

## Speech Champions SPEAK Page 5



# CONTENTS

## 04 EDITORIAL

Dr. Smedley's Mea Culpa

by Phyllis A. Harmon, DTM

## 05 COVER STORY

Speech Champions SPEAK

by Linda Bradley, CC, ALB

## 08 AS I SEE IT

Be So Good They Can't Ignore You

by Leanna Linquist DTM -  
District Director

## 09 FROM THE DESK

In the Spirit of Thanksgiving

by Donna Stark, DTM

Program Quality Director

## 09 Congratulations to *Be*

*Extraordinary* Pin Recipients

## 10 FROM THE DESK

Share What You Know. . .

by Cathy French, DTM

Club Growth Director

## 11 Are You Committed to Being Extraordinary?

## 15 My TM Success Tracker



## 16 2016 Fall Conference in Review

## 18 Extraordinary Millennial Award

## 19 PERSPECTIVES

Marriage/Toastmaster Mania

by Shannon Milliman, ACB, CL

## 20 BINGO Card

## 21 Reach for the Stars Contest

## 22 HIDDEN TREASURE

Tillamook Toastmasters Club

#420—Part One

by Harvey Schowe, DTM

## 24 Road to Presidents Distinguished

## 25 Learning Leadership

by Tanya Feinstein, Member of Future Stars

## 26 JOURNEYS

The Journey from "No" to Program  
Quality Director - Donna Stark

by Brinn Hemmingson, ACG, CL







32 **SUCCESSFUL CLUB**  
Yaquina Toastmasters - A Lesson  
Leadership and Inspiration  
by Cathy French, DTM - Club Growth Director

33 **WELCOME NEW MEMBERS**

36 **HAPPY ANNIVERSARY TO  
NOVEMBER CLUBS**

37 **HONORING EDUCATIONAL  
AWARDS**

38 **TRIPLE CROWN AWARD PINS**

39 **Feedbackers -  
Dialogue & Desserts**

40 **TELL ME A STORY  
We're All a Little Weird**  
by Heather Augello, CC

27 **The League of Extraordinary  
Toastmasters**

28 **Calling All Candidates**  
by Alexis Mason, DTM

30 **NOVEMBER DECEMBER CALENDAR**

31 **PUBLIC RELATIONS**  
Be a Genius - Use CRM to Convert  
Guests to Members  
by Phyllis Harmon, DTM  
District 7 Public Relations Manager





# EDITORIAL

## Dr Smedley's Mea Culpa

by Phyllis A. Harmon, DTM  
Editor/Publisher

I love a good apology. They warm my heart and reaffirm that we are all works in progress. It helps me know that I am not the only one boomeranging from one life lesson to the next.

Dr. Ralph Smedley, in *Personally Speaking*, admits that some of what we hold as sacred tenants of Toastmasters behaviour were his personal biases.

"In my earlier days as a teacher of public speaking, I was inclined to be dogmatic. I emphasized my personal likes and dislikes, and made rules to fit. . . Then I accepted those *dicta* as rules of speech, and taught as though they were. To this day we hear it said of certain mannerisms, *A Toastmaster never does that*. . . I forgot that I was just one member of the audience, and that other people might like what distressed me. I took my own ideas too seriously."

I think it's important that we "own" our opinions. To stop and question why we think and act the way we do. I'm reminded of my days as a newlywed. My husband insisted that there was only one way to hang shirts in the closet. Shirt faces must be hung to the left, never to the right. Why? Because that's what the military taught him. When I was growing up, we always ate fish on Fridays because our religion taught us so. Years later I read that Fish Fridays were introduced in the 1500's to boost the flagging fish industry in Italy.

Whenever I'm the general evaluator, I ask evaluators to follow up suggestions for improvement with why they think the change should occur. (One pundit was overheard saying "because I said so!"). It helps the speaker to understand the context of the evaluator's comments. It also illustrates that the evaluator listened carefully, internalized what was heard and seen, and genuinely offered suggestions from the heart.

In 1945, Dr. Smedley closed his apology with the following:

"It is always the speaker's responsibility to make his speech effective. If he does that, applaud him; commend him; vote for him, even if he violates all the rules in the book. If he doesn't put it over, even though he follows every rule, his speech is not a success. The test of the speech is not in following the textbook, but in making the sale."

It still holds true today.

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**TOASTMASTERS**  
INTERNATIONAL



# Speech Champions SPEAK

## Interviews with Heather Augello & Daniel Flood

by Linda Bradley, CC, ALB



*The Toastmasters District 7 “Find Your Focus” Fall Conference was held on November 5th at Warner Pacific College in Portland, Oregon. Heather Augello won first place in the Humorous Speech contest with “We’re All A Little Weird”, and Daniel Flood won first place in the Table Topics contest. His question was, “The phone rang, and. . .”*

*To help celebrate their victories, we are going to grill them a little bit and see what it took for them to vault themselves over the proverbial bar to land in the winners circle.*

*First, let’s see what Heather Augello has to say:*

### **Q: What brought you to Toastmasters?**

**H:** One of the biggest reasons was that I wanted to be a writer. Even though I had two essays published, I became increasingly self-conscious and crippled by insecurity and doubt. I joined Toastmasters because I felt it was easier to tell my stories out loud since the audience for speakers is more forgiving. People know how terrifying public speaking is but they have no idea how gut wrenching it is to put words on paper and hit send.

### **Q: How has Toastmasters helped you personally?**

**H:** I gained confidence in my storytelling and the ability to accept feedback without feeling hurt or defensive. I will be speaking at an upcoming Grand Slam in front of a few hundred people. I never imagined I’d have the confidence to do that.

### **Q: What is your process for developing a speech idea?**

**H:** I make sure that it will tell “What, Now What, and So What.” If the story is only the “What,” it’s not very interesting. When you add the other components it shows how the situation, or you, have changed by the end of the story. That’s what makes people care.

### **Q: What has helped you the most to develop an award-winning speech?**

**H:** Feedback from my club members. My husband is my greatest sounding board and made sure I had enough practice to deliver my speech in a conversational tone. A workshop led by James Wantz helped me understand stage positioning and how to move with purpose.



### **Q: As you practiced your speech for competition, how did you keep it fresh and not sound over rehearsed?**

**H:** I didn’t write out every word of the speech, just an outline. I changed the wording a little bit every time I practiced. That way I didn’t stumble or get stuck because I couldn’t remember the exact word I had prepared. I was able to change it up enough to make it fresh each time.

### **Q: On the day of competition, what’s your favorite way to prepare for your seven minutes on stage?**

**H:** I find a spot to do one of Amy Cuddy’s “Power Poses.” If you haven’t checked out her TED Talk, I’d recommend it. <http://ow.ly/YPk5305XhNL>

### **Q: Tell us a little about yourself—what makes you tick?**

H: I grew up on the East Coast. I moved to California for college, and ended up staying another ten years. I never knew how much I missed the seasons until I moved to Portland. In the summer we go tubing on the river. In fall, it's the pumpkin patch and Hood River. Winter is snowshoeing and cutting down our Christmas tree. Spring is the flower fields. I love thrift store shopping because it's like a mini treasure hunt every time.

.....

*Now, let's turn to our first place Table Topics speech winner, Daniel Flood:*



**Q: What brought you to Toastmasters?**

D: My father was a Toastmaster back in the 1950s. It gave him the confidence and speaking skills needed to attain his dream job. Because of Toastmasters, the family finally had a stable financial future, enough so that they were able to have their third and last child. Me. Concisely, I'm here because of Toastmasters.

**Q: How has it helped your career?**

D: I used Toastmasters back in the 80s to obtain a job working in the oil industry in Alaska. Turned out to be one of the worst career moves of my entire life. Just awful.

**Q: How has Toastmasters helped you personally?**

D: Many years later, I wanted to improve my

speaking skills because I thought I wanted to get started as a stand-up comedian, except I wasn't funny. Didn't know how to be. Humorous speaking is a skill. That is when I discovered how much I love the Leadership Track. I'm currently mentoring four members.

**Q: What is your process for developing a Table Topics speech?**

D: Mark Twain said, "It usually takes more than three weeks to prepare a good impromptu speech." If you go into a Table Topics contest unprepared, it's your own fault if you don't do well. I watched every YouTube video I could find about preparing for Table Topics, watched every winning Table Topics presentation on the Internet, and attended TM workshops on how to win at TT. Darren LaCroix says, "Be a sponge!" I was that sponge.

**Q: What has helped you most to develop an award winning Table Topics speech?**

D: Learning the G.A.M.E.S. and PIVOT techniques and employing them where applicable. Summarizing the question in my mind, then deciding how to form my response, taking as much time (silently) in front of the audience as needed. I can do this in 30 seconds or so, taking more time if needed. The rules allow for this.

PIVOT is a time-tested method where you are given one question and immediately PIVOT on that question to what YOU want to talk about instead. These are stories you have made up or know intimately; they're already in your head.

The other technique is G.A.M.E.S. Get the audience's attention. Acknowledge the audience. Make an attempt to answer the question, if it is a question that you can't PIVOT on. Examples: provide three that support your answer. Summarize your thoughts into one cohesive statement that reflects your answer to the question. G.A.M.E.S. keeps you from getting off track. Watch the clock. When you first see red, you safely have only ten seconds left. Wrap it up!

**Q: On the day of competition, what's your favorite way to prepare for your two minutes on stage?**

D: Remember what I've learned, have my techniques ready, and having fun! Before stepping onstage, my pulse nearly doubled. I kept telling myself, "I'm excited to be here!" Remembering to use what I know helped me focus when I got



to the speaking area. Once there, with several hundred Toastmasters in front of me, I relaxed and was able to have a blast with the topic.

**Q: Tell us a little about yourself—what makes you tick?**

D: The more I do Toastmasters, the more fun I have with it. I achieved my DTM in 2016 after six years in Toastmasters. I have an amazing lady friend who inspires me. For fun, I repair broken power tools for Habitat for Humanity and St. Vincent de Paul, hike and spend time with my amazing Toastmasters friends.

Congratulations, Heather and Daniel!

*Linda Bradley joined Mentors of Focus in 2015 where she serves as the current VP Public Relations.*

## **Audacious Orators - Contests & Celebration**

**by Ginger Killion, ACS, ALB**

Audacious Orators held their Humorous Speech and Table Topics Contest on October 4th. Both contests were entertaining and lively. It was a full evening of friendly competition as the contenders strived to present their best! Afterwards, the visiting volunteer judges commented that the judging was challenging!

Humorous Speakers were Carolyn Exum, Linda Bond, Haley Fox and Danielle Cox. The winners were: First Place – Haley Fox, *The Big Reveal*, and Second Place – Linda Bond, *Funny Business*.

Table Topics participants were Angela Kim, Sarah Dillard, Susan Brenner (volunteer member) and Karlyn Eklof. The winners were: First Place – Angela Kim and Second Place – Karlyn Eklof

The November 1st meeting was a members-only, Cinnamon Roll feast celebrating the achievements and growth of Audacious Orators.

Volunteers who attend Audacious Orators on regular basis are Gabrielle Proust, Merilee Krebs, Susan Brenner and Ginger Killion. Anyone that would like to visit and/or consider the possibility of becoming a volunteer is encouraged to contact one of the regular volunteers for more information.

*Ginger Killion is a member of Daylighters, Storymasters, and Audacious Orators. She is serving as Secretary/Treasurer for Daylighters and Treasurer for Audacious Orators. She is also serving as an area director assistant in Division E.*

## **On the Road Again...**

If you are in the Portland, Vancouver, Eugene or Medford area, be on the lookout for transit ads. Buses are already on the roads displaying the ads on sides and tails. If you spot an ad, snap a photo, safely of course, and email it to our Club Growth Director Cathy French at [cgd@d7toastmasters.org](mailto:cgd@d7toastmasters.org). We will have two winners in Medford, and one in Portland, Eugene and Vancouver. Our 5 winners will each receive a blue Toastmasters umbrella. Keep your eyes peeled. Bonus points if you post it on Facebook.





# AS I SEE IT...

## Be So Good They Can't Ignore You

by Leanna Lindquist, DTM—District Director



*Be so good they can't ignore you* is comedian and author Steve Martin's advice to aspiring entertainers. The quote has been used to refer to entrepreneurs, business people and anyone pursuing their passion. As I see it, the quote applies to Toastmasters.

As you settled into your club did you notice the standouts, the ones who were developing a competitive advantage by building valuable skills? Did they share best practices? Did you aspire to speak or evaluate like them? If you want to rise above the crowd you must be good, very good. Toastmasters can help if you are willing to invest in yourself. When you put in the hard work it can result in starting up a remarkable career, a promotion at work or making a difference in your community. YOU can be the one people are talking about.

Does this sound too good to be true? It doesn't have to be. Every day members all over the world leverage the skills they learned and developed in Toastmasters to propel their careers and private lives. This can be you.

Where will your journey take you? Lao Tzu, author of the Tao Te Ching and the founder of philosophical Taoism, said *A journey of 1,000 miles begins with a single step*. Your journey begins when you actively participate in a club meeting, training or conference. It is propelled when you step up as a club or District officer.

Cathey Armillas, DTM joined Toastmasters in 2003. Since then she has served as the District 7 Governor, launched her own business, and authored an award-winning book. Cathey is a

sought after keynote speaker, an experienced TEDx organizer, speaking coach and TEDx speaker. I think it's safe to say when Cathey took the first step on her Toastmaster journey she had no idea where it would take her. She is so good she can't be ignored. This is one success story. Is yours yet to be written?

You owe it to yourself to take advantage of every opportunity your membership offers. If you are fortunate to live in an area with multiple clubs, visit them. Speak whenever you can. You will never learn to swim unless you dip your toe in the water. Make meeting attendance a high priority. If your club is not providing you what you need, talk to your club leadership. If necessary, find another club. Don't let anyone or anything keep you from "being so good they can't ignore you."





# FROM THE DESK

## In the Spirit of Thanksgiving

by Donna Stark, DTM—Program Quality Director



A fellow Downtown Public Speaker recently referred to Toastmasters as, “therapy without the \$25 co-pay.” I love that description! It doesn’t matter how I felt when I walked into a meeting. I’ll leave feeling happy and uplifted.

In the spirit of Thanksgiving, I’ve been reflecting on the many things for which I’m grateful from a Toastmasters perspective. Communication skills, leadership skills, and confidence are the big-ticket items that Toastmasters is known for, and I’ve witnessed growth in all those areas in myself and in others. But what I’m most thankful for is the opportunity to learn from, and be motivated by, literally hundreds of Toastmasters that have shared their stories, their knowledge, their triumphs, their “learning opportunities,” and their encouragement.

I’ve always enjoyed conferences. The energy created by a large group of Toastmasters inspires and motivates me. The fall conference is in the books. . .another thing for which I’m thankful. I’ve discovered that in addition to stories and encouragement, Toastmasters share their time and expertise.



*The fall conference is in the books*

When the call for conference volunteers went out, I was both thankful and humbled that so many said, “yes!” If you would like to be part of the effort, let me know. I can be reached at [PQD@d7toastmasters.org](mailto:PQD@d7toastmasters.org).

I wish you the happiest of Thanksgivings. And remember, holiday gatherings are great sources for speech material!

## Contratulations to *Be Extraordinary* Pin recipients

Linda Potter, Mary Alice Holmes,  
John Rodke, & P.J. Kleffner





# FROM THE DESK

## Share What You Know...

by Cathy French, DTM—Club Growth Director



Think back to the first Toastmasters club you joined. Do you recall why you joined the club? Was it because of the number of members? Did it seem like the right fit? Did the club and the Toastmasters program give you what you wanted? Did the club strength provide you the benefits you wanted to receive from Toastmasters?

What is club strength? It's enough members and club excellence to provide the benefits members are looking for.

Would you like to help other Toastmasters restore club strength to their clubs? There are some members and clubs in your area that could use your help. How can you help? Participate in the newest District 7 membership contests. The Extraordinary Millennial Award and Reach for the Stars officially started November 5th. They continue until the end of the Toastmaster year, June 30 2017. See the

flyers on pages 18 and 21 for all the details.

Participating in these contests and helping clubs in your area can bring clubs into the Healthy Zone.

- How do you know when your club is in the Healthy Zone?

- Every member has one role per week

- Members regularly give speeches
- Members serve as mentors to new and seasoned members
- Club has enough members so they only take on one role per meeting
- 20+ members in the audience

Why should you take on either of these two challenges? You will help others and at the same time be given an opportunity to share your experience, talents, and

discover aspects of yourself that you didn't even know were there. Leverage your strengths, your marketing and persuasion talents to help others achieve the

level of success you have achieved.

Share your knowledge and experience and "Reach for the Stars."



*"Share your knowledge. It is a way to achieve immortality."*

*-- Dalai Lama*



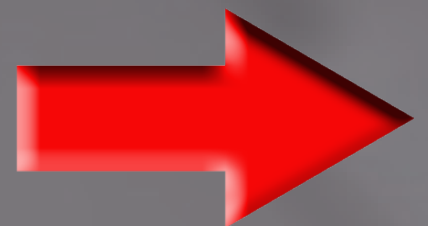
*Are you committed to  
being extraordinary?*

## **Make a Pledge**

*Here's how:*

- Create a club culture that fosters member retention*
- Bring in a new member*
- Start a new club*
- Earn an award*

*Pledge holders are listed  
on the following pages*



# PLEDGE - I'm Committed to Being Extraordinary

Name	Club	Recruit a Member	New Club	CC	AC B/S/G	CL	AL B/S/DTM
Abraham Chandy	New Horizons			•		•	
Alan John	PMI Portland Toastmasters	•					•
Alexis Mason	Clark County, Leaders Edge, Thrill of the Quill	•	•	•	•	•	•
Allan Edinger	McMinnville			•		•	
Allison Bennett	Tmsts for Speaking Prof				•		•
Amber McMurry	Multco Toasties	•		•		•	
Anne Machalek	Siuslaw Tale Spinners	•	•	•			•
Barbara Coleman	Tower Toastmasters			•	•		
Barbara Wade	Noon Talkers			•		•	•
Becky Holm	Roseburg, WOW	•		•			
Beth Ann Fischberg	Babble-On						
Bill Martin	6525 Communicators Plus	•					•
Bob Leach	Babble - On				•		
Bob Smith	Clackamas Stepping Stones			•		•	•
Brenda Bryan	Storymasters			•		•	•
Brice Elmer	Storymasters	•	•		•		•
Brinn Hemmingson	Portland Progressives						•
Cari Corbet-Owen	Vancouver Toastmasters				•		
Carley Meuchel	Clark County			•			
Carmil Ritchey	Clackamas Stepping Stones			•			•
Carol Wagar	Gorge Windbags	•			•		•
Cate Arnold	Silicon Forest	•		•	•	•	•
Cathy French	Siuslaw Tale Spinners	•	•	•			•
Chapin Zakrzewski	Swan Island			•			
Cleon Cox	Wallmasters	•	•	•	•		
Daniel Flood	Jefferson State, University	•		•	•	•	•
Dave Mason	Clark County, Leaders Edge			•		•	
Dave Shehorn	Clark County	•			•	•	•
David Crockett	Redmond	•		•		•	
David Johnson	Fortunate 500	•		•		•	
Dawnette Hale	Swan Island Toastmasters	•		•	•	•	
Dee Cort	Redmond Area Toastmasters			•			
Diane Flansberg	Beachtown	•					



# PLEDGE - I'm Committed to Being Extraordinary

Name	Club	Recruit a Member	New Club	CC	AC B/S/G	CL	AL B/S/DTM
Donna Stark	Downtown Public Speakers			•		•	•
Doug Whitmore	New Horizons			•			
Eldred Brown	Babble - On	•	•	•		•	•
Emilie Taylor	Milwaukie Talkies	•	•		•		•
Eric Grigsby	Patriot Talkers	•		•			
Eric Winger	Feedbackers			•			
Erik Bergman	WE Toasted	•		•	•	•	•
Faye Phillips	5442 Highnooners - Bend	•		•		•	
Gabrielle Proust	New Horizons	•		•	•		
Gary Schmidt	Clackamas Stepping Stones	•		•			
Ginger Killion	Daylighters	•	•	•	•		•
Gloria Cox	New Horizons	•					
Gloria Crockett	Redmond			•		•	
Gordon Zimmerman	Marylhurst	•		•		•	
Harvey Showe	Blue Ox				•		•
Jay Mittal	Noontime					•	•
Jill Ward	Wallmasters				•	•	
Jim Daniel	WOW, Roseburg	•					•
Joe Harper	New Horizons					•	
Joe Anthony	Liberty Talkers	•	•	•	•		•
John Rodke	Yawn Patrol, University Club	•			•	•	•
Karen A. Semprevivo	Blue Ox	•			•	•	•
Ken Harris	Yawn Patrol				•		
Kimberly Burdon	Corvallis	•			•		•
Leanna Lindquist	Marylhurst	•		•	•	•	•
LeRoy Nollette	Newberg				•		
Linda Bard	Tmsts for Speaking Prof	•					
Linda Cox	Newberg				•	•	
Linda Potter	A-dec Toastmasters	•			•	•	
Lisa Hutton	Marylhurst				•		•
Lisa Schupp	Toast of Corvallis			•			
Lisa White	Multco Toasties			•		•	•
Lorri Andersen	Daylighters	•		•	•		
Lucas Murphy	Downtown Public Speakers	•			•		
Lyle Schellenberg	2397 - Bootstrappers			•		•	•
Mary Canton	New Horizons				•		•

# PLEDGE - I'm Committed to Being Extraordinary

Name	Club	Recruit a Member	New Club	CC	AC B/S/G	CL	AL B/S/DTM
Maureen Adams-Hegwood	Redmond Area Toastmasters	•		•			•
Michel Singleton	Keizer Communicators	•			•		•
Michelle Alba-Lim	Roseburg Toastmasters	•	•	•	•	•	•
Mike Rogers	Noontime	•			•	•	
Mitch McDonald	Marylhurst			•		•	
Nina Smith	Clack-Orators			•	•		•
Pam Gundrum	Marylhurst	•			•		•
Pam Mills	Oregon City	•	•		•		•
Pat Lynch	Highnooners, Bend	•			•		•
Patrick Locke	Early Words	•	•	•	•	•	•
Patrick Tuohy	West Beaverton			•		•	
Paul Fanning	Downtown Lunchbunch			•			•
Paula McDermid	Jefferson State	•		•			
Phyllis A Harmon	Wallmasters International			•		•	•
Poppy Olson	Toast of Corvallis	•					
Raynette Yoshida	Marylhurst	•			•		•
Scott Salazar	Bootstrappers			•			
Scott Stevenson	Mentors of Focus			•		•	
Stephanie Magoulas	Noon Talkers	•			•		•
Steve Smith	Redmond Area Toastmasters	•				•	
Susan Baer	Noon Talkers	•				•	
Susan Bender Phelps	Toastmasters for Speaking Professionals	•				•	
Susan Strayer	Advisors				•		
Syrena Glade	Passport to Leadership			•			•
Tanya Myers	Sporty Speakers				•		
Ted J Takamura	Marylhurst Toastmasters				•		
Terri Brewer	Gresham	•		•		•	
Tom Knapp	Liberty Talkers	•	•		•		

**Make a Pledge**



# My TM Success Tracker

*Streamline and Simplify your Toastmaster's Journey*

**In the PALM of your HAND—At Your FINGERTIPS!**

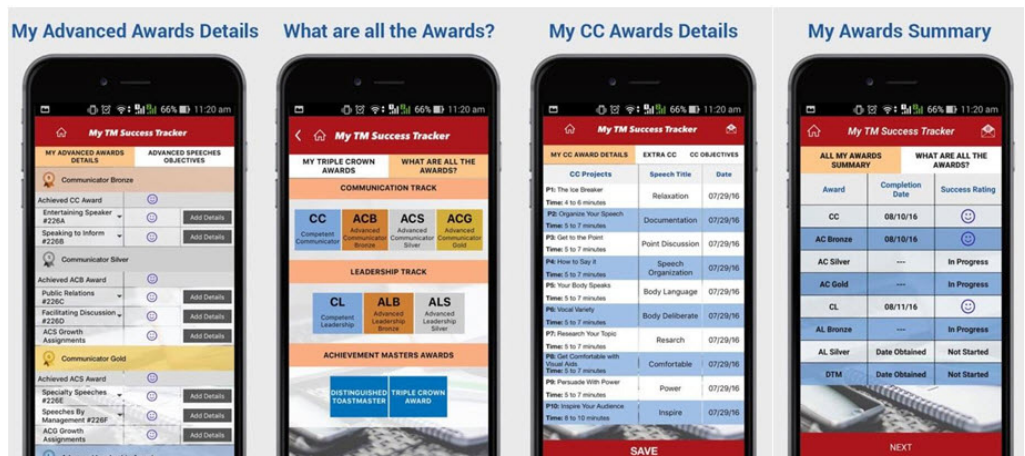
- **CLICK** to enter in all your CC speeches and dates given.
- **CLICK** and the objectives appear for each speech for easy planning on the GO!
- **CLICK** a different screen for CL requirements.
- **CLICK** to record your completions. No more guessing and computation!
- **CLICK** to see all the progress toward successfully earning each Award.

Other screens:

- Advanced Awards
- Triple Crowns
- All My Awards Summary
- Member Profile (where you can store that elusive member or club ID number) and more
- Email your lists of progress to yourself or your Club VPE for submission to the Toastmaster International office!



**Download your \*FREE\* version of  
My TM Success Tracker  
through your Google Play or iPhone App Store**



*We'd love to hear your feedback at: [CSuiteSuccess@aol.com](mailto:CSuiteSuccess@aol.com)  
or visit [www.CSuiteSuccess.com](http://www.CSuiteSuccess.com)*

# 2016 D7 Fall Conference

## Humorous Speech Contest

## Keynote

HaHaHa  
HaHa  
HeeHee



Patricia Fripp



## HUMOROUS SPEECH CONTESTANTS

1st  
Heather Auguello  
2nd  
David Dean  
3rd  
Eva Fellner



First Place Contestant



## GOOD FOOD



Distinguished



# ference in Review

photography by James Wantz, DTM & Jim Daniel, ATMS, CL

## Speakers



Linda Cohen

## Table Topics Contest



IMPROMPTU  
SPEAKING  
AT ITS BEST

## TABLE TOPICS CONTESTANTS



ntest Winners



1st  
Daniel Flood  
2nd  
Alexis Mason  
3rd  
Lisa Hutton



Toastmasters

## BEAUTIFUL SIGHTS



# Extraordinary Millennial Award

- *You are under the age of 30*
- *You are busy, technologically savvy, and willing to use your talents to help others*
- *You help other Millennials find what you have through Toastmasters*

## How to Win

Recruit 5 or more Millennials into your own club or another club in the District between November 1, 2016 and March 31, 2017

and

Help find and sponsor a new club in a young-minded, energetic corporation or community

## New Club Assistance

The Club Growth Director, Club Extension Chair and other members of the New Club Team are there to help you start a new club

For more information, contact: [cgd@d7toastmasters.org](mailto:cgd@d7toastmasters.org)

## Be the First to Receive the Extraordinary Millennial Award



I'm an Extraordinary Millennial



# PERSPECTIVES

## Marriage/Toastmaster Mania

by Shannon Milliman, ACB, CL



There do exist Toastmaster fanatics in this world. I'm sure you've never met one. But to humor me, consider this case study: Marjorie is a bright eyed, 79-year-old and William Burgess, a younger man of 72, called Marjorie in his last humorous speech contest "a cougar."

Both widowed, they married at a local Elks lodge where they met and where their Toastmaster club meets. This is their second marriage, and it all started at a Toastmaster club. Marjorie thrives in leadership. Area Governor proved to be her favorite experience. William has competed three times at his district for the humorous speech contest. He hasn't placed yet but Marjorie encourages him to keep trying. He blames bad judging. Marjorie rolls her eyes and affirms that they have regular Judges trainings in their area so he has to take some personal accountability.

Marriage and Toastmaster conferences are both celebratory events. Celebrating together, the 2016 fall conference was a delight (if you were listening carefully during the Table Topics contest, I declared it was the 2017 contest! [What can I say I am a futurist, always looking forward, just like a good Toastmaster should be!]). We were uplifted by Patricia Fripp's no nonsense approach and inspired by our peers who worked hard to lead, organize and compete.

In conference settings, one of the greatest benefits comes from one-on-one interpersonal interactions with other Toastmasters. Who did you sit by? Did you discuss goals you are each working on? Did you find out any opportunities

where you could help another reach their goals—personal or professional? Could someone else help you? Networking need not be an overwhelming principle. I like to take a wedding philosophy when I attend a conference. Next time you are at a conference decide to connect in an easy, meaningful way with four separate people. This is a token for you to help you remember your plan. Just like the old adage, at the next conference look for "something old, something new, something borrowed, something blue." Alter this just a bit to something old (a Toastmaster you haven't seen in a while—say hello and catch up), someone new (introduce someone you have never met), something borrowed (exchange in conversation with someone with intent of finding somehow you can "borrow" their skills or share your own with them), something blue (find someone wearing blue—tell them how you picked them out and ask them how long they've been a Toastmaster).

This strategy is a fun, easy way to maximize your conference attendance, give yourself a meetable challenge and celebrate. Cheers to Marjorie and William. Cheers to a great conference and to many more!



*Coming together is a beginning;  
keeping together is progress;  
working together is success.*  
Henry Ford

# DISTRICT 7 – July 1, 2016 – December 31, 2016

B	I	I	G	O
Volunteer at an area speech contest	Volunteer at a TLI session	Fill in a role in a club not your own	Mentor a New Club	Visit another club in your area
Attend a division speech contest	Go to TLI in Wilsonville	Visit another Division club	Give a speech at another club	Volunteer at an Area speech contest
Volunteer at a division speech contest	Participate in a Kickoff meeting	<b>FREE SPACE</b>	Visit another Division club	Go to the District Conference
Visit another Area club	Pay your dues by Sept 15, 2016	Be a Club Coach	Visit a club in another district	Bring a guest to a club meeting
Write an article for your club website or newsletter	Visit another club in your division	Volunteer at a kickoff meeting	Sponsor a New club	Pay your dues by Sept 15, 2016

## Have you completed your Bingo Card Yet?

Rules: X out a block when you complete a task. Have the individual running the task, initial the box.

You win BINGO if you get five across, five down, diagonal or four corners.

Prizes: Individual members get a magnetic name badge; clubs earn a \$60.00 bookstore credit if more than 50% of the July 1 club membership base complete a BINGO card. One prize per member or club

**BLACK OUT BINGO** Complete the entire card and receive the entire Speaker to Trainer Set.

Contest starts July 1, 2016 and ends on December 31, 2016. Completed cards can be emailed to [cgd@d7toastmasters.org](mailto:cgd@d7toastmasters.org) or mailed to PO Box 562 Florence, OR 97439 all cards must be received by Jan7, 2017 to be eligible for the prizes.

Your Name: \_\_\_\_\_ Club No.: \_\_\_\_\_

Club Officer Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## What to Do

Toastmasters love to talk. Take advantage of it. Encourage your members to invite guests to special meetings where regular procedures are augmented by a discussion of Toastmasters' many benefits.

## Awards

- A commemorative banner ribbon for your club
- Qualifying clubs earn a special \$50 coupon off their next club order
- Individuals will receive an Outstanding Growth Award

## What Makes a Club Outstanding?

- A great website and social media presence
- Participates in Toastmasters events and trainings
- In good standing—dues and officer lists submitted on time
- Actively working to achieve goals for Distinguished recognition
- Welcomes and follows up consistently with visitors
- Achieves charter strength



## More Info

The winning clubs will be announced within a few weeks of the contest ending. Winning clubs should allow up to 10 business days to receive their award.

Cathy French, Club Growth Director  
[cgd@d7toastmasters.org](mailto:cgd@d7toastmasters.org)



## Be Part of an Outstanding Club of the Year

## Qualifications

### Individual Outstanding Growth Award

- Help inspire and recruit 2 new members for your club to reach charter strength of 20 people
- Help another club in your area reach their charter strength goal by recruiting 2 new members

*You don't have to do this alone. Form a team of members and each of you follow through.*

### Outstanding Club

- Add 12 new, dual or reinstated members between November 1, 2016 and March 31, 2017
- Renew the same 12 for the dues dates of April 1, 2017 through September 30, 2017
- Applications and payments for members who join between November 1, 2016 and March 31, 2017 must be received at World Headquarters by March 31, 2017
- The club must reach 20 members and be distinguished or above

### Newly Chartered Clubs

- Any new club joining District 7 between July 1, 2016 and March 31, 2017 must have on time and renewing dues paid in October 2016 and April 2017 (when applicable)
- New clubs will grow their membership numbers to 25 by March 31, 2017
- New clubs must have all officers trained, officer lists filed and one or more persons should attend one conference or TLI during the year





# HIDDEN TREASURE

## Tillamook Toastmasters Club # 420—Part One

by Harvey Schowe, DTM

members held their first meeting and mailed their charter application to Toastmasters International on September 6, 1946. The club chartered September 30, 1946.

### MEETING PROGRAM

A charter party was held the evening of Friday, October 4, 1946. Members of Hillsboro Toastmasters Club #158 attended. Club members were active in promoting Toastmasters during civic events. They helped Neah-Kah-Nie Toastmasters club charter. Club speeches were recorded using wire recorders. An April 1948 Toastmasters magazine article mentioned club members participated in a radio spot under Chamber of Commerce sponsorship for Tillamook radio station KTIL. During that year Francis Bing, a club member, won the Area 1 speech contest.

Morris L. Schmidt, a member of Hillsboro Toastmasters club # 158, transferred to Tillamook Toastmasters after starting an insurance agency partnership in Tillamook. He graduated from Pacific University before serving in the US Navy during World War II. Afterwards he studied at Harvard for one year. Morris was involved in civic affairs such as Red Cross drives. He competed in the 1949 Area 1 Speech contest with the speech titled “Neither Free Nor Equal” a speech about prejudice. One hundred fourteen people attended the contest. The contest was held on March 1, 1949 at the Kennel Room Victory House in Tillamook. The Contest Chairman was Don Peterson, Member of Tillamook Toastmasters and Area 1 Governor. Guests included Carl Hasenkamp, Member Timberline Toastmasters Club and Toastmasters International Director; Irv L. Saucerman,

Member Portland Toastmasters and District 7 Governor; and Rube Weil, Member of Hillsboro Toastmasters Club and Past Area 1 Governor; Frank Maurey, Area 4 Governor. The Toastmaster was last year’s contest winner L. E. “Bing” Francis. Kathy Platz played organ music during the interludes. Radio station KTIL staff recorded the speeches.

Area 1 Toastmasters clubs participating in contest were Timberline, Hillsboro, Neah-Kah-Nie and Tillamook. First place winner was Morris L. Schmidt, “Neither Free Nor Equal”, Tillamook and second place winner was Calvin Wilkins, “The Release of the A bomb”, Neah-Kah-Nie.

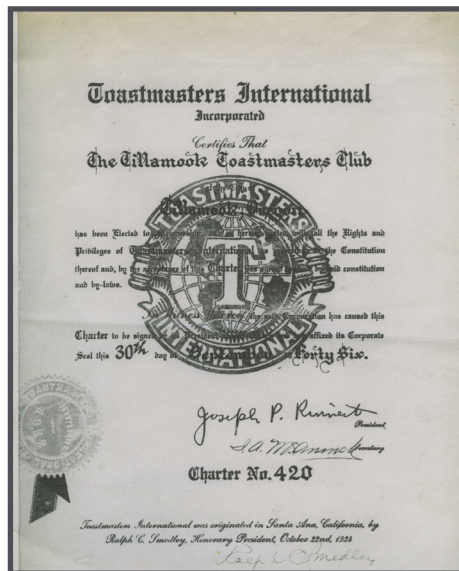
Morris Schmidt competed in the District 7 International Speech Contest held at Pilot Butte Inn, Bend Oregon on April 9, 1949. He won this contest and competed in the regional finals in Seattle on June 4, 1949 with a

different speech. Unfortunately, he did not win in the regional finals.

What was remarkable about his speech was that it was published in the Tillamook Headlight Herald newspaper editorial section. This was the first time a newspaper in District 7 published a Toastmasters contest speech. The speech is reproduced below with written copyright permissions from Tillamook Headlight Herald March 10, 1949.

### NEITHER FREE NOR EQUAL

“We’re trapped!” – My grandfather shouted the words as he told me about an Indian massacre that chilled my blood. His voice trembled with rage and animosity as he told about forty three pioneers crossing the Snake River. Out of nowhere came the death cry of the Indian. Forty three terror-stricken settlers were surrounded.



High pitched yells, mingled with the shrieks of women and children echoed through the canyon – panic stricken women ran into the river only to drown or be snatched and scalped alive. My grandfather and two companions escaped with that memory. I can still see him shaking his fist and shouting the only good Indian is a dead Indian.

The incident is 75 years old. Since that time our whole philosophy has changed. It was evident today that the Indian was fighting for self-preservation and you cannot deny any man that right. For that reason, and others, our feeling of prejudice toward the American Indian has vanished. In only seventy five years our whole attitude has changed from hatred to one of Eulogy.

Will Rodgers was loved by all Americans. He was a sage, a statesman, a spokesman for the common man a philosopher and an ambassador of laughter. He was that and more. He was a Cherokee Indian. Will Rodgers and thousands of descendants of savagery like him have become idols in American history and monuments have been built to their commemoration. There isn't one of you present tonight who wouldn't accept an Indian into this gathering.

But today, we are still trapped – trapped after 20 centuries of Christian teaching and thousands of years of development and progress; - yes, we are trapped by misunderstanding and misapprehension. We have mastered many problems but we are still confronted with prejudice. So we continue to live in a world where man is neither free nor equal.

Prejudice can become a vicious weapon. When I was in the navy, my friends and I saw many signs which were captioned – “Dogs and Sailors not allowed.” Those business men made it plain that the uniform was a mark of inferiority. They took the liberty to strip the military man of his dignity as an American – and a human-being. It's just another story of men who are neither free nor equal.

Prejudice enters into our lives in many ways. It creeps into our social life, our business dealings – our search find a home and security. In fact it affects the home life of everyone. Every mother in this room this evening has at one time or another suffered when you child returned from school broken-hearted – because someone made a sly remark which stripped your child of his pride.

In this country there are people, who because of race or creed are the recipients of that same kind of treatment every day of their lives. Just change the color of your skin for this moment and

visualize that you are walking into your home town. Suddenly you discover that the high sounding ideals of Freedom and Equality have died. They who loved you, now despise you refuse to serve you in your local restaurant, or refuse to provide lodging in your hotel – little do they care if you are another Broker T. Washington, or a George Washington Carver. So remember, their feelings are just the same as ours. When you break their hearts and their spirit their grief is just as painful and their pride just as hurt.

You can shoot a man at sunrise – burn him at the stake – torture him with hot irons –kill him – he'll die but one death. But subject that man to penalties of prejudice and he'll die a thousand deaths.

America is a fabulous country. We can't begin to describe the vastness and opulence of our cities or the wealth of our people. We boast of the magnitude of our factories and our unconquerable military might. Here we stand, the most stupendous Democratic nation ever built. We're still faced with the question. “How to live together in common unity with freedom for all.”

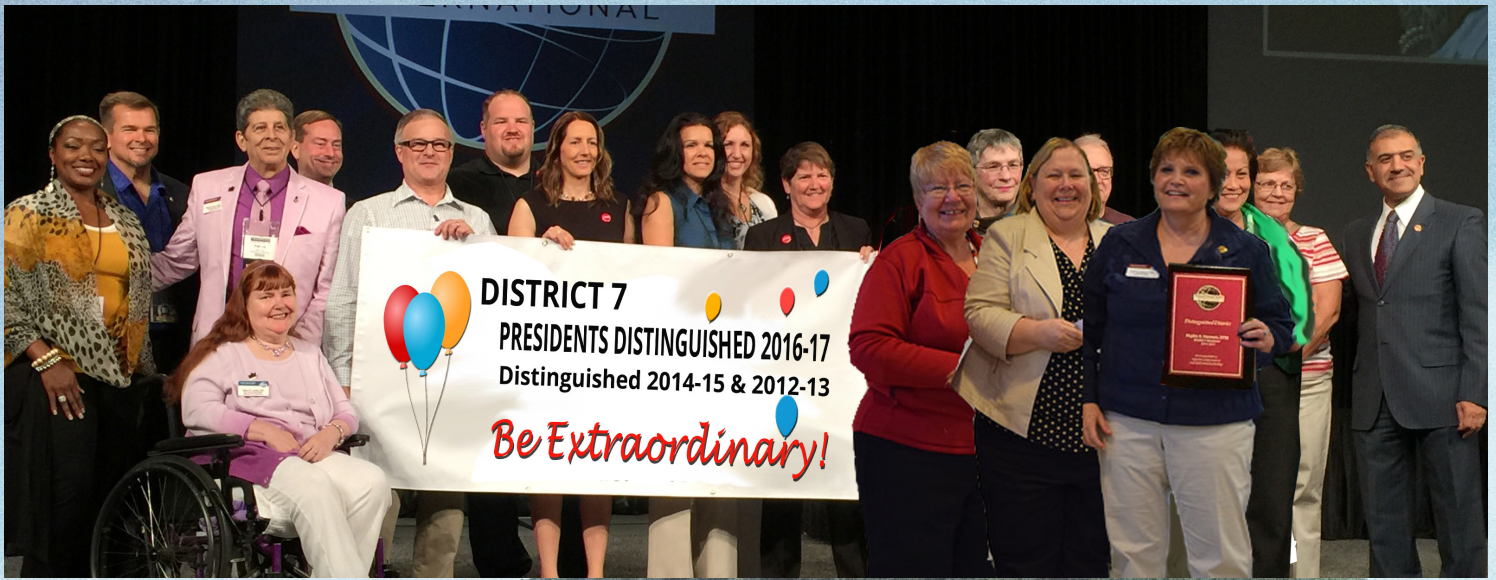
Tonight you have but one consideration – a consideration of your convictions regarding this question of prejudice. Consider carefully your attitude toward this prejudice problem and ask yourself this one question, - “What is the basis of my stand on this all important matter.” I ask that you reach deep in your hearts for the answer so that you can be sure - undeniably sure – that yours is a decision based upon the axioms of truth and honesty. Then and only then, can you be sure – undeniably sure – that yours is a decision based upon the axioms of truth and honesty. Then and only then can you be certain that seventy five years from tonight, your descendants will not have to lower their eyes in shame for your conduct, as we do today because of our past treatment of our first Americans.

Freedom and Equality are not words. They are the scintillating gems that glitter and gleam in the crown of the Statue of Liberty. Carry high your torch so that the Fire of Freedom will light up every corner where men are now “Neither Free Nor Equal.”

*There is nothing new in the world  
except the history you do not know.*

Harry S Truman





## District 07 Performance

-6.36% Growth



### Paid Clubs

Base	To Date
173	162

### Goals

Distinguished
179
Select Distinguished
182
President's Distinguished
187

-54.25% Growth



### Payments

Base	To Date
6,667	3,050

### Goals

Distinguished
6,868
Select Distinguished
7,001
President's Distinguished
7,201

0% of Clubs



### Distinguished Clubs

Base	To Date
173	0

### Goals

Distinguished
70
Select Distinguished
78
President's Distinguished
87

# ROAD TO PRESIDENTS DISTINGUISHED



# Learning Leadership

by Tanya Feinstein, Member of Future Stars

# Future Stars

Everyone who joins Toastmasters joins to become a better speaker. However, on their way to becoming a great speaker, with or without realizing it, they enhance their leadership skills.

Last year, around the time of November 2015, my gavel club, Future Stars, held an election. This is the time when the members run for a certain officer position, and where the members not running vote for who they feel would be best for this position. I decided that I wanted to take leadership in my club. When I was elected Treasurer of my club, I knew it was going to be challenging. Our club did not have a bank account set up at the time, so along with the help of one of my coaches, I got to experience the process of creating our club's very own account.

My duty as the Treasurer is to write and cash checks, to make sure members of the club have paid their dues, and to give input on our financial status at our officer meetings. I was required to make it to most of the meetings, and to turn in all of my assignments on time. In the beginning, I struggled quite a bit in terms of completing assigned tasks. Even though I struggled, deep inside I knew that taking on this role would be great for my leadership skills.

During our officer meetings, it gave me the opportunity to speak out, and give my thoughts on how to improve our club. Throughout my position as Treasurer, I also found myself going above and beyond to help myself truly



understand my role by asking questions. Being a Treasurer has taught me more than just learning how to manage a bank account; it has taught me how to be a leader.

This year, Future Stars held their elections. The old officers were handing over their positions to someone new. I wanted to continue to develop my leadership skills, and that pushed me to run for President. This year, I am Co-President of Future Stars. Going into the elections, I was unsure about how to take on such a role as President. However, I feel prepared to face the obstacles of the job. Through my experience in being a Treasurer, I have enhanced

my leadership skills, and taking this position as President is only an opportunity to become better.

*Future Stars Gavel Club, is a youth communication and leadership club administered by Toastmasters International, helping the young people of today become the great leaders of tomorrow! The club is open to all middle school and high school aged kids. It gives them the opportunity to become better listeners, thinkers, speakers and leaders.*

*The club meets weekly during the school year every Saturday from 10:30am-12:00pm at 4115 SW 160th Avenue, Beaverton, Oregon 97007 in the first room in the portal. To learn more about Future Stars or to visit the club, please contact us at [futurestarstoastmasters@gmail.com](mailto:futurestarstoastmasters@gmail.com) or contact Coach Eric at 503.516.6271. Visitors are encouraged to visit the club and see for themselves why Future Stars should be part of their educational journey.*

*You gain strength, courage and confidence by every experience in which you really stop to look fear in the face. You must do the thing you think you cannot do.*

Eleanor Roosevelt



# JOURNEYS

## The Journey from “No” to Program Quality Director – Donna Stark

by Brinn Hemmingson, ACG, CL

Donna says, “I didn’t seek out Toastmasters. I wouldn’t have had the nerve. A coworker wanted to start a new club and invited me to a demonstration meeting. With healthy doses of persuasion and peer pressure, she and other organizers made it easier to join than it would have been not to join, and I became a charter member of Downtown Public Speakers in Eugene. I will be forever grateful that she didn’t take “no” for an answer.



L to R: Donna Stark, Craig Valentine - 2016 Spring Conference

The club started meeting in the fall of 2003, and we chartered in January, 2004. I guess that’s 13 years. It was during Allan Edinger’s term as District Governor.”

Downtown Public Speakers is Donna’s home club for the weekly program experience. She’s also a member of Competitive Speakers PDX, making the 200-mile round trip on the 2nd and 4th Fridays of the month. She says, “I’ve held most club officer roles, with the exception of Treasurer. I’ve been an Area Governor, Division Governor, Division Director, and am currently the District Program Quality Director. (PQD... I was trained that the emphasis is on the Q!)”

Out in the “real” world, one of the unexpected benefits is how Donna’s written communication has improved as a result of Toastmasters. Emails, letters, and reports are much more concise and well-organized. “I do a fair amount of writing in my job so this has been a welcome bonus.”

“One of the great things about Toastmasters is the confidence one gains, that carries over

into all aspects of life. I’m a better supervisor, coworker, and direct report at work because of the confidence I have in my ability to communicate, to facilitate meetings, and to give and receive feedback.”

“Scott Stevenson kept nagging (I mean, encouraging) me to complete the requirements for my DTM in time for the 2010 Spring Conference. He’s at it again, and I imagine DTM #2 is in my future.”

What Donna enjoys most about

Toastmasters is seeing the growth that happens within individuals who join. “Watching a new Toastie from the time they tentatively walk in as a guest, to the point they are confidently filling meeting roles and mentoring other new members, is to me the heart and



L to R: Cathy French, Donna Stark, Leanna Lindquist - Spring TLI 2016

soul of this program. The power of Toastmasters is in the success of the individual member.”

*“Most people miss Opportunity because it is dressed in overalls and looks like work.”*

*Thomas A. Edison*



# **The League of Extraordinary Toastmasters**

**Looking for Toastmasters who are:**

- **Going Out of Their Way**
- **Giving a Little More**
- **Doing More than Required**
- **Going Above and Beyond**

**BE EXTRAORDINARY** pins will be give as recognition to those members nominated and reviewed for being extraordinary.



**Anyone may nominate a recipient**

- 1) **Catch someone in the act of being extraordinary**
- 2) **Complete the Form Here**

**This is a year-long program with  
500 pins to be distributed.**





# CALLING ALL CANDIDATES

by Alexis Mason, DTM - District Leadership Chair

It's that time of year when members of the district should be thinking about how they can make a

positive difference in their careers and personal objectives. One of the ways to help yourself with your planning is to consider how much your Toastmasters membership is helping with your career goals.

Through Toastmasters, you have learned how to better express yourself, gained more confidence in your ability to communicate and lead, and the organization continues to help you improve your skills in those fields.

But Toastmasters, like all organizations larger than a single person, cannot function without a leadership team in place. In our district, we elect a new leadership team each and every year, and it is time to start thinking about your role in all of this. We need you and your leadership skills to help us continue to make District 7 one of the premier districts within Toastmasters International.

As seen by the list below, we have a number of offices that need to be filled before our new Toastmasters year begins on July 1, 2017. Please look at the list and decide how you might best serve the district during the 2017-2018 Toastmasters year. Also consider other members that you might know who would be a good fit for a district office.

## The Process

The D7 Nominating Form ([found HERE](#)) can be used to nominate yourself or someone else for one or more district offices. There will also be an opportunity to announce your candidacy at TLI in January, 2017 or send an email to the District Leadership Chair ([Alexis@alexisllc.com](mailto:Alexis@alexisllc.com)) to announce your candidacy.

The following positions will be elected at the 2017 District 7 Spring Conference:

**District Director**—As the district director, you are responsible for directly overseeing and managing the district's day-to-day operations,



finances and human resources. Fortunately, you have a team of district leaders to help you fulfill these responsibilities. You must empower your district leadership team members to work together toward the district mission, while supporting each one in his or her development as a leader. Together with your district leadership team, you participate in District Leader Training, Mid-year Training and online training via the District Leader Tutorials on the Toastmasters International website. To serve as district director, you must have served at least six consecutive months as a club president and at least 12 consecutive months as a program quality director, club growth director or division director, or a combination thereof at the time you take office.

**Program Quality Director**—As the program quality director, you are responsible for all aspects of education and training within the district.

This includes supporting quality club programming efforts, promoting the Distinguished Club Program and planning, organizing and executing the district conference. Together with your district leadership team, you participate in District Leader Training, Mid-year Training and online training via the District Leader Tutorials on the Toastmasters International website. To be program quality director, you must have served at least six consecutive months as club president and at least 12 consecutive months as a program quality

director, club growth director, division director or area director. Once you serve as program quality director for a full year, you may not be reelected to the same office for a succeeding term.

**Club Growth Director**—As the club growth director, you are responsible for all aspects of marketing, clubbuilding and clubretention efforts within the district. This includes defining an overall marketing strategy for the district, developing outreach and retention efforts with existing community and corporate clubs and penetrating new markets. Additionally, the club growth director supports challenged clubs and helps them to become Distinguished. Together with your district leadership team, you participate in District Leader Training, Mid-year Training and online training via the District Leader Tutorials on the Toastmasters International website. To be club growth director, you must have served at least six consecutive months as club president and at least 12 consecutive months as a program quality director,

club growth director, division director or area director. Once you serve as club growth director for a full year, you may not be re-elected to the same office for a succeeding term.

**Division Director**—As division director, your job is to lead and support the division through the supervision and support of the area directors. One of your primary goals as division director is to ensure that each club achieves its mission and fulfills its responsibilities to its members. To achieve this, you coordinate division activities, set division goals and assist in the training of area and club leaders. To serve as division director, you must have served at least six consecutive months as a member of a district council. The division director may be re-elected to one succeeding term.

All other district roles are appointed positions. These include Public Relations Manager, Administration Manager, Finance Manager, and Area Director



## NOVEMBER

30

Deadline for completing first round of club visits

Deadline for submitting first round of club visit reports

Deadline for submitting changes to first round of club officer training reports

## DECEMBER

1

Begin second round of club officer training

15

Deadline for submitting Candidate declaration of intent to run due to District Leadership Committee

31

Deadline for submitting club officers lists from clubs with semiannual terms



# PUBLIC RELATIONS

## Be a Genius – Use CRM to Convert Guests to Members

by Phyllis Harmon, DTM—District 7 Public Relations Manager



Your guest book is a treasure trove of information about past visitors. Every visitor listed could be converted to a member with just a little bit of work. If you think about it, your guest book, while limited in scope, is nothing more than an old-fashioned, manual version of a customer relationship management (CRM) system.

Sales professionals have used CRMs for several years to build and maintain strong, loyal relationships with customers and prospects. Last year, Toastmasters International adopted a CRM to capture new club prospects and share them with district leaders. In 2011, I introduced CRM to District 7 to track prospective club activities. Every division director had record access so they could keep up to date on communications with the prospective clubs in their divisions. We successfully started 13 new clubs using CRM, resulting in District 7 becoming a distinguished district for the first time in several years. An additional benefit was that new club start activities were available to the subsequent Club Growth Directors who had all the information they needed to carry on the mission of the District.

Using a CRM for your club's public relations campaign is pure genius. It's an easy way to store and manage visitor contact information and interactions in one central location. Ultimately a CRM solution keeps you in touch with every guest who steps through your door. It gives you all the information you need to form relationships with your visitors and convert them to members.

Your campaign begins with gathering consistent information from guests. This can be accomplished easily with a standardized, fill-in form handed to visitors when they arrive and collected when you meet with them following the meeting. All the information gathered, along

with your meeting notes, is entered into the online CRM, which forms the backdrop for all ongoing communication.

Yes, ongoing communication is highly recommended. After all - public relations is all about creating relationships with the public. Unless you are very good at guest conversions during the initial visit, nurturing relationships is the best way to increase membership.

The sales motto, "people buy from people they like" applies as well to guests converting to members. Creating connections through communication fosters likeability. CRMs put reminder prompts, email functionality,

and report capabilities at your club's fingertips. Use reminders to schedule follow-up notes, email to answer questions and share information, and reports to determine visitor mix trends for targeting your message.

A customer relationship management system should be part of your club's public relations campaign. There are several free, [online](#) programs for you to consider. Choose one that is easy to use and provides unlimited contacts, users, and storage. Look for one that can be customized to capture the data you want to track.

Decide what type of reports you may want to run, and add customized data fields accordingly. Information that should be captured includes date of visit, last name, first name, home address, email address, phone number, career field, reason for visiting the club, how they found out about your club, and what skills do they want to improve.

Using a customer relationship management system to grow your club is pure genius. Be a genius. Be extraordinary.





# SUCCESSFUL CLUB

## Yaquina Toastmasters - A Lesson in Leadership and Inspiration

by Cathy French, DTM

A little over a year ago, the members of Yaquina Toastmasters in Newport, OR. were asked what they valued most about their club. Some said the public speaking experience while others liked the camaraderie. When I visited they had 13 members, a well-run meeting and followed an agenda. The speakers were polished and the evaluators gave great feedback. They liked the club just the way it was. Does that sound familiar?

Then along came a new member who listened to other possibilities for the club. She was excited to hear there was more to the experience and wanted the club to experience it with her. Marissa became club president and decided the club would be Distinguished by the year's end. That was going to be a challenge.

Marissa found a way into the hearts of the members. A few agreed to help her reach her goal for the club. She reached out to the district, found out what needed to be done, and followed through on every step along the way. One of the tools she used was The Successful Club Series.

The Successful Club Series contains educational topics like Finding New Members, Evaluate to Motivate, Creating the Best Club Climate, Moments of Truth and other topics. The Successful Club Series guide states: A high-quality club encourages and celebrates member achievement, provides a supportive and fun environment and offers a professionally organized meeting with variety. In those clubs, officers are trained in all aspects of club quality to ensure that members have access to a formal mentoring program, are provided evaluations that help them grow and are motivated to achieve their goals.

With the help of the Successful Club Series the club achieved the status of Distinguished for the 2015-2016 year.

Under the Leadership of club president Brian Norris they are striving to become Select Distinguished this year. Brian has a written plan and is following it. The club is using marketing

techniques that have worked for them. They come to TLI's, officer training, and more of the members are getting involved in the speech contests.

Social media, especially Facebook, is a place where you can go to see all the changes this club is making, The VPPR announces in advance who will be the functionaries, speakers & evaluators. meeting Awards winners are announced following the meetings. The VPPR is also following the Toastmaster International Facebook page and sharing important information directly from TI. This successful club is following the guide for a quality club.

New members are seeking out the club because it is fun, they are providing a service, and helping each other every day.

Can your Club be Distinguished? Yes, it can. Reach out to the Yaquina Toastmasters and ask them how they are doing it.

It takes only one member believing in your club and its potential. You can be that member! Motivate the others to help. Serve your members, have fun, and before you know it, your club will be a Distinguished Club. Congratulations!









# WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Mentors Of Focus Club	Alajmi	Ali
Lake Oswego Toastmasters Club	Alex	Teresa
WRIP City Club	Ambadasu	Meghana
Corvallis Evening Group	Arthurs	Jonathan
PTown Toasters	Bacon	Gregory
Bootstrappers Club	Barker	Erin
A-Dec Toastmasters	Bartlett	Micki
PTown Toasters	Boyd	Christopher
Tower Toastmasters	Briceno	Angel
Portland Club	Brown	Jerome
Talk-In-Tel	Chaddha	Ajay
Tualatin Valley Toastmasters Club	Chaganty	Shaktiraj
Clackamas Stepping Stones Tm Club	Chen	Albert
Portlandia Club	Christopherson	Kelly
MultCo Toasties	Clover	Jameson
Yaquina Toastmasters	Colway	Christa
Corvallis Evening Group	Cook	Antigone
Oregon State Toastmasters	Cook	Antigone
Salmon Speakers	Crain	Jason
Vancouver Toastmasters Club	Curtis	John
Jefferson State Toastmasters	DAMAS	KATHY
Timber Talkers	Deshaies	Jean-Paul (JP)
Portland Club	Dias	Joseph
Rose City Toasters Club	Dormer	Rick
Oregon State Toastmasters	Dziedzic	Emily
Portlandia Club	Eng	Jennifer
Toasting Excellence Club	Feth	Wendy
Clackamas Stepping Stones Tm Club	Forster	Justin
Sunrise Toastmasters Club #1492	Gerlach	Scott
Beachtown Toastmasters	Getter	Chuck
The Standard Speakeasy Toastmasters	Gibson	Katya
Portland Club	Giza	Peter
Salmon Speakers	Gonzalez	Angela
Sunrise Toastmasters Club #1492	Goolsby	Amanda
Newberry Speak To Succeed	Hall	Jared
UNEK Speaks	Hammerschmith	Michael
Spirit Trackers	Harris	Jason
AAA Towsters	Hill	Quan
University Toastmasters Club	Hunter	Shane
Encouraging Words Club	Jesska	Jim
Toast of the Region Club	Johnson	Danielle
Rose City Toasters Club	Johnson	Dustin
TV Toastmasters	Kelly	Devin
Milwaukie Talkies	Kim	Mark

# WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Newberry Speak To Succeed	King	Mareta
Hood River Club	Kroll	Trent
Hood River Club	Kroll	Trent
Smooth Talkers Club	Lea	Michael
Toast of the Region Club	Lee	Janet
Speakeasy Toastmasters	Li	Liz
University of Oregon Club	Liu	Yiqi
Tabor Toastmasters Club	Lovell	Jacob
Clean Water Toastmasters	Lu	Ting
M A C Toastmasters Club	Maddi	Bhanodai
Sporty Speakers	Malakar	Sudha
Lunch Bunch Toastmasters Club	Mallery	Stephen
Downtown Lunchbunch	Mallett	Joseph
Jefferson State Toastmasters	MARCH	TIM
Ilwaco Toastmasters	Marsh	Roberta
MIME Speaks	Maurer	William
Jefferson State Toastmasters	MCDERMID	PAULA
Essayons Club	McGrady	Brian
Feather Tongues Toastmasters Club	Mitchell	Heather
Yawn Patrol Club	Monge	Joshua
Corvallis Evening Group	Monnone	Caitlen
WE Toasted Toastmasters	Moore	Sherry
Coastmasters	Myers	Audra
Mentors Of Focus Club	Nayak	Arun
Tower Toastmasters	Nguyen	Vinh
A-Dec Toastmasters	Peetoom	Courtney
Smooth Talkers Club	Pence	Brian
Rose City Toasters Club	Peterson	Aaron
Capital Toastmasters Club	Reed	Benjamin
Tualatin Valley Toastmasters Club	Reyes	Karla
UNEEK Speaks	Reynolds	Aleisha
Noontime Nomads Club	Rice	Melodie
Symantec Toastmasters	Rivas	Jesse
Clackamas Stepping Stones Tm Club	Robbins	Jill
New Beginnings Toastmasters	Romano	Derek
Coastmasters	Rubio	Sonnie
Spirit Trackers	Sanders	Connor
Spirit Trackers	Scudder	Aaron
Swan Island Toastmasters	Seidman	Matt
New Horizons Toastmasters Club	Shi	Fang
Feather Tongues Toastmasters Club	Smelcer - Collins	Joyce
Portland Progressives	Smith	Frank
The Standard Speakeasy Toastmasters	Songer	Jan
Downtown Public Speakers Club	Swancutt	Emily



# WELCOME NEW MEMBERS

Club Name	Last Name	First Name
Portland Club	Syngaivska	Olga
Club Northwest Toastmasters	Talley	Daniel
Salmon Speakers	Treasure	Mia
Yawn Patrol Club	Turney	Bruce
Yawn Patrol Club	Turney	Bruce
Newberry Speak To Succeed	Viola-Worl	Renee
Portland Club	Walker	Melissa
Flying Toasters Club	Wattimena	Lies
Hood River Club	Webster	Benjamin
Toastmasters For Speaking Professionals	Wiley	Ryan
Feather Tongues Toastmasters Club	Wilson	Jesica
Tower Toastmasters	Winkler	Mitchell
Salmon Speakers	Yefimov	Benjamin

## Happy Anniversary to November Clubs

The following clubs are celebrating their charter anniversary this month. Congratulations to all!

Charter Date	Years	Club
11/1/1950	66	Astoria
11/1/1957	59	Beachtown
11/1/1986	30	Columbian
11/7/2011	5	Gorge Windbags
11/23/2010	6	Ilwaco
11/1/1946	70	Oregon
12/11/2012	4	Passport To Leadership
11/21/2006	10	Portland Progressives
11/13/2003	13	Sherwood Town Criers
11/1/1982	34	Tabor
11/1/2000	16	Will-Sher



A special shout out to Astoria, Beachtown, and Oregon for passing the half-century mark!

# HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
CL	10/24/2016	Akers, Traci	Audacious Orators
CL	10/31/2016	Bell, Mary A.	Civil Tongues Club
CL	10/16/2016	Best, Mary	Gresham Toastmasters Club
CC	10/9/2016	Burbank, Gary R	Oregon City Toastmasters
ACG	10/20/2016	Burger, Debra Ann	Transtasters
CC	10/24/2016	Burnor, John	Tualatin Valley Toastmasters Club
CC	10/29/2016	Carr, Jeffrey E.	Professionally Speaking
CC	10/7/2016	Datla, Madhu	Downtown Lunchbunch
ACB	10/14/2016	Davis, Steve	Toastmasters For Speaking Professionals
CC	10/23/2016	Deller, Dale D.	McMinnville Toastmasters
ACG	10/13/2016	Dopp, Leslie Valentine	Southern Oregon Speechmasters
CL	10/30/2016	Eastburn, Terri K	Creskide Toastmasters
CC	10/21/2016	Edinger, Allan B.	Capital Toastmasters Club
ACB	10/11/2016	Fairbairn-Stammer, Erin Joanna	Toast to US
DTM	10/18/2016	French, Cathy	Siuslaw Tale Spinners Club
ALS	10/16/2016	French, Cathy	Siuslaw Tale Spinners Club
CC	10/30/2016	Glover, Robert I.	Creskide Toastmasters
CL	10/21/2016	Goodpasture, Caleb B.	Spirit Trackers
CC	10/12/2016	Hale, Charles E	Oregon City Toastmasters
DTM	10/9/2016	Harmon, Phyllis A.	Wallmasters International Club
ACG	10/5/2016	Harmon, Phyllis A.	Feedbackers Toastmasters Club
CC	10/1/2016	Holdridge, Ronda M.	Competitive Speakers PDX
CL	10/31/2016	Imdieke, Brian Patrick	Clackamas County Toastmasters
ACS	10/23/2016	Iverson, Kat	Tualatin Valley Toastmasters Club
CL	10/9/2016	Kelley, Todd D	Downtown Lunchbunch
ACS	10/18/2016	Kim, Angela	Audacious Orators
CC	10/23/2016	Leis, Linda K.	Will-Sher Club
ACG	10/31/2016	Lindquist, Leanna	Marylhurst Toastmasters
CC	10/26/2016	Lindquist, Leanna	Feedbackers Toastmasters Club
ACS	10/24/2016	Lindquist, Leanna	Marylhurst Toastmasters
ALB	10/24/2016	Lindquist, Leanna	Marylhurst Toastmasters
CC	10/31/2016	Machalek, Anne M.	Siuslaw Tale Spinners Club
DTM	10/28/2016	Machalek, Anne M.	Siuslaw Tale Spinners Club
ALS	10/28/2016	Machalek, Anne M.	Siuslaw Tale Spinners Club
CC	10/6/2016	Martin, Phyllis J	Sandy Club #8848
CC	10/4/2016	Mason, David W.	Clark County Toastmasters Club
CL	10/4/2016	Mathieu, Stevie Elaine	Evergreen Club
CL	10/7/2016	Norris, Lauralee K	Yaquina Toastmasters
CC	10/7/2016	Norris, Lauralee K	Yaquina Toastmasters
CC	10/12/2016	Parratt, L. Smith	Modoc Toastmasters Club
ACB	10/12/2016	Parratt, L. Smith	Modoc Toastmasters Club
CL	10/12/2016	Robinson, Steven M.	Spirit Trackers



# HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
ACG	10/11/2016	Rodke, John Russell	University of Oregon Club
ACB	10/17/2016	Rone, Regina G.	Smooth Talkers Club
CC	10/25/2016	Rottink, Bruce A.	Lake Oswego Toastmasters Club
CL	10/17/2016	Schweitzer, Connie L.	Milwaukie Talkies
CC	10/21/2016	Solberg, Thomas Roe	MIME Speaks
CL	10/3/2016	Squires, Valaree M	Encouraging Words Club
CL	10/3/2016	Suriano, Carrie C	Eco Voices Toastmasters
ACS	10/13/2016	Taylor, Emilie	New Horizons Toastmasters Club
CC	10/13/2016	Van Ausdell, Taryn L	Columbia Communicators
CC	10/9/2016	Wang, Marie X	Sporty Speakers
ACB	10/2/2016	Wantz, James	Feedbackers Toastmasters Club
CL	10/4/2016	Wentworth, Teresa L.	Encouraging Words Club
CL	10/26/2016	Wolfe, Jane	Vancouver Toastmasters Club

## TRIPLE CROWN AWARD PINS

MEMBER	AWARDS	
Anthony, Joseph D.	3	CL, ACB, LDREXC
Arnold, Cate Ann	6	ACS, ALB, ACG, LDREXC, ALS, DTM
Bennett, Allison	4	ALS, DTM, ACG, LDREXC
Brewer, Daniel S	3	CL, ALB, CC
Carr, Jeffrey E.	3	CC, ALB, CC
Edinger, Allan B.	4	CC, CC, CC, CC
French, Cathy	3	ALS, DTM, LDREXC
Harmon, Phyllis A.	6	CC, LDREXC, ALS, CC, ACG, DTM
Knapp, Thomas K.	3	ACB, ALB, CL
Lee, Maria R.	3	CC, CC, CL
Lindquist, Leanna	7	ACG, ALB, ACS, DTM, CC, LDREXC, ALS
Machalek, Anne M.	4	ALS, DTM, LDREXC, CC
Shehorn, David A.	3	ACB, CL, ALB
Taylor, Emilie	3	LDREXC, ACS, CL
Tjan, Vanessa	3	ACB, CC, CL
Tully, Kathleen	5	CC, CL, LDREXC, ALS, DTM
Winger, Eric A.	3	CC, ACG, DTM
Zakrzewski, Chapin O.	4	LDREXC, ALS, ACG, DTM



*Triple Crowns are awarded to members completing three different awards in a single year.*

## Dialogue & Desserts

Join Us  
for our Holiday Meeting  
of Favorite Evaluation  
Tips, Techniques,  
and Just Desserts

**Feedbackers**  
*the Evaluation Workshop Club*

December 14, 2016  
7:30-9:15pm

Beaverton Activities Center  
12500 SW Allen Blvd  
Beaverton, Oregon







# TELL ME A STORY

## We're All A Little Weird

by Heather Augello, CC

*Heather Augello is the 2016 District 7 Toastmasters Humorous Speech Champion. Her winning speech, We're All a Little Weird, can also be viewed on Youtube at <https://youtu.be/COQkawJJO8M>*

"This stupid, wagon wheel, Roy Rogers, garage sale coffee table!" That's my favorite line from the movie *When Harry Met Sally*. It's the moment their two best friends, Marie and Jess, are moving in together and Jess is desperately trying to keep his wagon wheel coffee table. He just wants to know "What's so awful about it?" And Marie tells him "that it's so awful there are no words to even describe how awful it is."

Toastmasters, guests, if you have ever cohabitated with someone you know this scene. It's the moment your stomach sinks when you realize that now two people have a say in what stays and what goes. . .and all of your stuff is on the chopping block.

When I moved in with my husband I didn't have one proverbial wagon wheel coffee table I had three.

The first was my beloved clown painting. I saw him at the swap meet, with his shock of red hair and lopsided grin. Our eyes locked! I knew he had to be mine. I asked the vendor how much. He said, "well it's a signed oil painting so I'm gonna need 20 bucks." I said, "20 bucks for this thing? His mouth is crooked!" And then he tried to convince me that the frame was worth at least that much. I said, "I don't know I'm gonna have

to think about it," and I turned to walk away and that's when he leapt to his feet. He put his arm around my shoulders and pulled me in tight. He made me squat down as he pointed to the painting. He said, "I need you to take a good look at him, I mean really look at him, the man behind all the make-up, that's a really good looking guy in there." And he was. Sold! I wrapped it up, took it home, and I hung it on the wall behind my toilet.

And just so you know, a few months later I found out that that was actually one of Barnum and Bailey's most famous circus clowns and he was a good-looking guy behind it all. Purchase vindicated!

My next item was a tiny Snapchat from 1964. I envisioned it was taken on a Sunday morning because the young lady's beehive hairdo was still coiffed, just a little smooshed in back. She was wearing cat-eyed glasses and a ratty bathrobe. She was sitting on the toilet

doing a crossword puzzle staring up at the camera with a horrified look of surprise.

When I saw her on the table at the flea market our eyes locked! And my heart broke. I knew she had to be mine. So I brought it up to the vendor and I asked how much. The vendor took the snapshot from me. She looked at it, then up and me, and flicked it in my face. She yelled, "Why you want this?" I was really taken aback,



"Our eyes locked"



"With a horrified look on her face"

and I got a little angry. I took it back from her and I flicked it back in her face, and yelled, “Why you sellin’ it?” She shrugged and said “gimme a quarter.” No need to haggle. Sold! I took it, framed it, and hung it on the wall in front of my toilet.

Now, herein lies the problem. My husband said that my bathroom was creepy and weird and that he didn’t feel comfortable in there. I said, “That’s my point! I don’t want you to be comfortable in there! Get in, get out! And besides I don’t want any guests to be relaxed enough to rifle around my medicine cabinet!”

Then I had to spend the next hour trying to convince him that NO, I was not addicted to prescription pain medication and YES, I probably did need intense therapy. Which leads me to my final item, Bobby the wonder fish.

Bobby was an orange papier-mâché fish with a full set of hillbilly teeth and mismatched eyes. When I saw him on the shelf at Pat’s thrift store, our eyes locked! At least the one that was facing me. I knew he had to be mine and I asked Pat how much. She said, “Well, he was made by a genuine artist, I’m gonna need 10 bucks.” I said, “10 bucks for this thing, are you kidding me? Its eyes don’t match. They’re two different sizes and colors. They’re not even pointing in the same direction!”

And then I got the full story. The genuine artist is actually a homeless guy that lives in the alley behind her shop and when he’s low on cash he’ll make something to sell. She told me sometimes he likes to wear up to three sets of contact lenses at the same time. “Yeah,

looking at the fish that’s evident.” She told me “his name is Bobby.” I asked, “The artist or the fish?” She told me, “Oh, the artist of course, but that’s a good name for the fish too.” It was, but I told her I’d have to think about it. Ten bucks is a lot of money. As I turned to walk away she says, “And I’m pretty sure those are real human teeth.” I go, “Jeez Pat! Why didn’t you lead with that? Of course I want it! Sold!” I wrapped it up, brought it home, and put it on the mantle in the middle of my living room.

So here we were at a standstill.

My husband thought my house was creepy and weird and I clearly did not. So I made one final ditch effort to save my stuff and I recited a quote that’s been attributed to Dr. Seuss. (Because when you’re me, you have to have random quotes handy to justify your behavior.) I said to him, “You know what? We’re all little weird, and

life’s a little weird, and when you find someone whose weirdness is compatible with your own, you join up with them in mutual weirdness, and you call it love.”

And to my surprise. . .that didn’t work. I thought it was kind of charming but he wasn’t having it. The stuff in the bathroom had to go. It got relegated to the basement, facing the wall of course, because no one wanted to be caught off guard. But Bobby, with his gap-tooth grin and wall-eyed stare, still reigns supreme on my mantle in the center of the living room.

*Heather shared that she went to work for Banfield Pet Hospitals so that she could join Banfield Barkers Toastmasters. Which she did in 2013.*



*“His name is Bobby”*

*“The world is shaped by two things – stories told and the memories they leave behind.”*

Vera Nazarian, Dreams of the Compass Rose



# Are You Connected?



## Keep current on District events