CC, CC, CC, CL, CC, CC
Tully, Kathleen	3	CC, CL, LDREXC
West, Larry J.	4	ALS, ACG, DTM, CC

Triple Crowns are awarded to members completing three different awards in a single year



"Always dream and shoot higher than you know you can do. Do not bother just to be better than your contemporaries or predecessors. Try to be better than yourself."

William Faulkner

Happy Anniversary to October Clubs

The following clubs are celebrating their charter anniversary this month.
Congratulations to all!

Charter Date	Years	Club	City
10/20/2014	3	Clean Water	Hillsboro
10/15/2015	2	Club Northwest	Grants Pass
10/1/1998	19	Marylhurst	West Linn
10/30/2012	5	NuScale Toasters	Corvallis
10/1/1993	24	Speakeasy	Hillsboro
10/21/2014	3	Titan	Eugene
10/1/1990	27	Toast of Corvallis	Corvallis
10/3/2012	5	Wonderful Or Wordmasters	Roseburg
10/1/1965	52	Yawn Patrol	Eugene



A special shout out
to Yawn Patrol for
passing the half-
century mark

OCTOBER

28

High Desert – Division I – Humorous Speech and Table Topics Contest, @ 12:00 PM – 4:00 PM
Bend Public Library - Brooks Room, 601 NW Wall St, Bend, OR 97701

Division C Humorous Speech & Table Topics Contest @ 1:00 PM – 4:00 PM
Chemeketa Community College, Bldg. 8 Rm. 201, 4000 Lancaster Dr NE, Salem, OR 97301

Division G Speech Contest, @ 3:00 PM – 6:00 PM, Clark Regional Wastewater District, Community Room, 8000 NE 52nd Ct, Vancouver, WA 98665

NOVEMBER

10

Meet and greet event with an interactive workshop led by Johnny Campbell, Camp Withycombe Conference Center, 15300 Southeast Minuteman Way, Clackamas, Oregon

11

Ready. Set. Grow!, @ 7 AM - 6 PM, Camp Withycombe Conference Center, 15300 Southeast Minuteman Way, Clackamas, Oregon

Adding Events to the District Calendar

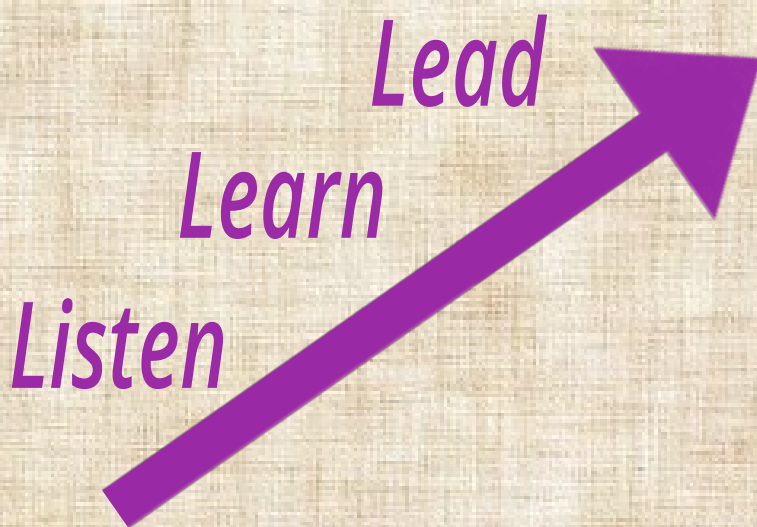
All members of the District Executive Council are encouraged to post upcoming events on the District 7 Event Calendar. Typically posted events include:

- Club Open Houses
- Area Contests
- Division Contests
- Club Officer Training
- Club Workshops
- Significant Deadlines
- Conference Calls
- Webinars

If you are a club officer, and you have an event you want posted, please contact your area or division director who will help you get your event scheduled on the calendar.



October - November, 2017



Dec
02

**Winter TLI
(Toastmasters
Leadership Institute)**

by John Rodke, DTM, 2017-18 Program
Quality Director

Free

[Register](#)

DESCRIPTION

Welcome to our Winter Toastmasters Leadership Institute!

At this dynamic event, you will learn actionable techniques to help you improve your leadership and speaking skills.

The full speaker lineup is in progress. You will have the opportunity to learn from sages of stages!

DATE AND TIME

Sat, December 2, 2017
7:00 AM – 3:30 PM PST

LOCATION

Wilsonville High School
6800 Southwest Wilsonville Road
Wilsonville, OR 97070

Mark your calendar for
Toastmasters Leadership Institute
December 2, 2017

