

## Keys to Member Retention: Awards

Page 5



# CONTENTS

04 EDITORIAL  
Are You Committed?  
by Phyllis A. Harmon, DTM

05 COVER STORY  
Key to Member Retention-  
Awards!  
by Leanna Lindquist, DTM  
Program Quality Director

07 2016-17 Region Advisor  
by Jesse Oakley III,  
Region 2 Advisor

08 VIEWPOINT  
Leadership Lessons  
by Michelle Alba-Lim, DTM  
District Director

09 FROM THE DESK  
It Was a Very Good Year  
by Leanna Lindquist, DTM  
Program Quality Director

10 FROM THE DESK  
Highlights and Challenges  
of My Year as Club Growth  
Director  
by Erik Bergman, DTM,  
Club Growth Director



12 JOURNEYS  
Harvey Schowe,  
Historian Extraordinaire  
by Brinn Hemmingson, ACG, CL

13 TOASTMASTER LEADERSHIP  
INSTITUTE SCHEDULE

14 BURIED TREASURE  
Oregon City Toastmasters  
Club # 390  
by Harvey Schowe, DTM  
District 7 Historian

15 FIND YOUR FOCUS

16 Balraj Arunasalam, Dtm  
Visits Capital Toastmasters  
by Andrew Chappell, CC, VP Public Relations,  
Capital Toastmasters

17 Prison Toastmasters Clubs Teach  
Skills Useful for Job Search  
*Reprinted from 2013 blog posted on  
JailstoJobs*



18 **SUCCESSFUL CLUB**  
Members create the club they want  
at Jefferson State Toastmasters  
By Mike Gantenbein, ACB, CL

20 **10 Ways Toastmasters Can  
Boost Your Career**  
by Katharine Hansen, Ph.D

23 **HAWAIIAN DAZE**  
**NEW HORIZONS THEMED MEETING**

24 **Marketing Lessons from the Beach**  
by Janet Hager

25 **The Little Things**  
by Tessa Winger



26 **WELCOME NEW MEMBERS**

31 **HONORING EDUCATIONAL  
AWRDS**

34 **TRIPLE CROWN AWARD PINS**

35 **HAPPY ANNIVERSARY TO  
MARCH CLUBS**

36 **CONGRATULATIONS TO ALL OF  
OUR DISTINGUISHED CLUBS**

38 **PERSPECTIVES**  
**Where Do You Want to Go?**  
by Shannon Milliman

40 **TELL ME A STORY**  
**Dad's Purple Heart**  
by Bob Niemeyer, CC





# EDITORIAL

## Are You Committed?

by Phyllis A. Harmon, DTM  
Immediate Past District Governor

I was recently told that “Commitment” was a stuffy, old fashioned word— a bludgeoning concept rife with responsibility, obligation, and a life of mind-numbing tedium. Not at all in keeping with our fast-paced, modern society!

Well, maybe. But consider the 2005 definition of commitment provided by Ashbash on [urbandictionary.com](http://urbandictionary.com): *Commitment is what transforms the promise into reality. It is the words that speak boldly of your intentions, and the actions which speak louder than the words. It is making the time when there is none. Coming through—time after time after time, year after year after year. Commitment is the stuff character is made of; the power to change the face of things. It is the daily triumph of integrity over skepticism.*

Ashbash’s definition resonates in my bones. The phrase *coming through—time after time after time, year after year after year* holds me fiercely in its grasp. I firmly believe that commitment means never giving up when the going gets rough, even when the desired results look out of reach. It’s facing the twin fires of fear and doubt, and having the courage to move forward anyway. It means forging your own path instead of traveling the safer road paved by public opinion. It means committing to being a work in progress.

How courageous are you? Did you face your fears this year, and do something outside your comfort zone? Did you step up when asked, and challenge yourself to be the best you could be? Did you strive, grow, and reach for the stars? Were you successful? Did you celebrate your successes with friends as loudly as you could? Did you learn from your disappointments—become stronger through the refining fires of adversity and public opinion?

As the Toastmasters year draws to a close, are you committed to continuing your journey towards becoming the person you were meant to be—to being a work in progress? Are you committed to leaping boldly into the coming year geared with the knowledge that you can and will beat back the twin fires of fear and doubt? Knowing that whatever challenges you face—and there will be many—you will prevail and grow stronger because you persevered? Are you ready? It’s time. Your future awaits.

Be Extraordinary!

### Publisher

Phyllis Harmon, DTM

### Associate Publisher

Brenda Parsons, ACB, ALS

### Senior Editor

Phyllis Harmon, DTM

### Associate Editors

Leanna Lindquist, DTM

Erik Bergman, DTM

### Layout/Design

Phyllis Harmon, DTM

Curtis Low

### 2015-16 Officers

#### District Director

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#### Public Relations Manager

Becky Holm

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**TOASTMASTERS**  
INTERNATIONAL



# Key to Member Retention - Awards!

by Leanna Lindquist, DTM



An award is recognition given in honor of an achievement. People want to be **recognized**, **appreciated** and **validated**. Clubs aware of this recognize new members immediately following their Ice Breaker speech. A fun inexpensive way is to present Ice Breaker mints. Create a Half-way Award certificate to recognize the completion of the first five speeches. Both are a way to encourage the member to sign up for the next speech and work towards their Competent Communicator Award.

Toastmasters International offers members the opportunity to earn 4 communication awards, 4 leadership awards, and the granddaddy of them all, the Distinguished Toastmaster Award. Each Toastmasters award requires meeting specific objectives. The awards

Create a brief ceremony to present the award.

Talk about the criteria required to earn the award. Thank the member for his/her contribution to the club. Invite the recipient to say a few words. This should be followed by thunderous applause. Take a photo, write an article and submit it to your local newspaper and Voices! People love public recognition. When members are recognized for their efforts, they will continue in their desire to excel. You have just created a role model for the other members. Watch for the ripple effect.

At the January 2016 Toastmasters Leadership Institute, TLI, Dottie Love gave a presentation that promoted the Triple Crown Award. "WANT GROWTH? Earn a Triple Crown Award. I

consider it to be accelerated growth.

Toastmasters International defines it as attaining three or more Educational Achievements during a Toastmasters year (July 1st to June 30th), and you will be recognized as a "Toastmasters Triple Crown Achiever". You want to grow exponentially? Give yourself the gift of the Triple Crown. To earn it, give one speech a month, serve in two roles a month,

and help as a contest chair. Just doing that will get you two awards in a year. Adding the third isn't that hard. For example, by serving as an officer can also help make earning your Advanced Leadership Bronze, therefore the third

award for the Triple Crown, a cinch!"

Later that day at TLI we held a ceremony and awarded Triple Crown pins to those who earned the award. The members were recognized and their achievement was validated with a pin. I remember the first time I saw members called up to receive their Triple Crown awards. I said to myself, "I can do that." I received my pin the next time. I'm no different from everyone else. I like the public recognition too. I hope I



come in the form of beautiful certificates, suitable for framing. Hang them in a prominent place. Upon request, a letter will be sent to your employer recognizing your commitment to improving your communication and leadership skills.

Any time a member award is earned the club should leverage it as a member retention opportunity. Remember, people want to be recognized, appreciated and validated. Ask the member to bring their award. Make this a club celebration. Bring balloons and cookies.



can inspire someone to say, "I can do that."

In District 7 the three awards are a combination of any three different educational awards, excluding the High Performance Leadership Award.

In the past six months I have seen a ripple effect. People wear their pins to meetings. They refer to themselves as Triple Crown Achiever. People email me to say they earned their Triple Crown Award or they will be earning it soon. They want to know if there will be a pin for them at TLI in June. People love public recognition.

Did you know we have members in District 7 who have earned over 30 Competent Communicator Awards? That's a lot of framed certificates to hang on a wall. Is there a world record for the most CC Awards earned? Will someone from our District set the first world record? More likely they believe there is no endpoint to what they can learn. I'm guessing they want to make sure members have the opportunity to improve their evaluation skills by providing them a manual speech to evaluate. Whatever the reason, there are Toastmasters who continue to earn awards.

I mentioned the Distinguished Toastmaster Award, DTM for short, as the granddaddy award of them all. It is the highest honor bestowed upon a Toastmaster. When people ask me what a DTM is I reply, "Its equivalent to the Eagle Scout Award." Most people know it takes a lot to be an Eagle Scout, and few achieve the rank. My son is an Eagle Scout. I have earned two DTM awards. I feel it is a fair comparison. Compared to our numbers, few can call themselves Distinguished Toastmasters.



Why do some people choose to go the extra mile to earn these awards? Perhaps it's about their personal legacy or the prestige. I'm guessing there's at least a little bit of both. The major component is the journey. Along the way to becoming a DTM you will stand before an audience to deliver your message 50 times. You will share

your knowledge, sharpen your speaking skills and push yourself along the way. You will go out of your comfort zone. There is no growth in the comfort zone. Your leadership skills will be tested, tried and refined. You will be a mentor, coach and friend. It may take you 3 years or 20 years. You will serve as a role model. If you are lucky other members will say, "I want to be just like him/her when I grow up."

I will never forget the day I walked across the stage to receive my DTM medallion. I felt like it was an Olympic Gold Medal being placed around my neck by Rose Wellman. My son, the

Eagle Scout, was in the audience. My home club was whooping and hollering. I was hugged by dozens of Distinguished Toastmasters who had gone before me. They welcomed me into their ranks. The feeling is indescribable. This fall I will earn my 3<sup>rd</sup> DTM award. Why earn multiple DTM awards? I think it can best be summed up by Scott Stevenson, past District 7 Governor, as he accepted his 5<sup>th</sup> DTM. "The road from CC/CL to DTM is a wonderful learning experience and well worth the

effort. Even though I have made this journey several times, each time has been an adventure in learning and has been a memorable experience! When I arrive at my destination (DTM), I always look forward to starting the journey again!"

Setting goals to earn awards will help you get the most out of your Toastmasters experience. July 1<sup>st</sup> is the first day of the new Toastmasters year. What are your goals? What will you achieve this year? What awards will you earn?

*Leanna Lindquist is the current Program Quality Director and 2016-17 District Director-Elect. She is a member of 4 clubs Marylhurst, Feedbackers, Daylighters, and Patriot Talkers. She is also serving as a club officer and club coach.*





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# 2016-17 Region Advisor

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Hello District 7 Toastmasters, my name is Jesse Oakley III. I am the Region 2 Advisor for the 2016-2017 Toastmaster year.

My start in Toastmasters began as a 19-year old civil engineering student at the University of Nevada, Las Vegas (UNLV) by way of the Speechcraft program in 1995. I enjoyed the program so much that I joined two more sessions before graduating with a Bachelor of Science degree in Civil Engineering in 1999.

Three years after graduating from UNLV, I rekindled my passion and joined my first Toastmasters club – Starmasters Toastmasters. I also belong to two other Toastmasters clubs in the Las Vegas valley: Innuendo Toastmasters and Smart Mouth Toastmasters.

From 2005 to 2007, I served the southern Nevada Toastmasters community as an Area Governor leading the area to Distinguished and Select Distinguished honors. From 2007 to 2008, I served as a Division Governor leading the division to not only President's Distinguished honors, but also having four out of five areas becoming President's Distinguished (with the fifth area becoming Select Distinguished). From 2012 to 2013, I served as District Governor for District 33 Toastmasters working

with Toastmaster communities from southern Nevada, central California, and Ventura

County. In August 2015, I served at the Host District Co-Chair for the 2015 Toastmasters International Convention in Las Vegas, Nevada.

No matter what I have done in this organization, my greatest accomplishment will always be meeting a fellow Toastmaster who later became my wife, Dana Wall-Oakley.

Knowing that the District 7 Toastmasters family has great speakers, dynamic leaders, and wonderful people, it gives me great pleasure to work with and serve your community. I am looking forward to this valued opportunity and will give my best efforts to help keep this District continuing on a successful, distinguished path.

Now let's all walk together and make our journey remarkable by reaching beyond all limits and breaking through any barriers that come our way. If we are great, then life is great!!!

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## About the Region Advisor Program. . .

Region advisors support district success by working with the district directors, program quality directors, club growth directors and public relations managers in their efforts to fulfill the district mission of building new clubs and supporting all clubs in achieving excellence. Region advisors are appointed by the Board of Directors and serve a fifteen-month term (April – June).

Attributes of Successful Region Advisors:

- Expert-level knowledge of marketing strategies and skills
- Strong leadership, mentoring and coaching skills
- Knowledge of Toastmasters International structure and programs
- Proven ability to establish and maintain relationships within a volunteer organization
- Demonstrated ability to successfully facilitate training programs
- Exceptional written and verbal communication skills
- Conflict-management and problem-solving skills
- High level of integrity and history of ethical conduct

*For more information about the Region Advisor Program go to [toastmasters.org](http://toastmasters.org) and type Region Advisor in the search field. [Editor]*



# VIEWPOINT



On July 1, I will be “Immediate Past District Director.” It has been three years since I started my journey in district leadership. First, Lieutenant Governor Marketing (now called Club Growth Director). Then, Lieutenant Governor Education and Training (now Program Quality Director). Finally, the first District Director (formerly called District Governor). For months, I would get tongue-twisted with the new titles. Ironically, now I find myself referring to someone who served years ago as a “director” rather than a “governor.” We are such an adaptive species!

A key factor in adaptation is the ability to learn from past experience. These past three years have certainly been a treasure trove of learning opportunities. I would be remiss if I did not share some of the lessons I’ve learned during my leadership journey:

**1. Aim for big, hairy, audacious goals.** As WCPS Ryan Avery puts it, “Aim BIG!” Or as PDG Cathey Armillas says, “Set ridiculously lofty goals and go for them. No matter what, you’ll be much farther than if you hadn’t even tried.” This year, we aimed to achieve President’s Distinguished District. Whether we achieve this goal or not, we are certainly doing our best, right down to the last day of this term.

**2. It usually takes much more time, effort, and resources to achieve a goal than initially anticipated.** Build buffers into your plans. The more important or critical the plan, the larger the buffer should be. This was (and is) a humbling experience for me. I had several plans that I had intended to implement these past three years and unfortunately, not all of them have materialized. One example was creating a simple, low-tech, easy-to-understand “D7 Rewards Program.” I had the vision for how I wanted it to be, but lacked the technical skills to execute it

**3. It’s okay to say “I don’t know.”** Admitting that you’re not omniscient opens the door for others to share what they know, and invites

collaboration.

**4. Don’t be afraid to admit you made a mistake or committed a faux pas.** If I had a dollar for each time I put my foot into my mouth these past three years, I would have quite a stash. No one is perfect. Trying to pin blame on someone else is not effective leadership. A great leader whose name eludes me right now said “Great leaders take responsibility when something goes wrong, and gives credit to their team when things go well.” I’ve learned that sincere apologies allow people to reset, and move on.

**5. Treat people with LOVE.** When you lead from the heart, people will see your authenticity and open up to you. For more on this, join me at my TLI session “Leading with Heart.”

**6. Do things for the right reason(s).** First Vice-President Balraj helped me to realize that there were times during these past three years when I lost sight of WHY we were doing something, and became too focused on the WHAT and HOW. As Simon Sinek puts it so succinctly, we need to start with WHY.

**7. HAVE FUN!** When you lose the spirit of fun, any task becomes arduous and painstaking.

Please share your own leadership lesson with me at [michelle@wlfcentre.com](mailto:michelle@wlfcentre.com).

*A leader is best when people barely know he exists, when his work is done, his aim fulfilled, they will say: we did it ourselves.*

*Lao Tzu*



# FROM THE DESK

## It Was a Very Good Year

by Leanna Lindquist, DTM - Program Quality Director



One tends to forget all that has happened in the past year. I refreshed my memory by flipping through the last 12 issues of Voices! I was struck by the amount of talent we have within our people and by all our members do to give back to Toastmasters. Events, trainings, workshops, contests, and volunteering in our prison system are only a few. Our magazine is full of stories about how Toastmasters is changing lives in our correction facilities. Our members too, are being changed by their volunteer experiences.

June 2015 we started the year off on a high note when Past International Presidents Bob and Jana Barnhill drove up from Texas to keynote our TLI. Their energy and enthusiasm inspired us all.

District 7 attendees at the 2015 International Convention in Las Vegas strutted on stage to receive the Distinguished District Award. It was accepted by District Governor Phyllis Harmon on behalf of all our members. It is a huge source of pride to all of us.

We held two conferences. Our own World Champion of Public Speaking Ryan Avery was our fall conference Keynote speaker. Toastmasters 1<sup>st</sup> VP Balraj Arunasalam and 1999 World Champion Craig Valentine highlighted our spring conference. We continue to bring in world class speakers at low prices to benefit our members.

Allison Bennett revitalized the Club Coach Program and introduced Strive 2 Thrive. Dottie Love brought new energy to the Triple Crown Award. We celebrated 75 years as a District. Six new clubs were chartered with many soon to follow.

Our members are earning education awards in record numbers. Clubs that haven't been Distinguished in years are experiencing the benefits and pride of being a Distinguished Club.

I can't end this without mentioning we also experienced sadness. Dick Moser, a most beloved friend, mentor and Toastmasters champion passed away in January. He left a big void in

District 7. This month Alan Finkemeier, past Sunset Division Governor, passed away. Each of these men left their mark and we are better having known them.

What will next year bring for you, me and District 7? The story is yet to be written. I will be setting personal goals as well as goals for the District.

### June 30: Last Day to Receive Credit for Submitting Officers List

Don't miss the rapidly approaching deadline. There are two great reasons for submitting your club officers list before June 30<sup>th</sup>. The first reason is it will allow your club access to Club Central on July 1<sup>st</sup>. (This means you can process new members and pay dues.) Think of it this way, the terms of the current officers expire on June 30<sup>th</sup>. The only way Toastmasters International can give your new officers the ability to process and pay dues is when one of your club officers submits the officers list.

The second reason is your club will earn credit towards Distinguished Club Program goal number 10 for the 2016-2017 year.

To submit your new club offices list:

- Go to the TI website [www.toastmasters.org](http://www.toastmasters.org)
- Click on Leadership Central
- Click on Club Central
- Login
- Click on your club name
- Click on view/update/Print my club officer information
- Click on future
- Choose the appropriate member for each office
- Confirm

This takes less than 5 minutes. Not sure if your club has submitted an officers' list. Check [here](#).



# FROM THE DESK

## Highlights and Challenges of My Year

by Erik Bergman, DTM, Club Growth Director

As my year as Club Growth Director winds down, I'm taking stock of the highlights and what I learned from my service as a member of the District 7 trio.

In August, at the International Convention in Las Vegas, I felt in awe of the worldwide reach of Toastmasters. Whether we wear kimonos, turbans or business casual, we share a bond across cultures and continents that is truly powerful. A peak experience was to take to the stage with others from across D7 holding the banner proclaiming D7 as a Distinguished District. That's a great feeling!

In January, midyear training brought another trip to Las Vegas for a chance to reconnect with colleagues from up and down the West Coast. We learned from each other and brought home new skills to address the needs of our districts.

In May, the visit of 1<sup>st</sup> Vice President Balraj Arunasalam gave me a chance to learn firsthand from an expert club builder and promoter. It was a once-in-a-lifetime experience I will never forget. I loved helping hand out corporate recognition awards from TI to Nike and US Bank.

Along the way, I felt the highs of each new club we chartered and the lows when a struggling club called it quits. This year brought challenges, to be sure. To keep it fun, I'll offer this list of the surprising ways my life changed as Club Growth Director:

- My home office became a mailing and shipping center.
- My car was jammed with Toastmasters banners, signs and brochures.
- My garage was taken over by cardboard boxes of supplies.
- The printing staff at Office Max became my BFFs.
- I needed a shovel to empty my email inbox.

I have a long list of people to thank. No one can take on a trio officer role alone – far from it.

To my trio colleagues Michelle Alba-Lim and Leanna Lindquist, thank you for the shared adventures, the ups and downs, and all we accomplished together. To Phyllis Harmon, thank you for your excellence at editing *Voices!* and your timely advice on so many subjects.

To Rodger Cook, new club coordinator, and Allison Bennett, club coach coordinator, I offer my special thanks. You both brought energy, skill and dedication to your roles and provided such valuable help whenever I needed it.

So many others deserve special mention, starting with every one of you who helped start a new club. Cleon Cox, tireless creator of new clubs, I salute you! You are such an asset. To all the club sponsors, club mentors and charter members, cheers to you! You have helped bring something new and great to our District. To all who are still working on getting a new club to charter status, please keep at it, because it will be worth the effort.

For me the time is right to step back and become a club officer once more. I went out of my comfort zone to serve the District. I tried something I'd never done before, even though it scared me a lot. I've learned that what I love about Toastmasters is working with members rather than email and budgets. I love hearing your stories. I love seeing your speech contest performances. I hope to meet many more of you at club meetings, TLI and contests in the years ahead.

One of my final duties will be to ensure a smooth transition for incoming Club Growth Director Cathy French. She deserves everyone's support as she seeks to build new clubs and support all clubs in achieving excellence. Please join me in wishing Cathy the best of luck – and pledge to help her when she asks!

# as Club Growth Director



Visit to Wells Fargo - L to R: Erik Bergman, 1st VP Balraj Arunasalam, Michelle Alba Lim



Mid-year training in Las Vegas, NV - L to R: Leanna Lindquist, Erik Bergman, Michelle Alba Lim, Joan Lewis (Region 2 Advisor).



U.S. Bank Corporate Recognition Award - L to R: Erin Stammer and Erik Bergman

Flags at the 2015 Toastmasters International convention - Erik Bergman



2015 International Convention Distinguished District Recognition - L to R: Dottie Love, Jim Kohli (Region 2 Advisor) Patrick Locke, Karen Locke, Gary Schmidt, Erik Bergman, Scott Alexander, Cathey Armillas, Sophia Ashgar, Allison Bennett, Rose Wellman, Michelle Alba Lim, Bob Smith, Phyllis Harmon, Connie Smith, International President Mohammed Murad







# JOURNEYS

## Harvey Schowe, Historian Extraordinaire

by Brinn Hemmingson, ACG, CL

If you have been fortunate enough to attend a District 7 Toastmasters' Conference or a TLI near Portland in recent years, you may have seen the District 7 Historian Harvey Schowe's display boards. Covered with print outs of articles and photos gleaned from magazines and microfilm, these are Harvey's labor of love.

Harvey Schowe joined Toastmasters Blue Ox club #1235 in October, 1980. This club had records dating back to 1952, and Harvey wrote several hundred pages of history for his HPL project. In 2006 he became the District 7 Historian. In 2007, Glenn Meek, the former historian passed away and Harvey, together with Brian Barkman, a past District 7 Governor, put together the first display as a tribute to Glenn.

Harvey's display boards represent hundreds of hours of research. With Microsoft Publisher he can print and mount display sheets taking 20 minutes per board. The scope of his project has expanded, too. He includes early public speakers, individuals predating Toastmasters who contributed to its development. He had notebooks and binders chock full of his research.

This morning he is in his element, looking through microfilm from 1946 as he researches the early years of Oregon City Toastmasters for an article for Voices. He shows me several photographs and articles he has accumulated. An important woman, Helen Miller-Senn, (1927) was a teacher at the University of Oregon Extension School who taught a speaking course with topics similar to those of our manuals. There are photos of some of the earliest individuals who started clubs; some of them attended Helen's class. Some articles surprise and delight – Arthur Ward started the Elucidator club in 1938 and he had women members long before the official permission was given for female members. I see articles about the Public Forum (1905) which was very popular long before Toastmasters was begun.



Harvey is a mechanical engineer and research comes naturally to him. But he enjoys this – it is in his words “like solving a puzzle or panning for gold.” And one never knows what may turn up. He has found a letter to one public speaker from President Theodore Roosevelt; and to another, one from Albert Einstein.

He says, “I think the best way to preserve the district history is to make it available through displays, web history, and presentations to clubs.” His invaluable gift to us all continues to grow.



*Brinn Hemmingson joined Toastmasters in 2004 and is a member of Portland Progressives. She is a past district and club leader. She is joining Voices! as a staff writer with the July issue.*

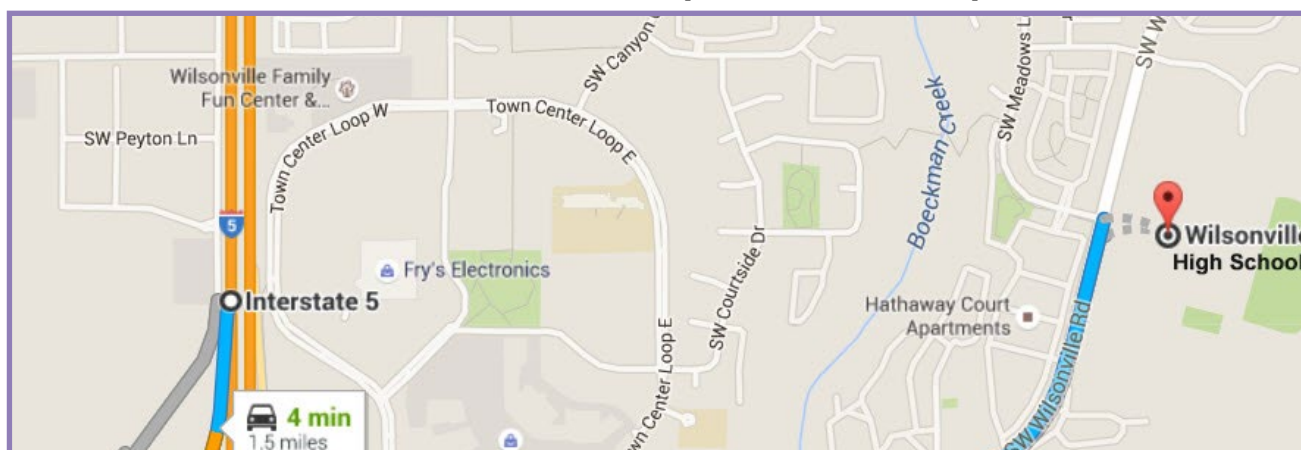
# Toastmasters Leadership Institute

Wilsonville High School  
June 25, 2016 - 8:00-2:45pm



8:00-9:00am	Commons	Registration, Coffee and Conversation						
9:00-9:30am	Cafeteria	Welcome and Kickoff to 2016-2017						
9:30-10:15am	Cafeteria	Millennial Marketing						
10:15-10:30am	Transition							
10:30-11:30am	Cafeteria	101	103	105	107	117	127	129
	Art of Evaluation Eric Winger	VP Education Alexis Mason	VP Membership Emilie Taylor	Sgt @ Arms Peter DeGraf	VP Public Relations Phyllis Harmon	Secretary Treas Jerry Kleffner	Club Coaching Allison Bennett	Club President Carol Wagar
11:30-12:45pm	Commons	District 7 Potluck Extravaganza						
12:45-1:30pm	Cafeteria	Awards, Raffle and Two International Speech Contestants						
1:30-1:45pm	Transition							
145-2:45pm	Cafeteria	101	103	105	107	117	127	129
	Stage Presence James Wantz	VP Education Patrick Locke	Parliamentary Procedure Cate Arnold	Networking Cathy French	DTM Bootcamp Leanna Lindquist	Presidents Guide to Club Success Donna Stark	Table Topics Jim Wolak	Leading with Heart Michelle Alba-Lim
2:45pm	Cafeteria	After TLI Conversation with the Trio (optional)						

**6800 SW Wilsonville Rd, Wilsonville, OR 97070**





# BURIED TREASURE

## OREGON CITY TOASTMASTERS CLUB # 390

by Harvey Schowe DTM-District 7 Historian

**Oregon City Toastmasters Club #390** began organizing between March and April 1946. Members were donating their time for Red Cross drives during April 30, 1946. On May 3, 1946, a newspaper article announced that Richard Kinley, Rove Baughmann, Del Jones and Franklin Heisley were representing the newly formed club at the District 7 Toastmasters Conference and International Speech Contest on May 4 at the Congress Hotel in Portland, Oregon. Oregon City Toastmasters Club #390 was officially chartered on the evening of Wednesday May 7, 1946 during a banquet at St. Paul's parish hall.

Frank Mowery, Portland Toastmasters Club and Chalmar Blair, Timberline Toastmasters club and past District 7 Governor, installed the club officers: Paul R. Biggs, club president; Dr. Franklin Heisley; vice-president; Don January, secretary; Roy Baughman, treasurer; Rev. Orval Whitman, sergeant-at-arms, and Del Jones Deputy governor. Donald Nelson, District 7 Governor, presented the club charter. Reverend Whitman provided the invocation and Les Wieveslek was the Toastmaster. Speakers for the program were Wayne Stevens, Portland, John Meeke, Hillsboro and Frank Mowery.

The club held its first club speech contest on March 19, 1947 to select a speaker and alternate for the Area One Speech contest. The contestants and speech titles were Roy Baughman, "A Visionary Vacation;" Dr. Franklin Heisley, "Modern View Points on Alcoholism;" Paul Biggs, "Native Land." Club judges were L. A. Wievesiek, Hal Mackin, Cliff Beckett and Bill Foster. Paul Biggs won this speech contest. Area One speech contest was held on April 11, 1947 at the Van's Chateau, Tigard, Oregon. Furthermore, Gar Hurley, Oregon City member spoke at a dinner honoring George Benson, President of Toastmasters International on November 23, 1947.

Toastmasters Magazine published a photograph in the May 1948 issue with a caption about the District 7 Area One speech contest held at Oregon City. About 200 people attended. A local radio station KGON was broadcasting the speech contest. L. E. Francis was the speech contest winner.

Leonard I. Lindas was a distinguished Oregon City Toastmaster member. He was installed as Oregon City Toastmasters club president on April 2, 1947. Toastmaster's magazine October 1949 issue announced that Leonard Lindas-Senior Lieutenant Governor became District 7 Governor after Blair T. Alderman was killed in an auto accident in Eldora, Iowa. An article in the January 1950 issue of Toastmasters magazine mentioned that Leonard Lindas was Clackamas County District Attorney while successfully managing District 7. He presented the club charter to the Newport Toastmasters Club # 751. This article further stated that Lyle Williams, Educational Chairman for Oregon City Toastmasters Club, was establishing a Toastmasters Club in Molalla, Oregon. Oregon City remains an active club and recently celebrated its 70<sup>th</sup> Anniversary.







# District 7 Fall Conference

Warner Pacific College  
2219 SE 68th Ave,  
Portland, OR 97215  
8;00-6;00pm

**\$55 - \$80**

Early Bird Rates



**Patricia Fripp, Keynote**

**Register Online**



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# Balraj Arunasalam, DTM Visits Capital Toastmasters

by Andrew Chappell, CC

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It was May 3, 2016 late afternoon, and Balraj Arunasalam DTM, First Vice President of Toastmasters International, just got out of prison. That is not to say that he was paroling from prison. Actually he and eight others from the Area, District, and Division leaders (Phyllis Harmon – Immediate Past District 7 Governor, Michele Alba Lim - District 7 Director, Leanna Lindquist - District 7 Program Quality Director, Erik Bergman - District 7 Club Growth Director, Janet Zeyen-Hall - Division C Director, Ginger Killion - Division H Director, Dipak Poudyal - Area 42 Director, Allan Edinger - District 7 Prison Liaison, Past Region 2 Advisor, and Past District 7 Governor, along with Janice Hallmark – Capital Toastmasters member) came to the Oregon State Penitentiary to attend a meeting of the Capital Toastmasters Club.

Before the speakers meeting, the Capital

Toastmaster's executive body members, and our VIP guests sat down for a business meeting. We spoke about some of the benefits of prison clubs. For example, most members of Capital Toastmasters said they joined Toastmasters to become better speakers. When asked why they stayed in Toastmasters, many said, "Because it's made me a better person."

According to the District 7 Prison Liaison Allan Edinger, District 7 has a 0% recidivism rate for members who parole and stay involved in Toastmasters after their release. One way our club contributes to this, and that we recommend other prison clubs follow, is by providing a variety of learning opportunities. In our club, those consist of meetings, small group meetings held throughout the month, classes from the Success Communication and Success Leadership Series, monthly presentations





from the Better Speaker Series, Leadership Excellence Series, and Successful Club Series, speech contests, and debates with college students. All of these opportunities provide variety and help bring our members together like a family. This provides a good foundation for people whether in prison or when they parole.

During our business meeting, we spoke about some of the challenges members of prison clubs face. Things like: availability of meetings, the financial strain of paying dues, and the lack of access to technologies like the Toastmasters International website. We spoke about the largely believed misconception that members of prison clubs can have all the time that they want to work on club related activities. The fact is, most members of Capital Toastmasters work full time jobs, are involved in other programming/learning endeavors, and are limited to one general body meeting per month. We have worked hard to implement systems that allow our members to work on projects at smaller meetings and other functions.

There was a lot of information covered, many ideas shared, and potential solutions discussed. As the meeting ended, there was a great sense of accomplishment, and a feeling that good things are on the horizon.

After our business meeting, everyone came together for the second event of the day, the speakers meeting. Five speeches were given by people ranging in experience from someone giving their second speech to someone giving their sixty-sixth. There was even a Competent Communicator award attained by one of the speakers. After the meeting, our VIP guests gave us great feedback, and told us how impressed they were with the things that our club is doing.

Wow! What a great day it was. The members of Capital Toastmasters have worked very hard to make this an awesome club. For eight years in a row, our members have worked hard and attained the President's Distinguished Award with all 10 Distinguished Club Program goals met. Having such honored guests come into a maximum-security prison to see what our members were doing, and how they maintained such a high level of accomplishment, was

something that words could not express. We were flattered to have so many Toastmasters International leaders attending one of our meetings.

*Andrew joined Capital Toastmasters in 2014. He is currently serving as the club's VP Public Relations officer.*

## Prison Toastmasters Clubs Teach Skills Useful for Job Search

Although programs of various types exist in prisons across the country, those operated by Toastmasters International have proved particularly successful. Toastmasters volunteers across the nation have taught inmates speaking, leadership and organizational skills and instilled the type of confidence that will help them when they search for a job upon release.

Prison Toastmasters organizations are supported by Toastmasters clubs on the outside, and one of the most active is in eastern Massachusetts and Rhode Island, where 25 volunteers support 15 programs in men's and women's correctional facilities.

On the surface we teach people how to speak, but what we teach is much more than that. We teach them how to think critically, organize their thoughts, tap into their passions, and develop teamwork and leadership," says Susan Tordella-Williams, a writer, speaker and activist in Massachusetts. "When I go into the maximum security prison they have no idea what teamwork is. They do everything alone. They wait for things to be done for them. Toastmasters offers regular practice to develop new ways of thinking, speaking and working [[More\]](#)

*Reprinted from 2013 blog posted on Jailsto-Jobs, <http://jailstojobs.org/>. Jails to Jobs, a Section 501 (c) 3 public charity, is an organization that gives ex-offenders the tools they need to find employment.*





# SUCCESSFUL CLUB

## Members Create the Club They Want

By Mike Gantenbein, ACB, CL

Jefferson State Toastmasters in Talent, Oregon, is in the midst of a renaissance. This is a club whose success occurs naturally through a membership that welcomes its members as their “family” or “tribe.” It comes down to relationships and personal connections, actively listening and speaking our truths. We all strive for personal improvement and join to support each other in this endeavor.

The members of Jefferson State Toastmasters are active in creating the club that they want. Instead of waiting to figure out meeting themes the week before each meeting, we vote on meeting themes at the beginning of each six months and lay them out ahead of time, allowing us to plan ahead and be better prepared to use the theme for each meeting. Treasurer Cynthia Rogan points out that we have added a “Ha Counter” to our functionaries, as laughter is an important part of communication, and learning how to use humor is a big part of speaking and leadership. She also notes, “We’ve decided as a group to include positive pauses in the weekly ah count. How amazing is that?”

Last year another group leader, Daniel Flood, led the club in an exercise in which each person in the club wrote something positive about each member of the club. Many of us still have those compiled lists hanging on our fridges and walls as regular reminders of our best attributes —something we all need!

One key is that we make decisions as an all-inclusive group. Some evenings our meetings go long, as we require time and discussion to make the best decisions. Our hearts are fully engaged in creating the best club possible. This type of inclusiveness creates a fertile environment for fun, caring growth — a

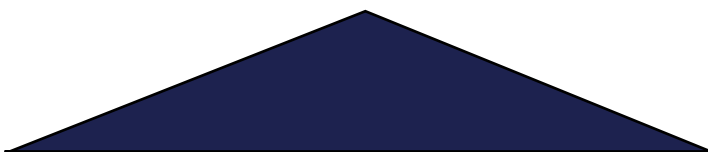
*...laughter is an important part of communication, and learning how to use humor is a big part of speaking and leadership.*

quality that is obvious to all who visit.

We hold regular open houses to invite new members, yet the fact is that every night is an open house, and people naturally gravitate to the positive energy found at Jefferson State Toastmasters. Since I became club president at the beginning of the year, I’ve become quite practiced with the induction process as people drop in and discover our special gem. Like moths to a light, people see what we have created in Talent and are drawn to be involved.

Jefferson State Toastmasters meets Thursdays, 6:30 p.m., in the Talent Public Library. We welcome you to come check it out for yourself. You’re guaranteed to laugh, meet some great people and perhaps learn something — we always do!

*Mike Gantenbein joined Toastmasters in 2011. He is a member of Jefferson State Toastmasters where he is serving as club president.*



# SUCCESSFUL CLUB PIX

at Jefferson State Toastmasters





# 10 Ways Toastmasters Can Boost Your Career

by Katharine Hansen, Ph.D.

*The following article is reprinted with permission of the author. To read other articles by Katharine, please visit her website at [katharinehansenphd.com](http://katharinehansenphd.com) {Editor}*

What could you accomplish if you could present your point of view more persuasively? Whether we are motivating workers, conveying information to constituents, collaborating with folks inside and outside our organizations, or trying to convince an employer to hire us, we can all benefit from better communication skills.

*Toastmasters is known for its well-organized and engaging meetings. They get that way through strong leadership.*

Toastmasters is an organization that enables members to improve communication skills in a safe, encouraging, supportive environment.

People are often confused by the name "Toastmasters." Some think it's about learning how to give toasts at events. A few even think the organization has something to do with making toast.

If the name "Toastmasters" sounds old-fashioned, it could be because the organization's roots go back to 1924 when Ralph C. Smedley held the first meeting of what would eventually become Toastmasters International.

Today, according to its mission statement, "through its member clubs, Toastmasters International helps men and women learn the arts of speaking, listening, and thinking -- vital skills that promote self-actualization, enhance leadership potential, foster human understanding, and contribute to the betterment of

mankind."

While participation in Toastmasters benefits members in many aspects of their lives, it is perhaps in their careers that they gain the biggest boost. As best-selling author Harvey Mackay has said, "I've never met anyone who didn't think Toastmasters was super valuable to their career. We gain self-esteem, self-confidence, and assertiveness, which makes us better salespeople, better managers, better leaders."

Here are 10 ways the club can propel your career:

**1. Chance to improve the skill most in demand by employers.** Hiring decision-makers consistently list communication as the No. 1 skill they seek in new hires. The candidates who get jobs and get promoted are confident and are the best communicators. Toastmasters members have endless opportunities to polish this skill that is so crucial for career advancement. Members frequently credit Toastmasters with their new jobs and promotions. Others say they've developed the confidence to take on projects they would not have felt they could handle before Toastmasters. "I am more confident in my job speaking at all levels," says Lisa Ward, a member of Colville Toastmasters in Colville, WA.

**2. Opportunity to polish leadership skills.** Communication skills are a huge part of how Toastmasters helps professionals, but they go hand-in-hand with leadership skills. Since 2011, Toastmasters has emphasized leadership and developed the tagline, "Where leaders are made." Toastmasters is known for its well-organized and engaging meetings. They get that way through strong leadership. Members sharpen and practice leadership skills by running engaging meetings and special events.

**3. Practice in thinking on your feet.** The comedian George Jessel once said: "The human brain starts working the moment you are born and never stops until you stand up to speak in public." Most of us have had the terrifying experience of



*“There are several types of experience that always make me take notice of a candidate,” says webinar specialist Susan Black (Niven). “One is Toastmasters.”*

freezing up when asked to speak unexpectedly. In addition to delivering prepared speeches, Toastmasters members attain experience in impromptu speaking during a regular meeting component called “Table Topics,” in which they speak for 1-2 minutes on a subject for which they’ve had no advance preparation. In the workplace, the rewards of learning to speak on your feet are tremendous. You may be called upon to speak to your boss, the media, customers, and other audiences with little previous notice. Developing your ability to speak eloquently off the cuff means you’re ready to talk about anything and respond quickly to questions instead of having your mind go blank.

And speaking of questions, can you imagine how practice in thinking and speaking on your feet can benefit you in a job interview?

**4. Experience in running time-efficient meetings.** You have probably been in meetings that dragged on and on and went way over their allotted time. That doesn’t happen in Toastmasters. Toastmasters clubs meet for a set amount of time—often an hour—and are committed to staying within that timeframe. “Toastmasters has shown me how to keep a meeting on task,” says Colville Toastmasters founder Troy Anderson, “so that everyone comes away without feeling frustrated from spending a lot of time and yet not making any headway.” Linda Evans, also of the Colville club, says, “I like that the meetings are so organized and only an hour long.”

**5. Even more skills and resume items.** Beyond communication and leadership skills, the

Toastmasters program specifically targets listening, critical thinking, giving feedback, time management, planning and implementation, organization and delegation, facilitation, mentoring, motivation, and team-building. Toastmasters members can choose to undertake projects such as mounting publicity and membership campaigns, planning training programs, organizing special events, and serving as a top officer in a district comprising thousands of members.

**6. Attention from employers who recognize the value of Toastmasters and sometimes favor Toastmasters members in hiring.** “There are several types of experience that always make me take notice of a candidate,” says webinar specialist Susan Black (Niven). “One is Toastmasters. Why Toastmasters? Because the communication, teamwork, leadership, and feedback skills that every member in every club learns are all-important in virtually any job. But probably the most important thing, for me, is the self-confidence that Toastmasters build along the way, and which affects every aspect of their lives,” says Niven, who has served in volunteer leadership positions from the club level through to the Board of Directors of Toastmasters International.

As evidence of employers that recognize Toastmasters’ value, more than 3,000 organizations, including the Walt Disney Company, The Coca-Cola Company, and Apple Computer, sponsor in-house Toastmasters clubs as communication training for employees.

**7. A way to legitimately characterize employment gaps constructively.** We’ve always advised job-seekers to try to account productively for time between jobs. Sometimes, however, candidates aren’t very convincing in describing vague “consulting” or “project” work. Active Toastmasters members don’t have that problem. “I had been unemployed for a year and a half at the height of the economic downturn,” recalls Linda Eenigenburg, a metrics analyst at Aon Hewitt, Chicago. During an interview, both hiring managers, Eenigenburg says, were concerned about this gap and asked her what she had been doing during that time. Without hesitation, she described her extensive activities in Toastmasters International the past few years. “I was hired within 24 hours,” she says.

**8. An inexpensive training and professional-development program.** In most organizations, budgets for training and professional development were among the first line items slashed in the economic downturn. You might be willing to invest money out of pocket for such programs, but if you were to search on the Internet for programs that teach you communication, public-speaking, and leadership skills, you'd be looking to pay hundreds, if not thousands, of dollars in most cases. In contrast, the dues a member pays to belong to Toastmasters can be as low as \$1.77 weekly. Your employer might even be willing to sponsor your membership.

In Toastmasters, members have the opportunity to work toward educational goals, following a communication track and a leadership track. The ultimate education award is Distinguished Toastmaster, which brings together both tracks. The self-paced Toastmasters program proceeds in a logical sequence that helps members build skills with every speech they give or leadership role they perform.

"If an individual has served in any of the volunteer leadership positions in the organization [through the various levels of Toastmaster]," Niven says, "that individual has learned and applied amazing leadership and team-building skills. As with every part of the Toastmasters International program, they have been provided with excellent training for every role, and with guidance and mentoring from others." Learn more about Toastmasters educational programs.

**9. Excellent networking opportunity.** Toastmasters provides a fun yet constructive way to network with others who may become your career contacts. Heather O'Neill describes a Toastmasters networking experience "beyond

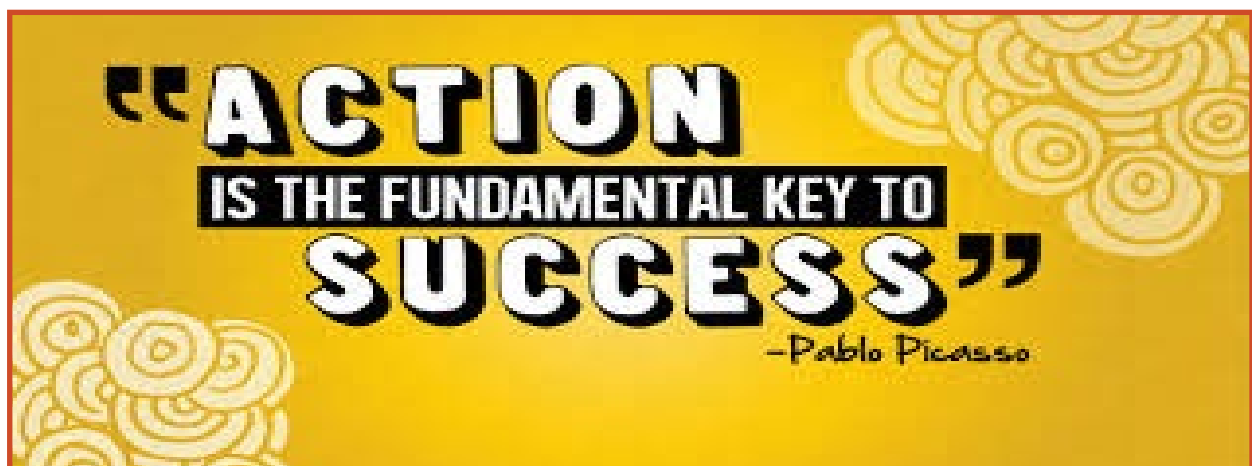
all expectations" in an article in Toastmaster magazine.

**10. Regular reinforcement of learning.** As the Toastmasters brochure, Clear Communication points out, "When employees attend seminars, they quickly forget what they learned; when they regularly attend Toastmasters meetings, they learn skills that stay with them for a lifetime." Toastmasters clubs meet at least monthly, with many meeting weekly or twice a month, so members continue to practice and develop skills.

### **Final Thoughts on Using Toastmaster to Boost Your Career**

You have probably guessed from my unbridled zeal for the organization that I am a Toastmaster. I've gained enormously from the organization and had a lot of fun. I cannot recommend Toastmasters strongly enough for career advancement. Want to learn more about Toastmasters and check out a club for yourself? See a video that shows what a Toastmasters meeting is like. Find a Toastmasters club near you.

*Katharine (Kathy) Hansen, Ph.D., is District 9 District Director-Elect. She is the creative director and associate publisher of Quintessential Careers, is an online educator, author, and blogger who provides content for Quintessential Careers, edits its newsletter QuintZine, and blogs about storytelling at A Storied Career. Kathy, who earned her PhD from Union Institute & University authored You Are More Accomplished Than You Think, Tell Me About Yourself, Dynamic Cover Letters for New Graduates, A Foot in the Door, Top Notch Executive Interviews, Top Notch Executive Resumes; and with Randall S. Hansen, Ph.D., Dynamic Cover Letters, Write Your Way to a Higher GPA, and The Complete Idiot's Guide to Study Skills.*



*Join Us!*

*Hawaiian  
Daze*

*Celebrate Summer  
with New Horizons  
Toastmasters  
July 23, 2016 - 8-9:30am*

*University of Phoenix  
13221 SW 68th Pkwy #500  
Tigard, OR 97223*

*Island Clothing Encouraged  
[1360.toastmastersclubs.org](http://1360.toastmastersclubs.org)*





# Marketing Lessons from the Beach

by Janet Hager

Summertime is here. Time to hit the beach and enjoy all it has to offer: Clarity. Calm. Cool. (That last one might be restricted to Oregon, where the beach is almost never warm.)

Isak Dineson said, “The cure for anything is salt water: sweat, tears, or the sea.” Here are a few marketing cures from the sea.

**Be Consistent** - The ocean doesn’t send one wave up on shore, let it curl over and crash, and then stop. It keeps doing it, over and over. Not only that, it manages to do it in a way that is both the same every time, and also different. You know that every time a wave comes barreling in toward shore, it’s going to curl over and crash. But you also know there will be something a little bit different about it each time. So the waves are always worth watching.

Your marketing needs to be like that too. You need to consistently be in touch with your people, one way or another, and it needs to be recognizable as you pretty much every time, but at the same time, you need to offer a little something different each time, or people will get bored and stop watching.

**Be Relentless** - Every time you show up at the shore, the ocean is there, doing its thing. It’s doing it when the beach is full of people, and

it’s doing it when nobody is watching.

Figure out what works for your business, for your business development, and keep on doing it, regardless of what else is going on. Are you just getting your business started, and short on clients at the moment? Invent a case study for yourself and work on that as if it was a client. Is your plate so full you can’t manage it all? Work the extra hours or outsource some of it, but don’t forget to keep up your business development efforts, or you’ll end up with a lull down the road. Some months you have to devote more time to the work, and some months you have to devote more time to business development; things can flux. Just don’t let them stall.

Keep doing your thing, so that whenever the right person shows up, you’re ready to go.

(I’m not saying you should rail away at windmills that aren’t working. Use your common sense.)

**Be True to Who You Are** - The ocean is always salt water. Salt water is at the core of what it means to be the sea. When tourists show up who want fresh water, the ocean doesn’t suddenly change and offer fresh water. Nope. It just keeps on being the salty sea. Sooner or later the people who want fresh water go find themselves a lake to jump in.

Likewise, when you run up against a potential



customer who wants something different from your core offering, or something contrary to your corporate values, you shouldn't suddenly change your stripes. Somewhere there's a company offering just what those people want, and you should encourage them to go find that company. Even better, develop a stable of companies with different values from yours, and refer those clients on. That way everybody gets to work with the people they love, and we all have happier, less stressful lives.

When it comes to your Toastmasters club, these aren't new suggestions. I've recommended this approach in previous articles. But just as the moon pulls the sea, the siren song of the new pulls us off our consistent path, so it bears repeating. Own your club's personality, your club's focus; that is your strength and it is what attracts the people who will be your strongest members. Be consistent about what you do and what you offer members and visitors. And be relentless. Keep doing your thing, no matter if 40 people show up or 4. You never know when the right people are going to be in the room, and you have to be ready when they are.

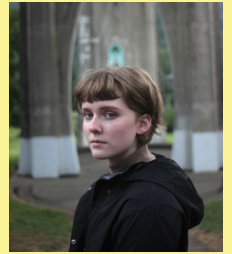
Take inspiration from the beach when it comes to your marketing, and enjoy your summer!

*Janet Clesse Hager joined Toastmasters for Speaking Professionals in 2015, and became a Voices! staff writer in 2016. She can help you figure out what makes your company different, who needs to know about it, and how to connect the two. She's a marketing and branding specialist, a dynamic speaker, distiller of information, and solver of problems. Her company is called [Tinfish Initiatives](#).*



## THE LITTLE THINGS

by Tessa Winger



When I was little I never noticed that it was physically impossible for Santa Claus to reach the house of every single child in the world in order to deliver presents. Also that not everyone in the world has a "Santa". You just don't notice the little things like that.

I cannot stress how important the little things are, such as showing up to your club on time, every single meeting. People will start to notice you as someone who will be there and who they can rely on in the club to get things done. People will recognize your face and be able to call you by name. This goes beyond Toastmasters. If you want to get something done and be in control of what goes on around you, the best thing to do is to be a leader and someone people are able to come to. 80% of success is showing up. That's how I was able to achieve my role as Sergeant at Arms and the Best Toastmaster at my club.

The next time I really started to realize how important the little things are was when I co-ran my club's first ever member T.T competition. At first things seemed easy, just show up and run a meeting right? But no - you need to make a script, get people's names, print off the awards, sign all twenty-four of them, show up an hour early, send a third email to the parents, get the food request sent out and so many other things. The little things are easy and people don't tell you about them when you sign up. But they add up and if you don't do them things definitely won't run as smoothly. .

The little things are so important to keeping a balanced club, whether it's arriving early to help set up or running a club contest and signing your name on a document. Or, noticing that it was physically impossible for Santa to reach everyone's house in one night.

*Tessa Winger is a member of Future Stars Gavel Club. She is serving as Sergeant at Arms for her club.*



# WELCOME NEW MEMBERS

Club Name	Last Name	First Name
The Thrill of The Quill	Abel	Ena
Coos Bay Toastmasters Club	Adling	Eric
UNEEK Speaks	Ansley	Annemarie
Battle Ground Toastmasters	Baggett	Elizabeth
UNEEK Speaks	Baker	Ryan
UNEEK Speaks	Bantilan	Razzaleen
UNEEK Speaks	Batsell	Bethany
Professionally Speaking	Baxter	Brendia
Banfield Barkers	Benninger	Alison
A-Dec Toastmasters	Bidwell	Steven
Beachtown Toastmasters	Blacketer	Joshua
Lake Oswego Toastmasters Club	Briggs	Jennifer
Gresham Toastmasters Club	Brown	James
The Standard Speakeasy Toastmasters	Browne	Anna
UNEEK Speaks	Butterworth	Rebecca
UNEEK Speaks	Calliger	Heather
Suite Talkers Toastmasters	Christianson	Scott
UNEEK Speaks	Clements	Elsa
Oregon City Toastmasters	Cornforth	Cheri
The Society of Oratory Aerialists	Dawson	Hannah
The Standard Speakeasy Toastmasters	Devine	Steven
Mentors Of Focus Club	Duong	Nikki
UNEEK Speaks	Eddy	Stacey
UNEEK Speaks	Elwonger	Stephanie
Bridge Toastmasters Club	Everett	Bryan
Lunch Bunch Toastmasters Club	Gibson	Paul
Talk-In-Tel	Goyal	Sanjay
Passport To Leadership	Graham	Jack
Lake Oswego Toastmasters Club	Grau	Ryan
Lake Oswego Toastmasters Club	Gregoire	Thomas
Newberg Toastmasters Club	Gross	Colleen
UNEEK Speaks	Haddan	Lori
Bend Chamber Toastmasters	Halferty	Matt
Hood River Club	Haynie	Sandra
Portland Club	Heilman	Cindy
UNEEK Speaks	Hoffman	Mindy
UNEEK Speaks	Holm	Lisa
Moser Community Toastmasters	Holmes	Mary
Oregon City Toastmasters	Hutchinson	Gina
Sherwood Town Criers Club	Illera	Iris
Portland Club	Kearney	Sean
The Society of Oratory Aerialists	Keegan	Edward
UNEEK Speaks	Knebelsberger	Rachel
The Standard Speakeasy Toastmasters	Krasnove	David
ScanEagle Toastmasters	Kugler	Sean
Keizer Communicators	Laria	Joe



# WELCOME NEW MEMBERS

Club Name	Last Name	First Name
UNEEK Speaks	Leary	David
UNEEK Speaks	Lee	Penny
The Standard Speakeasy Toastmasters	Lewis	Cheryl
Eco Voices Toastmasters	Loebel	Eric
Portland Club	Long De Mercado	Jill
UNEEK Speaks	Macdougall	William
Cascade Toastmasters Club	Makai	Erica
Washington Street Club	Maran	Jessie
Lake Oswego Toastmasters Club	Marcus-Fletcher	Susanne
Pearl District Toastmasters Club	Mather	Alexis
PDX Pioneers	McDonald	Josh
Portland Club	McGown	Elizabeth (rosie)
UNEEK Speaks	Mendu	Dinesh
Swan Island Toastmasters	Mercer	John
Jantzen Club	Meyers	Tim
Professionals of Portland Toastmasters	Michaels	Heber
UNEEK Speaks	Milanov	Mirosiav
Toastmasters For Speaking Professionals	Miller	Judy
Daylighters Club	Montejo	Maria Del Pilar
WE Toasted Toastmasters	Moore	Michelle
Moser Community Toastmasters	Nelson	Kathleen
MIME Speaks	O'Boyle	Duncan
University of Oregon Club	O'Brien	Angela
UNEEK Speaks	Palko	Shawn
Essayons Club	Parks	Alexander
Babble-On Toastmasters Club	Parra	Pedro
UNEEK Speaks	Puillin	Hayley
Lake Oswego Toastmasters Club	Rahman	Tasneem
UNEEK Speaks	Ramirez	Shawna
Moser Community Toastmasters	Ramsaur	Roger
WE Toasted Toastmasters	Randles	Andrew
University of Oregon Club	Rear	Hayden
Professionally Speaking	Robert	Hall
Sporty Speakers	Rohmann	Brian
UNEEK Speaks	Sautner	Holly
Speakeasy Toastmasters	Seddighrad	Parmoon
Babble-On Toastmasters Club	Sexton	Shannon
Moser Community Toastmasters	Shekh	Nasreen
Early Words Club	Shepherd-Gaw	David
Redmond Area Toastmasters Club	Smith	Steven
Flying Toasters Club	Springer	Christy
A-Dec Toastmasters	Stock	Chance
Yaquina Toastmasters	Swanson	Laura
The Standard Speakeasy Toastmasters	Tawiah	Dorinda
Speakeasy Toastmasters	Thomas	Simi Susan
Oregon City Toastmasters	Thompson	Richard

# WELCOME NEW MEMBERS

Club Name	Last Name	First Name
UNEEK Speaks	Tilden	Dan
Nano-Mated Speakers	Trivedi	Dhruti
Oregon City Toastmasters	Van Blarcom	Samuel
Babble-On Toastmasters Club	Vilalay	Sourixay
Essayons Club	Wages	Ethan
Coos Bay Toastmasters Club	Walter	Joseph
UNEEK Speaks	Waterhouse	Sue
Professionally Speaking	Whetzel	Sarah
Corvallis Evening Group	Whisenhunt	Josh
Milwaukie Talkies	Williams	Jesse
Lake Oswego Toastmasters Club	Wolfson	Michael
UNEEK Speaks	Wood	Lorraine
Gresham Toastmasters Club	Zavalin	Konstantin



# HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
CL	6/1/2016	Albright, Chad A.	Tower Toastmasters
CC	5/10/2016	Alfano, Joseph I	University of Oregon Club
CC	5/26/2016	Anthony, Joseph D.	Storymasters Toastmasters
CL	5/12/2016	Anthony, Joseph D.	Storymasters Toastmasters
CL	5/11/2016	Arnold, Cate Ann	Silicon Forest Club
ACS	5/24/2016	Bender Phelps, Susan A.	Toastmasters For Speaking Professionals
ALB	5/4/2016	Bennett, Allison	Sporty Speakers
ACS	5/1/2016	Bennett, Allison	Sporty Speakers
CL	5/1/2016	Bennett, Allison	Sporty Speakers
CL	5/28/2016	Bergman, Erik	WE Toasted Toastmasters
CL	5/27/2016	Bergman, Erik	Storymasters Toastmasters
CL	5/4/2016	Bissell, Eric D.	Oregon City Toastmasters
CC	5/11/2016	Bissell, Lou-Ellen L.	High Noon Club
CC	5/9/2016	Black, Abigail	Columbia Communicators
ACB	5/26/2016	Blech, Andreas	Rogue Valley Networking Toastmasters
ACG	5/9/2016	Bootstrappers Club, Lyle W.	Bootstrappers Club
ACB	5/18/2016	Brewer, Daniel S	Silicon Forest Club
CC	6/3/2016	Burns, Caleb E.	Jantzen Club
ALB	6/4/2016	Canton, Mary S.	New Horizons Toastmasters Club
CL	6/4/2016	Canton, Mary S.	New Horizons Toastmasters Club
CL	5/15/2016	Clapp, Kay M.	Motormouths Club
ACB	5/11/2016	Clapp, Kay M.	Motormouths Club
CC	5/7/2016	Clough, Deborah E.	Portland Club
CC	5/29/2016	Cook, Nathan D.	Competitive Speakers PDX
CL	5/5/2016	Corbet-Owen, Carina	Vancouver Toastmasters Club
ACB	5/27/2016	Craig, Anna C	Clark County Toastmasters Club
ALB	5/15/2016	Crowley, Erik F.	Competitive Speakers PDX
CL	5/5/2016	Darrah, Jonathan T.	FIG Masters Club
CC	5/9/2016	Davies, Dana	The Standard Speakeasy Toastmasters
CC	6/2/2016	Drennan, Guy	Vancouver Toastmasters Club
ACB	6/6/2016	Edwards, Prince	Smooth Talkers Club
ALB	5/11/2016	Einspruch, Eric L.	NoonTime Club
ACB	5/25/2016	Eva, Kathy	Downtown Public Speakers Club
ACB	5/27/2016	Ferrin, Dennis	Wallmasters International Club
CL	5/26/2016	Ferrin, Dennis	Wallmasters International Club
ALB	5/24/2016	Finch-Howell, Jane E.	NoonTime Club
CC	5/31/2016	Frank, Jimm	Oregon City Toastmasters
CC	5/21/2016	Friberg, Joshua D	Toastmasters For Speaking Professionals
CC	5/24/2016	Gable, Maya	The Standard Speakeasy Toastmasters
CC	5/28/2016	Gardner-Smilth, Sara E	Silicon Forest Club



# HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
ACB	5/31/2016	Genly, Elisabeth B.	Toastmasters For Speaking Professionals
CL	5/1/2016	Gibson, Mark E.	University Toastmasters Club
CL	5/9/2016	Glover, Robert I.	Creekside Toastmasters
ACB	5/18/2016	Goodpasture, Caleb B.	Spirit Trackers
CC	5/3/2016	Grebe Lee, Allison J	M A C Toastmasters Club
CC	5/9/2016	Guiney, Bryan G.	M A C Toastmasters Club
CC	5/25/2016	Harmon, Phyllis A.	Feedbackers Toastmasters Club
ACB	5/15/2016	Harper, Joseph R.	New Horizons Toastmasters Club
CL	5/16/2016	Healy, Charles A.	Coos Bay Toastmasters Club
ACG	5/23/2016	Helgerson, Margaret Ann	Columbian Club
CC	5/26/2016	Hicks, Tiffany S.	Clack-Orators Toastmasters
CL	5/17/2016	Hills, Dennis Bernard	Columbian Club
ACS	5/28/2016	Holdridge, Ronda M.	Columbian Club
CC	5/28/2016	Holdridge, Ronda M.	Columbian Club
CC	5/10/2016	Howard, Ned T.	Toastmasters of the Universe
CC	5/18/2016	Kennedy, Vickie D.	Siuslaw Tale Spinners Club
CC	5/31/2016	Kudva, Priya S.	Salmon Speakers
CC	5/26/2016	Lawless, John R.	Encouraging Words Club
CC	6/6/2016	Lepoidevin, Ray G.	Stevenson Club
CL	5/10/2016	Lindquist, Leanna	Daylighters Club
ACS	5/15/2016	Linebarger, Mary J.	The Dalles Toastmasters Club
ALB	5/9/2016	Linebarger, Mary J.	The Dalles Toastmasters Club
CL	5/20/2016	Love, Dottie	Sporty Speakers
CC	5/4/2016	Malshe, Rohit	Sporty Speakers
CC	5/18/2016	Marks, Jeffrey L.	MultCo Toasties
CL	5/26/2016	Martin, William T.	Communicators Plus
CC	5/12/2016	Mason, Ashley D	Toast of Corvallis Toastmasters Club
ACS	6/3/2016	McCollum, Bryce	Stevenson Club
CC	5/17/2016	Mills, Dennis J.	Oregon City Toastmasters
ALB	5/31/2016	Mills, Pam	Oregon City Toastmasters
ACB	5/25/2016	Mills, Pam	Oregon City Toastmasters
CL	5/4/2016	Mills, Pam	Oregon City Toastmasters
ALB	5/27/2016	Murphy, Lucas	Downtown Public Speakers Club
CC	5/31/2016	Najdek, Kathy	Marylhurst Toastmasters
CC	5/26/2016	Otton, Linda Grace	Salmon Speakers
CL	5/23/2016	Parra, Sofia E.	High Noon Club
CC	6/4/2016	Pike, Russell	Portland Progressives
ACB	6/6/2016	Potter, Linda J.	A-Dec Toastmasters
CC	5/27/2016	Riem, Nealane	New Beginnings Toastmasters

# HONORING EDUCATIONAL AWARDS

AWARD	DATE	MEMBER	CLUB NAME
CC	5/11/2016	Rivers, Wayne R.	Battle Ground Toastmasters
ACB	5/11/2016	Schupp, Lisa S.	Toast of Corvallis Toastmasters Club
CL	5/4/2016	Sellers, Jerry A.	Oregon City Toastmasters
CC	5/11/2016	Serhan, Marvin T.	Professionally Speaking
ACS	5/16/2016	Shinn, Charlotte Mary	Milwaukie Talkies
CC	5/31/2016	Siebert, David A.	Wonderful Oregon Wordmasters (WOW)
ACB	5/28/2016	Slaker, Megan L.	Salmon Speakers
CC	6/1/2016	Smith, Aaron M.	Coos Bay Toastmasters Club
ALB	5/17/2016	Smith, Brent	Toasting Excellence Club
CC	5/16/2016	Smith, Brent	Toasting Excellence Club
CC	6/2/2016	Smith, Robert D.	Clackamas Stepping Stones Tm Club
CC	5/1/2016	Spitzer, Elizabeth M	Babble-On Toastmasters Club
CL	5/4/2016	Stefan, Joshua	Oregon City Toastmasters
CL	5/17/2016	Stevens, Katherine M.	Toastmasters of the Universe
ACG	5/24/2016	Svehaug, Alan R.	New Beginnings Toastmasters
CC	5/13/2016	Taylor, Laura	Sherwood Town Criers Club
CL	5/3/2016	Turner, Richard L.	Testmasters
ACB	6/1/2016	Unger, Sue E.	Clackamas County Toastmasters
CL	5/31/2016	Uribe, Phil	Salmon Speakers
CC	5/27/2016	Van Rijn, Alex D.	Tower Toastmasters
ACB	5/31/2016	Wagar, Carol	Gorge Windbags
CL	5/4/2016	Walker, Julie	Audacious Orators
CC	5/4/2016	Walker, Julie	Audacious Orators
CC	5/27/2016	Werth, Cheryl L	Salem Toastmasters Club
ACB	5/23/2016	West, Nancey L.	Lebanon Toastmasters
CC	5/11/2016	Wilson, Jenny L	Speakers With Spirit Club
CC	6/1/2016	Wilson, Nancy K.	Clackamas County Toastmasters
CC	5/24/2016	Woeller, Shanna M.	Early Words Club

*“As human beings, our greatness lies not so much in being able to remake the world - that is the myth of the atomic age - as in being able to remake ourselves.”*

*— Mahatma Gandhi*

# TRIPLE CROWN AWARD PINS

MEMBER	AWARDS	
Anthony, Joseph D.	5	ACS, ACB, ALB, ACG, CL
Bennett, Allison	6	ACB, CL, ALB, CL, ACS, CC
Bergman, Erik	3	CC, ALS, CC
Canney, Laurie Ann	3	CL, CL, CC
Canton, Mary	3	CC, CL, ACB
Clapp, Kay M.	3	CC, ACB, CL
Clark, Michael A.	3	CL, ACB, ALB
Duby, Kendra Morgan	3	ALB, CC, CL
Fanning, Paul C.	3	ALB, ACG, CL
French, Cathy	3	ACS, ACG, CL
Hale, Dawnette S.	3	ACS, ACB, ALB
Harmon, Phyllis A.	5	CC, ALB, ACB, ACS, CC
Heitz, Nena	3	CL, ACS, ACB
Hills, Dennis Bernard	4	ACS, ALB, CL, CL
Jensen Cramer, Diana K.	3	CL, CC, ALB
Johnson, David R.	5	ALB, CC, CC, ACS, CL
Kinney, Ray C.	3	ACB, CC, CL
Knapp, Thomas K.	3	DTM, ALS, CC
Lawless, John R.	4	CL, ALS, DTM
Lindquist, Leanna	3	CC, ACB, CL
Locke, Julius Patrick	13	ACS, DTM, ACB, CL, ACB, ALS, ALB, CC, ACB, ACS, CL, CC, ALB
Machalek, Anne M.	3	CL, ALB, CC
Myers, Tanya	3	CL, CC, ALB
Nema, Sushil	3	CL, CC, ACB
Pena, Jolynne	3	CL, ALB, ACB
Rodke, John Russell	4	CL, CC, ACS, ALB
Rose, Jason	4	ACS, ACG, CC, ACB
Semprevivo, Karen Ann	9	CL, CC, CL, ALB, ACB, CL, ALS, DTM, ALB
Smith, Kenneth L.	3	CL, ACB, CL
Stevens, Katherine M.	4	CL, CC, ACG, CL
Stevenson, Scott	9	CL, ACB, ACS, ALB, CC, ACG, CL, DTM, CC
Taylor, Emilie	3	CL, ACB, ALB
Tippel, Tammara Kay	3	CC, ALB, CL
Wantz, James	4	CL, CC, ALB, ACS
West, Larry J.	4	ALS, DTM, ACG, CC

*Triple Crowns are awarded to members completing three different awards in a single year. High Performance Leadship project completions are not considered in the award count*



# Happy Anniversary to June Clubs

The following clubs are celebrating their charter anniversary this month. Congratulations to all!

Charter	Years	Clubname	Charter	Years	Clubname
6/12/2001	15	AAA Towsters	6/30/2004	12	Liberty
6/17/2002	14	American Red Cross	6/1/1977	39	M A C
6/1/1993	23	At The River's Edge	6/1/1988	28	McMinnville
6/1/1978	38	Canby	6/1/1993	23	Moser Community
6/30/2004	12	Capital	6/1/2014	2	Nano-Mated Speakers
6/1/2000	16	Civil Tongues	6/1/1980	36	NoonTime
6/1/1946	70	Corvallis Evening Group	6/30/2015	1	PMI Portland
6/24/2011	5	Eco Voices	6/6/2012	4	Rogue Valley Networking
6/1/1997	19	Flying Toasters	6/1/1992	24	Sandy Club #8848
6/1/1988	28	Fortunate 500	6/30/2005	11	Speakers With Spirit
6/1/1996	20	Gateway	6/1/1993	23	Stevenson
6/1/1950	66	Grants Pass Toastmasters	6/1/1985	31	Talk-In-Tel
6/28/2011	5	Hopemasters	6/30/2004	12	The Thrill of The Quill
6/1/1978	38	Jantzen	6/24/2005	11	The University
6/1/1986	30	Jefferson State	6/29/2011	5	Tsmstrs For Spkg Prof
6/30/2010	6	Keizer Communicators	6/1/1989	27	Tualatin Valley
6/30/2002	14	Leader's Edge	6/1/1989	27	TV Toastmasters

A special shout out to Corvallis Evening Group, Grants Pass, and Dawson Speakers who passed the half- century mark!



# Congratulations to All Our Distinguished Clubs

PERFECT 10

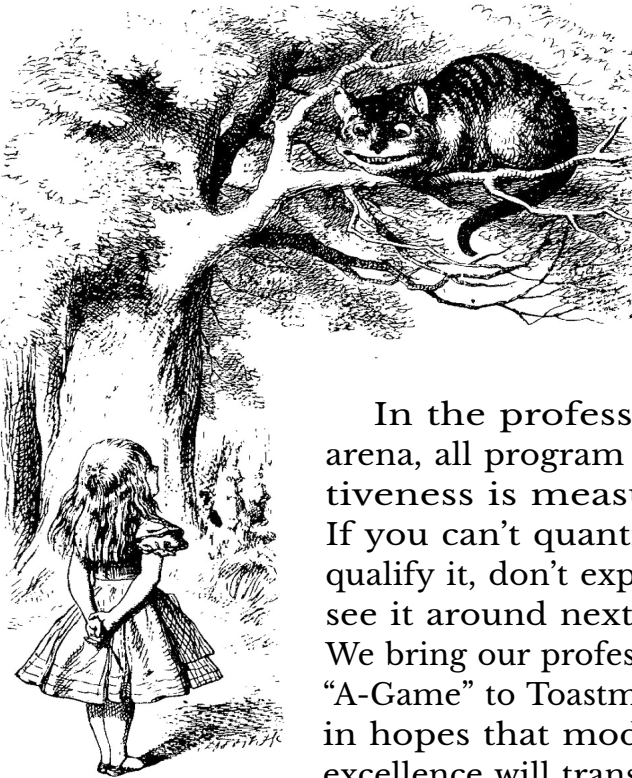
Presidents Distinguished	Select Distinguished	Distinguished
Capital Toastmasters Club	A-Dec Toastmasters	Banfield Barkers
Downtown Lunchbunch	Astoria Toastmasters	Downtown Public Speakers
New Horizons Toastmasters	Clackamas County	Eco Voices Toastmasters
Sporty Speakers	Encouraging Words Club	Electric Toasters Club
Tmsrea For Spkg Profs	Lake Oswego Toastmasters	M A C Toastmasters Club
Wallmasters International	Noon Talkers	MultCo Toasties
Sporty Speakers	NoonTime Club	NuScale Toasters
Tmstrs for Spkg Profs	Professionally Speaking	Portland Club
Wallmasters International	The Standard Speakeasy	Professionals of Portland
Audacious Orators	Toastmasters of the Universe	Sunrise Toastmasters Club
Babble-On Toastmasters	University of Oregon Club	Testmasters
Civil Tongues Club	University Toastmasters	Timber Talkers Club
Early Words Club	WE Toasted Toastmasters	Toast to US
Feedbackers Toastmasters	WE Toasted	Tualatin Valley Toastmasters
Flying Toasters Club		Walker Talkers Toastmasters
Gresham Toastmasters Club		Yaquina Toastmasters
Jefferson State Toastmasters		Walker Talkers
Marylhurst Toastmasters		Yaquina Toastmasters
Milwaukie Talkies		
Moser Community		
New Beginnings Toastmasters		
Oregon City Toastmasters		
Portland Progressives		
Silicon Forest Club		
Swan Island Toastmasters		
Toasting Excellence Club		
Vancouver Toastmasters Club		
West Beaverton Club		
Yawn Patrol Club		

**Congratulations!**

# PERSPECTIVES

## Where Do You Want to Go?

by Shannon Milliman, CC



In the professional arena, all program effectiveness is measured. If you can't quantify or qualify it, don't expect to see it around next year. We bring our professional "A-Game" to Toastmasters in hopes that modeling excellence will transfer to better work performance.

In the beloved Lewis Carroll story, *Alice in Wonderland*, Alice came to a fork in the road.

"Which road do I take?" she asked.

"Where do you want to go?" responded the Cheshire cat.

"I don't know," Alice answered.

"Then," said the cat, "It doesn't really matter."

I've an uncanny hunch that your club might be like my club: very unaware of where it is we plan to go. As many clubs have recently elected new officers consider starting your newly formed leadership team with a brainstorming session about where the club's leadership believes the club should be going. Come up with some specific

measurable objectives and present them to your club during business sharing for input. And once established evaluate your baseline and progress throughout the year. SurveyMonkey or paper survey forms could be distributed to club members to determine their level of progress and satisfaction with your defined objectives. The intention will be to see improvement throughout the year. If you do not it can be an opportunity to adjust. Could it be possible that dwindling numbers in your club could be because your club is no longer meeting the needs of its members? Do you know your member's diverse needs? If you know not where you are going, there is no perceivable way that you can take the right road to get you there. Allow that club of yours to revitalize the wonder of a new, eager member and explore the possibilities just like Alice. But maybe, don't drink the potion that says "Drink Me."







# Tell Me A Story

## Dad's Purple Heart

by Bob Niemeyer, CC



Later in my father's life, I thought it would be a good idea to make a shadow box to display the medals he received in WWII. After contacting the Veterans Administration, we received a set of medals and built the display for a Christmas present in 2004.

Dad told us many stories about being in the Navy as a torpedoman, aboard a PT boat tender, in the South Pacific. The storytelling became an important part of our camping trips as well. Soon as dinner was over and we had made our last s'mores of the evening, we would turn to Dad and ask about what he had done during the war.

He would sit back, think for bit, and then get into some of the stories that would make me think there was no way some of the things he told us could be true—but they were still all fun to hear.

One story in particular always stuck in my mind. It was about a Kamikaze attack on his ship and how he got his first Purple Heart. I was the oldest of four siblings, so I tended to remember more than my brothers and sister. On one of our camping trips to the

Oregon coast, Dad started to tell some stories I am sure my mom was unaware of. He started to tell the story about why he did not have his first Purple Heart Medal from the war. When dad abruptly stopped and stood up, we could all sense that story time was over and that it was probably the best time to go to bed.

Dad had told the story on the previous camping trip about how he was wounded the first time. There was not much call for a torpedoman to assemble a torpedo during battle stations. So he was part of the on-deck crew firing an anti-aircraft gun when a Kamikaze was bearing down on his ship. It was heading right at his section of the ship when they managed to fire at the last possible moment and cut the left wing off the plane. The Kamikaze spiraled into the water forty feet from the side of the ship and exploded. A thousand pound bomb exploded forty feet away from the side of his ship! The entire ship rocked to one side and Dad was hit by some shrapnel. His left hand was smashed to bits. At the time of the attack, there were ten or so PT boats tethered to his ship. Somehow only one of the boats received any damage.

In 2005, I took Dad to see the PT boat



restoration going on in Portland, Oregon. We went for a ride on the boat and listened to all of the stories that the Veterans were telling. One man there that day seemed to recognize Dad for some reason. Being a torpedoman, Dad had been on most of the PT boats loading and arming torpedoes. This Veteran was on one of the PT boats during the Kamikaze attack. He and Dad traded stories for a while, and I had to ask what it was like to have a thousand pound bomb go off forty yards away. Both he and Dad said almost at the same time, "No, it was forty feet." The bomb had gone off just below the surface of the water, stowed in the side of Dad's ship, and flipped over one of the PT boats. Suddenly the stories Dad had told us about his times in the Navy were all true.

It was many years later when Dad finished the story of not having his first Purple Heart a few days after we had given him the shadow box with his medals. He had confided with me that he gave back his Purple Heart so the Captain could pin it on the chest of his fellow torpedoman they were about to bury at sea. They were short of medals at the time. He was not the only one who returned their medals to honor their shipmates so highly. Dad's first medal rests eternally with his shipmate and fellow torpedoman.

My father confided about some of the demons he lived with in his life after WWII. They included what happened to his fellow torpedoman, firing a torpedo from a PT boat himself that sank a Japanese destroyer, and getting blown off the same PT boat trying to get away, just to name a few. The one thing I will remember for the rest of my life was that Dad told me that there wasn't a single story he told my family that was made up.

With Honor and Respect Dad

*Bob joined Liberty Talkers in 2011. He is a Mechanical Engineer and CEO of New Ventures Engineering, LLC specializing in product development, engineering, and prototyping. He holds over 20 patents granted with several in process. Contact him at [BobNiemeyer.com](http://BobNiemeyer.com)*

## **TIMING LIGHTS**

### **AVAILABLE AT TLI**

Jim Wolak, DTM and Area 31 Director-elect will have several battery operated timing lights for sale on June 25. Each light has 3 bright LED's. Two versions are available: one with 1-1/4" diameter lights and the larger one has 2-1/2" diameter lamps. Each light has 3 bright LED's and is manually controlled.

#### Advantages of these timing lights:

- More visible than cards
- Handy for outside meetings, such as Speechcraft or YL
- A great addition to every D7 leader's toolkit

Prices range from \$15 - \$30 depending on the style.

Cash, Checks and PayPal accepted.



# Are You Connected?



## Keep current on District events